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# MANUAL OF DEVOTION

FOR

SISTERS OF MERCY.

IN TWO VOLUMES.

VOL. I.

*Second Edition.*

PART I.

PRAYERS FOR DAILY USE.

LONDON:

JOSEPH MASTERS, ALDERSGATE STREET,  
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## PREFACE.

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THE restoration amongst us and constant increase of Religious Communities, have created a necessity for devotional aids of a new order. The "Day Hours" was the first-fruits of this freshly emerging need. "Nocturns" for Holy Week and Christmas, followed by a natural sequence. Other minor Devotions of a similar order have been added. It was to be expected that Devotions for the public use of Communities would be first called for. The needs of the whole body necessarily caused the more urgent claim, as the expression of the common life. But the private devotions of Sisters of Mercy, though by comparison secondary in importance, if we regard the general objects and united action of such Societies, are of no less importance to their inner life, and indeed affect yet more deeply the secret springs of that inner life, ministering to its character and progress more intimately.

This Manual has already gone through one

Edition, though only privately sold. It was disposed of so rapidly, that it evidently met a real and extensive want, and the many testimonies kindly given to its usefulness, and the wish expressed for greater facility in procuring it, led to the idea of issuing the second Edition in a public form. It has been carefully rearranged and enlarged, and it is hoped that it will be found to have been improved by the alterations it has undergone. The contents have been gathered together from many and various sources, with such adaptations as seemed requisite for the object in view.

It will at once be understood that such a Manual is not intended for general use. A Sister's life, founded on its own specific laws, and having aims and aspirations peculiar to itself, must necessarily cast its devotions into modes and expressions which would be unsuitable to others living in a different order of life. Though of course much that is contained in such a Manual must be common to all devout persons alike, yet great caution is needed as to the use of many portions by those not specially devoted to the Religious Life, lest unreality should enter into the soul's secret communion with God, where truth and simplicity more, if possible, than at other times need most earnestly to be cherished.

That this work may be found to minister to the glory of GOD and the honour of our LORD, in helping to form and sustain the inner life of those whom He has called thus closely to Himself, enabling them to express the longings of their souls, and unite themselves more entirely to Him, by the thoughts which it may suggest, and thus fit and strengthen them to fulfil their Vocation, and accomplish His will in their service, more perfectly, is the earnest desire which its Compiler has fondly cherished, and the fulfilment of which will be far more than a sufficient reward for the grateful labour which its compilation has involved. That those who profit by this rich supply of fervent Prayers and Praises may unite in one common intercession for the increase, the truth and ever deepening power, of the Religious Life in the Church of England, to enable it the better to fulfil its mission, and prepare the vast multitudes of souls committed to its loving care, and dependent on its teaching, for the ever more nearly approaching Advent of our LORD, is the hope and special prayer of the undersigned.

T. T. C.

CLEWER RECTORY,  
*Sunday before Advent, 1867.*





# MANUAL OF DEVOTION

*For Sisters of Mercy.*

*In Two Volumes, or in Eight Parts.*

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# MANUAL OF DEVOTION.

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## PART I.

### *PRAYERS FOR DAILY USE.*

---

#### FOR THE MORNING.

##### AT RISING.

✠ **I**N the Name of  
our LORD JESUS  
CHRIST, I rise. May He  
Himself bless, rule, and  
keep me, within and  
without, and lead me in  
a straight way to life  
everlasting. Amen.

*or,*

**G**LORY be to the FA-  
THER, and to the  
SON, and to the HOLY  
GHOST. As it was in  
the beginning, &c.

I praise, I glorify, I  
give thanks to Thee, O  
LORD my GOD; for Thou  
hast raised me up, and  
renewed my life. Amen.

PART I.]

##### WHILST WASHING.

**O** MY loving Redeem-  
er, I would cast my  
sinful soul into the all-  
cleansing stream, which  
Thou didst open for me  
on Calvary. If Thou, my  
JESUS, wash me, I shall  
be whiter than snow, and  
in innocency appear be-  
fore Thee in Thy Holy  
Temple. Amen.

*or,*

**B**LOOD of JESUS, wash  
me. Water from the  
Side of JESUS, purify me,  
that thus I may dwell in  
Thy Adorable Heart, my  
Sweetest Joy, my Dear-  
est Refuge. Amen.

B

## WHILST DRESSING.

**C**LOTHE me, O my JESUS, with Thy spotless robe, and as Thou hast betrothed me, most unworthy as I am, unto Thyself, adorn my soul, I beseech Thee, with all Christian virtues, especially with the graces which constitute my holy Vocation. Amen.

*or,*

**T**HOU hast drawn me, O my JESUS, most unworthy as I am, to be specially consecrated to Thee. Adorn my soul, I beseech Thee, with every virtue, and with an exact fidelity to my holy Rules and Vows. Amen.

## WHILE PUTTING ON THE HABIT.

**S**WEET JESUS, Divine Spouse of my soul, I vest myself with this beloved garment, the token of my cherished alliance to Thee, and humbly supplicate that

I may preserve unsullied the inner wedding garment of my unworthy soul, Thy own gift, the memorial of my happy Consecration to Thee. Amen.

*or,*

**G**RANT, O Blessed LORD JESUS CHRIST, that dead to the world and all its ways, my Religious Habit may be to me as the winding-sheet which conceals me from its gaze, and that all myself being buried, my life may be for ever hidden with Thee in God. Amen.

*or,*

**J**ESU, my LORD, clothe me with the covering of Thy Righteousness, even as I cover myself with this Habit, that I may wear it for Thy dear sake, as the wedding garment of Thy Eternal Love. Amen.

*or,*

**S**WEET SAVIOUR, bless me, and clothe

[PART



me with humility and lowliness. Amen.

Death upon the Cross alone I live. Amen.

WHILE PUTTING ON THE GIRDLE.

**B**LESSED JESU, Who wast bound by Thine enemies, and led whithersoever they would, bind me around with the straitest cords of Thy Holy Love, that I may be always submissive to my Rule, and live in Thy holy discipline. Amen.

*or,*

**G**IRD me, O my JESUS, with penitence, obedience, and purity. Amen.

WHILE PUTTING ON THE CROSS.

**L**ORD of my life, Who didst bear the Cross for me, and on it die in patient suffering, give me grace to bear every trial and all hardness with meekness and zeal, even unto death, for by Thy

*or,*

**B**Y Thy Cross and Passion, good LORD, deliver me, and perfect me. Amen.

WHILE PUTTING ON THE CAP.

**O** MY JESUS, Who didst wear for my sake the Crown of Thorns, sanctify for my use this covering of my head, that I may live in modest obedience all the day long, and at last be found worthy to wear the crown of glory in Thy Presence. Amen.

*or,*

**J**ESUS, my Beloved, my Spouse, unite me wholly to Thyself, and in Thyself to the Ever-blessed Trinity, in trust, in prayer, in contemplation by day and by night. Amen.

## INTRODUCTORY PRAYERS.

## No. I.

**I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

**O** GOD, Thou art my God, early will I seek Thee.

My soul thirsteth for Thee, O satisfy me with Thyself. Amen.

**B**LESSED be the Holy, Undivided Trinity, now, henceforth, and for evermore. Amen.

**B**LESSED, praised, and hallowed be JESUS CHRIST on His Throne in Heaven, and in the most Holy Sacrament of the Altar. Amen.

**G**LORY be to the FATHER, Who created me.

Glory be to the SON, Who redeemed me.

Glory be to the HOLY GHOST, Who sanctifies me.

O Holy Trinity, One God, to Thee I humbly offer up myself, my

soul and my body, my thoughts and my purposes, my words, and my actions, my hopes, and my fears, my heart and all its affections, all that I have and am, to be Thine alone for ever.

LORD, I am Thine, make me wholly, truly Thine.

LORD, I would love Thee, fill me wholly with Thy love.

LORD, I would please Thee this day, make me wholly pleasing to Thee. Take away all which is not Thine. Give me all which is Thine.

Receive me, Thy poor creature, and all which I am and have, in union with Thy well-beloved SON, JESUS CHRIST our LORD. O make me fit to be for ever Thine in Him. Amen.

## No. II.

**G**LORY be to Thee, O LORD, glory be to Thee.

Glory to Thee, Who  
givest me sleep to re-  
cruit my weakness, and  
to remit the toils of this  
fretful flesh.

To this day, and all  
days a perfect, holy,  
peaceful, healthy, sinless  
course,

Vouchsafe, O LORD.

The Angel of peace, my  
faithful guide, guardian  
of my soul and body, to  
encamp around me, and  
ever to prompt what is  
salutary,

Vouchsafe, O LORD.

Pardon and remission  
of all sins and all of-  
fences,

Vouchsafe, O LORD.

To my soul what is  
good and convenient,  
and peace to the world,

Vouchsafe, O LORD.

Repentance and strict-  
ness for the residue of  
my life, and health and  
peace to the end,

Vouchsafe, O LORD.

Whatever is true, what-  
ever is honest, what-  
ever is just, whatever is  
pure, whatever is lovely,  
whatever is of good re-  
port, if there be any vir-  
tue, if any praise, such  
thoughts, such deeds,

Vouchsafe, O LORD.

A Christian close, with-  
out sin, without shame,  
and should it please Thee,  
without pain, and a good  
answer at the dreadful  
and fearful judgment-  
seat of JESUS CHRIST  
our LORD,

Vouchsafe, O LORD.

*The above may be used  
before each form of  
Morning Prayer.*

## No. I.

### MORNING PRAYER.

[ I ADORE, praise, and Sweet Heart of JESUS  
salute Thee, O most CHRIST, fresh and glad-  
I.]

dening as the breath of spring, from which, as from a fountain of graces, sweeter than the honeycomb, floweth evermore all good and all delight, I thank Thee with all the powers of my heart for having preserved me throughout this night, and for having rendered to GOD the FATHER praises and thanksgivings on my behalf.

And now, O my dearest LORD, I offer Thee my wretched and worthless heart as a morning sacrifice; I place it in Thy most tender heart, and intrust it to Thy keeping, beseeching Thee that Thou wouldst deign to pour into it Thy divine Inspirations, and to enkindle it with Thy holy Love. Amen.

#### RECOMMENDATION TO JESUS.

O JESUS, full of compassion, I commend to Thee my spirit and my soul, in union with

that Love wherewith Thou didst commend Thine own to the FATHER on the Cross; and I place them in the most Sacred Wound of Thy Tender Heart, that they may be therein protected from all the snares of the enemy.

Thou knowest, O Good JESUS, and I know by my own sad experience, how weak and frail I am, so that I could not of myself persevere in good, or resist temptation even for one single hour. Wherefore I pray Thee, by the reverence due to the Union wherein Thy Manhood is united to the Adorable Trinity in order to our glorification, that Thou wouldst deign to unite my will to Thine, and so to strengthen and secure it, that it may be unable to rebel against Thee.

In union with Thy most sinless Limbs, I commend to Thee all the members of my body, with all their move-

[PART

ments, that they may throughout this day move only according to Thy Will, for Thy Glory alone. Amen.

whereby Thy SON came down from Heaven, and wrought out the whole work of our Salvation, especially during His Passion. Amen.

#### ASPIRATION TO JESUS.

**O** MOST Loving JESUS, I beseech Thee with all my might, that Thou wouldest deign Thyself to work in me all my works, whether of body or of soul, to cleanse them all in Thy sweetest Heart, and to offer them, in union with Thine own most perfect Works, to GOD the FATHER as an Eternal Thanksgiving. Amen.

#### INTENTION TO BE FORMED IN THE MORNING.

**O** LORD, my God, for Thy sake I resolve to perform all my actions, whether outward or inward, purely for Thy Glory, with such intention and in such manner as Thou dost desire and enjoin; and in union with that Love L.]

*or,*

**O** LORD JESUS CHRIST, give me grace, I beseech Thee, this day to do all I may have to do in Thy Name. May I live as one who bears Thy Holy Name, and solely to the glory of Thy Name, and may I refer all things to Thee, and receive all from Thee. Be Thou the Beginning of all and End of all, the Pattern Whom I am to copy, the Redeemer in Whom is my strength, the Master Whom I am to serve, the Friend to Whom I am to look for comfort and sympathy. May my heart ever turn to Thee as my Helper, my Aim, the Centre of my being, my everlasting Reward. O Thou Who hast of Thy marvellous conde-

scension looked upon me and called me, that I may be Thine, set Thine Eye of love upon me, I beseech Thee; steady my unsteadfastness; rivet me to Thyself, and guide me in whatever path Thou choosest to lead me here, till of Thine Infinite Mercy, Thou wilt bring me to Thy Eternal Presence in Thy Glory. Amen.

**O** LORD JESUS, in union with Thy most perfect Actions, I commend to Thee my works of this day, to be directed according to Thy adorable Will. Amen.

PRAYER.

**O** JESUS, Fountain of Life, give me to drink of that living Water which gushes forth from Thee, that having tasted of Thee, I may thirst evermore after Thee alone. Plunge me into the depths of Thy loving Mercy. Baptize me into the holiness of

Thy precious Death. Renew me in that Blood wherewith Thou hast redeemed me. Wash out in the Water which flowed from Thy most holy Side all the stains wherewith I have defiled my baptismal innocence. Fill me with Thy Holy Spirit, and keep me this day as Thine own possession in purity of soul and body. Amen.

PRAYER.

**O** SWEETEST JESUS, my crucified Love, deign Thyself to impress the sign of Thy Cross on my forehead, and on my heart, that I may live for evermore beneath Thy Protection. Increase in me a living faith, that I may this day fulfil Thy heavenly Precepts. Enlarge my heart that I may run in the way of Thy Commandments; and so become daily more meet to be the temple of GOD and the abode of the HOLY GHOST. Amen.

[PART

## COVENANT WITH GOD.

**O** ALMIGHTY GOD,  
 I sanctify, dedicate,  
 and consecrate to Thee  
 every beating of my  
 heart, and every pulsa-  
 tion of my blood; and  
 I desire to make this  
 covenant with Thee,  
 that their every beating  
 shall say to Thee: Holy,  
 Holy, Holy, LORD GOD  
 of Sabaoth; and I be-  
 seech Thee to impute  
 this meaning to them, so  
 that they may be before  
 Thy Divine Majesty as  
 the unceasing echo of  
 that heavenly canticle,  
 which Seraphim sing  
 without ceasing unto  
 Thee. Amen.

## COMMENDATION.

**T**O Thee, O Good JESU,  
 I commend myself  
 this day and for ever.  
 Hide me within the  
 depths of Thine all-lov-  
 ing Heart. Keep me  
 safe, hidden from my  
 own fears, and distrusts,  
 and from all suggestions  
 of the evil one. Let  
 I.]

me there lie safe, and  
 be at rest. Let nothing  
 for one moment separate  
 me from Thee. Be Thou  
 my comfort in life, my  
 support in death, my  
 exceeding great reward  
 and joy in Eternity.

By Thy Tears and  
 Bloody Sweat, grant me  
 this, O good JESU, and  
 to all those whom Thou  
 givest me to love, or hast  
 ever given to me.

Bless me, even me, O  
 LORD JESUS, in union  
 with the FATHER and  
 the HOLY SPIRIT, and  
 give me full grace, in all  
 things, now, henceforth,  
 and in the hour of death,  
 to embrace Thine All-  
 holy Will. Amen.

## INTERCESSION.

**O** LORD, I pray Thee,  
 look down in Thy  
 tender Love upon all  
 those for whom I now  
 desire to pray, take me  
 and all dear to me un-  
 der Thy Protection this  
 day and for ever; espe-  
 cially . . . . . Pardon .

all their sins; supply all their needs; make them to love Thee above all things; guide them through this life; be with them in the hour of death, and bring them safely to Thy heavenly Kingdom, there to be with Thee for ever, for Thy own Merits' sake, O Blessed JESU, Who livest and reignest with the FATHER and the HOLY GHOST, one GOD, world without end. Amen.

## BENEDICTION.

**M**AY the Benediction of GOD the FATHER, the SON, and the HOLY GHOST, be upon me! May the intercessions of the holy Mother of GOD, of the Prophets, of all the holy Apostles, of the Martyrs, help me! May all the Saints and Elect of GOD pray for me, that I may be worthy with them to possess the kingdom of GOD! Amen.

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.

MEMORIAL OF THE INCARNATION.

I. The Angel of the LORD announced unto Mary, and she conceived of the HOLY GHOST.

II. And Mary said, Behold the Handmaid of the LORD, be it unto me according to thy Word.

III. And the WORD was made flesh, and dwelt among us.

## THE COLLECT.

**W**E beseech Thee, O LORD, pour Thy grace into our hearts; that as we have known the Incarnation of Thy SON JESUS CHRIST by the message of an Angel, so by His Cross and Passion we may be brought to the glory of His Resurrection; through the same JESUS CHRIST our LORD. Amen.



## No. II.

## MORNING PRAYER.

## ACT OF PRAISE.

**G**LORY be to Thee,  
 O LORD, glory to  
 Thee, and glory to Thine  
 All-Holy Name for all  
 Thy Perfections; for  
 Thine incomprehensible  
 and unimaginable Good-  
 ness, and for Thy Pity  
 towards sinners, and to-  
 wards me of all sinners  
 the most unworthy. Yea,  
 O LORD, for these and  
 for all Thy other Mercies,  
 glory be to Thee, and  
 praise and blessing, and  
 thanksgiving, with the  
 voices, and concert of  
 voices of Angels and of  
 men, of all Thy Saints  
 in heaven, or earth, and  
 of me beneath their feet  
 an unworthy and wretch-  
 ed sinner, Thine abject  
 creature, now, in this day  
 and hour and every day,  
 till my last breath, and  
 till the end of the world,  
 and for ages upon ages.  
 Amen.

I.]

## CONFESSION.

**E**SSENCE beyond Es-  
 sence, Nature in-  
 create, Framers of the  
 world, I set Thee, LORD,  
 before my face, and I lift  
 up my soul unto Thee.  
 I worship Thee on my  
 knees, and humble my-  
 self under Thy mighty  
 Hand. I stretch forth  
 my hands unto Thee,  
 my soul gaspeth unto  
 Thee, as a thirsty land.

I smite on my breast  
 and say with the Publi-  
 can—GOD, be merciful  
 to me a sinner, the chief  
 of sinners.

**F**ATHER of Mercies, I  
 beseech Thy Fatherly  
 affection, despise me not,  
 despise not Thou the  
 work of Thine own  
 Hands. LORD, if Thou  
 wilt, Thou canst make  
 me clean. LORD, only  
 say the word, and I shall  
 be cleansed.

And Thou, my SA-

VIOUR CHRIST, CHRIST my SAVIOUR, SAVIOUR of sinners, of whom I am chief, despise me not, the cost of Thy Blood, who am called by Thy Name. Remember me, LORD, in Thy Kingdom. O that mine eyes were a fountain of tears, that I might weep day and night, that with Magdalene I may hear Thee say, Thy sins be forgiven thee, and with her may love much, for many sins, yea grievous and manifold, have been forgiven me.

And Thou, All-holy, Good and Life-giving SPIRIT, despise me not, Thy own breath, despise not Thine own holy things, but turn Thee again, O LORD, at the last, and be gracious unto Thy servant. Amen.

#### PRAYER.

**B**LESSED art Thou, O LORD our GOD, the GOD of our fathers, who turnest the shadow of death into the morn-

ing, and lightenest the face of the earth, who separatest darkness from the face of the Light, and banishest night, and bringest back the day; who lightenest mine eyes, that I sleep not in death, who deliverest me from the terror by night, from the pestilence that walketh in darkness; who drivest sleep from mine eyes, and slumber from mine eyelids, who makest the outgoings of the morning and evening to praise Thee; because I laid me down and slept, and rose up again, for the LORD sustained me, because I waked, and beheld, and my sleep was sweet unto me.

Blot out as a thick cloud my transgressions, and as a cloud my sins. Grant me to be a child of Light, a child of the day, vouchsafe to keep me this day without sin. Thou, who upholdest the falling, and liftest the fallen, let me not harden my heart in provocation,

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or temptation, or deceitfulness of any sin.

Moreover, deliver me to-day from the snare of the hunter, and from the noisome pestilence, from the arrow that flieth by day, from the sickness that destroyeth in the noon-day.

O, let me hear Thy Lovingkindness betimes in the morning, for in Thee is my trust; show Thou me the way that I should walk in, for I lift up my soul unto Thee. Deliver me, O LORD, from mine enemies, for I flee unto Thee. Teach me to do the thing that pleaseth Thee, for Thou art my GOD. Let Thy Loving Spirit lead me forth into the land of righteousness. Quicken me, O LORD, for Thy Name's sake, and for Thy Righteousness' sake, bring my soul out of trouble.

Remove from me foolish imaginations, inspire those which are good and pleasing in Thy sight.

Turn away mine eyes,  
I.]

lest they behold vanity; let mine eyes look right on, and let mine eyelids look straight before me. Hedge up mine ears with thorns, lest they incline to undisciplined words. Give me the ear to hear, and open mine ears to the instruction of Thy Oracles.

Set a watch, O LORD, before my mouth, and keep the door of my lips. Let my word be seasoned with salt, that it may minister grace to the hearers.

Let no need be grief unto me, nor offence of heart. Let me do some work this day, for which Thou wilt remember me, LORD, for good, and spare me according to the greatness of Thy mercy. Amen.

#### ACT OF FAITH.

I NOW, coming to God, believe that He is, and that He is a rewarder of them that diligently seek Him.

I know that my Re-

deemer liveth, that He is CHRIST, the SON of the living GOD, that He came into the world to save sinners, of whom I am chief. Through the grace of JESUS CHRIST I believe that we shall be saved. I believe to see the Goodness of the LORD in the land of the living. Amen.

#### ACT OF HOPE.

**M**Y heart shall rejoice in the LORD, because I have hoped in His Holy Name: in the Name of the FATHER, of the SAVIOUR, the Mediator, the Intercessor, the Redeemer, of the twofold Comforter, under the figures of the Lamb and the Dove. Let Thy merciful kindness, O LORD, be upon me, like as I do put my trust in Thee. And now, LORD, what is my hope? Truly my hope is even in Thee—in Thee, O LORD, have I trusted, let me never be confounded. Amen.

#### ACT OF LOVE.

**O** MY LORD, I am less than all Thy Mercies, and all Thy Truth, which Thou hast showed unto me, and what can I say more unto Thee? for Thou, O LORD GOD, knowest me. And what am I, LORD, that Thou hast so loved me hitherto, and called me to love Thee? What shall I render unto the LORD for all His benefits, all His Love? for all the Joy wherewith we joy before Him?

O Thou, who hast deigned to raise my mind to Thy Praises, and to offer Thee the Glory due unto Thee; receive, I pray Thee, the sacrifice of love and praise and thanksgiving, from my soul, and receiving it on Thy Altar, be pleased in its stead to send me the grace to love Thee more, and to worship and to please Thee in piety, in holiness, even until the very end of my days, when my soul shall be

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satisfied as with marrow and fatness, and my mouth shall praise Thee with joyful lips. Amen.

## INTERCESSION.

**I**NTO Thine Hands I commend my spirit, my soul, and my body ; which Thou hast created, redeemed, regenerated, O LORD, Thou God of Truth. And together with me, bless all mine, and all that belong to me ; LORD, in Thy Goodness, guard us from all evil, guard our souls, I beseech Thee, O LORD : guard us without falling, and place us immaculate in the Presence of Thy Glory in that day.

Guard my going out, and my coming in henceforth and for ever. Prosper, I pray Thee, Thy servant this day, and grant her mercy in the sight of those who meet her. O GOD, make speed to save me : O LORD, make haste to help me. O turn Thee then unto me, and have mercy upon  
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me ; give Thy Strength unto Thy servant, and help the son of Thine handmaid.

Show some token upon me for good, that they who hate me may see it, and be ashamed, because Thou, LORD, hast holpen me, and comforted me. Amen.

## BLESSING.

**T**HE Brightness of the LORD our God be upon me ; prosper Thou the work of my hands upon me. O prosper Thou my handy-work.

Be Thou, O LORD, within me to strengthen me, without me to guard me, over me to shelter me, beneath me to stablish me, before me to guide me, after me to forward me, round about me to secure me, now and for ever. Amen.

*Memorial of the Incarnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.

## No. III.

## MORNING PRAYER.

**MY** GOD, the Unseen, the All Merciful, my inmost soul bows before Thee, blessing Thee for renewed life—for manifold powers and gifts—for outflowings of Thy love all around me, day after day, unchanging, especially for . . .

Author of my being, Judge Eternal, I bewail my sinfulness, my forgetfulness of Thee, my yieldings to self, my earthliness—this sin—and this—now on my conscience. Forgive me, O LORD, blotting out—, cleansing all away in Thy precious Blood, renewing me more and more into perfection.

I believe in Thee, O GOD, the Supreme Fullness of Joy, of Beatitude, of Beauty, of Goodness unutterable, of all that can be named or thought of, that my soul long-

eth after. Increase and quicken this faith in me, O GOD.

I consecrate myself to Thee anew, my actions,—my sufferings,—my thoughts, all through this day, to be offered and regulated for Thy Glory; accept them, O my GOD.

I pray Thee to illuminate my understanding, to influence my will, to allure my heart, to enthrall my desires, to bind up and seal every faculty of soul and body, that I may be perfectly holy unto Thee.

I beseech Thee that I may do Thy Will, and that Thy Will may be done in me, and that I may have no will of my own. Fill my heart with holy desires, with fervent love of the Unseen, the Eternal, the Heavenly; with deep fixed purposes

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of all that is pure and holy, and as becomes the Saints of GOD.

O my LORD, give me, and increase in me, strength, Divine Power, to rise above myself, to overcome my nature, to keep down my passions, my impulses, to subdue my wanderings of imagination, to mortify perpetually my pride and vanity. Help me, O my LORD. Keep in me, O GOD, a pure intention, a single eye, a quickness of truth, an inward shining of sincerity, an openness, a clearness of conscience, as becomes the child of light and of the day, as I, O my LORD, would be in truth.

Let all that is mine, and all that is transitory, and all that is of the earth, be worthless to me; and all that is Thine, all that is enduring, and of Heaven, be more and more precious to me, and Thou, O my GOD, more precious than all.

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Draw my heart, fix my heart, more and more, on the greatness, the beauty, the blessedness of the inner Supernatural Life, in union with Thee, my LORD, with Thee, Thou Husband of my soul.

I beseech Thee, keep me humble, chaste, obedient, retiring, self-subdued, patient, contented, fearful of sin, ever thankful, gentle, loving, self-sacrificing.

I beseech Thee, dearest LORD, most beloved JESUS, be to me sweetness, peace, rest, joy, All in all; and unite my services this day with Thine own Life, and supply all my defects by Thy Merits. Amen.

#### ACT OF FAITH.

**I BELIEVE** that Thou, O my GOD, art the Source and Fount of life, and of all Being,—that within the Infiniteness and Eternity of Thy Substance, was ineffably begotten of the FATHER,

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Co-eternal with Himself, the SON, His express Image,—and that from the FATHER, and the SON proceeds, equally Co-eternal, the SPIRIT, the Comforter, in Whom the completeness of the Godhead is bounded in Its Fulness, Whom with adoring love I worship and serve.

I believe that all creatures exist because Thou wilt call them out of nothingness, and in the same love sustainest them; and that I myself live, and move, and have my being, in my lot, as the fruit of this Thy Will, and this Thy Love.

I believe all the mysteries of the faith, which from the beginning Thy Holy Church has received, and delivered to us. And more especially that Thy Only-Begotten took of S. Mary the Virgin, a living Body, my very nature, and proceeded forth as Man, to bestow on us His Di-

vinity. In this faith, in this Thy Church, which is His Body, I devote myself to live, and to die according to His Will. Amen.

#### ACT OF HOPE.

**I** HOPE in Thee, O my GOD, because Thou art all Goodness, and Love, and Truth, and because of Thy promises to Thy own, whom Thou hast predestined to be conformed to the Image and Glory of Thy SON.

I hope even against all fears, and doubts, and though I cannot trace the mysteries of Thy Providence; and when there seems no hope, and all is darkness, yet I still cast my unshaken trust on Thee, because Thou art, and Thou overrulest all things in love unchangeable.

I know that Thou wilt est me to be saved, and to be a sharer of Thy Glory, and that all that is needful to perfect me is assured to me.

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Though often fainting by the way, I still am saved by hope. Though weak and fearful, I still go on my way thankful and exulting in hope. O LORD, increase my trust, I beseech Thee, ever more and more. Amen.

#### ACT OF LOVE.

**I** LOVE Thee, O my God, because Thou art all loveliness, all compassion, all beneficence, all tenderness, the Beginning from which I draw my life, the End in which my life finds its perfect glory, its highest joy.

I love Thee because Thou hast so humbled Thyself to come to me, to be one with me; because Thou bearest me with all my sins, and never leavest me, nor rejectest me.

I believe Thee to be more worthy of my love than any creature, and only in Thee, and for Thee would my heart

embrace any whom Thou givest me to love.

With passionate fervour, and holy joy, my desires, my will embrace Thee, O my God. Raise, purify, sustain my affections in unison with the love wherewith Thou hast in CHRIST loved all Thy holy ones, and hast loved me from all Eternity. Amen.

#### OBLATION.

**O** HOLIEST, dearest LORD, I offer up to Thee together with myself, all I am or have, and my work of this and every day. Bear with my imperfections, and sins, in all my ways; give me true repentance for them, and then blot them out, and perfect my conversion. And all that Thy precious Love gives me to do or bear, I pray Thee to accept in union with Thy own labours and sufferings, through Thy infinite Merits, to Whom

be all glory for ever.  
Amen.

**O** GOD, the FATHER, have mercy upon me, and keep my memory that it may be always filled with the recollection of Thy gracious benefits to me. Amen.

**O** GOD, the SON, have mercy upon me, and guide my understanding, that I may always know Thy holy Will, and what is true to my Vocation. Amen.

**O** GOD, the HOLY GHOST, have mercy upon me, and so govern my will that I may desire nothing but what tends to the love and glory of God. Amen.

#### COMMENDATORY PRAYER.

**T**O the holy keeping of my GOD, to the same Providence which protected and sustained the Sacred Humanity of my LORD JESUS CHRIST,

through all His earthly Life, to the SPIRIT Who perfected His Soul through sufferings, and raised His Body from the grave, I commend my soul and body, my thoughts and my designs, my weaknesses and my necessities, the amendment of my life, and the ordering of all my ways, myself, and all committed to my charge, and all for whom I continually pray. And I beseech my God to preserve and increase me in holiness and peace. And if death await me by the way wherein I go, FATHER, into Thy hands I commend my spirit, even into the same holy keeping into which my LORD delivered His Spirit for all Eternity. Amen.

*Intercessory Prayer,*  
(p. 9.)

*Memorial of the Incarnation,* (p. 10.)

OUR FATHER.

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## No. IV.

## MORNING PRAYER.

**I** AM risen up once more, and I adore Thee, Most Holy Trinity, Creator, Redeemer, Sanctifier, LORD GOD of my life.

Forgive the least thought or movement of evil in me this night; the least deviation from Thy perfect Will, and cleanse me.

For rest and quietness; for the renewed strength I feel; for safety; for the many continued blessings here and around me; for the opportunities of serving Thee, my LORD; for lengthened time to repent and amend my life; for Thy Forbearance, and Love still drawing me; for my holy Rule and State of life; for separation from numberless evils of the world—my soul blesses Thee, and offers Thee the best  
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gratitude and adoration of which it is capable.

I consecrate myself afresh to Thy service for this day. With all Saints, and Virgin souls, and the holy Angels, and all who are serving Thee in Heaven and in earth, I unite myself. I pray Thee accept me and my unworthy service.

Fill me with holy aspirations; with wisdom and prudence; with recollectedness of mind; with purity of soul and body; with love and humility; with sweetness of temper; with entire single-mindedness; with supernatural calmness and holiness.

Endue me with Grace in doing my work; in speaking; in bearing all things; in giving up myself, my own way, my own thoughts; to do all Thy Sacred Will this

day, in my Vocation, O my GOD. thrill with their secret joy. Amen.

I pray Thee, LORD, as for myself, so also with utmost earnestness for ——. Bless them, give to each what Thou knowest to be best for each. Make all that may befall them turn to their spiritual advancement.

In union with my Dearest LORD, and with His All-Perfect Life and Merits, I offer myself, and all I do and say, this day, to Thee, my GOD. Amen.

FOR RECOLLECTION OF THE PRESENCE OF GOD.

**H**OLIEST JESUS, LORD and Source of my life, help me to keep myself in perpetual communion with Thee, though I cannot see Thee, as my soul longeth. Amen.

FOR LOVE.

**O** HEART of Purest Love, make me to feel the pulses that beat within Thee, and to

FOR CONFORMITY TO GOD'S WILL.

**O** SWEET, Pure Will of GOD, draw my will, conform my will to Thine, that there be no jarring in our blissful union. Amen.

FOR PURITY OF INTENTION.

**P**URITY of the mind of my GOD, give me a pure intention in all my actions, and take away all that mars my love and hinders my perfection. Amen.

TO BE LOST IN GOD.

**O** LORD JESUS, overcome all hindrances in me, and all attractions of self, that I may be lost and absorbed in Thee wholly. Amen.

FOR REST IN GOD.

**O** JESU, draw me to Thy Bosom, bid me rest there, hush all my cares, and make me

to taste the sweetness of  
Thy Love. Amen.

*Memorial of the In-  
carnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR  
LORD.

## No. V.

### MORNING PRAYER.

**A**DORATION—under the special idea of the wondrous Love which has designed your being, your bliss, your union with Himself.

*Thankfulness*—for the watchful care and protection overshadowing your life, your soul, your last night's rest.

*Self-abasement*—of your whole being before GOD, for past sins, daily falls, and abiding, unceasing unworthiness.

*Dedication*—of yourself for the day.

*Pleading*—for the help of the HOLY SPIRIT, for guidance and direction.

*Petition*—that all details of the day's course may tend to spiritual progress; and for contentment in all.

*Special petition*—for help for any duty or trial of special difficulty.

*Intercession*—for Relations, your Community, those under your care, Friends, the Clergy, &c.

*Acts of Faith, Hope, and Love.*

*Memorial of the In-  
carnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR  
LORD.

## No. VI.

## MORNING PRAYER.

**PLACE** yourself in the Presence of GOD.

*Thanksgiving*—for mercies of the night ;

*Thanksgiving*—for your SAVIOUR'S perpetual intercession during the night.

*Confession*—of sin, any special fault.

*Dedication*—of yourself, of the understanding, will, memory, senses, acts, words, thoughts, each in union with your LORD.

*Commendation*—of yourself to the guidance of the HOLY SPIRIT, and to the care of GOD.

*Covenant*—of special fervour and resolution.

*Intercession*—for relations, friends, any promised to be remembered in prayer, any one you work for, the Clergy, your parish, any one departed this life.

*Act of praise*—to the Blessed Trinity, to each Person separately.

*Acts*—of Faith, Hope, and Love.

*Memorial of the Incarnation*, (p. 10.)

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.

## No. VII.

## MORNING PRAYER.

**A**DORE GOD as the Life, sustaining your  
 Author of your being, feebleness.  
 the One Infinite Pause, while your soul

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fills with the images which express His Adorable Presence.

Ask forgiveness for any act of sin, or folly, committed since the last time of prayer, for any omission, or want of recollection, or breach of love.

Ask GOD to show you any sin still lurking within you and hindering perfect conformity with His Will.

Renew your dedication of yourself, of what you are, can do, can suffer.

Ask for fresh grace to improve what is already attained, and to advance to greater holiness.

Ask especially for the grace you have resolved to practise through the week.

Ask especially for patience to bear the one

trial you have resolved to bear for the week.

Offer thanksgiving for being alive, for the day of grace prolonged, for GOD's patience with you, for innumerable mercies preventing you, surrounding you, filling you.

Offer intercessions for all you should pray for.

Again adore GOD, surrounded by the Blessed Spirits of Glory, and Powers of Love and Principalities of Light, and ask to be in union with them, adoring GOD all the day.

Make acts of Faith, Hope, and Love.

*Memorial of the Incarnation*, (p. 10.)

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.

## HYMNS.

*"I will magnify Thee, O God, my King : and I will praise Thy Name for ever and ever."*

SING to the LORD a joyful song,  
Lift up your hearts, your voices raise,  
To us His gracious gifts belong,  
To Him our songs of love and praise :  
For He's the LORD of Heav'n and earth,  
Whom Angels serve and Saints adore,  
The FATHER, SON, and HOLY GHOST,  
To Whom be praise for evermore.

For life and love, for rest and food,  
For daily help and nightly care,  
Sing to the LORD, for He is good,  
And praise His Name, for it is fair :  
For He's the LORD of Heav'n and earth, &c.

For strength to those who on Him wait,  
His truth to prove, His will to do,  
Praise ye our GOD, for He is great,  
Trust in His Name, for it is true ;  
For He's the LORD of Heav'n and earth, &c.

For joys untold that daily move  
Round those who love His sweet employ,  
Sing to our GOD, for He is love,  
Exalt His Name, for it is joy ;  
For He's the LORD of Heav'n and earth, &c.

For life below, with all its bliss,  
And for that life, more pure and high,

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That inner life, which over this  
Shall ever shine, and never die.  
Sing to the LORD of Heaven and earth, &c.

*"How fair and how pleasant art Thou, O Love,  
for delights."*

LOVE, my song! Divine and fair!  
Love that makes my life its care;  
That in early morning found me,  
Twined its tender arms around me,  
Through the sultry noontide led me,  
Comforted, sustain'd, and fed me,  
Back from all my wand'rings guided,  
And for all my wants provided;  
Through my trials manifold,  
Never once relax'd its hold,  
But was still the same as ever,  
In my changings changing never;  
Love I sing; the Love I share,  
Love divine, and fresh, and fair!

Love, my song! both day and night,  
Love eternal! infinite!  
Love, the life within me moving,  
Love, the spring of all my loving,  
Love, the air whose breath enfolds me,  
Comforts, strengthens, and upholds me;  
Love, the light all life pervading,  
Chequer'd oft, but never fading;  
Love, whose motion and whose rest  
Are in Him Who loves me best.  
Oh, my GOD! my heart can never  
Know its mysteries, but ever  
I will sing of what I share,  
Love divine, and fresh, and fair.

*"Teach me to do the thing that pleaseth Thee, for  
Thou art my God."*

TEACH me to do the thing that pleaseth Thee,  
Thou art my GOD, in Thee I live and move,  
O let Thy loving Spirit lead me forth  
Into the land of righteousness and love.

Thy Love the law and impulse of my soul,  
Thy Righteousness its fitness and its plea,  
Thy loving Spirit mercy's sweet control  
To make me liker, draw me nearer Thee.

My highest hope to be where, LORD, Thou art,  
To lose myself in Thee my richest gain,  
To do Thy Will the habit of my heart,  
To grieve the Spirit my severest pain.

Thy Smile my sunshine, all my peace from thence,  
From self alone what could that peace destroy;  
Thy Joy my sorrow at the least offence,  
My sorrow that I am not more Thy Joy.

*"Watch and pray, that ye enter not into tempta-  
tion."*

CHRISTIAN! seek not yet repose,  
Hear thy Guardian Angel say,  
"Thou art in the midst of foes—  
Watch and pray!"

Principalities and powers  
Mustering their unseen array,  
Wait for thy unguarded hours—  
"Watch and pray!"

Gird thy heavenly armour on,  
 Wear it ever, night and day;  
 Ambushed lies the evil one—  
 “ Watch and pray !”

Hear the victors who o’ercame  
 Still they mark each warrior’s way;  
 All with one sweet voice exclaim—  
 “ Watch and pray !”

Hear above all, hear thy LORD,  
 Him thou lovest to obey;  
 Hide within thy heart His Word—  
 “ Watch and pray !”

Watch as if on that alone  
 Hung the issue of the day;  
 Pray that help may be sent down,  
 “ Watch and pray !”

*“ Follow Me.”*

WITH Virgin Heart, undazzled eye,  
 The Virgin-Born went on,  
 Each snare surmounted or passed by,  
 Until His task was done.

With bleeding Feet, but lifted Head,  
 The waste of life He trod:  
 Tinging, each step, with holy red,  
 The consecrated sod.

FATHER of Him and us! Thy grace  
 On me and all bestow,  
 Who seek the goal He sought, to trace  
 His Footmarks here below!

O joy to follow Him in hope,  
 For days, for months, for years :  
 My steps in turn o'er His to drop ;  
 And o'er His Blood my tears !

Glory to GOD the FATHER,  
 From Angels and from men,  
 The FATHER, SON, and HOLY GHOST,  
 For evermore. Amen.

## ADDITIONAL PRAYERS FOR MORNING USE.

SPIRITUAL COMMUNION  
 AS AN ACT OF UNION  
 WITH CHRIST.

I. **PLACE** yourself consciously in the Holy Presence, meditate on the Sacred Humanity, as the life and sustenance of your being.

II. Make acts of Contrition, Faith, and Love.

III. Desire our LORD'S Presence within you, and ask to long for it more and more, to thirst and pant for it—satisfied only with His Love.

IV. Pray Him to come to you, and unite you

wholly to Himself—that your being may be absorbed by His Indwelling.

V. Adore His Presence within you, say the "Gloria in Excelsis," or the "Te Deum."

Make an especial act of adoration.

VI. Ask Him to conform you to His Likeness, mention special ways in which you long to be like Him.

Ask for His own Love to draw your soul, and to kindle yours to Him.

VII. Realise the Com-

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munion of the faithful, your own fellowship with His Saints.

VIII. Commend yourself to the most Blessed Trinity. Renew your last resolution, kneel in silence, and listen to His voice within you.

**SPIRITUAL COMMUNION  
AS A REMEMBRANCE  
OF THE SACRIFICE OF-  
FERED.**

I. ACCUSTOM yourself to unite daily in the offering of your LORD'S Blessed Body and Blood, as a propitiatory Sacrifice.

II. Make acts of Contrition, Faith, and Love.

III. Adore His sufferings in your heart.

IV. Plead their merits before the FATHER for yourself, your salvation, pardon, sanctification, faithfulness to grace, unreserved love, entire devotion, conformity to His Holy Will.

v. Plead them for the wants bodily and spiri-  
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tual of those you desire to remember.

VI. Ask for grace to suffer patiently whatever GOD may send you, in union with the Passion of CHRIST.

VII. Kneel in silence as before the Cross.

VIII. Ask a blessing from CHRIST exalted in Majesty.

IX. Commit yourself to the Blessed Trinity.

**ANOTHER ACT OF SPIRI-  
TUAL COMMUNION.**

MY SAVIOUR, CHRIST, my GOD! I join myself now in desire and spirit with all who in every place celebrate the adorable Mystery of Thy Holy Eucharist.

I join with Thy whole Church within and without the veil in devoutest thanksgiving to the FATHER, the Only-Begotten SON, the Eternal SPIRIT, for this Mystery of love.

I join myself with that perfect Oblation, which Thou, O Thou Lamb of

GOD, for ever offerest to the FATHER within the Heaven of Heavens.

I call to mind Thy Incarnation, — Thy Holy Infancy, — Thy laborious Life, — Thy bitter Passion, — Thy Death, — Thy Resurrection, — Thy Life in Glory.

I offer Thee to the FATHER in this Sacrifice of Thy Church, for the pardon of my sins, for grace, for safety, for strength, for all the benefits of Thy Passion for myself, for the whole Church, for the living —, for the dead —.

I receive Thee, O JESU, and acknowledge Thee to be the Flesh of my flesh, — the Soul of my soul, — my Guide, — my Teacher, — my Pattern, — my Mediator, — my Advocate, — my Judge, — my Rest, — my Love, — my Eternal Joy.

I consecrate myself, my soul and my body, in purity and chastity, in obedience and subjection, in patience and toil,

in a perpetual service of love and adoration, of lowliness and self-sacrifice, in this my Union with Thyself, O Blessed JESUS, and I pray Thee to give me grace to increase in fitness for this life of Union ever more and more perfectly.

Glory be to the FATHER.

Glory be to the SON.

Glory be to the SPIRIT.

With all Saints, and Angels, and the whole court of Heaven, Glory be to my LORD, to Whom in the Unity of the most Blessed Trinity, be all praise and thanksgiving for ever and ever. Amen.

#### ACT OF ADORATION.

O GOD the FATHER, of Heaven, Who didst marvellously create the world out of nothing, Who governest and sustainest Heaven and earth with Thy Power, Who for our sakes didst give Thy Only-Begotten SON to suffer death.

O GOD the SON, Re-

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deemer of the world,  
Who didst deign to be  
born of the Virgin, Who  
didst wash us from our  
sins in Thy Precious  
Blood, Who rising from  
the dead didst ascend as  
a Victor into Heaven.

O GOD the HOLY  
GHOST, the Comforter,  
Who in the form of a  
Dove didst descend up-  
on JESUS, Who didst  
rest upon the Apostles  
in the likeness of cloven  
Tongues of Fire, Who  
visitest and confirmest  
with Thy Grace the  
hearts of Thy Saints.

Holy, Supreme, Eter-  
nal, Blessed, and Glo-  
rious Trinity, ever to be  
praised, yet ever inef-  
fable.

FATHER of goodness,  
SON of love, SPIRIT of  
bounty.

Whose Majesty is in-  
scrutable, and Power in-  
comparable, and Good-  
ness inestimable.

Whose work is Life,  
Whose love is Grace, the  
contemplation of Whom  
is Glory.

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Deity, Divinity, Unity,  
Trinity, Thee I adore,  
Thee I invoke, Thee with  
the whole affection of my  
heart, I bless now and  
ever.

Thou Who art LORD  
of both quick and dead,  
Whose are we, whom  
this present world yet  
retaineth in the flesh,  
Whose are they also  
whom the life to come  
hath already received  
freed from the body, give  
to the Quick lovingkind-  
ness and grace; give to  
the Dead rest and Eter-  
nal Light; give to Thy  
Church truth and peace;  
and to us sinners peni-  
tence and pardon. Amen.

#### ACT OF FAITH.

I BELIEVE in Thee,  
O LORD, in Thee, the  
FATHER, the WORD, the  
SPIRIT, One GOD; that  
by Thy Fatherly Love  
and Power all things  
were created; that by  
Thy Goodness and Love  
to man, all things have  
been begun anew.

I believe in Thy WORD

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—Who for us men and for our Salvation, was made Flesh, was crucified, dead, and was buried, and rose again from the dead.

I believe in Thy HOLY SPIRIT, — that by His shining-forth and working, a peculiar people hath been called out of the world, to belief in the truth and sanctity of life.

I believe that in Thy Church we are partakers of the Communion of Saints, and the Forgiveness of sins, and are waiting for the Resurrection of the body, and the Life Everlasting.

I believe, O LORD; help Thou mine unbelief!

Vouchsafe to me to love the FATHER for His Fatherly Love; to reverence the Almighty for His Power; to commit my soul to Him in well-doing as a faithful Creator.

Vouchsafe to me to partake, from JESUS of salvation, from CHRIST of anointing, from the

Only-Begotten of adoption. To worship the LORD for His Conception in faith, for His Birth in humility, for His Sufferings in patience and hatred of sin, for His Death to mortify the flesh, for His Burial to bury evil thoughts in good works, for His Resurrection to rise to newness of life, for His Ascension to mind the things that are above.

Vouchsafe to me from the SPIRIT the Breath of salutary grace; in the Holy Catholic Church, to have my own Calling, and holiness, and portion; and a fellowship in her sacred Rites and Prayers, her Fastings and Groans, her Vigils, Tears, and Sufferings, for the assurance of the Remission of my sins, and for the hope of the Resurrection to Eternal Life. Amen.

#### ACT OF HOPE.

O GOD, Thou art my God, therefore will  
[PART



I hope in Thee! Thou hast promised that Thou "*wilt never leave*" us "*nor forsake us,*" therefore do I trust in Thee! Thou hast been my hope ever since I was born, even until now, and -I know that to my old age Thou wilt be mine, and even to hoar hairs wilt Thou carry me.

I trust in Thy Word in which Thou hast given me to trust, because Thou art the GOD of Penitents, Thou wilt save me according to Thy great pity, and my soul which Thou hast redeemed shall praise Thee for evermore.

Thou hast delivered me from many and so great dangers and adversities, and hast lifted up Thy heavy Hand when I deserved only Thy chastisements.

Thou hast supported me in days of sorrow and temptation, and hast often given me long time of joy, and sweetest peace and refreshment. Thou  
I.]

renewest Thy Loving-kindnesses day by day, and puttest no bounds to Thy tender mercies.

O LORD, the GOD of Hope, in Thee is all my confidence, Thy holy Name is a strong Tower, those who run into it are safe from all their enemies. In Thy Shadow is my rest, under the covering of Thy Wings I am safe. Thou Who art the Hope of all the ends of the earth, Thou also art my Hope, and though Thou shouldst slay me, yet will I trust in Thee, O LORD, my GOD, and my SAVIOUR. Amen.

#### ACT OF LOVE.

O GOD, my GOD, to Thee do I watch at break of day. For Thee my soul hath thirsted; for Thee my flesh is consumed; in this barren land, where there is no way and no water; so in the Sanctuary have I come before Thee, to see

Thy Power and Thy  
Glory.

O GOD, Who art Love,  
Thou alone art my true,  
sufficing Love. Thou art  
my SAVIOUR, dear to me  
above all, my Hope, and  
my Joy, my Supreme  
and All-transcending  
Good. O my GOD and  
my dearest LORD; in  
the morning I will stand  
before Thee and will  
look up unto Thee; Thou  
alone canst allay the hun-  
ger of my heart; and yet  
the more I taste of Thee  
the more doth my hun-  
ger crave; the more  
deeply I drink of Thee,  
the more eagerly do I  
thirst for Thee.

O GOD, my LORD, the  
day when I shall see  
Thee as Thou art, will  
be the brightest, fairest,  
gladdest of days; that  
unending day spent in  
the courts of the House  
of the LORD which is  
above thousands; that  
day for which sighs my  
soul, which Thou hast  
ransomed for Thyself.

O when wilt Thou sa-  
tisfy my longings by  
giving me to see Thy  
Face? My soul lan-  
guishes and faints at  
thought of the delights  
which are in Thee. O  
GOD, my LORD, may my  
soul sink and be lost in  
Thee, united to Thine  
Essence by the bond of  
a Divine espousal. O  
Thou, my soul's calm  
untroubled Light! O  
Dawn of morning, soft  
gleaming with Thy beau-  
teous Light, become in  
me the perfect Day;  
shine over me with such  
splendour that in Thy  
Light I too may see  
light, and that so my  
night may be as clear  
as the day. O Balmy  
Dawn of morning, grant  
that all which is not  
Thine, may for love of  
Thee seem as nothing,  
as a vain thing. Visit  
me early in the morning,  
and in a moment trans-  
form me wholly into  
Thee.

O my LORD, Thou  
[PART

art that peerless Beauty, Thou that sovereign Splendour, on which none upon earth ever gaze, except as veiled by the wings of Seraphims. O when shall I be renewed by the Vision of Thine incomparable Loveliness? O sprinkle me with the waters of Thy Holiness, and I shall be cleansed; grant unto my heart that it may but touch Thy consummate Purity, and so shall I be whiter than snow. Let the greatness of Thy Love triumph over all; let the infinite sanctity of Thy Merits wrap me all around, and let not the absence of all beauty in me lead Thee to spurn me from Thee.

Look down upon me, and teach me to know Thee. Thou hast first loved me; it is Thou Who hast chosen me and not I who have first chosen Thee. Thou art He Who of His own accord runneth towards  
1.]

His thirsting creature; and on Thy Kingly Brow gleams the fair splendour of the everlasting Light.

O LORD, when the shadows of evening fall upon my life, deign to shine forth on me as the morning dawn; and when I lie down in death give me to draw eternal life from Thee. When I go forth from this land of exile, lead me up Thyself to the marriage-supper of the Lamb; bring me to the Bridegroom and true Friend of my soul. Do Thou, O Love Eternal, unite me for ever to Him, that none may take me from His Divine Embrace.

O LORD, Thou Key of David, open to me then the Holy of Holies. Make me to enter in, that I may without delay behold the God of Gods in Sion, even Him Whose Face of Love my heart pineth to see!

PRAYERS FOR THE SEVEN GIFTS OF THE HOLY SPIRIT.

COME, O Blessed Spirit of Wisdom, and reveal to my soul the mystery of Heavenly things, their exceeding greatness, and power, and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Show me the way by which I may be able to attain to them, and possess them, and hold them hereafter, mine own for ever. Amen.

COME, O Blessed Spirit of Understanding, and enlighten my mind, that I may understand and embrace all the mysteries of the deep things of God, and perceive, and ever act up to what is true to my holy Vocation; that I may be at length meet in Thy clear Light to see the Eternal Light and gain the full knowledge of

Thee, and of the FATHER, and of the SON, our LORD JESUS CHRIST. Amen.

COME, O Blessed Spirit of Counsel, and help and guide me in all my ways, that I may ever do Thy Holy Will. Direct my mind towards all that is good, and keep me back from anything that might displease Thee, that ever following Thy Teachings, Thy Revelations, Thy Inspirations, I may go on towards an ever increasing Perfection, and at length attain to everlasting glory. Amen.

COME, O Blessed Spirit of Might, and uphold my soul in every time of trouble or adversity. Sustain all my efforts after holiness; strengthen my weakness, that I may be strong to subdue my sins, to master my temptations, and steadfastly to resist, and overcome all evil, lest

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falling back by my frailty I should ever be separated from Thee my GOD, my highest, my only Good. Amen.

COME, O Blessed Spirit of Knowledge, and open to my longing eyes all that Thou wilt reveal to me. Teach me to know my GOD, His Mind, His Love, His Holy Will; all the inner life and glory of my Vocation. Show me the nothingness of earthly things, that I may realise their vanity, and use them only for Thy Glory, and my own Salvation, looking ever beyond them to Thee, and Thy Eternal Rewards. Amen.

COME, O Blessed Spirit of Godliness, and possess my heart, that the breathings of constant prayer and loving praise may pervade all my thoughts, and words, and actions, silently and unceasingly ascending as I.]

an incense of holy love before the LORD my GOD. Purify all my acts of devotion, that in them I may only seek Thy Love and Thy Glory, and in my hours of secret communion with Thee find my best, my truest joy. Amen.

COME, O Blessed Spirit of Holy Fear, and penetrate my whole being with the deepest awe and reverence. Keep before me the constant recollection of the Presence of my GOD within and around me, of His Eye always upon me, His ear listening to my every word, so that, avoiding all that is evil, I may most carefully seek to please Him. And may Thy gift of Holy Fear, O sweetest Spirit, become more and more the exceeding joy of my soul, making me meet to appear before the pure Eyes of Thy Divine Majesty in the Heaven of Heavens, where Thou

livest and reignest in the Unity of the Ever Blessed Trinity, GOD for ever and ever. Amen.

ANOTHER PRAYER TO  
THE HOLY SPIRIT.

**O** GOD, the HOLY GHOST, Eternal Spirit, the Almighty GOD, Who in loving condescension hast made my soul Thy Dwelling-place, consecrating me for ever at my Baptism, descending upon me in increased power at my Confirmation; Thou Who notwithstanding my great misery, and many failings, hast vouchsafed to draw me to Thyself by my holy Vocation, and stirred within me desires and longings to be perfected in it; Who hast so often gladdened me with visions of beauty and glory, with illuminations from Thy Countenance, with revelations of my LORD in His Sacraments of mercy and love, I praise Thee, I

bless Thee, I magnify Thee, O Blessed Spirit!

Bless me this day I pray Thee; for my inmost soul longs to become a Temple worthy of Thee, well-pleasing to Thee. Come with renewed power; reveal to me Thy Presence, Thy Love; shed upon me the fulness of Thy sevenfold Gifts of Grace, the Spirit of Wisdom, and Understanding, that I may always discern Thy Holy Will; the Spirit of Counsel and Ghostly Strength, that I may be strong to resist all evil, and steadfastly follow on in the straight way of Perfection; the Spirit of Knowledge and true Godliness, that I may know Thee and the FATHER, and the SON, and worship my GOD aright; and fill me with the Spirit of the Fear of the LORD, that I may walk ever in Thy holy Fear; O make me to be of quick understanding in

[PART

the Fear of the LORD,  
that I sin not, that I  
grieve Thee not.

O Thou Who art  
the Love of the FA-  
THER and the SON, shed  
abroad Thy Love in  
my heart, draw me by  
Thy own Love to more  
self-sacrificing love, bind  
me to, my LORD, the  
Spouse of my soul, in  
a real union of con-  
formity of mind with  
His Mind, of will with  
His Will, of heart with  
His Heart, that follow-  
ing His most Perfect  
Example I may grow  
more and more into His  
Likeness, and may be-  
come one with Him, and  
in Him with Thee and  
the FATHER, Who in a  
wondrous Unity of Three  
Divine Persons in One  
Undivided Trinity, livest  
and reignest, God for  
ever and ever, to Whom  
be all Glory, and Hon-  
our, and Thanksgiving,  
and Blessing, through  
all the ages of Eternity.  
Amen.

FOR AN INTERIOR  
SPIRIT.

O LORD JESUS, Who  
hast called me to  
this state of life, to live  
wholly for Thee, I seek  
to be alone with Thee,  
hushed in Thee, isolated  
in Thee. Vouchsafe, I  
pray Thee, to give me a  
secret ear, and a hushed  
soul, that I may ever  
hear Thee speaking to  
me.

Withdraw my thoughts  
from all earthly objects,  
and reveal Thyself more  
and more to my inward  
eyes. Close my ears to  
all that is said around  
me, that I may hear  
Thy Voice. Teach me  
ever to commune with  
Thee in stillness, even  
when I am surrounded  
by noise and turmoil,  
and fence me round, so  
that nothing outward  
may break in upon the  
sacred stillness in which  
Thou art ever dwelling.  
Enable me to retire with-  
in myself, and do Thou  
wholly gather up into

Thyself all my thoughts, words, and deeds, that I may speak, act, think, only in Thee, by Thee, and for Thee.

When I am oppressed by sorrows and difficulties, and want of sympathy, let me not go forth out of myself, but still stand in my loneliness with Thee, and be Thou then my Comforter, and Helper, my All in all.

Speak to my heart, O LORD, I beseech Thee; tell me I am Thy child, the object of Thy love, and draw me ever nearer and nearer to Thee, in closest bonds for ever and ever. Amen.

#### FOR LOWLINESS IN SERVICE.

**O** THOU Who hast loved me with an everlasting love, and comest to me as a servant, ministering, not ministered unto; draw me by Thy powerful grace, to love Thee with

a love like Thine, and to love others in Thee, and to be as a servant to all, ever taking the lowliest place, ever speaking gentle words, saying little, but doing much in love, thinking little of others' faults, or negligences, ever desiring to be a most willing sacrifice, even as Thou wert both in life and death.

I devote myself with my whole soul and spirit to this state, and desire to be absorbed in it, that so I may be united, my heart with Thy Heart, day by day, hour by hour, ever more and more. Amen.

#### FOR SINGLENESS OF PURPOSE.

**E**TERNAL, All-Holy GOD, before Whose searching Eyes every motive and impulse of the soul is manifest, and Whom only the pure in heart can ever hope to see in bliss; Look on me, I pray Thee, Thy  
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poor weak child, and pity my imperfections, for I desire Thee, O my God, but yet I do not desire Thee perfectly, as I wish; because I desire something with Thee which I desire not solely for Thee.

Nothing but Thy grace can break this chain. O give me Thy grace, deliver me wholly from myself, purify my inmost thoughts, cleanse my most secret motives, that the desire for Thy glory may be the only spring of my words, my thoughts, my actions. May nothing of myself live or move in me, but Thy Will, and Thy Life take the place of mine, and I become transformed into Thee. Of Thy great pity accomplish this work in my soul, for the sake of JESUS my SAVIOUR. Amen.

FOR THE SENSE OF  
GOD'S PRESENCE.

O SAVIOUR of the world, grant unto  
I.]

me, both this and every day, such an abiding sense of Thy Presence, that I may think nothing but as in Thy sight, speak no word but as in Thy hearing, and do all things heartily as to Thy glory.

Let this sacred sign  
✠ strengthen me to meet every trial with patience and humility, and in great prosperity, or in great affliction, let me equally seek and feel Thy upholding Hand, that at last having overcome through Thee, I may pass through the gate of death to the life which is Eternal in Thee. Amen.

AGAINST OUR BESET-  
TING SIN.

O GOOD JESUS, my SAVIOUR, and my God, Thou Who didst make me, knowest how weak I am. Thou knowest, good LORD, that I am tempted to —; but, good LORD, for love

of Thee, I would this day wholly keep from all —, and be very —. I will not by Thy grace do one — act, or speak one — word, or give one — look, or harbour one — thought in my soul.

I desire to think, speak, and do only what Thou willest. LORD, without Thee I can do nothing; with Thee I can do all; accept, good LORD, this my desire. Help me by Thy grace that I fall not; or if I fall, bring me back quickly to Thee, and grant me to love Thee better, for Thy tender mercies' sake. Amen.

#### FOR POVERTY.

O LORD, Who didst choose the state of poverty as Thine Own, to be a wanderer without a dwelling-place, to be at last stripped of Thy very garments before Thy enemies, I devote myself to follow

Thee, as Thou permittest me in this state, surrendering all that Thou hast given me, to be held only at the will of my Superiors, counting nothing as my own, and yet possessing all things in possessing Thee, O my LORD, and my GOD, to Whom be all thanksgiving for ever. Amen.

#### FOR OBEDIENCE.

O LORD, the Very GOD, Who didst choose the form of a servant, in unceasing obedience in every act, and word, and thought, I devote myself to live in this same spirit for Thy sake, to live in obedience to my Superiors, wholly surrendering my own will, to be in subjection, to be conformed to Thine, as Thine, O my LORD, is conformed to the Will of the FATHER, in perfect trust, in holiest love, unceasingly. Amen.

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## FOR CHASTITY.

**O** LORD, the Spouse of virgin souls, Who hast given me grace to desire and embrace that word which all receive not, that as an Angel of God, I should be unmarried, and care only for the things that are Thine; keep me true to the Vow that is upon my soul, guard my senses, seal my heart, preserve me unspotted as Thy tabernacle. Let only the fire of Thy Love consume me, and the sweetness of a pure union with Thee transport me, till I am one with Thee in the glory that fadeth not away, where Thou art adored for ever. Amen.

## FOR CONFORMITY WITH THE WILL OF GOD.

**I** DESIRE, O my God, my LORD, entire union with Thee, of my will with Thy Will, of every thought and impulse of my being with I.]

Thine. Help me to fulfil this desire, O my God, day by day, hour by hour. In full trust in Thy Grace, I resolve to live for this end alone, to serve Thee where Thou wilt, and as Thou wilt, and under whom Thou wilt to place me, for Thy greater glory only. Only do Thou strengthen me, guide me, sustain me this day and always, for Thy tender mercies' sake, in CHRIST JESUS my LORD. Amen.

*Another.*

**O** GOD of all patience and consolation, give me grace that, in waiting upon Thy holy Will, I may ever find the comfort and help of Thy HOLY SPIRIT, so that, being conformed to all Thine outward Providences, I may be transformed into the Likeness of JESUS, my LORD, according to Thy most gracious predestination for me, and may attain

to behold Thee in Thy Glory, through the Same Thy SON JESUS CHRIST our LORD. Amen.

*Another.*

**O** BLESSED Will of my GOD, sweet and holy Will of my GOD, work Thou in my will, reveal Thine to mine, draw up mine to Thine, that I may be wholly Thine. As Thou dost call me, suffer me not to keep aught back from Thee, nor to fix any limit to my obedience; but draw Thou me to Thyself, and make me one with Thy Divine Will, LORD JESU, I beseech Thee. Amen.

FOR SILENCE.

**O** MOST Blessed JESUS, Who in Thy wondrous predestinating Love, hast drawn me, unworthy, out of the crowd and noise of the world, to be withdrawn from outward things, to dwell in the inner Shrine of Thy own Love; give to

me, I pray Thee, the grace of silence, "*yea, even from good words,*" together with a continual recollection of Thy Sacred Presence, that refraining from converse with Thy creatures, I may commune more and more with Thee, and sinking ever into the deep abyss of Thy most Sacred Heart, I may learn increasingly from Thyself, the hidden mysteries of Thy Love. Amen.

COVENANT WITH GOD.

**O** LORD God, my Creator, all my desire is before Thee, and my groaning is not hidden from Thee; but inasmuch as the necessities of this life prevent the constant application of my mind to Thy praises, I would make with Thee this covenant, earnestly desiring that it may remain in force throughout this week.

Whenever I look up towards Heaven, I de-

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sire and intend to rejoice in Thine Infinite Perfections; that Thou art what Thou art, supremely Strong and Wise, and Loving and Just.

As often as I open or close my eyes, I desire and intend to approve and concur in all the holy Actions which Thine Only-Begotten SON, and all the Saints in Heaven and Just on earth, have ever done, or shall ever hereafter do, to Thy Glory, and desire to be held a partaker in them all.

As often as I draw my breath, I offer to Thee the Life and Passion and Blood of our LORD JESUS CHRIST to Thine Eternal Glory, for the welfare and peace of all the whole world, and in satisfaction for the sins of all men.

Whenever I sigh, I intend to detest and abhor every sin, as well my own sins as those which have ever been  
I.]

committed from the beginning of the world against the honour of Thy Name.

Lastly, as often as I move my hand or my foot, so often do I cast myself with entire resignation upon Thy most holy Will, desiring that Thou wouldst dispose of me in Time and Eternity, according to Thine adorable Good Pleasure.

And, lest this five-fold covenant should be in any way made void, I seal it with the seal of Thy Five most Sacred Wounds, earnestly desiring that it may have its full force with Thee, even though in any one of these actions it be not actually present to my mind. Amen.

#### OBLATIONS FOR THE MORNING.

I OFFER to Thee, O my GOD, the Life and Death of Thy Only SON, and with them all my affections, and resolution, my thoughts,

words, deeds, and sufferings of this day, in honour of Thy Adorable Majesty, in thanksgiving for all Thy mercies, and to obtain the assistance of Thy grace, that persevering to the end in doing Thy holy Will, I may love and enjoy Thee for ever in Thy Glory. Amen.

*Another.*

**J**ESU, LORD, Redeemer, by all that Thou hast suffered; all that Thou hast thought, or designed for me from everlasting in Thy Heart of Love; by all Thy Love; by Thy perpetual intercession, I give my whole being, my soul and body, to Thee. Give me, O GOD, a wise and understanding heart, a dutifulness of every thought, childlike trust, obedience, love, self-sacrifice, quietness and confidence in Thee, willingness to bear and do all, patient meekness, and wrap me round with

the ever conscious joy unutterable of blissful communion with Thee, with the FATHER, and the HOLY GHOST, and with all Thine Elect. Amen.

*Another.*

**M**Y LORD, my JESUS, once more I give myself to Thee, wholly, unreservedly, for ever. I would be nailed to Thy Cross by the Vows of my Consecration. I now renew them in Thy Sacred Heart before Heaven and Earth. I bless Thee, O sweet JESUS, for having called me to this life of union with Thyself. Thy yoke is neither hard nor heavy; my bonds are not wearisome to me: bind them more tightly around me, and by them enfold me in Thy Love everlastingly.

I embrace the precious Cross of my Vocation; may it be all my life long my delight, my joy, my only glory. May po-

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verty be my only treasures, mortification my delight, obedience my liberty, self-forgetfulness my choice, humiliations my joy. JESUS, be Thou my only Love; Thy Hidden Life, Thy Cross, Thy Sufferings, my only ambition.

LORD JESUS, never let me fall from Thee; make me steadfast in all trial, victorious against every temptation. Be Thou my Life and my Strength, and I will not fear the narrow way of the Perfect Life to which Thou hast called me. Bind Thine Arm around me, stretch over me Thy Hand which has so often blessed me, and bless me once more.

Holiest, dearest SAVIOUR, by all the Grace Thou hast given me, by all the favours Thou hast poured upon me, by Thy Precious Blood, by Thy Wounds, by Thy Sacred Heart, accept this my renewed offering, to live ever before Thee as I.]

a willing victim, ready to be sacrificed on the Altar of Thy Divine Love. Amen.

#### A BLESSING.

MAY the Loving Fatherhood, and the Divine Majesty of God the FATHER, deign to bless me, and to concur with me in my every action!

May the sweet Relationship and Human Brotherhood I have with JESUS my GOD, bless me, and consummate me in a perfect union!

May the gentle Tenderness and glowing Love of the HOLY SPIRIT, bless me, and make me faithful in every good work!

May the whole Sovereign Trinity bless me, strengthen me, and establish me!

May the Glorious Humanity of JESUS CHRIST, my LORD, likewise bless me, and may He unite me for ever to Himself Who hath vouchsafed to

choose me out of the world, Who hath shown His unbounded Love in dying for me, and Who hath raised me to the dignity of His Spouse!

May this dear and mighty Benediction of the Most Holy Trinity, bestow on me perfectness in all virtues, and keep me in the unspotted chastity I have vowed. May it uphold me in my resolve, and give me strength to persevere even unto the end in humility, in purity, in patience, and in all holiness.

May it render me meet, after this life, to receive the Crown of the faithful Spouse of JESUS, and to be admitted into the white-robed choir of Virgins, who, fairer than lilies, follow Thee whithersoever Thou goest,

O Thou Lamb without spot, Thou SON of the Virgin Mary, Thou Flower and Crown of Virginity. Amen.

*Another.*

**B**LESS me, O most Loving JESUS; bless me now. Have mercy on me in all the compassion of Thy most tender Heart, lift up the Light of Thy Countenance on me, and have mercy on me. Let my heart praise Thee in sincerity and truth, let my whole heart tremble and be moved before Thy Presence, O my God. May my spirit be recreated and renewed by the Spirit of Thy Mouth; and may that Good Spirit lead me forth into the Land of Righteousness. Amen.



## SHORT PRAYERS AND ASPIRATIONS.

BEFORE PRAYER OR  
OFFICE.

**O** MOST Holy FATHER, in union with the love of Thy Well-Beloved SON, I commend my spirit to Thee.

*Another.*

**O** LORD, Who never ceasest Thy Intercession for me before the FATHER, shed on me the grace of unceasing prayer, and an increase of fervour.

As Thou didst consecrate each hour of prayer by Thine Own Sacrifice of Thyself, accept this my offering, and unite it with Thine Own, that I may prevail and obtain the blessing that my soul needs, through Thy merits. Amen.

*Another.*

**THY** Vows are upon my soul, my inward spirit yearns to Thee; I turn, O LORD, from  
1.]

all outward things, that my heart may commune with Thee, and be still, and that Thou mayest give me out of Thy Bosom the rich fruits of Thy Love. Amen.

AFTER PRAYER OR  
OFFICE.

**O** GOD, be merciful to me a sinner. Amen.

*Another.*

**O** MOST meek and gentle Lamb of God, have mercy on me, and deign to supply all my defects and negligences in saying this office. Amen.

*Another.*

**O** LORD JESUS, I commend this my lukewarm and distracted service to Thy Divine Heart, that it may be Therein cleansed and perfected; I offer it to Thee in union with the Love

with which Thou didst endure death, and dost now and ever set forth Thy Death, together with all the fruit of Thy Holy Incarnation, before GOD the FATHER, on the Day of Thine Ascension. Amen.

*Another.*

**M**ERCIFUL LORD, Who knowest all my weakness, pardon the imperfections of my service in this holy time of prayer. Abide with me, O LORD, and preserve in my soul the spirit of devotion, with the increase of peace and love, and all virtue, to the glory of Thy Holy Name. Amen.

*Another.*

**M**Y prayer is offered ; but my weakness still turns to Thee for mercy. May the intercession of the Blessed Mother of my LORD, and of all the Saints, continue and be accepted for me, and Thine Own

prevailing Intercession sustain me, and the HOLY SPIRIT dwelling in me, sanctify me wholly, in my work, in my rest, in my intercourse, in my solitude, ever more and more. Amen.

BEFORE OR AFTER  
READING.

**G**RANT, O my JESUS, that, like Thy Blessed Mother, I may keep all Thy words, pondering them in my heart. Amen.

WHEN THE CLOCK  
STRIKES.

**O** MOST Sweet JESUS, I commend to Thy Divine Heart all that I have done in the hour that is gone, to be cleansed and purified, and offered to GOD the FATHER for His Eternal Praise. And whatsoever I shall do in the hour that is beginning, I resolve to do simply and purely for the glory of GOD, and in

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union with Thy Passion.  
Amen.

rest in Thy Bosom here-  
after. Amen.

BEFORE WORK.

**M**Y LORD, my GOD,  
give me an undi-  
vided heart, a true sim-  
plicity, a pure intention  
in all my service, and  
Grace to do this work  
for love of Thee, that I  
may win Thy favour  
only, to Whom be all  
glory for ever. Amen.

*Another.*

**T**HOU Who didst toil  
for souls, and when  
weary still wert minis-  
tering to others, infuse  
Thy Spirit, Blessed JE-  
sus, into me, Thy child.  
Amen.

DURING WORK.

**H**OLIEST, dearest  
LOED, once worn  
out with sorrow and la-  
bour, now risen and in  
glory, endue me with the  
same spirit of unwea-  
rying self-sacrifice here  
on earth, that I may  
be clothed in glory, and  
I.]

*Another.*

**T**HOU, Who didst toil  
for me, bearing tra-  
vail, pain, and weari-  
ness, and ceasing not,  
quicken my soul to la-  
bour cheerfully for the  
souls of others, that they  
may be won for Thee  
through me, even me,  
most unworthy. Amen.

*Another.*

**O** LOVE, that didst bid  
the waves and the  
winds be still, lay Thy  
Hand upon my heart, and  
keep it still in Thee, the  
only Haven in this trou-  
bled sea. Amen.

*Another.*

**O** SUSTAINING  
strength of my GOD,  
keep me in perfect still-  
ness in this constant pres-  
sure of outward things.  
Amen.

*Another.*

**O** SWEETNESS of  
the Divine Presence,

so fill me that I may, in Thy undisturbed joy, meet calmly all outward trial. Amen.

#### AFTER WORK.

**O** LORD JESUS, in union with Thy most perfect Actions I offer Thee this my work, to be amended and cleansed, and presented as is fit to GOD the FATHER, to His Eternal Praise. Amen.

#### AFTER FALLING INTO SIN.

**O** CHRIST JESUS, my only Salvation and Hope, grant that all my transgressions may be blotted out by Thy most Efficacious Death. Amen.

#### AFTER A TIME OF SILENCE.

**L**ORD, I have said, with Thy Grace I will take heed unto my ways, that I offend not in my tongue. Give me, O give me, this Grace,

that I may take this heed, and may keep my mouth as it were with a bridle, be it never so much pain and grief to me. Amen.

#### *Another.*

**O** LORD, give me the mouth of the Righteous, that it may be exercised in Wisdom, and that my tongue may ever be talking of Thy Love. Amen.

#### *Another.*

**O** LORD, set a watch before my mouth, and a seal of Wisdom upon my lips, that I fall not suddenly by them, and that my tongue displease Thee not. Amen.

#### ON ENTERING A ROOM.

**G**IVE me, O LORD, calmness of heart, and in my tongue love and meekness. Amen.

#### ON LEAVING A ROOM.

**D**IRECT my steps in humility and in-

ward peace, O my God.  
Amen.

BEFORE RECREATION,  
AND BEFORE PAYING OR  
RECEIVING VISITS.

**G**RANT, O my God,  
that my whole deportment may be such as becomes a child of JESUS CHRIST; close my heart against the spirit of the world, and against every word and thought that would be in the least displeasing to Thee. Teach me Thyself what I ought to say, preserve me, I beseech Thee, from offending Thee by my words. Amen.

*Another.*

**O** MY JESUS, Who didst vouchsafe to converse with men, during Thy mortal life; mercifully grant that in my intercourse with others I may be always of the same mind with Thyself.

Oh, when shall I be so happy as to speak only for Thee, of Thee, and with Thee, my God?

1.]

WHEN WALKING.

**D**IVINE JESUS! I unite all my steps with those Thou didst take for me; I desire to unite them, especially with those Thou didst take during Thy Bitter Passion. Amen.

*Another.*

**L**ET my life be one continued course towards Thee, my God, and let my desire to please Thee become more and more ardent. Amen.

*Another.*

**G**REAT God, how admirable are Thy works! O grant that I may ever see Thee in all things, and all things in Thee. Amen.

BEFORE EATING.

**O** LORD JESUS, I take this food in that same love wherewith Thou hast sanctified it, when in Thy most Holy Humanity Thou didst deign to eat and to drink

to the glory of GOD the  
FATHER. Amen.

#### WHILE EATING.

**M**AY the virtue of Thy  
Divine Love in-  
corporate me wholly into  
Thee, O my most Loving  
JESUS. Amen.

#### WHILE DRINKING.

**O** MOST Loving JE-  
SUS, pour into my  
heart and preserve with-  
in me the energy of  
Thine Own most glow-  
ing Charity; may it  
pervade all my sub-  
stance, and flow ever-  
more through every fa-  
culty of my body and  
soul, to Thine Eternal  
Praise and Glory! Amen.

#### ASPIRATIONS.

**M**Y LORD, I would  
be consecrated, in  
every thought and im-  
pulse, to Thee, all the  
day through.

**O** LOVE! O Joy! fill  
me with streams of  
rapture and bliss.

**E**TERNAL, make my  
life a copy of Thine  
Own, in sanctity, in all  
goodness.

**S**PIRIT of my LORD,  
keep me weaned  
from myself, steadfast  
and true to Thy Divine  
Life.

**H**OLY LORD, dearest  
LORD, fill me with  
the hidden manna, the  
secret rapture of Thy  
Heavenly Love.

**B**LESSED and only  
Stay of my soul,  
sustain me in quiet con-  
templation, and wean me  
from all too great at-  
tachment to earth.

**M**Y God, Husband of  
my soul, bind Thine  
Everlasting Arm around  
my heart, and keep me  
in the stillness of restful  
love.

**S**TAY my wandering  
thoughts, check my  
hasty impulses, subdue  
my impatient will.

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**J**ESU, meek and lowly,  
still and patient, gentle  
and collected, transform  
me into Thy likeness.

**O** THOU, Who didst  
love S. John to lie  
in Thy Bosom, keep  
every thought and wish  
of mine resting on Thee.

**O** JESU, abide within  
me,  
Filling me with love,  
Quickening me with  
zeal,  
Sanctifying me in virtues,  
And changing me into  
Thy dearest Form, ever  
more and more. Amen.

**O** THOU Who dwell-  
est in me, quicken  
all my powers, that they  
may become instruments  
of righteousness.

**O** LOVE Divine, on  
Whom Angels feed,  
satisfy all my soul with  
bliss.

**O** BEAUTY Uncreate,  
too bright for mor-  
I.]

tal eye to see, shed  
glimpses from Thy Face  
within my heart.

**S**PLENDOUR of the  
Glory of God, be as  
a veil of joy around me,  
and gladden my inmost  
soul.

**O** THOU, so meek and  
lowly in heart, pre-  
serve in me unfailing  
patience, and gentleness  
undisturbed.

**S**TRENGTH of the liv-  
ing God, endue my  
frailty with supernatural  
powers, and raise me  
above myself.

**S**POUSE of my soul,  
bind me closely to  
Thyself, and with the  
inward kiss of peace fill  
me with heavenly de-  
light.

**L**ONGSUFFERING  
of my God, how  
much do I owe Thee!  
what should I be with-  
out Thee!

**H**EAVENLY Beauty  
of my LORD, enter

within my soul, and fill it with joy.

**AUTHOR** of my being, I adore Thee inwardly abiding in mystery within me.

**THY** trial hour is past, O LORD; and mine is preparing me to follow Thee, O LORD.

**MORTIFY** in me, O LORD, all that displeases Thee, and make me according to Thine Own Heart's desire.

**PRESERVE** my soul, O LORD, in perpetual inward peace, that the calmest recollection may still all my being.

**DEAREST** companion of my life, reveal Thy Love, Thy Mind to me, in quiet blissful union, and growing virtue.

**ABIDE** in me, LORD, for the strength of my life is passing away, and the time is short.

**HASTEN** the time, O LORD, hasten Thy coming! to be beheld in all Thy Beauty! but oh, hasten more my fitness to be perfected in Thee.

**GIVE** me patiently to wait, lowly bowed before Thee, at Thy feet adoring, on Thy bosom at rest, calmly tarrying Thy appointed time, O LORD, my God!

**STILL** me, as I lie on Thy bosom, O my LORD, with S. John, and as I feel the beating of Thy heart, may my heart learn perfect oneness with Thee.

**THOUGH** I see Thee not, Thou knowest that I love Thee, O LORD.

**THOU** art the God that hidest Thyself, yet my heart clings to Thee.

**THOUGH** my weakness cannot comprehend Thee, yet my soul blesses Thee, O LORD.

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**H**OLIEST JESU, be wardly within me, and  
 Thou within me, illumine all the recesses  
 the secret Light of Life of my being.  
 most holy.

**J**OY of my heart, glad- **S**WEETEST mercy of  
 den me, shine in- my LORD, dissolve  
 my soul in joy.

## EJACULATIONS FOR THE SEASONS.

## FOR ADVENT.

**O** BLESSED JESU,  
 Who camest down  
 to us, to take us up to  
 Thee, dwell more and  
 more in my soul, that  
 I may dwell in Thee.  
 Amen.

## FOR CHRISTMAS.

**G**OOD JESU, born as  
 at this time a Little  
 Child for love of us, be  
 Thou born in my soul,  
 that I may be a little  
 child for love of Thee,  
 and hang on Thy Love  
 as on my mother's bos-  
 som, trustfully, lovingly,  
 peacefully, hushing all  
 my care in love of Thee.  
 Amen.

1.]

## FOR SEPTUAGESIMA, ETC.

**G**OOD JESU, give me a  
 deep love for Thee,  
 that nothing may be too  
 hard to bear for Thee.  
 Amen.

## FOR LENT.

**O** GOOD JESU, Thou  
 wert tempted like  
 as I am, yet without  
 sin, shelter me from the  
 evil one, strengthen me  
 against his assaults, shed  
 the dew of Thy peace  
 within my soul, and  
 dwell in me fully, that I  
 may wholly love Thee.  
 Amen.

## FOR PASSION-TIDE.

**O** GOOD JESU, cruci-  
 fied for me, nail my

will to Thy Cross for love of Thee. Good JESU, nailed motionless by Thy Sacred Hands and Feet for love of me; keep me still, motionless, unmoved, unshaken, cleaving fast to Thee. Amen.

## FOR EASTER.

**T**HOU art hidden from mine eyes, O LORD, only because of Thy exceeding brightness, but Thou art touching me, and I am touching Thee, as S. Mary Magdalene could not touch. Thou didst rise in glory from Thy tomb; oh, rise within me in the fulness of might. Amen.

*or,*

**T**HOU art risen, but Thou art not gone. Thou art more deeply alive in hidden love in my poor heart. Amen.

## FOR ASCENSION.

**O** LORD JESU! Thou art gone from my sight! where can I find

Thee? for it is Thee only I long for, Thee only I seek. Amen.

## FOR WHITSUNTIDE.

**D**ESCEND, O HOLY SPIRIT! come as the north wind, uproot in me all that displeases Thee; come as the south wind to enkindle in me all that will please Thee. Amen.

## FOR TRINITY.

**O** ETERNAL FATHER! sustain me by Thy Power.

O Eternal SON! enlighten me by Thy Wisdom.

O Eternal SPIRIT! enkindle me with Thy Love.

O Unity in Trinity! perfect me after Thy Own Image. Amen.

## FOR FESTIVALS OF THE BLESSED VIRGIN.

**H**AIL, thou that art highly favoured; the LORD is with thee. Blessed art thou among

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women, and blessed is nate my path with glad-  
the Fruit of thy womb, ness. Amen.  
JESUS.

FOR SAINTS' DAYS.

FOR S. MICHAEL AND  
ALL ANGELS.

**O** SAINTS departed,  
and with my LORD,  
O that I may so labour,  
and suffer, that I may  
of Angels, hovering be with you in that  
around the Elect, illumi- eternal rest. Amen.

---

HYMNS.

*"Early will I seek Thee."*

**E**ARLY in the morning  
Call'd by love and Thee,  
My Master! in Thy vineyard  
A labourer to be,  
Ah! woe, were I complaining  
Of burden or of heat;  
To work for Thee, my SAVIOUR,  
Is in itself so sweet.

If I from early morning  
For Thee, my GOD, have toil'd,  
Have hurt my hands with labour,  
My brow with heat have soil'd,  
Was not Thy care my shelter?  
Was not Thy love my rest?  
Was not my pillow nightly,  
Sweet SAVIOUR, on Thy Breast?

Thou didst not leave me idle  
 To waste my life away,  
 But Thou didst call me early,  
 Just at my dawn of day :  
 I never knew the moment  
 In which I might not claim  
 The comfort of Thy kindness,  
 The honour of Thy Name.

And when the evening closes,  
 And Thou dost summon me  
 Home to receive the wages  
 Of all my toil for Thee,  
 To me will nought be owing,—  
 Thou didst; from day to day,  
 For my poor work so largely  
 With tender mercies pay.

Nay, count it not as wages,  
 Or death the wage will prove,  
 Whatever, LORD, Thou givest,  
 Give for Thine own dear love ;  
 The love that call'd me early,  
 The love that all along  
 Bore with my faults, be my reward  
 As it is now my song.

*“ Faint, though pursuing.”*

**B**LEST is the Faith, divine and strong,  
 Of thanks and praise an endless fountain,  
 Whose life is one perpetual song,  
 High up the SAVIOUR'S holy mountain.

Blest is the Hope that holds to God  
In doubt and darkness still unshaken,  
And sings along the heavenly road,  
Sweetest when most it seems forsaken.

Blest is the Love that cannot love  
Aught that earth gives of best and brightest;  
Whose raptures thrill like Saints above,  
Most when its earthly gifts are lightest.

Blest is the penance that believes  
That charity turns hell to heaven,  
Counts its dark sins, and while it grieves,  
Hopes with meek hope to be forgiven.

Blest is the time that in the Eye  
Of God its hopeful watch is keeping,  
And grows into Eternity  
Like noiseless trees, when men are sleeping.

Blest is the death that good men die,  
Solemn, self-doubting, firm, and wary,  
Trusting to God its destiny,  
And leaning on the Son of Mary!

*"We are more than conquerors through Him Who  
loved us."*

O H, it is hard to work for God,  
To rise and take His part  
Upon this battlefield of earth,  
And not sometimes lose heart!

He hides Himself so wondrously,  
As though there were no God;

He is least seen when all the powers  
Of ill are most abroad.

Or He deserts us at the hour  
The fight is all but lost ;  
And seems to leave us to ourselves  
Just when we need Him most.

Ill masters good ; good seems to change  
To ill with greatest ease ;  
And, worst of all, the good with good  
Is at cross purposes.

It is not so, but so it looks ;  
And we lose courage then ;  
And doubts will come if GOD hath kept  
His promises to men.

Ah ! GOD is other than we think ;  
His ways are far above,  
Far beyond reason's height, and reached  
Only by child-like love.

The look, the fashion of GOD's ways  
Love's life-long study are ;  
She can be bold, and guess, and act,  
When reason would not dare.

Workman of GOD ! oh, lose not heart,  
But learn what GOD is like ;  
And in the darkest battlefield  
Thou shalt know where to strike.

GOD's Glory is a wondrous thing,  
Most strange in all its ways,  
And of all things on earth, least like  
What men agree to praise.

Muse on His Justice, downcast soul!  
 Muse, and take better heart;  
 Back with thine Angel to the field,  
 And bravely do thy part.

God's justice is a bed, where we  
 Our anxious hearts may lay,  
 And, weary with ourselves, may sleep  
 Our discontent away.

For right is right, since GOD is GOD;  
 And right the day must win;  
 To doubt would be disloyalty,  
 To falter would be sin.

*"Bringing into captivity every thought to the obedience of Christ."*

WE have two things to do, to live and die,  
 To win another and a longer life,  
 Out of the earthly change and weary strife;  
 To catch the hours that one by one go by,  
 And write the Cross upon them as they fly,  
 So shall they lay their burden gently down,  
 Sinking, perchance, hard by beneath the throne,  
 Withdrawn anew into Eternity.  
 'Tis hard to live by youth's fast bubbling springs,  
 And treat our loves, joys, hopes, as flowing things,  
 That for awhile may climb the boughs, and twine  
 Among the prickly leaves of discipline.  
 Yet, wouldst thou rise in CHRIST's self-mastering  
 school,  
 Thy very heart itself must beat by rule.

*"The fellowship of His Sufferings."*

**T**HIS life of ours is like a wild Æolian harp of  
many a joyous strain ;  
But under them all there runs a loud, perpetual  
wail, as of souls in pain.

Faith alone can interpret life, and the heart  
That aches and bleeds with the stigma of pain,  
Alone bears the Likeness of CHRIST, and can  
Comprehend its dark enigma.

*"And we know that all things work together for  
good to them that love God."*

**O** THERE are various paths and ways, the rough  
ones and the sweet,  
Through which GOD's guiding Hand conducts  
His children's wandering feet ;  
Thorns are in all, but some have few to tread  
down as they go,  
And every tree and bush they pass, its blossoms  
o'er them throw ;  
The bleeding feet, the aching brow, the desert's  
scorching air,  
The tempter's voice, the inward strife, of others  
are the share.  
Which are most blest? We dare not say. He  
has a word for each,  
An aim, a purpose, and an end that to His Feet  
will reach.



*"When I awake up after Thy Likeness, I shall  
be satisfied with it."*

**O**UR bodies here may be the tomb  
Of powers and motions hidden,  
Which death shall loosen from their womb  
Elsewhere, when it is bidden ;  
Fresh taste and sight, and other hands  
Unformed,—for work of other lands ;  
And secret ears wherewith we may  
Perchance hear spirits speaking,  
And scents to guide us on our way  
To the fadeless flowers we're seeking :  
Verdure laid up in us, not wanted  
For the hours of mortal breath,  
Ready to bloom in us transplanted  
By the mystery of death.

\* \* \* We live

Scarce knowing what we are,  
Deep-coloured flowers that feebly give  
Their scents unto the air.  
So are we gifted ;—so we die ;  
We take our gifts with us ;  
With the green leaves that round us lie  
The way is ever thus,  
And so, when we rise from our chastening gloom,  
We are born afresh of a stainless womb,  
And the soul that hath been like a wandering  
bride,  
Wanders no more, and is satisfied ;  
For the Likeness she wears was the secret thing,  
That lured her on in her wandering.  
And joy and love to the spirit are given,  
New coloured and shaped in the moulds of heaven,  
L]

And our rising shall be like a wondering flower  
That looks on the earth in her summer power  
With the pride of its earliest opening hour,—  
A thing that may well surprised be  
With its own fair scent and bravery.

*“Thou art fair, my love ; there is no spot in thee.”*

O WOULD that I were fairer, LORD !  
More what Thy Bride should be,  
More meet to be the sharer, LORD !  
Of Love and Heaven with Thee ;  
Yet if Thy Love with me Thou'lt share,  
I know that love can make me fair.

O would that I were purer, LORD !  
More fill'd with Grace Divine,  
O would that I were surer, LORD !  
That my whole heart is Thine ;  
Were it so pure that I might see  
Thy Beauty, I would grow like Thee.

O would that I could higher, LORD,  
Above these senses live,  
Each feeling, each desire, LORD !  
Could wholly to Thee give ;  
The Love I thus would daily share,  
That Love alone would make me fair.

Thy Goodness and Thy Beauty, LORD !  
Shall robe and mirror be,  
With ornaments of duty, LORD !  
I'll deck my soul for Thee ;  
Till all Thy Love, without compare,  
Pass into me, and make me fair.

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## SHORT DAILY OFFICES.

## LAUDS.

**I**N the Name of the that are above the heavens.  
**FATHER, &c.**

Our **FATHER, &c.**

**Ÿ.** O GOD, make speed to save us.

**Rz.** O LORD, make haste to help us.

**Ÿ.** Glory be to the **FATHER**, and to the **SON**, and to the **HOLY GHOST**.

**Rz.** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon.* Let every thing that hath breath.

**PSALM CXLVIII.**

*Laudate Dominum.*

**O** PRAISE the LORD of heaven : praise Him in the height.

2 Praise Him, all ye angels of His : praise Him, all His host.

3 Praise Him, sun and moon : praise Him, all ye stars and light.

4 Praise Him, all ye heavens : and ye waters

1.]

5 Let them praise the Name of the LORD : for He spake the word, and they were made ; He commanded, and they were created.

6 He hath made them fast for ever and ever : He hath given them a law which shall not be broken.

7 Praise the LORD upon earth : ye dragons, and all deeps ;

8 Fire and hail, snow and vapours : wind and storm, fulfilling His word ;

9 Mountains and all hills : fruitful trees and all cedars ;

10 Beasts and all cattle : worms and feathered fowls ;

11 Kings of the earth and all people : princes and all judges of the world ;

12 Young men and maidens, old men and children, praiseth the Name of the LORD : for His Name only is excellent, and His praise above heaven and earth.

13 He shall exalt the horn of His people ; all His saints shall praise Him : even the children of Israel, even the people that serveth Him.

Glory be to the FATHER, &c.

### PSALM CXLIX.

*Cantate Domino.*

**O** SING unto the LORD a new song : let the congregation of saints praise Him.

2 Let Israel rejoice in Him that made him : and let the children of Sion be joyful in their King.

3 Let them praise His Name in the dance : let them sing praises unto Him with tabret and harp.

4 For the LORD hath pleasure in His people :

and helpeth the meek-hearted.

5 Let the saints be joyful with glory : let them rejoice in their beds.

6 Let the praises of GOD be in their mouth : and a two-edged sword in their hands :

7 To be avenged of the heathen : and to rebuke the people ;

8 To bind their kings in chains : and their nobles with links of iron.

9 That they may be avenged of them, as it is written : Such honour have all His saints.

Glory be to the FATHER, &c.

### PSALM CL.

*Laudate Dominum.*

**O** PRAISE GOD in His holiness : praise Him in the firmament of His power.

2 Praise Him in His noble acts : praise Him according to His excellent greatness.

3 Praise Him in the

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sound of the trumpet :  
praise Him upon the  
lute and harp.

4 Praise Him in the  
cymbals and dances :  
praise Him upon the  
strings and pipe.

5 Praise Him upon  
the well-tuned cymbals :  
praise Him upon the  
loud cymbals.

6 Let every thing that  
hath breath : praise the  
LORD.

Glory be to the FA-  
THER, &c.

*Antiphon.* Let every  
thing that hath breath  
praise the LORD : for  
He spake the word, and  
they were made ; He  
commanded and they  
were created.

*V.* The LORD is King.

*R.* He hath put on  
glorious apparel.

*The Lesson.* Rev. vii. 12.

**B**LESSING, and Glo-  
ry, and Wisdom,  
and Thanksgiving, and  
Honour, and Power, and  
Might, be unto our God  
for ever and ever. Amen.

*R.* Thanks be to GOD.  
L.]

# THE COLLECTS.

**O** LORD JESU, by  
the love wherewith  
Thou lovedst Thine Own  
even unto the end, by  
the Bloody Sweat which  
fell from Thee in the  
garden, by the pain and  
griefs which Thou en-  
duredst when Thy disci-  
ple sold Thee, and the  
wicked Jews bound and  
rent Thee, unbind the  
chain of my sins, and  
bind my soul to Thee  
with the straitest bonds  
of Thy love, which can-  
not be unloosed. Amen.

**O** GOD the HOLY  
GHOST, Who know-  
est me to be weak and in  
need of Thy Strength—  
ignorant and in need of  
Thy Wisdom—dark and  
in need of Thy Light ;  
come, Thou Raiser of  
the fallen ; come, Thou  
Star of the tempest-tost ;  
come, Thou Teacher of  
the humble ; come, Thou  
FATHER of orphans ; and  
dwelling in my body,  
Thy Temple, and purify-  
ing my soul, Thy Shrine,

so guard me in the way,  
that I may finally be-  
hold Thy Beatific Vision,  
Who livest and reignest  
with the FATHER, and  
the SON, GOD to all ages  
of ages. Amen.

**MY** LORD, my JESU,  
preserve in me a

perpetual recollection of  
Thy Mysterious Indwell-  
ing, in the unseen depths  
of my soul. Amen.

**MAY** the souls of the  
faithful, through  
the mercy of GOD, rest  
in peace. Amen.

### PRIME.

**I**N the Name of the  
FATHER, &c. (*as at  
Lauds.*)

*Antiphon.* Blessed are  
those that walk.

#### PSALM CXIX.

*Beati immaculati.*

**BLESSED** are those  
that are undefiled  
in the way : and walk in  
the law of the LORD.

2 Blessed are they  
that keep His testimo-  
nies : and seek Him with  
their whole heart.

3 For they who do  
no wickedness : walk in  
His ways.

4 Thou hast charg-  
ed : that we shall dili-

gently keep Thy com-  
mandments.

5 O that my ways  
were made so direct :  
that I might keep Thy  
statutes!

6 So shall I not be  
confounded : while I  
have respect unto all  
Thy commandments.

7 I will thank Thee  
with an unfeigned heart :  
when I shall have learn-  
ed the judgments of Thy  
righteousness.

8 I will keep Thy ce-  
remonies : O forsake me  
not utterly.

9 Wherewithal shall  
a young man cleanse his  
way : even by ruling  
himself after Thy word.

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10 With my whole heart have I sought Thee : O let me not go wrong out of Thy commandments.

11 Thy words have I hid within my heart : that I should not sin against Thee.

12 Blessed art Thou, O LORD : O teach me Thy statutes.

13 With my lips have I been telling : of all the judgments of Thy mouth.

14 I have had as great delight in the way of Thy testimonies : as in all manner of riches.

15 I will talk of Thy commandments : and have respect unto Thy ways.

16 My delight shall be in Thy statutes : and I will not forget Thy word.

Glory be to the FATHER, &c.

*Retribue servo tuo.*

**O** DO well unto Thy servant : that I  
I.]

may live, and keep Thy word.

18 Open Thou mine eyes : that I may see the wondrous things of Thy law.

19 I am a stranger upon earth : O hide not Thy commandments from me.

20 My soul breaketh out for the very fervent desire : that it hath alway unto Thy judgments.

21 Thou hast rebuked the proud : and cursed are they that do err from Thy commandments.

22 O turn from me shame and rebuke : for I have kept Thy testimonies.

23 Princes also did sit and speak against me : but Thy servant is occupied in Thy statutes.

24 For Thy testimonies are my delight : and my counsellors.

25 My soul cleaveth to the dust : O quicken Thou me, according to Thy word.

26 I have acknowledged my ways, and

Thou heardest me : O teach me Thy statutes.

27 Make me to understand the way of Thy commandments : and so shall I talk of Thy wondrous works.

28 My soul melteth away for very heaviness : comfort Thou me according unto Thy word.

29 Take from me the way of lying : and cause Thou me to make much of Thy law.

30 I have chosen the way of truth : and Thy judgments have I laid before me.

31 I have stuck unto Thy testimonies : O LORD, confound me not.

32 I will run the way of Thy commandments : when Thou hast set my heart at liberty.

Glory be to the FATHER, &c.

*Antiphon.* Blessed are those that walk in the law of the LORD.

Ÿ. O LORD, arise, help us.

Rz. And deliver us, for Thy Name's sake.

*The Lesson.* 1 Tim. i. 17.

NOW unto the King Eternal, Immortal, Invisible, the only wise GOD, be Honour and Glory for ever and ever. Amen.

Rz. Thanks beto GOD.

O LORD JESU, Who at the hour of Prime wast brought before Pontius Pilate, the Heavenly before an earthly judge, help me a miserable sinner in the Judgment Day, that I be not doomed to endless punishment, but be found worthy of the fellowship of Thy Saints in heavenly places. Amen.

O GOD the HOLY GHOST, Who knowest my need of Thy Purity, Thy Quickening, Thy Life-giving Presence, grant that like as I have heard of Thy dealings with others, so I may see Thy Loving kindness for myself, and may feel Thee to be a

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very present Help, so that hereafter I may walk about that Hill of Zion, the joy of the whole earth, where Thou livest and reignest with the FATHER and the SON, GOD to all ages of ages. Amen.

**SPIRIT** of Purity and Love, guard me safely from the touch of the Evil one, and be ever by my side, ever within my heart. Amen.

**MAY** the souls of the faithful, &c.

### TERCE.

**I**N the Name of the FATHER, &c. (*as at Lauds.*)

*Antiphon.* O let Thy loving mercies.

#### PSALM CXIX.

*Legem pone.*

**TEACH** me, O LORD, the way of Thy statutes : and I shall keep it unto the end.

34 Give me understanding, and I shall keep Thy law : yea, I shall keep it with my whole heart.

35 Make me to go in the path of Thy commandments : for therein is my desire.

36 Incline my heart I.]

unto Thy testimonies : and not to covetousness.

37 O turn away mine eyes, lest they behold vanity : and quicken Thou me in Thy way.

38 O stablish Thy word in Thy servant : that I may fear Thee.

39 Take away the rebuke that I am afraid of : for Thy judgments are good.

40 Behold, my delight is in Thy commandments : O quicken me in Thy righteousness.

41 Let Thy loving mercy come also unto me, O LORD : even Thy salvation, according unto Thy word.

42 So shall I make

answer unto my blasphemers : for my trust is in Thy word.

43 O take not the word of Thy truth utterly out of my mouth : for my hope is in Thy judgments.

44 So shall I always keep Thy law : yea, for ever and ever.

45 And I will walk at liberty : for I seek Thy commandments.

46 I will speak of Thy testimonies also, even before kings : and will not be ashamed.

47 And my delight shall be in Thy commandments : which I have loved.

48 My hands also will I lift up unto Thy commandments, which I have loved : and my study shall be in Thy statutes.

Glory be to the FATHER, &c.

*Memor esto servi tui.*

**O** THINK upon Thy servant, as concerning Thy word : wherein

Thou hast caused me to put my trust.

50 The same is my comfort in my trouble : for Thy word hath quickened me.

51 The proud have had me exceedingly in derision : yet have I not shrunk from Thy law.

52 For I remembered Thine everlasting judgments, O LORD : and received comfort.

53 I am horribly afraid : for the ungodly that forsake Thy law.

54 Thy statutes have been my songs : in the house of my pilgrimage.

55 I have thought upon Thy Name, O LORD, in the night-season : and have kept Thy law.

56 This I had : because I kept Thy commandments.

57 Thou art my portion, O LORD : I have promised to keep Thy law.

58 I made my humble petition in Thy presence with my whole heart : O be merciful

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unto me, according to Thy word.

59 I called mine own ways to remembrance : and turned my feet unto Thy testimonies.

60 I made haste, and prolonged not the time : to keep Thy commandments.

61 The congregations of the ungodly have robbed me : but I have not forgotten Thy law.

62 At midnight I will rise to give thanks unto Thee : because of Thy righteous judgments.

63 I am a companion of all them that fear Thee : and keep Thy commandments.

64 The earth, O LORD, is full of Thy mercy : O teach me Thy statutes.

Glory be to the FATHER, &c.

*Bonitatem fecisti.*

O LORD, Thou hast dealt graciously with Thy servant : according unto Thy word.

66 O learn me true understanding and knowledge.]

ledge : for I have believed Thy commandments.

67 Before I was troubled I went wrong : but now have I kept Thy word.

68 Thou art good and gracious : O teach me Thy statutes.

69 The proud have imagined a lie against me : but I will keep Thy commandments with my whole heart.

70 Their heart is as fat as brawn : but my delight hath been in Thy law.

71 It is good for me that I have been in trouble : that I may learn Thy statutes.

72 The law of Thy mouth is dearer unto me : than thousands of gold and silver.

73 Thy hands have made me and fashioned me : O give me understanding, that I may learn Thy commandments.

74 They that fear Thee will be glad when they

see me : because I have put my trust in Thy word.

75 I know, O LORD, that Thy judgments are right : and that Thou of very faithfulness hast caused me to be troubled.

76 O let Thy merciful kindness be my comfort : according to Thy word unto Thy servant.

77 O let Thy loving mercies come unto me, that I may live : for Thy law is my delight.

78 Let the proud be confounded, for they go wickedly about to destroy me : but I will be occupied in Thy commandments.

79 Let such as fear Thee, and have known Thy testimonies : be turned unto me.

80 O let my heart be sound in Thy statutes : that I be not ashamed.

Glory be to the FATHER, &c.

*Antiphon.* O let Thy loving mercies come unto me, that I may live.

¶ Thou hast been my succour.

Rz. Leave me not, neither forsake me, O GOD of my salvation.

*The Lesson.* Jer. xvii. 14.

**H**EAL me, O LORD, and I shall be healed ; save me, and I shall be saved ; for Thou art my praise.

Rz. Thanks be to GOD.

#### THE COLLECTS.

**O** LORD JESU, Who at the third hour of the day wast beaten with scourges and crowned with thorns ; grant that I Thy servant may so mortify myself, that I may be a true member of Thee, our Thorn-crowned Head. Amen.

**O** GOD the HOLY GHOST, Who didst descend upon the Apostles, in the likeness of fiery tongues on the Feast of Pentecost ; kindle in me the fire of Thy Love, be Thou within me, do Thou help me, do Thou

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of Thy Goodness prepare me for the poor, so that being Thy servant I may be theirs also, and may hereafter be found with Lazarus in Abraham's bosom, where Thou livest and reignest, with the FATHER and the SON, GOD, to all ages of ages. Amen.

**D**ESCEND, O HOLY GHOST, that in me, even in me, may be conceived, and live, and grow into fulness, the very life of my LORD and my GOD. Amen.

**M**AY the souls of the faithful, &c.

## SEXT.

**I**N the Name of the FATHER, &c. (*as at Lauds.*)

*Antiphon.* Let menot.

PSALM CXIX.

*Defecit anima mea.*

**M**Y soul hath longed for Thy salvation : and I have a good hope because of Thy word.

82 Mine eyes long sore for Thy word : saying, O when wilt Thou comfort me ?

83 For I am become like a bottle in the smoke : yet do I not forget Thy statutes.

84 How many are the  
L.]

days of Thy servant : when wilt Thou be avenged of them that persecute me ?

85 The proud have digged pits for me : which are not after Thy law.

86 All Thy commandments are true : they persecute me falsely ; O be Thou my help.

87 They had almost made an end of me upon earth : but I forsook not Thy commandments.

88 O quicken me after Thy lovingkindness : and so shall I keep the testimonies of Thy mouth.

89 O LORD, Thy word :  
endureth for ever in hea-  
ven.

90 Thy truth also re-  
maineth from one gene-  
ration to another : Thou  
hast laid the foundation  
of the earth, and it abid-  
eth.

91 They continue this  
day according to Thine  
ordinance : for all things  
serve Thee.

92 If my delight had  
not been in Thy law : I  
should have perished in  
my trouble.

93 I will never forget  
Thy commandments :  
for with them Thou hast  
quickened me.

94 I am Thine, O save  
me : for I have sought  
Thy commandments.

95 The ungodly laid  
wait for me to destroy  
me : but I will consider  
Thy testimonies.

96 I see that all things  
come to an end : but  
Thy commandment is  
exceeding broad.

Glory be to the FA-  
THER, &c.

*Quomodo dilexi ?*

LORD, what love have  
I unto Thy law : all  
the day long is my study  
in it.

98 Thou through  
Thy commandments hast  
made me wiser than  
mine enemies : for they  
are ever with me.

99 I have more under-  
standing than my teach-  
ers : for Thy testimonies  
are my study.

100 I am wiser than  
the aged : because I keep  
Thy commandments.

101 I have refrained  
my feet from every evil  
way : that I may keep  
Thy word.

102 I have not shrunk  
from Thy judgments : for  
Thou teachest me.

103 O how sweet are  
Thy words unto my  
throat : yea, sweeter than  
honey unto my mouth.

104 Through Thy com-  
mandments I get under-  
standing : therefore I hate  
all evil ways.

105 Thy word is a  
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lantern unto my feet :  
and a light unto my  
paths.

106 I have sworn, and  
am stedfastly purposed :  
to keep Thy righteous  
judgments.

107 I am troubled a-  
bove measure : quicken  
me, O LORD, according  
to Thy will.

108 Let the free-will  
offerings of my mouth  
please Thee, O LORD :  
and teach me Thy judg-  
ments.

109 My soul is alway  
in my hand : yet do I  
not forget Thy law.

110 The ungodly have  
laid a snare for me : but  
yet I swerved not from  
Thy commandments.

111 Thy testimonies  
have I claimed as mine  
heritage for ever : and  
why ? they are the very  
joy of my heart.

112 I have applied my  
heart to fulfil Thy sta-  
tutes alway : even unto  
the end.

Glory be to the FA-  
THER, &c.

I.]

*Iniquos odio habui.*

I HATE them that ima-  
gine evil things : but  
Thy law do I love.

114 Thou art my de-  
fence and shield : and  
my trust is in Thy word.

115 Away from me,  
ye wicked : I will keep  
the commandments of  
my God.

116 O stablish me ac-  
cording to Thy word,  
that I may live : and let  
me not be disappointed  
of my hope.

117 Hold Thou me  
up, and I shall be safe :  
yea, my delight shall be  
ever in Thy statutes.

118 Thou hast trod-  
den down all them that  
depart from Thy sta-  
tutes : for they imagine  
but deceit.

119 Thou putttest a-  
way all the ungodly of  
the earth like dross :  
therefore I love Thy tes-  
timonies.

120 My flesh trem-  
bleth for fear of Thee :  
and I am afraid of Thy  
judgments.

G

121 I deal with the thing that is lawful and right : O give me not over unto mine oppressors.

122 Make Thou Thy servant to delight in that which is good : that the proud do me no wrong.

123 Mine eyes are wasted away with looking for Thy health : and for the word of Thy righteousness.

124 O deal with Thy servant according unto Thy loving mercy : and teach me Thy statutes.

125 I am Thy servant, O grant me understanding : that I may know Thy testimonies.

126 It is time, for Thee, LORD, to lay to Thine hand : for they have destroyed Thy law.

127 For I love Thy commandments : above gold and precious stones.

128 Therefore hold I straight all Thy commandments : and all false ways I utterly abhor.

Glory be to the FATHER, &c.

*Antiphon.* Let me not be disappointed of my hope.

*V.* The LORD is my Shepherd, therefore shall I lack nothing.

*R.* He shall feed me in a green pasture.

*The Lesson.* 1 Thess. v. 21, 22.

**P**ROVE all things ; hold fast that which is good. Abstain from all appearance of evil.

*R.* Thanks be to GOD.

#### THE COLLECTS.

**O** LORD JESU, Who at the sixth hour of the day didst hang with pierced Hands and Feet from the wood of the Cross, and didst fasten thereto with the same nails the handwriting of our condemnation ; grant to my soul that thus set free from the service of sin, I may ever bear in my heart as the symbols of my deliverance, those Thy most Holy Wounds. Amen.

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**O** GOD the HOLY GHOST, of Whom comes all Grace here, and by Whom only we can attain to glory hereafter, for all that Thou hast done in me from my birth up to this day, for all that I have done in Thy Strength, I render Thee hearty thanks; and herein for my Baptism, my Confirmation, my many Communion, my many Confessions, my Vows, all my helps to good, and hindrances from evil, and any good actions I have done to others, any good work I have done for Thee; and grant me so to persevere in all truth and good, that hereafter I may see Thee, the chief Good and the only Truth, Who livest and reignest with the FATHER and the SON, GOD to all ages of ages. Amen.

**S**ON of GOD, possess me wholly, penetrate my heart, and transform me into Thyself. Amen.

**M**AY the souls of the faithful, &c.

## NONES.

**I**N the Name of the FATHER, &c., (*as at Lauds.*) goeth forth : it giveth light and understanding unto the simple.

*Antiphon.* Give me understanding.

## PSALM CXIX.

*Mirabilia.*

**T**HY testimonies are wonderful : therefore doth my soul keep them.

130 When Thy word  
1.]

131 I opened my mouth, and drew in my breath : for my delight was in Thy commandments.

132 O look Thou upon me, and be merciful unto me : as Thou usest to do unto those that love Thy Name.

133 Order my steps in Thy word : and so shall no wickedness have dominion over me.

134 O deliver me from the wrongful dealings of men : and so shall I keep Thy commandments.

135 Show the light of Thy countenance upon Thy servant : and teach me Thy statutes.

136 Mine eyes gush out with water : because men keep not Thy law.

137 Righteous art Thou, O LORD : and true is Thy judgment.

138 The testimonies that Thou hast commanded : are exceeding righteous and true.

139 My zeal hath even consumed me : because mine enemies have forgotten Thy words.

140 Thy word is tried to the uttermost : and Thy servant loveth it.

141 I am small, and of no reputation : yet do I not forget Thy commandments.

142 Thy righteousness is an everlasting righte-

ousness : and Thy law is the truth.

143 Trouble and heaviness have taken hold upon me : yet is my delight in Thy commandments.

144 The righteousness of Thy testimonies is everlasting : O grant me understanding, and I shall live.

Glory be to the FATHER, &c.

*Clamavi in toto corde meo.*

I CALL with my whole heart : hear me, O LORD, I will keep Thy statutes.

146 Yea, even unto Thee do I call : help me, and I shall keep Thy testimonies.

147 Early in the morning do I cry unto Thee : for in Thy word is my trust.

148 Mine eyes prevent the night-watches : that I might be occupied in Thy words.

149 Hear my voice, O LORD, according un-

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to Thy lovingkindness :  
quicken me, according  
as Thou art wont.

150 They draw nigh  
that of malice persecute  
me : and are far from  
Thy law.

151 Be Thou nigh at  
hand, O LORD : for all  
Thy commandments are  
true.

152 As concerning  
Thy testimonies, I have  
known long since : that  
Thou hast grounded  
them for ever.

153 O consider mine  
adversity, and deliver  
me : for I do not forget  
Thy law.

154 Avenge Thou my  
cause, and deliver me :  
quicken me, according to  
Thy word.

155 Health is far from  
the ungodly : for they  
regard not Thy statutes.

156 Great is Thy mer-  
cy, O LORD : quicken  
me, as Thou art wont.

157 Many there are  
that trouble me, and per-  
secute me : yet do I not  
swerve from Thy testi-  
monies.

I.]

158 It grieveth me  
when I see the trans-  
gressors : because they  
keep not Thy law.

159 Consider, O LORD,  
how I love Thy com-  
mandments : O quicken  
me, according to Thy  
lovingkindness.

160 Thy word is true  
from everlasting : all the  
judgments of Thy right-  
eousness endure for ever-  
more.

Glory be to the FA-  
THER, &c.

*Principes persecuti sunt.*

PRINCES have perse-  
cuted me without a  
cause : but my heart  
standeth in awe of Thy  
word.

162 I am as glad of  
Thy word : as one that  
findeth great spoils.

163 As for lies, I hate  
and abhor them : but  
Thy law do I love.

164 Seven times a day  
do I praise Thee : be-  
cause of Thy righteous  
judgments.

165 Great is the peace  
that they have who love

Thy law : and they are not offended at it.

166 LORD, I have looked for Thy saving health : and done after Thy commandments.

167 Mysoul hath kept Thy testimonies : and loved them exceedingly.

168 I have kept Thy commandments and testimonies : for all my ways are before Thee.

169 Let my complaint come before Thee, O LORD : give me understanding, according to Thy word.

170 Let my supplication come before Thee : deliver me, according to Thy word.

171 My lips shall speak of Thy praise : when Thou hast taught me Thy statutes.

172 Yea, my tongue shall sing of Thy word : for all Thy commandments are righteous.

173 Let Thine hand help me : for I have chosen Thy commandments.

174 I have longed for

Thy saving health, O LORD : and in Thy law is my delight.

175 O let my soul live, and it shall praise Thee : and Thy judgments shall help me.

176 I have gone astray like a sheep that is lost : O seek Thy servant, for I do not forget Thy commandments.

Glory be to the FATHER, &c.

*Antiphon.* Give me understanding according to Thy Word.

*V.* O cleanse Thou me from my secret faults.

*R.* Keep Thy servant also from presumptuous sins.

*The Lesson.* Gal. vi. 2.

**B**EAR ye one another's burdens, and so fulfil the law of CHRIST.

*R.* Thanks be to GOD.

#### THE COLLECTS.

**O** LORD JESU, Who at the ninth hour of the day, when all was  
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finished, didst bow Thy Head, and yield Thy Blessed Spirit to Thy FATHER, and breathedst into mankind, who lay in death, the breath of life; grant that I who do owe myself wholly to Thee for making me, may, now that Thou hast newly made me, yield Thee myself wholly again, and live henceforth no more unto myself, but always unto Thee Who diedst for me. Amen.

unto Thee, so that being received by Thee in Confession, I may be crowned by Thy Goodness in pardon, and that the dew of Thy forgiveness may drop upon my heart, till finally Thou shalt take me home to be satisfied with the pleasures of Thy House, even of Thy Holy Temple, where with the FATHER and the SON Thou livest and reignest GOD to all ages of ages. Amen.

O GOD, the HOLY GHOST, Who seest that my misdeeds prevail against me, grant me to know the blessedness of those whom Thou choosest and receivest

O JESU, form in me Thine Own Mind, in Thine own peace and stillness. Amen.

MAY the souls of the faithful, &c.

# VESPERS.

IN the Name of the FATHER, &c., (*as at Lauds.*)

*Antiphon.* Blessed be the Name of the LORD.

L.]

PSALM CXIII.

*Laudate pueri.*

PRAISE the LORD, ye servants: O praise the Name of the LORD.  
2 Blessed be the Name

of the LORD : from this time forth for evermore.

3 The LORD's Name is praised : from the rising up of the sun unto the going down of the same.

4 The LORD is high above all heathen : and His glory above the heavens.

5 Who is like unto the LORD our GOD, that hath His dwelling so high : and yet humbleth Himself to behold the things that are in heaven and earth ?

6 He taketh up the simple out of the dust : and lifteth the poor out of the mire ;

7 That He may set him with the princes : even with the princes of His people.

8 He maketh the barren woman to keep house : and to be a joyful mother of children.

Glory be to the FATHER, &c.

PSALM CXIV.

*In exitu Israel.*

WHEN Israel came out of Egypt : and

the house of Jacob from among the strange people,

2 Judah was His sanctuary : and Israel His dominion.

3 The sea saw that, and fled : Jordan was driven back.

4 The mountains skipped like rams : and the little hills like young sheep.

5 What aileth thee, O thou sea, that thou fleddest : and thou Jordan, that thou wast driven back ?

6 Ye mountains, that ye skipped like rams : and ye little hills, like young sheep ?

7 Tremble, thou earth, at the presence of the LORD : at the presence of the GOD of Jacob ;

8 Who turned the hard rock into a standing water : and the flintstone into a springing well.

Glory be to the FATHER, &c.

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## PSALM CXV.

*Non nobis, Domine.*

**N**OT unto us, O LORD,  
not unto us, but  
unto Thy Name give  
the praise : for Thy lov-  
ing mercy, and for Thy  
truth's sake.

2 Wherefore shall the  
heathen say : Where is  
now their GOD ?

3 As for our GOD, He  
is in heaven : He hath  
done whatsoever pleased  
Him.

4 Their idols are sil-  
ver and gold : even the  
work of men's hands.

5 They have mouths,  
and speak not : eyes have  
they, and see not.

6 They have ears, and  
hear not : noses have  
they, and smell not.

7 They have hands,  
and handle not ; feet  
have they, and walk  
not : neither speak they  
through their throat.

8 They that makethem  
are like unto them : and  
so are all such as put  
their trust in them.

9 But thou, house of  
I.]

Israel, trust thou in the  
LORD : He is their suc-  
cour and defence.

10 Ye house of Aaron,  
put your trust in the  
LORD : He is their helper  
and defender.

11 Ye that fear the  
LORD, put your trust in  
the LORD : He is their  
helper and defender.

12 The LORD hath  
been mindful of us, and  
He shall bless us : even  
He shall bless the house  
of Israel, He shall bless  
the house of Aaron.

13 He shall bless them  
that fear the LORD : both  
small and great.

14 The LORD shall  
increase you more and  
more : you and your  
children.

15 Ye are the blessed  
of the LORD : Who made  
heaven and earth.

16 All the whole hea-  
vens are the LORD's : the  
earth hath He given to  
the children of men.

17 The dead praise not  
Thee, O LORD : neither  
all they that go down  
into silence.

18 But we will praise the LORD : from this time forth for evermore. Praise the LORD.

Glory be to the FATHER, &c.

*Antiphon.* Blessed be the Name of the LORD : from this time forth for evermore.

Ÿ. LORD, let my prayer be set forth,

R̃. In Thy sight as the incense.

*The Lesson.* 2 Thess. iii. 5.

THE LORD direct your hearts into the love of GOD, and into the patient waiting for CHRIST.

R̃. Thanks be to GOD.

#### THE COLLECTS.

O LORD JESU, Who at the evening hour wouldest that Thy Lifeless Body should be taken from the Cross, grant me never while I live to put from me my Cross, which Thou in Thy Love bestowest on me, and

when I die and am taken from it, make me worthy to be presented before Thee, and to be received in the arms of Thy Mercy. Amen.

THOU makest darkness, O GOD, and it is night; Thou sendest affliction and there is sorrow; grant therefore that if my temptations abound, Thy Strength may much more abound. Grant that when I have a multitude of sorrows, Thy Comforts may refresh my soul, till after the hours of Thy Consolation in this world, I come to the Everlasting Ocean of Thy Comfort, in the world to come, even the Beatific Vision, where with the FATHER and the SON Thou livest and reignest, GOD to all ages of ages. Amen.

O LORD JESUS, I adore Thee, inwardly abiding in mystery within me; absorb me wholly into Thyself. Amen.

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**MEMORIAL OF THE  
BLESSED SACRAMENT.**

*Antiphon.* O Sacred Banquet in which CHRIST is received, the memory of His Passion renewed, the mind filled with grace, and a pledge of future Glory given unto us. Alleluia.

Ÿ. Thou gavest them Bread from Heaven. Alleluia.

Rz. Containing in Itself all sweetness. Alleluia.

Let us pray.

O GOD, Who in a wonderful Sacrament

hast left us a perpetual memorial of Thy Passion, grant me, I beseech Thee, so to venerate the Sacred Mysteries of Thy Body and Blood, that I may always feel in my soul the fruit of Thy Redemption, Who livest, &c. Amen.

O JESU, hidden within my heart, show some brightness of Thy glory to my soul; entrance it with Thy love, and abide with me for ever.

MAY the souls of the faithful, &c.

**COMPLINE.**

IN the Name of the FATHER, &c., (*as at Lauds.*)

*Antiphon.* Have mercy.

PSALM IV.

*Cum invocarem.*

HEAR me when I call,  
O GOD of my  
righteousness: Thou hast  
set me at liberty when  
I.]

I was in trouble; have mercy upon me, and hearken unto my prayer.

2 O ye sons of men, how long will ye blaspheme Mine honour: and have such pleasure in vanity, and seek after leasing?

3 Know this also, that the LORD hath chosen to

Himself the man that is godly : when I call upon the LORD, He will hear me.

4 Stand in awe, and sin not : commune with your own heart, and in your chamber, and be still.

5 Offer the sacrifice of righteousness : and put your trust in the LORD.

6 There be many that say : Who will show us any good ?

7 LORD, lift Thou up : the light of Thy countenance upon us.

8 Thou hast put gladness in my heart : since the time that their corn, and wine, and oil, increased.

9 I will lay me down in peace, and take my rest : for it is Thou, LORD, only, that makest me dwell in safety.

Glory be to the FATHER, &c.

#### PSALM XXXI.

*In te, Domine, speravi.*

**I**N Thee, O LORD, have I put my trust : let me never be put to con-

fusion, deliver me in Thy righteousness.

2 Bow down Thine ear to me : make haste to deliver me.

3 And be Thou my strong rock, and house of defence : that Thou mayest save me.

4 For Thou art my strong rock, and my castle : be Thou also my guide, and lead me for Thy Name's sake.

5 Draw me out of the net, that they have laid privily for me : for Thou art my strength.

6 Into Thy hands I commend my spirit : for Thou hast redeemed me, O LORD, thou GOD of truth.

Glory be to the FATHER, &c.

#### PSALM XCI.

*Qui habitat.*

**W**HOSO dwelleth under the defence of the most High : shall abide under the shadow of the Almighty.

2 I will say unto the LORD, Thou art my hope,

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and my strong hold : my  
God, in Him will I trust.

3 For He shall deliver  
thee from the snare of  
the hunter : and from  
the noisome pestilence.

4 He shall defend thee  
under His wings, and  
thou shalt be safe under  
His feathers : His faith-  
fulness and truth shall  
be thy shield and buck-  
ler.

5 Thou shalt not be  
afraid for any terror by  
night : nor for the arrow  
that flieth by day ;

6 For the pestilence  
that walketh in dark-  
ness : nor for the sick-  
ness that destroyeth in  
the noon-day.

7 A thousand shall  
fall beside thee, and ten  
thousand at thy right  
hand : but it shall not  
come nigh thee.

8 Yea, with thine eyes  
shalt thou behold : and  
see the reward of the  
ungodly.

9 For Thou, LORD, art  
my hope : Thou hast set  
Thine house of defence  
very high.

L.]

10 There shall no evil  
happen unto thee : nei-  
ther shall any plague  
come nigh thy dwell-  
ing.

11 For He shall give  
His angels charge over  
thee : to keep thee in all  
thy ways.

12 They shall bear  
thee in their hands : that  
thou hurt not thy foot  
against a stone.

13 Thou shalt go upon  
the lion and adder : the  
young lion and the dra-  
gon shalt thou tread un-  
der thy feet.

14 Because he hath  
set his love upon Me,  
therefore will I deliver  
him : I will set him up,  
because he hath known  
My Name.

15 He shall call upon  
Me, and I will hear him :  
yea, I am with him in  
trouble ; I will deliver  
him, and bring him to  
honour.

16 With long life will  
I satisfy him : and show  
him My salvation.

Glory be to the FA-  
THER, &c.

## PSALM CXXXIV.

*Ecce nunc.*

**B**EHOLD now, praise the LORD : all ye servants of the LORD.

2 Ye that by night stand in the house of the LORD : even in the courts of the house of our God.

3 Lift up your hands in the sanctuary : and praise the LORD.

4 The LORD that made heaven and earth : give thee blessing out of Sion.

Glory be to the FATHER, &c.

*Antiphon.* Have mercy upon me, and hearken unto my prayer.

Ÿ. Keep me as the apple of an eye.

Rz. Hide me under the shadow of Thy wings.

*The Lesson.* Jer. xiv. 9.

**T**HOU, O LORD, art in the midst of us, and we are called by Thy Name ; leave us not.

Rz. Thanks be to God.

## THE COLLECTS.

**O** LORD JESU, Who at the hour of Com-

pline restedst in the grave and wast mourned by Thy sad Mother, and the other women, give me true tears to weep for Thy most holy Passion; and grant that I may never do that which may crucify Thee afresh. Amen.

**O** GOD the HOLY GHOST, Fire of Love, that burnest, yet consumest not, kindle Thy Love in my heart, I beseech Thee, that loving others in Thee, and abiding in Thy Love here and for ever, I may at length enter Thy Banqueting House where Thy Banner over me shall be Love, where with the FATHER and the SON, Thou livest and reignest God to all ages of ages. Amen.

**L**ORD JESU, keep me in perpetual peace, that the calmest recollection may still all my being. Amen.

**M**AY the souls of the faithful, &c.

[PART

# PROPER ANTIPHONS AND CHAPTERS FOR THE SEASONS.

## ADVENT.

### *Antiphon to Psalms.*

**I** WILL wait upon the  
LORD, and I will  
look for Him.

*V.* Come and save us,  
O LORD GOD of Hosts.

*Rz.* Show the light of  
Thy Countenance, and  
we shall be whole.

*The Lesson.* Jer. xxiii.  
5, 6.

**BEHOLD**, the days  
come, saith the  
LORD, that I will raise  
unto David a righteous  
Branch, and a King shall  
reign and prosper, and  
shall execute judgment  
and justice in the earth.  
In His days Judah shall  
be saved, and Israel shall  
dwell safely: and this is  
His Name whereby He  
shall be called, **THE LORD**  
**OUR RIGHTEOUSNESS.**

*Rz.* Thanks be to GOD.  
I.]

## THE COLLECTS.

### *First Sunday.*

**A**LMIGHTY GOD,  
give us grace that  
we may cast away the  
works of darkness, and  
put upon us the armour  
of light, now in the time  
of this mortal life, in  
which Thy SON JESUS  
CHRIST came to visit us  
in great humility; that  
in the last day, when He  
shall come again in His  
glorious Majesty to judge  
both the quick and dead,  
we may rise to the life  
immortal, through Him  
Who liveth and reigneth  
with Thee and the HOLY  
GHOST, now and ever.  
Amen.

### *Second Sunday.*

**B**LESSED LORD, Who  
hast caused all holy  
Scriptures to be written

for our learning ; Grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience, and comfort of Thy holy Word, we may embrace, and ever hold fast the blessed hope of everlasting life, which Thou hast given us in our SAVIOUR JESUS CHRIST. Amen.

*Third Sunday.*

**O** LORD JESU CHRIST, Who at Thy first coming didst send Thy messenger to prepare Thy way before Thee ; Grant that the ministers and stewards of Thy mysteries may likewise so prepare and make ready Thy way, by turning the hearts of the disobedient to the wisdom of the just, that at Thy second coming to judge the world we may be found an acceptable people in Thy sight, Who livest and reignest with the FATHER and the HOLY SPIRIT, ever one

GOD, world without end. Amen.

*Fourth Sunday.*

**O** LORD, raise up (we pray Thee) Thy power, and come among us, and with great might succour us ; that whereas, through our sins and wickedness, we are sore let and hindered in running the race that is set before us, Thy bountiful grace and mercy may speedily help and deliver us ; through the satisfaction of Thy SON our LORD, to Whom with Thee and the HOLY GHOST be honour and glory, world without end. Amen.

CHRISTMAS.

*Antiphon to Psalms.*

**G** LORY to God in the highest, and on earth peace, goodwill towards men. Alleluia.

Ÿ. The Word was made Flesh. Alleluia.

[PART

Rz. And dwelt among  
us. Alleluia.

*The Lesson.* S. Luke ii.  
10—12.

AND the Angel said  
unto them, Fear not :  
for, behold, I bring you  
good tidings of great joy,  
which shall be to all peo-  
ple. For unto you is  
born this day in the city  
of David a SAVIOUR,  
which is CHRIST the  
LORD. And this shall  
be a sign unto you ; Ye  
shall find the Babe wrap-  
ped in swaddling clothes,  
lying in a manger.

Rz. Thanks be to GOD.

THE COLLECTS.

*Christmas Day.*

ALMIGHTY GOD,  
Who hast given us  
Thy Only-begotten SON  
to take our nature upon  
Him, and as at this time  
to be born of a pure Vir-  
gin ; Grant that we be-  
ing regenerate, and made  
Thy children by adop-  
tion and grace, may daily  
be renewed by Thy HOLY  
SPIRIT ; through the  
[.]

same our LORD JESUS  
CHRIST, Who liveth and  
reigneth with Thee and  
the same Spirit, ever one  
GOD, world without end.  
Amen.

*S. Stephen's Day.*

GRANT, O LORD, that,  
in all our sufferings  
here upon earth for the  
testimony of Thy truth,  
we may steadfastly look  
up to heaven, and by  
faith behold the glory  
that shall be revealed ;  
and, being filled with the  
HOLY GHOST, may learn  
to love and bless our  
persecutors by the ex-  
ample of Thy first Mar-  
tyr Saint Stephen, who  
prayed for his murderers  
to Thee, O blessed JE-  
SUS, Who standest at the  
right hand of GOD to  
succour all those that  
suffer for Thee, our only  
Mediator and Advocate.  
Amen.

*S. John the Evangelist's  
Day.*

MERCIFUL LORD, we  
beseech Thee to car-

Thy bright beams of light upon Thy Church, that it being enlightened by the doctrine of Thy blessed Apostle and Evangelist Saint John may so walk in the light of Thy truth, that it may at length attain to the light of everlasting life; through JESUS CHRIST our LORD. Amen.

*The Innocents' Day.*

**O** ALMIGHTY God, Who out of the mouths of babes and sucklings hast ordained strength, and madest infants to glorify Thee by their deaths; Mortify and kill all vices in us, and so strengthen us by Thy grace, that by the innocency of our lives, and constancy of our faith even unto death, we may glorify Thy holy Name; through JESUS CHRIST our LORD. Amen.

*The Circumcision of Christ.*

**A**LMIGHTY God, Who madest Thy

blessed SON to be circumcised, and obedient to the law for man; Grant us the true Circumcision of the Spirit; that, our hearts, and all our members, being mortified from all worldly and carnal lusts, we may in all things obey Thy blessed will; through the same Thy SON JESUS CHRIST our LORD. Amen.

THE EPIPHANY.

*Antiphon to Psalms.*

**A**RISE, shine, for thy Light is come, and the glory of the LORD is risen upon thee. Alleluia.

*V.* O worship the LORD.

*R.* In the beauty of holiness.

*The Lesson.* S. Matth. ii. 1, 2.

**N**OW when JESUS was born in Bethlehem of Judæa in the days of Herod the king, behold, there came wise men



from the east to Jerusalem, saying, Where is He that is born King of the Jews? for we have seen His star in the east, and are come to worship Him.

Rz. Thanks be to GOD.

THE COLLECTS.

*The Epiphany.*

O GOD, Who by the leading of a star didst manifest Thy Only-begotten SON to the Gentiles; Mercifully grant, that we, which know Thee now by faith, may after this life have the fruition of Thy glorious Godhead; through JESUS CHRIST our LORD. Amen.

*First Sunday.*

O LORD, we beseech Thee, mercifully to receive the prayers of Thy people which call upon Thee; and grant that they may both perceive and know what things they ought to do, and also may have grace  
I.]

and power faithfully to fulfil the same; through JESUS CHRIST our LORD. Amen.

*Second Sunday.*

ALMIGHTY and everlasting GOD, Who dost govern all things in heaven and earth; Mercifully hear the supplications of Thy people, and grant us Thy peace all the days of our life; through JESUS CHRIST our LORD. Amen.

*Third Sunday.*

ALMIGHTY and everlasting GOD, mercifully look upon our infirmities, and in all our dangers and necessities stretch forth Thy right hand to help and defend us; through JESUS CHRIST our LORD. Amen.

*Fourth Sunday.*

O GOD, Who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot

always stand upright; Grant to us such strength and protection, as may support us in all dangers, and carry us through all temptations; through JESUS CHRIST our LORD. Amen.

*Fifth Sunday.*

**O** LORD, we beseech Thee to keep Thy Church and household continually in Thy true religion; that they who do lean only upon the hope of Thy heavenly grace may evermore be defended by Thy mighty power; through JESUS CHRIST our LORD. Amen.

*Sixth Sunday.*

**O** GOD, Whose blessed SON was manifested that He might destroy the works of the devil, and make us the sons of God, and heirs of eternal life; Grant us, we beseech Thee, that, having this hope, we may purify ourselves, even as He is pure; that, when He shall appear again with

power and great glory, we may be made like unto Him in His eternal and glorious kingdom; where with Thee, O FATHER, and Thee, O HOLY GHOST, He liveth and reigneth, ever one GOD, world without end. Amen.

SEPTUAGESIMA,  
*And following weeks.*

*Antiphon to Psalms.*

**THEY** that run in a race, run all, but one receiveth the prize. So run that ye may obtain.

**V.** LORD, Thou hast been our Refuge.

**Rz.** From one generation to another.

*The Lesson.* 1 Cor. ix.  
25—27.

**A**ND every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. I therefore so run, not as uncertainly;

so fight I, not as one that beateth the air : but I keep under my body, and bring it into subjection.

Rz. Thanks be to God.

THE COLLECTS.

*Septuagesima.*

O LORD, we beseech Thee favourably to hear the prayers of Thy people ; that we who are justly punished for our offences, may be mercifully delivered by Thy goodness, for the glory of Thy Name ; through JESUS CHRIST our SAVIOUR, Who liveth and reigneth with Thee and the HOLY GHOST, ever one GOD, world without end. Amen.

*Sexagesima.*

O LORD GOD, Who seest that we put not our trust in any thing that we do ; Mercifully grant that by Thy power we may be defended against all adversity ;  
I.]

through JESUS CHRIST our LORD. Amen.

*Quinquagesima.*

O LORD, Who hast taught us that all our doings without charity are nothing worth ; Send Thy HOLY GHOST, and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before Thee ; Grant this for Thine only SON JESUS CHRIST'S sake. Amen.

LENT.

*Antiphon to Psalms.*

I WILL arise, and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee, and am no more worthy to be called thy son.

Y. O LORD, deal not with us after our sins.

Rz. Neither reward us after our iniquities.

*The Lesson.* Joel ii.  
12, 13.

**T**URN ye even to Me,  
saith the LORD, with  
all your heart, and with  
fasting, and with weep-  
ing, and with mourning.  
And rend your heart,  
and not your garments,  
and turn unto the LORD  
your God.

Ry. Thanks be to GOD.

THE COLLECTS.

*Ash Wednesday.*

**A**LMIGHTY and ever-  
lasting GOD, Who  
hatest nothing that Thou  
hast made, and dost for-  
give the sins of all them  
that are penitent; Cre-  
ate and make in us new  
and contrite hearts, that  
we worthily lamenting  
our sins, and acknow-  
ledging our wretched-  
ness, may obtain of Thee  
the GOD of all mercy,  
perfect remission and  
forgiveness; through JE-  
SUS CHRIST our LORD.  
Amen.

*First Sunday.*

**O** LORD, Who for our  
sake didst fast forty  
days and forty nights;  
Give us grace to use such  
abstinence, that, our flesh  
being subdued to the  
Spirit, we may ever obey  
Thy godly motions in  
righteousness and true  
holiness, to Thy honour  
and glory, Who livest  
and reignest with the  
FATHER and the HOLY  
GHOST, one GOD, world  
without end. Amen.

*Second Sunday.*

**A**LMIGHTY GOD,  
Who seest that we  
have no power of our-  
selves to help ourselves;  
Keep us both outwardly  
in our bodies, and in-  
wardly in our souls; that  
we may be defended from  
all adversities which may  
happen to the body, and  
from all evil thoughts  
which may assault and  
hurt the soul; through  
JESUS CHRIST our LORD.  
Amen.

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*Third Sunday.*

**W**E beseech Thee, Almighty God, look upon the hearty desires of Thy humble servants, and stretch forth the right hand of Thy Majesty, to be our defence against all our enemies; through JESUS CHRIST our LORD. Amen.

*Fourth Sunday.*

**G**RANT, we beseech Thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of Thy grace may mercifully be relieved; through our LORD and SAVIOUR JESUS CHRIST. Amen.

PASSION-TIDE.

*Antiphon to Psalms.*

**H**E humbled Himself and became obedient unto death, even the death of the Cross.

Ÿ. They gave Me gall to eat.  
I.]

R̃. And when I was thirsty they gave Me vinegar to drink.

*The Lesson.* Heb. ix.  
11, 12.

**C**HRI<sup>ST</sup> being come an High Priest of good things to come, by a greater and more perfect tabernacle, not made with hands; that is to say, not of this building, neither by the blood of goats and calves; but by His own Blood He entered in once into the holy place, having obtained eternal redemption for us.

R̃. Thanks be to God.

THE COLLECTS.

*Passion Sunday.*

**W**E beseech Thee, Almighty God, mercifully to look upon Thy people; that by Thy great goodness they may be governed and preserved evermore, both in body and soul; through JESUS CHRIST our LORD. Amen.

*Palm Sunday.*

**A**LMIGHTY and everlasting GOD, Who, of Thy tender love towards mankind, hast sent Thy SON our SAVIOUR JESUS CHRIST, to take upon Him our flesh, and to suffer death upon the Cross, that all mankind should follow the example of His great humility; Mercifully grant, that we may both follow the example of His patience, and also be made partakers of His resurrection; through the same JESUS CHRIST our LORD. Amen.

*Good Friday.*

**A**LMIGHTY God, we beseech Thee graciously to behold this Thy family, for which our LORD JESUS CHRIST was contented to be betrayed, and given up into the hands of wicked men, and to suffer death upon the Cross, Who now liveth and reigneth with Thee and the HOLY GHOST, ever one

God, world without end. Amen.

**A**LMIGHTY and everlasting GOD, by Whose SPIRIT the whole body of the Church is governed and sanctified; Receive our supplications and prayers, which we offer before Thee for all estates of men in Thy holy Church, that every member of the same, in his vocation and ministry, may truly and godly serve Thee; through our LORD and SAVIOUR JESUS CHRIST. Amen.

**O** MERCIFUL GOD, Who hast made all men, and hatest nothing that Thou hast made, nor wouldest the death of a sinner, but rather that he should be converted and live; Have mercy upon all Jews, Turks, Infidels, and Heretics, and take from them all ignorance, hardness of heart, and contempt of Thy Word; and so fetch them home, blessed LORD, to Thy flock, that

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they may be saved among the remnant of the true Israelites, and be made one fold under one Shepherd, JESUS CHRIST our LORD, Who liveth and reigneth with Thee and the HOLY SPIRIT, one GOD, world without end. Amen.

*Easter Even.*

GRANT, O LORD, that as we are baptized into the death of Thy blessed SON our SAVIOUR JESUS CHRIST, so by continual mortifying our corrupt affections we may be buried with Him; and that through the grave, and gate of death, we may pass to our joyful resurrection; for His merits, Who died, and was buried, and rose again for us, Thy SON JESUS CHRIST our LORD. Amen.

EASTER.

*Antiphon to Psalms.*

ALLELUIA! Alleluia!  
Alleluia! Alleluia!  
I.]

Y. The LORD is risen indeed.

Rz. And hath appeared unto Simon. Alleluia!

*The Lesson.* Rom. vi.  
9, 10.

CHRIST being raised from the dead dieth no more: death hath no more dominion over Him. For in that He died, He died unto sin once: but in that He liveth, He liveth unto GOD.

Rz. Thanks be to GOD.

THE COLLECTS.

*Easter Day.*

ALMIGHTY GOD, Who through Thine Only-begotten SON JESUS CHRIST hast overcome death, and opened unto us the gate of everlasting life; We humbly beseech Thee, that, as by Thy special grace preventing us Thou dost put into our minds good desires, so by Thy continual help we may bring the same to good effect; through JESUS CHRIST

our LORD, Who liveth and reigneth with Thee and the HOLY GHOST, ever one GOD, world without end. Amen.

*First Sunday.*

**A**LMIGHTY FATHER, Who hast given Thine only SON to die for our sins, and to rise again for our justification; Grant us so to put away the leaven of malice and wickedness, that we may alway serve Thee in pureness of living and truth; through the merits of the same Thy SON JESUS CHRIST our LORD. Amen.

*Second Sunday.*

**A**LMIGHTY GOD, Who hast given Thine only SON to be unto us both a Sacrifice for sin, and also an example of godly life; Give us grace that we may always most thankfully receive that His inestimable benefit, and also daily endeavour ourselves to follow the bless-

ed steps of His most holy life; through the same JESUS CHRIST our LORD. Amen.

*Third Sunday.*

**A**LMIGHTY GOD, Who showest to them that be in error the light of Thy truth, to the intent that they may return into the way of righteousness; Grant unto all them that are admitted into the fellowship of CHRIST's Religion, that they may eschew those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our LORD JESUS CHRIST. Amen.

*Fourth Sunday.*

**O** ALMIGHTY GOD, Who alone canst order the unruly wills and affections of sinful men; Grant unto Thy people, that they may love the thing which Thou commandest, and

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desire that which Thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed, where true joys are to be found; through JESUS CHRIST our LORD. Amen.

*Fifth Sunday.*

**O** LORD, from Whom all good things do come; Grant to us, Thy humble servants, that by Thy holy inspiration we may think those things that be good, and by Thy merciful guiding may perform the same; through our LORD JESUS CHRIST. Amen.

ASCENSION-TIDE.

*Antiphon to Psalms.*

**I** ASCEND unto My FATHER, and your FATHER; and to My God, and your God. Alleluia.

Ÿ. GOD is gone up with a merry noise.  
L.]

Rz. And the LORD with the sound of the trump. Alleluia!

*The Lesson.* Acts i. 11.

**Y**E men of Galilee, why stand ye gazing up into heaven? This same JESUS, Which is taken up from you into heaven, shall so come, in like manner as ye have seen Him go into heaven.

Rz. Thanks be to GOD.

THE COLLECTS.

*Ascension Day.*

**G**RANT, we beseech Thee, Almighty GOD, that like as we do believe Thy Only-begotten SON our LORD JESUS CHRIST to have ascended into the heavens; so we may also in heart and mind thither ascend, and with Him continually dwell, Who liveth and reigneth with Thee and the HOLY GHOST, one GOD, world without end. Amen.

*Sunday after.**The Lesson. Acts ii.*

1—4.

**O** GOD the King of glory, Who hast exalted Thine only SON JESUS CHRIST with great triumph unto Thy kingdom in heaven ; We beseech Thee, leave us not comfortless ; but send to us Thine HOLY GHOST to comfort us, and exalt us unto the same place whither our SAVIOUR CHRIST is gone before, Who liveth and reigneth with Thee and the HOLY GHOST, One GOD, world without end. Amen.

**W**HEN the day of Pentecost was fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled all the house where they were sitting. And there appeared unto them cloven tongues, like as of fire, and it sat upon each of them : and they were all filled with the HOLY GHOST.

Rz. Thanks be to GOD.

## WHITSUN-TIDE.

## THE COLLECT.

*Antiphon to Psalms.*

**T**HE SPIRIT of the LORD filleth the world. Alleluia!

Ÿ. When Thou lettest Thy Breath go forth they shall be made.

Rz. And Thou shalt renew the face of the earth. Alleluia!

**G**OD, Who as at this time didst teach the hearts of Thy faithful people, by the sending to them the light of Thy HOLY SPIRIT ; Grant us by the same SPIRIT to have a right judgment in all things, and evermore to rejoice in His holy comfort ; through the merits of CHRIST JESUS our SAVIOUR, Who liv-

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eth and reigneth with Thee, in the unity of the same SPIRIT, one GOD, world without end. Amen.

## TRINITY SUNDAY.

*Antiphon to Psalms.*

**H**OLY, Holy, Holy, LORD GOD of Hosts, Which was, and is, and is to come. Alleluia!

Ÿ. Blessed be the Name of the LORD.

Rz. From this time forth for evermore. Alleluia!

*The Lesson.* 1 S. John v. 7.

**T**HERE are three that bear record in heaven, the FATHER, the WORD, and the HOLY GHOST: and these Three are One.

Rz. Thanks be to GOD.

THE COLLECTS.

*Trinity Sunday.*

**A**LMIGHTY and everlasting GOD, Who

I.]

hast given unto us Thy servants grace by the confession of a true Faith to acknowledge the Glory of the Eternal Trinity, and in the power of the Divine Majesty to worship the Unity; We beseech Thee that Thou wouldest keep us steadfast in this Faith, and evermore defend us from all adversities, Who livest and reignest, one GOD, world without end. Amen.

*First Sunday.*

**O** GOD, the Strength of all them that put their trust in Thee, mercifully accept our prayers; and because, through the weakness of our mortal nature, we can do no good thing without Thee, grant us the help of Thy Grace, that in keeping of Thy Commandments we may please Thee, both in will and deed; through JESUS CHRIST our LORD. Amen.

*Second Sunday.*

**O** LORD, Who never failest to help and govern them whom Thou dost bring up in Thy steadfast fear and love; Keep us, we beseech Thee, under the protection of Thy good Providence, and make us to have a perpetual fear and love of Thy holy Name; through JESUS CHRIST our LORD. Amen.

*Third Sunday.*

**O** LORD, we beseech Thee mercifully to hear us; and grant that we, to whom Thou hast given an hearty desire to pray, may by Thy mighty aid be defended and comforted in all dangers and adversities; through JESUS CHRIST our LORD. Amen.

*Fourth Sunday.*

**O** GOD, the Protector of all that trust in Thee, without Whom nothing is strong, nothing is holy; Increase and multiply upon us

Thy mercy; that, Thou being our Ruler and Guide, we may so pass through things temporal, that we finally lose not the things eternal: Grant this, O Heavenly FATHER, for JESUS CHRIST's sake our LORD. Amen.

*Fifth Sunday.*

**G**RANT, O LORD, we beseech Thee, that the course of this world may be so peaceably ordered by Thy governance, that Thy Church may joyfully serve Thee in all godly quietness; through JESUS CHRIST our LORD. Amen.

*Sixth Sunday.*

**O** GOD, Who hast prepared for them that love Thee such good things as pass man's understanding; Pour into our hearts such love toward Thee, that we, loving Thee above all things, may obtain Thy promises, which exceed all that we can desire;

through JESUS CHRIST  
our LORD. Amen.

*Seventh Sunday.*

**L**ORD of all power and  
might, Who art the  
Author and Giver of all  
good things; Graft in  
our hearts the love of  
Thy Name, increase in  
us true religion, nourish  
us with all goodness,  
and of Thy great mercy  
keep us in the same;  
through JESUS CHRIST  
our LORD. Amen.

*Eighth Sunday.*

**O** GOD, Whose never-  
failing Providence  
ordereth all things both  
in heaven and earth; We  
humbly beseech Thee to  
put away from us all  
hurtful things, and to  
give us those things  
which be profitable for us;  
through JESUS CHRIST  
our LORD. Amen.

*Ninth Sunday.*

**G**RANT to us, LORD,  
we beseech Thee,  
the spirit to think and  
do always such things as  
I.]

be rightful; that we, who  
cannot do anything that  
is good without Thee,  
may by Thee be enabled  
to live according to Thy  
Will; through JESUS  
CHRIST our LORD. Amen.

*Tenth Sunday.*

**L**ET Thy merciful ears,  
**O** LORD, be open to  
the prayers of Thy hum-  
ble servants; and that  
they may obtain their  
petitions, make them to  
ask such things as shall  
please Thee; through JE-  
SUS CHRIST our LORD.  
Amen.

*Eleventh Sunday.*

**O** GOD, Who declarest  
Thy Almighty power  
most chiefly in showing  
mercy and pity; Mercifully  
grant unto us such  
a measure of Thy grace,  
that we, running the way  
of Thy Commandments,  
may obtain Thy gracious  
promises, and be made  
partakers of Thy heavenly  
Treasure; through JE-  
SUS CHRIST our LORD.  
Amen.

*Twelfth Sunday.*

**A**LMIGHTY and everlasting God, Who art always more ready to hear than we to pray, and art wont to give more than either we desire, or deserve; Pour down upon us the abundance of Thy mercy; forgiving us those things whereof our conscience is afraid, and giving us those good things which we are not worthy to ask, but through the merits and mediation of JESUS CHRIST, Thy SON, our LORD. Amen.

*Thirteenth Sunday.*

**A**LMIGHTY and merciful God, of Whose only gift it cometh that Thy faithful people do unto Thee true and laudable service; Grant, we beseech Thee, that we may so faithfully serve Thee in this life, that we fail not finally to attain Thy heavenly promises; through the merits of JESUS CHRIST our LORD. Amen.

*Fourteenth Sunday.*

**A**LMIGHTY and everlasting God, give unto us the increase of Faith, Hope, and Charity; and, that we may obtain that which Thou dost promise, make us to love that which Thou dost command; through JESUS CHRIST our LORD. Amen.

*Fifteenth Sunday.*

**K**EEP, we beseech Thee, O LORD, Thy Church with Thy perpetual mercy; and, because the frailty of man without Thee cannot but fall, keep us ever by Thy help from all things hurtful, and lead us to all things profitable to our salvation; through JESUS CHRIST our LORD. Amen.

*Sixteenth Sunday.*

**O** LORD, we beseech Thee, let Thy continual pity cleanse and defend Thy Church; and, because it cannot continue in safety with-

out Thy succour, preserve it evermore by Thy help and goodness ; through JESUS CHRIST our LORD. Amen.

*Seventeenth Sunday.*

**L**ORD, we pray Thee that Thy grace may always prevent and follow us, and make us continually to be given to all good works ; through JESUS CHRIST our LORD. Amen.

*Eighteenth Sunday.*

**L**ORD, we beseech Thee, grant Thy people grace to withstand the temptations of the world, the flesh, and the devil, and with pure hearts and minds to follow Thee the only God ; through JESUS CHRIST our LORD. Amen.

*Nineteenth Sunday.*

**O** GOD, forasmuch as without Thee we are not able to please Thee ; Mercifully grant that Thy HOLY SPIRIT may in all things direct I.]

and rule our hearts ; through JESUS CHRIST our LORD. Amen.

*Twentieth Sunday.*

**O** ALMIGHTY and most merciful God, of Thy bountiful goodness keep us, we beseech Thee, from all things that may hurt us ; that we being ready both in body and soul, may cheerfully accomplish those things that Thou wouldst have done ; through JESUS CHRIST our LORD. Amen.

*Twenty-first Sunday.*

**G**RANT, we beseech Thee, merciful LORD, to Thy faithful people pardon and peace, that they may be cleansed from all their sins, and serve Thee with a quiet mind ; through JESUS CHRIST our LORD. Amen.

*Twenty-second Sunday.*

**L**ORD, we beseech Thee to keep Thy household the Church in continual godliness ;

that through Thy protection it may be free from all adversities, and devoutly given to serve Thee in good works, to the glory of Thy Name; through JESUS CHRIST our LORD. Amen.

*Twenty-third Sunday.*

O GOD, our Refuge and Strength, Who art the Author of all godliness; Be ready, we beseech Thee, to hear the devout prayers of Thy Church; and grant that those things which we ask faithfully we may obtain effectually; through JESUS CHRIST our LORD. Amen.

*Twenty-fourth Sunday.*

O LORD, we beseech Thee, absolve Thy people from their offences; that through Thy bountiful goodness we may all be delivered from the bands of those sins, which by our frailty we have committed: Grant this, O Heavenly FATHER, for JESUS

CHRIST'S sake, our blessed LORD and SAVIOUR. Amen.

*Twenty-fifth Sunday.*

STIR up, we beseech Thee, O LORD, the wills of Thy faithful people; that they, plentifully bringing forth the fruit of good works, may of Thee be plentifully rewarded; through JESUS CHRIST our LORD. Amen.

FESTIVALS OF THE  
BLESSED VIRGIN  
MARY.

*Antiphon to Psalms.*

A GARDEN inclosed is my sister, my spouse; a spring shut up, a fountain sealed.

Ÿ. Behold from henceforth.

Rz. All generations shall call me blessed.

*The Lesson.* S. Luke  
i. 28.

AND the Angel came in unto her, and said, Hail, thou that

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art highly favoured, the LORD is with thee; blessed art thou among women.

Rz. Thanks be to God.

THE COLLECTS.

**O** ALMIGHTY God, hear the prayers of Thy servants who commemorate the grace bestowed on the Blessed Virgin Mary; and grant that, by the Incarnation of our LORD JESUS CHRIST, we may be made meet for Thy Eternal Kingdom; through the same our LORD JESUS CHRIST, Who liveth and reigneth with Thee and the HOLY GHOST, One God, world without end. Amen.

*The Purification of S. Mary the Virgin.*

**A** LMIGHTY and ever-living God, we humbly beseech Thy Majesty, that, as Thy Only-begotten SON was this day presented in the Temple in substance of our flesh, so we may be presented

unto Thee with pure and clean hearts, by the same Thy SON JESUS CHRIST our LORD. Amen.

*The Annunciation of the Blessed Virgin.*

**W**E beseech Thee, O LORD, pour Thy grace into our hearts; that as we have known the Incarnation of Thy SON JESUS CHRIST by the message of an Angel, so by His Cross and Passion we may be brought unto the glory of His Resurrection; through the same JESUS CHRIST our LORD. Amen.

**S. MICHAEL AND ALL ANGELS.**

*Antiphon to Psalms.*

**O** YE Angels of the LORD, bless ye the LORD: praise Him, and magnify Him for ever.

Ÿ. Praise Him, all ye Angels of His.

Rz. Praise Him all His host.

*The Lesson.* S. Matth.  
xviii. 10.

**T**AKE heed that ye despise not one of these little ones; for I say unto you, That in heaven their Angels do always behold the Face of My FATHER Which is in heaven.

*Rz.* Thanks be to God.

#### THE COLLECT.

**O** EVERLASTING GOD, Who hast ordained and constituted the services of Angels and men in a wonderful order; Mercifully grant, that as Thy holy Angels always do Thee service in heaven, so by Thy appointment they may succour and defend us on earth; through JESUS CHRIST our LORD. Amen.

#### FEASTS OF THE APOSTLES.

##### *Antiphon to Psalms.*

**I**N the regeneration, when the Son of man shall sit in the throne of His glory, ye also shall

sit upon twelve thrones, judging the twelve tribes of Israel.

*Y.* Their sound is gone out into all lands.

*Rz.* And their words unto the ends of the world.

*The Lesson.* Eph. ii.  
19, 20.

**N**OW therefore ye are no more strangers and foreigners, but fellow citizens with the Saints, and of the household of GOD; and are built upon the foundation of the Apostles and Prophets, JESUS CHRIST Himself being the chief corner-stone.

*Rz.* Thanks be to God.

#### THE COLLECTS.

##### *S. Andrew's Day.*

**A**Lmighty GOD, Who didst give such grace unto Thy holy Apostle Saint Andrew, that he readily obeyed the calling of Thy SON JESUS CHRIST, and followed Him without de-

[PART

lay; Grant unto us all that we, being called by Thy holy Word, may forthwith give up ourselves obediently to fulfil Thy holy Commandments; through the same JESUS CHRIST our LORD. Amen.

*S. Thomas the Apostle.*

**A**LMIGHTY and ever-living GOD, Who for the more confirmation of the Faith didst suffer Thy holy Apostle Thomas to be doubtful in Thy SON'S Resurrection; Grant us so perfectly, and without all doubt, to believe in Thy SON JESUS CHRIST, that our faith in Thy sight may never be reprov'd. Hear us, O LORD, through the same JESUS CHRIST, to Whom, with Thee and the HOLY GHOST, be all honour and glory, now and for evermore. Amen.

*The Conversion of S. Paul.*

**O** GOD, Who, through the preaching of the  
I.]

blessed Apostle Saint Paul, hast caused the light of the Gospel to shine throughout the world; Grant, we beseech Thee, that we, having his wonderful conversion in remembrance, may show forth our thankfulness unto Thee for the same, by following the holy doctrine which he taught; through JESUS CHRIST our LORD. Amen.

*S. Matthias' Day.*

**O** ALMIGHTY GOD, Who into the place of the traitor Judas didst choose Thy faithful servant Matthias to be of the number of the twelve Apostles; Grant that Thy Church, being alway preserved from false Apostles, may be ordered and guided by faithful and true pastors; through JESUS CHRIST our LORD. Amen.

*S. Mark's Day.*

**O** ALMIGHTY GOD, Who hast instructed

Thy holy Church with the heavenly doctrine of Thy Evangelist Saint Mark; Give us grace, that, being not like children carried away with every blast of vain doctrine, we may be established in the truth of Thy holy Gospel; through JESUS CHRIST our LORD. Amen.

*S. Philip and S. James.*

**O** ALMIGHTY GOD, Whom truly to know is everlasting life; Grant us perfectly to know Thy SON JESUS CHRIST to be the Way, the Truth, and the Life; that, following the steps of Thy holy Apostles, Saint Philip and Saint James, we may steadfastly walk in the way that leadeth to eternal life; through the same Thy SON JESUS CHRIST our LORD. Amen.

*S. Barnabas the Apostle.*

**O** LORD GOD Almighty, Who didst endue Thy holy Apostle

Barnabas with singular gifts of the HOLY GHOST; Leave us not, we beseech Thee, destitute of Thy manifold gifts, nor yet of grace to use them alway to Thy honour and glory; through JESUS CHRIST our LORD. Amen.

*S. John Baptist's Day.*

**A**LMIGHTY God, by Whose Providence Thy servant John Baptist was wonderfully born, and sent to prepare the way of Thy SON our SAVIOUR, by preaching of repentance; Make us so to follow his doctrine and holy life, that we may truly repent according to his preaching; and after his example constantly speak the truth, boldly rebuke vice, and patiently suffer for the truth's sake; through JESUS CHRIST our LORD. Amen.

*S. Peter's Day.*

**O** ALMIGHTY GOD, Who by Thy SON  
[PART

**JESUS CHRIST** didst give to Thy Apostle Saint Peter many excellent gifts, and commandedst him earnestly to feed Thy flock; Make, we beseech Thee, all Bishops and Pastors diligently to preach Thy holy Word, and the people obediently to follow the same; that they may receive the Crown of Everlasting Glory; through **JESUS CHRIST** our LORD. Amen.

*S. James the Apostle.*

**GRANT**, O merciful God, that as Thine holy Apostle Saint James, leaving his father and all that he had, without delay was obedient unto the calling of Thy SON **JESUS CHRIST**, and followed Him; so we, forsaking all worldly and carnal affections, may be evermore ready to follow Thy holy Commandments; through **JESUS CHRIST** our LORD. Amen.

i.]

*S. Bartholomew the Apostle.*

**O ALMIGHTY** and Everlasting God, Who didst give to Thine Apostle Bartholomew grace truly to believe and to preach Thy Word; Grant, we beseech Thee, unto Thy Church, to love that Word which he believed, and both to preach and receive the same; through **JESUS CHRIST** our LORD. Amen.

*S. Matthew the Apostle.*

**O ALMIGHTY** God, Who by Thy Blessed SON didst call Matthew from the receipt of custom to be an Apostle and Evangelist; Grant us grace to forsake all covetous desires and inordinate love of riches, and to follow the same Thy SON **JESUS CHRIST**, Who liveth and reigneth with Thee and the HOLY GHOST, One God, world without end. Amen.

*S. Luke the Evangelist.*

**A**LMIGHTY GOD,  
 Who calledst Luke  
 the Physician, whose  
 praise is in the Gospel,  
 to be an Evangelist,  
 and Physician of the  
 soul; May it please Thee  
 that, by the wholesome  
 medicines of the doc-  
 trine delivered by him.  
 all the diseases of our  
 souls may be healed;  
 through the merits of  
 Thy SON JESUS CHRIST  
 our LORD. Amen.

*S. Simon and S. Jude.*

**O** ALMIGHTY GOD,  
 Who hast built Thy  
 Church upon the foun-  
 dation of the Apostles  
 and Prophets, JESUS  
 CHRIST Himself being  
 the Head Corner-stone;  
 Grant us so to be joined  
 together in unity of spi-  
 rit by their doctrine, that  
 we may be made an holy  
 Temple acceptable un-  
 to Thee; through JE-  
 SUS CHRIST our LORD.  
 Amen.

## ALL SAINTS' DAY.

*Antiphon to Psalms.*

**I** BEHELD, and lo,  
 a great multitude,  
 which no man could  
 number, of all nations,  
 and kindreds, and peo-  
 ple, and tongues, stood  
 before the throne, and  
 before the Lamb, clothed  
 with white robes, and  
 palms in their hands.

℣. Be glad, O ye right-  
 teous, and rejoice in the  
 LORD.

Rz. Be thankful, all  
 ye that are true of heart.

*The Lesson. Rev. xxi. 4.*

**A**ND GOD shall wipe  
 away all tears from  
 their eyes; and there  
 shall be no more death,  
 neither sorrow, nor cry-  
 ing, neither shall there  
 be any more pain: for  
 the former things are  
 passed away.

Rz. Thanks be to GOD.

## THE COLLECT.

**O** ALMIGHTY GOD,  
 Who hast knit to-  
 gether Thine elect in one

communion and fellowship, in the mystical Body of Thy SON CHRIST our LORD; Grant us grace so to follow Thy blessed Saints in all virtuous and godly living, that we may come to those unspeakable joys, which Thou hast prepared for them that unfeignedly love Thee; through JESUS CHRIST our LORD. Amen.

# LITTLE OFFICE FOR A SISTER SACRISTAN.

**I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

*Ÿ.* Our help is in the Name of the LORD,

*Rz.* Who hath made Heaven and earth.

*Ÿ.* Glory be to the FATHER, &c.

*Rz.* As it was in the beginning, &c.

Let us pray.

LORD, have mercy upon us.

CHRIST, have mercy upon us.

LORD, have mercy upon us.

Our FATHER, &c.

*Antiphon.* And JESUS  
1.]

entered into Jerusalem, and into the Temple; and when He had looked round about upon all things, and now the eventide was come, He went unto Bethany with the Twelve.—S. Mark xi. 11.

*Ÿ.* LORD, I have loved the habitation of Thy house,

*Rz.* And the place where Thine honour dwelleth.

Let us pray.

**O** LORD JESUS CHRIST, Who dost condescend to make our Churches Thy Dwelling place, and our Altars the

Throne of Thy Sacred Presence in the Blessed Sacrament of Thy Love, accept, I pray Thee, the services of me Thine Handmaid, and grant to me such reverence of mind, and purity of heart in adorning and making ready Thy Sanctuary, that I may truly please Thee, and by Thy mercy may finally enter into the Heavenly Temple not made with hands, which needs no adorning, where Thou with the FATHER and the HOLY GHOST, ever livest and reignest One God, blessed for ever. Amen.

Ÿ. Let us bless the LORD.

Rz. Thanks be to God.

THE LORD grant me pardon of all my sins, and Life Everlasting. Amen.

### LITTLE OFFICE FOR A SISTER INFIRMARIAN.

IN the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

Ÿ. Our help is in the Name of the LORD,

Rz. Who hath made Heaven and earth.

Ÿ. Glory be to the FATHER, &c.

Rz. As it was in the beginning, &c.

Let us pray.

LORD, have mercy upon us.

CHRIST, have mercy upon us.

LORD, have mercy upon us.

Our FATHER, &c.

*Antiph.* They brought forth the sick into the streets, and laid them on beds and couches,



that at the least the shadow of Peter passing by might overshadow some of them. Acts v. 15.

Ÿ. And GOD wrought special miracles by the hands of Paul :

Rz. So that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them.

Let us pray.

**M**OST Blessed LORD JESUS CHRIST, Who in Thy love and pity didst heal all who came to Thee, however loathsome their diseases, and Who in Thy Church didst continue to show forth the same Thy Love and Power of healing, bless me, unworthy, whom Thou dost deign thus to associate with Thy Saints, employing me in this work of ministering to Thy sick and suffering ones. Give me, I beseech Thee, a gentle wis-

dom, a loving prudence, forbearance, tenderness, sweetness, an untiring patience, that I may soothe the suffering, bear with the wayward, support the weak, comfort the sorrowful. Make me courageous in danger, skilful in difficulty, self-forgetting, self-sacrificing, so that in all things I may please Thee, and that this my service may be for the honour of Thy holy Name, Who Thyself didst take our infirmities, and bear our sicknesses, and now livest and reignest in the Unity of the FATHER and the HOLY GHOST, GOD for ever and ever. Amen.

Ÿ. Let us bless the LORD.

Rz. Thanks be to GOD.

**T**HE LORD grant me pardon of all my sins, and Life Everlasting. Amen.

## LITTLE OFFICE BEFORE A JOURNEY.

**I**N the way of peace and prosperity may the All-Powerful and Merciful GOD direct my steps, and may His Holy Angels accompany me in the way, that I, in peace, safety, and happiness may perform my journey. Amen.

**L**ORD, have mercy.  
**C**HRIST, have mercy.  
**L**ORD, have mercy.

**O**UR FATHER.

PRAYER.

**O** GOD, Who madest the children of Israel to walk with dry feet through the midst of the sea; and Who, by the guiding of a star, didst open to the Wise Men the way that led to Thyself; Grant to me, I beseech Thee, a prosperous journey, that, attended by Thy Holy Angels, I may safely ar-

rive whither I am going, and finally, through Thy Mercy, enter the Haven of Eternal Rest. Amen.

PRAYER.

**O** GOD, Who didst lead Abraham from Ur of the Chaldees, and didst guide him safely through all his journeyings, I beseech Thee now be my Protection from all dangers, my Comforter in the way, my Support in weariness, my Guard in difficulty, my Staff in slippery places, my Harbour in shipwreck, so that Thou being my Guide, I may fear no danger, but go on my way in perfect peace, leaning upon Thee, my FATHER and my GOD. Amen.

PRAYER.

**G**RANT, I beseech Thee, Almighty GOD,

[PART

that I Thy servant, may so walk in the way of Salvation, and follow the leading of Thy Blessed Spirit, that I may safely arrive at Thy Heavenly Kingdom; through Thy SON JESUS CHRIST, our LORD, Who, with Thee and the same SPIRIT, liveth and reigneth, One GOD for ever and ever. Amen.

**T**HE LORD be my Keeper, the LORD be my Defence on my right hand. The LORD

preserve me from all evil, and set a watch over my soul. The LORD preserve my going out and my coming in from this time forth for evermore. Amen.

**M**AY Thy Blessing rest upon me, and Thy Gracious Presence evermore abide with me. Amen.

**L**ET me now go on my way in Peace, and finish my course with joy, in the Name of the LORD. Amen.

## THANKSGIVING AFTER A JOURNEY.

**G**LORY be to the FATHER, and to the SON, and to the HOLY GHOST;

As it was in the beginning, is now and ever shall be, world without end. Amen.

*Then say,*

TE DEUM LAUDAMUS.

I.]

**L**ORD, have mercy. CHRIST, have mercy. LORD, have mercy.

**O**UR FATHER.

PRAYER.

**O** GOD, Who hast been with me in my going out and coming in, and hast shielded

me from all the dangers of the way; receive, I beseech Thee, the humble praises of my grateful heart for this Thy great mercy to me. May I always live in the memory of Thy Love, and do Thou vouchsafe to continue Thy Goodness to me, till Thou shalt translate me from our earthly tabernacles to Thy Everlasting Habitations, through the merits of JESUS CHRIST, Who did purchase for us a true inheritance in both dwelling-places, and to be with Whom for ever, fit and prepare me by Thy Grace. Amen.

**T**HE Grace of our LORD, &c.

## FOR THE EVENING.

### INTRODUCTORY PRAYERS.

#### NO. I.

**I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

**BLESSED** be the Holy and Undivided Trinity, now, henceforth, and for evermore. Amen.

**BLESSED**, praised, and hallowed be JESUS CHRIST on His Throne of Glory, and in the Most Holy Sa-

crament of the Altar. Amen.

**BLESSED** be the GOD and FATHER of our LORD JESUS CHRIST, Who hath sent His Holy Angels to keep me this day from the sickness that destroyeth at noon, and the arrow that flieth by day.

Who hath given me His HOLY SPIRIT to guide me, to teach me, to dwell in me.

Blessed and for ever hallowed be Thy Holy Name for those never-ceasing showers of blessings, by which I live, and am content, and blessed, and provided for, day by day.

Into Thy Hands, most Blessed JESU, I commend my soul and my body, for Thou hast redeemed me with Thy most Precious Blood. Abide with me; rest with me, I beseech Thee, that I may sleep in peace, and my soul may wake with Thee, Whom my soul loveth.

Holy, Holy, Holy, LORD GOD Almighty, Which was, and Which is, and Which is to come. Blessing, and Glory, and Wisdom, and Thanksgiving, and Honour, and Power, and Might, be unto our GOD for ever. Amen.

## NO. II.

THE day is gone, and I give Thee thanks, O LORD. Evening is at  
1.]

hand, make it bright unto me. As day has its evening, so also has life; the even of life is age: age is at hand, make it bright unto me. Cast me not away in the time of age; forsake me not when my strength faileth me. Even to my old age be Thou He, and even to hoar hairs carry Thou me.

Abide with me, LORD, for it is toward evening, and the day is far spent of this fretful life. Let Thy strength be made perfect in my weakness.

Day is fled and gone; life too is going, this lifeless life. Night cometh, and cometh death, the deathless death. Near as is the end of day, so too the end of life.

I then, also remembering it, beseech of Thee for the close of my life, that Thou wouldest direct it in peace, Christian, acceptable, sinless, shameless, and if it please Thee, painless, LORD, O LORD, gathering us to-

gether under the feet of Thine Elect, when Thou wilt, and as Thou wilt, only without shame and sins.

Remember I the days of darkness, for they shall be many, lest I be cast into outer darkness.

Remember I to outstrip the night, doing some good thing.

Near is judgment ;—a good and acceptable answer at the dreadful and fearful judgment-seat of JESUS CHRIST, vouchsafe to me, O LORD, for His Merits' sake. Amen.

*The above may be used before each form of Evening Prayer.*

## No. I.

### EVENING PRAYER.

**H**AIL, my God, Light and Salvation of my soul, may all that is in the round world, and within the circle of the Heavens, and in the depths of the abyss, give Thee thanks, for all the benefits, and tender mercies which Thou hast bestowed on me, in body and in soul. And as the number of them is so great that I cannot answer Thee for one of

a thousand, I, obtruding myself on Thy notice as a grain of dust, offer Thee, through Him Who stands at Thy Right Hand, in the truth of my substance, such Praise and Thanksgiving, as Thou hast enabled us, by Thy SPIRIT, to render to Thee. Amen.

*Here examine your conscience, and make an act of contrition, saying,*

[PART

**O** MOST Loving FATHER, in the bitterness of the Passion of JESUS CHRIST Thy SON, I pour forth now my complaint, indignantly accusing myself that I have served Thee so unfaithfully this day, and have offended Thee, my most kind and loving FATHER, by so many and so great negligences. I grieve for them from my inmost heart, and smite my breast in the spirit of contrition, and say unto Thee: GOD be merciful to me a sinner.

And for all the negligences whereby I have quenched Thy Good and Gentle Spirit within me, I offer Thee the Sorrows and the Tears of Thy Beloved SON. I beseech Thee, in union with His most availing prayers, to grant me the pardon of my sins, and the supply of all my defects.

Deign to hear this my prayer through that Love which held back  
I.]

Thine Arm from taking vengeance when Thy Only and most Beloved SON, the object of Thine Eternal and Ineffable Complacency, was numbered with transgressors. Amen.

RECOMMENDATION TO  
THE SACRED HEART  
OF JESUS.

**O** SWEETEST Heart of JESUS, to Thee I commend my body and my soul this night, that they may rest calmly in Thee. And as I cannot praise my GOD while I sleep, do Thou deign to supply my lack of service, and for every beating of my heart, give praise to the Most Holy Trinity on my behalf; receive into Thyself the breathings of my spirit, and offer them all to GOD, as glowing sparks of Divine Love. Amen.

INTENTION BEFORE  
SLEEP.

**O** LORD JESUS, I accept this sleep in

K

the love with which Thou didst sanctify it, when Thou didst deign to sleep in Thy most Sacred Humanity, to the Glory of GOD the FATHER, and for the Salvation of all the whole human race. Amen.

Thee, O most Loving LORD, deign to grant me needful sleep, not for my pleasure or advantage, but that the weary members of my body may be refreshed, to labour for Thy Eternal Praise and Glory. Amen.

**BY** Thine own Eternal and unruffled Repose in the Bosom of GOD the FATHER, by Thy most peaceful Rest in the Womb of the Blessed Virgin, by the most ecstatic rapture with which Thou didst ever take Thy delight, in the hearts of those who love Thee, I beseech

**MAY** JESUS of Nazareth, KING of the Jews, preserve me from sudden and unprepared death. Amen.

*Memorial of the Incarnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.

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## No. II.

### EVENING PRAYER.

#### ACT OF PRAISE.

**BLESSED** art Thou, O LORD our GOD, the GOD of our fathers, Who hast created the

changes of days and nights, Who givest songs in the night, Who hast delivered me from the evil of this day, Who hast not cut off like a weaver

[PART



my life, nor from day even to night made an end of me.

By night I will lift up my hands in the Sanctuary, and praise Thee, O LORD. The LORD hath granted His Loving-kindness in the day-time; and in the night-season will I sing of Him, and make my prayer unto the God of my life. As long as I live will I magnify Thee on this manner, and lift up my hands in Thy Name. O let my prayer be set forth in Thy sight as the Incense, and let the lifting up of my hands be an Evening Sacrifice. Amen.

#### CONFESSION.

**L**ORD, as we add day to day, so sin to sin. The just falleth seven times a day; and I, an exceeding sinner, seventy times seven: a wonderful, a horrible thing, O LORD.

But I turn with groans from my evil ways, and I return into my heart, 1.]

and with all my heart I turn to Thee, O GOD of penitents and SAVIOUR of sinners; and Evening by Evening I will return, and my soul out of the deep will cry unto Thee. I have sinned, O LORD, against Thee, heavily against Thee; alas, alas, have mercy on my misery.

I repent, woe is me! I repent, spare me, O LORD; help Thou my impenitence. Be appeased; spare me, O LORD; have mercy on me. I said, LORD, have mercy upon me, heal my soul, for I have sinned against Thee. Have mercy upon me, O LORD, after Thy great Goodness, according to the multitude of Thy Mercies do away mine offences. Remit the guilt, heal the wound, blot out the stains, clear away the shame, rescue from the tyranny, O bring Thou me out of my trouble.

Cleanse Thou me from

secret faults, and keep back Thy servant also from presumptuous sins.

My wanderings of mind, and idle talking, lay not to my charge.

Remove the dark and muddy flood, of foul and wicked thoughts.

O LORD; I have destroyed myself; but whatever I have done amiss, pardon mercifully. Deal not with me after my sins, neither reward me after my iniquities. Look mercifully upon my infirmities; and for the Glory of Thy All-Holy Name, turn from me all those ills and miseries, which by my sins, and by me through them I have most righteously deserved. Amen.

#### PRAYER.

TO my weariness, O LORD, vouchsafe Thou rest, to my exhaustion renew Thou strength. Lighten mine eyes that I sleep not in death. Deliver me from the terror by night, from the

pestilence that walketh in darkness. Supply me with healthy sleep, grant me to pass through this night without fear.

O Thou Keeper of Israel, Who neither slumberest nor sleepest, guard me this night from all evil, guard Thou my soul, O LORD. Visit me with visitations of Thine own, and reveal to me Wisdom in the Visions of the night. If not, for I am not worthy, O LORD, at least, O loving LORD, let sleep be to me a breathing time as from toil, so from sin. Yea, O LORD, nor let me in my dreams imagine what may anger Thee, or what may defile me. Preserve me from the sleep of sin; and put to sleep within me all evil, all earthly thoughts. Grant to me light sleep, rid of all imaginations fleshly or satanical. LORD, Thou knowest how sleepless are mine unseen foes, and how feeble is my wretched flesh, Thou Who mad-

est me, shelter me with the wing of Thy pity. Awaken me at the fitting time, the time of prayer ; and give me to seek Thee early, for Thy Glory, and for Thy service.

guide me, and the Wisdom of the Only-begotten SON enlighten me, and the inworking of the Ever-proceeding SPIRIT quicken me, now and ever ! Amen.

## ACT OF FAITH.

**I** BELIEVE, O LORD my GOD, that Thou hast created me ;—despise not Thou the work of Thine own Hands.

That Thou hast made me in Thine own Image ;—suffer not Thy Likeness to be blotted out.

That Thou hast redeemed me with the Precious Blood of Thy SON JESUS CHRIST ;—suffer not the cost of that Redemption to perish.

That Thou hast halloed me with the regeneration of Thy HOLY SPIRIT ;—destroy not Thou Thine own holy work.

Most Holy Trinity, look upon me, and bless me ; may the Power of the Eternal FATHER

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## ACT OF HOPE.

**O** THOU the Hope of all the ends of the earth, and of them that remain in the broad sea ; O Thou on Whom our fathers hoped, and Thou didst deliver them ; on Whom they waited and were not confounded ; O my Hope from my youth, from my mother's breasts, on Whom I have been cast from the womb, Thou art my Hope now and evermore, and my Portion in the land of the living ; in Thy Nature, in Thy Name, in Thy Types, in word, and in deed, Thou art my Hope, O LORD, in Thee have I trusted, let me never be confounded. Amen.

## ACT OF LOVE.

**THYSELF**, O my GOD, do I love, Thyself above all things. For Thyself do I long. Thyself I desire as my final end, Thyself for Thyself, not for aught else. Thou hast drawn me to Thee by Thy Love, by Thy Mercies, by the order of Thy Providences, by the hope of Thy Promises, by the sense of Thy Consolations, by the conviction of my understanding, by Thy Power, and Thy Wisdom, by the Love of Thy SON, by the Grace of Thy Holy Spirit. And I would always and in all things from henceforth follow Thee alone, with my whole heart, my whole soul, with all my strength, and all my powers. Draw me, O my GOD, more and more, and I will run after Thee, and the sweetness of Thy precious ointments, for I do seek Thee, and I long to find Thee, and to possess Thee wholly,

and hold Thee fast for ever and ever. Amen.

## ACT OF INTERCESSION.

**I BESEECH** the LORD in peace, for the Heavenly peace, and the salvation of my soul. For the peace of the whole world. For the stability of God's Holy Church, and the union of Christendom. For our Fathers in holy things (especially —.) For all who belong to me in this holy State of Religion (especially —.) For all my relations and friends (especially —.) For all for whom I desire to pray (especially —.) Aid, save, pity, and preserve them, O GOD, in Thy Grace. Making mention of the all-holy, undefiled, and more than blessed Mary, Mother of GOD, and Ever-Virgin, with all the Saints, I commend myself, and all for whom I desire to pray, and all our life, to CHRIST our GOD. Amen.

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## COMMENDATION.

**I**NTO Thy Hands, O  
 LORD, I commend  
 myself, my spirit, my  
 soul, and my body.  
 Thou didst make them,  
 and didst redeem them.  
 Guard my lying down,  
 and my rising up, from  
 henceforth and for ever.  
 Let me remember Thee  
 on my bed, and search out  
 my spirit; let me wake

up and be present with  
 Thee; let me lay me  
 down in peace, and take  
 my rest: for it is Thou,  
 LORD, only that mak-  
 est me dwell in safety.  
 Amen.

*Memorial of the In-  
 carnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR  
 LORD.

## No. III.

## EVENING PRAYER.

**H**OLIEST, most Bless-  
 ed LORD GOD, be-  
 fore Whom all creation  
 bows and adores; hav-  
 ing passed another day  
 through Thy Mercy and  
 Love, I offer Thee my  
 praise, my humble ado-  
 ration and thanksgiving.  
 For Thy Love, Thy Care,  
 Thy Tenderness, ever  
 watching over me, spar-  
 ing me, sustaining me,  
 never leaving me, sur-  
 I.]

rounding me with in-  
 numerable blessings, I  
 bless Thee, O my GOD.  
 And for Thy grace, ever  
 moving me, drawing me,  
 withholding me from  
 many sins to which I am  
 prone, and holding me  
 up when of myself I  
 should utterly have fall-  
 en; for all this, my soul  
 would bless Thee, O my  
 GOD!

I beseech Thee, par-

don my many sins, my grievous faults, what I see, what I cannot see, what I might have avoided, what through the sinfulness of my nature would cling to me after all my endeavours, what I have done, what I have left undone, what I have done most imperfectly, misusing my day of Grace, failing in my Vocation, dishonouring Thee.—I beseech Thee give me a perfect contrition.

O my GOD, I most earnestly desire to renew the covenant of Grace between us, between my soul and Thee; bind it more strictly around me, bind me more closely to Thyself, that no creature nor any object of desire may come in between my soul and Thee. O my LORD, claim me, keep me Thine own, Thine own above all others, one spirit with Thy Spirit, in the closest union of which my nature is

capable. Keep me thus devoted, thus enthralled, embracing Thee, embraced by Thee, in true unchanging love, in trust, in confidence, till I see Thee as Thou art in the Light which will never grow dim.

I beseech Thee, O my GOD, continue, increase in me Thy Grace, while I wake or sleep. Nourish my soul with heavenly virtue, in all the manifold forms of sanctity unto which Thou wilt me to attain. Rise up within me, a Fount of everlasting Life. May there flow within me streams of love, humility, meekness, purity, simplicity, singleness of purpose, gentleness, patience; fervour of devotion, a mortified spirit, an obedient will, self-sacrifice, unselfishness, poverty of desire, perfect chastity, sweetness of temper, unweariedness of spirit, perseverance, ever pressing forwards towards the blessedness,

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the perfectness of an entire union of will, of affection, of desire, with Thee, my LORD, and my GOD.

I commit myself for this night to rest in the shelter of Thy Bosom, in Thine Everlasting Arms, in peace, safe from the Powers of darkness, from all fear, from all disquietude. Keep me, whether conscious or unconscious, from the least movement of soul or mind, that would mar my pure love and trust in Thee. Guard me in my helplessness. Preserve in me a steadfast discipline of soul and body, that sleeping I may still watch before Thy Throne, and Thine Eye may rest on me in Peace.

I commit to Thy care and love all for whom I would pray, all my relations and friends, (especially —,) all who belong to me by spiritual ties (especially —,) all who pray for me, and all who have desired my

prayers (especially —,) in the Merits and Power of the Intercession of my LORD, which ceases not.

To the Holy Undivided Trinity, to the crucified Humanity of our LORD JESUS CHRIST, I offer my praises and thanksgivings, in union with the universal homage of all Saints and Angels the perpetual adoration rising up before the Throne of GOD and of the Lamb, that I may share in the Graces which ever flow forth in answer to their continual prayers, and that I may be kept safe through all future dangers and trials in the Power and Love of CHRIST my LORD, and in the hour of my death be found in Him among the Blessed, to rejoice with joy unspeakable and full of Glory. Amen.

#### ACT OF FAITH.

O ETERNAL Truth,  
Fount of Light, my

GOD, I believe in Thee! I firmly hold all that Thou teachest in Thy Church, all the Revelations Thou makest of Thyself. Illuminate my mind more and more with Thy Radiance. Dispel the Clouds of ignorance or doubt which may yet hide Thy Presence from me. O my GOD, make my darkness to be light. Amen.

#### ACT OF HOPE.

O ETERNAL Goodness, Fount of Life, my GOD, I hope in Thee! I firmly trust in all Thy Promises, Thy Sacraments, and all the communications Thou makest of Thyself. Draw my will more and more with the sweet attractions of Thy Grace, and with frequent anticipations of Thy Glory. Heal its waywardness, its weakness. O my GOD, change my

weakness into strength. Amen.

#### ACT OF LOVE.

O ETERNAL Beauty, Fount of Love, my GOD, I cling to Thee! I love Thee for Thyself, all the glimpses of Thee, all Thy manifestations in Thy creatures I love for Thy sake. Inflame my heart more and more with Divine Charity. Purify it from all hurtful attachments. Quicken with a perpetual glow all my affections and desires, that nothing may be hidden from the heat of Thy Celestial Flame. O my GOD, shed abroad Thy Love within me evermore. Amen.

*Memorial of the Incarnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

THE GRACE OF OUR LORD.



## No. IV.

## EVENING PRAYER.

**A**LMIGHTY and Eternal God, Whose Majesty filleth Heaven and earth, I bow down my whole soul to adore Thee, and desire with all Saints and Angels to offer up my praises and thanksgivings, and now especially for the mercies and lovingkindness of another day, in Thy watching over me and preserving me from so many perils, and favouring me with so many graces and inspirations. O give me a heart more thankful and more cheerfully ready to devote myself and every power and occasion of service to Thy Glory, to Whom I owe myself and all my being.

And now, O my God, I desire to confess whatever I have committed evil or imperfect in thought, word, or deed, [

this day, any omissions as well as any commissions, towards Thee or towards any of my fellow-creatures. Give me true contrition; perfect my repentance, and increase in me light to discern the evil from the good, and know more unerringly what is agreeable to Thy holy Will, and what is contrary to it, and how to follow this inward light to the praise of Thy Holy Name.

I most humbly commit myself, O my God, to Thee this night, and with myself all my cares and anxieties, all my designs and desires, all I am or have. I would repose all in Thy Sovereign goodness, and unceasing care. Increase my faith ever more and more.

I beg that Thy holy Will may be done in me

whether for pain or ease, sickness or health, life or death. I would have no wish, no thought at variance from Thy Will, only to be as Thou wouldst have me to be ; only keep me from all sin, and from everything displeasing to Thee, and so work in me that whatsoever befalls me may be the occasion of a holier service, and the means of greater conformity to Thy Divine Image, even the Life of Thy most Blessed SON, that I may be united to Him in unity of heart and will, as in one nature.

And Oh ! good LORD, when my last night cometh, and I am to die, may I expire in Thy Arms, in Thy Love, made meet for the inheritance of Thy Saints in light, in the vision of Thy Countenance, in the glory that fadeth not away. Give me this night such rest as seems good to Thee, such as may fit me for Thy service. De-

send me from all evils, and may Thy Angel be my guardian, watching around me as I sleep.

I pray for, &c.

I commit myself, O GOD, and all those for whom I would pray, to Thee this night and evermore. Amen.

#### LITTLE LITANY.

**O** HOLY Trinity, One GOD, uphold me by Thy Divine Power ; guide me with Divine Wisdom ; make me according to Thy own Heart, by Thy Divine Goodness.

O Heavenly FATHER, King of kings, deign to consummate within me the Espousals of Thy SON, Who Himself is also LORD and King.

O JESUS CHRIST, SON of the Living GOD, may my love unite me to Thee ; for Thou art my King and my GOD.

O HOLY GHOST, Divine Paraclete, unite my heart to JESUS for evermore in that bond of love, whereby Thou dost unite

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the FATHER and the SON.

Have mercy on me, O LORD, and make me according to Thine own Heart.

Have mercy on me, O LORD, and free me from all that withholds me from Thee.

By Thine Incarnation, grant that I may love Thee with tenderness, with wisdom, and with strength.

By Thy Passion, and Thy Death, grant that I may die to myself, and live to Thee alone.

By Thy Glorious Resurrection, and Thy wondrous Ascension, grant that I may go onwards day by day, from virtue to virtue.

At the hour of my death help and refresh me, O LORD, with Thy Compassion, and gladden me with the Light of Thy Countenance.

In the Day of Judgment let my soul know no fear; but may I hear from Thee the gracious  
L.]

words, "*Come, ye blessed of My Father.*"

Vouchsafe, LORD JESUS, to confirm in me for Thyself my Vow of Chastity which I offer Thee, and to preserve it perfect and unspotted as the apple of Thine Eye.

Amidst the endearments of Thy Love, give me, O my GOD, always to feel Who Thou art, and how great is Thy Majesty.

Give me the earnest of Thy Spirit, and a dowry of most entire love.

Grant, Blessed LORD, that at the hour of my death, I may go forth to meet Thee with the wise Virgins, even as the Bride goeth forth to meet the Bridegroom, adorned with the Wedding garment, and having my lamp trimmed and alight.

Do Thou deign, LORD, with the Kiss of Thy Mouth, to introduce me, as one who is all Thine own, into the inmost Sanctuary of Thy Love.

Grant, LORD, that all we who serve Thee in this place may love Thee always with all our whole hearts; unite us inseparably to Thee, and make us evermore pleasing in Thy Sight by purity of mind and body.

Grant us the Grace always to ask Thee for what Thou lovest to grant.

*I beseech Thee to hear me.*

O JESUS, SON of the Living GOD, hear me in the might of Thy Divine Power.

O LAMB of GOD, Who takest away the sins of the world, in the greatness of Thy Mercy blot out all my sins.

O LAMB of GOD, Who takest away the sins of the world, supply all my

defects and negligences by Thine inextinguishable Love.

O LAMB of GOD, Who takest away the sins of the world, grant that I may depart in peace when my last hour comes, and see Thee Face to face for ever.

O JESUS, Who art the Bridegroom, though death doth separate the soul from the body, grant that Thy Love may ever so unite my heart unto Thine, that their union may be indissoluble! Amen.

*Memorial of the Incarnation, (p. 10.)*

OUR FATHER.

ANIMA CHRISTI.

The LORD bless and keep me, &c.

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No. V.

### EVENING PRAYER.

THE day is past, and O GOD, for the mercies my soul blesses Thee, of it, for Thy forbear-

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ance towards me, for Thy Grace which has sustained my life, notwithstanding my unworthiness.

I beseech Thee, merciful FATHER, pardon all the evil of this day, and accept all the good I desired to do, for the Merits and Passion of my LORD.

The night is come; I commit myself unto Thee, O my LORD, in union with Thy Own Eternal repose in the Bosom of the FATHER. O GOD, I commit myself to Thee, into the Everlasting Arms of Thy most merciful Protection, and in union with the Blessed Angels, and the Saints departed, who cease not day and night to praise Thee. I would with them even in my sleep continue to adore and glorify Thee, and may Thy all-availing Intercession be accepted for me.

Blessed Spirit, ever abiding in me, keep me I.]

pure and composed in mind and body, guard me from danger affecting the body, and evil thoughts affecting the soul. Keep me in peace—keep my soul fixed on the thought of Thee—give me needful rest—renew my strength, that being refreshed for another day, I may the more glorify Thee.

Into Thy most gracious protection, Ever-Blessed Trinity, I commend my spirit. I have thus unworthy made my offering, may it be accepted of Thee, and may it please Thee, O LORD, my GOD. What is feeble in me, strengthen; what is impure, cleanse; what is unruly, chasten; what is wilful, subdue; what is unwilling, draw into entire yielding; what is discontented, remove; what is impatient, humble; what is indevout, sanctify; what is even in the least contrary to Thy Sanctity and Thy Will, O my

LORD, do Thou by Thy Sovereign grace transform into Thyself, make me one eternally with Thyself, O LORD, my LORD, and my soul shall bless Thee for ever. Amen.

*Here use any Intercessions.*

#### ACT OF FAITH.

O LORD my GOD, I believe in Thee, Thou art my Creator, and my Redeemer, Thou hast caused to shine on me the sacred Light of Thy Countenance. Thou hast redeemed me with the precious Blood of Thine Only SON, Thou hast regenerated me by Baptism, and by the Power of the HOLY SPIRIT into hope of Everlasting Life. I believe in Thee, my GOD, my FATHER, through JESUS CHRIST Thy SON, Who is the Way, the Truth, and the Life, and by the mighty working of the HOLY GHOST.

Enable me ever to hold fast this right faith, having in it the life and root of good works, and grant that I may cling to Thee by it, and evermore abide unchangingly in Thee even to the end. Amen.

#### ACT OF HOPE.

O LORD, my GOD, and my all, I hope in Thee, in Thy Power and Love to keep me Thine own, till the close of my life, when I shall throw off the bitter husk and shell of my body, and possess that sweetest Fruit which I shall taste evermore when I gaze upon the flashing radiance of Thy Supreme Divinity and the mild Star of Thy Glorified Humanity, LORD JESUS my SAVIOUR, my Hope and my Refuge. Then shall Thy sweetest Countenance communicate to me a new being by its transcendent Beauty. Then I shall be set free from the weariness of

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this life, and take my place with joy at Thine Everlasting Feast. Then I shall exult with gladness amidst the riches of Thy Love, even as a Bride amidst the raptures of the King, her Spouse. Amen.

#### ACT OF LOVE.

**O** GOD, Author of my being, Life of my soul, my FATHER, my Spouse, I offer to Thee all the love of my heart, purify it in the glowing furnace of Thy Holy Spirit, in the refining fire whose flames are fed by Thy Love.

O teach me, help me to love Thee, Thou Who art my Love and my Strength. May I bear with gladness the sweet yoke and light burden Thy Love would lay on me. Guide me and help me to fulfil all the obligations of Thy Service; and may my days of toil seem short and few for the greatness of my love to Thee.

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Penetrate and pervade all the actions of my life with the help of Thine Almighty Love, for my soul would glorify Thee by serving Thee without weariness; and my spirit would exult in Thee, my GOD and my Salvation; and all my thoughts and all my works of this day, I lay at Thy feet, as acts of praise and thanksgiving to Thee. Amen.

#### PRAYER.

**R**ECEIVE me, O my JESUS, into the abyss of Thy tender mercy, and wash me from all stain of sin in the great deep of Thy Compassion.

Receive me, O my JESUS, into the most tender embrace of Thy Love, that I may be united to Thee evermore by a most perfect bond of union.

Receive me, O my JESUS, into the ineffable covenant of Thy Love, and vouchsafe to kiss me with the Kisses of Thy Divine Mouth. Amen.

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*Memorial of the Incarnation*, (p. 10.)  
OUR FATHER.

ANIMA CHRISTI.  
THE GRACE OF OUR  
LORD.

## No. VI.

### EVENING PRAYER.

*Preparation*—place yourself in the Presence of GOD,—ask for help to recollect the faults and failings of this day, and for grace to see them as in His sight.

*Self-examination*—of thoughts and impulses, of words, actions, devotions, omissions, &c.

*Act of Contrition*—for faults, as committed by one in a special Vocation, against Love and Light, and many resolutions.

*Act of Resolve*—to renounce all that causes sin in you, all self-will, and selfishness,—to rise up to live a more perfect life.

*Act of Thanksgiving*—for blessings you have received, for evils avert-

ed from you, for any good work you may have done, &c.

*Acts*—of Faith, Hope, and Love.

*Prayer for Protection*—from all ill, temporal and spiritual, through the night, for yourself and all dear to you, and all for whom you ought to pray.

*Commendation*—of yourself and all belonging to you into GOD's Hands, specially of your own soul as though it was to be your last night.

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OUR FATHER.  
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## THE LAST PRAYERS AT NIGHT.

WHILE PUTTING OFF  
THE CAP.

**H**IDE me this night  
under the shadow  
of Thy Wings, keep me  
ever as the apple of  
Thine Eye. Amen.

WHILE PUTTING OFF  
THE CROSS.

**B**Y Thy Cross and Pas-  
sion, save me and  
help me. In the hour of  
death, and in the Day of  
Judgment, good LORD,  
deliver me. Amen.

WHILE TAKING OFF  
THE GIRDLE.

**P**ARDON, O LORD, ev-  
ery wavering thought,  
and the slightest mar-  
ring of my inward puri-  
ty. Lay me reverently  
to rest in Thy Love, in  
Thy Peace, in the bliss-  
ful Vision of my GOD.  
Amen.  
I.]

WHILST PUTTING OFF  
THE HABIT.

**H**OLIEST JESUS, blot  
out in Thy Precious  
Blood every stain my  
soul may have this day  
contracted, and array me  
in a garment of fine li-  
nen, pure and white,  
even the righteousness  
of the Saints. Amen.

WHILST UNDRESSING.

**D**IVEST my soul, O  
my JESUS! of all  
sin, and of all affection  
to sin; of all pride and  
vanity; of all self-will  
and self-love, of what-  
ever is in the least dis-  
pleasing to Thy Divine  
Majesty. Amen.

**O** ETERNAL FATHER,  
I beseech Thee, by  
the life and death of  
Thy beloved SON, and  
by the bowels of Thy  
mercies, grant that I may  
persevere unto the end

in good works, and die at the hour of my death.  
in Thy grace. Amen. Amen.

**O** GOOD JESUS, I beseech Thee, by the love of the Eternal FATHER, and by the last words with which Thou didst commend Thy spirit to Him upon the Cross, receive my soul at my last hour. Amen.

**O** HOLY SPIRIT, have mercy on me, and by Thy Holy Inspiration strengthen me always, but especially at the hour of my death. Amen.

**O** MOST Holy Trinity, One GOD, have mercy on me now, and

ON GOING INTO BED.

✠ **I**N the Name of our LORD JESUS CHRIST Crucified, I lay me down to rest; may He bless, govern, and preserve me, and bring me to everlasting life. Amen.

COMPOSING YOURSELF  
TO SLEEP.

**I**NTO Thy Hands, O LORD, I commend my spirit, for Thou hast redeemed me, O LORD GOD of Truth. I will sleep in peace, and take my rest. Amen.

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## HYMNS.

*"At midnight there was a cry made, Behold the Bridegroom cometh; go ye out to meet Him."*

**T**RIM the lamp, its light is fading,  
Slowly steals the night away,  
From the blast its flicker shading,  
Round it watch, and near it pray;

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O my blessed SAVIOUR ! yearning  
As my spirit doth for Thee,  
May my lamp be bright and burning  
When Thou comest unto me.

Feed with oil the languid taper,  
Faintly by the night-wind fanned,  
Hide it from the rising vapour  
In the hollow of Thy Hand ;  
O my Blessed SAVIOUR ! yearning  
As my spirit doth for Thee,  
May my lamp be bright and burning  
When Thou comest unto me.

Every weight that would encumber  
Lay aside, my soul, and rise,  
Shake from off thy heart the slumber  
That is stealing o'er thine eyes ;  
O my Blessed SAVIOUR ! yearning  
As my spirit doth for Thee,  
May my lamp be bright and burning  
When Thou comest unto me.

Lo ! the Bride in all her beauty,  
Bending toward the Eastern Gate,  
Clothed in praise, and girt with duty,  
Doth upon her threshold wait ;  
O my Blessed SAVIOUR ! yearning  
As my spirit doth for Thee,  
May my lamp be bright and burning  
When Thou comest unto me.

Though the Bridegroom be delaying,  
Yet His Hand is on the door ;  
When He comes, His second staying  
Will be with us evermore ;

O my Blessed SAVIOUR! yearning  
As my spirit doth for Thee,  
May my lamp be bright and burning  
When Thou comest unto me.

*"This is my Beloved, and this is my Friend."*

REST of the weary,  
Joy of the sad,  
Hope of the dreary,  
Light of the glad;  
Home of the stranger,  
Strength to the end,  
Refuge from danger,  
SAVIOUR and Friend!

Pillow where lying,  
Love rests its head,  
Peace of the dying,  
Life of the dead;  
Path of the lowly,  
Prize at the end,  
Breath of the Holy,  
SAVIOUR and Friend!

When my feet stumble  
I'll to Thee cry,  
Crown of the humble,  
Cross of the high;  
When my steps wander,  
Over me bend,  
Truer and fonder,  
SAVIOUR and Friend!

Ever confessing  
Thee, I will raise,

Unto Thee blessing,  
Glory and praise :  
All my endeavour,  
World without end,  
Thine to be ever,  
SAVIOUR and Friend !

*" I look for the Lord, my soul doth wait for Him."*

ONE sweetly solemn thought,  
Comes to me o'er and o'er,  
I'm nearer Home to-night,  
Than I ever have been before.

Nearer my FATHER'S House,  
Where the many mansions be,  
Nearer the great White Throne,  
Nearer the Jasper Sea.

Nearer the bound of life,  
Where we lay our burdens down,  
Nearer leaving the Cross,  
That I may wear the Crown.

But lying darkly between,  
Winding through the dim night,  
Is the deep and unknown stream,  
That leads me at last to the Light.

SAVIOUR! perfect my trust,  
Strengthen the might of my faith,  
Let me feel as I would when I stand  
On the rock of the shore of Death :

Feel as I would, when my feet  
Are slipping over the brink,—  
For may be, I'm nearer Home,—  
Nearer now, than I think !

## ADDITIONAL PRAYERS FOR EVENING USE.

### ACT OF FAITH.

**A**LMIGHTY, Everlasting God, Most Holy and Eternal Trinity, Ancient and Absolute Truth, I believe with my whole heart, and confess with my mouth, and would ever profess by all my actions, that I do most firmly believe all which Thou by Thy Holy Church proposest to us to be believed, and by Thy Grace I will believe the same to the end of my life.

And although I cannot understand how all the truths which this Faith delivers to us are possible, nevertheless I would bring my understanding, and every thought into captivity to the obedience of CHRIST. I revere these sacred blessed Mysteries with profound submis-

sion, and I beseech Thee to grant that my Faith may be to the Salvation of my soul.

As I now profess this Faith, so I vow and promise in the sight of the whole Company of Heaven, and above all in Thy Presence, O Most Holy Trinity, that I desire always to live in it, and at last to die in the same, kept faithfully by Thy Power and Love. Amen.

**O**ETERNAL FATHER, I commend this my Faith to Thine Omnipotence, beseeching Thee that Thou wouldest so strengthen me therein with Thy Divine Strength, that I may never waver in it or depart from it. Amen.

**O**ETERNAL, Only-begotten SON, I commend this my Faith to Thy unsearchable Wis-

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dom, beseeching Thee that Thou wouldest so enlighten me with the light of Thy Knowledge, that I may never be led astray by any spirit of error, or unbelief. Amen.

**O** HOLY GHOST the Comforter, I commend this my Faith to Thy most compassionate Goodness, beseeching Thee, that it may so work in me by love, that at the hour of my death it may be found in me perfect and entire to the Praise and Glory of the Most Holy Trinity, to Whom be Honour and Thanksgiving for ever and ever. Amen.

#### ACT OF HOPE.

**O** GOD of my heart, my only Hope, my only Refuge, I, the poorest of Thy creatures, utterly unworthy of the least good at Thy Hands, do yet confidently hope in Thy tender kindness, and doubt not that as

Thou knowest how to succour and to aid me, so Thou wilt order all things for me, and be with me in all things that befall me.

I know indeed, O Loving Compassionate God, that if Thou wert to deal with me as I have deserved, I could expect no Grace at Thy Hand, but only manifold rebuke and punishment, for my sins are many and grievous. Yet, O Thou Infinite Goodness, I expect from Thee the remission of them all, though I deserve Thy fiercest wrath, I hope in Thee, I trust in Thee, and could I choose my own Judge I would choose none other but Thee, for notwithstanding all the many and grievous insults I have heaped upon Thee, and all my sins and negligences in Thy Service, Thou dost still cherish and sustain me.

And dost Thou think, O Most Loving FATHER,

that I doubt that I shall attain to everlasting bliss? O do Thou Thyself forbid. For my hope of attaining to that bliss rests not on my own merits, but on the faithful Promise of Thy Only-begotten SON our LORD JESUS, and on His Merits alone, which He has communicated and made over to His Elect. And hence I abound with so great Joy and Consolation, because I seem already to possess that for which I so eagerly long. For JESUS Who has promised me Salvation, through His Merits, which are its price, and its title, is most Faithful and True!

Vouchsafe then, O Eternal FATHER, to preserve and increase in me this hope and trust, which I give into Thy merciful keeping, until that day when I see Thee in Thy unfading Eternity of Glory, and hope be for ever lost in Fruition! Amen.

#### ACT OF LOVE.

MY love holdeth Thee, O loving JESUS, nor will I let Thee go, until Thou bless me, nor will I cease to hold Thee ever mine, my better part, my expectation and my hope. O LORD, Who art the Life, Thou art also the living Word of GOD. Kindle anew Thy Life within me; make amends for all the losses my love has suffered.

O GOD, Who art love, Who hast created me, create me anew in Thy love. O JESU, Who hast redeemed me, redeem and give back to me all that I have lost of Thy love through my negligence.

O Thou, Who hast purchased me for Thyself with Thy Precious Blood, sanctify me in Thy Truth. O GOD, Who art Love, Who hast adopted me as Thy daughter, train and fashion me according to

[PART



Thine Own Heart. O JESU, Who hast chosen me for Thyself, and not for another, grant me that I may wholly cleave to Thee alone.

O LORD, Who art the very GOD Almighty, strengthen me in love. Thou, Who art the Sovereign Wisdom, give me the spirit of wisdom to love Thee withal. Thou art the Spring and Source of all delights; give me to taste Thine ineffable sweetness. Thou art dear to me above all things; give me to live for Thee alone. Thou art ever true; console and succour me in all my trials. Thou art the chosen Companion of my life; do Thou work all my works in me. O JESU, Thou Who gainest the victory, grant me to persevere in Thee even to the end.

O LORD, be Thou to me an Even-tide so bright and calm that my ravished soul may  
1.]

bid a loving farewell to its body, and return to GOD, Who gave it, and rest in peace beneath Thy beloved Shadow. Give me to sleep in Thee, in tranquil sleep, and to taste that blissful rest which Thou hast prepared in Thyself for them that love Thee.

O when wilt Thou show Thyself unto me, that I may see Thee as Thou art, and drink of Thee with rapture, Thou Fountain of Life, and my GOD? When shall I quit this wretched body, to see Thee without a veil or cloud between, O my GOD, my LORD, Thou Star of Stars? In Thee alone, O my Beloved, shall I be set free from the temptations of this abode of death. When I drop this garment of flesh, I shall be in Thee, O Thou GOD, Who hast so loved me.

O Thou Fount of everlasting light, draw me

away to Thee, into the ocean of Thy Divine essence, whence came forth the Word which spoke me into being. There shall I know, even as I am known, and love even as I am loved; and I shall see Thee, O my GOD, see Thee as Thou art, with a clear vision, a gladness and a possession, which will be my bliss for evermore. Amen.

#### ACT OF THANKSGIVING.

**I** GIVE Thee thanks, O Holy FATHER, through Him Who sitteth at Thy Right Hand, for all the Gifts and Blessings, I have this day and always received from Thee. And I acknowledge that no power could have bestowed them on me, but Thine alone, Who art All-powerful and ever up-holdest me, and all creation.

I give Thee thanks, Most Kind and Gentle JESUS, for that Thou  
I.]

hast always so wisely and well provided for me in soul and body, in all things prosperous or adverse; and I acknowledge that no wisdom could thus embrace all my whole life but Thy Uncreated Wisdom alone, which reacheth from end to end mightily, and ordereth all things sweetly.

I give Thee thanks, O Good and Quickening Spirit, the Comforter, through Him Who was by Thy co-operation made flesh in the Virgin's Womb, that Thou dost in all things so sweetly anticipate me, unworthy as I am, with the blessings of Thy Grace, and I acknowledge that no goodness could thus diffuse itself but Thy Ineffable Goodness, in which all good things are contained, and from which they proceed. And as Thou hast hitherto blessed me, so I hope and trust that Thou wilt continue to

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bless me to the end through Thy Everlasting Goodness, which is unfailing and unceasing. Amen.

from Thee alone have we aught that we can offer Thee, O Most Holy LORD GOD Almighty. Amen.

## ACT OF OBLATION.

O GOD of Glorious Majesty, Ruler of Heaven and Earth, I Thy most unworthy creature offer Thee upon the most sacred Altar of the Sweetest Heart of JESUS CHRIST, myself, with all that I am, all I have, all I can do, all I have tried to do for Thee this day, together with every good gift which Thou hast ever bestowed on me from Thy unfathomable, overflowing bounty. For all which, I desire, through the most sacred and blessed Heart of Thy SON, Which gives forth its ravishing harmony of love through the HOLY GHOST the Comforter, to sing unto Thee praises and thanksgivings, and thus to give Thee back Thine own, for all is Thine, and I.]

## ACT OF RESIGNATION.

O MOST Holy FATHER, I, Thy poor and vile creature, as I lay me down to rest, trusting in Thy Love would resign myself entirely to Thy most holy Will and Pleasure, wholly renouncing my own will. I wish and desire above all delights of this world that Thy most adorable Will may be always perfectly done in me, and by me, in all that concerns me whether in body or in soul, in time or in Eternity. Wherefore, O my God, in union with that resignation with which JESUS committed Himself wholly to Thy Will in the Garden of Gethsemane, and in union with His affection, and His intention, I would now say to Thee, from

His Heart, and in His words : "*Not my will, but Thine be done,*" O Most Holy FATHER, now and for evermore. Amen.

## PRAYER.

O LORD JESUS CHRIST, Thou great High Priest, Who by Thy Precious Death hast restored me to life, vouchsafe to breathe on me in the virtue of Thy Spirit, and to scatter all the ambushes of the Enemy by the efficacious might of Thy Presence. Break within me all the bonds of Satan ; and remove far from me all blindness of heart. Let Thy perfect Love, O CHRIST, be to me an assured triumph in every temptation. Let Thy sacred Humility keep me from all the snares of the Enemy. Let Thy clear shining Truth be my Guide, and may the blessing of Thy most indulgent Mercy rest on me now, and ever pre-

vent me, and follow me, and keep me even to the end of my life. Amen.

## ANOTHER.

O SWEETEST JESUS, write my name this night, beneath Thine own in the Book of Life. Say to my soul, "thou art Mine ; I am thy Salvation, I have known thee, and acknowledged thee ; thou shalt no more call thyself *the forsaken*, but thy name shall be, *My delight is in her*, and thine inheritance shall be with Me in the land of the living." Grant me perfect remission of all my sins, and seal me with the anointing of Thy Spirit unto Everlasting Life, Amen.

## ANOTHER.

SWEETEST LORD, for the Love of Thee, grant me to die to all besides, and to be content to be despised and unknown in this life. Grant me above  
[PART

all objects of desire to rest in Thee, and to still my heart to perfect peace in Thee, for Thou art the true Peace of the heart. Thou art its only Rest, and out of Thee all is restless and unquiet. In this peace, that is, Thyself alone, my chiefest and eternal Good, I would lay me down and take my rest. Amen.

## FOR A SUNDAY.

AT the closing of this Thy own day of holy rest, Eternal, Almighty GOD, before I sleep, I would offer Thee my last act of prayer, of thanksgiving and of praise.

My faults, imperfections, wanderings, irreverences, coldness, indisposition for spiritual things, dulness, torpor, unbelief, selfishness,—forgive, cleanse, hide from Thine Eyes, cast away from me, O my GOD.

Thy Grace has been  
I.]

shed this day in the riches of Thy Beneficence on the evil and on the good. Thy illuminations, healings, callings, miracles, sweetnesses, have been everywhere around me. O Blessed GOD, let some measure of these ineffable Gifts rest on me this hour, and abide in me, even as the stillness of night steals on me.

I unite myself with the innumerable Host of Angels, with the Blessed Virgin-Mother, and with all the Saints in CHRIST my LORD;—the vision of Eternal things is around me, the Eternal Sabbath of GOD enfolds me. Let me taste some portion here of the rest of Thy Heart, which Thy Love opens to me. LORD, I believe, help Thou mine unbelief.

LORD, I renew my covenant with Thee. My purpose is still true, my desire is to grow, to develop the powers of a Heavenly life, to subdue

wilfulness, to discipline irregularities, to kill the evil in me, to be deeply humble, to increase in charity, to bring every thought into obedience. Thou hast wonderfully drawn my soul, O my GOD, and the past is gone from me, and I am Thine, and I have given up all for Thee; even myself I offer Thee. Only keep me fixed in this resolve.

In love with all, in faith in Thee, in hope of Heaven, in a contrite spirit, in union with JESUS, with a pure heart, I lay me down to sleep, O my GOD! Amen.

#### FOR A HAPPY DEATH.

**O** LORD JESUS CHRIST, Prince of Life and Death, Whose we are both in life and death, I beseech Thee, by Thine own holy Death for us, that Thou coming to me in death mayst find me watching and ready for Thee. I beseech

Thee, let me not depart this life unprepared; but strengthened and supported by a true Catholic faith, with sincere contrition, with a good Confession, and with the most Holy Sacrament of the Eucharist.

JESUS, my SAVIOUR, Thou Who abidest ever with Thy chosen ones, when the fleeting things of earth leave me, do not Thou forsake me, but be with me in that last dread Agony, when my struggle with the enemy will be most deadly and decisive. May Thy holy Angels then be with me, to shield me from temptations, and to comfort me in my sufferings. May Faith, Hope, Charity, and Patience then be strong in me.

Holiest LORD, grant that with unclouded consciousness I may commend my soul into Thy Hands, and fall asleep in peace, thus passing in safety into the Kingdom which Thou hast pur-

[PART

chased for us at so great a Price. Remember me then, O LORD, as Thou didst promise to remember the Penitent Thief at his last hour, and in Thy mercy didst bestow on him what Thou hadst promised. Amen.

## ANOTHER.

O JESUS, Thou unfailing Light, kindle within me ever more and more the glowing lamp of Thy Love. Keep me pure and without reproach, that when I am at last summoned to Thy Divine Espousals, I may appear with humble confidence before Thee, and be accounted worthy to enter into the joys of the Life that never ends, to see Thee, O Thou true Light, and ever to gaze upon the Beauty of Thy Divine Countenance. Amen.

## ANOTHER.

LORD, support me all the day long of this  
1.]

troublesome life, until the shadows lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and my work is done. Then in Thy Mercy give me a safe lodging, and a holy rest, and peace at the last, through JESUS CHRIST our LORD. Amen.

EXERCISE ON THE  
GLORIA PATRI.

GLORY be to the FATHER, Who by His Power created me in His own Image, when as yet I was not.

Glory be to the SON, Who by His Wisdom, and His Blood restored me when I was lost.

Glory be to the HOLY GHOST, Who, by His Graces and Goodness, regenerated me a child of wrath in Holy Baptism.

For all, and each of these mercies, such and so great Glory, "*as it was in the Beginning,*"

before all Creation, in equal, yea, in far higher degree, be "*now*," in this present life, and "*evermore*," even to the end of all things, "*world without end*," yea, to all Eternity, be given from all the Blessed in the Heavenly Home, where there will be no satiety,

or rest, or cessation from the unceasing Praises of GOD.

Such and so great Praise and Glory, and Honour, I desire even "*now*" in saying this Doxology, to pay in act and truth to my GOD! Amen.

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## HYMNS.

*"I am the Rose of Sharon, the Lily of the valleys."*

**M**Y Love is like a rose  
 Whose rich perfume  
 Through all the garden flows,  
 And in His bloom  
 I'll deck myself, when I would glorious be,  
 Fit to sit down, and feast, my GOD, with Thee!

**M**y Love is like a lily  
 In the vale,  
 And when the night is stilly  
 And the gale  
 Is soft and fresh, He doth upon it move  
 And comes to me, and, voiceless, whispers—Love.  
 [PART



My Love is like a vine  
 Beneath whose shade  
 This weary heart of mine  
 In quiet laid,  
 Finds soft repose, and, for its life divine  
 From juicy clusters drinks immortal wine.

Such is my glorious Love!  
 Divinely fair  
 All other loves above  
 Beyond compare:  
 And all my life and soul to Him I owe,  
 He in His tender Greatness loves me so.

And with Him I will talk,  
 And never tire,  
 And near Him I will walk,  
 And my desire  
 Shall be to Him, and all His love to me  
 Shall be the crown of my felicity.

O Love divinely sweet,  
 In Thee I live,  
 In Thee all blessings meet  
 Which Heav'n can give;  
 Who wants Thee, all wants, though untold his  
 store,  
 Who has Thee, lives to GOD for evermore.

*“ Moses drew near into the thick darkness where  
 God was.”*

THE starry skies, they rest my soul,  
 Its chains of care unbind,  
 And with the dew of cooling thoughts  
 Refresh my sultry mind.

Yes, something draws me upward *there*,  
As morning draws the lark ;  
Only my spell, whate'er it is,  
Works better in the dark.

It is as if a Home was there,  
To which my soul was turning,  
A Home not seen, but nightly proved  
By a mysterious yearning.

It seems as if no actual space  
Could hold it in its bond ;  
Thought climbs its highest, still it is  
Always beyond, beyond.

But GOD can always be a Home ;  
And His sweet Vision lies  
Somewhere in that soft gloom concealed  
Beyond the starry skies.

Oh, not in distant starry skies  
In vastness not abroad,  
But everywhere in His whole Gift  
Abides the whole of GOD.

I spoke : but GOD was nowhere seen ;  
Was His love too tired to wait ?  
Ah no ! my own unsimple love  
Hath often made me late.

How often things already won,  
It urges me to win,  
How often makes me look outside  
For that which is within.

Our souls go too much out of self  
Into ways dark and dim :  
'Tis rather GOD Who seeks for us  
Than we who seek for Him.

Yet surely through my tears I saw  
GOD softly drawing near ;  
How came He without sight or sound  
So soon to disappear ?

But GOD is never so far off  
As ever to be near ;  
He is within : our spirit is  
The home He holds most dear.

To think of Him as by our side  
Is almost as untrue,  
As to remove His Throne beyond  
Those skies of starry blue.

So all the while I thought myself  
Homeless, forlorn and weary,  
Missing my joy, I walked the earth  
Myself, GOD's sanctuary !

*" Let Thy Loving Spirit lead me."*

**L**EAD, kindly Light, amid th' encircling gloom  
Lead Thou me on !  
The night is dark, and I am far from home ;  
Lead Thou me on !  
Keep Thou my feet ! I do not ask to see  
The distant scene—one step's enough for me.  
1.]

I was not ever thus,—nor prayed that Thou  
    Would'st lead me on !  
I loved to choose and see my path,—but now,  
    Lead Thou me on !  
I loved the garish day, and spite of fears  
Pride ruled my will ; remember not past years !

So long Thy power hath blessed me, sure it still  
    Will lead me on,  
O'er moor and fen, o'er crag and torrent, till  
    The night is gone ;  
And with the morn those Angel-faces smile  
Which I have loved long since, and lost awhile.

*“ Having a desire to depart and to be with Christ,  
    which is far better.”*

LET me be with Thee where Thou art,  
    My SAVIOUR, my Eternal Rest !  
Then only will this longing heart  
    Be fully and for ever blest.

Let me be with Thee where Thou art,  
    Thy unveiled glory to behold ;  
Then only will this wandering heart  
    Cease to be treacherous, faithless, cold.

Let me be with Thee where Thou art,  
    Where spotless Saints Thy Name adore ;  
Then only will this sinful heart,  
    Be evil and defiled no more.

Let me be with Thee where Thou art,  
Where none can die, where none remove,  
There neither life nor death will part  
Me from Thy Presence and Thy Love.

*"So He bringeth them unto the haven where they  
would be."*

LIKE the wild ceaseless motion  
Of the deep-heaving waves,  
Is the heart's restless beating  
From our birth to our graves.  
Tossed by strong stormy passions  
In the swift winds we flee,  
Till life's bark reach the haven,  
Where is "no more sea."

O calm distant Haven,  
Where the starlight gleams,  
On the wild restless waters,  
On the heart's restless dreams;  
O how oft, gazing upward,  
Has my heart longed to be  
In that calm land of Angels,  
Where is "no more sea."

There the storm threats no longer,  
There the passions lie still,  
There the meek wings are folded,  
Waiting God's holy Will;  
There from grief and temptation  
Our souls shall be free,  
In that far world of Angels,  
Where is "no more sea."

*"A Man shall be as the Shadow of a great Rock  
in a weary land."*

**T**HE Shadow of the Rock !  
Stay, pilgrim, stay ;  
Night treads upon the heels of day ;  
There is no other resting-place this way.  
The Rock is near,  
The well is clear,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
The desert wide  
Lies round thee like a trackless tide,  
In waves of sand forlornly multiplied.  
The sun is gone,  
Thou art alone,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
All come alone,  
All, ever since the sun hath shone,  
Who travelled by this road have come alone.  
Be of good cheer,  
A home is here,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
To Angels' eyes  
This Rock its shadow multiplies,  
And at this hour in countless places lies.  
One Rock, one Shade,  
O'er thousands laid,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
To weary feet,  
That have been diligent and fleet,  
The sleep is deeper and the shade more sweet.  
O weary ! rest,  
Thou art sore pressed,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
Thy bed is made ;  
Crowds of tired souls like thine are laid  
This night beneath the selfsame placid shade.  
They who rest here  
Wake with Heaven near,  
Rest in the Shadow of the Rock.

The Shadow of the Rock !  
One day of pain  
Thou scarce wilt hope the Rock to gain,  
Yet thou wilt sleep thy last sleep on the plain ;  
And only wake  
In Heaven's daybreak,  
Rest in the Shadow of the Rock.





# MANUAL OF DEVOTION

FOR

SISTERS OF MERCY.

IN TWO VOLUMES.

VOL. I.

*Second Edition.*

PART II.

FOR DIFFERENT NECESSITIES.

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# MANUAL OF DEVOTION.

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## PART II.

### FOR DIFFERENT NECESSITIES.

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#### ACTS OF DEDICATION, &c.

##### AN ACT OF DEDICATION.

**"BEHOLD** *the Handmaid of the Lord.*

*Be it unto me according to Thy Word,"—"even as Thou wilt."* I hear Thy Voice calling me. The time of betrothal is come; "*I will betroth thee as a chaste Virgin unto Christ.*" My GOD hath reserved me for this ineffable Union; and the Angels are around me to rejoice with me. O my LORD! I am to have no other so dear, so bound to me, so one with me as Thou art to me. Even my sins have been no hindrance. PART II.]

Thou hast put all my sins away, and hast looked on me through Thy Grace, and hast chosen me for Thyself. I have now one object, one aim alone for the remainder of my days. I cast all else behind my back. All is past which once hindered me. The die is cast—the Vision of Love is come, and my soul embraces It. O my LORD, I give myself to Thee. I hold back nothing—I feel no fear or shrinking—I yield up all—I am no longer my former self, for Thou hast claimed me—O my LORD, from henceforth and for ever—

more I would be no longer my own, nor any other's, but only Thine. Amen.

ANOTHER.

**O** GOD, Who hast drawn me wonderfully, through ways I knew not; and hast inspired me through long years with desires for a love and a devotion that I understood not, I bless Thee from my inmost soul for giving me this thought, and purpose to be Thine in this Vocation, this mystical Union, this deep spiritual tie of love, O LORD. I adore Thee, I bow myself beneath Thy Cross. I kiss Thy Sacred Feet. I would unite myself to Thee in Thy Blessed Love for ever.

O LORD, I believe that what Thou wilt, Thou wilt give Grace to fulfil; what Thou givest, Thou wilt not suffer to fail. I am weak, O LORD, and wavering, and my heart often doubts,

trembles, and sinks within me—but I am Thine, LORD, with a perfect desire, and my will is to be wholly Thine, to trust all to Thee, to keep back nothing. This, O my GOD, is my aim, my longing, my fervent only desire. I wait on Thee, to learn Thy Will for me. I will seek to fulfil my Vocation, the duties of my state, the calls of this my service, more and more faithfully. I seek, I desire above all things to be made more perfect, Thy Grace more and more fulfilling in me all Thy Holy Will. O LORD, Husband of my soul, LORD of my inmost life, my only desire is to be guided, led on, drawn nearer and nearer to Thee. To rest in Thy unchanging Love is my soul's inmost yearning. O GOD, make me increasingly meet to receive Thee in all Thy Fulness, that my soul may bless Thee through all Eternity. Amen.



ANOTHER.

**E**TERNAL LORD, I bow myself before Thee, I adore Thee within my inmost soul, Thee the Source of my life, the Beginning of my being, and its End. Though I see Thee not, I believe that Thou art more truly present to me than any of these outward things which I behold. Thou hast called me, O my LORD, and in my inmost soul I recognise Thy Voice. What I now feel within me drawing me to a life of entire devotion to Thee, I believe to be of Thee. I accept it, O my GOD, I embrace it with adoring love.

O LORD, in Thy Love Thou hast shown to me the Vision of a joy beyond all earthly joy, a sweetness that this world can never give, a love that I feel even now drawing me into deeper inner depths than any human love ever knew, a Union inconceivable, II.]

unchangeable, ever increasing, ever absorbing, filling all the desires of my mysterious nature.

LORD, I come to Thee, and I would be wholly Thine, I would offer to Thee a pure and entire offering. I would strip myself of all that I must surrender. O for a heart made willing in the day of Thy Power, a heart ready to embrace this Divine life, to live on pure unearthly love. O Thou Who hast drawn me so that I venture to look up to Thee to be the very Spouse of my soul, I would give Thee my all, as Thou hast given Thy All to me. Accept me thus desiring to come to Thee.

Many cares and doubts, and fears, and wishes, have long distracted me. I have been tossed to and fro, drawn hither and thither, but Thou knowest it all, O LORD, and Thou canst pity. Thou alone knowest what will come upon me; what

trials are coming upon me: how I shall fear and shrink and doubt. Thou knowest all my weakness, but in weakness hast Thou called me.

To Thee, O LORD, I commit myself, and all the thoughts and feelings that throng within me. My whole future I commit to Thee; the burden of my coming trials I cast on Thee. With the utmost fervour I implore of Thee a singleness of purpose, a simplicity of mind, a trustful heart of love. Give me, O my God, rest in Thy Almighty care, Thy unchanging love, give me peace, and my soul shall bless Thee. O my God, do Thou as Thou wilt with me; and when Thou wilt, justify, I pray Thee, in the eyes of others the purpose of Thy Handmaid, only keep me within the Light of Thy Presence, and shed around me the shadow of the Glory which will one day be revealed.

Draw me onwards, fix me, bind me to Thyself, enthrall me with all that is pure and lovely, saintly and Divine. I would be no longer myself, but only what Thou wilt have me to be, that in Thee I may be wholly lost,—hidden from the world in Thee. Amen.

#### PRAYER.

O LORD, my God, may I ever follow Thy Calls to me, I leave all to Thee, I trust all to Thee. I yield up myself wholly to Thee. I would be all and only Thine. My every affection, every desire, every longing of my heart, is to be Thine alone. Do with me even as Thou wilt, only be Thou always with me, O LORD, and may Thy Will be done ever in me and by me while I remain here, until I shall have passed into Thy Glorious Kingdom and most blessed Presence. Amen.

## THE RENEWAL OF A DEDICATION.

PREPARATORY PRAYER.

*Then add,*

O MY GOD, I am about to appear before Thee, as I have ventured to appear in times past, with the full purpose of my soul to devote myself to Thee, to be only Thine, though now, as I trust, with greater sorrow for my sins, and greater knowledge of my weakness, and more humbly. My soul blesses Thee for giving to me this renewed desire, and this truer sense of my sins, and this lowlier feeling towards Thee.

All Glory, all praise be to Thee from all Angels and Saints, for me who am most unworthy to praise and bless Thee. May the Praises and Blessings of all the Hosts of Heaven be accepted for me. Amen.

*Here make the Act of dedication.*

II.]

O LORD, my GOD, accept, I beseech Thee, this my earnest resolve. Bind me unto it, and help me to keep this covenant. I cast myself on Thee for Grace to accomplish it. Thou knowest how weak I am, how I shall fail again and again, and mar all Thou workest in me. I pray Thee make even these failings of mine the occasions of Thy mercy, and helps to obtain a deeper humility, a lowlier dependence on Thee.

Work then more and more all Thy Will in me, that, all my self gone, all Thy Self living in me; all my self dead, all Thy Self alive in me—my life may indeed be hidden with CHRIST in Thee. LORD, grant it of Thy Mercy, for His sake. Amen.

**ETERNAL LORD,** Who art the Joy of Angels, and the Object of all adoration in the Heavens, I believe that Thou hast called me to leave all that was dear to me on earth, that I might find a dearer love in Thee; that Thou mightest be to me a new life, a life supernatural, purely spiritual, the commencement of Heaven upon earth, a Vowed and Consecrated Union of life with Thyself, as a wedded life upon earth would have been. So instead of marriage I sought Thee, that Thou and Thy Love, and the Glory which Thou hast with the FATHER, might be a Bridal Crown of Joy to me.

And now I have given myself afresh to Thee, to strive to live closer to Thee, more according to Thy Perfect Mind, casting away all doubts and misgivings, all fears and hindrances of my poor weak self, and trusting all to Thee.

I pray Thee, O my GOD, renew and increase in me all Graces suited to this holy life—Preserve in me a holy recollection, and devout fervour. Remove all hindrances to Grace; shed the fulness of Thy Grace into my longing heart. Move me, draw me, fill me with ever increasing desires after Thee. Bind me, fix me, all my affections, impulses, on this One End, even Thyself, that my perfect bliss may be in Thee!

Spirit of Power, raise me!

Spirit of Love, kindle me!

Spirit of Sanctity, renew me!

The Most Holy Trinity be around and within me, and may I no longer live to myself, but wholly in Thee, O my GOD. Amen.

#### ANOTHER RENEWAL OF A DEDICATION.

**ETERNAL,** Most Blessed GOD, my own GOD, Who hast

sealed me for Thine own, and bound me irrevocably to Thyself, by Thy own Will, by all Thy Inspirations of love within me, drawing me to Thyself, by Thy ever renewed Calls, by my own often renewed self-dedications, Thy own merciful inclinations of my will and heart to Thee, my GOD, my Joy, my Happiness, my Life! Hear me now, I pray Thee, while in this renewed act, in union with the perpetual Oblation of Thy SON, my LORD, I devote myself afresh to Thee, and by Thy adorable mercy and Thy choice of me, though I am worthless, and unholy, I beseech Thee, by Thy own Presence in me, make me well-pleasing and acceptable to Thee.

Shed on me, I most earnestly beseech Thee, ever renewed Grace, that I may become perfect in body and soul. Give me to feel the awfulness and mystery of thus offering myself again and

again to Thee; reveal to me more and more the solemn call which is upon me to increased sanctity, heavenly-mindedness, meekness, obedience, submission of will, patience, faith, love, and all Graces. Give me these Thy Gifts, even as Thou hast breathed into me the desire for them; endue me richly with them; consecrate me wholly.

And since, after so many years of wandering and vanity, of self-seeking, and waverings, Thou hast drawn me to seek Thee above all others, give me the Grace to wait in patience till Thy Blessed SPIRIT purify me more and more to become the entire Sacrifice that I desire to be. Help me to bear all His loving discipline, all difficulties, all trials, meekly, unrepiningly, that I may be more worthy of the love of my Betrothed, more like to Him, more true to the Vows which bind me to Him.

Give me Grace to be ever laid before Thee as the daily Sacrifice, ever offering myself, leaving nothing undone, and doing all that others claim of me, as unto Thee, my LORD.

O my GOD, my Gracious FATHER, my Redeemer, and Thou HOLY SPIRIT, my Everlasting Comforter, through Whom my LORD is present to me, and dwelleth in me, keep my inward life as Thy own

sacred treasure. Watch ever within me, make me ever watchful, earnest, unceasing in my struggle against every sin, every fault, yea, even the least imperfection. Cherish in me every true and holy thought and preserve me from ever falling away from Thee, or from falling short of what Thou callest me to be, for the Merits of CHRIST JESUS my LORD. Amen.

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### FOR THE ANNIVERSARY OF ADMISSION AS SISTER PROBATIONER.

**C**OME, HOLY GHOST! Come, O God Who art Love! Fill my poor heart, void of all good. Renew me with fresh life this day. Enkindle me that I may love Thee! enlighten me that I may know Thee; draw me that I may find all my joy and my delight

in Thee; conform me to all Thy perfect Will; make me capable of enjoying Thee for ever. Amen.

#### PRAYER.

**O** JESUS, Thou Well-Beloved of my heart, vouchsafe to have compassion on me, and

[PART

in that compassion receive me into the Arms of Thy Love, and warm me thoroughly with the healthful breath of Thy SPIRIT. Behold before Thee my body and my soul; I give them over once again into Thy possession.

My Well-Beloved, O my Well-Beloved, give me now Thy Blessing. Open to me and lead me into the midst of the treasures of Thy Goodness. With my whole heart do I yearn after Thee, and do beseech Thee, Thee Alone, to possess me wholly; may I be Thine, and be Thou mine, may I grow with ever-renewed fervour beneath the glow of Thy Love; there may I flourish like the lilies of the valley by the water-side. Amen.

IN MEMORY OF FIRST  
PUTTING ON THE DRESS.

O HOLY FATHER, in  
that love where-  
in.]

with Thou hast lighted up the light of Thy Countenance upon me, grant that I may advance and grow in Thee in all holiness and all virtue.

O CHRIST, O my JESUS, in that love which constrained Thee to redeem me with Thine Own Precious Blood, clothe me with the purity of Thy Most Holy Life.

O DIVINE PARACLETE, Thou Who art strong as Thou art Holy, by that love which constrained Thee to bind me to Thee, when Thou didst give me a new and spiritual life, grant me to love Thee with all my soul, to put forth all my utmost strength in loving and in serving Thee, to live according to Thy intention and will; and at the hour of my death do Thou admit me, thus formed for Thee, and arrayed in a garment without spot, to the Divine Espousals which Thou art preparing. Amen.

## IN MEMORY OF RECEIVING THE CROSS.

**O** BELOVED LORD JESUS, by that love which drew Thee, my God, to be made Man, that Thou mightest seek and save that which was lost, come now into me, O my Well-Beloved, and imprint this instrument of Thy Passion and my Salvation more deeply on my heart. Draw me far apart from all that is not Thee, into the Wound of Thy Sweetest Heart. O Thou Dearest, Fairest amongst all that are beloved, give me a portion and an inheritance with Thy people Israel, and admit me amongst those daughters of Jerusalem, who form Thy Court. Amen.

## PRAYER.

**O** ALMIGHTY God, grant that I, Thine unworthy servant, who desire to be consecrated to Thee, in hope of everlasting good things,

may persevere constantly and faithfully in this holy resolution. Vouchsafe, O Almighty FATHER, to sanctify me, to bless me, for ever.

Give me humility, chastity, obedience, charity, and all good works. Bestow on me, O LORD, the glory Thou hast promised; grant me, for my outward adorning, the grace to make progress in lowly reverence towards Thee; and for my secret purity the grace to attain unto holiness, so that I may one day be admitted to praise Thy Glorious Majesty with Thy Holy Angels for evermore. Amen.

## CONCLUDING PRAYER.

**N**OW, O my LORD, my King, and my GOD! Now, O my JESUS, take me beneath the protection of Thy Divine Heart. There unite me to Thyself by Thy Love, that I may live to Thee alone. Now plunge me



into the vast and deep sea of Thy Mercy; take me into the care of Thy immeasurable pity. Cast me into the glowing furnace of Thy Love, and leave me therein till all my dross be burnt away. At the hour of death give me over to the tender providence of Thy Fatherly Charity. Then, O my Salvation, Thou wilt gladden me with the one sweetest thought, that I have been redeemed and purchased by Thee.

Thy loving, thrilling Voice, and receive me into the embrace of Thy indulgent Goodness. Draw me to Thee with the sweetest breath of Thy HOLY SPIRIT, and absorb me into Thyself. Grant that I may sink into Thy Divine Essence, in the eternal kiss of union which can know no end; and then to see Thee, to enjoy Thee for ever: for Thou hast wounded my heart with Thy Love, O JESUS, fairer, dearer than the

sons of men. Amen.

## FOR THE ANNIVERSARY OF CONSECRATION AS A CONFIRMED SISTER.

### PRAYER.

O ALMIGHTY and merciful FATHER, full of compassion and pity, Whose goodness is greater far than the malice of Thy creatures, I

come to Thee this day, —I who have not improved the time which has passed away since Thou didst plant me, and engraft me as a tree in the ground of this holy State of Religion,

—I who have allowed all my whole life to flow away and waste in barrenness, behold, I come, beseeching Thee, by Thine own irrepressible love, that Thou wouldst deign to look down with the eyes of Thy Love and Thy Mercy on this poor branch, that it may be quickened by Thee with restored life, and bloom and flourish again in true holiness.

O make me to observe with most scrupulous fidelity, the Rules of holy Religion and the duties of the Spiritual Life; enable me ever to bring forth manifold fruits of virtue and of holiness to Thee, Who hast condescended to love me; that when Thou shalt come to me, to gather them, at the hour of my death, I may appear before Thee with much fruit in full maturity, in the perfection of faith, and purity, and love, and holy obedience. Amen.

#### PRAYER.

O GOD, my most tender Love, send down upon me from Heaven Thy HOLY GHOST, and create within me a new heart and a new spirit. By Thy Holy Unction teach me all things; for Thee have I chosen out of thousands, and I would love Thee with a love stronger than all other love, stronger than that with which I love my own soul. Sustain in my soul the life, the energy, the vigour, and the beauty, which come of love, and which attract Thy love and Thy tenderness; for all my desire is unto Thee, my whole heart goeth eagerly forth after Thee. I am now to stand in Thy presence; make my worship worthy of Thee. Amen.

#### ACT OF SELF-OBLATION.

O SWEETEST JESUS, Thee alone have I taken to be the faithful

Lover of my soul, the one chosen Companion of my life; my soul longeth and languisheth for Thee. I offer Thee all the love of my heart, in choosing Thee for my Companion and Guide. I offer Thee my body and my soul, to be employed in Thy service alone and evermore; for I am Thine, and Thou art mine.

O true Love, unite me anew to Thee. To Thee, O Spouse of delights, I offer again my Chastity, in Thine eyes so fair, and of such a price. I renew my Vow of Obedience to Thee; for Thy Love hath ravished my heart, Thy Sweetness and Thy Goodness draw me towards Thee. I pledge myself to strive to do Thy Will alone; for to cleave to Thee is highest blessedness, and to love Thee is rapture unutterable.

Wherefore, O Thou my heart's one and only Possession, I offer myself  
II.]

to Thee, that henceforward I may live to Thee alone; for nothing have I found so exquisitely sweet, nothing so full of profit to my soul, as to be most intimately united to Thee, O my Well-Beloved.

O fashion my heart like unto Thy Sacred Heart, and then my whole life shall flow on in conformity with Thy good pleasure. O CHRIST, Who art Thyself the Pattern, Hope, and Crown of Virgins, keep me pure and chaste in soul and in body for ever. Amen.

#### IN MEMORY OF PUTTING ON THE HABIT.

COME unto me, O JESUS, my princely, peerless Love! I am but a dry and a withered root, which Thy Look alone would transform into a lily, which Thy Right Hand hath planted in the lowly valley of holy humility, beside the still waters of Thy over-

flowing Love, where flow in rich abundance the streams of Thy Indulgence and Compassion. Come, O Thou Gracious Sun of dawn, and by the Unction of Thy HOLY SPIRIT cause this withered stalk, apt image of my utter nothingness and helplessness, to bloom and flower anew. Grant that I may now at length put off the old man with his works, and be clothed upon with the new man which is created after GOD in righteousness, and holiness, and truth. Amen.

IN MEMORY OF RECEIVING THE CROSS.

O JESUS, my Brother, and my Spouse, Thou King, Supreme GOD, and Lamb of GOD, set again Thy mark on the face of my soul, and grave it so deeply there that out of Thee no creature may attract my choice, nor excite my desire, nor possess my love. O Thou Who art

dearer far to me than all that is dearest, deign to unite Thyself to me in a bond so intimate, in a Union so august, that I may ever be Thy true and faithful Spouse in that love which is stronger than death. Amen.

IN MEMORY OF MAKING THE PROMISES.

O JESU most Beloved, my eager desire is to follow Thee with this Rule of love, that my life may be renewed in Thee and spent in Thee. Put my whole life in the keeping of Thy HOLY SPIRIT, that I may at all times be ready to fulfil Thy commands. Make my actions conformable to Thine; strengthen and stablish me in Thy Love and in Thy Peace. Enlighten my understanding with the light of Thy Charity. Do Thou alone teach me, guide me, and form me, in the most secret feelings of my heart.

[PART

Draw up my whole being into Thee, with such energy that I may be truly buried in Thee; that in this deep Union with Thee I may be lost even to myself, and Thou alone know the place of my rest; that love may be as a seal upon this blessed Sepulchre, and bind me therein to Thee with a bond which nothing can weaken, or break for evermore. Amen.

#### ACT OF LOVE.

**W**HAT have I henceforth to do with the world, O my JESUS? What is there in Heaven that I can desire but Thee alone? Thee do I love, Thee do I desire; my heart thirsteth after Thee, my soul craveth for Thee alone. When I think upon Thee, O my Beloved, my heart faileth within me. Set me in the sevenfold heat of the furnace of Thy love. Unite me so closely to Thee in this life, that

II.]

when my soul shall leave the body, I may have already found in Thee my supreme and everlasting bliss. My soul loveth Thee, my heart yearneth after Thee, my whole being hangeth on Thy Love, my life hath forsaken me to go after Thee. O JESUS, most loved of all who are loved, my heart hath said unto Thee, and saith evermore, Thou art my dearest, choicest Treasure, my true and only joy, my undecaying bliss, my better part, the one only Object of my soul's love and desire.

What am I, O my God, Thou Life of my soul? Alas! what an infinite distance there is between Thee and me! I am but a grain of dust, which the wind scattereth. Send down upon me now the glowing breath of Thy Love. May Thy HOLY SPIRIT like a mighty whirlwind, lift me from earth, and cast me upon Thy mer-

ciful and Loving Breast, and then do Thou deign to receive me. Then shall I be truly detached from myself; then shall I die to myself, to live in Thee alone. Amen.

ACT OF THANKSGIVING  
IN CONCLUSION.

**O** HOLY TRINITY, in whose Bosom shines in undecaying splendour the Everliving Love and Wisdom of perfect Godhead.

**O** FATHER, Thou sole Fount of that Eternal Power which is Thy nature; Thou with Whom Wisdom is coessential, from Whom Goodness is welling forth unceasingly, in Whom Charity glows as a consuming fire, from Whom Holiness diffuses itself throughout the multitude of Thy chosen, and goodness yearns to embrace all whom Thine Hands have made; to Thee be all thanksgiving, to Thee all power and glory!

**O** Thou WORD sub-

lime, Who art the mighty Cedar of Libanus, and Who in peerless majesty spreadest far above the Cherubim the branches of Thy Divinity; Thou hast delighted to seek in the lowest depth of this valley of sorrow and tears a lowly plant of hyssop, that Thou mightest unite it to Thyself, in most intimate union, and make it Thy Bride in an unutterable Love; to Thee be all thanksgiving, to Thee all power and glory!

**O** HOLY GHOST, Who art Love, and the Loving Bond of the Holy Trinity, Thou dost rest and take Thy delights with the children of men, in that holy purity which through Thy might and Thy attractiveness, flourishes here below as the rose amidst thorns. **O** HOLY SPIRIT, O Love, teach me the way that leadeth up to so blissful an abode. O Love, Thou, Thou alone knowest the way which

leadeth to the Truth and the Life. In Thee is effected that all-transcending Union which conjoins the Divine Persons of the HOLY TRINITY. By Thee, O Thou HOLY SPIRIT, all most precious gifts are poured forth on us; from Thee, too, comes the living seed from which spring fruits of life; from Thee flows forth the sweetest honey of the delights which are in GOD alone; from Thee fall on us the fruitful showers of the Blessings of the LORD of Hosts; these are all Thy priceless gifts, O HOLY SPIRIT of GOD: to Thee be all thanksgiving, to Thee all power and glory!

O SON of GOD, O Love, make ready for me the way which leads to Thee, the path of fair love. Drawn after Thee by most chaste affection, bound to Thee by the mystic nuptial tie, may I follow Thee everywhere

whithersoever Thou goest, when Thou ledest after Thee the soft shining choirs of ten thousand times ten thousand Virgin souls clothed with raiment whiter than snow, and ever repeating the ecstatic burden of the marriage song of the Lamb. Meanwhile, O JESUS, my Love, keep me; shelter me in this valley of sorrows beneath the shadow of Thy Love; and when this weary exile shall end, do Thou lead me and bring me, pure and without spot, into Thy Holy Place, and let my portion be with Thy chosen Virgin souls. Then shall I slake my burning thirst at the living waters which gush forth evermore from Thy Divine Tenderness; then shall I be satisfied and at rest in the sure enjoyment of Thy Sweetest Love. Amen, Amen! and let every living creature cry, Amen.

## SPECIAL DEVOTIONS FOR ONE HOLDING AN OFFICE.

**O** GOD, my LORD, this, O my GOD, not looking out for any change, Source of all Grace, Strength, and Sweetness of my life, my LORD, to Whom I have devoted myself, the Love and Joy of my soul, Whom I have chosen, and do for ever choose before all other, to be mine by day and by night, in the communion, the embrace of an everlasting companionship, and innermost secret love;

O my GOD, Thou knowest the Office committed to me, and the imperfections of my natural temper and faculties for it, and all my weakness that hinders me from fulfilling it as I ought. But it is Thou Who hast willed that I should be as I am, with this Office, to glorify Thee in it, to offer myself to Thee in it, to rise to Thee in it day by day. And I would seek to do Help me, O my GOD, help me, in my special needs which Thou knowest are mine. Give me what I have not, increase what in Thy great Love Thou hast given me; strengthen what is feeble; sustain what is so often cast down and overcome, and quicken with Divine Energy and Power what is so often ready to fail. Give me, O LORD, and cherish in me, simplicity and single-mindedness, a quiet trust and strong confidence in Thy Presence and ready Help, holy zeal, and calm recollec-



tion ; a deep sense of duty, firmness and truth, devoutness and purity, tenderness and love, considerateness for all, cheerfulness and ready kindness, with a deep humility and unselfishness, and with all, O my GOD, fervour of love to Thee, and the intense inward earnestness which have ever marked the Saints, Thy Spouses.

I kneel before Thee, O Blessed GOD, and implore this aid out of the fulness of Thy Ineffable Life, that I may be perfected in this service, and adorned with all the virtues which consecrate Thy chosen ones. Sustain me continually, check my wanderings, restrain my impatience, calm my anxieties, work in me, animate me, let me not droop, discipline me, and chasten every impulse of my being into perfect conformity with Thy Mind.

FATHER of all, I here devote myself to Thee,  
[II.

to live this perfect life for Thy glory.

JESUS, my LORD, I would be Thine, perfectly well-pleasing to Thee.

SPIRIT of Holiness, I yield myself to all Thy blessed Inspirations now and for ever.

ETERNAL TRINITY, perfect and guide, possess and uphold me, through the Merits and Mediation of His Cross and Passion, Who gave Himself that I might be Thine, saved for evermore. Amen.

#### ANOTHER.

O THOU, the Fountain and Source of all life, the Giver and Preserver of all virtues, O my GOD, increase in me, I beseech Thee, true Faith, unshaken Hope, perfect Charity, deepest humility, patience most invincible, and perpetual chastity both of body and mind. Give Thou to me wisdom and righteousness, fortitude and

temperance, discretion in all my actions, and senses very wakeful, that I may be able wisely to discern between good and evil, between the right hand and the left. Make Thou me rich in all Thy holy virtues, that by them I may serve Thee, and through them please Thee in truth. Give me them for the honour and glory of Thy Holy Name.

O Thou Shepherd and Ruler of all, CHRIST my God, Who for no merits of my own, but of the sole vouchsafement of Thy Mercy, hast called my littleness to this Office, for Thy own sake, for Thy Name's sake, make me fit for this charge, and grant that I may wisely bear this rule in Thine House, fulfilling my trust according to Thy Will. Grant, for Thy Lovingkindness and for Thy Goodness' sake, that I may become in Thy House a burning and a shining light :

grant, for the honour and glory of Thy Name, that with much good fruit in this Community of Sisters I may be found meet to attain to Thy Glory ; for to Thee nought is difficult, nought is impossible. With Thee to will is to do ; Thy Will is work. And therefore I believe that Thou canst and wiltest wonderfully to fulfil this work through me, mean as I am ; and to bring forth great and good fruit to many others by me, small and weak though I be. Yea, I am small, and have nought in me fitting so high an Office ; wherefore, despairing utterly in my littleness, I breathe only in the thought of Thy Mercy.

But if it be not in the Counsel of Thy Eternal Will to do this work through me, I beseech Thee set me free from the ties of so great an Office, so great a Charge, in whatever way seemeth

good to Thee ; for Thou knowest and canst do all things. What do I here, why tarry I in these turmoils, if I be not destined by Thy Grace to bring forth some fruit for Thy Glory? Wherefore by all Thy compassions I beseech Thee, give me of Thy Heavenly consolations in my many difficulties and tribulations ; for that heavy burden which is laid upon me I am unable to bear ; and to lay it aside I fear. O GOD, the Helper of all that trust in Thee, help Thou me, who hope in Thee, and trust in Thy Mercy alone !

O Thou, rich in mercy and bountiful in gifts, give Thou unto me, I pray Thee, according to my needs, both heavenly and earthly supplies, that I may have whence I may be able to sustain my Charge, and send Thy Holy Angel from Heaven to my aid, that, helping me in all things, Thy

II.]

Word may prosper in my hands. By Thy HOLY SPIRIT direct my heart, my tongue, my actions according to Thy Will, that I may ever speak, and think, and do those things which shall please Thee. Give me rest and health of soul and body, and at the same time freedom for Thy service. Free me from all vain entanglements of the world, for the profit of my soul, for Thine honour's sake, and for the glory of Thy most holy Name.

I thank Thee, O LORD, that Thou hast severed me from the vain fellowship of this world, and hast drawn me to Thy holy service. I bless Thee, my GOD, Who givest to me, unworthy, to enjoy, the society and the love of Thy servants, my Sisters. I thank Thee again and again, O Almighty and Merciful GOD, Who hast deigned so to set free my littleness from tribulations

and dangers, from calamities and infirmities, from many sins and evils, wonderfully and mercifully guiding my life hitherto. To Thee, then, be praise, and blessing, and thanksgiving, O LORD my GOD, for all Thy Gifts and Bounties, for all Thy Benefits and Loving-kindnesses to me, most unworthy.

Glory be to the FATHER.

Glory be to the SON.

Glory be to the HOLY GHOST.

Glory be to the Most Holy Trinity, now and for evermore. Amen.

#### ANOTHER.

**O** ALMIGHTY GOD, Who hast called me to serve Thee in this Office, enable me to carry out Thy Will, and accomplish what Thou hast purposed. I desire to be wholly Thine, dependent on Thee, strengthened by Thee, and finding my reward in Thee. Grant

that I may seek Thee in all things, and in labouring for others may so strive after the advancement of Thy Glory in them, as not to forfeit my own salvation.

In all authority make me humble, in reproofs meek, amidst waywardness forbearing, ready to make allowance for the faults of others, considering my own unworthiness in Thy sight. Let not the praise of men deceive me, or make me forget the truth and strictness of Thy Judgments. Let me not be uplifted by success, nor cast down by failure, but in all things grant that I may contentedly resign myself and my actions to the keeping of Thy love, secure to find ample satisfaction in Thy merciful acceptance.

I am unworthy to offer Thee anything, but I dedicate myself and all my work to Thee, day by day, with a firm faith that Thou wilt not be

extreme to mark what is done amiss ; but as Thou hast called me by Thy SON JESUS CHRIST, so do Thou receive me into the fulness of Thy Blessing for His sake, Who liveth and reigneth with Thee and the HOLY GHOST, One GOD world without end. Amen.

#### EFACULATION.

**D**RAW around me, O GOD, I pray Thee, the Veil of Light, wherein Thou dwellest, and encircle me with Thine Arm ! And in the midst of all distractions, in the crowd that presses near me, within all outward things, keep me, O keep me, in closest union with Thyself, in stillness, and alone with Thee. Amen.

#### DAILY RULE.

**T**O be ever active, with constant recollect-edness.

To be energetic, without loss of calmness.

To be ardent, without impatience.

II.]

To be brave, with gentleness.

To be pliant in will, without loss of steadfastness.

To be mortified, without severity.

To be inwardly watchful, without self-contem-  
plation.

To rule, without high-mindedness.

To obey in true humility.

To reprove with tenderness.

To answer with gentleness.

To consider all, to overlook none.

To love all in GOD.

To unite myself with all in CHRIST.

To listen always for the Will of GOD.

To act His Will in the Love of CHRIST.

To pray without ceasing.

To meditate with fervour.

To delight in GOD.

To hope always.

To be patient and lowly always.

To do all without self-consciousness.

Not to faint by the way.

To wait in patience for the unfolding of the Vision of my LORD, into Whose Image may I be transformed ever more and more, and in the affectionate feeling of

Whose Love may I ever live. Amen.

**L**ORD of my life! Ruler of my destiny! Object of all my desires! grant me this true spiritual life, in communion with all Thy Saints, through Thy merits. Amen.

## SPECIAL PRAYERS FOR NOVICES.

### PRAYER.

**O** LORD, my God, since Thou hast taught Thy Church to receive to the Religious Profession those only who have faithfully passed through the trial of their Noviciate, grant me so to use this precious time of holy discipline, that I may wholly rise out of the false spirit and ways of the world, and by Thy Grace be filled with whatsoever gifts may please Thee, and which are consistent with this Holy Estate to

which Thou hast called me.

Give me, I beseech Thee, a humble, meek, and docile heart, a teachable, obedient spirit, energy and perseverance, that I may set myself to acquire that holy Wisdom, and all those Heavenly virtues which are the true marks of this Holy Profession, so that during the rest of my life I may ever glorify Thee by my faithfulness and fervour, and ever be made a help to others whom Thy Love and

wondrous condescension may draw into the same blessed life of Divine Espousals with Thee, my LORD and my GOD. Amen.

## ANOTHER.

**M**OST Blessed SPIRIT, Who by inspiring me with the desire to enter into a Community of Religious, hast preferred me, unworthy, to so many others, and given me such an abundance of Thy Grace, grant that I, living in this House established for the sanctification of those whom Thou hast called to so holy an Estate, may never be content to remain in any imperfection. Teach me to feel within my soul the experience of Thy Saints, that an abode in such a Holy House of Religion, if well used, is the beginning of an Eternity of the highest Glory; but if ill used, of unutterable woe and misery.

Have mercy upon me,  
II.]

Most Holy SPIRIT, I pray Thee, rouse up my failing energies, and make me of quick understanding in the fear of the LORD, that, knowing what will please or displease Thee, and ever rejecting the evil, and at any cost choosing the good, I may press on towards the mark of this high Calling, which Thou hast vouchsafed to me in CHRIST JESUS my LORD. Amen.

## ANOTHER.

**M**Y GOD, my JESUS, since in Thy Love, Thou hast called me out of the world's life, to follow Thee without distraction, in this life of close union with Thyself, in the practice of all perfect virtues; give me, I pray Thee, a high estimation of this my Holy Vocation, and impress upon my heart a constant recollection of the solemn obligation that is laid upon me, to stretch forward to attain a life

of sanctity. Grant that I may never think so meanly of Thy Grace, as to set any bounds to the Perfection I should aim at, lest, failing to bring forth all the fruit Thou expectest from me, I should be found wanting in correspondence with the manifold Gifts of Grace, Thou ever sheddest so lavishly on my soul. Amen.

## ANOTHER.

**H**OLIEST LORD GOD, since of all states of life, this to which, as I trust, Thou hast called me, is the most sacred, the employments most momentous, the obligations most arduous to fulfil, I pray Thee, enlighten my mind, that I may fully understand the danger, and the misery of a Religious, who is wanting in the spirit of her Vocation. Grant that, if I have it not, I may earnestly seek it, using every effort to obtain it; and that if Thou

hast already bestowed it on me, I may faithfully use all means to preserve it, and increase in it ever more and more. Amen.

## ANOTHER.

**M**Y LORD, my God, Who in giving me this holy Vocation, hast also provided so many opportunities and means of drawing me on to perfection, that I may be fitted for the full Profession of the Religious Life; have mercy upon me, I beseech Thee, and give me the Grace faithfully to profit by them, that I may not by my negligence expose myself to the danger of taking up a burden too heavy for me to bear. O may I never hereafter give Thy Sacred Heart the grief of seeing Thy Spouse give way under the weight of her obligations, and grow slack in Thy service. But may I so use this time of my Probation, that on the day of my Consecra-



tion I may answer Thy Call, corresponding with Thy expectations for me, and run and not faint along the way Thou hast marked out for me. So may I go to meet Thee, my Heavenly Bridegroom, and have my place in Thy Courts among the wise Virgins, having been found with my lamp lighted and trimmed with the oil of a meet and careful preparation. Amen.

AN ACT OF SELF-SURRENDER.

O MY GOD, reveal to me what Thou wilt. I know that Thou lovest me. Teach me to do what Thou wilt.

I know that Thou lovest me.

Do with me what Thou wilt.

I know, &c.

Withhold from me what Thou wilt.

I know, &c.

Send me where Thou wilt.

I know, &c.

My God, my Light, my Life, my All;

I know, &c.

I would be Thine now, and for ever.

I know, &c.

I would have no will but Thine.

I know, &c.

Cleanse my inmost soul through Thy loving Presence therein.

I know, &c.

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IN PREPARATION FOR CONSECRATION  
AS A CONFIRMED SISTER.

ACT OF PRAISE.

WHO is like unto Thee,  
O JESUS CHRIST,  
my LORD, my Love;  
Thou Who art so high,  
II.]

so incomprehensible, so immense, and Who yet lookest down upon low things, even the lowest? Who can be compared

unto Thee, Who dost vouchsafe to choose what is weakest in this world? Who is like unto Thee, Thou Creator of Heaven and earth, Thou King of kings and LORD of lords? The whole Host of Heaven doth worship Thee, and yet Thou dost take Thy delights among the children of men. Lo, Thou seekest unto Thyself a Spouse of earth. O Love Divine, to what dost Thou abase Thy Majesty? Thou pourest into our utter misery the streams of Wisdom from Thy Divine Essence! Thou, O my Love, art that requisite Wine, the abundance whereof shall inebriate my heart forever! Amen.

#### ANOTHER.

**G**LORY be to Thee, O my GOD, Thou art truly our GOD! Thou art He Who hath loved us with an unconquerable love, with an unwearying charity, with an unutterable tender-

ness. Thou hast united to Thy Godhead the very substance of our body taken from the earth that Thou mightest be our only Bridegroom, and mightest choose from among us Thy Spouses. Thou art He Who hath loved us with all Thy whole being, and dost allow the creature, who will love Thee in return, to become Thy Spouse! Amen.

#### OBLATION OF THE SOUL TO JESUS.

**I** AM but an Orphan, poor and destitute of all. Out of JESUS I have neither consolation nor hope. He alone can slake my soul's deep thirst. Him alone my heart hath chosen for the object of its love; but He is King of kings and Lord of lords! If a Prince so mighty deign to show a condescension so vast to me, so vile, so wretched, it is of His pure pity alone, of His sovereign good-will to

me. And as for me, I would be His wholly and without reserve; my soul and my body are both in His Hands; let Him do with me whatsoever His Love pleaseth.

O, who will give me to be according to His Heart, that He may find in me what He seeketh and desireth, what may respond to the blessed choice He deigns to make of me? Then alone should I know consolation and joy.

O JESUS, Thou one and only Love of my heart, O my Beloved, overflowing with tenderness, towards Thee my heart doth sigh and languish with loving desire. Thou art to it as a Spring day, instinct with quickening life. O may this most intimate Union with Thee be effected in me, O Thou true and living Sun! Then shalt Thou cause my soul to bring forth both flowers and fruits of holiness, not unworthy of Thee.

II.]

Come then to me, LORD JESUS; I await Thy coming in breathless eagerness. With Thy Divine Beauty Thou hast wounded my heart. O my Beloved, my Well-Beloved, O Thou Whom my soul loveth, fulfil both my desire and Thine own also, and accept this my offering. Amen.

THE ANSWER OF JESUS.

I WILL espouse thee through My Holy Spirit; I will unite Myself to thee in an indissoluble bond. I will possess thee in thyself; thou shalt be the willing prisoner of the Love I bear thee. I will cover thee with the Princely Purple of My Precious Blood. Of My Death, so bitter, I will fashion for thee a Diadem finer than most refined gold. I, yea, I myself, take upon Me to fulfil to overflowing all thy heart's desires, and I will be thy Blessedness throughout Eternity.

PRAYER ON THE VOWS  
OF RELIGION.

**T**HE time of my Betrothal is past, the day of Espousals is at hand, I am now the accepted one of the Great King!

O LORD, my LORD, my GOD, I come to Thee, to Thee Whom I have loved, in Whom I have believed; to Thee Who hast called me, Who hast chosen me to be Thine own for ever!

Threefold are the bonds of love that unite Thy Spouse to Thyself; form them, by Thy Grace in me, LORD JESUS, I pray Thee, perfect me in them ever more and more, keep me true to them, and of Thy Goodness supply all my defects and shortcomings, out of the unfathomable deep of Thine own Perfections. Amen.

FOR HOLY VIRGINITY.

**J**ESUS, Spouse of Virgins, the Betrothed One of my soul! Thou

callest me, and I come to Thee, to be bound to Thee Alone for ever, by the Sacred Vow of Holy Virginity. Cleanse and purify me from all sin, or stain of sin, cast out of me all remains of earthly attachments or desires, fill me with Thy Divine Love, and prepare me for that Union with Thyself, to which in Thy marvellous condescension Thou hast predestined me.

Disengage my heart from all the subtleties of vanity, from all self-consciousness, all self-love, that it may seek nothing but Thy Love. Fill me with the life, the beauty, the graces which will make me well-pleasing to Thee. Bear my heart away wholly to Thyself, so that it may no longer be in me but in Thee, for all its desires are unto Thee! I would follow Thee, LORD JESUS, whithersoever Thou goest, and when once Thou hast sealed me as Thine own

possession, nothing in Heaven or on earth shall be able to separate me from Thee for evermore! Amen.

FOR HOLY POVERTY.

**B**LESSED JESUS, Thou callest me again, and I come to Thee. I bring Thee all I have, and all I am. In the Sacred Vow of Holy Poverty I lay all that is, or shall ever be mine, at Thy dear Feet; all that Thou hast given me I give back to Thee. Help me, I beseech Thee, unreservedly to surrender all to Thee, even that to which I most cling, not in the letter only, but in the spirit of an entire self-sacrifice. The kingdom of this world, and all the goodness of this life, I set at nought for the love of Thee, my LORD JESUS CHRIST, in Whom I have believed, and Whom I love and seek. Give me, I beseech Thee, Grace, also to renounce day by day II.]

my own ease, and convenience, my tastes and inclinations, all longings for praise, or success, or notoriety, all self-seeking, all self-pleasing.

Give me the true spirit of detachment and self-renunciation, that forsaking all, giving up all, I may gain all in gaining Thee, LORD JESU; Thy Love to be from henceforth my only possession, Thy Presence my joy, Thy sweetness my delight, Thy Gifts my Dowry, the Graces wherewith Thou wilt adorn my soul, my goodly Heritage, Thy Sacred Heart my present Refuge, and hereafter my Everlasting Home. Amen.

FOR HOLY OBEDIENCE.

**L**ORD JESUS! LORD JESUS! a third time Thou callest me, and I come to Thee! To Thee Who being God, didst empty Thyself of all Thy Glory, and become obedient unto death, even

the death of the Cross! I come to Thee, that in the Sacred Vow of Holy Obedience, I may give Thee my will with all its inclinations, and thus be wholly Thine from henceforth for ever.

And for this again I ask Thy help, Thy Grace, that on the day of my Espousals, I may be indeed as a whole Burnt-offering laid on the Altar of Thy Heart. Enable me joyfully to place myself under the blessed pressure of the Rule which this Holy Vocation binds around me. May I hold back nothing from Thee, and shrink from nothing through which Thy Will is made known to me. Give me the Grace of a perfectly obedient will ever pliable, and yielding, ever ready to surrender its wishes, its judgments, its secret choices.

Strengthen the inner powers of my soul, to restrain every impulse,

to bring every thought into captivity, that listening for Thy Voice I may ever obey Thy Holy Inspirations, and follow on as Thou leadest. Blessed LORD, Spouse of my soul, draw my will into entire conformity with Thine, draw me to Thyself, absorb me wholly into Thyself, that all my faculties being hushed to rest in an exceeding peace, nothing may disturb the perfectness of my Union with Thee. Amen.

O MERCIFUL God, I can indeed desire and resolve, but how to accomplish what is good, I find not. Wherefore I cry to Thee to uphold me ever with Thy Almighty Grace, for then I shall run in the way of Thy Commandments, and not faint in this great work I have taken upon me for the love of Thy SON, my LORD, my God. Amen.

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## PRAYER.

O GOD, Who of Thy Goodness dost deign to dwell in the chaste of body, and the pure of heart; O God, Who in the Same Thy Word, by Whom all things were made, hast restored the nature of man, which the wiles of the Devil had defiled in our first parents, and hast raised it to the capacity of enjoying a like state with the Angels of GOD, a heavenly chastity, vouchsafe to accept me, now coming to place in Thy Hands the pledge and Vow of a perfect devotion both of soul and body to Thee, offering myself unto Thee; unto Thee from Whom I have received the Grace to make such an Offering.

Wherefore, O LORD, vouchsafe to grant Thy Help and Thy Guidance to me who implore Thine aid; to me who  
II.]

desire to be confirmed in my resolve by Thy Blessing, full of loving mystery.

Establish Thou within me, O my LORD, by the Gift of Thy Holy Spirit, modesty and prudence, gentleness and gravity. While I am fervent in Charity, never let my love cling to aught but Thee Alone. Let the holiness of my body, and the purity of my soul glorify Thee unceasingly. May the sense of Thy Love fill my heart, and my service unto Thee be a service of love. Be Thou my glory, my joy, my delight, my consolation in sorrow, my sure counsel in uncertainty. Be Thou my hiding-place in adversity, my abundance in poverty, my sustenance in fasting, my rest in vigil, my healing in sickness.

O Thou Whom I fain would love above all, grant me to find my all in Thee, and to keep

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faithfully what I shall promise unto Thee. So shall I not be confounded at the sudden coming of the Sovereign King; but all peaceful and clothed with Light, I shall join with songs of gladness the choirs of Virgins who have gone before me. So shall I not be shut out with the foolish Virgins, but in humble confidence enter with the wise Virgins into the Palace of the Great King; and dwell for ever with the Heavenly Lamb. Amen.

ANOTHER.

**V**OUCHSAFE, O Sweet JESUS, to write my name in Thy Heart, and to reckon me amongst those of Thy Household who know Thee, O Thou GOD of Israel—in the family of those who seek Thy Face, O GOD of Jacob—in the family of those who love Thee, O LORD GOD of Hosts. Grant that in innocency of life, and purity of heart, I may receive Thy Blessing, O my GOD, and my Salvation. Amen.

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## HYMNS.

*"I count all things but loss, for the excellency of the knowledge of Christ Jesus, my Lord."*

**O** JESUS! if in days gone by  
My heart hath loved the world too well,  
It needs more love for love of Thee  
To bid this cherished world farewell.

And yet I can rejoice there are  
So many things on earth to love,  
So many idols for the fire,  
My love and loyal change to prove.



He that loves most hath most to lose,  
And willing loss is love's best prize ;  
The more that yesterday hath loved  
The more to-day can sacrifice.

O earth ! thou art too beautiful,  
And thou, dear Home ! thou art too sweet  
The winning ways of flesh and blood  
Too smooth for sinners' pilgrim feet.

The woods and flowers, and running streams,  
The sunshine of the common skies,  
The round of household peace—what heart  
But owns the might of these dear ties ?

This have I leaned upon, sweet LORD !  
This world hath had Thy rightful place ;  
But come, dear jealous King of love !  
Come and begin Thy reign of Grace.

Banish far from me all I love,  
The smiles of friends, the old fireside,  
And drive me to that Home of homes,  
The Heart of JESUS Crucified.

Take all the light away from earth,  
Take all that men can love from me ;  
Let all I lean upon give way,  
That I may lean on naught but Thee.

*" I am my Beloved's, and His desire is toward  
me."*

JESUS ! why dost Thou love me so ?  
What hast Thou seen in me  
To make my happiness so great,  
So dear a joy to Thee ?

Wert Thou not GOD, I then might think  
Thou hadst no eye to read  
The badness of that selfish heart  
For which Thine Own did bleed.

But Thou art GOD, and knowest all ;  
Dear LORD ! Thou knowest me ;  
And yet Thy knowledge hinders not  
Thy love's sweet liberty.

Ah, how Thy Grace hath wooed my soul  
With persevering wiles !  
Now give me tears to weep ; for tears  
Are deeper joy than smiles.

Each proof renewed of Thy great Love  
Humbles me more and more,  
And brings to light forgotten sins,  
And lays them at my door.

The more I love Thee, LORD, the more  
I hate my own cold heart ;  
The more Thou woundest me with love,  
The more I feel the smart.

What shall I do, then, dearest LORD ?  
Say, shall I fly from Thee,  
And hide my poor unloving self  
Where Thou canst never see ?

Or shall I pray that Thy dear Love  
To me might not be given ?  
Ah no ! love must be pain on earth,  
If it be bliss in Heaven.

*"He that shall endure unto the end, the same shall be saved."*

**S**OMETIMES, O LORD, yea, oftentimes this life  
 Wears a dry, spiritless aspect as I pass  
 Through each day's chequered walk,  
     Alternate work and rest.  
 Full well I know my work is in Thy field,  
 My only rest beneath Thy Gentle Wing ;  
 And yet this knowledge lies  
 (Knowledge and nothing more)  
 Upon the surface of my barren soul,  
 As though I had two selves,—one doing work,  
     The other looking on,  
     Passionless, unconcerned.  
 Thus blind, I live blind in a world of light,  
 Unloving in an ocean of vast Love  
     Linked with Thy Holy Ones,  
     The unseen Heavenly Race.  
 If that mine eyes were open I might see,  
 If that my heart were loving I might feel  
     By love's intuitive force,  
     Realities of faith.  
 Calm-visaged Angels, radiant, wonderful ;  
 Malignant devils, loathsome, dark and dread,  
     Unwearied watchers both  
 Round every single soul ;  
 Round every single soul a silent strife  
 An awful strife of spirits ; yea myself  
     The centre of a war,—  
     My feeble soul the prize.  
 Forbid, my LORD, that in that strife I die ;  
 Bruise Thou my conscience tender, draw my heart  
 To follow, though afar  
 Yet still to follow Thee,

To learn the easiest lessons of Thy Love,  
 Or if I may not love Thee with my heart,  
 In mercy, LORD, my LORD,  
 Let me love nothing else.

*"A bruised reed shall He not break."*

**N**OT all at once, not in Thy wrath, O LORD,  
 Break Thou these stubborn hearts of ours,  
     we pray,  
 Not all at once, for we are weak, and they  
 Draw trembling back from that Thy Fiery Sword.  
 But as a tender mother, day by day,  
 Weans the weak babe she loves, lest it should pine,  
 So wean us, LORD, so make us wholly Thine.  
 Lest in our feebleness we start away  
 From Thy loved chastening, for we could not bear  
 The sudden vision of ourselves and Thee,  
 Or learn at once how vain our bright hopes be!  
 Then be our earthly weakness, LORD, Thy care,  
 And e'en in wounding heal—in breaking spare.

## PRAYERS FOR SPECIAL NEEDS.

FOR A TIME OF RETREAT.

**O** LORD, Holiest,  
 Dearest LORD, I  
 adore Thee, I bless Thee,  
 I most thankfully ac-  
 knowledge Thy Mercy  
 in all the changes of my

life. Thou hast been  
 continually drawing my  
 soul, to bring my wan-  
 dering steps, my way-  
 ward heart, more and  
 more close to Thee, to be  
 conformed in all things

to Thy Blessed Will. I see, as I look back, the love which has directed all my life, subjecting me only to such trials as were needful for me, relieving me where my weakness was giving way, overruling to my good even my transgressions, giving me so often unspeakable rest and refreshment, light, sweetness, raptures, so undeserved, even after I had so grievously sinned against Thee. I bless Thee, O my GOD, and I beseech Thee to forgive and blot out in love all the sins, the waywardness, the faultiness of my nature, which has so mingled with, and marred Thy work in me. Only grant that Thy Purposes of Love for me may not be lost, because of my sins, and Thou mayest continue to me all Thy Love notwithstanding my unworthiness.

And now, O LORD, my LORD, I would con-  
II.]

secrate to Thee this time of retreat. I would be lost in Thee, wholly entranced in the recollection of Thee, possessed and filled by Thee moving in me in Thy Fullness; thinking of nothing, caring for nothing out of Thee, and for others only in Thee, bound by a spell of love and sweetest communion. Keep me, O my LORD, from all disquietude and unrest; bind Thine Arms around me, let me know Thy sweetness, Thy kiss of peace; the fulness of Thy love. Shine inwardly upon my heart. Flood my soul with tenderness. Inspire me with holiest, purest thoughts of rapt devotion. Uplift me above myself, above nature, and sustain me in Heavenly Places.

In Thy Great Pity, O my GOD, show me where I am wanting, my faults, all evil that remains in me. Let Thy Light reveal to me where-

in I wander, or fall short of Thy Pure Spirit. Give me deepest contrition ; work a perfect repentance in me.

And that I may live before Thee, O my God, illuminate me with fresh views of Thy Grace, reveal to me more and more of Thy Beauty, more and more of the perfect life to which I most ardently aspire, more and more of the unearthly sanctity unto which Thou in Thy Mind didst purpose that I should attain, that Thy Glory may shine forth in me.

O give me an attentive ear, an ever watchful heart, to catch all sounds of Thy Voice, all Thy Wishes for me, all the expressions of Thy Mind, all the full meanings of Thy Blessed Calling which is upon my soul.

So make me more worthy of Thy Love, more able to receive Thee into myself, more worthy of

being associated with Thy Blessed Mother in her love, and with the bright circle of Angels and Saints, and of all Thy Blessed ones, more worthy of entering into the Beatitude of the Most Holy TRINITY, to Whom be all Glory and Praise for ever and ever. Amen.

#### BEFORE MEDITATION.

**I** WOULD be alone with Thee, O my God, my own God, and hide myself in Thee ; shut out from all the world to feed my soul with Thy Mysteries ; to drink in the love of Thy Bosom ; to nourish my soul with the knowledge and illumination of Thy Truth. Draw round me a veil to cover me from all but Thyself, and the mysteries of the Invisible that are around me. Give me inward light to discern, and love to embrace, and capacity of soul to receive the fruit of my meditation, that it may become a living part

of me, that I may be adorned with some new Heavenly Virtues, and advanced to some higher stage of the Divine Life, being made a partaker of the Divine Nature more and more, till I am lost in the fulness of GOD. Amen.

FOR A TIME OF SPIRITUAL DESOLATION.

**O** ALMIGHTY GOD, and Merciful FATHER, GOD Most Loving, Most Pitiful and Tender, LORD of my heart, though I cannot see Thee, cannot feel Thee, and Thou art hidden from my eyes, and I am desolate and alone, yet I hunger and thirst for Thee, I long and sigh for Thee. Thou hast made me love Thee above all else, how then can I live without Thee, O my GOD? Have pity on me, O Thou Who art dearer to me than all that is in Heaven or in Earth!

O LORD, I mourn over my many sins and shortcomings,

which have so often separated me from Thee, and now cause Thee to hide Thy Face from me. Who, O LORD, but Thyself can cleanse them away? The mansion of my soul is too narrow for Thee,—do Thou enlarge it,—it is in ruins, do Thou repair it,—it is empty, do Thou fill it. O Light and Life of the souls that love Thee, come again, I beseech Thee, to me, and leave no space in me for aught else but Thyself. Fountain of Life, give my thirsty soul to drink of the Torrent of Thy Pleasure, and flood it once more with Thy Love.

O Most Kind, Most Sweet, Most Loving, Most Precious, Most Beautiful; in Thy Love, in Thy Pity reveal Thyself to me again, that my heart may rest in Thee, my heart which, as the great sea is swollen with waves, is tossed to and fro with storms. Thou,

Who didst still the sea and the waves, come, and walk on the waves of my heart, that all in me may become calm and serene, and I may embrace Thee, and gaze on Thee in sweetest peace, freed from the darkness of my tumultuous thoughts. Hush my memory to sleep from all that is not Thee. Keep my soul ever safe, ever untroubled, abiding in Thee, cherished by Thee, and may I never again offend or disturb Thy Blessed Presence even for one moment.

Come Thou, O my LORD, come to me, and I shall be comforted, look upon my tears, my sorrows; show me Thy Face and I shall be whole. Show me Thy Presence, and I shall have obtained my desire, reveal Thy Glory, and my joy shall be full.

Meantime, may my tears be my meat day and night; feed me with my sighs, refresh me with

my griefs, and in the midst of my darkness it may be my Redeemer will come and wipe away my tears, for He is good; He will not tarry, for He is Pitiful! To Him be glory for ever and ever. Amen.

#### ANOTHER.

*"My God, my God, why hast Thou forsaken me?"* O leave me not, I beseech Thee; but shed forth once more Thy Grace upon my soul. Remove from me this darkness, this dry, unfeeling indifference to holy things, this coldness, this weariness in Thy service.

If it be Thy will, O my GOD, by this darkness to try my faith and love, I would submit. What am I that Thou shouldest ever visit me? what am I that Thou shouldest ever listen to my prayers?

Forgive the unthankfulness with which I have so often received Thy

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loving inspirations. I was unworthy of them, O my GOD, and I am unworthy of them now. I have no claim on Thy Goodness, but yet I pray Thee give me the Grace to persevere in my prayer, the power still evermore to worship Thee. Lift up my soul to Heaven, that Thou mayest hear me, and come down to take possession of my whole being.

O HOLY SPIRIT, the Comforter, I cry to Thee, descend upon me, make haste to deliver me, O comfort me with Thy Blessed Presence. Drop down, ye Heavens, from above, drop down Thou dew of Grace, and peace, and hope, and love, upon my cold dead heart, that it may again open with joy and thankfulness to receive the inspirations of its GOD. O let Thy Light, Blessed JESUS, shine into the dark chaos of my heart, that I may truly love Thee, and keep Thy words; then  
II.]

Thou wilt remember Thy Promise, then will Thy FATHER love me, then will the Most Holy TRINITY come to me, and make His abode with me.

O come now, hasten the time, Thou GOD of Love, come now and dwell in me, come Thou Who fillest Heaven and earth with Thy Spirit, come and cheer, and soothe, and comfort Thy servant's heart. Give me that peace which passeth all understanding, give me that Grace which will unite my soul to Thee, and will be a foretaste of the bliss of Heaven. Have mercy on me, redeem me, save me, O LORD Thou GOD of truth, and bring me at last to Thy Heavenly Kingdom. Amen.

#### ANOTHER.

ETERNAL GOD, Thou wouldest teach me to live by pure faith, to cling to Thee when I see Thee not, to love Thee,

and trust in Thee, though I feel Thee not, though I taste not Thy Blessedness, but am dry and barren. Thou wouldest thus discipline me to greater self-sacrifice, to be resigned to the more complete abandonment of all that makes life dear, that I may be only more like to Thee, O Blessed JESUS, in Thy perfect mortification, and may know the sweetness of a resigned will, and the humility of soul which Thou lovest. Give me of Thy Spirit to live in this pure faith, seeking nothing for myself, not even Thee for myself, but only Thy Will for Thy Honour and glory, and for the perfecting of my soul. Amen.

#### IN PERPLEXITY.

**O** LORD JESUS CHRIST, the Wonderful, the Counsellor, the Guide of all who seek Thy Light, I ask of Thee direction in this

which now perplexes me. Teach me, I pray Thee, how to act so as to fulfil Thy Will, and the means I am to use, that what I do may in every particular be prospered to Thy Glory and the good of my soul. Let me know what Thou requirest of me. I would offer Thee a heart prepared to follow Thy leading, and do Thy bidding, longing only that Thy Divine Light may shine on me, and lead and sustain me to the end, for Thy own Merit's sake. Amen.

#### IN DOUBTS.

**I** BESEECH Thee, O LORD, give me peace and quietness of Faith, that I may rest where I have been baptized, where I have received the sevenfold Gifts of Thy Spirit, where I have been fed with the Most Precious Body and Blood of my LORD, where I have been filled with the Fruits of His Redemp-

tion, where I have been called, and pledged, and vowed, where Thou, the Spouse of my soul, hast called me to serve Thee. Give me grace to be ever faithful in Thy Holy Church, to perfect myself according to Thy will, to be true to all my promises, to walk in lowliness, ever thankful, ever childlike, ever dutiful, kept by Thy Grace, O my GOD, till I am made eternally and unchangeably one with Thee in Thy glory. Amen.

IN A TIME OF SORROW  
AND TRIAL.

**O** LORD my GOD, my Redeemer, Who becamest Incarnate for my sake, and didst bind Thyself with cords of human love, and with ties most dear and precious, which live, and will never cease to live in Thy Human Heart, even in the Glories of Heaven; Thou knowest, O my LORD, my JESUS, what it is to love, what

to part with those we love, what to see pain and sorrow in those we love, to long to help and comfort them, and yet be forced to leave them in loneliness, and weakness, and desolation; to wish to die for others, and yet restrain this desire.

Blessed, most blessed JESUS, my LORD, my only LORD, the very Spouse, the very Husband of my soul's secret, inner life; treasured, cherished above all other loved objects; what can I wish but to be made like unto Thee, to feel as Thou feelest, to suffer as Thou hast suffered, and in the same patience to possess my soul? For Thou, my GOD, didst bear this keen sorrow as part of Thy Passion, as the means of perfecting Thy Sanctity; and what Thou hast done, and what Thou art, O my LORD, is the fruit of that keen, absorbing grief, into which this sorrow of

Thy Loving Heart entered, one of its keenest, sorest pangs. And I love Thee, I glorify Thee, O my LORD, because Thou hast been, and art, so full of tenderest love, chastened in such sorrow, for Thine Elect, for me, most unworthy, even me, so sinful, so ungrateful.

And now, in my own trial and my own sorrow, like unto Thine, I lean upon Thee, O my LORD; I lean upon Thy Heart, that from thence may flow into mine the very same flood of chastened, patient love, of submissive trust, of purest self-sacrifice, of calmest endurance, of still rest, of union with the Eternal, the Supreme God. But I am weak, O my LORD, I am most weak, and failing, and I sink in my hour of trial. Of Thee, therefore, I most humbly ask sustaining Grace, that I may ever endure, committing all to Thee; supernatural

Grace and strength to rise above my nothingness, that I may fulfil Thy Gracious Call to my soul, and grow into Thy Likeness, even, if Thou wilt, through suffering; ever persevering, till I have attained, and have overcome, to glorify Thy grace in me, that I may not dishonour Thee; grant this, I beseech Thee, O my GOD, most blessed JESUS, through Thy Infinite Merits. Amen.

#### BEFORE TEACHING.

O INEFFABLE Creator, my LORD, and my GOD, Who in unsearchable Wisdom hast formed the Nine Choirs of Angels in a wonderful order, and hast fashioned and knit together all parts of the Universe; do Thou Who art the True Fountain and One essential Principle of Light and Wisdom, deign to shed the Brightness of Thy Light on the darkness of my un-

derstanding. O Thou Who madest eloquent the tongues of the speechless, instruct my tongue, and pour forth on my lips the Grace of Thy Blessing. Grant to me readiness and acuteness in understanding what I am to teach to others, and power, clearness, and ease in expressing it. Give me, I pray Thee, the help of Thy Grace, that I may please Thee in this that I would do for Thy Honour and Glory, through JESUS CHRIST OUR LORD. Amen.

#### FOR SUPPORT IN DAILY WORK.

O LORD, Who hast loved me with a love, which gave up Heaven for me, and for me didst stoop to the lowliest offices, washing the feet of Thy disciples to give me an example that I should do as Thou hast done; and Who for me didst bear the crowd, and noise, and violence  
II.]

of men, often weary yet never shrinking,—and didst become a servant, ministering unto the poorest with Hands, and Voice, and Feet; Dearest LORD, constrain me now in my day of grace, bound as I am to Thee; constrain me by the same love, thus to do all my ministerings. Seal up my senses to see Thee only in these poor ones; Thy Will only, in these tasks of my hand; Thy Sufferings only, in my trials. Enable me to feel Thy Power, Thy Sweetness, in all the movements of my soul, in all the beatings of my heart, in all my impulses, as I go to and fro, hour by hour, living in Heaven in my spirit, while serving Thy creatures here in love, in humility, in meekness, in contrition of heart, in blessed union of one life of mercy with Thee, that I may be lost in Thee, my LORD and my GOD. Amen.

*For the Same.*

O MY Eternal GOD,  
 LORD of my heart's  
 love—my joy—Spouse  
 of my soul, Who lovest  
 me so dearly, Thy Face  
 dawnsthrough the dawn-  
 ing brightness! Thou  
 watchest—beholdest my  
 path, my work, the heav-  
 ing of the troubled world  
 around me—thegrowing  
 fruit (oh! how unwor-  
 thy) of my unworthy  
 toil. But Thou, GOD,  
 seest, knowest, pitiest,  
 drawest—O most pre-  
 cious word!—drawest me  
 to Thyself; I feel the in-  
 ward impulse to hasten  
 to Thee—but not yet—  
 Thy calm, reproofing  
 Face says, Wait, watch,  
 grow still, toil on and  
 bear. Thou art drawing  
 nearer, but not yet. O  
 my GOD! when that  
 Vision opens in the  
 Eternal morning, may I  
 be more worthy, more  
 meet for Thy Love.  
 Amen.

*For the Same.*

THOU hast called me,  
 O my GOD, to serve  
 Thee, to be as Thy  
 Blessed SON, not minis-  
 tered unto, but minis-  
 tering. And I have given  
 myself to this life, as my  
 life, to live in obedience,  
 to be, if I may, a bless-  
 ing to some of Thy peo-  
 ple, and to labour for  
 this continually.

I pray most earnestly  
 that while I thus serve  
 Thee, Thou wilt shed  
 within me a continual  
 sense of the sweetness of  
 Thy Presence, that I may  
 feel Thy nearness, see  
 Thee ever by my side,  
 have the Brightness of  
 Thy Glory shining a-  
 round me, and may do all  
 in union with Thee, all  
 for Thee only, Thy Glory  
 my aim, Thy Will my  
 Rule, Thy Love and  
 Kindness my support.  
 Dearest LORD, my JE-  
 SUS, grant me this, I  
 pray Thee, for Thy Great  
 Mercies' sake. Amen.

## HYMNS.

## DISTRACTIONS IN PRAYER.

**A**H, dearest LORD ! I cannot pray,  
 My fancy is not free ;  
 Unmannerly distractions come,  
 And force my thoughts from Thee.

The world that looks so dull all day  
 Glows bright on me at prayer,  
 And plans that ask no thought but then,  
 Wake up and meet me there.

All nature one full fountain seems,  
 Of dreamy sight and sound,  
 Which, when I kneel, breaks up its deeps,  
 And makes a deluge round.

Old voices murmur in my ear,  
 New hopes start into life,  
 And past and future gaily blend  
 In one bewitching strife.

My very flesh has restless fits ;  
 My changeful limbs conspire  
 With all these phantoms of the mind,  
 My inner self to tire.

I cannot pray ; yet, LORD ! Thou knowst  
 The pain it is to me,  
 To have my vainly struggling thoughts  
 Thus torn away from Thee.

Sweet JESUS ! teach me how to prize  
 These tedious hours when I,

Foolish and mute before Thy Face,  
In helpless worship lie.

Prayer was not meant for luxury,  
Or selfish pastime sweet;  
It is the prostrate creature's place  
At his Creator's Feet.

Had I kept stricter watch each hour  
O'er tongue and eye and ear,  
Had I but mortified all day  
Each joy as it came near;

Had I, dear LORD! no pleasure found  
But in the thought of Thee,  
Prayer would have come unsought, and been  
A truer liberty.

Yet Thou art oft most present, LORD!  
In weak distracted prayer:  
A sinner out of heart with self  
Most often finds Thee there.

My SAVIOUR! why should I complain,  
And why fear aught but sin?  
Distractions are but outward things;  
Thy peace dwells far within.

These surface-troubles come and go,  
Like ruffings of the sea;  
The deeper depth is out of reach  
To all, my GOD, but Thee.

#### SWEETNESS IN PRAYER.

**W**HY dost thou beat so quick, my heart?  
Why struggle in thy cage?



What shall I do for thee, poor heart!  
Thy throbbing heat to swage?

What spell is this come over thee,  
My soul! what sweet surprise?  
And wherefore these unbidden tears  
That start into mine eyes?

Thy sweetness hath betrayed Thee, LORD!  
Dear SPIRIT! it is Thou;  
Deeper and deeper in my heart  
I feel Thee nestling now.

Whence Thou hast come I need not ask;  
But, dear and gentle Dove!  
Oh, wherefore hast Thou lit on one  
That so repays Thy Love?

Would that Thou mightest stay with me,  
Or else that I might die,  
While heart and soul are still subdued  
With Thy sweet mastery.

Thy home is with the humble, LORD!  
The simple are Thy rest;  
Thy lodging is in childlike hearts;  
Thou makest there Thy nest.

Dear Comforter! Eternal Love!  
If Thou wilt stay with me,  
Of lowly thoughts and simple ways  
I'll build a nest for Thee.

My heart, sweet Dove! I'll lend to Thee  
To mourn with at Thy Will;  
My tongue shall be Thy lute to try  
On sinners' souls Thy skill.

How silverlike Thy plumage is,  
Thy Voice how grave, how gay!  
Ah me! how I shall miss Thee, LORD!  
Then promise me to stay.

Who made this beating heart of mine,  
But Thou, my Heavenly Guest?  
Let no one have it then but Thee,  
And let it be Thy nest.

## DEYNESS IN PRAYER.

O H, for the happy days gone by,  
When love ran smooth and free,  
Days when my spirit so enjoyed  
More than earth's liberty!

Oh for the times when on my heart  
Long prayer had never palled,  
Times when the ready thought of God  
Would come when it was called!

Then when I knelt to meditate,  
Sweet thoughts came o'er my soul,  
Countless and bright and beautiful,  
Beyond my own control.

What can have locked those fountains up?  
Those visions what hath stayed?  
What sudden act hath thus transformed  
My sunshine into shade?

This freezing heart, O LORD! this will,  
Dry as the desert sand,  
Good thoughts that will not come, bad thoughts  
That come without command,—

A faith that seems not faith, a hope  
That cares not for its aim,  
A love that none the hotter grows  
At Thy most blessed Name,—

The weariness of prayer, the mist  
O'er conscience overspread,  
The chill repugnance to frequent  
The Feast of Angels' Bread,—

The torment of unsettled thoughts,  
That cannot fix on Thee,  
And in the dread Confessional  
Hard, cold fidelity :—

If this dear change be Thine, O LORD!  
If it be Thy sweet Will,  
Spare not, but to the very brim  
The bitter chalice fill.

But if it hath been sin of mine,  
Then show that sin to me,  
Not to get back the sweetness lost,  
But to make peace with Thee.

One thing alone, dear LORD! I dread :—  
To have a secret spot  
That separates my soul from Thee,  
And yet to know it not.

For when the tide of graces set  
So full upon my heart,  
I know, dear LORD! how faithlessly  
I did my little part.

I know how well my heart hath earned  
A chastisement like this,  
In trifling many a grace away,  
In self-complacent bliss.

But if this weariness hath come,  
A present from on high,  
Teach me to find the hidden wealth  
That in its depths may lie.

So in this darkness I may learn  
To tremble and adore,  
To sound my own vile nothingness,  
And thus to love Thee more.

To love Thee, and yet not to think  
That I can love so much,—  
To have Thee with me, LORD! all day,  
Yet not to feel Thy touch.

If I have served Thee, LORD! for hire,  
Hire which Thy beauty showed,  
Can I not serve Thee now for nought,  
And only as my GOD?

Thrice blessed be this darkness, then,  
This deep in which I lie,  
And blessed be all things that teach  
GOD's dear Supremacy!

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## PRAYERS FOR DIFFERENT GRACES.

### FOR HUMILITY.

**I** COME before Thee, O my GOD, most earnestly beseeching Thee to pour on me the grace of a deep Humility. Thou hast shown me my great need of this grace; Thou hast given me an earnest longing for it: satisfy this longing, I beseech Thee, and make me like to Thyself, O JESU, lowly, even as Thou art.

I am covered with shame, as I think of what I am, how pride still cleaves to all my life. I therefore cry to Thee for deliverance, O my GOD, that my sin may no longer come between my soul and Thee. And I ask for more than deliverance, for I am Thine, O CHRIST, my LORD, and have devoted myself to Thee and to Thy Love; and I seek a wedded union of heart, II.]

and will, of inmost affection, and trust, even as my hope and joy is to believe that Thou hast drawn me to this great end and object of all my life. I renounce everything that is at variance with this perfect aim, and beseech Thee to shed on me every grace that will make me worthy of my Vocation.

Therefore, O my GOD, I pray for a pure, a fervent, a Divine Love, a love that may make me like unto Thee, Whom my soul loveth; that I may love Thy own chosen life of self-renunciation and submission; of meekness and retirement, of humiliation, of sacrifice and patience! It was Thy Life, O my dearest LORD, and I would that it were my life also; that in soul and body, in spirit and in mind, I may be thus made like

unto Thee in perfect lowliness.

Shed this grace on my inmost soul, withdraw me from all resting on outward things, or living on earthly objects, or looking for outward recompenses, or caring for outward gratifications, for human praise or distinction. I would retire within my soul and commune there with Thee, Whom I have found, to Whom I would live, in Whom I would rest, and away from Whom I would never seek to wander! for Thou art the Source and End of my being, and Thou art the perfect Beauty and perfect Bliss Whom my soul desireth.

I ask this grace with all my utmost fervour of desire, and I make it my dearest, fondest aim to attain unto this. Incline me ever more and more, and fix my steadfast efforts on the fulfilment of this hope.

By Thine Agony and

Shame, by the dreadful-  
ness of the Wounds  
which Thou didst endure  
for me, grant me, O  
LORD, my heart's desire,  
and fulfil all my mind.  
Amen.

#### ANOTHER.

*(On the Circumcision.)*

O DIVINE Patience,  
Who countest it  
nothing to be so com-  
pletely hidden as to bear  
the oppression of im-  
puted sin, all Thy Life  
long, for my sake, and  
wert all the while so un-  
utterably sinless; give  
me the strength of Thy  
Spirit, unshrinkingly to  
bear what is mine own  
just due, and, if it were  
possible, more than is  
my due; content to be  
the least and unwor-  
thiest, that so judging  
myself, I may not be  
condemned with the  
world. Thus may I be-  
come in mine own eyes  
nothing worth, and in  
meekness welcome each  
imputation as it comes

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—be it true, for my own just correction; be it false, for my greater conformity to Thyself, O JESUS; and thus sinking before the eyes of others, rise in a truer Humility in Thine Eyes, Who hast borne all reproach and shame for me. Amen.

## FOR LOVE.

**H**OLIEST, Dearest LORD, Thou art so rich in love, it will cost Thee nothing to bestow one spark of it on me. Thou hast loved me from all Eternity; why cannot I love Thee during my brief life? Thy Love caused Thee to die for me; why cannot my love to Thee cause me to die to myself, which is Thine enemy? Thy Love led Thee to institute Thy Most Blessed Sacrament, that Thou mightest give Thyself wholly to me; why cannot my love make me give myself wholly to Thee? O Love incom-

prehensible, O Love of GOD, why hast Thou so little influence over me?

LORD JESUS, prostrate before Thee, I pray Thee, pierce my heart through and through with Thy Love. I am unworthy, LORD, to lie in Thy Bosom; let me lie at Thy Feet, and from the deep Wounds that pierced them, draw forth love wherewith to respond to Thy untold Love for me. Thou knowest it is all I long for, all I ask for. I ask not for a place in the hearts of others, or that I may give them a place in mine; none so dear to me as Thou art, none attract me as Thou dost, and yet I love Thee so little!

O Dearest LORD JESUS, since Thou dost so love me, draw me to Thyself, to be united with Thee in love, and I shall have all! Thou wilt then dwell in me, and I shall dwell in Thee, and there will be nothing left in me of myself, when

all will be absorbed into Thee. Amen.

*For the Same.*

**M**Y GOD, my FATHER, Thou hast given me a heart to feel the impulses of love, and it is as the breath of my life. I have loved my fellow-creatures with ardour and delight, with all the lavish warmth of my heart's deep affections. But how little have I loved Thee, O my GOD! Thou, True Love, the Infinite Beauty, the Ineffable Joy! I beseech Thee to forgive my base ingratitude, my coldness, my most sinful disregard of Thee.

Thy ways, O GOD, are hidden from me, and I cannot trace them; but Thou wilt show me the meaning of Thy Works and Providences, and I trust myself to Thee, O my GOD. Draw my soul's inmost longings towards Thee; open Thy Heart, and admit me within its depths of

peace; enfold me within the innermost circle of Thy most generous Love, for no creature can love but by Thy Grace given to it: from Thee alone flow forth its streams of joy. Remove from me, I beseech Thee, all hindrances; Thou Who hast given to me Thine Only SON, and all things in Him, Who can love me as Thou lovest, whom should I love in comparison with Thee?

My GOD, I would be Thine for ever; only fit me for that most fond embrace, that ineffably blessed union of heart! Grant this fulness of joy to me, through the merits and unceasing intercession of JESUS CHRIST, my LORD. Amen.

FOR PEACE.

**O** LORD, I beseech Thee, cause all to be still and quiet in Thy servant's heart, that I may hear the gentlest whisper of Thy Spirit,  
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leading me in the way everlasting. Amen.

**Q**UICKEN, O LORD, by Thy Power, my mental ear, that I may hear Thy Voice, and that hearing I may live, and follow Thee. Amen.

**O** MY GOD, give me, by Thy Power, true Peace; let me walk before Thee in Peace; go through my daily course in Peace; deal with difficulties in Peace, and in Peace commit my most anxious cares to Thee, for His sake Who left us His Peace. Amen.

**O** LORD, let not whatever crosses my will and natural desires, surprise me out of Peace. Let not natural pleasures draw me from it; but let it at all times dwell in my heart and mind, through JESUS CHRIST. Amen.

*For the Same.*

**O** GOOD JESU, Who didst say to the troubled waters, "Peace, II.]

be still;" quiet my heart in this trial, that it may rest in Thee. May the thought of Thy Will cheer the past, calm the present, give me rest of soul in thought of the future, quietness in anxiety, and a simple dependence on Thee and Thy Love; that in whatsoever may befall me, I may be patient and still, from love to Thee, and in patience possess my soul. Amen.

*For the Same.*

**O** JESUS CHRIST, my LORD, may Thine Adorable Body and Thy Precious Blood, preserve my body and soul unto everlasting life. May Thy Peace be with me! O JESUS, Thou true Peace, may I have evermore abounding Peace in Thee; so that through Thee I may attain to that Peace that passeth all understanding, amidst which I shall behold Thee in everlasting gladness. Amen.

## FOR PURITY.

O JESU, Son of Mary,  
 Spouse of Virgins,  
 in Whose Sight the very  
 Heavens are unclean,  
 and Who chargest Thine  
 Angels with folly ; give  
 me, I beseech Thee, per-  
 fect purity of mind and  
 heart, of soul and body.  
 Keep far from me the  
 least soil that might tar-  
 nish their lustre. Guard  
 my mind, my imagina-  
 tion, from every fantastic  
 thought which might  
 sully it, my memory  
 from any perilous recol-  
 lection that might wound  
 it, my eyes, my ears, my  
 tongue, every sense and  
 faculty of my being,  
 that all may be closed a-  
 gainst whatsoever might  
 offend Thine awful Pu-  
 rity. Wrap me round  
 with that spotless robe,  
 which is the Righteous-  
 ness of the Saints ; con-  
 secrate me as Thy Shrine  
 into which Thou mayest  
 enter, and ever abide, O  
 Thou Who dost "*feed  
 among the lilies.*" Amen.

*For the Same.*

VIRGIN-BORN, Thy-  
 self a Virgin, Purity  
 ineffable, ever calm of soul  
 as the Heavens are calm,  
 breathe over me, breathe  
 within me, within my  
 whole being, the Light  
 of purity, the stillness of  
 a perfect calm, that no  
 passion may stir in me,  
 no desire be kindled in  
 me ; that the perfect  
 rest of holy contempla-  
 tion may abide on un-  
 ruffled, so that with the  
 pure in heart I may see  
 GOD, even as He is, in  
 His unclouded Glory,  
 undisturbed. Amen.

## FOR PATIENCE.

O DEAREST LORD,  
 my GOD, the thought  
 of Thy forbearance, Thy  
 untiring, long-suffering  
 patience, overpowers me.  
 Thou art ever the Same.  
 Through all the changes  
 of my unsteadfastness,  
 Thou changest not. But  
 I fall at the least provo-  
 cation ; my impatience  
 rises at every trial ; I

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cannot bear even the least wound from one dearest to me. The least mischance overthrows all my resolutions.

O God, Holy, Most Beloved, draw me to Thy inmost Heart, that there I may learn to bear as Thou bearest. I would walk in lowliness, O my God, and self-forgetfulness, that a steadfast patience may prevail in me, that as my hope is only in Thy long-suffering mercy, I may delight in bearing all things meekly, accepting what Thou wilt permit for the discipline of my soul. Sustain me when temptation is upon me; preserve in me this grace which I most earnestly desire, and my soul will bless Thee, O my God. Amen.

#### FOR CALMNESS.

**M**OST Blessed God, in Whom is no variableness, neither shadow of turning, Whose stillness is around me,  
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within me, most awful, most soothing; to repose in the recollection of Whose Presence is my sweetest bliss and refreshment, enfold me in this ineffable peace, which is Thy own unchanging Life.

Still my irritation, subdue my excitement, say to my heart, "*Peace, be still.*" Brood over me, within me, Spirit of perfect peace. Breathe order, repose, fixedness, that they may reign within, so that even my outward manner may partake of the unruffled stillness of my soul; and I may bear change, distraction, sudden assaults, disappointment, confusion, and dismay, and be still found lying in Thy Heart, O JESU, enfolded in Thy loving care. I would be even and undisturbed, and in true quietness fulfil the calling which is set before my soul. Be it even so, O my God. Amen.

*For the Same.*

**O** LORD JESU CHRIST, in my great weakness I come to Thee for strength. Grant to me, Gracious LORD, in Thy Compassion, a sweet patience and gentleness, that in the midst of all outward disturbance I may keep myself still, in calm repose and union with Thee. Make me always to think, to speak, to act in the loving consciousness of Thy dear Presence. Grant me, O grant me the power of inward restraint, with outward calmness over all the impulses and feelings of my nature, that, persevering against all temptations, I may glorify Thy Holy Name. Even so, LORD JESUS! Amen.

## FOR TRUST.

**O** GOD, my God, to lie in Whose Bosom is unutterable Bliss, to be guided by Whose sweet Will is perfect joy, condescend to my weakness, and disdain me not.

Uphold my trembling faith, and fix my wavering heart, and with the power of Thy Grace, draw me to cast myself, my fears and hopes, my doubts and longings upon Thee.

Yea, LORD GOD, I do trust, and repose in Thee all my future, all that is now uncertain, all that is difficult for me to bear, the whole burden of my life, my faults and my weaknesses, my temptations and troubled thoughts. I repose them all in the loving-kindness of Thy perfect, tender care, and all-prevailing might, even as Thy Blessed SON, my own LORD, committed Himself, His Passion, His Death to Thee, and went forth to do Thy Will.

Even so, O my LORD, my JESUS, would I be like to Thee, that Thou mayest own me in the Day when Thou comest forth to perfect Thine Elect in Thine own likeness. Amen.

*For the Same.*

O JESUS, my tender and loving Shepherd, grant that I, Thine unworthy sheep, may always know and follow evermore Thy Sweetest Voice. Grant that, drawn by the sweet fragrance of a living faith, I may bend my steps towards the pastures of Everlasting Life, wherein I may rest for ever, and for ever behold and taste, O Loving Master, the wonders of Thy surpassing sweetness. Amen.

## FOR DETACHMENT.

ETERNAL, All-Perfect God, Who hast designed to claim my heart as Thy possession, and hast drawn me to Thyself, hold me captive, and bind me, I beseech Thee, straitly in this blissful union of love.

O Thou, Who hast most mercifully caused this longing for an entire devotion to Thee to spring up in my soul, H.]

shed within me such an overpowering sweetness, such rapture, such repose, that no other charm may divide my heart, that all other love may still be only another form of love to Thee. I would rejoice only in this Heavenly Union; but do Thou perfect this Thy work in me, I beseech Thee, O my God.

And if there be any object that draws away my heart from Thee, even for a moment, or attracts me too much, so that I give Thee not all that Love may claim, disengage my heart, O God, and as Thou wilt, even though it be with pain, unbind the tie that holds me, and set me free, and make me wholly, undividedly Thy own. Amen.

## FOR SISTERLY LOVE ONE TOWARDS ANOTHER.

O ETERNAL Love, Three Persons in a Blissful Unity, to dwell in Whom is ever to dwell

in love, let the stream of charity flow out of the depths of Thy Heart, and reach unto me, and overflow me, and all who are in fellowship with me, that we may love, and be loved by, each other, and our hearts flow back to Thee in fervour of mutual affection.

I would love, O my God, love my Sisters in Thee, with a pure, unchanging, unselfish love; ever gentle, ever true in speech, in act, in thought, in purpose; with kindness in my tongue, and tenderness in my heart, seeing Thee in them; that my soul may be ever going forth in union with the affections of Thy ever Sacred Heart. O my JESUS, may I embrace all with that same love! O my God, I would love even as I am loved; I would that all the sweet fruits of charity may be formed in me, even as they flow forth from Thee. Amen.

#### FOR UNION.

**O** MOST Merciful, Who hast deigned in unutterable condescension to unite Thyself with me, breathe within me a glowing fervour of affections, pure, deep, and true. Shed upon me the ineffable beauty of holiness, like to Thy own, that there may be a real union of mind and heart.

Take from me at any cost the hindrance that stays me in my course, all that withholds me from the fulness of this deep bliss. All that Thou wiltest may I will; all that Thou lovest, may I love; all that Thou hatest, may I hate. Be Thou perfectly my inner Life, and may I live perfectly one with Thee for evermore. Amen.

#### *For the Same.*

**B**EHOLD, I draw near unto Thee, my God, and would feel the fiery glow of Thy sacred Heart.

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Consume me in the flame of Thy Love, that any hurtful, evil affection, may be purged away, and all my soul with all its energies may burn with the fire of fervent desires. May my darkness become light in Thee, even as the sun burning at noon-day.

Behold, I come unto Thee, Thou Everlasting Beatitude of my soul. By that vehement love which drew Thee down to us Thy creatures, and still continually causest Thee to abide in us, unite me inseparably to Thyself, and make me one with Thee. Amen.

*For the Same.*

O LOVE, plunge me and bury me in the great depth of Thy Charity. All that Thou doest for me is of Thine own free and undeserved Goodness; but cleanse me from every stain in the streams of Thy Grace, that being made anew in Thee, my soul's true life

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may be most perfectly united to Thee. Amen.

FOR SELF-SACRIFICE.

O JESU, Spotless Lamb of GOD, wholly sacrificed for me, Thou most rightfully claimest my heart, and all that I am, to be offered, to be consumed, in sacrifice to Thee. I am, O GOD, the purchase of Thy own Blood, already Thine, wholly Thine, at this amazing price; and I would now offer, upon Thy Heart, as my altar, every thought, and wish, and power, and sense, every inclination of my will. I would dedicate and offer unto Thee, O my LORD, every member and faculty of my nature, every act and design, every breathing of my lips, every pulsation of my blood, every utterance of my voice. I offer myself an entire self-oblation. Accept me, blessed LORD, as a sweet savour unto my GOD. Amen.

FOR SELF-ANNIHILATION.

**O** JESU, Who, Co-equal with the FATHER in Majesty and Honour, didst empty Thyself of all Thy Glory, to become a worm and no man, so mysteriously, so wondrously abased for love of me; bring my spirit low even to the dust. Abase in me the pride of life, the cravings of vanity, the conceits of self, all the impulses of the fallen nature in me; and, O my GOD, so assimilate me to Thy own humiliation, that I may be nothing in my own sight, even as I am worse than nothing in Thine.

In union with Thy own dishonoured Humanity, LORD of my life, I would live evermore in this world, renouncing all thought of honour, all vain recollections, all expectation of regard or praise, even the idea of my own existence sepa-

rate from Thee and Thy claims on me, and Thy indwelling in me, that I may sink with Thee into the abyss of Thy self-abasement, and Thou, my GOD, be All in all to me. Amen.

FOR A HIDDEN LIFE.

**O** MY LORD, Who ever abidest in secrecy, Thy Godhead hidden within Thy Human Form, and now Thy Humanity itself concealed beneath the forms of Sacraments, and even hidden now in me, though so inscrutably veiled from my consciousness; Thou Who wouldest thus teach me to love a hidden life, because it is Thine Own, incline me to accept this state with joy and fervour.

Quench in me every rising of vain-glory, every desire of human praise, all self-contemplation, all vain delight in myself, who am perfect vanity. Train every thought and motive in

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deepest, truest lowliness, and keep me ever looking for Thy favour alone, till the revelation of the Love of GOD shines forth in me, and I am owned before the assembled worlds and all creatures, Thy own true child, the reflection of Thy Pure Image. Amen.

#### FOR A PURE INTENTION.

**Ô** PURE and Blessed SPIRIT, possess me with all Thy Fulness, and rule my inmost intentions. Cleanse away all self-love, all earthly aims, all anxiety, or too great care for the opinions of others, and give me one longing in all, even the highest, for Thy precious love and approval. Give me single-mindedness and unselfishness in all my conversation, in all my thoughts, that, judging myself always by Thy judgment, I may be true, and may rest in peace, and be of one  
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mind with Thee, and overcoming every vain thought, only think always of what will please Thee. Amen.

#### FOR RESIGNATION.

**Ô** BLESSED Will of GOD, that guidest all the worlds of joy and light, and with Thy Power drawest all holy souls, fulfilling all Thy love in them, reign within me.

Spirit of Power and Love, inspire me with the constant desire to glorify Thy Name by meek submission, and fill me with delight in doing, and in bearing, all Thy precepts : conform all my wishes and all my thoughts to Thy Will, even as my LORD came to abide with us to do the Will of His FATHER, that so I may be made like to Him in thus obeying, as well the hardest as the lightest call, hour by hour, continually. Amen.

## FOR MEEKNESS.

**O** JESU, Lowliest of the lowly, meekest of all who ever bore my nature, Whose express call to me is to be meek and lowly of heart, even as Thyself, remove from me the very least remains of pride, and every rising of self-will; and make and keep me so entirely subdued, that I may every moment be assimilated to Thy Mind in this grace and sweetness, never losing its perfect, sweetest rest within my soul. Hear me, O Blessed JESU, for Thy Mercies' sake. Amen.

## FOR OBEDIENCE.

**O** LORD, my GOD, Thou didst choose the way of holy obedience; Thou didst submit Thyself not only to the good and gentle, but even to the froward, to the least and most unworthy of Thy creatures; and Thy Soul was

ever in peace. Give me, O my LORD, this same grace, that I may enter into the same peace. Calm the impulses of my soul; soften and mould my temper; draw me by the sweet attractions of Thy Humility.

O Spirit of meekness, brood over the troubled waters of my heart, and breathe the quietness of Heaven into my rebellious spirit, that Thou mayest see Thy Image reflected on my soul, and through Thy indwelling grace, I may be kept true to all the Vows that are upon me. And may Thy Blessing of peace be ever on my lips and in my heart, through the Merits of JESUS CHRIST, my LORD. Amen.

## FOR DIVINE ILLUMINATION.

**O** HOLY Trinity, FATHER, SON, and HOLY GHOST, by Thy Divine and Almighty Power direct and streng-

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then my faith ; by Thy Divine Wisdom condescend to instruct and enlighten my soul ; by Thy Divine Goodness vouchsafe to sustain and perfect my endeavours, that at the hour of my death I may be presented before Thee pure and blameless in the practice of all virtues. Amen.

*For the Same.*

O JESUS, full of Love, protect me within the Shadow of Thy Hand, and let Thy Right Hand uphold and sustain me. Open to me the doors of Thy loving Mercy ; impress on me the seal of Thy Wisdom ; withdraw me by the clear shining of Thy Truth from all earthly desires : gladden my soul with the sweet fragrance of Thy Commandments, and enable me to advance in knowledge and virtue day by day. Amen.

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FOR DIVINE GUIDANCE.

O JESUS, Prince of Peace, Angel of the Covenant of Love, be ever at my right hand as my Leader and my Guardian throughout my pilgrimage, that I be not shaken or moved, nor wander away from Thee. Take charge of me and let me feel Thy loving care concerning me, and lead me onwards according to Thy Good Pleasure, helping me to walk in Thy ways and bringing me at length to the perfect vision and full embrace of the Everlasting Love, which has gathered me in and saved me for ever. Amen.

FOR SUBMISSION.

GRANT me, O my JESUS, ever to bear on my shoulders, for love of Thy love, the yoke so easy and the burden so light, of Thy Commandments ; and to preserve lovingly in my breast the mystery of

Thy Sacred Faith, as a bundle of myrrh; so Thou mayest ever be to me the Crucified, fixed for evermore in my heart. Amen.

FOR DIVINE PROTECTION.

O JESUS, full of Love, Who hast overcome all enemies, place the sign of Thy Holy Cross in my right hand, and on my brow, that ever armed therewith, and encompassed by Thy Protection, I may boldly advance against all the ambushes of the enemy. Amen.

May the Almighty-ness of GOD the FATHER bless me!

May the Wisdom of GOD the SON bless me!

May the most Compassionate Charity of GOD the HOLY GHOST bless and keep me unto everlasting life. Amen.

*For the Same.*

O JESUS, King most triumphant, most

exalted High Priest, confirm and strengthen me with that Power of Thine, which nothing can resist. O mighty Warrior, gird on me the Sword of Thy SPIRIT, that through Thee I may ever triumph over the countless ambushes and snares of the devil. Amen.

*For the Same.*

O THOU Who art the Defence of my soul and my Refuge in the evil day, cover me with Thy Protection, hide me beneath Thy Shadow, succour me with the buckler of Thy Truth. Be Thou with me in all my tribulation; defend me from all peril of soul and body, O Thou my Hope and my Defence. And at last, after this long, weary exile, show me Thyself, O my much loved SAVIOUR. Amen.

FOR PERSEVERANCE.

O HOLY FATHER, receive me in Thy

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most tender and Fatherly Love, that having finished the 'race which for love of Thee I have begun to run, I may receive Thee as the everlasting Prize of my course.

O most loving JESUS, receive me into Thy most sweet Companionship; bear with me the burden of the day and the consuming heat; be Thou my consolation in toil, my Companion and my Guide in all my weary wandering.

O HOLY SPIRIT, receive me into Thy most Merciful Love; be Thou the Master and Teacher

of my whole life, and my soul's most tender Friend. Amen.

## FOR REST.

O JESUS, O Good Shepherd, give me to hear and know Thy Voice. Carry me in Thy arms, let me rest in Thy bosom evermore, for I am Thy sheep whom the HOLY GHOST hath sanctified for Thee. There teach me how to fear Thee, how to love Thee, and tell me what I must yet do, that I may be fruitful in holiness, and may follow Thee whithersoever Thou goest. Amen.

## LITANY FOR SPECIAL GRACES.

**L**ORD, have mercy.

**CHRIST**, have mercy.

**LORD**, have mercy.

O Holy Trinity, One God, grant that my heart may fear Thee, love Thee, and be conformed unto Thee in all things; for Thou art my soul's one true Love.

O my GOD and my LORD, be Thou my Guide and  
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the Shelter and Defence of my Chastity ; for all the beauty of the Truth, and the Life shineth forth in Thee.

JESU, grant me, that I may ever render unto Thee true and acceptable service.

JESU, grant me, that I may ever be enlightened by Thee, the True Light.

JESU, grant me true Faith and Obedience.

JESU, grant me the spirit of Meekness, Peace, and Charity.

JESU, grant me entire Fidelity, Docility, and Humility.

JESU, grant me the Piety, Innocence, and Holiness, which Thou lookest for in me.

JESU, my Spouse, grant that I may be ever united to Thee by an unchangeable Love.

JESU, grant me that Love stronger than death, which will enable me to triumph over all the fiery temptations of the Enemy.

JESU, grant me an unconquerable Courage in Thy service.

JESU, grant me a Patience mingled with Sweetness and Gentleness, so that I may be always ready to suffer for Thy Love.

JESU, grant that I may abide firm, unswerving, and ever watchful, in the holy Vows of Religion unto my life's end.

JESU, grant that I may live entirely and alone for Thee and Thy Church.

JESU, grant that I may be clothed with Praise and Beauty, so that my whole life and my every action may set forth Thy Mercy towards me.

JESU, grant me that I may despise all things of earth, and long for Thee alone.

JESU, grant me such a growth in the Holiness

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which beseems the Spiritual Life, that I may bring forth fruit a hundred-fold, and be admitted to that Home of Everlasting Joy, where Thou art All in all.

O LORD, forgive me all my sins and negligences, and vouchsafe to supply, from the merits of Thy most Perfect Life, all that is faulty in my most miserable life.

Deliver me, O LORD, from all faint-heartedness, from all perturbation of spirit, from all perversity and sensuality of heart, from all blindness and barrenness of soul, from all neglect and lukewarmness in spiritual life.

By the bowels of Thy Fatherly Compassion give me understanding; fashion me Thyself after the true spirit of the Religious Life which I now profess in Thy Presence; for I know well that apart from Thee, I am nothing, I know nothing, nor can do anything.

I beseech Thee, lead me in the undefiled way, that I may ever be pleasing to Thee in body and soul.

Behold I, Thine unworthy daughter, who by my sins and wanderings have almost lost my right to the name of daughter, now put all my trust in Thy Fatherly Compassion; I implore Thee of Thy mercy to look upon me, and to blot out all my iniquities.

O LORD, hear me.

Grant, I humbly beseech Thee, that I may bring with me into this state of Religion, a firm and unswerving resolve, a heart tender with compunction, a decided will, and a body, the apt and docile instrument of my soul,

*I beseech Thee to hear me.*

Vouchsafe to pour forth upon me the grace,  
the attraction, and the love of the Spiritual  
Life,

Grant that I may perfectly renounce the world,  
and cleave to Thee with an entire devotion  
of heart,

Enable me faithfully to fulfil all the require-  
ments of Holy Religion, and to persevere to  
the end in the resolve I this day form,

Vouchsafe to grant to us all who serve Thee  
in this Holy House, oneness of spirit in the  
bond of charity and peace; and after this  
life, do Thou bring us to the reward Thou  
hast promised in the enjoyment of Thy  
Glory,

Vouchsafe with the Infinite Might of Thy  
Godhead to absolve me from all my sins, to  
strengthen and to confirm me in this my  
holy resolution, to look favourably upon me  
in Thine infinite Goodness, and to hear and  
grant all these my petitions,

O JESUS, SON of the Living GOD, Thou alone  
knowest the intention and aim of my long-  
ing desire; make me after Thine own  
Heart,

O Lamb of GOD, uphold me with Thy Right  
Hand in the way wherein I walk, that I may  
not stumble.

O Lamb of GOD, grant that what I have begun in  
Thy Name, I may faithfully perform by the  
help of Thy Grace.

O Lamb of GOD, let not my manifold sins close  
Thine Ears to my cry, but let Thy Mercy hear  
and answer all these my petitions.

*I beseech Thee to hear me.*

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**O CHRIST**, hear me, and in the hour of my death be my Joy and my Salvation.

**LORD**, have mercy.

**CHRIST**, have mercy.

**LORD**, have mercy.

**PRAYER.**

**O GOD**, Who in Thy Wisdom dost implant all virtues in our souls, and in Thy Faithfulness dost nurture them, make me, I beseech Thee, all unworthy as I am, a grain of good seed cast into good

ground, that I may spring up vigorous and strong in Holy Religion, and bring forth a thousand-fold the fruit of a perfect life, and may persevere faithfully and courageously in Thy Holy Service, unto my life's end. Amen.

## PRAYERS FOR PARTICULAR DAYS.

**FOR ADVENT.**

**O MERCIFUL King**, King of Saints, sweetly winning and ruling all in Whom Thou wouldest be glorified, the Creator and Preserver of all that is holy, and beautiful, and glorious, I believe in Thy coming in the past, and I look for Thy coming  
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again in Thy own appointed time. I adore Thee in the humility of Thy First Advent, O dearest **LORD JESUS**, Who, through Thine Incarnation, hast united earthly things with Heavenly, human with Divine. Do Thou so influence my nature, which Thou hast taken into Thyself, that it may be

most closely, most perfectly, united with Thine Own.

May I ever walk before Thee in unceasing devotion, rest in Thee in undisturbed repose, and live in loving, careful watchfulness, so that, when Thou comest, Thou mayest find me ready, one among the wise Virgins, with my lamp burning, and Thou mayest own me as Thy Spouse, and bless me for ever. Amen.

#### FOR CHRISTMAS.

**O** ETERNAL SON of GOD, Co-Equal with the FATHER, Who Thyself unchangeable didst leave Thy Glory, and passing by the Hosts of Heaven, didst take our nature upon Thee, and didst unite it to Thy own, never more to be divided; O Word made Flesh, SON of GOD, SON of Man, my GOD, an Infant, I bow down and worship Thee in this depth of Thy Humility!

O my LORD, I cannot speak the praises of this amazing Mystery of Thy Love! Vouchsafe to accept all I have to offer Thee; the mute love of my poor heart. May its silence adore Thee as I kneel beside Thy Manger, Holiest, Dearest Infant JESUS! O look on me, I pray Thee, and smile on me.

Thou wert clothed with worthless rags,—clothe me with some of the graces of Thy All-holy Infancy. Bathe me in Thy Fresh Brightness, O Thou Incarnate GOD, that my soul may rejoice before Thee. Quicken me to serve Thee in gladness and newness of life, wholly possessed with the one thought of Thee, Who wert born this day, the SAVIOUR of the world, the Author of our Heavenly Birth, the Giver to us of Thy Divine Nature, the Bestower of Thy Own immortality. Amen.

## FOR THE EPIPHANY.

**O** THOU Bright and MorningStar! Lamb of GOD! Light of the Heavenly Jerusalem! Splendour of the Glory of the FATHER, JESUS, my Guide that leadest me to Thyself,— my LORD, my Way, my Truth, my Life! Thou hidest Thyself so often from me, and I lose Thee for so long, and cannot see Thee; because my sins, my weaknesses, my imperfections, are a dark cloud that comes between Thee and me. Yet I beseech Thee now again shine out upon me, Thou Blessed Light, and reveal Thyself to me!

I have no gifts of pure love, of undistracted prayer, of perfect mortification, to bring to Thee. But, O LORD, I pray Thee, forgive all, remember not any one of my past sins. Let Thy Light shine out on me, that Thy Glory may  
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be reflected in me, that I too may shine in the Brightness of Thy Rising, and Thou mayest be my Salvation in that day when the veil shall be removed, and the clouds shall pass away for ever! O that then I may see Thee in Thy Heavenly Kingdom!— that I may then know Thee in Thy Heavenly joys, and then love Thee even as Thou lovest me, O Thou Light that wilt never fade, Thou Sun that wilt never set, shining on through all Eternity! Amen.

## FOR LENT.

**O** MY GOD, the time of penitence is come, and I draw near to abase myself for my manifold sins before Thee. Enclose me in Thy Tabernacle apart from the world. Make all creatures silent to me and my heart silent to them during this Holy Season. May my soul feed itself

on Thee alone, and on the Cross of Thy SON JESUS CHRIST.

O LORD, I pray Thee, teach me to live alone with Thee in my heart, that I may find there the solitude I look for. Thou hast given me this place of retreat, where I may be at peace in the midst of the greatest tumult. But, O LORD, it is an uninhabitable and desolate wilderness, unless Thou wilt come and dwell therein with me. What am I within myself without Thee? How can I bear to be alone, unless Thy dearest Presence be with me? Do Thou in pity teach me to cherish Thee in my heart. Give me all Thou requirest to find there. Remove all self-pleasing, all vain-glorying; still all wandering thoughts, abase my soul before Thee.

O JESUS, hidden for nine months in the Womb of Mary, for thirty years in Thy

Home at Nazareth, for forty days in the desert, teach me to follow Thee in Thy hidden, lonely Life, day by day, step by step. Enable me in my weakness, my nothingness, still to strive to imitate Thee in Thy fasting and praying, in Thy fighting with the Enemy of souls, so that wherever Thou mayest be, there in solitude by Thy side, may I, Thy servant, be, that I too may overcome and prevail against my enemies. Amen.

#### WHEN UNABLE TO FAST.

O LORD, Who for my sake didst fast, and forego Thine own will; I acknowledge I am not worthy to fast, nor yet to eat my food. I thank Thee for that which Thou gavest me; and, I pray Thee, give me Grace to eat for necessity, not for pleasure; to give up my own will in all things to Thine; to despise the world,

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and to long more and more for Thee, the True Bread which came down from Heaven.

I beseech Thee, impute it not to me for sin that I cannot abstain from food; but make me willing to eat and drink what is needful for me; and in my weakness magnify Thy Mercy, and vouchsafe to accept instead of other sacrifice the surrender of my heart, and all I am and have, to Thee for Thine own merit's sake, O Blessed JESUS, Who, with the FATHER and HOLY SPIRIT, livest and reignest, One God, world without end. Amen.

#### FOR EASTER.

**G**LORY and Dominion for ever and ever be unto Him, that loved us, and washed us from our sins in His own Blood!—even to Thee, most Blessed LORD JESUS CHRIST, now manifested in the Bright-  
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ness of Thy Glorious Resurrection!

Thou hast triumphed over death, and pain, and trial, O LORD, my own LORD. Thou art our true Life; we are risen with Thee, we are one with Thee. I would now live in Thee, live for Thee alone. May the power of Thy Risen Life work mightily in me, that, quickened by Thy Presence, I may indeed rise above all that would keep me back from the true end to which Thou callest me.

O JESUS, reveal Thyself to my inmost soul, I pray Thee, and make me to feel Thy Blessed Presence within me, in exceeding awe, and sweetness. Abide with me, LORD, here, and do Thou Thyself raise me to Thy Fulness of Bliss hereafter, when I shall look on Thy Face, see Thy Beauty, contemplate Thy Features, and receive into myself the Joy of Thy Light, clear,

unchangeable, unfading,  
for ever! Amen.

FOR ASCENSION DAY.

**THOU** hast ascended  
up on High, O Bless-  
ed LORD JESUS, crucifi-  
ed SAVIOUR! Thou hast  
passed into the Highest  
Heavens! and I would  
follow Thee, as I gaze  
after Thee!

O my LORD, as Thou  
sittest on Thy Throne  
of Glory, look down on  
me, I pray Thee, and  
draw me up to Thee, my  
thoughts, my desires, my  
longings, my affections,  
my whole soul; that all  
may be with Thee where  
Thou art, in perfect re-  
pose resting on Thee a-  
lone. Purge my sight,  
O LORD, I beseech Thee,  
and cleanse my inmost  
heart, that I may live,  
ever beholding this won-  
drous Vision, and be-  
come transformed into  
It.

O when Thou com-  
est down again in Thy  
Great Glory, mayest  
Thou find me formed

after Thy Likeness, and  
then enfold me within  
Thy Bosom, as Thou  
retest in the Bosom of  
Thy FATHER. Hasten  
the time, O LORD JESUS!  
Ascended SAVIOUR, come  
quickly! Even so, LORD  
JESUS, come quickly!  
Amen.

FOR WHITSUNDAY.

**O MOST HOLY SPIRIT**  
Eternal, Wonderful  
—my weakness blesses  
Thee, my necessities  
plead for Thy Mercy.  
To Thee I look. Thee  
I adore; I would rest  
in Thee. O Thou so  
near, so wonderfully pre-  
sent in such an unceas-  
ing witness within me.

O that in days past I  
had been more faithful  
in my co-operation with  
Thee. Pardon my sin  
that I have so grieved  
Thee, so little respond-  
ed to Thy movements.  
Yet Thou hast borne  
with me in humility,  
and wondrous long-suf-  
fering patience. Help  
me now; for now I

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would go onward and follow Thee whithersoever Thou leadest me.

Come down upon me, I beseech Thee, and give me a listening ear, to hear Thy Gentle Voice, a sensibility of conscience, to receive Thy Kind Reproof, warmth of affection, to respond to Thy Love, energy of will, to overcome all obstacles, all difficulties. Give me a yielding nature, that every portion of my being may feel the impression of Thy moulding power, and may be formed after Thy own Blessed Life indwelling in me. I bless Thee, HOLY SPIRIT, who with the SON art One with the FATHER—One Co-Eternal Life-giving GOD. Amen.

FOR TRINITY SUNDAY.

**B**LESSED be the Most HOLY TRINITY! and the Undivided UNITY! I will confess to Thee, for Thou hast dealt mercifully with me. O LORD, II.]

my LORD! how wonderful is Thy Name in all the world! Blessed art Thou, O LORD, Who broodest over the deep, and sittest above the Cherubims. Blessed art Thou, O LORD, in the Firmament of Heaven.

Thee, O GOD, the Unbegotten FATHER!

Thee, O GOD, the Only-begotten SON!

Thee, O GOD, the HOLY SPIRIT, the Paraclete!

I confess, and praise and bless Thee, for Thou art Great, and doest wonders, Thou art One alone! O Most HOLY TRINITY.

To Thee belongeth all Glory, and Honour, and Hymns of Praise. To Thee the Angels sing their songs of Jubilee, with all the Heavens, and all the Powers therein. Every Spirit exalteth Thee. All creatures adore and bless Thee as their Creator, LORD, and King, O Holy and Undivided

TRINITY! And I, the humblest of Thy creatures, joining in the adorations of Thine Elect, invoke Thee, revere Thee, adore Thee, my GOD, now and evermore. Amen.

FOR FESTIVALS OF THE  
BLESSED VIRGIN.

**O** LORD JESUS CHRIST, Who being the Word of GOD, wast in such wise made flesh that the Womb of the Virgin was by the overshadowing of the Most Highest enabled to conceive Thee supernaturally, and bring Thee forth; mercifully accept my humble service, and vouchsafe to enter into my heart also. Let it be accessible to Thee alone, for whom alone I desire to prepare it, that I may attain that inward purity, which is well-pleasing to Thee, and Thou mayest vouchsafe to be the Guardian of Thine own work, and evermore dwell therein

for Thy Mercy's sake. Amen.

ANOTHER.

**O** LORD GOD, Who willedst that Thy Word should take flesh in the Womb of the Blessed Virgin Mary, grant that I who do believe her to be indeed the Mother of GOD, may receive all the benefit of her intercessions in my behalf before Thee, through the Same Thy SON JESUS CHRIST our LORD. Amen.

ANOTHER.

**O** LORD JESUS CHRIST, born of the Virgin Mary, teach me to reverence Thy Holy Mother, according to Thy Will. Thou didst send Thy Angel to salute her as highly favoured, and blessed among women, meet to be the Mother of GOD by the operation of the HOLY GHOST. Thou wast subject unto her, and didst commit her to Thy Beloved Disciple,

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saying, Behold thy Mother. With Thy Angel, I would give her praise ; with Thyself love her ; with Thine Apostle honour her. Howsoever Thy Saints have profited through her intercessions, may I in like manner profit ; through Thee, Who with the FATHER and the HOLY SPIRIT, livest and reignest, One GOD, world without end. Amen.

FOR THE FESTIVAL OF  
THE HOLY ANGELS.

**O** ETERNAL and Most Glorious LORD GOD, I bless Thee that of Thine unspeakable Providence Thou vouchsafest to send Thy Holy Angels to take charge over us. Grant that I may be evermore defended by their protection here, and also may rejoice in their eternal companionship hereafter, through JESUS CHRIST our LORD. Amen.

II.]

FOR FESTIVALS OF THE  
APOSTLES.

**A**LMIGHTY, Everlasting GOD, Whose favour chose Thy blessed Apostle Saint ( . . . ), Whose teaching trained him to preach the Gospel, Whose might strengthened him to persevere, keep me with Thine ever wakeful protection, that I, despising all things of earth, fearing no adversities, may be enabled to attain unto Thy Heavenly Promises, and to partake in the joys of Thy Saints. Grant me, O LORD, that I may receive the benefit of the intercessions of him whose virtues I would now commemorate, and whose triumphs I would rejoice in ; through JESUS CHRIST. Amen.

FOR FESTIVALS OF THE  
EVANGELISTS.

**O** CHRIST, the SON of GOD, the Giver and Inspirer of all good Gifts, I bless Thee for

the teaching of Thy Holy Evangelists, by which Thou dost enlighten the world, and waterest it with the fourfold stream of the Gospels. I would now celebrate the memory of Thy blessed Evangelist Saint ( . . . . . ), and humbly beseech Thee to enable me to hold with firm faith the Heavenly Doctrine, which he taught, so that following his example by Thy Grace, I may attain to the vision of Thy Glory; for Thy Mercy's sake. Amen.

FOR THE EMBER DAYS.  
FOR DEACONS.

**L**OOK mercifully, O LORD, I beseech Thee upon Thy Servants (especially . . . . . ) about to be dedicated to the office of Deacons. Send down upon them, O LORD, Thy HOLY GHOST, whereby they may be strengthened to the faithful execution of Thy Ministry by the gift

of Thy sevenfold Grace. May the beauty of all righteousness abound in them, modest dignity, unfailing humility, innocence and purity, as well as ready obedience to spiritual discipline. Let Thy precepts shine forth in their life, that both Thy people may learn to follow their example, and also that they, keeping the witness of a good conscience, may continue firmly to stand fast in CHRIST, and may through Thy Grace be worthy to receive still greater gifts; through the Same, Who liveth, &c.

FOR PRIESTS.

**V**OUCHSAFE, I beseech Thee, O LORD, to multiply Thy Heavenly gifts upon Thy Servants (especially . . . . ) whom Thou hast chosen to the office of the Priesthood, that they may be able by Thy help to perform that which at Thy call they undertake.

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May they be blameless heralds of the Heavenly King, and strong and worthy ministers at Thy Holy Altar, so that, walking in the footsteps of Thy Priests, who in this ministry have pleased Thee, and ruling by CHRIST's help Thy flock committed to them according to Thy will, they may together with their people attain to the rewards promised by the Same CHRIST our LORD, the Chief Pastor of all pastors, and be united to the company of Thine Elect; through the Same. Who liveth.

FOR A BISHOP.

**P**OUR forth, we beseech Thee, O LORD, the might of Thy Bless-

ing on Thy Servant ( . . . . ) whom Thou hast vouchsafed to advance to the rank of a Bishop. Let constancy of faith, perfectness of doctrine, pureness of love, and sincere desire of peace, abound in him. Be Thou to him authority, firmness, and power; and as Thou hast given him discipline and rule, give to him also the Spirit of Wisdom, that from the advancement of the holy sheep may arise the eternal rejoicing of the shepherd; through JESUS CHRIST our LORD, Who liveth and reigneth with Thee and the HOLY GHOST, GOD, for ever and ever. Amen.

## HYMNS.

## ADVENT.

I AM watching for the Morning,  
The night is long and dreary,  
I have waited for the dawning  
Till I am sad and weary.  
I am watching for the Morning,  
When the Sons of God shall show  
All their beautiful adorning,  
So dimly seen below.

I'm a stranger and a sojourner,  
A pilgrim on the earth,  
A sad and lonely mourner,  
None own my noble birth.  
But I'm watching for the Morning ;  
Oh when will Morning come,  
And I change the world's rude scorning  
For the fellowship of Home ?

They call me strange and gloomy,  
But oh they little dream,  
Of the hopes that fill my bosom,  
For I am not what I seem.  
I am watching for the Morning,  
When He Who for me died,  
In triumphant state returning,  
Shall claim the Church His Bride.

They often find me weeping,  
When I cannot tell them why,  
For they know not the deep meaning  
Of my spirit's sympathy.

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I am watching for the Morning  
Of a Bright and Glorious Day,  
That shall hush Creation's groaning,  
And wipe our tears away.

The earnest expectation  
Of all nature is abroad,  
Waiting the manifestation  
Of the true Sons of God ;  
And I'm watching for the Morning  
That shall set the captive free,  
And shall turn the chains of bondage  
Into glorious Liberty.

I will get me to the Mountain,  
Till the shadows flee away.  
I will ask of all the Watchmen  
The tokens of the Day.  
I am watching for the Morning,  
The Night is almost gone,  
I hear their notes of warning,  
I will hie me to my Home !

## ANOTHER.

COME, O Thou the many years expected,  
Spouse of my soul ! why tarriest Thou so  
long ?  
In the dark lonely world we're waiting for Thee ;  
Dwell in our hearts, and make Thy people  
strong.

Years roll away and Thou delay'st Thy Coming,  
But year by year the Church her watch still  
keeps,

II.]

Where thronéd on the Royal Virgin's bosom,  
EMMANUEL in His helpless Childhood weeps.

And loving hearts with holy rapture thrilling,  
Kneel to adore the wondrous Babe Divine ;  
There find the foretaste of the Joys of Heaven,  
And rays of Glory through the darkness shine.

What will it be to dwell for ever with Thee ?  
To feel Thy Gracious Presence ever nigh ?  
What to behold Thee in Thy Glorious Beauty ?  
To see Thee always with unshrinking eye ?

We long to hear the Alleluias pealing,  
We long to join the Seraph Choirs above,  
We long to see Thee on Thy Throne of Glory,  
And taste the full perfection of Thy Love.

For this let patient waiting be our watch-word,  
Calm trust, and daily bearing of His Cross,  
Renouncing all this evil world's false teaching,  
And counting all things for Thy Love but loss !

#### CHRISTMAS.

DEAR Little One ! how sweet Thou art,  
Thine Eyes how bright they shine,  
So bright they almost seem to speak,  
When Mary's look meets Thine !

How faint and feeble is Thy cry,  
Like plaint of harmless dove,  
When Thou dost murmur in Thy sleep  
Of sorrow and of love.

When Mary bids Thee sleep Thou sleep'st,  
Thou wakest when she calls ;

Thou art content upon her lap,  
Or in the rugged stalls.

Simplest of Babes ! with what a Grace  
Thou dost Thy Mother's will !  
Thine infant fashions well betray  
The Godhead's hidden skill.

When Joseph takes Thee in his arms,  
And smooths Thy little Cheek,  
Thou lookest up into his face  
So helpless and so meek.

Yes ! Thou art what Thou seem'st to be,  
A thing of smiles and tears ;  
Yet Thou art GOD, and heaven and earth  
Adore Thee with their fears.

Yes ! dearest Babe ! those tiny Hands,  
That play with Mary's hair,  
The weight of all the mighty world  
This very moment bear.

While Thou art clasping Mary's neck  
In timid tight embrace,  
The boldest Seraphs veil themselves  
Before Thine Infant Face.

When Mary hath appeased Thy thirst,  
And hushed Thy feeble cry,  
The hearts of men lie open still  
Before Thy slumbering Eye.

Art Thou, weak Babe ! my very GOD ?  
Oh I must love Thee then :  
Love Thee, and yearn to spread Thy love  
Among forgetful men.

O sweet, O wakeful-hearted Child !  
Sleep on, dear JESUS ! sleep ;  
For Thou must one day wake for me  
To suffer and to weep.

A Scourge, a Cross, a cruel Crown  
Have I in store for Thee ;  
Yet why ? one little tear, O LORD !  
Ransom enough would be.

But no ! death is Thine own sweet Will,  
The price decreed above ;  
Thou wilt do more than save our souls,  
For Thou wilt die for love.

## LENT.

MY sins, my sins, my SAVIOUR !  
They take such hold on me,  
I am not able to look up,  
Save only, CHRIST, to Thee ;  
In Thee is all forgiveness,  
In Thee abundant grace,  
My shadow and my sunshine,  
The brightness of Thy Face.

My sins, my sins, my SAVIOUR !  
How sad on Thee they fall,  
Seen through Thy gentle patience,  
I ten-fold feel them all ;  
I know they are forgiven,  
But still, their pain to me  
Is all the grief and anguish,  
They laid, my LORD, on Thee.



My sins, my sins, my SAVIOUR!  
Their guilt I never knew  
Till, with Thee in the desert  
I near Thy Passion drew;  
Till with Thee in the garden  
I heard Thy pleading prayer,  
And saw the Sweat-drops bloody  
That told Thy sorrow there.

Therefore my songs, my SAVIOUR!  
E'en in this time of woe,  
Shall tell of all Thy goodness  
To suff'ring man below;  
Thy goodness and Thy favour,  
Whose Presence from above,  
Rejoice those hearts, my SAVIOUR,  
That live in Thee and love.

## EASTER.

ALL hail! dear Conqueror! all hail!  
Oh what a victory is Thine!  
How beautiful Thy Strength appears,  
Thy crimson Wounds, how bright they shine!

Thou camest at the dawn of day;  
Armies of souls around Thee were,  
Blest spirits, thronging to adore  
Thy Flesh, so marvellous, so fair.

The everlasting Godhead lay  
Shrouded within those Limbs Divine,  
Nor left untenanted one hour  
That Sacred Human Heart of Thine.

They worshipped, while the beauteous Soul  
Paused by the Body's wounded side :  
Bright flashed the cave,—before them stood  
The Living JESUS Glorified.

Down, down all lofty things on earth,  
And worship Him with joyous dread !  
O Sin ! thou art undone by love !  
O Death ! thou art discomfited !

#### THE ASCENSION.

WHY is thy face so lit with smiles,  
Mother of JESUS ! why ?  
And wherefore is thy beaming look  
So fixed upon the sky ?

From out thine overflowing eyes  
Bright lights of gladness part,  
As though some gushing fount of joy  
Had broken in thy heart.

Mother ! how canst thou smile to-day ?  
How can thine eyes be bright,  
When He, thy Life, thy Love, thine All,  
Hath vanished from thy sight ?

His rising Form on Olivet  
A summer's shadow cast ;  
The branches of the hoary trees  
Drooped as the shadow passed.

Down stooped a silver cloud from heaven,  
The Eternal Spirit's car,  
And on the lessening Vision went  
Like some receding star.

The silver cloud hath sailed away,  
 The skies are blue and free ;  
 The road that Vision took, is now  
 Sunshine and vacancy.

Yes! He hath left thee, Mother dear!  
 His throne is far above ;  
 How canst thou be so full of joy  
 When thou hast lost thy Love ?

For surely earth's poor sunshine now  
 To thee mere gloom appears,  
 When He is gone Who was its light  
 For Three and Thirty Years !

Ah no! thy love is rightful love,  
 From all self-seeking free ;  
 The change that is such gain to Him  
 Can be no loss to thee !

'Tis sweet to feel our SAVIOUR's love,  
 To feel His Presence near :  
 Yet loyal love His Glory holds  
 A thousand times more dear.

Ah! never is our love so pure  
 As when refined by pain,  
 Or when GOD's glory upon earth  
 Finds in our loss its gain !

## WHITSUNTIDE.

COME, Thou Holy Paraclete,  
 And from Thy Celestial Seat  
 Send Thy Light and brilliancy :

FATHER of the poor, draw near,  
Giver of all gifts, be here :  
Come the soul's true radiancy :

Come of Comforters the best,  
Of the soul the sweetest Guest,—  
Come in toil refreshingly :

Thou in labour rest most sweet,  
Thou art shadow from the heat,  
Comfort in adversity.

O Thou Light, most pure and blest,  
Shine within the inmost breast  
Of Thy faithful company.

Where Thou art not, man hath nought,  
Every holy deed and thought  
Comes from Thy Divinity.

What is soiled, make Thou pure :  
What is wounded, work its cure :  
What is parchéd, fructify.

What is rigid, gently bend :  
What is frozen, warmly tend ;  
Strengthen what goes erringly.

Fill Thy faithful, who confide  
In Thy power to guard and guide,  
With Thy Seven-fold Mystery.

Here Thy grace and virtue send :  
Grant salvation in the end,  
And in heav'n felicity ! Amen.

## TRINITY.

**H**AVE mercy on us, GOD most High !  
Who lift our hearts to Thee :  
Have mercy on us, worms of earth,  
Most Holy Trinity !

Most Ancient of all mysteries !  
Before Thy Throne we lie :  
Have mercy now, most merciful,  
Most Holy Trinity !

When heaven and earth were yet unmade,  
When time was yet unknown,  
Thou in Thy bliss and Majesty,  
Didst live and love alone !

Thou wert not born ; there was no fount  
From which Thy Being flowed ;  
There is no end which Thou canst reach :  
But Thou art simply GOD.

How wonderful creation is,  
The work that Thou didst bless ;  
And, oh ! what then must Thou be like,  
Eternal Loveliness ?

How beautiful the Angels are,  
The Saints how bright in bliss ;  
But with Thy beauty, LORD, compared,  
How dull, how poor is this !

O listen then, Most Pitiful !  
To Thy poor creature's heart ;  
It blesses Thee that Thou art GOD,  
That Thou art what Thou art !

Most Ancient of all mysteries !  
Still at Thy Throne we lie ;  
Have mercy now, most merciful,  
Host Holy Trinity.

THE BLESSED VIRGIN MARY.

**S**TRAIGHT from the Presence of the LORD of  
Heaven,

The Angel Gabriel speeds upon his way,  
To where beyond the mountains of Judæa  
The dwelling of a Hebrew maiden lay ;  
And as a sunbeam that in silence steals,  
He seeks the chamber where the Maiden kneels.

Silent he stands, his hand a lily holding,  
That through the air celestial fragrance flings,  
Bright figure and soft shadow showing strangely  
Against the back-ground of his large white  
wings ;

His head, in love and reverent wonder bent  
Towards her, for whom this embassy is sent.

The morning sunlight lay upon her forehead,  
The morning breezes stirred her floating hair ;  
Her earnest eyes were raised to heaven as seeking  
The object of her deep adoring prayer,  
The Unseen, Eternal, and Immortal King,  
Who man's lost heritage again will bring.

Whom will He send to earth as its Deliverer,  
The great Messiah of the chosen race ?  
When will the tardy hours bring round His Advent ?  
What mother shall receive that crowning grace ?  
When will the strife, the wrong, the woe be past,  
And David's Son ascend His Throne at last ?

Hushed is the prayer, yet the fair lips are parted  
 In deep amazement at her Angel guest,  
 Whose gleaming presence gently dawns upon her.  
 "Hail, Mary! thou of women the most blest!  
 God will redeem the promise that He gave;  
 His SON of thee takes flesh the world to save."

Humbly she hears the thrilling words of wonder,  
 And yields herself to the all-perfect Will—  
 His only, His for ever, a fair temple  
 Which His Divinity doth form and fill;  
 "Behold, I am the Handmaid of the LORD:  
 So let it be according to thy word."

Still Mary kneels, for over soul and body  
 The o'ershadowing grace is streaming in full  
 flow:  
 While deep within, beneath her heart's quick  
 pulses,  
 The life of heaven and earth begins to glow:  
 And He by whom all wrongs will be redrest,  
 In a few months will lie upon her breast!

## ANOTHER.

**A**VE Maria! oh what vision blest  
 Thy name unveils before the adoring eye,  
 Thou, whom alone of Eve's fallen progeny  
 Sin might not harm, nor Satan's power molest;  
 Whose peerless glory Gabriel's lips confess'd,  
 The SPIRIT's bride, the Incarnate SON's abode,  
 Daughter of earth, and Mother of thy GOD,  
 Since in thy Womb the ETERNAL deigned to rest.  
 Mother and Maiden! with intenser ray  
 Thy path still kindled towards the perfect day,  
 H.

Till He arose, the Dayspring from on high,  
To crown the gifts of unresisted grace,  
The love divine, the virgin purity,  
That made thy bosom His chosen resting-place.

THE CREATION OF THE ANGELS.

**I**N pulses deep of threefold love,  
Self-hushed and self-possess'd,  
The Mighty Unbeginning God  
Had lived in silent rest.

No ties were on His bliss, for He  
Had neither end nor cause ;  
For His own Glory 'twas enough  
That He was what He was.

He stirred—and yet we know not how,  
Nor wherefore He should move ;  
In our poor human words, it was  
An overflow of love !

He stirred ; and Beauty all at once  
Forth from His Being broke ;  
Spirit and strength, and living life,  
Created things, awoke.

Order, and multitude, and light  
In beauteous showers outstreamed ;  
And realms of newly-fashioned space  
With radiant Angels beamed.

How wonderful is life in heaven  
Amid the Angelic Choirs,  
Where uncreated Love has crowned  
His first created fires !



## THE ARCHANGEL S. MICHAEL.

**H**AIL, bright Archangel ! Prince of Heaven !  
Spirit divinely strong !

To whose rare merit hath been given  
To head the Angelic throng !

First servant of the Ineffable,  
The first created eye  
That ever, proved and perfect, fell  
On the dread TRINITY !

The strength, wherewith thy spirit dared  
To love that Blissful Sight,  
That mystery to thee first bared  
After eternal night.

That strength, O Prince ! is strength to us,  
Comfort and deepest joy,  
That our dear GOD is worshipped thus  
Without our base alloy.

Zealot of JESUS ! from thy sword  
Fling drops of gleamy fire,  
To make our worship of the WORD  
More keenly burn, and higher.

Our vile world-frozen hearts bedew  
With thy celestial flame,  
And burn our spirits through and through  
With zeal for JESU'S Name.

## THE ARCHANGEL S. GABRIEL.

**H**AIL, Gabriel ! hail ! a thousand Hails  
For thine, whose music still prevails  
In the world's listening ear !

Angelic Word ! sent forth to tell  
How the Eternal Word should dwell  
Amid His creatures here !

Angel of JESUS ! days gone by  
Bore burdens of kind prophecy  
To quicken hope delayed ;  
Then, preluding with John's sweet name  
At length thy choicest music came  
Unto the Mother-Maid.

Voice of Heaven's sweetness, uttered low,  
Thy words like strains of music grow  
Upon the stilly night,  
Clear echoes from the Mind of God,  
Stealing through Mary's blest abode  
In pulses of delight.

O Voice ! dear Voice ! the ages hear  
That "Hail" of thine still lingering near,  
An unexhausted song ;  
And still thou com'st with balmy wing,  
Yea, and thou seemest still to sing,  
Thine Ave to prolong.

O meditative Spirit ! bright  
With beauty and abounding light,  
Life of surpassing bliss,  
Brooding, profound, most calm in power,  
What joy for thee to feel each hour,  
How deep thy being is !

Pure as the sunrise, fair as light,  
Lovely as visions of the night  
Where saintly souls find food ;  
Angel of worship ! skilled and wise,  
Thou hauntest prayer and sacrifice,  
Because they fit thy mood.

Take up in heaven for us thy part,  
 And, singing to the Sacred Heart,  
   Thy strains of rapture raise ;  
 And tune with endless Ave still  
 The voices of the Blest, and fill  
   The Ear of GOD with praise !

THE ARCHANGEL S. RAPHAEL,

**B**y the spring of GOD's Compassions,  
   Where the light is hard to bear,  
 Oh, who is that golden Spirit  
   So intently gazing there ?  
 By the sealed and secret fountain,  
   In the midst of the Abyss,  
 Where GOD's love of human nature  
   Springs in life, and light, and bliss.

He hath watched there countless ages ;  
   It hath been his special grace ;  
 He hath learned a thousand secrets  
   From the Spirit of the place.  
 He hath drunk of that one fountain  
   In the GODHEAD's placid breast,  
 Till his beautiful broad spirit  
   Is with love of man possess.

It is GOD's exceeding pathos  
   Which has tuned thy spirit thus ;  
 It is GOD's exceeding sweetness  
   Which inclines thee so to us.  
 There's scarce a joy thou wouldst not forfeit  
   The sweet joy of Priests to win,  
 Scarce a gift thou wouldst not barter  
   For the power to pardon sin.

Art thou Angel, blessed Raphael !  
Or a man in Angel's guise ?  
Or His likeness, Who took on Him  
Fallen man's infirmities ?  
Thou wouldst long to be incarnate,  
So to share our SAVIOUR's part ;  
For the Angel's spirit in thee  
Beateth strangely like a heart !

O thou human-hearted Seraph !  
How I long to see thy face,  
Where in silver showers of beauty  
God bedews thee with His Grace !  
But I see thee now in spirit  
'Mid the GODHEAD's silent springs,  
With a soft eternal sunset  
Sleeping ever on thy wings.

## ALL SAINTS.

THE day is cloudy ; it should be so :  
And the clouds in flocks to the Eastward go ;  
For the world may not see the Glory there,  
Where CHRIST and His Saints are met in the air.  
There is a stir among all things round,  
Like the shock of an earthquake underground,  
And there is music in the motion,  
As soft and deep as a summer ocean.  
All things that sleep awake to-day,  
For the Cross and the Crown are won ;  
The winds of spring  
Sweet songs may bring  
Through the half-unfolded leaves of May ;  
But the breeze of spring  
Hath no such thing  
As the musical sounds that run

Where the anthem note by GOD is given,  
And the Martyrs sing,  
And the Angels ring  
With the cymbals of highest Heaven.  
In one long endless filing crowd,  
Apostles, Martyrs, Saints have gone,  
Where, beyond yon screen of cloud,  
The Master is upon His Throne !  
Only we are left alone !  
Left in this waste and desert place,  
Far from our natural home ;  
Left to complete our weary race,  
Until His Kingdom come.  
Alas ! for us that cannot be  
Among that shining Company !  
But once a year with solemn hand  
The Church withdraws the Veil,  
And there we see that other Land,  
Far in the distance pale :  
While good Church bells are loudly ringing,  
All on the earth below,  
And white-robed Choirs with Angels singing,  
Where stately organs blow :  
And up and down each holy street  
Faith hears the tread of viewless feet,  
Such as in Salem walked when He  
Had gotten Himself the victory.  
So be it ever, year by year,  
Until the Judge Himself be here !

## ANOTHER.

THERE is a place where spirits come,  
Beneath the Shrine to live,  
A mystic place, a middle Home,  
Which GOD to them doth give.

What mortal fancy can disclose  
The secrets of their calm repose?  
It is a quietness more deep  
Than dearest swoon or heaviest sleep,  
A rest all full of waking dreams,  
Of magic sounds and broken gleams,  
Outside the walls of Heaven;  
So near, the souls may hear the din  
Of thousand Angel Choirs within,  
And some dear prospect too may win,—  
As in the light of even,  
Long absent exiles may have seen  
The home, the woods, the orchards green,  
Wherein their childish time was spent,  
Ere on their pilgrimage they went;  
And as they look upon the show,  
The thought of early love returns  
Unto the straining eye that burns  
With tears that age forbids to flow.  
There then outside the heavenly gate  
The souls beneath the Altar wait—  
The Altar whereon CHRIST was laid,  
True Meat for all the living made,  
And Shelter for the Dead!  
Their bodies are not yet like His,  
Their souls not strong enough for bliss,  
Or love unmixed with dread.  
They cannot brook the vision yet,  
Those radiant lights that never set;  
And so the Son of Man hath thrown  
His awful Veil o'er spirits lone.  
O'ershadowed by His Flesh, they lie,  
As though behind a charmed screen,  
Hid from the piercing of the Eye  
That may not look on things unclean!

Say, who are those that softly glide  
Each pure and saintly soul beside,  
Like Angels, only that they bear  
More thought and sadness in their air,  
As though some stain of earth did rest  
Its pensive weight upon their breast,  
And lodged a fearfulness within,  
That could not rise from aught but sin?  
Nor even on their silent face  
Doth gentle mirth leave any trace,  
Save when their downcast eye doth rest  
Upon the Symbol on their breast;  
Then are their features lit the while  
With something like an earthly smile,  
As though a thought were in their heart  
Which it were rudeness to impart.  
These are the righteous works of Faith,  
Wrought in the fight with Sin and Death—  
Dear shadows of each holy thing,  
The goodly fruits and flowers that spring  
From the rich Tree of Life;  
Alms-deeds, and praise, and vigils past  
In penitential prayer and fast,  
Boldness in faith, and wrongs forgiven,  
And self-denying toils for Heaven,  
And gentleness in strife.  
These follow all the souls that come  
Unto their rest and middle Home;  
And by their sides for ever stay,  
To witness at the solemn Day,—  
In fear, as higher still and higher,  
They see the cleansing Judgment Fire.

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## INTERCESSIONS.

## FOR THE CLERGY.

**O** LORD JESU CHRIST, our great High Priest, I, Thy unworthy servant, come before Thee, beseeching Thee to shed Thy choicest blessings on all those whom Thou hast called to minister at Thine Altar, all Bishops, Priests, and Deacons throughout Thy whole Church. Give them, I pray Thee, Thine own mind, Thine own Spirit, Thine own Love, Patience, Humility, Wisdom, Holiness, and Self-sacrificing devotion. Make them all Thou wouldst have them to be; prosper Thy Word, through their ministry; so that when Thou callest them to Thyself, they may have turned many souls to Thee, and may shine as the stars for ever. Amen.

## FOR OUR SPIRITUAL FATHER.

**I** PRAY more especially for Thy Priest, my Spiritual Father, beseeching Thee to give to him a clear vision of Divine Mysteries, and power to unfold their depths, love of the souls committed to him, an increasing sanctity, and great joy in Thee. Grant to him by Thy grace all that he desireth, or that Thou knowest to be needful to him.

Of Thy Goodness open my soul and all its necessities to him, that he may understand and guide it. Vouchsafe Thyself, O my LORD, to speak to me through him, and enable me always meekly to accept his judgments and counsels, as Thy Voice and Will for me. Amen.



ANOTHER.

O MY GOD, I beseech Thee earnestly for Thy Priest, my Spiritual Father, that Thou wouldest pour upon him the fulness of Thy Blessing. Abide with him, Blessed LORD, and never leave him. Be Thou to him Light, health, protection, All in all. Guard him from all enemies, fleshly and spiritual, from all peril of soul or body, and shield him in the hour of temptation. Preserve his going out and his coming in; sleeping or waking tend Thou him. Uphold him ever in the Arms of Thy Love; in trial be Thou his stay, in trouble his comfort, in weariness his rest.

O HOLY GHOST, Most Blessed Comforter, I beseech Thee, ever dwell within him, fill him with Thy Sevenfold Gifts, guide him, and keep him in Thy Truth, and let the sweetness of Thy Consolations flood his soul with Heavenly Joy.  
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Shed Thy special Blessing, O Almighty FATHER, on his work and labour of love in the guidance of souls. Mercifully look on all whom Thou hast given to his care, and grant that in the Last Day he may be able to give account of us with joy. Bless and keep him in life, and in death open Thine Arms to receive him in love and peace, into the fulness of joy in the eternal possession of the Beatific Vision. Amen.

FOR OUR COMMUNITY.

O LORD JESUS CHRIST, Who in the Heavens art ever offering Thyself before Thy FATHER, pleading for us Thy Wounded Hands and Feet and Side, pierced for us: pour on me, I pray Thee, the thirst of love, and the spirit of intercession, and hear the prayer that I offer before Thee for our Community.

*For the Superior—the*

*Confirmed Sisters.*—Increasing Grace and Virtue, and special Gifts to each in their several offices.

*For the Sister Probationers.*—Thy Love to draw them from all of earth to perfect union with Thyself.

*For the Sisters of the 2nd Order.*—Thy Grace, to enable them faithfully to fulfil the profession they have made.

*For each and all.*—To know the height of the Vocation to which Thou hast called them, and fully to correspond with Thy Love. Draw each to each, in love and kindness, and mutual help. Give them rest and peace here, and Eternal joy in Thy Bosom hereafter for ever, through Thy own Merits. Amen.

#### FOR OUR DIFFERENT WORKS.

**O** GOD, Who in all places of Thy Dominion art present in all

Thy Majesty and Power, be Thou, I pray Thee, the Protector of all the Houses in which we work for Thee, our

Houses of Mercy,  
Orphanages,  
Schools,  
Mission Houses,  
Hospitals.

Bless them, O LORD, I beseech Thee, prosper and enlarge them, perfect and sanctify them for the glory of Thy Holy Name. In them mayest Thou convert many sinners, comfort many sorrowful ones, enlighten many ignorant, cherish many children, tend many sick, help many in want, and draw many very close to Thyself.

I earnestly beseech Thee on behalf of all my Sisters in our different Houses. Cherish and advance continually their Spiritual Life; direct their thoughts and prosper all their ministrings to the fulfilment of Thy Holy Will.

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While we serve Thee separately, let us never in the least be separated in heart from Thee, or from each other; but, growing more perfectly one with Thee, O my God, may we be always most closely united together in aim and affection, in all loving-kindness, and in the Sacramental Mystery of Thy Most Gracious Presence abiding with us, and in us, evermore. Amen.

#### FOR OUR ASSOCIATES.

O MY LORD, I most earnestly beseech Thee for the Associates of our Community. Grant to them living in the world not to be of the world; to be steadfast against all its snares and seductions, to be true to Thy calling and their own resolutions. Prosper all their services, O God, and may they be accepted of Thee for our good, and their own everlasting peace. May Thy Holy

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Name be glorified in them, and their lot be together with us among Thy Saints, for JESUS CHRIST'S sake. Amen.

#### FOR OUR CHILDREN.

O HEAVENLY FATHER, I commend our children unto Thy care. Be Thou their GOD and FATHER, and do Thou Thyself mercifully supply to them whatever is wanting in us through our frailty or negligence. Strengthen them to overcome the corruptions of the world, to resist the solicitations of evil, whether from within or from without, and ever deliver them from the secret snares of the enemy.

Pour Thy Grace into their hearts, and confirm and multiply in them the Gifts of Thy HOLY SPIRIT, that they may daily grow in Grace and in the knowledge of our LORD JESUS CHRIST, and so faithfully serve Thee here, that they

may come to rejoice before Thee hereafter, through the merits of the Same Thy SON our LORD JESUS CHRIST, Who with Thee and the HOLY GHOST livest and reignest GOD for ever and ever. Amen.

FOR OUR PENITENTS.

**O** LORD my GOD, Who didst come to call sinners to repentance, drawing one after another to Thyself that they might be saved, and giving them Grace to love Thee, Who didst let the woman from the city wash Thy Sacred Feet, and dost with Thy Holy Angels rejoice over one sinner that repents; hear my prayers for those whom Thou hast gathered into this House. I pray Thee for them all, but more especially for those committed to me to help and overlook. Draw their hearts to Thyself, soften their tempers, subdue their wills, chasten their pas-

sions. Give them Grace to profit by the Services, the teaching, the discipline. Make them obedient to their Rules, reverent to their Superiors, kind to one another, and steadfast in their good purposes.

Give me Grace always to be to them what I ought to be; however variable and unsteadfast they may be, yet still to be ever the same to them—firm yet gentle, strict yet kind, self-possessed and recollected, full of prayer for them, full of the remembrance of Thee, my GOD, that by Thy Grace in me, I may not hinder, but always help them, always seeking to draw and fix their hearts, O my LORD, on Thee. Amen.

FOR THE WHOLE CHURCH  
ON EARTH.

**O** MOST Tender LORD JESUS CHRIST, Who hast chosen the Holy Church to Thyself to be Thy Bride, and hast so

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loved it as to pour out Thy Life and Thy Blood for it; I implore Thee, of Thy Great Mercy, to give it peace, to guard it, to unite it, and to govern it throughout the whole earth. Suffer not, I beseech Thee, its enemies to prevail against it, but keep and defend it with Thy own Power.

Behold, O LORD JESUS, how carelessly Thy Divine Worship is so often celebrated, how Thy service is despised, how little knowledge of Thee there is upon the earth. Send, therefore, I pray Thee, fervent and unwearied labourers into Thy Harvest, that they may increase it, and gather it unto Thy Garner. Grant unto all the faithful, that they may obey all the precepts of Thy Holy Church, growing in Grace, and in every good work, daily to the greater Glory of Thy Name. Amen.

II.]

# FOR THE UNITY OF THE CHURCH.

*Our Father, Which art in Heaven.*—One GOD, the FATHER Almighty, One LORD JESUS CHRIST, One HOLY GHOST proceeding from the FATHER and the SON, have mercy upon us Thy Children, and make us all one in Thee.

*Hallowed be Thy Name,*—Thou Who art One LORD, and Thy Name One; have mercy upon us all who are called by Thy Name, and make us more—one in Thee.

*Thy Kingdom come.*—O King of Righteousness and Peace, gather us more and more unto Thy Kingdom, and make us, both visibly and invisibly,—one in Thee.

*Thy Will be done in earth as it is in Heaven.*—Thou Who hast declared unto us the mystery of Thy Will, to gather together in one

all things in CHRIST, both which are in Heaven and which are in earth; conform us, O LORD, to that Holy Will of Thine, and make us all,—one in Thee.

*Give us this day our daily bread.*—Thou in Whom, we being many are one Bread and one Body; grant that we, being partakers of that One Bread, may, day by day, be more,—one in Thee.

*And forgive us our trespasses, as we forgive them that trespass against us.*—Thou Who didst say, "FATHER, forgive them," for those who were rending Thy Blessed Body, forgive us the many things we have done to mar the Unity of Thy Mystical Body; and make us forgiving, and loving one another, to be more and more,—one in Thee.

*And lead us not into temptation.*—As Thou didst enable Thine Apostles to continue with

Thee in Thy temptations; so enable us, by Thy Grace, to abide with Thee in Thy True Church, under all trials, visible and invisible, nor ever cease from being,—one in Thee.

*But deliver us from evil.*—From the enemy and false accuser; from envy and grudging; from an unjust and discontented spirit; from heresy and schism; from strife and debate; from a scornful temper, and reliance on our own understanding; from offence given and taken; and from whatever might disturb Thy Church, and cause it to be ever less,—one in Thee; Good LORD, deliver and preserve Thy Servants for ever. Amen.

FOR THE CONVERSION OF  
THE HEATHEN.

O ETERNAL God, Creator of all things, Who hast promised the souls of the Heathen to be the inheritance

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of Thy SON, and the utmost parts of the earth His possession, hear the prayers of Thy Church on their behalf, and hasten the time of their conversion. Support, guide and bless all who have gone forth into the dark regions of the earth, and give them grace to witness with truth and boldness for Thy blessed Gospel in the face of all the power of Satan, as faithful Confessors. Endue them with such burning zeal and love, that they may ever be ready to surrender up even their lives in testimony of Thy Truth, patient under all disappointments, meekly submissive under all persecutions, that they may win a glorious Crown at the LORD's hand.

And may Thy Love, and Thy long-suffering mercy, and Thy saving truth, be so magnified and prevail, through their toil and suffering,  
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that the great multitude which no man can number may at last be gathered in, and together with us find a place in the Heavenly Mansions, through the Merits of JESUS CHRIST, our only SAVIOUR. Amen.

#### FOR THE CONVERSION OF SINNERS.

O HOLY TRINITY, for Whose Glory all things were created, may Thy Almighty Power overcome all the deceits of Satan, and rescue those who are now held in bondage by him at his will.

O Holy FATHER, inexhaustible Fount of Pity, Thou Who dost continually blot out our offences, have mercy, and save all those now perishing in their sins.

O CHRIST, Light of the World, Giver of Life, Thou Who didst redeem the lost world by Thy Blood, have mercy, and save all those who are perishing in their sins.

O HOLY SPIRIT, Source of Purity, Love of GOD, Purger of all inward diseases, have mercy, and save all who are now perishing in their sins.

Most HOLY TRINITY, may Thy Glory be magnified in the conversion of those who have resisted all Thy Love, that where sin has abounded, there grace may much more abound. Amen.

FOR ONE HARDENED  
AND IMPENITENT.

O BLESSED JESU, at Whose Name every knee shall bow, of things in Heaven, and things in earth, and things under the earth, reveal Thyself in Thy Power and Love to Thy servant ( . )

Thy Cross is marked upon (her) brow, Thy Name, O Blessed JESU, is named upon (her.) Oh! by Thy Cross, Thy Wounds, Thy Precious Blood, Thy Name of JESUS, by all Thou hast

done and suffered for (her,) JESU, have mercy on (her!)

Subdue (her) hardness of heart. Give (her) grace to weep and to pray. Pierce, wound, and grieve (her) heart. Deliver (her,) O merciful JESU, all-powerful Advocate, from this death. LORD, save (her) for 'Thine own mercies' sake. Suffer not Thine own to perish; for Thou didst die for (her,) and still Thou dost plead for (her) in Heaven, O Thou Blessed SON of GOD, JESU, our LORD and only SAVIOUR. Amen.

O ALMIGHTY GOD, FATHER of mercy, I offer Thee, in expiation of all the sins of Thy servant, the Merits and Sufferings of Thy Blessed SON, from the moment of His Birth, when He was laid in the Manger, and shed His first human tears, till the hour when, bowing His Head, and con-

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summing His Sacrifice of the Cross, He commended His Spirit into Thy Hands. Amen.

the sake of JESUS CHRIST our LORD. Amen.

## ANOTHER.

## FOR RELATIONS AND FRIENDS.

O ALMIGHTY GOD, Fountain of all Love, I bless and praise Thee, for all those Thou hast ever given me to love me, or to be loved by me, (especially     ,) I would grieve before Thee for all that any of them have ever done to hinder Thy Grace in them, I pray Thee to forgive all, to blot out all. And I most earnestly beseech Thee, O LORD, to fill them with Thy Love, to perfect them in every good work according to Thy Will. Draw each one to Thyself, I pray Thee, in Thine own way, and bind them to Thee as Thy Faithful ones, so that when Thou shalt come in Thy Glory, they may be ready to enter into Thy Joy, for  
II.]

O MOST Kind and Gentle JESUS, I commend all those who have asked my unworthy prayers to Thy Love, in the power of which Thou didst come down to earth from the Bosom of the FATHER to save men. And in union with that Love whereby Thou didst commend Thy Spirit to Thy FATHER, I commend them all to Thy Sacred Heart, and enclose them all therein, and I offer and set it forth before Thee, in union with that love whereby Thou didst take to Thyself a Human Heart, for the Salvation of all the human race; beseeching Thee from its Infinite treasures to take wherewith to bless those for whom I pray, or am bound to pray. Amen.

## FOR ONE ON A JOURNEY.

**O** GOD of Infinite Majesty and Mercy, dispose, I beseech Thee, the way of Thy servant, our dear (     ), in peace and safety. Let no misfortune harm (him,) no difficulty hinder (him;) let everything be favourable and propitious to (him.) Be Thou (his) Guide and Companion on the way, bless and keep (him,) O LORD, and fill (him) with the sweetness of Thy Presence. Send Thy Holy Angel to guard and defend (him,) to lead (him) whither (he) is going, and bring (him) back again in safety to us for JESUS CHRIST'S sake, our Blessed LORD and SAVIOUR. Amen.

THANKSGIVING FOR A  
SAFE RETURN HOME.

**O** GOD, Who hast been with Thy servant, our dear (     ), in (his) going out and coming in, and hast shielded

(him) from all the dangers of the way; receive, I beseech Thee, my humble praises for this Thy great Mercy to us. Do Thou vouchsafe to continue Thy Goodness to (him.) Enfold (him) ever in Thy Love; reveal to (him) the blessed consciousness of Thy abiding Presence, till the Light within the Veil shall break forth upon (him,) and (he) is received into the Glory of the Beatific Vision for ever. Amen.

## FOR ONE IN TROUBLE.

**O** BLESSED God, Who feelest with tenderest sympathy the sorrows of Thy Children, and alone canst comfort and heal them, I most humbly beseech Thee to look with compassion on my (     ), in (her) present affliction; for Thou knowest all (her) burden, and all (her) need of Thy Support. And I most ear-

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nestly pray, O GOD, that this and every trial may draw (her) more and more deeply into Thy inmost Heart, to find unchanging rest in Thee, and to advance through trial to ever-increasing saintliness; for the love of Thy Dear SON, JESUS CHRIST our LORD. Amen.

#### FOR A SICK PERSON.

**A**LMIGHTY, Everlasting GOD—Eternal Salvation of them that believe, by Whose Will the moments of our life run out, hear me, I implore Thee, for Thy Servant, ( ), whom Thou hast laid on a bed of sickness. Comfort (her) afflicted spirit, increase (her) faith, strengthen (her) hope, perfect (her) love, sanctify all (her) sufferings. If it be Thy Will, I pray Thee, restore (her) to health, and raise (her) up to love Thee more entirely, and serve Thee more purely, for the  
H.]

sake of JESUS CHRIST our LORD. Amen.

#### ANOTHER.

**O** OUR GOD, our SAVIOUR, Who didst leave Thy Peace to Thy Apostles, pour, I beseech Thee, Thy Peace into the heart of Thy Servant ( ), fill (her) with the sweetness of Thy Presence, give (her) of Thine Own Patience, that (she) may bear all pain and discomfort of body, and all the trials of (her) sickness in union with Thee, and in memory of Thy Cross and Passion, which Thou didst so meekly endure for us miserable sinners. Amen.

#### ANOTHER.

**O** LORD JESUS, I beseech Thee by that love wherewith Thou didst bear all our sicknesses and carry all our sorrows, that Thou wouldest sustain the patience of this Thy Servant ( ) who is sick,

and overrule for Thy greater Glory and (her) most real good, all these moments of (her) suffering which Thou hast designed from Eternity for (her) everlasting Salvation, in conformity with the purpose of Thy FATHER'S Heart. Amen.

THANKSGIVING FOR  
RECOVERY.

**A**LMIGHTY, Everlasting God, Source of all true life, I bless Thee, I thank Thee for Thy great goodness to us. Thou hast looked upon our sorrow, Thou hast heard our cry, and hast restored life and health to our dear ( ). Thy Mercies are great and wonderful, and my mouth praiseth Thee with joyful lips!

Most Blessed God, look still on (her,) I pray Thee; strengthen (her) weakness, renew the powers of (her) mind and body, rekindle (her) zeal for Thy Service; grant that the life Thou hast

in Thy Love given back to (her,) may be spent for Thee in yet more undivided love and devotion, till, purified from all fault, adorned with heavenly virtues, the work Thou gavest (her) to do being ended, Thou wilt receive (her) into Thy Joy, and bestow upon (her) the Crown of Everlasting Glory, which fadeth not away, in the Sunshine of Thy Presence for ever. Amen.

FOR ONE NEAR DEATH.

**O** LORD JESUS CHRIST, Redeemer of the World, I commend to Thy Precious Love this Thy Servant ( ) now lying at the point of death. Remember not, LORD, I beseech Thee, (her) sins or ignorances, but of Thy great Mercy forgive and blot out all the guilt of (her) whole life.

O Crucified SAVIOUR, Who didst die for us, remember (her) now, in (her) last hour. Remem-

ber that (she) is Thy Sheep, purchased with Thy Blood. O Thou good Shepherd, Who alone canst guide and comfort us in the dark valley of the shadow of death,—where no friend can help us,—be with (her) now,—suffer (her) not to lose Thee,—cast (her) not off from Thee! O Blessed JESUS, embrace (her) now! Receive (her) now! Hide (her) in Thy Sacred Wounds! Wash (her) in Thy Precious Blood—Receive (her) last breath, and with it (her) heart, (her) soul, (her) spirit. Admit (her) into the number of the Blessed, and be mindful of (her) in Thy Glory. Amen.

**FOR ALL WHO MAY BE DYING.**

**O** MOST Merciful LORD, Who dost so love the souls which Thou hast created that Thou wouldst not the death of any sinner, but that all should be con-

verted and live; we pray Thee, by Thy Dying Agony on the Cross, to purify through Thy Precious Blood all the sinners in the world who are now in their agony, and who must this day die, and be called to appear before Thy Judgment Seat.

O Love of JESUS, have mercy on the dying! Amen.

**FOR THE DEPARTED.**

**O** GOD, LORD of the living and the dead, before Whom all souls live in their own several spheres of life, I beseech Thee most earnestly on behalf of the souls of (     ); and I unite myself with Thy Priest before the Altar, offering the Holy Oblation for them, in union with Thy Perpetual Intercession, praying that it may be accepted for them.

Grant unto them, I beseech Thee, O LORD, the Purification of Thy

most Precious Blood, and the perfect life of Thy Spirit, to remove from them in Thy Great Mercy the stains and scars of sin, which may remain in them; and so prepare and fit them for Thy Appearing, that they may behold Thy Face in joy. Grant them, O GOD, such refreshment and rest, such light and joy, as Thou wilt for them, according to Thy Perfect Love. Grant them a blessed Resurrection, a favourable Judgment, a place at Thy Right Hand in the Awful Day, and with myself an entrance in endless Blessedness into Thy Glory in Heaven. Amen.

FOR A FATHER, MOTHER,  
OR NEAR AND DEAR  
RELATION DEPARTED.

O GOD, with Whom  
do live the Spirits

of them that depart hence in the LORD, and with whom now rests the soul of ( ), may Thy Ineffable Compassion and Love, I beseech Thee, enfold (him;) the brightest, purest light from Thy Countenance shine around and within (him;) the sweetest heavenly joy entrance (him.) Whatever is wanting for (his) perfect purification, and consummation of bliss, and union, and fulness of endless peace in Thee, vouchsafe to give (him,) O Loving, most Gracious SAVIOUR. And grant that I may be found with (him) in the same lot of everlasting beatitude in Thee, to the glory of Thy Holiness, and through Thy Merits, O Blessed JESUS. Amen.

# LITTLE OFFICE WHEN THE CHAPEL BELL TOLLS FOR A DEATH.

**M**AY CHRIST, Who human frailty, I beseech  
called thee, receive Thee of Thy Goodness  
thee! and the Angels mercifully to pardon,  
conduct thee to Him, for the sake and Merits  
bearing thy soul and of JESUS CHRIST, our  
presenting it to the Most LORD. Amen.  
High!

From the Gates of  
Hell deliver the soul of  
Thy Servant, O LORD!

Grant unto (her) Eter-  
nal rest, and let Ever-  
lasting Light shine upon  
(her.)

**L**ORD, have Mercy.

CHRIST, have Mercy.  
LORD, have Mercy.

**O**UR FATHER, &c.

## PRAYER.

**T**O Thee, O LORD, I  
commend the soul  
of Thy Servant, that be-  
ing dead in this world,  
(she) may live with Thee.  
And whatever sins (she)  
has committed through

## ANOTHER.

**G**RANT, O LORD, that  
I may ever remem-  
ber that I am most cer-  
tainly to follow Thy Ser-  
vant! Give me Grace  
to be always ready for  
my last hour, so that,  
when Thou shalt call  
me, I may with the  
Wise Virgins enter into  
the Marriage Supper of  
the Lamb,—where, made  
white in His Blood, I  
may hope to live before  
Thy Throne, and wor-  
ship Thee day and night  
for ever. Amen.

**T**HE Grace of our  
LORD, &c.

## OFFERINGS THROUGH THE POWER OF THE PRECIOUS BLOOD AND MERITS OF THE INCARNATE WORD.

**O** MOST Holy Word! to correspond to Thy Love.

I offer Thee Thy Priests—and in their behalf, I plead the merits of Thy most Precious Blood, and I pray Thee to enable them fitly to conceive of the high degree to which they are exalted, and to hold in extreme abhorrence whatever can dishonour the dignity of their Office, or contaminate their lives.

Our FATHER, &c.

**O** MOST Loving Word! I offer Thee the Virgins consecrated to Thee, and in their behalf I plead the merits of the most Precious Blood, which Thou didst sweat in Thine Agony in the Garden, and I pray Thee to make them to know the height of the Vocation to which Thou hast called them, and enable them fully

Our FATHER, &c.

**O** ETERNAL Word! I offer Thee all the faithful sons and daughters of the Church, Thy Spouse, the members of that Body of which Thou art the Head,—and in their behalf I plead the merits of the most Precious Blood which Thou didst shed in Thy Scourging, and I pray Thee to cause them to remember the solemn renouncement of the world, the flesh, and the devil, which they made in Baptism, and that they may lead such lives as will not bring discredit on the Faith which they profess.

Our FATHER, &c.

**O** DIVINE Word! I offer Thee all poor sinners, and in their be-



half I plead the merits of the most Precious Blood and Water, which issued from Thy Side when pierced by the Lance. I pray Thee to wash the stains from their souls in this Blood and Water, and to grant that with a timely repentance, they may by returning love for Love through Thy merits obtain remission of the sins they have committed against Thee, and turning to Thee with true repentance, may obtain pardon and peace.

Our FATHER, &c.

**O** ETERNAL Word! I offer Thee all in heresy and schism—and in their behalf I plead the merits of Thy most Precious Blood, which Thou didst shed from Thy Body, all wounded as It was, when Thou wast stripped to be crucified. I entreat Thee to have compassion on these poor sheep who while wandering from Thy Fold are in the  
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way to lose themselves in the paths of error and obstinacy, and place them in the Bosom of Thy Church, where alone truth and safety are found.

Our FATHER, &c.

**O** DIVINE Word! I offer Thee all Jews, Turks, Infidels, and Heretics, and in their behalf I plead the merits of Thy most Precious Blood which flowed from Thy most Sacred Head when crowned with Thorns. I beseech Thee to remember that their souls are the work of Thy Hands, enlighten them that they may know Thee, the true and only GOD, and their SAVIOUR, that they too may be made partakers of the Sacraments of our common Redemption.

Our FATHER, &c.

**O** ETERNAL FATHER! I offer Thee the intense pains which Thy Only-begotten SON did suffer during the hours that He was nailed

to the Cross for love of us, particularly when in the intensity of His grief and abandonment He exclaimed "My GOD, My GOD, why hast Thou forsaken Me?" I offer them in behalf of all those in their agony, together with the Blood that flowed from His Five Wounds, that they by the power of this Blood may be fortified and defended against all temptations, and may reach the Port of Eternal Bliss, and be united to Thee in Glory.

Our FATHER, &c.

**O** ETERNAL FATHER! I offer Thee the Love which JESUS CHRIST, Thy SON, testified toward the human race during the whole course of His Passion, and especially in the pain which He endured in the hiding of the Beatific Vision from the lower part of His nature. I pray Thee by

His Boundless Love, Who hath redeemed us by His Precious Blood, to grant that every heart and tongue may praise, and magnify, and bless Thee, now and for ever, even throughout the endless Ages of Eternity. Amen.

Our FATHER, &c.

**V.** Thou hast redeemed us, O LORD, with Thy Blood.

**Rz.** And Thou hast made us a Kingdom unto our GOD.

**O** SAVIOUR of the world, Who by Thy Cross and Precious Blood hast redeemed us, save us and help us we most humbly beseech Thee, O LORD.

**T**HE LORD bless me, and keep me, the LORD make His Face to shine upon me, and be gracious unto me, the LORD lift up the light of His Countenance upon me, and give me Peace, now and ever. Amen.

# MANUAL OF DEVOTION

FOR

SISTERS OF MERCY.

IN TWO VOLUMES.

VOL. I.

Second Edition



PART III.

FOR FORGIVENESS OF SINS.

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# MANUAL OF DEVOTION.

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## PART III.

### FOR FORGIVENESS OF SINS.

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#### PREPARATION FOR A GENERAL CONFESSION.

BEFORE SELF-EXAMINATION.

Ps. CXXXIX. *Domine, probasti.*

**O** LORD, Thou hast searched me out, and known me : Thou knowest my down-sitting, and mine uprising ; Thou understandest my thoughts long before.

Thou art about my path, and about my bed : and spiest out all my ways.

For lo, there is not a word in my tongue : but Thou, O LORD, knowest it altogether.

Thou hast fashioned  
PART III.]

me behind and before : and laid Thine Hand upon me.

Such knowledge is too wonderful and excellent for me : I cannot attain unto it.

Whither shall I go then from Thy SPIRIT : or whither shall I go then from Thy Presence ?

If I climb up into Heaven, Thou art there : if I go down to Hell, Thou art there also.

If I take the wings of the morning : and remain in the uttermost parts of the sea ;

Even there also shall Thy Hand lead me : and

B

Thy Right Hand shall hold me.

If I say, Peradventure the darkness shall cover me : then shall my night be turned to day.

Yea, the darkness is no darkness with Thee, but the night is as clear as the day : the darkness and light to Thee are both alike.

Try me, O God, and seek the ground of my heart : prove me, and examine my thoughts.

Look well if there be any way of wickedness in me : and lead me in the Way Everlasting.

Glory be to the FATHER, &c.

#### PRAYER.

**O** HOLY and long enduring GOD ! I come to Thee in the deepest self-abasement of which I am capable. I would that I might humble myself before Thee, as my guilt and ingratitude deserve.

Behold me, O GOD of Goodness, Mercy, and

Compassion ! Behold me prostrate before Thee, behold the prodigal,—nay, worse than the prodigal. I have disfigured and defiled my soul, created in Thine own Image and Likeness ; I have sinned against Him by Whose Blood I have been redeemed ; I have added to the anguish of that Heart which was pierced for me. I have, by my sins, renewed the Passion and Death of my SAVIOUR. But do Thou, my FATHER and my GOD, do Thou, I beseech Thee, grant that I may now be truly converted to Thee ; make my proud and insensible heart to break with perfect contrition ; let this be the work of Thy Almighty Power, through all that Thy Divine SON, my JESUS, has done and suffered for me. Amen.

#### PRAYER.

**O** ALMIGHTY Redeemer ! Hope and Refuge of sinners, re-  
[PART

gard with compassion my poor guilty soul. I am come, in the multitude of Thy tender Mercies, to prepare myself for the Sacrament of reconciliation.

But, O my GOD, and my All! without Thy help my endeavours will be altogether unavailing. Do Thou, I beseech Thee, pour forth Thy grace into my heart, and preserve me from performing this holy action negligently, or with a false sorrow and repentance.

Grant that my first desire and my only motive in desiring to be reconciled to Thee may be to accomplish Thy Divine Will. And O my all-powerful SAVIOUR! purify, I beseech Thee, in the furnace of Thy own pure Love, my miserable heart from all self-seeking and self-love; and grant that I may, in every part of my preparation for this holy Sacrament, be guided by

Thy Divine SPIRIT. I ask this favour in Thy own sweet Name—that Name through which Thou hast promised to grant whatsoever we ask of Thee according to Thy Will. Amen.

#### PRAYER.

**I** AM before Thy throne, O GOD, prostrate and bowed down with the burden of my sins. O Eternal Almighty GOD, Thine Eye is fixed on me, and the secrets of my heart are laid bare before Thee, Thy Book of remembrance is open, and I a guilty sinner am searching to see where in thought, word, or deed I have ever, in any place, at any time, alone, or in company, in childhood, in youth, or in riper age, sinned against Thee, or against my better nature, or against any fellow-creature.

Reveal Thyself to me, O my GOD; enlighten me to see myself even as Thou seest me, to re-

III.]

member clearly and to understand the full guilt and truth of my offences, as they appear in Heaven. May Thy Blessed SPIRIT, taking compassion on me, reprove, rebuke, convince me, and so move my heart to deep contrition, earnest love, and steadfast care, that confessing fully, truly, without sparing myself, all my sins and faults, great and small, as far as by my diligent search I am enabled here in this world, I may be cleansed and purified; and the past of my life being done away, I may be free to live in love, as one of Thy redeemed and adopted children, to serve Thee henceforth in newness of life, and in faithful perseverance endure to the end; through JESUS CHRIST my LORD. Amen.

PRAYER.

**A**LMIGHTY God, I think upon my ways,

and my spirit within me is moved; and as I look to Thee I am afraid, for the past course of my life is hateful to me; and what must it be to Thee, O my God? Thou hast said that Thou wilt bring every secret thing into Judgment. But my sins are innumerable, and there is a darkness over my soul. Oh send out Thy light and Thy truth, O my God, and light up my heart to a clear, full knowledge of my sins, that I may see every thing wherein I have offended Thee.

I give myself to search out all my ways, that I may lay bare my burden of guilt before Thine Eyes, that I may be cleansed and renewed. Give me the grace of perfect truth, of lowliness, of godly fear; and may Thy Good SPIRIT mercifully guide me, enlighten and convert me, for JESUS CHRIST's sake. Amen.

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## PRAYER.

**O** BLESSED SPIRIT of Truth, Thou that searchest the heart and triest the reins, show me all the evils and deceits of my heart, that I may

confess them truly and with sincere contrition, hiding nothing, excusing nothing, that I may obtain mercy and pardon for them, through JESUS CHRIST my SAVIOUR. Amen.

## AIDS FOR GENERAL SELF-EXAMINATION.

**A PROUD SPIRIT, AND LOVE OF POWER AND SUPERIORITY.**

*"Let this mind be in you which was also in Christ Jesus, Who being in the form of God, thought it not robbery to be equal with God, but made Himself of no reputation, and took on Him the form of a servant, and was made in the likeness of men."* Phil. ii. 5—7.

*"Be kindly affectioned one to another with brotherly love; in honour."* III.]

*our preferring one another."* Rom. xii. 10.

*"Learn of Me, for I am meek and lowly in heart."* S. Matth. xi. 29.

*"Let nothing be done through strife or vain-glory; but in lowliness of mind let each esteem other better than themselves."* Phil. ii. 3.

**R**ECOLLECTIONS of pride in childhood, in playhours, lessons, &c.

Towards parents,—brothers or sisters,—governors,—servants.

When reprov'd,—interfered with,—opposed.

In desires,—dreams, secret broodings,—anticipations of the future.

Consciousness of some outward mark of superiority, or of some inward power.

Pride increasing as one grew,—against checks,—warnings,—secret convictions,—risings of better feelings,—good examples,—sense of shame or of wrong to others.

Shown in words,—speaking too much,—too loudly,—interrupting another,—speaking unnecessarily of oneself,—even of one's faults,—expressions of disparagement of others,—recklessness in expressing opinions,—even on sacred subjects,—before superiors,—self-opinionatedness,—arguing, and persisting in arguing,—violent and exaggerated in carrying a point.

Ill feelings towards an opponent,—overbearing manner,—secret dislike,

—desire of revenge,—disregard to others' feelings,—forwardness,—fretting at disappointments.

Thoughts that one could do better than others,—contemptuous feelings towards others,—even towards those who ought to have been revered.

Judging and condemning others hastily,—on slight grounds, and insufficient knowledge,—but with strong feelings and language, and thus injuring particular persons, in their own mind, or in the estimation of others.

Love of influence,—pleasure in hearing it spoken of,—thoughts how one could gain it.

Pleasure in seeing others fail, or spoken unfavourably of, in what one wished, or felt able to do,—disparaging what was done,—pleasure in hearing comparisons to one's own credit.

Professing to know  
[PART

more than one did,—unworthy means of hiding ignorance,—eagerness to obtain knowledge for display,—or to surpass some one,—or to gain the approbation of some one,—disappointment or shame at one's ignorance being discovered.

Longings for independence,—forming plans to obtain it.

Open or secret resistance to the laws of duty and love,—the sorrow caused by it,—feelings wounded by it,—just expectations disappointed,—many pains taken to hinder it, but in vain.

Continuance of pride after one's Confirmation.

After one's First Communion.

First convictions often forgotten or overlooked,—old faults repeated, though with greater light, and with more grace in the soul.

The inroads of pride into one's deeper views and feelings of religion.  
III.]

Self-consciousness of one's own power, or credit, or superiority to others, in entering on any religious work or design,—or, if commenced without any such consciousness, how often has it sprung up afterwards, and mingled with all one did.

Ill feelings or woundings of heart, if not given credit for what one felt one deserved; or if checked by some hindrance of God, want of resignation, and entire submission.

If checked by man, or interfered with, the passions excited, the forgetfulness of Whose Work one was doing.

If called to account, the rising of inward feelings, shown in word or in manner,—if supposed to be neglectful, unwillingness to admit it, or consider it.

Want of due allowance for the feelings of others, in one's eagerness to have one's own way, or to carry

one's point because it was one's own.

Desires to act alone, to avoid interference, even at the risk of the thing not being done so well, or not considering this.

Pride also shows itself, in the unreadiness to acknowledge a fault, — in the means used to hide it, — in avoiding speaking for the purpose of escaping humiliation.

In soreness at humiliations, implied or supposed blame or disparagement, or unfavourable comparisons.

In readiness to catch at reasons to save oneself from self-humiliation.

In the effect such feelings, and tendencies to pride, may have left on one's religion, — from want of due subordination of every inward faculty towards God.

In the loss of the blessedness of preparing better for GOD's service, — from the want of a

humbler course towards others.

How much by the prevalence of such evils one's whole life may be hindered from conformity with CHRIST, — untold blessings marred from the want of humility.

One's state before GOD, and among the Saints, affected by the results.

Perhaps an abiding injury done to one's spiritual nature, that cannot be repaired before death.

Uncertainty whether the results will last for ever, in the loss of what one might have attained to.

The imperfect motives, the hindrances to purity of intention, marring one's words, and acts, and looks, and manner before GOD and His Angels.

How before the Manger and the Cross, and the humiliation of the whole life of JESUS, am I self-abased! my sin against His love, His draw-

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ings, and all that His SPIRIT has sought to work in me.

What a difference between me and her who bore Him on her bosom! and yet He has been born in me! that I might through that New Birth even from my infancy be His.

What am I in comparison of the great cloud of Saints, who had infinitely greater powers, and many less mercies?

What is there in me now, to hinder my truly following the call of GOD, and doing His Will, and glorifying Him,—as I might have done by lowliness and meekness long before?

Among the fruits of pride, the worst are

#### ENVY AND JEALOUSY.

These were the special roots of sin in Satan,—his spirit rose against the exaltation of man in the Incarnation, and he lost heaven, and became a Devil.

III.]

The least rising of jealousy is the same in its degree,—it partakes of the same character as the extremest.

It is inconsistent with humility, charity, devotion, singleness of intention, &c.

#### A HASTY WAY OF JUDGING.

*"Judge nothing before the time."* 1 Cor. iv. 5.

*"It is not good to have respect of persons in judgment."* Prov. xxiv. 23.

*"Judge not, that ye be not judged."* S. Matth. vii. 1.

*"For he shall have judgment without mercy, that hath showed no mercy; and mercy rejoiceth against judgment."* S. James ii. 13.

JUDGMENT is the result of the exercise of both the intellect and the will, the influence of the latter being most prominent.

Consider whether variable, and irregular, overconfident or depressed.

Whether influenced by passing circumstances,—or personal feelings,—or undue desires to please.

Or carried away by mere activity and energy,—or careless from sloth or indifference.

Or overbearing,—or given hastily, impulsively,—without sufficient knowledge of the case,—or without carefully balancing all the sides of the question.

DESIRES TO DO ONESELF  
WHAT MIGHT BE DONE  
BY ANOTHER.

*"I speak not of Myself: but the Father that dwelleth in Me, He doeth the works."* S. John xiv. 10.

*"He that believeth on Me, the works that I do shall he do also; and greater works than these shall he do."* S. John xiv. 12.

*"Look not every man on his own things, but every man also on the things of others."* Phil. ii. 4.

A DESIRE to monopolise work is uncharitable, unfair to one's neighbour.

It proceeds from thinking of oneself, not simply of the work as GOD's Work,—from gratification of self, instead of promoting the Glory of GOD.

If allowed to predominate, it would absorb every thing into self,—would displace GOD from being GOD, making oneself GOD, and not an instrument of GOD.

It involves disparaging comparisons of others, and is inconsistent with retirement of soul, and rest in GOD, and interior peace, and humility.

THE FATHER manifests Himself in the SON, not in Himself.—The SON exalts the FATHER, not Himself.—The SON sets forth the SPIRIT.—The SPIRIT glorifies the SON.—Each Blessed Person hides Himself that ano-

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ther may be seen, and known, and honoured.

I am to be as JESUS is.—I am to be in the world as He was in the world.—Yet how different in this!

LIGHT OR UNGUARDED  
SPEAKING.

*“For every idle word that men shall speak, they shall give account thereof in the Day of Judgment.”* S. Matth. xii. 36.

*“If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man’s religion is vain.”* S. James i. 26.

**WORDS** live, dwell in memories, — affect the life of others for ages, — pass from one to another, — rise up again in after years.

Speech is an index of the thoughts, — it is the quickest expression of the inner movements of the soul, and most rapidly takes their colours.  
III.]

Consider whether betraying anything of self-love, or pride, anger, or impatience, or harsh or undisciplined feeling.

Whether untrue, or unscrupulous, — or unfairly reflecting on any one.

Or overstrong, — inconsiderately, hastily, or heedlessly wounding another, — or judging too quickly, too positively, or with any kind of wrong temper.

Or wanting in recollection, — or saintly refinement, — or gentle charity.

Silence is the discipline of the Saints, its object is to gain power over the tongue.

Out of the same mouth proceeds prayer, and praise, and love, and how much else that is directly contrary to those graces.

Restraint of the tongue is a mark of all other restraints, — it is a help to restrain inward evil.

## AN IMPATIENT TEMPER.

*"I stand at the door and knock."* Rev. iii. 20.

*"All the day long have I stretched forth My Hands to a disobedient and gainsaying people."* Rom. x. 21.

**H**OW long has GOD waited for me? how long has GOD borne with me?

The temper is the tone and balance of the mind,—showing mostly the general character.

Whether one is irritable, excitable, over-quick, or easily disheartened and desponding.

Whether one is sorely sensitive, and moody,—or apt to get beyond one's control,—or rough,—or ungente, and impatient.

The unmerciful servant had found patience from his Lord, and he went out, and was impatient with his fellow-servant.

Impatience is incon-

sistent with recollectedness, peace, love, humility, the law of doing as one would be done by.

## UNSIMPLE MOTIVES.

*"The Light of the body is the eye; if therefore thine eye be single, thy whole body shall be full of Light."* S. Matth. vi. 22.

*"A doubleminded man is unstable in all his ways."* S. James i. 8.

**T**HE Motives are the innermost expressions of the soul, that which colours the words, actions, &c.

They are actings of self-love telling on the outward life, as, e.g., love of power, or influence,—movements of pride,—soreness at one's pride being wounded,—eager desires for praise, or to avoid blame or collision with others.

The least want of singleness darkens the light of the heart, and hinders its peace.

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AN UNDISCIPLINED  
MANNER.

*"Walk worthy of the Vocation wherewith ye are called, with all lowliness and meekness."*

Eph. iv. 1, 2.

*"The servant of the Lord must not strive, but be gentle unto all men."*

2 Tim. ii. 24.

*"Be courteous."* 1 S. Pet. iii. 8.

*"Put ye on the Lord Jesus Christ."* Rom. xiii. 14.

THE manner, the gait, is the bodily shape of the inner movements and impulses of the being—taking its form from them.

Inquire whether it be overstrong, — rough, — authoritative, — imperious.

Or too much affected by personal feelings, — or circumstances, — showing pique, and hurt sensitiveness, or vain and elated.

Whether uncertain,  
III.]

moody, changeable, not to be depended upon.

Or unloving, uncourteous, self-indulgent, unrecollected, — unmindful of the Presence of God, &c.

## A WORLDLY SPIRIT.

*"They are not of the world, even as I am not of the world."* S. John xvii. 16.

*"No man that warreth entangleth himself with the affairs of this life."* 2 Tim. ii. 4.

A TOO great interest in the affairs of life, or thirst for a general knowledge of what goes on in the world, causes many distractions.

The things of this world are seen and temporal, — and my life is unseen and eternal.

The things of the world are lowering to spirituality, — hinder fixedness of mind, and perpetual recollectedness, — come in the way of high

aims, and perfection of life.

Our LORD passed through and beyond them, He did not mingle with them.

S. Paul would know but "*this one thing, Jesus Christ, and Him crucified.*"

"*One thing is needful,*" and Mary chose that "*good part,*" which would not be taken from her.

#### SHRINKING FROM THE CROSS.

"*If any man will come after Me, let him deny himself, and take up his Cross daily, and follow Me.*" S. Luke ix. 23.

S. PETER shrank back from trial, and denied his LORD.

Moses bore his burden alone,—he gave way but once, at the Rock.

Elijah was unable to bear his trial alone,—he was reproved at Mount Horeb by the "*still small Voice.*"

Daniel was found standing in his lot,—true, yet alone.

Joseph was in the pit, in prison, under false charges from his brethren, from all around him,—in a strange land for years,—and yet he remained faithful.

The loneliness of our LORD in all His sufferings,—His endurance of the Cross in loneliness was His Perfection.

Alone I was born—alone I shall die—alone I shall pass to GOD.

Cannot I live a few years alone?

My LORD was alone when tempted!—alone in His Agony.

#### PERFECTION OF THE INNER LIFE.

"*In that Day shall there be upon the bells of the horses, HOLINESS UNTO THE LORD; and the pots in the Lord's House shall be like the bowls before the altar.*" Zech. xiv. 20.

"*Be ye therefore per-*  
[PART

*fect, even as your Father Which is in heaven is perfect."* S. Matth. v. 48.

**B**EYOND, and deeper than all that has gone before, are the questions affecting the inner workings of the soul in relation to the Indwelling GOD, and the movements of the HOLY SPIRIT.

Inquire whether there exists in the soul a prevailing sense of the Divine Presence, and influence,—a listening ear,—a pliant, ready will,—the quietness of a self wholly yielded up.

The steady power of enduring all trials sweetly—uncomplainingly—unshrinkingly.

Whether the habits of prayer, and praise, and thankfulness are growing, and becoming more fixed and steadfast.

Whether there be an inner repose in GOD, and a habit of looking at all things as in GOD,—as in accordance with His  
III.]

judgment of things and persons.

The regulation of one's will,—of one's thoughts, wishes, hopes, plans,—by an increasing study of His Mind.

Whether is felt a growing consciousness of the gradual influence and direction of the Overruling Mind on the inner impulses, tendencies, habitual movements of the soul, and a sense of GOD's awful sanctity in one's own mind.

And further, the quality of prayer,—the life, the power, of faith, hope, and love acting on one's life.

#### GENERAL SURVEY OF THE LIFE.

*Of the mind and tone of  
thought.*

**C**ALM recollection of  
God.

Profound adoration of His Majesty and all-ruling Will.

Trust in His perfect Love.

Desire for entire union with JESUS, — in His Mind, His Affections, His Hidden Life.

Prevailing sense of the Indwelling of the HOLY SPIRIT—dependence on It—leaning on It.

Great patience in all suffering, and infirmity.

Forbearance towards the faults of others.

Habit of subduing inward impatience, and of controlling sudden impulses.

Sweetness and gentleness generally possessing the soul.

#### *Of one's Prayers.*

**R**APT attention to the Divine Presence.

Belief that one's mind, thoughts, and emotions touch and move the inner Being and Heart of God.

More thought of being with God, and in Him, than of the amount of what one says or thinks.

Belief in God's perfect acceptance of the offering of oneself in

prayer, as one is able, however weak in power.

Thoughts of the blessedness of being simply before God, and of God silently enfolding one's being.

#### *Of one's Work.*

**Q**UIETNESS in all things.

Self-restraint.

Subdual of eagerness.

Command over one's least words.

Considerateness for every one.

Attention to all details of Rule.

Gentleness of manner.

Uprightness and singleness of purpose.

Evenness of temper and feelings.

Steady diligence and perseverance.

#### FOR THE SAME.

#### *Thoughts or Feelings.*

**W**HETHER impatient,—angry,—suspicious,—contemptuous—elated,—censorious,—self-willed, — self-pleas-

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ing,—easily disturbed by outward things.

*Words.*

**W**HETHER hasty under annoyance,—untrue,—unscrupulous,—unsimple,—unkind,—of oneself more than needful,—brusque,—short,—ungentle.

*Manner.*

**W**HETHER undisciplined,—unchastened,—rough,—affected,—wanting in calmness,—kindness,—courtesy,—sweetness.

*Defects.*

**W**HETHER in recollection of the Presence of God,—doing all things for God,—speaking always as for God,—trustfulness and quietness,—perseverance under trial,—imitation of our LORD.

*Devotions.*

**W**HETHER orderly and regular,—attentive,—fervent,—lengthening the life,—conscious of Communion with God.

## AIDS FOR DAILY SELF-EXAMINATION.

**W**HETHER one has spoken any word unkindly, or from hasty temper,—or reflecting evil on any one,—or exaggerating.

Whether one has spoken, and acted towards those under one's charge with respect and

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reverence, as of *souls* for whom one must in a measure give account; or whether one has failed in this, and spoken and acted simply as having authority over them.

The Love of God the prevailing motive of one's life.

Doing all things to please GOD.

Subdual of temper and irritation.

Absence of all self-pleasing.

Entire patience in bearing check or reproof, or slight, or neglect from any one.

Calmness in considering questions of difficulty.

Loving-kindness in word and manner.

Union with JESUS,—in actions,—in sufferings,—in prayer.

What fruit has my LORD found in me this day? in moments of trial? in provocations? in temptations against perfect obedience to my Rule? in temptations, in speaking of others?

Did I exercise the Grace He looked for? or have I been barren of it?

FOR THE SAME.

ORDER as to management of time,—as to inward movements of

the soul? the thoughts? &c.

Restraint of eagerness, so as not to lose calmness in manner and feeling?

Quietness in speaking, in intercourse with others?

Patience with the faults of those under my charge?

Recollection of the Presence of GOD?

Preservation of faith in GOD's love, and care, and guidance?

Doing and bearing all things in union with my LORD, as moved and guided by His secret influence?

Resting on the indwelling of the HOLY SPIRIT within me?

Doing each part of the day's work,—employments, recreation, &c.,—as it comes, with readiness, and easy compliance with each?

Observance of the Rule in all its details, with a ready, compliant, and sweetly ordered will?

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Bearing humiliations with meekness and cheerfulness?

Regularity in Devotions and Meditation, with attention throughout?

"Beloved, now are we the Sons of God, and it doth not yet appear what

*we shall be : but we know that, when He shall appear, we shall be like Him ; for we shall see Him as He is.*

"And every man that hath this hope in him, purifieth himself, even as He is pure." 1 S. John iii. 2, 3.

## THOUGHTS ON CONVERSION.

"Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the Kingdom of Heaven." S. Matth. xviii. 3.

**W**E must begin by remembering, that all baptized persons must also be converted to God.

Regeneration is a sovereign act of God's Grace, complete and perfect in itself, as the act of Creation. It admits of no degrees, and we are passive in receiving it.

Conversion is a con-  
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tinuous, lifelong turning of the whole heart to God. It is progressive, it admits of degrees, and it requires the co-operation of the will.

We possess three chief original endowments in their elements,—the intelligence, the affections, the will ; and these are deteriorated through original sin and estrangement from God, by darkness and perversion.

Conversion is the restoration of these innate powers to God, by light, love, and submission.

*Signs of an Unconverted Heart.*

**H**ABITUAL consent to any known sin.

Willing resistance to any known but unpalatable truth.

Recalling to memory past sins with any pleasure, or the least consent.

Pleasure in the society of those who do not love God.

Little perception of the difference between sins and infirmities.

Insensibility to sins of omission,—such as not loving God, or one's neighbours,—not being thankful.

Confidence in one's own light, strength, and intention.

Not striving to advance and obtain more grace and virtue.

*Hindrances to Conversion.*

**T**HE belief that one is already converted.

Making one's own

judgment the rule of faith and practice.

Speaking much, especially about oneself and one's experiences.

Mistaking knowledge and feeling, for religion.

Wilfulness, which may be indulged in little things, as well as great.

Disregard of small points of obedience,—slight motives to forego little duties and devotions.

Irregularity,—inconstancy,—unpunctuality,—haste,—an unprepared, and therefore shallow state of mind.

Independence, fitfulness,—strong adherence to one's own conceits, and self-reliance.

*Helps to Conversion.*

**P**ROMPTNESS of will in duty, or in returning to God after a fault,—in self-denial,—self-control.

Suppression of emotions, especially of excited mirth,—or moody depression after a fault,

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or a disappointment with oneself.

Watchfulness against making profession of high and deep views of the Spiritual life, in which lurks a form of egotism.

Avoidance of all controversy or obstinacy of opinion, especially on subjects of faith and love.

Following the wishes of another in things lawful, instead of one's own.

Order, — punctuality, — exactness, — a prepared habit of mind in all things, even the least.

An aim, which rests at nothing below perfect union with the Will of God.

### *Signs of a Converted Heart.*

**I**NCREASING sense of the distance between the Creator and the creature, — the Perfect and the imperfect, — the Guiltless One and the sinful one.

Increasing sense of hindrances in oneself, III.]

and of spiritual conflicts and habitual self-indulgences.

Increasing dissatisfaction with self, and mistrust of self.

Increasing desire for perfect Conversion of the whole heart to God, and fears lest one should not have begun to turn to God.

Perseverance by continuous acts of the will, and in spite of hindrances and conscious failings.

Willingness and contentment to persevere without sensible emotions of pleasure in God's Service. Doing all simply as an act of faith, obedience, and patience, and conformity with the pure Will of the LORD.

Firm trust in God's Love for the sake of JESUS CHRIST.

*"I have prayed for thee that thy faith fail not, and when thou art converted, strengthen thy brethren."* S. Luke xxii. 32.

## AFTER SELF-EXAMINATION.

Ps. XXV. *Ad te, Domine, levavi.*

UNTO Thee, O LORD, will I lift up my soul; my GOD, I have put my trust in Thee : O let me not be confounded, neither let mine enemies triumph over me.

For all they that hope in Thee shall not be ashamed : but such as transgress without a cause shall be put to confusion.

Show me Thy ways, O LORD : and teach me Thy paths.

Lead me forth in Thy truth, and learn me : for Thou art the GOD of my salvation ; in Thee hath been my hope all the day long.

Call to remembrance, O LORD, Thy tender mercies : and Thy loving-kindnesses, which have been ever of old :

O remember not the sins and offences of my

youth : but according to Thy mercy think Thou upon me, O LORD, for Thy goodness.

Gracious and righteous is the LORD : therefore will He teach sinners in the way.

Them that are meek shall He guide in judgment : and such as are gentle, them shall He learn His way.

All the paths of the LORD are mercy and truth : unto such as keep His covenant, and His testimonies.

For Thy Name's sake, O LORD : be merciful unto my sin, for it is great.

What man is he, that feareth the LORD : him shall He teach in the way that He shall choose.

His soul shall dwell at ease : and his seed shall inherit the land.

The secret of the LORD is among them that fear

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Him : and He will show them His covenant.

Mine eyes are ever looking unto the LORD : for He shall pluck my feet out of the net.

Turn Thee unto me, and have mercy upon me : for I am desolate, and in misery.

The sorrows of my heart are enlarged : O bring Thou me out of my troubles.

Look upon my adversity and misery : and forgive me all my sin.

Consider mine enemies, how many they are : and they bear a tyrannous hate against me.

O keep my soul, and deliver me : let me not be confounded, for I have put my trust in Thee.

Let perfectness and righteous dealing wait upon me : for my hope hath been in Thee.

Deliver Israel, O GOD : out of all his troubles.

Glory be to the FATHER, &c.  
III.]

#### PRAYER.

O THOU, Who canst do whatsoever Thou wilt, enlighten my blindness, that I may discover all the faults and defects there may have been in the examination of my Conscience, and in the judgment I have formed of myself, that I may know myself, and make myself known to Thy Minister. Amen.

#### ANOTHER.

O JESUS, my LORD ! how can I endure the thought, that for my offences Thou wert sacrificed ; that by my hand Thou wert slain ? O my soul ! dear bought purchase of a SAVIOUR'S Blood, lift up thine eyes and behold the adorable Victim of thy guilt, or rather of His own and His FATHER'S love for thee. Approach—kneel at the foot of His sacred Cross. O my adorable Redeemer ! hear me, a poor wretch, making

supplication to Thee : let Thy sacred Blood flow on my guilty soul : let Thy Divine Voice be heard for me : let Thy Wounds, Thy bruised and mangled Body plead with Thy Heavenly FATHER in my behalf ; and grant that I may be washed from my iniquities and cleansed from my sins ; and that I may be clothed with the garment of Salvation and the robe of Righteousness. Receive me into Thy extended Arms : shelter me in Thy Sacred Heart ; and with Thy Precious Blood seal me Thy own for ever. Amen.

#### PRAYER FOR PARDON.

**I** ADORE and bless Thee, O most gentle LORD JESUS, as Thou hangest on the tree of the Cross, and pourest out Thy Sacred Blood in expiation of the sins of the world. I accuse myself with sincere contrition because of the manifold sins and infi-

delities whereby I have grieved Thee. O Good JESUS, I confess that, by reason of my vile and shameful sins, I am the cause of Thy Passion and Death, and that in Thy Passion my sins were more grievous to Thee than the buffetings and the stripes of the rude soldiers. To Thee I confess and acknowledge my malice and my iniquity, and I prostrate myself before Thy Cross, in the spirit of humiliation, imploring Thy Forgiveness. I cast all my iniquities and my sins into the depths of Thy Mercy and Clemency, and into those Bleeding Wounds which Thou didst receive for my Salvation ; beseeching Thee that Thou wouldst so wash them away, and efface them with Thy most Precious Blood, and the all-cleansing Water from Thy Sacred Side, that Thou mayest remember them no more for ever.

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In perfect expiation and satisfaction for all the sins which I have committed by thought, desire, and the perverse affections of my heart, I offer to Thine Eternal FATHER Thy Immaculate Heart, with all the treasures it contains.

For all the vain and hurtful words my lips have spoken, do Thou set forth before Him all the words which issued from Thy most Sacred Mouth.

For all the sinful deeds which my hands have done, show Him Thy pierced Hands, and for all my sins do Thou so appease Thy FATHER with Thy unspotted Innocence, that through Thee I may now obtain forgiveness, and to this end I offer Thy Own most Sacred Merits and perpetual Intercessions. Amen.

#### ANOTHER.

O LORD JESUS CHRIST, Thou over-  
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flowing Fountain of all Mercy, behold, I, Thy wretched and unhappy creature, return once more to Thee, and accuse myself in the bitterness of my soul that I have not kept my resolutions, but have again fallen into my former sins; that I have served Thee with extreme negligence, and have been lukewarm and careless in my devotion to Thee and love of Thee; that I have too much entangled myself in vain and transitory things, and have far too eagerly sought earthly and hurtful pleasures; and that in these and innumerable other ways I have many times offended Thee, the Sweetest Spouse of my soul.

Thou knowest, O my GOD, what sorrow I now have, or at least what sorrow I would have, in my heart for all these my sins.

Wherefore, O Most Tender FATHER, I would

confess to Thee with most bitter contrition of heart all those sins whereof Thou knowest me to be guilty; most humbly beseeching Thee that Thou wouldst supply whereinsoever I have failed through malice, or wickedness, or carelessness, from the treasures of that mighty Love, the fulness of which Thou sheddest upon us from the Merits of Him Who now sitteth at Thy Right Hand, bone of my bone, and flesh of my flesh. For it is through Him, in the power of the HOLY GHOST, in union with

His Princely Compassion and Humility, that I pour forth before Thee my lamentation and my complaint, for having so often offended Thy Divine Goodness in thought, in word, and in deed.

I offer and set forth before Thee now, in satisfaction for all my negligences and for the blotting out of all my iniquities, those surpassing Merits and Sufferings in the Flesh of Thy Blessed Son, made so availing by the glowing Love of His Divinity. Amen.

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## BEFORE CONFESSION.

Ps. LI. *Miserere mei, Deus.*

**H**AVE mercy upon me, O God, after Thy great goodness: according to the multitude of Thy mercies do away mine offences.

Wash me thoroughly from my wickedness: and cleanse me from my sin.

For I acknowledge my faults: and my sin is ever before me.

Against Thee only have I sinned, and done

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this evil in Thy sight :  
that Thou mightest be  
justified in Thy saying,  
and clear when Thou art  
judged.

Behold, I was shapen  
in wickedness : and in  
sin hath my mother con-  
ceived me.

But lo, Thou requirest  
truth in the inward parts :  
and shalt make me to  
understand wisdom se-  
cretly.

Thou shalt purge me  
with hyssop, and I shall  
be clean : Thou shalt  
wash me, and I shall be  
whiter than snow.

Thou shalt make me  
hear of joy and gladness :  
that the bones which  
Thou hast broken may  
rejoice.

Turn Thy Face from  
my sins : and put out all  
my misdeeds.

Make me a clean  
heart, O GOD : and re-  
new a right spirit within  
me.

Cast me not away  
from Thy Presence : and  
take not Thy HOLY SPI-  
RIT from me.

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O give me the comfort  
of Thy help again : and  
stablish me with Thy  
free SPIRIT.

Then shall I teach Thy  
ways unto the wicked :  
and sinners shall be con-  
verted unto Thee.

Deliver me from blood-  
guiltiness, O GOD, Thou  
that art the GOD of my  
health : and my tongue  
shall sing of Thy righ-  
teousness.

Thou shalt open my  
lips, O LORD : and my  
mouth shall show Thy  
praise.

For Thou desirest no  
sacrifice, else would I  
give it Thee : but Thou  
delightest not in burnt-  
offerings.

The sacrifice of GOD  
is a troubled spirit :  
a broken and contrite  
heart, O GOD, shalt Thou  
not despise.

O be favourable and  
gracious unto Sion : build  
Thou the walls of Jeru-  
salem.

Then shalt Thou be  
pleased with the sacri-  
fice of righteousness,

with the burnt-offerings and oblations : then shall they offer young bullocks upon Thine altar.

Glory be to the FATHER, &c.

#### PRAYER.

**O SWEETEST JESUS,** Who in Thy Loving Desire for our salvation hast instituted the Sacrament of Confession for the consolation of all sinners, that by its virtue we might be cleansed from all our iniquities, and recover the grace we have lost : Behold I, a most wretched sinner, who have offended Thee again by many sins, and defiled my soul with many stains, now come back once more to Thee, to receive this Sacrament with most steadfast hope and confidence that Thou wilt grant me remission of all my sins.

I resolve to accuse myself with most profound

humility and contrition of soul before the Priest, Thy Representative, of all and each of my sins, in so far as I can recall them to my mind, nor will I knowingly hide any sin, however vile and shameful it be. And I desire to include in this my Confession, all those sins which I cannot now recall to my memory, and I would confess them all to Thee, as to my Great High Priest, high over all, and in Presence of all the Court of Heaven.

I beseech Thee, O Most Merciful FATHER, that Thou wouldest vouchsafe to look on me a miserable sinner with that Eye of Compassion wherewith Thou didst look upon Thy SON when He fell on His Face in the Garden of Olives, crushed to the earth by the sins of all mankind, and graciously to hear me while I implore Thy pardon.

And to supply what is

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lacking to my most imperfect contrition, I offer Thee all that overwhelming Grief which Thine Only-Begotten Son endured throughout His whole Life on earth in His sweetest Heart by reason of the sins of the world, and especially when in the Garden of Olives the extremity of His Anguish wrung from Him His Sweat of Blood; beseeching Thee that Thou wouldst cleanse my soul from all its defilements in the Stream of that Most Holy Blood, and adorn it with a purity whiter than snow. Amen.

## ANOTHER.

**O** ADORABLE JESUS, the Invisible High Priest of our souls, Who, in the excess of Thy Love, hast instituted this Sacrament of pardon and mercy; it is before Thee I am going to present myself; it is Thy Divine Authority which I re-

verence in the person of Thy Minister.

O Compassionate Physician of our souls, Who didst not refuse to heal, with Thy own Divine Hands, those lepers whose horrid malady was a figure of sin; I am going to approach to Thee, convinced that Thou wilt and canst make me clean. Oh! let me be so happy as to find mercy and pardon; let no evil disposition of mine be an obstacle to Thy merciful designs towards my soul.

O Omnipotent JESUS! what is impossible to me is infinitely easy to Thee. Change Thou my heart; show me so clearly what sin is, and what it deserves, that I may cheerfully accept the full pain and humiliation of acknowledging my offences. Let Thy Divine Spirit be in my heart and on my lips, that my confession may be sincere, entire, humble, and penitent. Amen.

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## ACT OF CONTRITION.

O MY Crucified LORD  
 JESUS, behold me,  
 all confusion and shame,  
 at Thy Feet. Have mer-  
 cy, most Loving SA-  
 VIOR, on the soul Thou  
 hast redeemed with  
 Thine own Blood. Have  
 pity on Thy child, who  
 returns to Thee sorrow-  
 ing and repenting. I  
 know, and confess, my  
 God, that I am guilty of  
 innumerable sins, and of  
 all the malice of each  
 one of them. I am  
 guilty of having out-  
 raged Thy Goodness; I  
 have merited Hell, and  
 I should be there now,  
 if Thy Mercy had not so  
 waited for me till I had  
 repented.

I am grieved, O LORD,  
 at having done such in-  
 jury to my soul by my  
 sins; but much more do  
 I grieve, because by them  
 I have offended Thee, my  
 own LORD, and have  
 nailed Thee to the Cross  
 by the work of my hands.  
 LORD, my sins have in-

deed caused Thee to be  
 a Man of Sorrows! The  
 sharp thorns which pierce-  
 ed Thee are my proud  
 and vain thoughts; the  
 gaping Wounds which  
 cover Thy Virginal Body  
 are my sins. Thy Heart  
 is torn asunder by the  
 waste of my affections.  
 O my JESUS, now that  
 Thy mercy has brought  
 me to Thy Feet, I would  
 that my heart could  
 break with pure sorrow;  
 I would that I might  
 breathe forth my soul  
 with true contrition for  
 my deep ingratitude.  
 LORD JESUS, may all self  
 die in me from hence-  
 forth, and mayest Thou  
 only live in me. I ask  
 it of Thee by that Most  
 Precious Blood which  
 ever drops from Thy Sa-  
 cred Wounds, and pleads  
 for us sinners. Amen.

## ANOTHER.

ETERNAL FATHER,  
 look on me, pros-  
 trate at the Foot of the  
 Cross of JESUS, praying  
 to be sprinkled with His  
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Precious Blood. That Blood pleads for me, and begs for mercy and forgiveness for me. It asks Thee to give me a boundless hatred for sin, and a willingness to die rather than ever again lose Thy Grace and Thy Favour.

O FATHER of Mercies, behold Thy SON crucified and dead for my sins. In His Name, by the merits of His Sacred Passion, by His Scourging and Crowning with Thorns, by His Blood, His Agony, His Death, look upon my sinful soul with pity, and give me an exceeding contrition for my sins.

I repent of them, O LORD; I grieve above all things for having offended Thee, the Fountain and Author of all good, Who art infinitely perfect, and worthy of being loved and obeyed, served and honoured, while I, miserable and unworthy, instead of serving and obeying and

loving Thee, have so grievously sinned against Thee, and followed my own perverse will.

I firmly resolve, by the help of Thy Grace, never to offend Thee again. I desire, O my God, at all costs to overcome all sin, and every hindrance to a perfect life; I desire to be wholly different to what I have ever been; I desire to love Thee with my whole heart, and to live for Thee only all the remainder of my life. Hear me, I beseech Thee, Most Blessed God, and grant me Thy Grace and Thy Help, for the sake of the Same Thy SON, JESUS OUR Saviour LORD. Amen.

#### ANOTHER.

( ) BLESSED JESU, heal me, and I shall be healed; save me, and I shall be saved. For Thy Mercies' sake grant me the Grace of true repentance, and entire conversion, that my soul may be saved in that

## ACT OF CONTRITION.

**O MY** Crucified LORD JESUS, behold me, all confusion and shame, at Thy Feet. Have mercy, most Loving SAVIOUR, on the soul Thou hast redeemed with Thine own Blood. Have pity on Thy child, who returns to Thee sorrowing and repenting. I know, and confess, my GOD, that I am guilty of innumerable sins, and of all the malice of each one of them. I am guilty of having outraged Thy Goodness; I have merited Hell, and I should be there now, if Thy Mercy had not so waited for me till I had repented.

I am grieved, O LORD, at having done such injury to my soul by my sins; but much more do I grieve, because by them I have offended Thee, my own LORD, and have nailed Thee to the Cross by the work of my hands. LORD, my sins have in-

deed caused Thee to be a Man of Sorrows! The sharp thorns which pierced Thee are my proud and vain thoughts; the gaping Wounds which cover Thy Virginal Body are my sins. Thy Heart is torn asunder by the waste of my affections. O my JESUS, now that Thy mercy has brought me to Thy Feet, I would that my heart could break with pure sorrow; I would that I might breathe forth my soul with true contrition for my deep ingratitude. LORD JESUS, may all self die in me from henceforth, and mayest Thou only live in me. I ask it of Thee by that Most Precious Blood which ever drops from Thy Sacred Wounds, and pleads for us sinners. Amen.

## ANOTHER.

**ETERNAL FATHER,** look on me, prostrate at the Foot of the Cross of JESUS, praying to be sprinkled with His  
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Precious Blood. That Blood pleads for me, and begs for mercy and forgiveness for me. It asks Thee to give me a boundless hatred for sin, and a willingness to die rather than ever again lose Thy Grace and Thy Favour.

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I repent of them, O LORD; I grieve above all things for having offended Thee, the Fountain and Author of all good, Who art infinitely perfect, and worthy of being loved and obeyed, served and honoured, while I, miserable and unworthy, instead of serving and obeying and

loving Thee, have so grievously sinned against Thee, and followed my own perverse will.

I firmly resolve, by the help of Thy Grace, never to offend Thee again. I desire, O my GOD, at all costs to overcome all sin, and every hindrance to a perfect life; I desire to be wholly different to what I have ever been; I desire to love Thee with my whole heart, and to live for Thee only all the remainder of my life. Hear me, I beseech Thee, Most Blessed GOD, and grant me Thy Grace and Thy Help, for the sake of the Same Thy SON, JESUS CHRIST OUR LORD. Amen.

#### ANOTHER.

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awful Day when Thou Thy Apostle who denied  
 shalt come to be my Thee; melt my heart  
 Judge. Amen. to deepest sorrow for  
 my sins, and wash out  
 their guilt with Thy

ANOTHER.

LOOK upon me, as Most Precious Blood.  
 Thou didst upon Amen.

### AFTER CONFESSION.

Ps. CIII. *Benedic,*  
*anima mea.*

PRAISE the LORD, O  
 my soul : and all  
 that is in within me  
 praise His holy Name.

Praise the LORD, O  
 my soul : and forget not  
 all His benefits ;

Who forgiveth all thy  
 sin : and healeth all thine  
 infirmities ;

Who saveth thy life  
 from destruction : and  
 crowneth thee with mer-  
 cy and loving-kindness ;

Who satisfieth thy  
 mouth with good things :  
 making thee young and  
 lusty as an eagle.

The LORD executeth  
 righteousness and judg-  
 ment : for all them  
 that are oppressed with  
 wrong.

He showed His ways  
 unto Moses : His works  
 unto the children of Is-  
 rael.

The LORD is full of  
 compassion and mercy :  
 long-suffering, and of  
 great goodness.

He will not alway be  
 chiding : neither keep-  
 eth He His anger for  
 ever.

He hath not dealt with  
 us after our sins : nor  
 rewarded us according  
 to our wickednesses.

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For look how high the Heaven is in comparison of the earth : so great is His mercy also toward them that fear Him.

Look how wide also the east is from the west : so far hath He set our sins from us.

Yea, like as a father pitieth his own children : even so is the LORD merciful unto them that fear Him.

For He knoweth whereof we are made : He remembereth that we are but dust.

The days of man are but as grass : for he flourisheth as a flower of the field.

For as soon as the wind goeth over it, it is gone : and the place thereof shall know it no more.

But the merciful goodness of the LORD endureth for ever and ever upon them that fear Him : and His righteousness upon children's children ;

Even upon such as  
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keep His covenant : and think upon His commandments to do them.

The LORD hath prepared His seat in Heaven : and His kingdom ruleth over all.

O praise the LORD, ye Angels of His, ye that excel in strength : ye that fulfil His commandment, and hearken unto the voice of His words.

O praise the LORD, all ye His hosts : ye servants of His that do His pleasure.

O speak good of the LORD, all ye works of His, in all places of His dominion : praise thou the LORD, O my soul.

Glory be to the FATHER, &c.

#### THANKSGIVING.

O LORD my God,  
Thou art my God,  
tender and pitiful to me  
Thine unworthy servant.  
How shall I thank Thee  
for all Thy mercies ? If  
I should speak of them,  
they are more than I am

D

able to express! Behold, O LORD, how that I am Thy servant; Thou hast broken my bonds in sunder. I called upon the LORD in trouble, and the LORD heard me at large. I said, I will confess my sins unto the LORD, and so Thou forgavest the wickedness of my sins. What reward shall I render unto the LORD for all the benefits that He hath done unto me? What shall I give unto Thee, O GOD? An offering of a free heart will I give unto Thee, and praise Thy Name, O LORD, because it is so comfortable. In the multitude of the sorrows that I had in my heart, Thy Comforts have refreshed my soul. I will thank the LORD, because He hath dealt so lovingly with me; yea, I will praise the Name of the LORD most highest.

Bless the LORD, O my soul, and forget not all His Benefits! Who forgiveth all thy sin, and

healeth all thy infirmities! Now I will run the way of Thy Commandments, because Thou hast set my heart at liberty. Thou hast delivered my soul from death; wilt Thou not deliver my feet from falling, that I may walk before Thee in the Land of the living?

And Thou, O Blessed JESUS! SON of the living GOD! glory be unto Thee! Thou art the Lamb of GOD that takest away the sins of the world. Glory be unto Thee! Thou art my SAVIOUR, Thou hast shed Thy Blood for me to save me from my sins! Thou hast loved me and washed me from my sins in Thy Own Blood! O Loving JESU, hide me within Thy Wounds! In Thee alone have we redemption through Thy Blood; even the forgiveness of our sins. In Thee have I put my trust; let me never be confounded, because I have hoped in Thy Holy

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Name. Thou art a place to hide me in, Thou shalt preserve me from trouble, Thou shalt compass me about with songs of deliverance.

O let me ever feel the kind force of Thy Sweet Name, Thou Who art my SAVIOUR, my King, and my GOD! Behold I am that lost sheep which Thou camest to seek, and Thou hast brought me back to Thy fold. O let me never again wander from Thee. I will serve Thee all the days of my life, for Thou art my Good Shepherd and my Guide. O lead me forth in the paths of righteousness for Thy Name's sake. Teach me Thy paths, O LORD, and lead me forth in the right way, for Thy ways are ways of pleasantness, and all Thy paths are peace. Do Thou guide me with Thine Eye; make Thy way plain before my face, that my footsteps slip not. Let Thy Love set a strict

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guard over my senses; turn away mine eyes lest they behold vanity. Stop mine ears against all words that may do hurt. Set a watch before my mouth and keep the door of my lips, and let not mine heart be inclined to any evil thing. Henceforth I resolve to be Thine alone, to be dead unto the world, and to live only unto Thee. I renounce all things that separate my heart from Thee.

Gracious FATHER, hear me for Thy dear SON's sake. Thy Love alone shall be the rule and guide of my life. I will love Thee and whatever Thou lovest, and hate whatsoever Thou hatest. I know that by myself I cannot do it, but by Thy help I will perform it. Do Thou strengthen my weakness; fix my wandering feet, that I may go from strength to strength, and at the last attain everlasting felicity in the Kingdom of

Heaven, through JESUS CHRIST our LORD, to Whom, with Thee, O FATHER, and Thee, O HOLY GHOST, be all honour, and glory, and praise for ever and ever. Amen.

ANOTHER.

**I** BLESS Thee, most Merciful FATHER, that Thou hast patiently waited for me to repent, and hast so graciously given me forgiveness and remission of my sins. Accept, I pray Thee, the humble confession that I have made; and do Thou, O Blessed JESUS, vouchsafe to supply out of the fountain of Thy mercy and the merits of Thy Passion whatever may have been wanting, either in the full Confession of my sins, or in a fitting sorrow for them.

Preserve in me, O GOD, the grace of my Absolution, and grant me Thy help day by day, that from henceforth the very least sin may be

abhorrent to me, and I may shun and avoid it, and ever strive to serve Thee more and more perfectly. Lo, I have sworn, and am steadfastly purposed to keep Thy Commandments, O FATHER Almighty, that in holiness of life I may ever please Thee and abide in Thy Love even to the end, for the sake of Thy Beloved SON our LORD JESUS CHRIST. Amen.

ANOTHER.

**O** MERCIFUL Redeemer of my soul, what praise, love, and thanks, shall I return unto Thee for having made a bath of Thy Blood, and a garment of Thy grace, to cleanse and clothe my defiled soul?

Let my body, my soul, and all that is within me, bless Thee eternally; and let heaven and earth, and all that is within them say, Amen.

Receive, I beseech  
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Thee, O my dear LORD, my Confession, which Thy Grace has enabled me to make to Thee; let it be pleasing to Thy Sacred Majesty; let Thy Infinite Sweetness of Love, and the bitterness of Thy sorrow, supply all its defects;—my want of fervent contrition, of perfect integrity, of humility, of charity, of simplicity, of a true sense and feeling of the heinousness of my sins, of a full resolution of amendment, or any other failing, or negligence, or error whatsoever.

Forget and forgive, O my GOD, I beseech Thee, all the sins and ingratitude of my past life, and, in particular, whatever may have escaped my memory in this Confession. I grieve that I have ever offended Thee. I renounce all that is opposed to Thy perfect Love. I resign my body and my soul to Thee. For Thy Own sake, dearest LORD JESUS, I beseech

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Thee, blot out all my sins. I rely on Thy Goodness. I confide in Thy Mercy. I rejoice that Thou art so loving, and so worthy of all love, so good in Thyself, so good to all others, and so good to me, the least and worst of all.

Let all creatures join with me this day, and for all Eternity, in loving, honouring, serving, and praising Thee, my Creator, my Redeemer, my Sanctifier.

Admit me, O my JESUS, as one of Thy lowest servants; grant that I may live and die in the performance of my resolutions; in obedience, and submission to Thy Holy Will. Grant that I may never more offend Thee, but loathe and abhor the very name and shadow of sin, more than death or hell itself.

Teach me, O LORD, how to persevere in Thy Love, and to correspond to my holy Vocation with a zealous fervour joined

with prudence and discretion ; that, serving Thee, my Sovereign LORD and Master, with fidelity, humility, charity, and simplicity, I may, at the end of my life, be admitted to my Heavenly and Eternal Home ; and for ever sing Thy mercies, for having used such sweet and efficacious means to bring me to Thyself, my GOD and my All. Amen.

#### PRAYER OF CONFIDENCE.

**M**Y GOD, Thou art the Source and Centre of all that is good. I adore Thy Infinite Goodness ; I unite myself to it ; I would lean entirely upon it, not so much for the benefits which I receive from it, as for its own sake. I can discover only sin in myself, not one action done with that exactness and perfection which Thou demandest, not one thought pure from evil.

Not in myself, not in

my works, but in Thee alone do I trust, O Thou Mercy Infinite, Who in a single moment, art able to work in me all that is necessary to make me acceptable unto Thee. In this confidence I live, and from this day forward I place in Thy Hands my heart, my body, my mind, my soul, my will, my salvation, all that I am, desiring of Thee to dispose of me for time and eternity.

O JESUS, SON of the living GOD, Who camest into the world to redeem and save my soul, interpose Thy precious Blood, Thy Most Holy Death and Passion, Thy Sacred Wounds, and Thy pierced Heart, as a shield betwixt the Divine Justice and my sins. Henceforth my comfort and my trust shall be in Thee, O SON of GOD, Who hast loved me, and hast given Thyself for me, and hast now applied to me the full merits of Thy perfect sacrifice. Amen.

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ACT OF JOY.

**I** WILL thank Thee, O LORD my GOD, with all my heart, and I will praise Thy Name for evermore! Into Thy Hands I now commit myself, and resolve from henceforth ever to please Thee, to love Thee, to serve Thee alone with a perfect heart, for my trust is in Thy mercy, and my heart is joyful in Thy salvation! I will sing of the LORD, for He hath dealt so lovingly with me; yea, I will

praise the Name of the LORD most Highest, for He hath forgiven all my sins, and healed the diseases of my soul, He hath renewed my strength as an eagle, and hath set my heart at liberty.

Blessed therefore for ever and ever be the LORD GOD, even the GOD of Israel, Who only doeth wondrous things! And blessed be the Name of His Majesty for ever, and all the earth shall be filled with His Majesty. Amen, Amen!

SHORTER PREPARATION FOR CONFESSION.

Ps. CXXX. *De profundis.*

**O**UT of the deep have I called unto Thee, O LORD: LORD, hear my voice.

O let Thine ears consider well: the voice of my complaint.

If Thou, LORD, wilt  
III.]

be extreme to mark what is done amiss: O LORD, who may abide it?

For there is mercy with Thee: therefore shalt Thou be feared.

I look for the LORD; my soul doth wait for Him: in His word is my trust.

My soul fleeth unto the LORD : before the morning watch, I say, before the morning watch.

O Israel, trust in the LORD, for with the LORD there is mercy : and with Him is plenteous redemption.

And He shall redeem Israel : from all his sins.

Glory be to the FATHER, &c.

#### PRAYER.

**O** MOST Merciful God, full of tender pity and compassion, I, a wretched creature come to Thee in the sorrow and anguish of my heart, for Thou alone art all my hope and all my trust. Thou hast never despised the sorrowful nor repelled the sinner, however loathsome the wounds of his soul may be, Thou hast never cast out him who sought in Thee a refuge ; nor passed by the poor wounded heart without having compassion on it. Thou hast

ever supplied the need of every wretched soul, and shown Thyself gracious to all who implore Thine aid. O then cast not me away from Thee because of my sins, cast not me away because of the uselessness in which my life has flowed away.

Despise me not, nor say of me, "*Why cumbereth she the ground ?*" but rather care for me and help me, I pray Thee. I come before Thee poor and utterly destitute of merit, and implore an alms from Thee that I die not in the chill rigours of my barren life. And truly my hope is in Thee, for Thou canst more than compensate for my wasted life. Thou wilt warm me beneath the snowy fleece of Thy Compassion, and Thy Love will cover all my sins, and satisfy for all my negligences. Open to me the sure and peaceful abode of Thy Sacred Heart, that therein I may be

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sheltered and saved, and by Thy Grace restore life and health to my soul! Amen.

ANOTHER.

**A**CCEPT my Confession, O most Loving, most Gracious LORD JESUS CHRIST, on Whom alone my soul trusts for Salvation. Give my heart contrition, and tears to my eyes, that I may weep, day and night, all my negligences with meekness and purity of heart.

Let my prayer come before Thee, O LORD. If Thou be angry with me, to whom shall I seek? Who shall have pity on my iniquities? Remember me, O LORD, Thou that calledst the Woman of Canaan and the Publican to repentance, and receivedst Peter when he wept. Hear my prayers, O LORD my God.

O Good JESU, SAVIOUR of the world, Who gavest Thyself to death  
III.]

and the Cross, to save sinners, look on me, a miserable sinner, who calls upon Thy Name; remembering how evil I am, forget not how good Thou art.

If I have done that for which Thou mayest condemn me, Thou hast not undone that whereby Thou art wont to save.

Spare me then, Thou that art my SAVIOUR, and pity my sinful soul. Loose its chains, heal its sores. LORD JESU, I desire Thee, I seek Thee, I yearn for Thee; show the Light of Thy Countenance, and I shall be whole.

Regard me not alone, O God, but in the Communion of Thy Saints; and send forth Thy Light and Thy Truth into my soul, to show me in their full sinfulness all the shortcomings which I must confess, and to teach and help me to lay them bare, with courage, with perfect truth, and childlike simplicity, and

without reserve, and with a contrite heart, before Thee, Who with the FATHER, and the HOLY SPIRIT, livest and reignest GOD for evermore. Amen.

ANOTHER.

**I** ADORE Thee in my inmost soul, Eternal LORD. My sinful self abases itself before Thee. Cleanse away from me the stains, the clinging remains of my former sins. Apply to me the fulness of the virtue of Thy Precious Blood. As I touch Thee, O touch Thou me; and heal as Thou touchest.

Renew my heart, my mind, my senses, my inward spirit, my outward flesh, my impulses, my powers. Touch me, heal all the parts of my being. LORD JESUS, leave me

not, till I become spotless, blameless, pure, even as Thou art pure. Amen.

ACT OF CONTRITION.

**O** SWEET JESUS, I grieve for my sins; vouchsafe to supply whatever is lacking to my true sorrow, and to offer for me to GOD the FATHER all the grief which Thou hast endured because of my sins and those of the whole world. Amen.

ANOTHER.

**B**EHOLD, O LORD, I a vile sinner, poor and guilty, and unworthy, come unto Thee, the overflowing Abyss of Compassion, that I may be washed from every stain, and cleansed from every sin. Amen.

## SHORTER THANKSGIVING AFTER CONFESSION.

Ps. LXXXV. *Benedixisti, Domine.*

**L**ORD, Thou art become gracious unto Thy land : Thou hast turned away the captivity of Jacob.

Thou hast forgiven the offence of Thy people : and covered all their sins.

Thou hast taken away all Thy displeasure : and turned Thyself from Thy wrathful indignation.

Turn us then, O GOD our SAVIOUR : and let Thine anger cease from us.

Wilt Thou be displeased at us for ever : and wilt Thou stretch out Thy wrath from one generation to another ?

Wilt Thou not turn again, and quicken us : that Thy people may rejoice in Thee ?

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Show us Thy mercy, O LORD : and grant us Thy salvation.

I will hearken what the LORD GOD will say concerning me : for He shall speak peace unto His people, and to His saints, that they turn not again.

For His salvation is nigh them that fear Him : that glory may dwell in our land.

Mercy and truth are met together : righteousness and peace have kissed each other.

Truth shall flourish out of the earth : and righteousness hath looked down from heaven.

Yea, the LORD shall show loving-kindness : and our land shall give her increase.

Righteousness shall go before Him : and He

shall direct his going in the way.

Glory be to the FATHER, &c.

### THANKSGIVING.

Ps. ciii.

**I** AM revived with a mighty power; for I have heard Thy Voice, O my God, and I believe that I am Thine, and Thou art mine.

I come to Thee, yea, I am in Thee, I am filled with hope, and my life is quickened from above. I rise up to Thee, Living God, and hold fast by Thee. Lay my head in Thy Bosom, and my heart to Thy Heart, and hush me to rest in Thy arms.

I look to Thee, O my JESUS, to copy Thy inward Life, and to follow Thee in all Thy ways. I give myself to imitate the same virtues, the same mind; to learn to do, to speak, to think like Thyself.

I pray only that Thou wouldst keep me stead-

fast, steadfast in trial, steadfast notwithstanding my difficulties, true even in the midst of my temptations; and keep me always trustful, ever leaning upon Thee for strength.

I pray most earnestly for humility, for truth, for patience, for love; seal my lips against the faintest word of unkindness, or complaining, of self-will, or arrogancy.

Seal my heart against the faintest thought of impatience, or of pride, of jealousy, or vainglory, Fill me with graces, like to Thy own, that I may be of one mind with Thee, in tenderness, in fervour, in truth, in zeal, in calmness, in constant devotion. Keep me, hold me fast, bless me, O my God, O my LORD. Amen.

### ANOTHER.

**O** ALMIGHTY and Merciful God, Whose mercy is boundless and everlasting, and the rich-  
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es of Thy Goodness Infinite, I give Thee thanks with all my mind and all my heart, for the most amazing and exceeding goodness which Thou hast now shown me, in that Thou hast so graciously pardoned all my sins, and restored me to Thy Grace and Favour. Blessed be Thy Divine Compassion, O my God, and blessed be the incomprehensible Love of Thy Beloved SON, which constrained Him to institute so gentle and so mighty a remedy for our sins.

Wherefore in union with all the thanksgivings which have ever ascended to Thee from truly penitent hearts, with all Thy faithful, whether living or departed, I sing aloud Thy glad praises, and will cease not to bless Thee for ever and ever. Amen.

## PRAYER.

O MOST Holy FATHER, I offer Thee  
III.]

this my Confession and my Penance in union with all the acts of penance which have ever been done to the Glory of Thy Holy Name; beseeching Thee that Thou wouldst vouchsafe to accept it, and to render it availing through the Merits of the Passion of Thy Beloved SON.

Whatever has been lacking to me in sincere and earnest preparation, in perfect contrition, in frank and clear Confession, I commend to the Sweetest Heart of Thine Only-begotten SON, that treasury of all Good and of all Grace, from Whose overflowing abundance all debts to Thee are fully acquitted; that through it all my negligences and defects in the reception of this Holy Sacrament may be fully and perfectly supplied to Thine Everlasting Praise and Glory, and that Thou mayest effectually absolve me in heaven, even as Thy Minister has with

Thy Authority absolved me here on earth: through JESUS CHRIST our LORD, Who liveth and reigneth with Thee and the HOLY GHOST, ever world without end. Amen.

#### ACT OF JOY.

**H**ENCEFORTH I will rejoice in the LORD, henceforth I will give Him a glad service; I will joy in Him Who is my only joy.

O my God, what joy it is to love Thee! what joy to feel the length and breadth and depth of Thy Love shining in and around me! Joy in penitence, joy in sadness, joy in suffering, joy in loneliness!

Thou, O Blessed JE-

SUS, art my Joy in Thy Forgiving, Redeeming Love to my soul.

O HOLY SPIRIT, Thou art my Joy, springing forth from the Heart of the Divine Love into my heart.

Henceforth I will rejoice in the LORD, rejoice in doing His will, rejoice in living for Him, rejoice in winning souls for Him, rejoice in yielding up my own broken being to be made whole by Him!

O LORD JESUS, Holiest, Dearest LORD JESUS, grant that from henceforth Thy Joy shining out in me, may win sad hearts to hide themselves in Thee, and to find in Thee their Life, their Peace, their Everlasting Joy! Amen.



## HYMNS.

*"I will heal their backslidings, I will love them freely."*

**I** WILL arise and go to my FATHER.

Alas! and when I throw me at His Feet  
What can I say? The Prodigal left once,  
And gathered of the fruit his folly planted,  
Ate it, and did not like it, and returned.—  
He once returned, and once he was forgiven.  
It is not so with me,—I was forgiven,  
And sinned again, and was forgiven again.  
The penitential vow upon my lips,  
The Kiss Paternal warm upon my cheek,  
And still about my neck the golden chain  
With which He pledged and bound me to His  
Love

A second, and a third time, and a fourth! O  
God,

I dare not come to Thee. It is impossible!  
I dare not even lift my eyes to Heaven  
Lest there be in it something to offend Thee.  
I dare not offer Thee a wish, or vow,  
Lest that Thy awful Wisdom should discover  
Sin in the wish, and falsehood in the vow.  
If I should say, "I fear Thee," that is false,  
For if I feared Thee, could I madly brave  
The awful threatenings of Thy broken law,  
For every empty bauble of the earth?  
If I should say, "I love Thee," that, alas,  
Is falser still: for love is dutiful,  
Patient, submissive, fearful to offend,  
Obedient, grateful. I am none of this.  
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And if I plead the penitential tear,  
The firm resolve to go and sin no more,  
Dost Thou not know that ere the false tear dries,  
I do again the very sin I wept ;  
And, even while the vow is on the lip,  
The heart is with the idol it renounces.  
I come to Thee ! There's something in the thought  
So strange, so fearful—something in the distance  
So awful, so impassable—I cannot—  
And still to *Thee*, my SAVIOUR ! *Thee*, my God,  
And yet my Brother ! *Thee*, Who Thyself hast  
trod

The very soil we tread on—Who hast shared  
Our needs, and felt our sorrows, and been tempted  
Even as we are ; Whose in-earthed Spirit  
Made proof of all things in us save our sin—  
Aye, and that, too, for it was *that* which broke  
By its dread weight the only Heart that knew  
none.

Still I can come to Thee, my SAVIOUR, Friend !  
For I have something yet to say to Thee.  
I tell Thee not of fear, or love, or duty,  
Of penitence, or tears, or aught of mine ;  
But something would I whisper of Thine own,—  
The tender pity that moved Thee, e'en in  
Heaven,—

The Love that Thou hast promised and hast  
proved,

As never love was pledged or proved till then ;  
Not for Thy friends, for friends on earth Thou  
hadst none,

But for Thy foes, for false ones such as I am.  
Oh, go then for me to my FATHER'S House,  
And tell Him, one who cannot come herself  
For very shame, who has no more to say

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But that Thy door be closed on her for ever,  
 Has been with Thee to plead on her behalf,  
 The pardon that she dares not ask again.  
 Say, for Thou know'st how bitter are the husks  
 On which this false world feeds her; how her  
     heart

Sorrows in secret for her FATHER'S House,  
 And still is torn and tempted from His door.—  
 Nay, my Redeemer, say not aught of me,  
 But only that Thou know'st me, lov'st me, diedst  
     for me,

Lost as I am, that Thou wouldst have me saved;  
 False as I am, that Thou wilt make me true;  
 Weak as I am, that Thou canst give me strength,  
 And find me prayers when I can pray no more;  
 If only for Thy sake He will forbear,  
 Nor cast away His prodigal for ever!

*"The snare is broken, and we are delivered."*

LIVE ever in my heart, sweet awful hour,  
 When prostrate in my sin and shame I lay,  
 And heard the absolving accents fall with power,  
     As soft, as keen, as lambent lightnings play.

And, sure with lightning glance they seem'd to  
     thrill,

(O may the dream prove true!) and search and  
     burn

Each foul dark corner of my lawless will.

What if the Spirit griev'd did then return?

O fear, O joy to think!—and what, if yet,  
 In some far moment of Eternity,

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The lore of evil I may quite forget,  
And with the pure in heart my portion be ?

Live in my heart, dread blissful hope, to tame  
The haughty brow, to curb the unchastened  
eye,  
And shape to deeds of good each wavering aim ;  
O teach me some true penance ere I die !

*“ My sin is ever before me.”*

I COULD sit, and sit and weep  
O'er my heart's sorrow ;  
My wounds in Blood Thou bidd'st me steep,  
Thy mantle borrow.

If most forgiven could most love,  
Sweet were my sadness,  
I should be a winged dove,  
And drink wells of gladness.

But thoughts sin hath bosom'd long,  
Chains by Mercy riven,  
They still like birds of darkness throng,  
They load thoughts of Heaven.

I could sit, and sit and weep  
O'er my heart's sorrow ;  
But on Thine Arm Thou bidd'st me sleep,  
And wait Thy morrow.

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## ACTS OF PENITENCE.

### AFTER A GENERAL CONFESSION.

**I**N union with Thy grief whereby Thou tookest on Thee the cause of my grief, O LORD JESUS CHRIST; and together with the whole body of true Penitents, I confess to Thee all my sins, the evil deeds committed, the good deeds omitted, or done carelessly, or without a pure intention, even as Thou knowest them in number, and measure, and weight; the days of my life lost, by offending Thee, or taken from Thy Glory by my falling from Thee, my chief and only good.

O LORD, the deep of my profound misery calleth to the deep of Thy unfathomed mercy. Shut not up Thy Loving-kindnesses in displeasure, and let not the fountain of Thy exhaustless Mercy be dried up  
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for me by reason of my sins, O Thou Who hast mercy upon all, and hatest nothing that Thou hast made!

It is Thine, O LORD, to forgive sins; pity me now in the time of pity and of grace; and while the time of amendment lasts, grant me to attain the glory of Thy Blessing, that in the Last great Day Thy word of cursing smite me not! I pray Thee by Thyself, LORD JESUS, pardon me my sins, my negligences, my ignorances. O destroy me not, and lay not up my iniquities in Thine anger for ever.

Bethink Thee, LORD JESUS, that it is not Thine to lose aught that Thy FATHER hath given Thee; but Thy property is to have mercy and to spare; to destroy none, but to save; for Thou camest not into the world to condemn the world, but

that by Thee we may have life; for what we owed, Thou hast paid; what we sinned Thou hast atoned; what we neglected, Thou hast supplied.

Now then, O LORD, in my extremity, let Thy full, Thy overflowing satisfaction, Thy bitter Death, the price of Thy Blood, the Sacred Mystery of Thy Body and Blood, which is daily offered in the Church for the Salvation of the Faithful, let these avail me to merit Grace here which I merit not, and to obtain rest and Glory hereafter which Thy most bitter Death hath won for me.

Thine Eyes, O LORD, have seen my substance, and that so imperfect; but impute it not to me for endless punishment: and let me not be blotted out of the Book of Life, but give to me the portion that falleth unto me for my support, even of Thy Precious Passion.

Let then the thought

of my weakness, O LORD, incline and move Thee to compassion; Thou knowest whereof I am made, O preserve me the work of Thy Love; let not Thy labour have been in vain for me; let not the shedding of Thy Precious Blood be in vain for me.

O Thou Who makest purification for sins, grant that cleansed from my sins, and enlightened in my soul, I may know Thee by the eye of faith: and knowing Thee, may I ever direct my heart to Thee, and press and pant after Thee, till at last I may attain a happy death, to come to Thee, CHRIST JESUS, Who livest and reignest with GOD the FATHER, in the unity of the HOLY GHOST, for ever and ever. Amen.

#### ANOTHER.

MERCIFUL and pitiful LORD, Long-suffering and full of pity, I have sinned, I have sin-

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ned against Thee, much and grievously, O me, wretched that I am! I conceal nothing, I make no excuses, without plea, without defence, self-condemned am I; I have destroyed myself. Behold me then, O LORD, condemned by my own judgment, and enter not Thou into judgment with Thy servant! I am less than the least of Thy mercies, not worthy to be the lowest of Thy hired servants; not worthy to gather up the crumbs that fall from Thy table; not worthy to touch the hem of Thy Garment. O LORD, humbling myself under Thy Mighty Hand, I stretch forth my hands unto Thee, my soul gaspeth unto Thee as a thirsty land; out of the deep doth my soul cry to Thee. For the multitude of Thy Loving-kindnesses, for Thy Name's Sake be merciful to my sins, for they are exceeding great, and where sin hath abounded there let

Grace more exceedingly abound.

And now, LORD, what is my Hope? truly my hope is even in Thee, if Thy Lovingkindness wilt cover the multitude of my iniquities. O remember what my substance is, the work of Thy Hands, the likeness of Thy Countenance, the cost of Thy Blood, a sheep of Thy pasture, a child of Thy covenant. Despise not Thou the work of Thine own Hands. Look upon the Face of Thine Anointed, O my GOD, and on the Blood of Thy Covenant, the propitiation for the sins of the whole world, and be Thou propitious to me a sinner, even to me. For the tender yearnings of the FATHER, the Bloody Wounds of the SON, the unutterable plaints of the SPIRIT, give ear, O LORD; have mercy, O LORD, O LORD, hearken and do, defer not for Thine own Sake, O my GOD. Destroy me not, Thou Who hast created

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me, condemn me not, Thou Who hast redeemed me. What is Thine in me, acknowledge, what is mine take away. Infirm I come to the Almighty, wounded I hasten to the Physician, however unclean, Thou canst cleanse me; however blind, enlighten me; however weak, restore me; yea, though dead, Thou canst raise me.

For me, I forget not my sins, they are ever before me; I remember them in the bitterness of my soul. I despise and abhor my own self. And I am a burden to myself that I do not sorrow more, that my penitence is not deeper, fuller; I repent, LORD, but help Thou my impenitence, and more and more bruise, and wound, and pierce, and strike my heart.

Why art thou so heavy, O my soul? and why art thou so disquieted within me? Return unto thy rest, O my soul, for the LORD hath pardoned

thee! O magnify the LORD with me, and let us exalt His Name together. Accept the praises which I, an unworthy sinner, verily unworthy, desire to offer Thee, O LORD my GOD, for Thou art worthy to receive them; Thou art my GOD and I will exalt Thee: I will sing unto the LORD as long as I live, I will praise my GOD while I have any being. Amen.

#### ANOTHER.

*(To each Person of the Blessed Trinity.)*

**A**LMIGHTY, Eternal GOD, my Creator, my FATHER, Source of my life, End of my being, Who hast loved me with an Everlasting Love, predestinating me from all Eternity to a special place in Thy Kingdom, to a life of special Grace in this high Vocation, and a future of special Glory, and nearness to Thee. I have sinned against Thee, my most loving FATHER, griev-

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ously, most grievously ; Thou didst create me for Thyself alone, and I have not lived for Thee alone, but have sought satisfaction for myself in creatures, in Thy Gifts, short of Thyself alone. Thou hast preserved me that I should do Thy Will, and I have not done Thy Will, but have fretted at it, and have gone about to do my own will, even when it was contrary to Thine. How much of my life has been wasted, or fruitlessly spent ; how much have I sought to please myself, and how little have I honoured and glorified Thee !

FATHER, I have sinned against Heaven, and before Thee, my heart sinks at its deep ingratitude ; for love of Thee I grieve that I so fall short of Thy expectations, for love of Thee I repent that I have so marred Thine Image in my soul ; I am not worthy to be called Thy child, but yet, for Thy Mercies' sake deal not with me according to my

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iniquities, but forgive me my misdeeds and destroy me not !

ALMIGHTY, Eternal GOD, the Only-begotten SON, LORD JESUS CHRIST, my SAVIOUR, my Redeemer, I have sinned against Thee ! Thou camest down from Heaven to take our nature, that Thou mightest renew my nature ; Thou didst suffer that I might not suffer eternally ; Thou didst die, that I might not die. How many times hast Thou washed me in Thy Precious Blood, and covered me with Thy Righteousness, and hidden me in Thy Wounds ; how often hast Thou fed me with the most Holy Sacrament of Thy Body and Blood, coming to dwell in me in an ineffable manner. Thou hast called me out of the world, and chosen me to be Thine own, and made me Thy Spouse, — and I have sinned against Thee ! I have soiled my soul again, after Thou

hadst cleansed it, I have displeased and disturbed Thy Blessed Presence within me after Thou hadst come to me; I am not holy, and faithful and mortified as Thy Spouse, the Spouse of the Crucified should be.

But LORD, truly I knew not what I did, O be Thou merciful to me a sinner! In the bitterness of my sorrow I lay myself down at Thy Sacred Feet, beseeching Thee once more to cleanse my soul in Thy Precious Blood, once more to give Thyself to me in the fullness of Thy Love, once more to take me to Thy Heart as Thy Spouse, and to keep me there for ever, lest in my weakness I fall away from Thee again!

**A**LMIGHTY Eternal GOD, Most Holy SPIRIT, Who in unwearied love hast dwelt within me from my Baptism until now, notwithstanding all my sins and miseries; how have I slight-

ed Thee, resisted Thee, grieved Thee; how often hast Thou spoken to me, and I have not heeded, but have turned away, or disobeyed Thy gentle Voice; how often hast Thou striven with me and I have not yielded to Thy Holy Inspirations. I have wasted Thy Grace, I have misused Thy Gifts, I have been wayward, wilful, perverse, yea, even presumptuous, and Thou hast not given me up, or left me to myself!

O Blessed SPIRIT, Sweet and Loving SPIRIT, in deepest anguish of soul I lie before Thee, and confess all my inexcusable iniquity. Thou knowest what I might have been had I listened to Thy Voice and obeyed Thee; Thou seest what I am, what I have made myself. Pity my misery, I beseech Thee, and forgive me, leave me not though I so deserve it, I will yield myself to Thee, I will obey Thee from henceforth, only I

pray Thee speak to me again, reveal Thyself to me once more, for without Thee I am nothing, and know nothing, and can do nothing!

**O** MOST Blessed TRINITY, Whose Wisdom, Whose Power, Whose Goodness I have so much and so grievously offended, have mercy upon me, Thy sinful child, and pardon me, accept my contrition, my anguish, my tears, my self-abasement.

In deepest humility, and trusting only to the help of Thy Grace, trembling at the recollection of all my sins, yet still longing, panting to please Thee, I would once again devote myself to Thee, to be more wholly, more undividedly Thine; I offer Thee again my intellect with all its faculties, my will with all its powers, my heart with all its affections; my body, my soul, my whole being to be Thine, and Thine only for ever. **III.]**

Take me, I beseech Thee, and keep me for Thyself, for I cannot keep myself, and never let me even in the least thought for one moment stray away from Thee, O my God, Adorable Eternal TRINITY, to Whom be for ever from all Thy creatures all Praise and Thanksgiving, and Honour, and Glory, for ever and ever. Amen.

AGAINST PRIDE.

**O** GOD, all Holy and Incomprehensible, Who didst assume the Form of a creature, and hast revealed Thyself to me in such extreme lowliness, that I cannot realize any self-abasement like to Thine, I bow myself before Thee, conscious that Thou hast done this for my sake, that I might learn of Thee, and endeavouring to imitate Thy humiliation, might myself become lowly, like Thee, and then be able to follow Thee. When I consider myself I am over-

come with shame at my sin, at my pride of heart, my long cherished pride, pride of look, of voice, of temper, of thought, pride of my whole being, and my every sense, which has ever thought to lift itself up, and which has alienated me from Thee, O my God, and made me so contrary to Thee, Who art the Pattern of all that is holy and good. When I compare myself with Thee, I cannot confess as I ought the greatness of my sin.

I acknowledge, O my God, that my sins of pride are more deep and grievous than I am able to express, and I turn to Thee in Thy abounding pity, to Thee Who knowest my corruption, my evil tendencies, their strength and frequency. I turn to Thee in Thy Mercy to pardon and overlook all the past, and to bear with my proud rebellious heart, unsubdued as it still is.

Hear me, O my God, while now kneeling before Thee, I renounce and utterly reject the least thought or impulse of pride, as sin, as a thing completely alien to Thee, and which if it overcome me, must for ever separate me from Thee.

I turn to Thee, O my God, beseeching Thee to shed such grace within my soul, that I may be delivered from the power of this dreadful sin, and be made like unto Thee, Blessed JESU, in the spirit of my mind. For this great grace of a meek and lowly heart, O God, I most earnestly pray.

Help me to remember Thy Example specially in this feature of Thy Holiness, to love it, to copy it, to grow into its beauty. Help me to be watchful and earnest in this above all things, and never to cease till I acquire the Form and Beauty of Thy Humility.

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I beseech Thee give me grace to be lowly, not only in Thy Sight, but in the sight of men, and towards all my fellow-creatures, those especially to whom I owe reverence, and those also who are beneath me, that I may be clothed with humility, that I may put it on as my new, my Divine nature, that it may be my pervading, my abiding life.

Grant, I pray Thee, that lowliness may be my mark and seal, the beauty of my soul, that I may be known among Angels and men, O my GOD, my LORD JESUS, for my likeness to Thee, my union with Thee in this great grace. I pray for this even with tears. Amen.

ANOTHER.

O MY GOD, Thou hast said that Thou resistest the proud but givest Grace to the humble; I pray Thee most earnestly, give me this

Grace, for without it I cannot attain any other.

Give me this mind which was in my ever Blessed LORD, JESUS CHRIST, that I may be as a weaned child, no more high-minded, having no proud looks, that I may refrain my soul and keep it low, and so advance in all other Graces.

For this end, O my GOD, give me help always to bear in mind my great faultiness, my many errors, my constant liability to sin, that I may fear always, and always watch and pray.

Give me Thy restraining Grace, preserve in me this watchfulness of soul, this guard of continual fear, lest I offend Thee.

May my whole soul be subdued, may I never forget my resolutions, my earnest longings. May I increase ever more and more in this watchfulness, and be stayed in it, that my

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whole soul may enter into a deeper union with Thee in this spirit of exceeding lowliness, which is of Thee.

I cast myself on Thy most tender Love and blessed promises. Breathe into my soul this Grace, give me an attentive ear and a willing heart, that when Thou speakest I may be still, and Thy good SPIRIT guide me. Grant me, I most earnestly pray, that I may be evermore abased before Thee here, that I may be exalted in Thy Glory hereafter, and dwell in the blessedness of Thy Presence, being made one with Thee for ever. I ask this through the Precious Blood-shedding of my LORD. Amen.

#### AGAINST VAIN-GLORY.

**O** LORD, my God, Who hast vouchsafed to call me to live without earthly ties, in entire dedication of my-

self and all I have to Thee; in deepest self-abasement I acknowledge myself to be unworthy of this blessedness:—for I have sinned, O my GOD, I have sought for myself the praise and honour of man, I have longed to be chosen out, and exalted above others, aspiring to high things, and indulging great thoughts of myself, and of what I could be, and do.

O my LORD, in sorrow and grief of heart I repent; I beseech Thee, pardon this my sin, and give me Thy Grace, while I resolve from henceforth to study all lowly things, to choose the lowest place, to cherish humblest thoughts, to accept reproofs, checks, disappointments, humiliations; to see willingly others chosen before me, and to strive to follow Thee, my LORD, Whose I am, that as I am less than nothing in Thine Eyes, so I may grow less

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and less in my own esteem, till all of self be done away, and my Vocation be fulfilled in an ever-growing likeness to Thyself, O my LORD JESU. Amen.

AGAINST UNTRUTHFULNESS.

**O** GOD All-Merciful, Who didst create me to walk in Thy Light, as a child of the Light; Who hast given me Thy own Word to direct my thoughts, and formed my conscience as a lamp within me, to show me what is true and pure; O Thou Who art Thyself the very Truth, Who hatest a lie which is most abhorrent to Thy Nature; I have sinned grievously, O my GOD, in this very thing. False motives have ruled me, false objects and desires have influenced me, selfish aims and fears have possessed me. I have lost the clear brightness and rest of a truthful heart, and by my want  
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of faithfulness and courage, and of Thy Fear, I have fallen from Thee.

O my GOD, I pray for Thy Grace to correct this sin in me. I desire above all things to be freed from the baseness, and the shame, and the self-reproach of my untruthfulness and insincerity; and I do here resolve, if Thou wilt pardon me and help me, never more to let this great sin prevail over me.

I renounce all self-seeking, and resolve to bear all consequences of freely acknowledging every fault, that the words of my lips, and the thoughts of my heart may be in perfect harmony with each other. O LORD GOD, I beseech Thee, by Thy Grace keep me walking in the holy Light, even as Thou art in the Light, that I may never again lose the sacred joy of a true simplicity of heart, ever conscious of its own integrity. May I be content to be to others, what

I am in Thy sight, to be in outward appearance only what I am really and truly. And do Thou guard the sincerity in which I would evermore hold my conversation among men, so that I may never lose Thy favour, and may ever glorify Thee in my faithfulness, through the merits of JESUS CHRIST my LORD. Amen.

#### AGAINST JEALOUSY.

**O** BLESSED JESUS, I have sinned against Thee, I have allowed thoughts and desires to arise within my soul which must have wounded Thy Heart of love, for I have felt inward sinkings of envy at what I have seen bestowed upon another, thinking of myself, and what I imagined was due to me, when I should have been engrossed in the thought of Thy interests alone.

I grieve, O my God, for this sin, which is so

contrary to Thy generous self-sacrificing Love, and I resolve by the help of Thy Grace henceforth to uproot it. Let me never feel sadness at another's good because it is not my own, but rather let my whole being bound with joy when I see Thee served with zeal and devotion. I would rejoice when I witness in others natural attainments, special aptitudes for duties, Graces, Favours, high Vocations, which I do not seem to share; keep far from my soul, I pray Thee, every feeling but that of true thankfulness. Whenever a narrow thought or unworthy feeling arises within me, enable me to lift my eyes to Thine outstretched Arms upon the Cross, and dilate my soul with the contemplation of Thy all-embracing Charity. Give me Grace never to seek for notice or approbation in my work, or to repine if I imagine that others are more favoured

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with confidence or affection than myself. Break down in me the strong hold of self and all remains of the human spirit, that in reaching forth to those things that are before, I may not seek Graces with any thought of outstripping others near me in the course, but may long for advancement for the sole purpose of loving Thee more, and serving Thee better. When I see faults and defects in others give me to feel sorrow, to be stirred to intercession for them, and to mourn the more humbly over my own shortcomings.

O LORD my GOD, adoring the Wisdom of all Thy ways, and rejoicing in the vastness of Thy Love, I would now devote myself in entire contentment of spirit to perform all my service only for Thy Glory, Who with the FATHER and the Blessed Spirit art GOD for ever and ever. Amen.  
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AGAINST ANGER.

O MOST meek and Loving JESUS, Prince of Peace, Who enduredst such contradiction of sinners against Thyself, and in the Judgment Hall didst bear patiently the blows and insults of the soldiers, I grieve for my many sins of anger and impatience, of fretfulness and inward rebellion, whereby I have offended Thee, in the passing trials of my life. How often do I act, and have I acted, through the impulse of passion and undue sensitiveness of disposition. Thy Form of sweet long-suffering I see before me, in the midst of Thy persecutors, all through the long hours of Thy Passion; and yet how soon am I spent out and fretted. My irritation too often is excited when my self-love has been wounded, my desires thwarted or my influence disregarded; I have suffered my

mind to be disturbed, and have lost the blessed consciousness of Thy Presence, O my GOD, lost many opportunities of becoming like Thee, and wasted the materials of Sacrifice which the circumstances of my life supply. I have gazed upon my Cross and repined at it instead of taking it up, and calmly and sweetly bearing it after Thee. O how much of self has mingled even in my work for Thee, in my desires after Thee, and Thy Service to which Thou hast called me.

O for all these my sins, my causeless anger, my suspicions, my irritable ways, my impatient words, my loss of recollection, my treasured remembrances of a wounded spirit, I grieve from my inmost heart. I hate them all because they have displeased Thee, and I do resolve most earnestly by Thy Grace to use every effort to overcome them. May

the memory of Thy gentleness, Blessed LORD, still the first stirrings of anger or impatience within my soul, and keep me in perpetual peace, my thoughts ever bright and unclouded, my speech seasoned with Grace, and my actions without commotion or excitement, so that following Thy Steps, LORD JESUS, I may become daily more and more like unto Thee, Who with the FATHER and the HOLY GHOST dwellest in the calm of Heaven, unmoved undisturbed everlastingly. Amen.

#### AGAINST SINS OF THE TONGUE.

O THOU the Eternal, the All Wise, the All Holy, Who art adored perpetually by Glorified Spirits, in silence prostrate before Thy Throne, Who for Thy greater Glory hast given to man the power of speech, that he alone in this lower world might confess Thy Name with

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his lips, and speak Thy Truth, and reveal Thy Love, Thy whole inner Mind, Who hast taught us that to rule the tongue among our members, is our most solemn charge, given to Thine Elect, and is specially taught to us, who would be perfect, to be our most necessary exercise ; Thou Who Thyself camest to teach us how to speak and to be silent, that the law of holy watchfulness might descend from Thy Lips to our lips, that again both our silence, and our speech touched by Thine, might glorify Thee ; most Merciful JESU ;

I do now here before Thee mourn my sin during all my past years, by which through heedlessness, and carelessness, or through worse faults, I have misused this sacred gift, and power of speech.

Have mercy upon me, O my GOD, and grant that in my lips may  
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always be the law of kindness, and the voice of truth, and the restraint of holy discipline, and the savour of devotion, and the accents of praise, and the word of the SPIRIT, that by my words Thou, O most Blessed GOD, mayest evermore be glorified. Amen.

AGAINST SELF-LOVE.

O ALMIGHTY GOD, I prostrate myself before Thee with abject shame. Thou art my GOD ; Thou art the Source and Giver of life to me, and of all that I am ; Thou hast sustained me only that I might live for the one end of doing Thy Will, and seeking Thy Glory. And because I am by nature dark and ignorant, Thou hast given me the knowledge of JESUS, and of His life of self-sacrifice for me,—His emptying of Himself to be the Pattern and the Guide

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which I should always follow.

But, O my God, I have lived for myself, and set myself above Thee. I have thought more of my own desires and interests than of Thine. I have had my own honour and ambitious views before my eyes more than Thy honour; myself has been more dear to me than Thou hast been; I could not part with my own idols, though I could part with Thee. In all things selfishness has prevailed with me; selfishness has stolen in upon all my thoughts, and deformed and degraded my fairest plans. Even my purest intentions have yielded to its baseness, turning them all to sin.

But I repent, O my God, and I long for the Grace to release me from this bondage, and now I would make this covenant with Thee. In Thy Presence, and in Thy

Name, and in dependence on Thy Grace, I bind myself to strive ever to keep Thee before my eyes, to make Thy praise, Thy Glory, Thy honour, my only aim, my highest delight, that myself should be nothing to me, and Thou everything. And for Thy dear Sake I renounce, as no longer an object of desire to me, the praise and honour that comes of man; I would take the lowest room and be hidden, even though the desert be my own, that I may possess the sweetness and joy of Thy approval, and have my rest in Thy favour only. For I would dwell, O God, my God, in the still, calm, holy light of self-sacrifice, in humble imitation of my dearest LORD, in freedom from all disquietings of earthly pride, in rest from all the hateful gnawings of envy and jealous ill-will, apart from the turmoil of this world's strife, and

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have Thee only as my secret, all-satisfying Joy, so gaining ever a nearer likeness and closer fellowship with Thy Saints, a higher and surer place in Thy Heart.

Be Thou my Upholder and my Strength, O my God, and keep me by Thy Grace true and faithful to this my solemn purpose, for the sake of JESUS CHRIST, my LORD, in Whom alone I live to Thee. Amen.

#### AGAINST SELF-WILL.

O MY God, I, Thy rebellious child, come before Thee with deep sorrow for the waywardness whereby I have so often offended Thee, and sinned against Thy Wisdom and Thy Love. I grieve from my heart for all the self-seeking which has so hindered my spiritual progress, and marred Thy Gracious purposes of love for my life. Thou hast revealed to me in Thy Word, and in the Perfect Example

of Thy Blessed SON, that no sacrifice is really pleasing to Thee unless the will is offered up, and yet how have I blighted the growth of all virtues, by neglecting the culture of the grace of Obedience. I confess to Thee that I have been guilty of following the desires of my nature, of my own mind, and have secretly chafed against the course of Thy Providence. I have not sought as I should have done that Thy Will might be wholly accomplished in me, and by me. I have cherished thoughts and plans of my own, apart from Thy Mind and Thy Heart, and sought the fulfilment of my own treasured wishes and ways. I have often clung to work which I liked, and places which brought me satisfaction; or I have brooded over my natural defects, and coveted the capacities of others, making myself the object of

my thoughts rather than the advancement of Thy Glory ;

O my God, though I have so little recognized Thy Wisdom in the circumstances of my life, so little realised Thy Love in Thy appointments for me, yet, for Thy Mercies' sake, I beseech Thee to forgive me, to look upon me, to watch over me. I will from henceforth to put away all my self-will, and silence the promptings of my independent spirit. Give me grace to love the virtue of Obedience, and to remember that it is the law of true life, and the basis of Religious Perfection. Enable me to follow Thy Voice always, whether it reaches me by Thine own inward speaking, or through Thy creatures. I desire to yield myself promptly, sweetly, constantly, entirely, to all Thy Calls. Enlighten me, that I may look beyond the outward cir-

cumstances, and see in all things which reach me Thy directing Will, and the manifestation of Thy Mind to me ; so that, adoring Thy Wisdom, and ever trusting in Thy Love, I may henceforth strive only to do the thing that pleaseth Thee, O LORD, my GOD, through JESUS CHRIST our LORD. Amen.

#### AGAINST SLOTHFULNESS.

O MY GOD, how can I worthily adore that never-ceasing energy of Love wherewith Thou dost sustain all Thy creatures, and me, myself, the meanest of them !

Since Thou art ever working for me, Thou wouldest surely have me ever to be working for Thee. Miserable is that dulness of heart, wherewith I so often forget Thee, and sink into the misery of my own nothingness. Woe is me, that I am so prone to live without Thee. Help me to realise that I am

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living without Thee, or more truly, dying for the want of Thee, whenever I am not co-operating with Thee! Of Thine own Will Thou didst create me, but Thou hast given me a free will, that I may carry on in holy energies those faculties of life which Thou didst give to me. When I cease to act according to that law of energy, oh at that moment I cease indeed to live; for I fail of correspondence with Thy Presence, I fall away from the Image after which I was made.

Thou, O my God, art a most pure Energy, the Foundation of all the actions of all Thy creatures; and Thou art Life, yea, there is no life save by yielding to the motions of Thy Quickening SPIRIT. How can I be weary, since my actions spring from the exhaustless renewal of Thy Creative Will! O miserable that I am, see-  
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parated from Thee and from Thy Will, and from Thy Inspirations, by the coldness of sin. By that sin I am half dead. Though Thou hast given me life again through the Mediation of Thy dear SON, yet am I not quickened as I would desire to be. O when shall I be alive with the true life of holiness? never tiring, because ever refreshed with Thine own untiring Gifts of renewal. Surely it is my meat, my only meat, to do Thy Will! If I act according to the law of my creation, if I do Thy bidding, I am sure Thou wilt not fail me. If I cease to act for Thee, I lose the very power of acting for Thee.

Help me, then, O my God, to be diligent, and to resist the slothfulness of my fallen nature, with all the horror which befits so cold a grave where in those who sink are deprived of Thee. The death of the body I

would not fear, for in dying I shall rise to Thee, to live with Thee, and to act in Thee evermore; but the death of sloth is a death that I dread, for in it I lose Thee, and without Thee there can be no Resurrection.

Eternal FATHER, I am now resolved to live in the power of the Resurrection of Thy dear SON.

O my JESUS, be Thou the principle of all my actions.

O Blessed SPIRIT of CHRIST, be Thou my Strength, that my life, being free from slothfulness, and the deadness of nature, may manifest the glory of my Redeemer's Power, and be made fruitful according to the abundance of His Grace.

HOLY TRINITY, Love Eternal, ever active, all creating, all sustaining, all commanding, all inspiring, calling us to the mysterious fellowship of Thine indissoluble energy, so let me carry out in

this life Thy Will towards Thy creatures, that in the end I may be perfected in the energy of Life Eternal, in the unclouded Vision of Love, where-with I hope to behold Thee, my Creator.

JESU, GOD and Man, in both Thy Natures full of never-wearying Love, purge out from me all that is inconsistent with the Holy Energy of Thy Indwelling, that I may be wholly Thine for ever and ever. Amen.

#### AGAINST YIELDING TO TEMPTATIONS IN THOUGHTS.

O MY GOD, woe is me that I am so easily driven away from my own steadfastness! O establish me with Thy free Spirit! When Satan approaches me with evil suggestions, do Thou of Thy mercy preserve me by the power of Thy Holy Inspirations. Cleanse my mind from all remains of evil; blot out its stains from my me-

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mory, that I may no longer be troubled thereby, nor tempted to brood over the sins which I have learned to hate. Let me see them only as Thou seest them, in the Blood of JESUS, my SAVIOUR, that I may learn to hate them constantly, and to repent of them perfectly, so that, being renewed entirely, I may live in the full forgiveness of my LORD.

I give to Thee my understanding; fill it with holy thoughts, that in the contemplation of Heavenly Mysteries I may be kept free from unholy considerations. I give to Thee my imagination; suffer me not to indulge in vain, idle, or sinful fancies. Enable me in all earthly objects to see the tokens of Thy Love, and the symbols of things Divine, that I may bring every thought into subjection to Thy Will, Thy Commands, and Thy Promises. JESUS, JESUS! be Thou the  
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law of my life, and let Thy Presence be the protection of my soul.

I am resolved to rouse myself out of this maze of evil, O my GOD. I fly to the shelter of Thy Divine Truth. Suffer me not to be allured away from Thee by the devices of the Tempter, nor driven from Thee by his assaults. Thou seest him when he draws near to speak with me, though I see him not; O let Thy Truth be my stay, that his evil inspirations may have no power against my soul. My nature is prone to dally with his suggestions! reveal Thy dear SON within me, O my GOD, that I may rest safe in the Light of His Presence until this tyranny be overpast! Do Thou strengthen me, that I may keep my mind under the control of Thy Divine Grace, clear of the beginnings of evil, and may be rescued from its bondage. O my GOD, by Thy Law

I must be judged ; but I take refuge in Thy Compassion, that I may be delivered by Thy Grace, and triumph in Thy Truth.

These thoughts that trouble me are not of myself, but, alas ! they find too ready a listener within myself. How can I love that which I hate ? and yet how can I hate that to which I so willingly listen ? My GOD, my GOD, Thou knowest the mystery of my nature ; to Thee I trust myself ! Thou dost invite me to Thyself, that by Thy HOLY SPIRIT I may hold converse with Thyself. O wondrous Love, whereby Thou dost invite me to hold converse with Thee ! I desire to commune with Thee above all things ; fit me to commune with Thee. Draw me unto Thyself, O Holy FATHER, through JESUS CHRIST, Thine only SON, our LORD and SAVIOUR. Amen.

#### AFTER FAILURE UNDER TRIALS.

I ABASE my whole being before Thee, O my GOD, and accuse myself. I am one of those who deserve to be given over to judgment, as one fallen from Grace, as one who has gone backward.

For Thou hast visited me of old time and for years with an unspeakable love, flooding my soul with light, calling me with a loud Voice, bidding me come direct to Thee, revealing Thyself to my soul, making known to me Thy Beauty, offering me a place in Thy Heart.

And I have fallen, O my GOD. I have fallen. I have not responded to Thy Grace. I have yielded to my trials, my difficulties, my temptations, and have sunk back into myself, not rising up to Thee, nor living above the outward world in Thee,

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though Thou art, and ever hast been, the Same to me. I have lost by my own faithlessness and imperfection.

But I turn to Thee, O my GOD, and desire above all things with earnest longings to repair my faults, to return and to go back to Thee, direct to Thee, above and beyond all things. And in Thy Love and Merits do I hope to attain this life of union, O my GOD. This is my trust. Amen.

AGAINST SENSITIVENESS.

**M**Y GOD, my LORD, I come before Thee to mourn over the pride of my nature, that I am so sensitive to the least blame, the least reproof, the least opposition, the least disrespect. LORD, I am weak, weak to endure any trial; I am soft and self-indulgent, ever giving way to the impulses of an unmortified nature. Have mercy upon me, O my GOD, III.]

and pardon me this my sin, I pray Thee.

Of Thy great goodness help me to endure hardness, to be ever meek and gentle under provocation, patient in all humiliations, willing to take up my cross daily and carry it, as Thou didst, even unto death. O LORD, my loving LORD, impart to me this blessed spirit of mortification, grant me such grace that all trial may be transformed to me, that I may see all with Thy Mind, and bear all in union with Thine own SPIRIT, ever following Thee in perfect lowliness and patience, remembering that he only that endureth to the end shall be saved. Amen.

AGAINST FORGETFULNESS OF THE PRESENCE OF GOD.

**E**TERNAL, Omnipresent LORD GOD, Who of Thy wondrous condescension dost so

abase Thyself as to descend to such as we are, and come to dwell with us, and in us; I bow before Thee in deepest penitence and shame for having so failed to preserve in my soul the consciousness of Thy Blessed Presence, and suffered the remembrance of Thee to depart from me. And thus I have lost my true strength, my inward grace, the sweetness of communion with Thee, and I am desolate and alone.

O, my LORD, forgive me, I beseech Thee, and by Thy Power and Love vouchsafe to restore me to a closer union with Thee, and a more constant recollection of Thy dearest Presence around me, and within me. Give me the power of a more sustained, inward, loving, intercourse with Thee than I have ever yet possessed, a steadfastness of will in my daily, hourly course:

and a deep unruffled calmness in my secret life with Thee.

O LORD, my own LORD, to Whom I am consecrated for ever, keep me, I beseech Thee; gladden me with Thy Love, and ever uphold me by Thy Grace, that I never lose again the precious sense of all that Thou ever art, and ever wilt be, to me. Amen.

#### AGAINST INORDINATE LOVE OF THE CREA- TURE.

**M**ERCIFUL GOD, Whose Name is Love, Who hast endued me with affections warm and deep, which I have too much, and too warmly centred on the creature: I mourn, I grieve before Thee, for this my sinful weakness. Forgive me, I beseech Thee, and deign once again to look on me and accept me.

Draw the heart which Thou hast made for Thyself, to embrace  
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Thee, to cling to Thee alone. Draw my affections, O my GOD, by the sweet attractions of Thy Grace, Thy Beauty, which Thou inwardly revealest to Thy chosen ones, by Thy Love which is Thy Nature, by Thy Glory in which Thou abidest. Kindle my affections from the burning Love of Thine own Sacred Heart, and fix them upon Thyself in Whose Love alone my love can find a response in its fulness, and an object to satisfy its longings. Amen.

AGAINST INDEVOTION.

**L**ORD, Thou seest my misery, my grief; my soul is sad and sorrowful, for I have allowed myself to grow cold and careless in my devotions; my prayers have been lifeless, my thoughts wander, and my imagination carries my spirit away from Thee. I am often excited and agitated, often

wearied and downcast. And now, O LORD, my LORD, I feel Thy Face turned away from me, and Thine Ear grown heavy towards me because of this my sin. Dark shadows are around me, and oppress my spirit, for Thy just punishment has overtaken me, and Thy Hand is heavy upon me day and night. O my GOD, I repent, I sorrow before Thee. Have mercy upon me, have pity upon me, I beseech Thee, for I am brought very low. Forgive me all my indevotion, my ingratitude to Thee, my carelessness, my negligence. Leave me not, as I so well deserve, in my darkness, but let one ray of Thy Light break in upon my sinking, fainting heart; speak the word only and my soul shall be healed.

LORD, I will submit in silence, in confidence, to all Thy Will for me; LORD, I will wait for Thee, I will watch for

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Thee, I will trust Thy Compassion, Thy Love, Thy forgiving Mercy. Only by Thy Grace let me not fall away from Thee for ever! Amen.

AGAINST A VERSATILE  
IMAGINATION.

**E**TERNAL, All Holy GOD, my Creator, Source and Giver of all good gifts,—from Whom I have received the organs and senses of my body, and all the wonderful and mysterious faculties of my soul; Vouchsafe to turn Thine Eyes of mercy on me now, as I confess before Thee my misuse, my waste of the power of my imagination, Thy own gracious gift. Thou hast made me for Thyself, for Thy Glory; and all with which Thou hast endowed me, was created to be used for the furtherance of that perfection for which Thou hast predestinated me; and Thou didst bestow on me this power

of fancy, that by it my soul might rise up to Thee, and lose itself in the vision of Heavenly things. But I have misused this Thy gift, I have allowed my imagination to wander to pictures of my own glory, to dreams of idle self-indulgence, and thus I have impaired and hurt this blessed sacred power. My thoughts scatter themselves when and where I would not, they fly from me, they elude me, they go I know not where!

O my GOD, from my inmost heart I grieve, I mourn over this sinful habit, and I come to Thee, earnestly beseeching Thee to forgive me, to heal me.

I resolve, with the help of Thy Grace, to guard my imagination jealously, to check all dreams which have not some holy end in view, and I utterly renounce all wish to use it for my pleasure or self-glor-

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ification. Illuminate my that all may be spent  
 mind, I pray Thee, fix only on striving to at-  
 my thoughts in contem- tain to that perfection  
 plation of Thyself, and to which Thou hast  
 the Unseen, the Hea- deigned to call me, even  
 venly Home where Thou to follow the Example,  
 dwellest. Wean ever and copy the Likeness  
 more and more all the of my LORD, Thy SON,  
 powers of my being from JESUS CHRIST. Amen.  
 the world, from self,

## HYMNS.

*" He hath made Him to be sin for us, Who knew  
 no sin."*

O SOUL of JESUS, sick to death !  
 Thy Blood and prayer together plead ;  
 My sins have bowed Thee to the ground,  
 As the storm bows the feeble reed.

Midnight—and still the oppressive load  
 Upon Thy tortured Heart doth lie ;  
 Still the abhorred procession winds  
 Before Thy Spirit's quailing Eye.

Deep waters have come in, O LORD !  
 All darkly on Thy Human Soul ;  
 And clouds of supernatural gloom  
 Around Thee are allowed to roll.

The weight of the Eternal Wrath  
 Drives over Thee with pressure dread ;

III.]

And, forced upon the olive roots,  
In deathlike sadness droops Thy Head.

Thy Spirit weighs the sins of men ;  
Thy science fathoms all their guilt ;  
Thou sickenest heavily at Thy Heart,  
And the pores open,—Blood is spilt.

And Thou hast struggled with it, LORD !  
Even to the limit of Thy strength,  
While hours, whose minutes were as years,  
Slowly fulfilled their weary length.

And Thou hast shuddered at each act,  
And shrunk with an astonished fear,  
As if Thou couldst not bear to see  
The loathsomeness of sin so near.

Sin, and the FATHER's anger ! they  
Have made Thy Lower Nature faint ;  
All, save the Love within Thy Heart,  
Seemed for the moment to be spent.

My GOD ! my GOD ! and can it be  
That I should sin so lightly now,  
And think no more of evil thoughts  
Than of the wind that waves the bough ?

I sin,—and Heaven and earth go round,  
As if no dreadful deed were done,  
As if GOD's Blood had never flowed  
To hinder sin, or to atone.

I walk the earth with lightsome step,  
Smile at the sunshine, breathe the air,  
Do my own will, nor ever heed  
Gethsemane and Thy long prayer.

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Shall it be alway thus, O LORD ?

Wilt Thou not work this hour in me  
The grace Thy Passion merited,  
Hatred of self, and love of Thee ?

Oh by the pains of Thy pure love,  
Grant me the gift of holy fear ;  
And give me of Thy Bloody Sweat  
To wash my guilty conscience clear.

Ever when tempted, make me see,  
Beneath the olive's moon-pierced shade,  
My GOD, alone, outstretched, and bruised,  
And bleeding, on the earth He made.

And make me feel it was my sin,  
As though no other sins there were,  
That was to Him Who bears the world  
A load that He could scarcely bear.

*"The Lord hath laid on Him the iniquity of us  
all."*

WOE, woe is me  
I have offended Thee ;  
'Twas I deserved the rod,  
And Thou hast suffered, O my GOD.

That Cross whereon Thou hangest  
Is my sole Light,  
Dark with eclipses now  
Is my dim sight ;  
O my Beloved,  
That I might die for Thee.  
Woe, woe is me, &c.

III.]

Of Thy most bitter Bonds  
I am the cause,  
Madly for worthless things  
Breaking Thy Laws,  
Faithless and false,  
I turned away from Thee.  
Woe, woe is me, &c.

Thy Wounds, Thy Stripes, Thy Bruises,  
Scourges and blows,  
My wicked hands gave them,  
They were Thy foes,  
O gentle Lamb,  
Thou barest all for me.  
Woe, woe is me, &c.

'Twas my base vanities  
Plaited Thy Crown !  
LORD, for my worthless deeds  
Thou didst atone.  
Of Thy Great Love  
My song shall ever be.  
Woe, woe is me, &c.

Deep go the thorny points  
Into Thy Head.  
Freely and bounteously  
Thy Blood is shed.  
O priceless mine,  
O countless wealth for me.  
Woe, woe is me, &c.

That bitter drink of gall  
That Thou dost taste  
Is for my banqueting,  
My wanton waste,

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I ate the fruit,  
But Thou didst pay the price.  
Woe, woe is me, &c.

Thy Hands, Thy Feet, are pierced,  
Opened Thy Side,  
Sweet doors to enter in,  
Sweet Home to hide ;  
O hard of heart,  
It moves me not to see !  
Woe, woe is me, &c.

Scorn, insults, mockery,  
On Thee they crowd,  
'Tis for my silent pride,  
My boasting loud ;  
I can but feel  
That all was due to me.  
Woe, woe is me, &c.

Bring back Thy wandering sheep  
Shepherd most Good ;  
All for Thy Love of me  
Thou gavest Thy Blood,  
Much do I grieve  
That I have gone from Thee.  
Woe, woe is me.  
I have offended Thee ;  
'Twas I deserved the rod,  
And Thou hast suffered, O my God.

*" They shall look upon Me Whom they have  
pierced."*

**T**HERE is a wound within me, 'tis a wound  
That lies too deep for tears, and many a while,  
III.]

G

When all that is around me seems to smile,  
Within my heart of hearts a knell doth sound,  
Not of this world ; a cloud dark and profound  
Is o'er me, and though brighter thoughts beguile,  
And, like the Sun behind a cloudy pile,  
Bright gleams from One beyond that cloud have  
bound,

Yet 'tis a cloud ; for I have pierced deep  
The Side of that dear Friend Who is my All.  
In this dread calm, if unto Thee I call,  
'Tis not that Thou my wounded soul would'st  
steep

With aught of gladness ; but that I, through Thee,  
May daily put me on more deep humility.

Oh, I have done those things that my soul fears,  
And my whole heart is sick. My youth hath  
flown,

The talents Thou hast given me are all gone,  
And I have nought to pay Thee,—but my tears.  
Oh, Thou that hast awaken'd, calm my cares.  
Bind up my wounds ! Thou Who didst never  
spurn

The wounded and the captive, ne'er didst turn  
From him that called Thee, hear Thou my prayers.  
Oh, wash me in Thy Blood, the leper Thou  
Didst cleanse ; Health of the maimed, make me  
whole ;

Thou that didst wake the dead, burst my soul's  
sleep !

Low at Thy Feet I throw me, and I know  
Thou wilt not cast me from Thee, but my soul  
Is sick with sorrow, and I can but weep.

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## PRAYERS FOR SPECIAL OCCASIONS.

AFTER A GENERAL  
CONFESSION.

**M**Y LORD and my God, I beseech Thee, look on me notwithstanding my past sin, with the full brightness of Thy Blessed Countenance, Thou hast taught me to hate every sin; yea, Thou hast opened mine eyes to see my sin in its exceeding blackness. Thou hast unsealed the fountains of my soul and touched my heart and caused it to mourn bitterly. Yea, LORD GOD, Holy LORD, even Thou Thyself hast visited me, darkened as I once was, and hard of heart. I mourn, O my God, from the very depths of my being.

Thou knowest my groanings; the depth of my misery and weakness cry unto Thee. Thou hast indeed taught me  
III.]

what I am, in myself, unclean, O God! most unclean, and how much more sinful should I have become, but that Thou wast with me, upholding me. O, the mercy infinite! the pity, the love incomprehensible, embracing me, and holding me back.

I bless Thee, LORD of Love; Thou Who didst die for me. I bless Thee, and now especially, for Thou hast blotted out my sin for ever, never to rise up against me, never to be remembered more by Thee, buried in the depths of the sea of Thy Compassion. I believe, LORD, I believe, I bless, I bless Thee. Glory be to Thee, O God, Who hast reconciled me to Thyself, and hast renewed me in Thy Own Life, for I am Thine.

Thou canst make me

what Thou wilt, canst re-make me, canst undo the past, and restore the brightness I have lost. Come unto me, and bless me; baptize me in the fulness of Thy Spiritual Presence; renew Thy perfect gift, O God of Mercy. I long, I thirst to be wholly Thine; my whole soul yearns within me. I faint with one longing burning desire to walk before Thee, even as an Angel of Light in light most pure.

I burn, LORD, with this one thought. Gracious GOD, may this that my soul desires be to me in Thine own time; for Thy Grace knows no bounds. Thine is the fulness of Grace. I ask for Thy aid to chasten me, to take away every remains of my sins. Humble me to the dust; mortify every high thought; make me to feel my shame, and work in me a true lowliness. Let

me rejoice in another's good, in another's gifts, in another's distinction as if it were mine own, more glad that it be another's rather than mine own, if such be Thy Will, O my GOD; for my chief desire is that Thy Will be done, and most truly be it done in my humiliations, only let me enjoy the sweetness of Thy Presence in my lowliness, and let me be the least of the lowest of Thy servants.

And do Thou still me, O GOD, with awe at Thy Glorious Presence around me, and within me. Quiet my soul. Make me to walk and think and speak in entire peacefulness. Restrain all hastiness. Check all impatience, all quickness of word, of feeling, of desire. Subdue, O Almighty GOD, by Thine Own Power subdue me to Thyself. I would refrain my soul, and keep

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it low, O LORD, Who dwellest on high. Help me, O help me.

May I never forget that Thy Presence of Majesty and Thy Love never leaves me, and may I walk with Thee in calmness and peace, ever yielding my will, obeying for love of Thee, subduing and chastening myself evermore for love of Thee.

How sweet a life, O LORD! and to do this secretly between Thee and me only, none seeing, but Thou, how gracious a lot, O LORD! And Thou callest me to this. I hear Thee, gracious LORD, and I would follow Thee whithersoever Thou leadest me, nearer each time, nearer to Thee, and at last, O how blessed this, to see Thee, as Thou art, my God, my own God! Amen.

#### ANOTHER.

**A**DORABLE and Most Blessed God, Who  
III.]

hast borne with me from my birth, borne with all my oft repeated sins, and wild waywardness, I implore Thy continual long-suffering Mercy, confessing as I do, from my inmost soul, all my past sins and the evils I have committed in the place where I now am, and in the work now committed unto me.

Thou hast shown Thy Infinite Love in giving me, notwithstanding my past sins and unspeakable unworthiness, a place in Thy Kingdom, calling me to it by many indications of Thy Love and Providence; and as Thou hast thus visited Thy Servant, I beseech Thee, dearest LORD, that my great faults and unthankfulness may not hinder Thy Grace in my soul. Let them not remain in me to mar the work committed to me, or be a stumbling-block, or grief or injury to any other, or a reproach to

Thy cause, O my GOD, or to me, if it please Thee thus to spare me.

Subdue, O LORD, all my natural impulses, my impetuosity, wilfulness, pride of heart; for Thou, O LORD, in Thy Ministry wert meek and lowly of heart. Thou didst not break the bruised reed nor quench the smoking flax. What should I have been, hadst Thou not always thus dealt with me? and Thou hast taught Thine Elect to learn to be what Thou wert.

Grant to me such increasing recollection of Thy Example, that it may sink into my soul, impress itself there, and mould me inwardly—that I may act, and think, and speak, and feel evermore in Thee, and for Thee, inspired by Thy Wisdom, softened by Thy Tenderness, made gentle by Thy Love, even in temper by Thy Calmness, ever kind by Thy Beneficence, ever

firm by Thy Unchangeableness, ever ready for Thy Calls, strong in Thy Indwelling, in all things chastened and informed by Thy Pure Spirit.

Holy Mighty LORD, keep in subjection all my natural energies, impressing on them a new and different strength, that they may become Thy instruments, not my own, swayed and guided in all their movements by Thee Who didst create them in me, only to be an offering to Thyself and to serve Thy Glory. Give me spiritual strength to work for Thee, (not after my own temper,) but by Grace and newness of Spirit.

Help my many infirmities, O GOD, removing the many hindrances in me, my reserve, my fears, my shrinking, and give me power from above, Supernatural Grace, to do what Thou requirest, to say what may be painful

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to me, to meet all emergencies, yet not in my own way, O God, but Thine, and with the anointing of Thy Spirit, that by Thee inspired, I may be wholly lost to myself, wholly absorbed in Thee, myself nothing, Thou in all everything, Thy Design worked out, Thy Glory advanced, myself blessed in being the merest instrument of Thy all-informing, all-directing Will, myself decreasing, Thou increasing, myself dying and passing away unnoticed, Thou prevailing alone, over-ruling all things. Only perfect me for Thy Blessing, when Thou wilt unveil Thyself to my longing soul, and fill me with what is purely Divine, to rest at last in Thy Heart as my Eternal, unchanging Home. Amen.

#### FOR PARDON OF SIN.

**I** HAVE sinned against Thee, O LORD, but I return to Thee; **III.]**

for I have fallen by mine iniquity. But I take with me words, and I return unto Thee and say, Take away all my iniquity and receive me graciously. Spare me, LORD, spare me, and give not Thine heritage to reproach to Thine enemies. LORD, LORD, be propitious to me, cease, I beseech Thee, from punishing me. While following my own way I forsook the way of mercy, and I am cast out of Thy Sight. When my soul fainted within me I remembered the LORD; yet will I look again toward Thy Holy Temple, for Thou hast brought up my life from corruption.

Who is a GOD like unto Thee, that pardoneth iniquity? He retaineth not His anger for ever, because He delighteth in mercy. Turn again and have compassion upon me, O LORD, subdue my iniquities and cast all my

sins into the depths of the sea, according to Thy Truth, and according to Thy Mercy.

O LORD, I have heard Thy Speech, and was afraid, in wrath remember mercy. Behold me, LORD, clothed in filthy garments; behold Satan standing at my right hand; yet, O LORD, by the Blood of Thy Covenant, by the Fountain opened for sin and for uncleanness, take away my iniquity, and cleanse me from my sin. FATHER, forgive me, for I knew not, truly I knew not what I did in sinning against Thee. LORD, remember me when Thou comest in Thy Kingdom; LORD, lay not my sins to my charge.

By Thy Bloody Sweat, by Thy Soul in agony,

*Have mercy upon me.*

By Thy Head crowned with thorns, Thine Eyes swimming with tears, Thine Ears full of insults,

*Have mercy upon me.*

By Thy Mouth mois-

tened with vinegar and gall, Thy Face dishonourably stained with spitting,

*Have mercy upon me.*

By Thy Neck weighed down with the burden of the Cross, Thy Back ploughed with the lashes of the scourge,

*Have mercy upon me.*

By Thy strong Cry, Thy Sacred Heart pierced with the spear, by the Water and the Blood flowing from thence,

*Have mercy upon me.*

By Thy Blessed Body broken for us, by Thy Precious Blood poured out for us,

*Have mercy upon me.*

LORD, forgive the offence of Thy servant, and cover all her sins. Turn away all Thy displeasure, and turn Thyself from Thy wrathful indignation. Turn me, then, O GOD my SAVIOUR, and let Thine anger cease from me; wilt Thou be displeased at me for ever? wilt Thou not turn again

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and quicken me, that I may rejoice in Thee? Show me Thy Mercy, O LORD, and grant me Thy Salvation, now and ever. Amen.

FOR THE SAME.

**L**ORD, I am weary and heavy-laden, I come to Thee for pardon, for rest, for refreshment. LORD, I am the Temple of Thy HOLY SPIRIT! I confess to Thee that I have strangely desecrated it; yet destroy me not, I pray Thee, Merciful LORD, destroy me not, but consecrate me anew, sanctify me yet once again!

O LORD my GOD, between Thee and me, I offer, I place,

CHRIST, the Priest, the Lamb, the Sacrifice.

Between Satan and me, I place,

CHRIST, the King, the Lion, the Victorious One.

III.]

Between my sins and me, I place,

CHRIST's spotless Innocence of Life.

Between the punishment due to my sins and me, I place,

CHRIST's All-sufficient Satisfaction, His Sacred Passion, His Precious Blood.

Between my want of righteousness and me, I place,

CHRIST's Righteousness and Perfect Obedience.

Between my want of merits and me, I place,

CHRIST's Infinite Merits.

Between my want of contrition and me, I place,

CHRIST's Tears and Bloody Sweat.

Between my want of fervour and me, I place,

CHRIST's never-ceasing Intercession.

Between the accusa-

tions of Satan and me,  
I place,

CHRIST, my Advocate.

I have sinned, O LORD, I have not only sinned, but I have provoked Thee with many and grievous sins, but I hide not my faults, I excuse them not: I confess them, I remember them in the bitterness of my soul, I hate myself for my sins. O, my God, I beseech Thee, do Thou remember them not, remember that I am but flesh, even a wind that passeth and cometh not again. O grant me the grace of a perfect repentance, that I depart not this miserable life without Thy Pardon.

I commend myself into Thy Hands, as to a Faithful Creator, despise not, O LORD, the work of Thine Own Hands.

I commend myself into Thy Hands, as to a most Gracious Redeemer, for Thou hast re-

deemed me, O LORD, Thou GOD of Truth.

I commend myself into Thy Hands, as to a most Blessed Comforter, HOLY SPIRIT of GOD.

O LORD, Thou Blessed Trinity, Three Persons, and One GOD, have mercy upon me, now, and in the hour of my death, and in the awful Day of Judgment. Amen.

FOR THE SAME.

O GOOD JESU, my LORD and my GOD, Who hast loved me, and given Thyself for me, Who castest out none that come to Thee, have pity upon me, unworthy sinner, coming to Thee, for Thy forgiveness, for Thy love. Forgive me, Good LORD, forgive me for Thy Love, for Thy Pity's sake. Forgive me all my sins, my many and grievous sins: forgive me my negligences and ignorances, my waste of Thy Grace, my neglect of Thy Calls, my neglect of prayer.

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Forgive me my many unworthy Communion, my negligence in preparation, my want of fervour in thanksgiving, forgive me my forgetfulness of Thy Presence after Thou hadst given Thyself to me. Forgive me my broken promises and resolutions of amendment, forgive me all wherein I have ever sinned against Thee!

Pardon all, O most Blessed JESUS, wash all away in Thy most Precious Blood, cleanse me, heal me ever more and more. Give me a humble loving sorrow for all that has displeased Thee, give me love that I may truly sorrow for all, and tears wherewith to wash all. Give me a perfect hatred of all sin, perseverance and earnestness, in my repentance, Grace that I may sin no more, and holiness of life for the time to come.

And together with me, O Merciful LORD, I pray Thee, forgive all who  
III.]

mourn for their sins, and bring them back into the narrow way that leads to Eternal Life. Grant this, Good JESU, for Thine Own Love's sake, for Thy Mercy's sake. Amen.

#### FOR FREEDOM FROM THE RECOLLECTION OF SINS.

THOU hast promised, O most Merciful, most Gracious GOD, that Thou wilt bury my sins in the depths of the sea, that Thou wilt cast them all behind Thy Back, and mention them again no more for ever! I believe Thy gracious word, Thy blessed promise, it is my joy to trust the assurance of this Thy unspeakable Love. O my GOD, my LORD, grant me, I beseech Thee, that my sins which Thou hast pardoned, which Thou hast put away, may never return again to my memory, may be to me as though they had never been, that from henceforth my soul

may always remain pure and free from any recollection of the hated stain.

But if it be Thy Will, in Thy inscrutable Wisdom, to humble me more, to bring me to greater shame, if Thou wilt again to bring to my mind all my vileness, all my nothingness, that I may the more fear, the more truly repent, then, O LORD, not my will but Thine be done! Only, I humbly beseech Thee, reveal also to me all Thy Mercy, Thy Goodness, Thy Forbearance, Thy Love; uphold me by Thy grace that I faint not, that I never lose my trust in Thee, that notwithstanding my misery and my unworthiness, in sure quietness and confidence I may abide in peace in Thee, my SAVIOUR and my LORD. Amen.

FOR RENEWAL OF LIFE.

O LORD God, I pray Thee, that the mer-

ciful Grace of our LORD JESUS CHRIST, may come down upon me as the dew upon the earth, as the rain upon the grass, as the snow upon the stubble, to cleanse me secretly from all my sins and all my iniquities. Thou, O LORD, Who art the Light of the blind, enlighten my blindness. Thou the Path of the wandering one, guide my erring steps. Revive my dying soul, Thou the Resurrection and the Life. With one look from Thy Countenance of pity, shine inwardly on my darkened spirit and cleanse and purify my conscience. Call me a sinner back to repentance, with Thine ever ready compassion, and bestow the fulness of Thy pardoning Love upon me, a penitent! Amen.

FOR PEACE OF SOUL.

O LORD JESUS CHRIST, unspeakable Joy and Peace of penitent souls; of Whose  
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dominion and peace there shall be no end, grant me to receive and to possess Thy kingdom of peace, that the power of Thy might, and the peace of Thy forgiveness may always abide in me, and the greatness of Thy Presence may ever be with me. Take away all which Thou findest in me, that is not of Thine; and make me Thine in all things, and through all things, that there may be nothing to oppose Thy rule in my heart, or to resist the reign of Thy peace in my soul, Thou that art the Prince of Peace, and Who livest and reignest King of Kings and LORD of lords in perfect peace, now, and for ever. Amen.

**FOR AMENDMENT OF  
LIFE.**

**O LORD JESUS**  
CHRIST, my LORD,  
my GOD, Who with the  
bright rays of Thy In-  
carnate Glory didst en-  
III.]

lighten the darkened world, and bring the sanctity of Thy Divine Nature into our lost nature sunk in misery and wickedness; grant to me, I beseech Thee, arising from my many falls, and shaking off the bondage of sin, that with all my powers I may rise up to Thee, and with my whole heart in watchful zeal may show forth Thy Praise.

Thou, Who art the Healer of the sin-sick soul, heal me, comfort me, who am in distress. Thou that art the SAVIOUR of all who come to Thee, show me the way of salvation. Pardon me, Thou Who art the Friend of the penitent sinner.

LORD JESUS, give me Thy grace, that freed from the works of darkness, I may follow Thee in my holy Vocation. Reveal Thyself to me, now seeking to attain to perfectness of life in union with Thee. Shine

on me, that the splendour of Thy Radiance may make me bright in Faith, in Hope, in Charity, so that reflecting back Thy Light to Thee, I may glorify Thy mercy, Who hast done so great things for me! Amen.

#### ANOTHER.

**O** JESU, Infinite Object of all love, whence is it that Thy great Goodness should so pity, Thy great Majesty should so stoop, Thy great Charity should so love me, a vile worm of earth, so grievous a sinner, so ungrateful a servant, so faithless a spouse? Whence is it that Thou shouldest look on me with the eyes of Thy mercy when again sinning against Thee, to bring me back from straying, to enlighten me when blind, to raise me when fallen? Holy, Holy, Holy, LORD GOD of Sabaoth!

O be Thou infinitely

glorified and loved beyond all, by all, and in all, for Thine own sake in time and in Eternity.

How dost Thou multiply upon me Thy Mercy, Thy Charity, Thy Goodness. How imperfectly have I returned Thy Love, and glorified Thee, O Thou Who art worthy of infinite love, and honour, and service! I abhor my exceeding ingratitude towards Thee, and I grieve from my heart because of it. Pardon me, I pray Thee, and fill up by Thyself what is wanting in me. From this moment, Thee, and Thy most holy good pleasure with all conceivable devotedness of affection I most closely embrace, and will do so for ever.

JESUS, GOD of my heart, by Thy Tears, Thy Bloody Sweat, Thy precious Blood, grant me grace to amend all my sins, (especially . . . .) to advance in all virtue, (especially . . . .), to

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reform my actions, and to persevere in my holy Vocation. Grant that I may perfectly know, and will, and do all Thy most holy Will.

May I live in Thee, may I die in Thee, and abide in Thee eternally. May I be wholly Thine, and mayest Thou be wholly mine, O JESU, now and forever, through Thy own merits. Amen.

#### FOUR PRAYERS AFTER CONFESSION.

##### I.

**H**OLIEST LORD, in me abiding, as in a shrine of Thy Love, even in me, sinful and corrupt, even in me, keep me true to Thee, when all help faileth, when my soul sinks within me, and I am desolate and alone.

I bless Thee for Thy unspeakable Grace, and I pray Thee, O GOD of my salvation, to remove all evil from me, all self-love, all doubts, all complainings in my trials.

III.]

Direct my thoughts, and quicken my faith, and fill me with holy trust, and lead me, for I am very weak, in the way of Thy Commandments, through Thy Merits, to Whom be glory for ever. Amen.

##### II.

**O** LORD, most Blessed, dearer far to my soul than all earthly objects, I long for the full sweetness of Thy Love and the perfect rapture of Thy Embrace, but I wait, O my GOD, for I am yet in my sins, and I am covered with shame at my unworthiness. And I bless Thee now, most Pitiful, for Thy Tender Compassion in forgiving me my many grievous sins, for the renewal of my corrupt heart, and for the strengthening my weakness, that I may, through Thy Grace, become more worthy of Thy Love, to Whom be glory for ever. Amen.

## III.

**I BESEECH** Thee, O GOD, keep me patient, calm, steadfast, persevering, unmoveable, gentle, and obedient. Give me grace to be ever more and more conformed to Thy most holy Will, as Thou revealest unto me all Thy good Pleasure. Form by Thy grace in me all that Thou wilt me to be, that I may in Thy Divine Life rest secure, at peace, in blessed expectation of Thy Glory, in Thy dear Love, ever hushed to rest amidst my trials, because Thou hast mercy upon me. Amen.

## IV.

**SPIRIT** of Sanctity, of Peace, of Consolation, of inward secret Joy, kindle in me a Divine ardour, transform me into some blessed image of Thy Own Likeness, fill me with holy longings, with rapt vi-

sions, with a blessed consciousness of Thy growing Life within me, and my closer, nearer fellowship with Thee.

**SPIRIT** of Power, cause me to feel all the joy, the reality of my espousals with my LORD, that they may be fulfilled in me, that ever rejoicing in my wedded union with Him, I may go on to perfectness of life, growing more and more like unto Him. Amen.

## SHORT CONFESSION OF SINS.

**BEHOLD**, O my LORD, I, an unworthy sinner, confess with sorrow that I have many times sinned against Thy Divine Omnipotence through human frailty, and have in many ways offended against Thy Divine Wisdom through my ignorance, and through my malice have rendered vain all Thy priceless Goodness towards me. Wherefore, O FATHER of Mer-

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cies, have mercy on me ; and give me strength from Thine Omnipotence to resist all things which are contrary to Thee, from Thine unsearchable Wisdom give me prudence to detect and avoid whatsoever may offend Thy pure Eyes, and of Thine overflowing Compassion grant me to cleave to Thee with such constant fidelity that I may never, in any the least point, swerve from Thy Adorable Will. Amen.

#### PRAYER TO JESUS.

**O** MOST Compassionate JESUS, full of pity and of mercy, Who despisest not the sighing of the wretched ; alas, my whole life is perished and gone without fruit, nor have I ever done any thing good in Thy sight. To Thee therefore, I betake myself, imploring Thy Clemency. Do Thou speak for me, do Thou satisfy for me.

III.]

Wash away all the defilement of my sinful eyes with the pure tears of Thy most Glorious Eyes.

By the sweet compassion of Thy Blessed Ears take away all the iniquity of my sinful ears.

By the pure intention of Thy most holy Thoughts, and by the ardent love of Thy pierced Heart, wash away all the guilt of my evil thoughts and of my wicked heart.

By the thrilling power of the sweet words of Thy Blessed Mouth, blot out all the offences of my polluted mouth.

By the perfection of Thy Actions and the crucifixion of Thy Hands, wash away all the offences of my impious hands.

By the painful weariness of Thy Blessed Feet, and by their cruel piercing with the nails, wash away all the defilement of my sinful feet.

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By the majestic innocence of Thy Life, and by Thy Unblemished Holiness, wash away the foulness of my corrupt life.

Finally, do Thou wash away, efface, extinguish all the sins of my heart and my soul in the abundant streams of Thy Most Precious Blood, that by Thy Most Holy Merits I may be thoroughly cleansed, and henceforward keep all Thy Commandments blameless. Amen.

AN OFFERING OF OUR  
DIVINE SAVIOUR'S  
THOUGHTS, WORDS,  
AND ACTIONS, IN  
ATONEMENT FOR OUR  
SINS.

O MY GOD, vouchsafe I beseech Thee, graciously to remember all those holy Thoughts which have been present to the mind of my LORD and SAVIOUR from the beginning of the world to this very moment,

and more especially His tender design of becoming Man for the redemption of the world ; pardon for their Merits' sake, not only all the evil thoughts and vain imaginations I have ever conceived in myself, but also those which I may have excited in the minds of others. Amen.

O MY GOD, I, a poor sinner, most humbly beseech Thee to remember all the Words of Salvation which ever fell from my SAVIOUR'S Sacred Lips, and for their Merits' sake forgive whatever I have at any time spoken displeasing to Thee, or what others, through my means, may have sinfully uttered. Amen.

O MY GOD, I plead before Thee all the good Works which my Divine SAVIOUR performed on earth for my Salvation, and that of the whole world, and be  
[PART

pleased, for their Merits' thoughts, words, and actions, now to pardon all my evil deeds, and whatever I have committed by the model of His against Thee. Own most Blessed Life. Mercifully direct all my Amen.

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LITANY.

**L**ORD, have mercy.

**CHRIST**, have mercy.

**LORD**, have mercy.

**O GOD** the **FATHER**, of Heaven,

**O GOD** the **SON**, Redeemer of the world,

**O GOD** the **HOLY GHOST**,

**O Holy Trinity**, One God,

**JESU**, Lamb of **GOD**, that takest away the sins of the world,

*Take away my iniquities and blot out my sins.*

**JESU**, Who camest to seek and to save that which was lost,

*Seek and save me a miserable sinner.*

**JESU**, Who art exalted to be a Prince and a **SAVIOUR**, to give repentance and remission of sins,

*Give me true repentance and remission of all my sins.*

**JESU**, Who invitest the weary and heavy-laden to come to Thee that Thou mayest give them rest,

*Give rest to my wearied soul.*

**JESU**, the True Light That lighteth every man that cometh into the world,

*Give me light.*

III.]

*Have mercy on me.*

JESU, Who art touched with a feeling of our infirmities,

*Have compassion upon me.*

JESU, Who having been tempted knowest how to succour them that are tempted,

*Succour me in all my temptations, and beat down Satan under my feet.*

JESU, Who of GOD art made unto us Wisdom and Righteousness, and Sanctification, and Redemption,

*Fill me with the graces which Thou seest to be most needful for me.*

JESU, Who ever livest to make intercession for us,

*Intercede ever for me, and let Thy Intercession be the stay of my heart, and my strength in every need.*

LORD, have mercy upon me.

CHRIST, have mercy upon me.

LORD, have mercy upon me.

OUR FATHER.

#### COLLECT.

O JESUS, Blessed Intercessor for Thy people, remember me in Thy Kingdom, and bear upon Thy Heart before Thy FATHER'S Throne, my wants, my necessities, my desires; and with the incense of Thine all-perfect and unceasing Intercession mingle these my poor prayers for Thy Love, for Thy Mercy's sake. Amen.

#### ANOTHER LITANY.

LORD JESUS, accept my prayer! I take refuge under the shadow of Thy Wings. O Thou  
[PART

SON of GOD, save me, and deliver me from all evil!

O CHRIST, hear me.

O CHRIST, graciously hear me.

JESUS, Who sittest on Thy Throne of Glory,  
SAVIOUR of the world,

JESUS, SON of GOD, only cause of my salvation,

JESUS, Good Shepherd, Who gavest Thy Life  
for Thy sheep,

JESUS, Advocate with the FATHER,

JESUS, Friend of sinners, full of love and  
grace,

JESUS, Gate of Heaven,

JESUS, Way of Eternal Life,

JESUS, Morning Star,

JESUS, Healer of our infirmities,

JESUS, Refuge of sinners,

JESUS, Comforter of the broken-hearted,

JESUS, Helper of Thy people,

JESUS, Lamb of GOD, that takest away the sins  
of the world,

*Hear me, O Lord.*

JESUS, Lamb of GOD, that takest away the sins  
of the world,

*Remit my sins, O Lord.*

O LORD JESUS CHRIST, SON of GOD, Who lovest  
sinners, and Who takest away their sins with  
Thy Precious Blood,

*Have mercy on me, and remit me my sins,  
O Lord.*

O LORD JESUS CHRIST, SAVIOUR of my soul, I  
put all my trust and confidence in Thee,

*Hear me, and remit me my sins, O Lord.*

III.]

*Have mercy on me.*

## COLLECT.

**O** LORD JESUS, Who sittest on the Throne of Thy Glory to judge the world in righteousness ; look down upon me in Thy mercy, I pray Thee, and in every hour of my need help me, and save me, for Thou, O JESUS, art my LORD and my GOD. And unto Thee belong honour, and glory, and thanksgiving, with Thy FATHER and our FATHER, and with the HOLY GHOST, now and for ever, world without end. Amen.

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## HYMNS.

*" God commendeth His Love toward us, in that, while we were yet sinners, Christ died for us."*

**M**Y soul ! what hast thou done for GOD ?  
 Look o'er thy misspent years and see !  
 Sum up what thou hast done for GOD,  
 And then what GOD hath done for thee.

He made thee when He might have made  
 A soul that would have loved Him more ;  
 He rescued thee from nothingness,  
 And set thee on life's happy shore.

He placed an Angel at thy side,  
 And strewed joys round thee on thy way ;  
 He gave thee rights thou couldst not claim,  
 And life, free life, before thee lay.

Had GOD in Heaven no work to do  
 But miracles of love for thee ?  
 No world to rule, no joy in Self,  
 And in His own Infinity ?

[PART



From out His glorious Bosom came  
His only, His Eternal SON,  
He freed the race of Satan's slaves,  
And with His Blood sin's captives won.

The world rose up against His Love :  
New Love the vile rebellion met,  
As though GOD only looked at sin  
Its guilt to pardon and forget.

No voice GOD's wondrous silence breaks,  
No Hand put forth His anger tells ;  
But He the Omnipotent and Dread  
On high in humblest patience dwells.

The SON hath come ; and maddened sin  
The world's Creator crucified ;  
The SPIRIT comes, and stays, while men  
His Presence doubt, His gifts deride.

And now the FATHER keeps Himself  
In patient and forbearing love,  
To be His creature's heritage  
In that undying life above.

Oh wonderful, oh dying thought,  
The Love that GOD hath had for thee,  
Spending on thee no less a sum  
Than the undivided TRINITY.

FATHER, and SON, and HOLY GHOST,  
Exhausted for a thing like this,—  
The world's whole government disposed  
For one ungrateful creature's bliss.

III.]

What hast thou done for GOD, my soul ?  
Look o'er thy misspent years and see ;  
Cry from thy worse than nothingness,  
Cry for His mercy upon thee.

*“ Christ pleased not Himself.”*

OH I could go through all life's troubles singing,  
Turning earth's night to day,  
If *self* were not so fast around me, clinging  
To all I do or say.

My very thoughts are selfish, always building  
Mean castles in the air ;  
I use my love of others for a gilding  
To make myself look fair.

I fancy all the world engrossed with judging  
My merit or my blame ;  
Its warmest praise seems an ungracious grudging  
Of praise which I might claim.

In youth or age, by city, wood, or mountain,  
Self is forgotten never ;  
Where'er we tread, it gushes like a fountain,  
And its waters flow for ever.

Alas ! no speed in life can snatch us wholly  
Out of self's hateful sight,  
And it keeps step, whene'er we travel slowly,  
And sleeps with us at night.

O miserable omnipresence, stretching  
Over all time and space,  
How have I run from thee, yet found thee reaching  
The goal in every race.

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Inevitable self! vile imitation  
Of universal Light,—  
Within our hearts a dreadful usurpation  
Of GOD's exclusive right!

O LORD! that I could waste my life for others,  
With no ends of my own ;  
That I could pour myself into my Sisters,  
And live for them alone !

Such was the life Thou livedst ; self abjuring  
Thine own pains never easing,  
Our burdens bearing, our just doom enduring,  
A life without self-pleasing.

*"In lowliness of mind let each esteem other  
better than themselves."*

O GOD, Whose thoughts are brightest light,  
Whose Love always runs clear,  
To Whose kind wisdom sinning souls  
Amidst their sins are dear !

Sweeten my bitter-thoughted heart  
With charity like Thine,  
Till *self* shall be the only spot  
On earth that does not shine.

Hard-heartedness dwells not with souls  
Round whom Thine Arms are drawn ;  
And dark thoughts fade away in grace,  
Like cloud-spots in the dawn.

How Thou canst think so well of us,  
Yet be the GOD Thou art,

III.]

Is darkness to my intellect,  
But sunshine to my heart.

We paint from self the evil things  
We think that others are ;  
While to the self-despising soul  
All things but self are fair.

Yes, they have caught the way of God,  
To whom self lies displayed  
In such clear vision as to cast  
O'er others' faults a shade.

Then mercy, LORD, more mercy still !  
Make me all light within,  
Self-hating and compassionate,  
And blind to others' sin.

I need Thy mercy for my sin ;  
But more than this I need,—  
Thy Mercy's likeness in my soul  
For others' sin to bleed.

'Tis not enough to weep my sins ;  
'Tis but one step to Heaven ;  
When I am kind to others, then  
I know myself forgiven.

Would that my soul might be a world  
Of golden ether bright,  
A Heaven where other souls might float,  
Like all Thy worlds, in light.

All bitterness is from ourselves,  
All sweetness is from Thee ;  
Sweet God, for evermore be Thou,  
Fountain and fire in me.

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*"Let Thy loving Spirit lead me forth into the land of righteousness."*

O H how the thought of GOD attracts  
And draws the heart from earth,  
And sickens it of passing shows,  
And dissipating mirth!

GOD only is the creature's Home,  
Though rough and strait the road ;  
Yet nothing less can satisfy  
The love that longs for GOD.

A trusting heart, a yearning eye,  
Can win their way above ;  
If mountains can be moved by faith,  
Is there less power in love ?

How little of that road, my soul,  
How little hast thou gone !  
Take heart, and let the thought of GOD  
Allure thee further on.

Dole not thy duties out to GOD,  
But let thy hand be free ;  
Look long at JESUS ; His sweet Blood  
How was it dealt to thee ?

The perfect way is hard to flesh ;  
It is not hard to love ;  
If thou wert sick for want of GOD,  
How swiftly would'st thou move !

Good is the Cloister's silent shade,  
Cold watch and pining fast ;  
Better the Mission's wearing strife,  
If there thy lot be cast.

III.]

Yet none of these perfection needs :—  
 Keep thy heart calm all day,  
 And catch the words the SPIRIT there  
 From hour to hour may say.

Then keep thy conscience sensitive ;  
 No inward token miss :  
 And go where grace entices thee ;—  
 Perfection lies in this.

Be docile to thine unseen Guide,  
 Love Him as He loves thee ;  
 Time and obedience are enough,  
 And thou a Saint shalt be.

### FOR A TIME OF TEMPTATION.

Ps. XIII. *Usque quo,* me, O Lord my God :  
*Domine ?* lighten mine eyes, that  
 I sleep not in death.

**H**OW long wilt Thou Lest mine enemy say,  
 forget me, O LORD, I have prevailed against  
 for ever : how long wilt him : for if I be cast  
 Thou hide Thy Face down, they that trouble  
 from me ? me will rejoice at it.

How long shall I seek But my trust is in  
 counsel in my soul, and Thy mercy : and my  
 be so vexed in my heart : heart is joyful in Thy  
 how long shall mine salvation.  
 enemies triumph over I will sing of the LORD,  
 me ? because He hath dealt

Consider, and hear so lovingly with me :

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yea, I will praise the Name of the LORD most Highest.

Glory be to the FATHER, &c.

Ps. CXLII. *Voce mea ad Dominum.*

**I** CRIED unto the LORD with my voice : yea, even unto the LORD did I make my supplication.

I poured out my complaints before Him : and showed Him of my trouble.

When my spirit was in heaviness Thou knewest my path : in the way wherein I walked have they privily laid a snare for me.

I looked also upon my right hand : and saw there was no man that would know me.

I had no place to flee unto : and no man cared for my soul.

I cried unto Thee, O LORD, and said : Thou art my hope, and my portion in the land of the living.

III.]

Consider my complaint : for I am brought very low.

O deliver me from my persecutors : for they are too strong for me.

Bring my soul out of prison, that I may give thanks unto Thy Name : which thing if Thou wilt grant me, then shall the righteous resort unto my company.

Glory be to the FATHER, &c.

Ps. CXLIII. *Domine, exaudi.*

**H**EAR my prayer, O LORD, and consider my desire : hearken unto me for Thy truth and righteousness' sake.

And enter not into judgment with Thy servant : for in Thy sight shall no man living be justified.

For the enemy hath persecuted my soul ; he hath smitten my life down to the ground : he hath laid me in the darkness, as the men

that have been long dead.

Therefore is my spirit vexed within me : and my heart within me is desolate.

Yet do I remember the time past ; I muse upon all Thy works : yea, I exercise myself in the works of Thy Hands.

I stretch forth my hands unto Thee : my soul gaspeth unto Thee as a thirsty land.

Hear me, O LORD, and that soon, for my spirit waxeth faint : hide not Thy Face from me, lest I be like unto them that go down into the pit.

O let me hear Thy loving-kindness betimes in the morning, for in Thee is my trust : show Thou me the way that I should walk in, for I lift up my soul unto Thee.

Deliver me, O LORD, from mine enemies : for I flee unto Thee to hide me.

Teach me to do the

thing that pleaseth Thee, for Thou art my GOD : let Thy loving SPIRIT lead me forth into the land of righteousness.

Quicken me, O LORD, for Thy Name's sake : and for Thy righteousness' sake bring my soul out of trouble.

And of Thy goodness slay mine enemies : and destroy all them that vex my soul ; for I am Thy servant.

Glory be to the FATHER, &c.

#### PRAYER.

O LORD JESUS CHRIST, my GOD, my SAVIOUR, Thou Who didst condescend so to abase Thyself as to take upon Thee my nature with all its infirmities and weaknesses ; and more than this, didst even stoop so low as to suffer Thyself to be tempted as I am, yea, even in all things tempted beyond all that we can ever know or conceive ; Thou the Sinless One,

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the All-holy ! have mercy on me. Thou didst know the fearful sight, and sense, and breath of sin, and even the very author of sin came so near Thee, that Thou didst in Thy very Sacred Soul and Body suffer and strive in overcoming him and his temptations. O my LORD, I can only bow down in humblest silence at the thought of this amazing mystery. But I believe, O my GOD, I believe it, and that Thou didst endure such sufferings for my sake, that Thou mightest succour me who am tempted.

Wherefore I come to Thee now, O my JESUS, in this my hour of trial and dark temptation. I would come in lowliest self-abasement, for I am a sinner, poor and miserable, corrupt and wretched, and temptations can find a response in such as I am. LORD, I abhor them.

But, Thou hast made  
III.]

me hate all sin, the very least ; however much it may belong to my lower nature. I hate it—and this temptation is abhorrent to my soul. I would not for one moment consent to it, or allow it. But I am weak and frail, and the Evil one is so strong—I am well-nigh overwhelmed.

O LORD, come Thou now, I pray Thee, to my succour, let me not be tempted above that I am able to bear. I plead before Thee Thine Own Temptations in the Wilderness, Thine Agony and Bloody Sweat ; I plead Thy most merciful promise to me, Thy Love unchanging—O look on me in pity, and help me. Be Thou my Support, my Strength, my Protector. Hold Thou me up, and I shall be safe. I am weary, LORD, and my spirit sinks within me ; the way is so long, the battle is so sore, the burden is so heavy, the

sight is so hateful, so terrible, the darkness is so thick—I cannot see Thee, I cannot feel Thee, mine eyes fail for looking upwards. O LORD, have mercy on me!

But I believe in Thee, I trust Thee, I love Thee, my own LORD, Holiest, Dearest SAVIOUR, I cling to Thee—though Thou shouldst slay me, yet will I trust Thee.

It is difficult for me to see how I may glorify Thee in this, yet I would even now by patient waiting on Thee strive to glorify Thee.

Forgive, I beseech Thee, my impatience, my want of trust, my waywardness, all to which I may have consented or yielded even for a moment, in thought, word, or deed—I renounce all, I hate and abhor all, my whole being mourns within me. I beseech Thee, forgive me, and blot out every

stain this temptation may have left on my soul, as I lay me down at Thy Feet in deepest humility.

O do Thou reveal Thyself to me, speak to me, give me the grace I so need; I will go forth, O my LORD, in the sweet assurance of Thy Unchanging Love.

Let me feel within me renewed strength. Let me be stirred by the quickenings of Thy Presence, for even in darkness Thou wilt not fail me, nor forsake me. It is Thyself coming to me, on the dark and troubled waters. I will go forth, O my GOD, in the one thought to do and bear all Thy Holy Will, choosing nothing of myself, only begging Thee to keep me from ever again grieving Thee.

O LORD JESUS, shelter me from the Evil One, hide me in Thy Sacred Wounds, defend me, sustain me, bless me, save me. Amen.

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ANOTHER.

**O LORD JESUS CHRIST**, Who, knowing all things, knowest that I love Thee, to Whom I have given myself, my soul, and my body by an everlasting covenant. Thou knowest all my weakness. Thou seest how sorely I am tempted, and how often and how easily I yield to my temptations. Have mercy upon me, I pray Thee, and pity me, give me the Grace and the Strength to strive against this evil, this fierce temptation. O grant that Thy Strength, Thy Grace, which is sufficient for me, may be made perfect in my weakness; that I may go forth in Thy might, O LORD my GOD, and overcome the Evil One, making mention of Thy Righteousness only. Be with me now, Blessed JESUS, in my day of trial, and defend me that I sin not, for Thine  
III.]

own Merits' sake, Who with the FATHER and the HOLY SPIRIT livest and reignest, One GOD forever and ever. Amen.

ANOTHER.

**GLORIOUS**, Mighty, and most Merciful GOD, deliver me, I pray Thee, from the snares of the enemy, and grant me the protection of Thy Right Hand, that my soul be not overpowered by the sudden onset of the roaring lion, lest that cruel one should slay me when there is none to help, lest he should overcome me when there is none to save. O Thou Lion of the tribe of Judah, arise in Thy wrath, and by the severity of Thy Judgments destroy the hosts of the subtle Enemy, and vouchsafe that I may never be turned away from Thy statutes, but may steadfastly hold and ever abide in all which Thou hast commanded, Who livest and

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reignest in the Unity of the FATHER, and the HOLY SPIRIT, GOD to all ages of ages. Amen.

into Thy courts with joy, Who livest and reignest with the FATHER and the HOLY SPIRIT, GOD, for ever and ever. Amen.

## ANOTHER.

**S**HINE on me, O LORD, as I rest this night in Thee, and grant that my hands stretched out in prayer to Thee, may show forth Thy Cross before Thine Eyes, and that I, having Thee with me, Who art the Light of the Gentiles and the Glory of Thy people Israel, may not fear the Tempter that walketh in darkness. If Thou vouchsafe Thy Grace the enemy will depart, if Thy mercy return to me, he will be turned from the sword of his anger. Let me not be delivered, O LORD, into the jaws of the wolves, nor condemned to the teeth of the lions; but grant me in the congregation of Thy Saints to enter into Thy gates with thanksgiving, and

## ANOTHER.

**O** LORD Almighty, O GOD of Israel, my soul that is tempted, and my spirit that is vexed, crieth unto Thee. Hear Thou then my crying, O GOD, give ear unto my prayer; have mercy, for Thou art merciful, have pity upon me, for I am in trouble. O set me upon the Rock that is higher than I, that my footsteps slip not; and be Thou my Hope, and a strong Tower against my oppressor, for Thou endurest for ever, O LORD. But unless Thou have mercy, I utterly perish, therefore have mercy, O Thou most Merciful, even for JESUS CHRIST my SAVIOUR, my Redeemer's sake. Amen.

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## ANOTHER.

O LORD JESUS, I beseech Thee, by that love wherewith Thou didst choose the hearts of Thine Elect ones, freed from every earthly affection, to be Thine Own exclusive abode, and didst fill them with all Spiritual Gifts, vouchsafe to deliver me from this fierce temptation, through Thine

Own Merits and Intercession. Amen.

## EJACULATION.

O GOOD JESU, Thou wert tempted like as I am, shelter me from the Evil one, shed the dew of Thy Love upon me to calm my soul, and let me feel Thee dwelling within me. Amen.

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 HYMNS.

*"Let patience have her perfect work."*

DID I ask for the wings of a dove  
That impatient from grief I might flee?  
Did I ask to be soaring above,  
Uncalled, LORD, unbidden by Thee?  
Unwilling to suffer below,  
Am I weary of bearing Thy Will?  
Would I hasten from labour and woe,  
Nor wait Thy designs to fulfil?

Forgotten the privilege given,  
To suffer for Him I adore,  
Would I fly uninvited to Heaven,  
Because I would struggle no more?

III.]

Ah! cowardly feeling away!  
Far from me the impatient desire!  
My God! I am willing to stay,  
And bear all Thy will may require.

Now had I the wings of a dove,  
I'd remain in the place where I am,  
I would fold them in meekness and love,  
And wait till my summons should come.  
When Thou, from Thy Throne in the skies,  
Shalt invite Thy poor servant to flee,  
In a moment expanded they'd rise,  
And bear me—how swiftly!—to Thee.

*“Count it all joy when ye fall into divers temptations.”*

FEVER, and fret, and aimless stir,  
And disappointed strife,  
All chafing unsuccessful things,  
Make up the sum of life.

Love adds anxiety to toil,  
And sameness doubles cares,  
While one unbroken chain of work  
The flagging temper wears.

Voices are round me; smiles are near;  
Kind welcomes to be had;  
And yet my spirit is alone,  
Fretful, outworn, and sad.

A weary actor, I would fain  
Be quit of my long part;  
The burden of unquiet life  
Lies heavy on my heart.

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Sweet thought of GOD! now do thy work,  
As thou hast done before;  
Wake up, and tears will wake with thee,  
And the dull mood be o'er.

The very thinking of the thought,  
Without or praise or prayer,  
Gives light to know, and life to do,  
And marvellous strength to bear.

Oh! there is music in that thought,  
Unto a heart unstrung,  
Like sweet bells at the evening-time,  
Most musically rung.

'Tis not His Justice, or His Power,  
Beauty, or blest abode,  
But the mere unexpanded thought,  
Of the Eternal God.

It is not of His wondrous works,  
Nor even that He is;  
Words fail it, but it is a thought,  
Which by itself is bliss.

Sweet thought! lie closer to my heart,  
That I may feel thee near,  
As one who for his weapon feels  
In some nocturnal fear.

I bless Thee, LORD! for this kind check,  
To spirits overfree,  
And for all things that make me feel  
More helpless need of Thee.

*"I abhor myself and repent in dust and ashes."*

**I**S this returning life that thrills  
So sensibly in all my veins?  
Can this be heavenly joy that fills  
My soul with such mysterious pains?

I see but indistinctly yet,  
Forms growing like to what I knew;  
One sun is rising, one is set,  
But which of these two suns is true?

Within my soul there hath been strife;  
I hear retreating voices rave;  
This stirring in me must be life,  
But life on which side of the grave?

O LORD! what hast Thou done to me?  
What marks are these my spirit bears?  
Why didst Thou come so frighteningly,  
Why take me, LORD! so unawares?

I felt Thy touch; self died,—alas!  
Only a momentary death;  
Ah me! how quickly Thou didst pass—  
Within the breathing of a breath!

But in that momentary sleep  
One work within me hath been done;  
For somehow I have sunk more deep,  
Farther into my soul have gone.

Thy touch hath made me sensitive;  
I long to burrow out of sight;  
My shame, self-seen, abhors to live,  
Humbled by such excess of light.

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There have been times when sense of sin  
 Hath laid my spirits very low ;  
 Yet this sharp light went deeper in :  
 I never yet was humbled so.

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## A CONFESSION, WHEN UNABLE TO GO TO A PRIEST.

**O** LORD God, Who thought, word, and deed,  
 lightenest every especially . . . . [*Here  
 man that cometh into may be made the Con-  
 the world, let Thy Grace fession as though the  
 shine into my heart, Priest were present.*]  
 that I may fully know For all these my sins, for  
 all my shortcomings and those I have forgotten,  
 my sins, and may con- and for those I know not  
 fess them with true sor- of, I most earnestly re-  
 row and contrition, and pent. I detest and ab-  
 may renounce them, hor them, and with the  
 and amend my life, to Help of GOD I will ut-  
 Thy honour and glory. terly forsake them, and  
 Amen. in deepest humility and  
 contrition I beg of Him

**I** CONFESS to GOD, to pardon them and blot  
 the FATHER Al- them out, for JESUS  
 mighty, to His Only CHRIST's sake. Amen.  
 SON JESUS CHRIST our  
 LORD, and to GOD the  
 HOLY GHOST, and before  
 the whole company of  
 Heaven, that I have  
 sinned exceedingly in  
 III.]

*Then say Ps. li.*

**A**LMIGHTY and ever-  
 lasting GOD, Who  
 hatest nothing that

Thou hast made, and dost forgive the sins of all them that are penitent; create and make in me a new and contrite heart, that I worthily lamenting my sins, and acknowledging my wretchedness, may obtain of Thee, the God of all Mercy, perfect remission and forgiveness, through JESUS CHRIST our LORD. Amen.

O JESU, unfathomed depth of Loving Pity, by Thy Wounds in all their depth, which

pierced even to Thy Heart and the Marrow of Thy Bones, raise me out again from the floods of my sins, and hide me in the opening of Thy Wounds, O LORD, from the Presence of Thine Anger, till it be passed by! Amen.

LORD, have mercy.

CHRIST, have mercy.

LORD, have mercy.

Our FATHER.

THE Grace of our LORD, &c.

## A CONFESSION AFTER FALLING INTO A SIN.

O LORD, behold what I have of myself I have done, and what indeed but sin can ever come forth from me when I live to myself alone? I have . . . . [*Here confess the sin.*] Nor even here, LORD, should I have stopped, if Thy Goodness had not withheld me! But, O LORD, I grieve with my whole heart, that I have offended Thee. Spare me then, Thou that art my SAVIOUR, and pity me. Amen.

[PART

*Then say Ps. li. or Ps.  
cxxx.*

**O** LORD, my Physi-  
cian, Who by Thy  
Stripes didst heal our  
sicknesses: heal my soul,  
for I have sinned against  
Thee.

O most pitiful JESU,  
I implore Thee by that  
Precious Blood, which

it was Thy Will to shed  
for sinners, wash away  
this my iniquity, and  
look Thou upon me in  
my misery and unwor-  
thiness, and forgive me  
all my sin. Amen.

**O**UR FATHER, &c.

**T**HE Grace of our  
LORD, &c.



# MANUAL OF DEVOTION

*for Sisters of Mercy.*



# MANUAL OF DEVOTION

FOR

SISTERS OF MERCY.

IN TWO VOLUMES.

VOL. I.

Second Edition.



PART IV.

ON THE HOLY COMMUNION.

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# MANUAL OF DEVOTION.

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## PART IV.

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### ON THE HOLY COMMUNION.

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#### DURING THE CELEBRATION.

*(When not communicating.)*

#### No. I.

##### PREPARATORY PRAYER.

**O** ALMIGHTY Everlasting GOD, believing as Thy Church has ever taught, that this Holy Sacrifice of the Eucharist, instituted by Thy Only-begotten SON, is infinitely pleasing to Thy Divine Majesty, and renders Thee an infinite worship and praise, and that by It alone we can worthily and adequately worship and praise Thee : I, impelled by an  
PART IV.]

ardent desire of Thy Honour and Glory, draw near to Thy Altar, with the utmost devotion of which I am capable. I would unite myself with Thy Priest in offering this most Holy Oblation to Thee in union with all those which shall be this day offered in every part of the world.

Grant to me, and to all those who are here present with me, that

B

we may join in this most sacred action with reverence and devotion, so that we may have our full fruition in its fruit and effect.

I confess to Thee, O Almighty GOD, all my sins, and I lay them on Thy Sacred Altar, that they may be entirely blotted out by the Merits of the precious Death and Sacrifice of Thy SON. Do Thou deign to grant me this grace, by that Love which held back Thy Hand from smiting when Thy most Beloved SON, Thy only SON, was slain by the hands of wicked men. Amen.

PRAYER TO OUR DIVINE  
LORD.

**O** MOST loving LORD JESUS CHRIST, I beseech Thee by all the Love of Thy most tender Heart, that Thou wouldst vouchsafe to offer for me all that perfection wherewith Thou didst stand arrayed in the presence of GOD

the FATHER, when Thou didst ascend on high to enter into Thy Glory; and through Thy sinless and unspotted Manhood to render my polluted soul pure and free from every sin, and through Thy Most Glorious Divinity to endow and adorn it with every virtue, and through the virtue of that Love, which has for ever united Thy Supreme Divinity to Thine Immaculate Humanity, to furnish it befittingly with Thy best gifts. Amen.

AT THE OFFERTORY.

**L**OOK down, O tender FATHER, from the throne of Thy Majesty, and from the lofty dwelling-place of Thy Heavens, upon this Oblation which our holy Mother the Church, Thy Bride, offers to Thee by the hands of Thy Priest; that Thou mayest be appeased for our manifold transgressions. Accept, I beseech Thee, the Sacrifice which the Priest,

[PART

Thy servant, offers to Thee, the living and true God, in union with all the merits of Thy most Beloved SON, for my innumerable sins, offences, and negligences, and for all the Faithful, living and departed, that to them and to me it may avail for salvation unto eternal life. Amen.

#### AT THE PREFACE.

**O** MOST compassionate JESUS, I adore Thee, I praise and magnify Thee in union with that transcendent Oblation of praise, which in Thy Holy Humanity Thou dost unceasingly offer before the most Holy and adorable Trinity: which flows down thence upon the most Blessed Virgin Mary and upon all Saints and Angels, who adore Thy glorious Majesty with ceaseless and unutterable canticles, and show forth Thy praise in rapturous accord; with whose voices we beseech Thee to per-  
iv.]

mit ours to blend, saying in lowly acknowledgment, Holy, Holy, Holy, &c.

#### BEFORE THE CONSECRATION.

**O** INEFFABLE God, we are now drawing near to those tremendous Mysteries which neither Cherubim, nor Seraphim, nor all the Virtues of Heaven, suffice to comprehend; for Thou alone knowest with what energy of love Thou dost offer Thyself to God the FATHER upon the Altar as a Victim of praise and propitiation. And therefore all Choirs and Orders of Angels adore this Thy most sacred and impenetrable secret with lowliest prostration, and behold with awe their King and their LORD, Who once came down from Heaven in unutterable love to redeem man, and is now again mysteriously present upon the Altar, hidden beneath the mean

and lowly species of Bread and Wine for the salvation of men.

O good JESUS, this work which Thou art now about to work is so transcendently adorable that I dare not even look up to Thee from the depth of my nothingness. Wherefore I bury myself in the lowest, deepest valley of humiliation I can find, and there await the portion of Thy substance that falleth to me; for salvation goeth forth from Thee upon all Thine Elect.

I pray Thee, grant to this Thy Priest that he may with due reverence handle Thee and offer Thee, so that this Oblation may have its fullest force and efficacy on the living and departed. Amen.

## The Consecration.

### AFTER THE CONSECRATION.

**H**AIL, Sweetest JESUS, prostrate in lowliest devotion, I worship, and adore Thee.

O JESUS, have mercy on me!

O Good JESUS, spare me!

O most Compassionate JESUS, be merciful to me a sinner!

Hail, most Precious Blood of my LORD, prostrate in lowliest devo-

tion, I worship and adore Thee.

O Sacred Blood, wash me!

O Roseate Blood, cleanse me!

O most Precious Blood, cry for me unto GOD the FATHER, that He may have mercy on me!

### FOR THE SAME.

**H**AIL! for evermore, most Holy and Precious Body!

[PART



Hail! for evermore,  
most Holy and Precious  
Blood of our LORD JE-  
SUS CHRIST!

Hail! Saving Victim  
for the salvation of man-  
kind, offered on the altar  
of the Cross.

Hail! most sufficient  
Sacrifice!

Hail! most sweet Re-  
freshment!

Hail! JESU CHRIST!

Hail! Redeemer of  
the world; inestimable  
glory of all the Elect,  
Who, for us miserable  
sinners, didst vouchsafe  
to take upon Thee this  
Flesh from the most  
pure Virgin Mary, and  
to shed forth this Blood  
from Thy Side, whilst  
hanging on the Cross.  
Purify me, sanctify me,  
direct me in the way of  
eternal salvation. And  
as in this Sacred Mys-  
tery Thou art present  
under the form of Bread  
and Wine, so be present  
in me, and conform me  
wholly to Thy grace.  
Amen.

iv.]

O LAMB of GOD, have  
mercy on me, and  
offer Thyself to GOD the  
FATHER with all Thy  
Humility and all Thy  
Patience, in satisfaction  
for my sins.

O Lamb of GOD, have  
mercy on me, and offer  
Thyself to GOD the FA-  
THER with all the bitter-  
ness of Thy Passion,  
for my reconciliation to  
GOD.

O Lamb of GOD, have  
mercy on me, and offer  
Thyself to GOD the FA-  
THER with all the love  
of Thy Divine Heart, for  
the supply of all my ne-  
cessities. Amen.

#### PRAYER.

O MOST Holy FA-  
THER, now that  
Thy Only-begotten SON,  
Who deigned to become  
a Sacrifice and propitia-  
tion for our sins is here  
truly present upon the  
Altar, I offer Thee His  
Most Holy Body and  
Blood, His Humanity,  
and His Divinity, His

Virtues and His Perfections, His Passion and Death, in union with that love with which He once offered Himself to Thee upon the Cross, and now offers Himself to Thee on the Altar. And in union with this Sacrifice, and with all those which are offered to Thee all over the world, accept, I beseech Thee, this Oblation, O Eternal FATHER, through Thy Beloved SON, in the power of the HOLY GHOST, to Thy supreme Praise and Glory, in acknowledgment of Thy supreme Majesty and Dominion, and in Thanksgiving for all the benefits and graces Thou hast ever bestowed on any creature, and in full reparation of every injury or insult ever offered to Thee by any whom Thy Hands have made.

Accept It, O LORD, on behalf of myself, a most miserable sinner, and of all my friends,

whether in the order of nature or of grace [especially N.,] and of all Thy Faithful, living and departed [especially N.] and in Thanksgiving for all the benefits and Graces which Thou hast ever bestowed on our bodies and souls. Through the virtue of this Oblation impart to us all the Grace needful for us, to turn away from us all evil of body and of soul which might hinder our Salvation, and to grant us perfect and entire remission of all our sins and negligences. For all these ends, I offer Thee all the Love with which JESUS CHRIST Thy SON our LORD has ever loved Thee, and all the satisfaction He has made to Thee for our sins. Through Him and with Him and in Him be all Honour and Glory unto Thee, O GOD, FATHER Almighty, in the Unity of the HOLY GHOST, for ever and ever. Amen.

[PART

## OBLATION.

**O** JESUS, my God,  
my SAVIOUR, Very  
God and Very Man, I  
adore Thee really pre-  
sent in this Holy Sacra-  
ment.

O Precious Blood of  
JESUS CHRIST, shed on  
the Cross for the Sal-  
vation of all mankind,  
and now poured out on  
the Altar, drop on my  
heart, my hands, my  
feet, and wash them.

Behold, O LORD JE-  
SUS, my will, my under-  
standing, my memory,  
my thoughts, my desires,  
my affections, my ac-  
tions ; cleanse all, for all  
is soiled ; purify all, for  
all is corrupt ; heal all,  
for all is sick. Change me  
wholly by Thy Adorable  
Virtue, so that I may  
become meet to be united  
to Thee, O JESUS, sanc-  
tify me, adorn me, feed  
me, save me, crown me.  
Amen.

## ANOTHER.

**O** JESUS, my God,  
my All, behold me  
IV.]

Thine for ever, receive  
my whole being, my will,  
my understanding, and  
all the powers of my  
soul and spirit. Thou  
gavest them, and to Thee  
I devote them. O let  
me retire in spirit as  
in body for ever from  
the world, and take Thy  
Hidden Life for the rule  
and copy of mine. Give  
me grace to honour Thy  
Silence on our Altars by  
a constant spirit of holy  
recollection and prayer,  
Thy Poverty, Obedience,  
and adorable Sanctity  
by detachment from all  
things. Above all, O  
Living Bread of Eternal  
Life, remove all obstacles  
to my frequently receiv-  
ing Thee, and grant me  
so tender a devotion to  
this Holy Mystery, that  
I may live in Thee, and  
Thou in me for ever.  
Amen.

PRAYER TO GOD THE  
FATHER.

**O** MOST Loving FA-  
THER, in union with  
that love wherewith Thy

SON offered Himself once upon the Cross, and now offers Himself to Thee upon the Altar, I offer Him to Thee for the welfare and salvation of all Thy whole Church. Look upon His Virgin Flesh, once so cruelly torn by the scourges, bruised with blows and buffetings, defiled with spittings, besmeared with Blood, pierced with the thorns, swollen and livid with stripes, torn by the nails, rent with the lance.

May that pity which drew Him down from heaven and sweetly constrained Him to sacrifice Himself on the Cross, and constrains Him now to offer Himself to Thee upon the Altar; may that same pity move Thee now, O FATHER, to have mercy on us. Amen.

PRAYER TO GOD THE  
SON.

O LORD JESUS, inflame my heart with the fire of Thy Love,

and extinguish all the flames of earthly love, that nothing in this world may please me, except in Thee. In Thy love I earnestly desire to live, and, when it pleases Thee, to die.

O LORD JESUS, Thou waitest for me with Arms extended on the Cross. Lo, I come, O JESUS! receive me, I beseech Thee, and grant that I may always remain united to Thee in the embraces of Thy Love.

O LORD JESUS, receive the gifts of Thy goodness, the powers of my soul, my memory, my mind, my will, that I may remember Thee alone; know nothing out of Thee; love nothing besides Thee; and that, in all things, not my will, but Thine may be done. Amen.

PRAYER TO GOD THE  
HOLY GHOST.

O HOLY GHOST, One and true GOD with

[PART

the FATHER and the SON, by Whose regenerating Power we are made members of JESUS CHRIST, and sons of His Church, to Thee I now offer my heart and my whole self; all I have, and all I do, I humbly devote and consecrate to Thee.

Purify, I pray Thee, by the infusion of Thy Gifts and Grace, my senses and my heart, that I may ever serve Thee with a chaste body and please Thee with a pure heart.

Prevent and follow me, I beseech Thee, and make me ever to be given to all good works in union with the most holy works and merits of JESUS CHRIST. And as He, conceived by Thy overshadowing, became to us a SAVIOUR, and by Thy Same Power is here present veiled in Ineffable Mystery, so may I feel my weakness strengthened and my necessities supplied by Thy Grace and Love, and my life  
IV.]

made perfect by His Infinite Merits. Amen.

#### ACTS OF ADORATION.

**H**AIL, Most Glorious Body and Most Precious Blood of my LORD JESUS CHRIST, here truly present beneath these Sacramental Species: I would adore Thee with all that devotion and awe wherewith the Nine Choirs of Angels worship and adore Thee. I prostrate myself before Thee in the spirit of humility, believing and professing that Thou, my LORD and my GOD, art herein most truly contained.

Hail, Most Glorious Body of JESUS CHRIST my SAVIOUR, true Victim slain upon the Cross, I adore Thee in union with that adoration with which Thy Humanity adored Thy Godhead, and I give Thee thanks with all the love of all Thy creatures, that Thou dost deign to remain

thus hidden for our salvation.

Hail, Compassionate JESUS, Word of the FATHER, Brightness of His Glory, Ocean of Pity, Salvation of the world, most August and Sacred Victim. Hail, JESUS CHRIST, Splendour of the FATHER, Prince of Peace, Gate of Heaven, True Bread, SON of the Virgin, Shrine of the Godhead, Thyself GOD.

I most firmly believe that Thou, my GOD, art here present, and that Thou art looking out upon me from behind the Veil of the Sacrament, and dost behold all the most secret recesses of my heart. I believe that under these Sacred Forms of Bread and Wine are contained not only Thy Flesh and Thy Blood, but also Thy Divinity and Thy Humanity.

I fall down before Thee with most profound reverence, and with Angels and Archangels, with

Thrones and Dominions, with Cherubim and Seraphim, and with all the glorious array of the Heavenly Host, I sing to Thy Glory, saying: Blessed a thousand, yea, ten thousand fold, be the most Holy Sacrament of the Altar!

O Thou most intimate and tender Love of the FATHER'S Heart, I give Thee thanks, in union with the mutual thanksgiving and gratitude of the Three adorable Persons of the Glorious and most Worshipful Trinity, that Thou hast condescended to institute this priceless Sacrament in which Heaven and Earth are made one, and both are unceasingly filled with the infinite treasures of Thy Grace.

I glorify and magnify Thy Almightyness; I praise and adore Thy Wisdom; I bless Thee for Thy Love, O CHRIST JESUS, for that Thou hast condescended to devise and hast willed to insti-

[PART

tute this ineffably glorious Sacrament to be the Strength and the Succour of our Salvation.

O CHRIST JESUS, Thou faithful and only Consolation of my soul, I praise Thee, I love Thee, I worship and adore Thee; and I humbly implore Thee, that as Thou didst offer Thyself once upon the Cross for the sins of the whole world, so Thou wouldest now deign to offer Thyself to GOD the FATHER for my exceeding sins.

O CHRIST JESUS, my sweetest and only Love, look with the eyes of Thy compassionate mercy on me, a most miserable sinner, here prostrate before Thee and imploring with my whole heart the forgiveness of my sins.

O Thou Princely Flower from the Root of Jesse, by the unutterable love of Thy most sweet Heart, have mercy on me, and receive me  
[iv.]

into Thy favour, for the glory of Thy Name.

O most loving FATHER, I offer to Thee, this Thy beloved SON, as a holocaust of unceasing praise, and as a perpetual Sacrifice of propitiation for all our sins. Look, I beseech Thee, on the Face of Thy CHRIST, and remember that most abundant satisfaction which He made to Thee for our sins on the Cross, and have mercy on us. Amen.

#### ANOTHER.

I ADORE Thee, I praise and magnify Thee, O JESUS CHRIST, my LORD. I bless Thee and give thanks to Thee, Thou SON of the living God, Who, according to the will of the FATHER, and with the co-operation of the HOLY GHOST, didst once vouchsafe to be conceived in the most chaste Womb of the Blessed Virgin Mary, and to be made Man,

partaker of my passible flesh and blood. O good JESUS, with what priceless and incomprehensible Love hast Thou loved me, that Thou, the LORD of highest Majesty, shouldst condescend to empty Thyself, taking the form of a servant! Thou, my God, art become my Brother! And what can I render Thee for this Thy Compassion and Thy tender Mercy. Behold, I offer Thee now my body and my soul for Thine Everlasting Praise and Glory.

I give Thee thanks for Thy most Sacred Nativity, when Thou didst come forth from the Womb of the Virgin Mary, a tender Infant in a stable, on a rough and bleak winter's night. Hail, Thou sweetest Babe; hail, Thou King of Glory, Light of the nations, SAVIOUR so long desired, Who didst not disdain to be wrapped for me in swaddling clothes, to be swathed with bands,

to be laid on straw in a manger, and to draw Thy sustenance from the Virgin's breast.

I give Thee thanks for Thy painful Circumcision, for Thy Manifestation to the Gentiles and the bright star with which Thou didst bring them to Thy Feet, for Thy presentation in the Temple, for the flight into Egypt, and for all the privations and sufferings Thou didst endure in Thy most Holy Infancy, Thy Childhood, and Thy Youth.

I give Thee thanks for the Sacred Baptism which Thou, the Creator of Heaven and Earth, didst so humbly receive from Thy servant John, for the Fast of forty days and forty nights wherewith Thou wast afflicted and exhausted in the Wilderness, and for all the foul temptations wherewith Thou didst not refuse to be assailed by the Devil.

I give Thee thanks

[PART



for Thy saving doctrine, for the miracles Thou didst work, and the benefits Thou didst bestow on the world, for Thy journeyings, Thy labours, and Thy sorrows, for the hunger and the thirst, the cold and the heat, Thou didst endure, and for the manifold persecutions wherewith Thou didst deign to be harassed for my salvation.

I give Thee thanks for that marvellous condescension wherewith Thou, their Meek and Lowly Master, didst kneel to wash Thy Disciples' feet, and wipe them with a napkin.

I give Thee thanks for the Institution of the Adorable Sacrament of the Eucharist, in which, with most amazing liberality and unutterable love, Thou hast devised the means whereby to give Thyself continually to us. Amen.

Glory be to the FATHER, &c.

#### AT THE BLESSING.

O GOOD JESUS, may Thine Omnipotence bless me; may Thy Wisdom teach me; may Thy Sweetness fill and pervade me; may Thy Goodness draw me and unite me to Thee for ever. Amen.

#### PRAYER.

O ALMIGHTY Love, I praise Thee; O most ravishingly sweet Love, I glorify Thee; O most gentle and tender Love, I magnify Thee in and for all the good which Thy most Glorious Godhead and Thy most Blessed Humanity have ever wrought in us, or shall hereafter work in us, through the love of Thy Divine Heart and the infinite merits of Thy Passion. Amen.

## DURING THE CELEBRATION.

*(When not communicating.)*

## No. II.

✠ **I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

the sweetness of Thy dearest Presence. Amen.

WHILE THE ALTAR LIGHTS ARE LIGHTED.

## PREPARATORY PRAYER.

**O** LORD JESUS, art Thou then indeed really coming to visit us? I thank Thee for bringing me here, to Thy dwelling-place. Bless me, gracious LORD, as I attend upon Thee, and join myself to the act of Thy Priest in offering the Eucharistic Sacrifice. Purify my thoughts, that I may behold Thee coming from Thy heavenly seat. Give me a deeper knowledge of Thy sufferings on Calvary. Look upon me from Thine Altar-Throne. Reveal to me more and more of Thy wondrous love, and fill my longing soul with

**O** LORD JESUS, true "*Lamp of my feet,*" and "*Light of my paths,*" shine with Thy sweet lustre upon me, now seeking Thee, O Thou "*Sun of Righteousness,*" Thou "*Morning Star,*" and so dazzle me with Thy exceeding brightness, that from henceforth all may be dead to me, but that which shines in the splendour of Thy Divine Light. Amen.

AT THE COMMANDMENTS.

**O** ALMIGHTY, Eternal LORD GOD, Who in thunderings and fire didst give the Law to

Thy people Israel, I confess that I have sinned exceedingly against Thy awful Majesty: and I should fear and tremble before Thy Presence, could I not plead before Thee the love of Calvary, while I remember the terrors of Sinai. I have sinned, O my God, I have sinned, I have in many ways transgressed Thy holy Law, which now again is sounding in my ears. I am guilty; I do not hide my guilt, but I plead the merits of JESUS my SAVIOUR before Thee. Fill me with deepest contrition, I beseech Thee, and by virtue of this Sacrifice about to be offered in commemoration on this Altar, cleanse me from all my sins, have mercy upon me, and speak peace to my soul. Amen.

## AT THE GOSPEL.

**H**AIL, sweet message of Peace; hail, Wisdom of God, Word of  
14.]

JESUS. Sink into my heart, and light up in it Thy deep love. Gospel of CHRIST, glad tidings of great joy, make me wise unto salvation. Amen.

## AT THE OFFERTORY.

**O** LORD, all I am and have comes from Thee; Thine I am, and to Thy service I am dedicated. Receive, I pray Thee, the renewed offering of myself, and grant that I may become more and more fitted to be offered to Thee. Amen.

**O** LORD JESU, Who for my sake wast led as a lamb up the steep and painful ascent of Calvary, to be offered for me on the Altar of Thy Cross: by the bitter Agony that filled Thee then, have mercy upon me. Amen.

**O** LORD JESUS, when Thou didst reach the summit of Calvary,

Thy Godhead was veiled with woe and contempt, Thou didst appear only as a criminal and a sinner. Beneath these forms of Bread and Wine veiled upon the Altar may I see Thee, my JESUS, as Thou wert covered with my sins on Calvary. By Thine Agony of Soul at that hour, have mercy upon me. Amen.

#### AT THE COMFORTABLE WORDS.

**L**ORD JESUS, though I feel the weight of my sins too heavy for me to bear, I need not fear, for Thou, true Lamb of GOD, hast taken upon Thyself all my sins, and bearest them for me.

O Love of GOD the FATHER, manifesting Thyself in Thy Only-begotten SON, let me never leave Thee; bring me to everlasting life.

JESUS, SAVIOUR of sinners, Advocate with GOD the FATHER, have mercy upon me. Amen.

#### AT THE SANCTUS.

**L**ORD JESUS, King of Angels, look upon me, Thy child, bowing down to adore Thee. My soul thirsteth to be filled with Thee. In flame me with longing desires for Thy courts above, where the sound of Thy praise shall never die away. Grant that this high song of Thy Church on earth may be to me but a foretaste of the everlasting hymn which rings on unceasingly before Thy heavenly Throne. And now with Thine Angel Host I worship Thee, with Angels and Archangels I cry aloud to Thee, Holy, Holy, Holy, LORD GOD of Hosts, Heaven and earth are full of Thy glory. Glory be to Thee, O LORD most high. Amen.

#### BEFORE THE CONSECRATION.

**R**EVEAL Thyself, O LORD JESUS, that I may behold Thy beauty;  
[PART

reveal Thyself, that I may be filled with Thy sweetness. Come, LORD JESUS, Firstfruits of the new creation, accomplish now this perfection of all Thy miracles.

LORD JESUS, Thou wast lifted up on the Cross to draw all men unto Thee, draw me unto Thee; let me rest upon Thy Breast within Thy heart of love. Amen.

## The Consecration.

AFTER THE CONSECRATION.

wash me whiter than snow. Amen.

**H**AIL, True Body of my LORD JESUS CHRIST! Hail, True Body of my SAVIOUR! I worship Thee, I adore Thee.

O LORD JESUS, Thy Sacred Flesh was broken and torn for me. May this offering of Thy broken Body make me whole and save me. Amen.

**S**ACRED Blood of my LORD JESUS CHRIST, I worship Thee, I adore Thee.

O most Precious Blood flowing from my SAVIOUR'S torn and open Heart, cleanse me, and  
IV.]

**L**ORD JESUS, robe me in Thy Righteousness, adorn me with Thy Merits, shed upon me pardon, light, love, and joy. Fill me with blessing, rest, and peace, now and ever. Amen.

PRAYER OF SACRIFICE.

**O** ETERNAL FATHER, I offer to Thee the One Almighty, Immaculate, Adorable Sacrifice, here offered and pleaded before Thee, even Thy own most Well-Beloved SON. Merciful FATHER, look upon Him now, behold the Sacred

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Victim. Hear His intercessions, look upon His Wounds; see the streams of Blood issuing forth and pleading for me. My sins would crush me; but this Sacrifice is Almighty; It removes all my guilt. I offer it to Thee. It is the one only Sacrifice that can take away sin. My soul relies on it, confides in it alone, and looks for salvation to none beside.

My JESUS, my Redeemer, my SAVIOUR, my Ransom, my Intercessor, my Advocate, my Hope, my Life, my Peace, my Joy, my LORD and my GOD, my All in All, I offer Thee to the FATHER, Thee, the One Sacrifice for sin, the Lamb slain from the foundation of the world. Amen.

**L**AMB of GOD, that takest away the sins of the world, my soul trembles before Thee; take away all my sins, cast away all my fears.

Lamb of GOD, that

takest away the sins of the world, Thou, the All-loving, the All-kind, reveal Thy Love to me, enkindle Thy Love in me.

Lamb of GOD, that takest away the sins of the world, grant me Thy Peace, Peace in the abiding sense of Thy Love to me, Peace in the sense of Thy Presence within me. Amen.

#### DURING THE COMMUNION.

#### PRAYER TO JESUS.

**O** DEAREST LORD JESUS, sweet it is to adore Thee, now present on the Altar! O reveal Thyself to me, I beseech Thee; open my eyes to see Thee, for Thou art here. Stretch out Thine Arms towards me, open to me Thy Sacred Heart, Thy wounded Side. Let me weep over Thy pierced Feet and Hands, and worship those Wounds of love and

[PART

salvation. Bow down to me Thy thorn-crowned Head, that I may gaze on each painful gash which the thorns of my sins have made. Turn on me one loving Look, and pierce my heart with love and sorrow. I beseech Thee make me a partaker of those gifts which Thou dost here so lavishly dispense, that in Thy strength I may go forth again and live and work for Thee, O LORD JESUS.

Hear me, O LORD, for all those who touch Thee with their lips, who approach Thee with their hearts, especially . . . . and fill them with Thy fullest benediction ;

And for all Thy faithful departed ones, especially . . . . Grant that they may rest in peace, and that we all, cleansed through the Sacrifice of Thyself, may one day enter into Thy unveiled Presence in company with all Thy Saints to love Thee, and praise  
iv.]

Thee for ever and ever.  
Amen.

#### ANOTHER.

O MIGHTY Victim,  
Son of Mary, SON  
of GOD, perpetual Sacrifice, plead for me now, and in the hour of my death. Wondrous Deity veiled under the forms of Bread and Wine, thanks be to Thee, Who givest me faith to discern my GOD in the "*breaking of bread.*" I believe, LORD JESUS, help Thou mine unbelief.  
Adorable Sacrifice, All-sufficient Victim, plead for me, and I am safe, for Thou canst not plead in vain. All the sins of the world through Thee are done away. A heavy burden for the Lamb of GOD, weight of piercing misery, load of untold agony. Our sins are laid on Thee, Thou bearest our woe, our sin, our punishment. Miracle of Love, I worship, I adore Thee.

May I never more stray from Thee, or forget Thee. May I never more cause Thy Sacred Wounds to bleed afresh. O Love of JESUS, flowing from Thy Sacrifice, fill me, overflow me, cleanse me, heal me. Make white once more my Baptismal robe, brighten once more the Cross upon my brow. Light up yet again my lamp, replenish it with the oil of Divine grace and love, and then in readiness I shall await the midnight cry, "*Behold, the Bridegroom cometh.*" Holiest SAVIOUR, LORD JESUS, then a veil shall no more hide Thee from my loving eyes. The Sacramental veils shall pass away, and I shall see Thee in Thy perfect beauty. O blessed Hope, O heavenly Expectation, O glorious Vision, may the thought of Thee strengthen me till faith be lost in sight, and hope is dissolved in fruition!

And now, O my SAVIOUR, I resolve in Thy Presence to strive more and more against all in me that displeases Thee. Strengthen me to persevere, to live henceforth ever as one that has been with Thee, O LORD, whose eyes have seen Thee transfigured before me, not on Mount Tabor, but on Thy holy Altar. Hear me, LORD JESUS, bless me with Thine own deep love, fill me with the fulness of Thy Presence, grant me Thy sweetest Peace. Amen. LORD JESUS, Amen.

#### AFTER THE COMMUNION.

LORD JESUS, as Thy Body was wrapped in fine linen, clean and white, and laid in the Sepulchre, so may I, having died to sin and self, be arrayed in the white robe of Thy Righteousness. Embalm my heart with the sweet spices of Faith, Hope, and Love, that henceforth I may always please Thee. Be

[PART



Thou in my heart, O LORD, that I may even here participate in the foretaste of the joys of Paradise. Amen.

AFTER THE BLESSING.

**O** SACRIFICE of Love and Majesty, ever being eaten, yet never consumed, filling the world with pardon, and heaven with joy, have mercy upon me. Grant me true Absolution for all my past sins, and strong grace to overcome them for the time to come. Amen.

**I** THANK Thee, O my GOD, for permitting

me to share in this blessed commemoration of the Sacrifice of Thy Son's atoning Death. May it be to me Strength, Grace, Succour, Joy, and Peace here, and hereafter admit me to eternal life. Amen.

**A**LL now is over. The Sacrifice of the Lamb has been commemorated and offered. We are redeemed unto GOD by His Blood. Thanks be to GOD the FATHER, thanks be to GOD the SON, thanks be to GOD the HOLY GHOST. Alleluia. Alleluia. Alleluia. Amen.

## DURING THE CELEBRATION.

*(When not communicating.)*

No. III.

*(For Passion-tide.)*

**✠** **I**N the Name of the SON, and of the HOLY FATHER, and of the GHOST. Amen.

iv.]

## BEFORE THE SERVICE.

**O** JESU, sorrowful unto death, as we offer this Holy Sacrifice, I beseech Thee by the fear in which Thou wert heard and strengthened, and by the Anguish of Thy Sacred Heart, grant unto me the blessed gift of Holy Fear, that being preserved by Thy grace in all dangers and temptations, I may never more grieve Thee by any sin. Help me, O LORD, in my last agony, in that hour when fear and trembling will come upon my soul. Amen.

**O** JESU, prostrate in the dust, my sins have overwhelmed Thee. I repent from the very depth of my heart, that I have so often grieved and offended Thee. O most Holy, most Dear LORD, in union with this Holy Sacrifice, I offer to Thy Heavenly FATHER Thy threefold prayer in Gethsemane,

in satisfaction for my sins; grant me grace from henceforth never more to offend Thee. Amen.

**O** JESU, I would steep my sinful soul in Thy Sacred and most Precious Blood, which streamed from Thy most pure and tender Body in Thy Bloody Sweat. Most loving JESU, wash me in Thy Blood, sanctify me by Thy Blood, cover my soul with Thy Blood, as with a wedding garment, that in the awful Day of Judgment I may appear with joy before Thy Face, and may be numbered among Thine own Elect. Amen.

## AT THE COMMANDMENTS.

**O** JESU, bound by the hands of wicked men, and dragged through the streets of Jerusalem as a malefactor; I would embrace the chains and thongs wherewith Thy Sacred Hands were bound. I pray Thee,  
[PART

make me, as Thy Apostle was, a prisoner of JESUS CHRIST. Bind me to Thee, my hands, my feet, my senses, all the powers of my body and my soul. Bind me so strongly and closely to Thyself with the cords of Thy Love, that no creature, no power of earth or of hell may be able to loosen me from Thee for all Eternity. Amen.

O JESU, most patient, I pray Thee, by the buffetings and stripes which Thou didst endure for us, set me free from the punishments which my many sins deserve. But if it be Thy good pleasure to chasten me, grant me grace to say in all my sufferings with Thy Saint, Augustine, "LORD, strike me, punish me, burn me here, but spare me in eternity." Amen.

O JESU, most long-suffering, by Thy  
IV.]

shame and anguish, and by that most bitter sorrow of Thy Sacred Heart, when in the house of Caiaphas wicked and cruel men did mock Thee, and spit in Thy most holy Face, when they wilfully blasphemed Thy Sacred Name, and Thou didst not open Thy lips; I beseech Thee, forgive me all my secret sins, known only to Thyself. Extinguish in me every feeling of anger or ill-will, or unkindness, and grant me grace to bear all shame, and all insult for love of Thee silently, and with perfect sweetness and patience. Amen.

#### AT THE GOSPEL.

O JESU, Holy, Spotless Lamb of GOD, meek and lowly of Heart, so falsely and foully accused by Thine enemies, though pure from every stain of sin. Alas! my sins rise up in judgment against me, and would

accuse me before the Throne of Thy justice. Woe to me, a miserable sinner! I must be eternally lost, unless Thy mercysaves me. Therefore, O JESU, most pitiful, prostrate before Thee as we offer this Holy Sacrifice, I implore Thee, in the words of King David, "*Have mercy upon me, O Lord, after Thy great goodness, according to the multitude of Thy mercies do away mine offences.*" Amen.

**A**DORABLE LORD JESU, Divine Redeemer, Thou wert dishonoured and blasphemed before unjust judges, but Thou wert silent, and didst speak as Thou didst live and die, seeking only the glory of Thy FATHER, Who sent Thee. Offer Thyself, O JESU, I pray Thee, in this most Holy Sacrifice in propitiation for the many times I have offended Thee with my tongue, and teach me to

speak and to be silent with so pure an intention, that in all my thoughts, words, and works, I may seek nothing but Thy Glory alone. Amen.

#### AT THE OFFERTORY.

**M**OST Holy FATHER, Almighty and Eternal GOD, accept this our Sacrifice which we offer unto Thee, these elements of Bread and Wine, (and these alms) in thanksgiving for Thy infinite unceasing mercies. Through the merits of our LORD JESUS CHRIST, we offer unto Thee ourselves, our souls and bodies, in union with His All-holy Body and Blood. Graciously accept our oblations, and may this our sacrifice be well-pleasing unto Thy Divine Majesty, for JESUS CHRIST'S sake, Thy SON our LORD. Amen.

#### AT THE SANCTUS.

**O** JESU, most pure, most chaste, how fearfully hast Thou been

[PART

scourged and bruised! Alas, how have I deserved these stripes by my evil thoughts and desires! And Thou, most innocent JESU, hast suffered them all for me, the guilty one. O JESU, scourged and bruised for my iniquities, I beseech Thee by all Thy stripes, "*Make me a clean heart, and renew a right spirit within me.*" Grant that I may never think, or say, or do, or allow, anything which is in the least degree contrary to Thy own most perfect Purity. Amen.

O JESU, King of love, to Thee is due the crown of heavenly glory; the thorny crown of shame and pain belongs to me. How well have I deserved it for my many sins of pride and impatience! O JESU, my LORD, my Divine SAVIOUR, I beseech Thee, Who art here offered as the Sacrifice for my sins, press Thy crown of iv.]

thorns into my vain and sinful brow, and grant unto me the graces of meekness and lowliness, that I may be enabled to say at last with Thee in truth, "*I am meek and lowly of heart.*" Amen.

O JESU, condemned to death for me: the Jews raised against Thee the blasphemous cry, "*Crucify! Crucify!*" Against Thee Pontius Pilate pronounced the sentence of death. But we in the Holy Sacrifice of the Altar prostrate ourselves before Thy Divine Majesty, and cry with Angels and Archangels and all the company of Heaven, "*Holy, Holy, Holy, Lord God of Hosts, heaven and earth are full of Thy Glory: glory be to Thee, O Lord most High.*" And with Thy disciples we would hail Thee, "*Hosanna to the Son of David, blessed be He that cometh in the Name of the Lord. Ho-*

*sanna in the highest."*  
Amen.

#### BEFORE THE CONSECRATION.

O JESU, I adore Thee, bearing Thy Cross to Calvary. I humbly worship Thee; I would lovingly embrace Thy Cross, and carry it after Thee. Shouldst Thou lay upon me, O my JESU, poverty or shame, sickness or persecution, grant me grace always to be willing to be conformed to Thy Divine Will. In union with Thee, supported by Thyself, O JESU, Who once didst sink under the burden of Thy Cross, I would bear all things patiently, yea, joyfully, for love of Thee, even unto death. Amen.

O CROSS of my JESU, dyed with His most Precious Blood, bearing Him, the Ransom of the world, I embrace Thee! Be Thou my defence and my shield, against all the enemies of my salvation, visible and invisible. O Tree of Life, in all my sorrows and trials I will lay me down under Thy shadow, and Thy fruit will be sweet unto my burdened and oppressed heart. O Cross of my merciful LORD, be thou my staff and my support, even in death. In my agony and in the hour of my death may mine eyes behold Thee, may my pale and parched lips be kissed by Thee, LORD JESUS, "*with the kisses of Thy Mouth.*" Amen.

### The Consecration.

#### AFTER THE CONSECRATION.

O CRUCIFIED LORD JESU, spare me!

O Crucified LORD JESU, hear me!

O Crucified LORD JESU, have mercy upon me!

[PART

Blood of CHRIST, cleanse me!

Blood of CHRIST, sanctify me!

Blood of CHRIST, save me!

cially in that hour when my soul must part from this body, and go forth to meet my GOD. Amen.

#### DURING THE COMMUNION.

O LORD JESUS, crucified for my salvation, Thou didst hang three long hours in bitter anguish upon that Tree of scorn. I see Thee set forth, crucified before me. All creation trembles at the fearfulness of Thy Passion. The Angels, who always behold Thee, mourn. The sun in the heavens hides his face, the veil in the temple is rent in twain. The graves open, the rocks are rent, and even the heathen centurion cries out, "*Truly, this was the Son of God.*" Prostrate before Thy Divine Majesty, I adore Thee, and give Thee thanks for these Thy bitter hours of anguish, and I pray Thee, O LORD, have mercy upon me, now and always, but specially in that hour when my soul must part from this body, and go forth to meet my GOD. Amen.

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O JESU, forsaken of God in Thy most bitter Agony! I put my whole trust in Thy Passion. Thy Cross is my refuge, my life, my salvation. The multitude of my sins appals me not when I think of Thy three hours' Agony on the Cross. For, O most loving JESU, Thou didst hang on that Cross, Thou didst suffer all this keen Agony, Thou didst die that most shameful Death, that I may not die in my sins, that I may not be lost for ever. JESU, my GOD, Thy Cross, Thy Passion, Thy Wounds, Thy Blood, are freely given for me in this holy Sacrifice. I offer Thyself with all Thy Merits, therefore I cannot doubt, I cannot despair. Thy Cross will shield me from

the evil one. I will hide myself in Thy Wounds from Thy just Judgment. Thy Blood will preserve me from the torments of Hell. Thy Death has won for me eternal life. And in this holy Sacrifice of the Altar, Thou, the Lamb of God, dost open Heaven itself to me, and givest me a foretaste of the eternal beatitude which Thy Saints enjoy in the light of Thy Countenance. Amen.

O JESU, most Merciful, Thou didst pray on the Cross, "*Father, forgive them, for they know not what they do,*" grant me the pardon of all my sins, and give me a loving heart, that for love of Thee, I may be ever ready to forgive all, who have ever injured or offended me. Amen.

O JESU, most gentle, Thou didst say to the penitent thief, "*This day shalt thou be with Me in Paradise.*" Grant me

Grace so to live, that in the hour of my death, when for the last time, I shall in faith look upon Thee, hanging on the Cross, I may hear Thy Blessed Voice, saying also to me, "*This day shalt thou be with Me in Paradise.*"

O JESU, most Loving, Who saidst to Thy Blessed Mother, "*Behold thy son,*" and to the beloved disciple, "*Behold thy Mother,*" I pray Thee teach me the love wherewith Thou wouldest have me love and reverence Thy Blessed Mother, and grant me a share in her intercessions, both now and in the hour of my death. Amen.

O JESU, forsaken of God, as Thou didst hang on the Cross the extremity of Thy Anguish wrung from Thee the bitter cry, "*My God, My God, why hast Thou forsaken Me?*" By this Thy most bitter Agony

[PART



of Soul, I pray Thee, help me in all my need, and forsake me not in the hour of my death. Amen.

#### AFTER THE COMMUNION.

**O** JESU, Who didst long for our salvation when Thou didst cry out on Thy Cross, "*I thirst*," my soul, Blessed LORD, longeth after Thee! "*As the hart desireth the water-brooks, so longeth my soul for Thee, O God; my soul is athirst for God; yea even for the living God; when shall I come to appear before the Presence of God?*"

O JESU, by Thy Love in this Holy Sacrifice of the Altar, grant, I beseech Thee, that in the hour of my death, my last food may be Thy most Sacred Flesh, and my Drink Thy most Precious Blood. Amen.

#### AFTER THE SERVICE.

**O** JESU, most Obedient, Thou didst say, IV.]

"*It is finished*,"—I pray Thee grant me time and grace, to finish all that Thou hast given me to do for Thee, and to attain to the measure of the perfection, which Thou willest for me, before I go hence, and am no more seen. Amen.

**O** LORD JESU, Dying, Bleeding, Lamb of God, by Thy last loud cry upon the Cross, "*Father, into Thy hands I commend My Spirit*," I pray Thee grant that when my soul is departing, I may be able to say to Thee, "O JESU, for Thee I have sought to live, to Thee would I die: '*Into Thy Hands I commend my spirit*.'" Amen.

#### PRAYER.

**H**EAVENLY FATHER, Almighty, Everlasting God, I join in the offering to Thy Divine Majesty, of the Holy Sacrifice, typified by Melchisedec, — pro-

phesied by Malachi—instituted by our LORD JESUS CHRIST—celebrated day by day, by our Holy Mother the Church. Graciously accept the Snow-white Lamb sprinkled with His own Blood, which we have presented before Thee in this Holy Service. Graciously accept the Divine Mysteries which have been celebrated. Graciously accept the holy Rites here observed. Graciously accept the Prayers we have

uttered before Thee. Let this holy Commemoration be a Sacrifice of Praise and Thanksgiving, well-pleasing to Thyself, a Sacrifice full of grace and salvation for the souls of all Thine Elect, living and departed. And may GOD Almighty, the FATHER, the SON, and the HOLY GHOST, by the power of this Holy Sacrifice bless, preserve, and keep me now and for evermore. Amen.

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## FOR SPIRITUAL COMMUNION.

### ACT OF SPIRITUAL COMMUNION.

**O** JESU, my LORD, my Love,—come to me, for Thy mercy's sake. In spirit I go to Thine Altar, grant me to receive Thee in the fulness of the power of Thy Divinity and Humanity! Thou art mine, and I

am Thine, Thine for all Eternity. My Beloved is mine, and I am His! O most Loving JESU, grant that I may never even for one moment be separated from Thee.

May the Body of our LORD JESUS CHRIST preserve my soul unto everlasting life.

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May the Blood of our  
**LORD JESUS CHRIST** pre-  
 serve my soul unto ever-  
 lasting life. Amen.

ANOTHER.

**I BELIEVE** in Thee,  
 O my **JESUS**, pre-  
 sent in the most Holy  
 Sacrament of the Altar ;  
 I love Thee above all  
 things ; and I desire to  
 receive Thee into my  
 soul. Since I cannot now  
 receive Thee Sacramen-  
 tally, come Spiritually in-  
 to my heart.

I embrace Thee, and  
 I unite myself to Thee.  
 Oh, suffer me not ever  
 to be separated from  
 Thee. Amen.

ANOTHER.

**O THOU** Stream from  
 the Life-giving Foun-  
 tain, Thou fragrance and  
 sweetness of divine de-  
 light, I prostrate myself  
 in my indigence and my  
 misery in presence of  
 Thine overflowing Ful-  
 ness. I set before Thee  
 my sorrow and my tears,  
 lest by reason of my un-  
 iv.]

worthiness, my soul must  
 go away fasting from  
 Thine ineffable Banquet  
 of love. O Thou who  
 hast formed my sub-  
 stance, and reformed it  
 when fallen and decayed,  
 I beseech Thee so to  
 prepare me by Thine  
 all-powerful Grace, by  
 the tender compassion-  
 ate love of Thy Heart,  
 and by Thy Merits, that  
 I may worthily receive  
 Thee into my soul ; and  
 that Thou mayest work  
 and perfect in me with-  
 out impediment, all that  
 Thou hast from eternity  
 decreed concerning me,  
 according to the good  
 pleasure of Thy Divine  
 Will. Amen.

PRAYER.

**O JESU**, Whose Sa-  
 cred Body was en-  
 closed in a Sepulchre,  
 wherein never man was  
 laid before, prepared for  
 Thyself alone, make my  
 heart a hallowed place  
 of rest for Thyself Whom  
 I have now received Spi-

ritually, that nothing may be found within me, as Thou possessest me, but what Thou lovest, and approvest ; and pre-

serve it for Thyself a Temple well-pleasing unto Thee, wherein Thou mayest love to rest. Amen.

## PREPARATION FOR HOLY COMMUNION.

### No. I.

✠ **I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

*Antiphon.* I will fear no evil, for Thou art with me.

PSALM CXLIII. *Dominé, exaudi.*

**H**EAR my prayer, O LORD, and consider my desire : hearken unto me for Thy truth and righteousness' sake.

And enter not into judgment with Thy servant : for in Thy sight shall no man living be justified.

For the enemy hath persecuted my soul ; he hath smitten my life down to the ground : he hath laid me in the darkness, as the men that have been long dead.

Therefore is my spirit vexed within me : and my heart within me is desolate.

Yet do I remember the time past ; I muse upon all Thy works : yea, I exercise myself in the works of Thy hands.

I stretch forth my hands unto Thee : my soul gaspeth unto Thee as a thirsty land.

Hear me, O LORD,  
[PART

and that soon, for my spirit waxeth faint : hide not Thy face from me, lest I be like unto them that go down into the pit.

O let me hear Thy loving-kindness betimes in the morning, for in Thee is my trust : show Thou me the way that I should walk in, for I lift up my soul unto Thee.

Deliver me, O LORD, from mine enemies : for I flee unto Thee to hide me.

Teach me to do the thing that pleaseth Thee, for Thou art my GOD : let Thy loving SPIRIT lead me forth into the land of righteousness.

Quicken me, O LORD, for Thy Name's sake : and for Thy righteousness' sake bring my soul out of trouble.

And of Thy goodness slay mine enemies : and destroy all them that vex my soul ; for I am Thy servant.

Glory be to the FATHER, &c.  
IV.]

Ps. lxxxv. *Benedixisti, Domine.*

LORD, Thou art become gracious unto Thy land : Thou hast turned away the captivity of Jacob.

Thou hast forgiven the offence of Thy people : and covered all their sins.

Thou hast taken away all Thy displeasure : and turned Thyself from Thy wrathful indignation.

Turn us then, O GOD our SAVIOUR : and let Thine anger cease from us.

Wilt Thou be displeased at us for ever : and wilt Thou stretch out Thy wrath from one generation to another ?

Wilt Thou not turn again and quicken us : that Thy people may rejoice in Thee ?

Show us Thy mercy, O LORD : and grant us Thy salvation.

I will hearken what the LORD GOD will say concerning me : for He

shall speak peace unto His people, and to His saints, that they turn not again.

For His salvation is nigh them that fear Him : that glory may dwell in our land.

Mercy and truth are met together : righteousness and peace have kissed each other.

Truth shall flourish out of the earth : and righteousness hath looked down from heaven.

Yea, the LORD shall show loving-kindness : and our land shall give her increase.

Righteousness shall go before Him : and He shall direct His going in the way.

Glory be to the FATHER, &c.

*Antiphon.* I will fear no evil, for Thou art with me. Thou shalt prepare a Table before me against them that trouble me : Thou hast anointed my head with oil, and my cup shall be full.

LORD, have mercy.  
CHRIST, have mercy.  
LORD, have mercy.

OUR FATHER.

Ÿ. I said, LORD, have mercy upon me :

Rz. Heal my soul, for I have sinned against Thee.

Ÿ. Turn Thee again, O LORD, at the last :

Rz. And be merciful unto Thy servants.

Ÿ. O LORD, let Thy mercy be showed upon us :

Rz. As we do put our trust in Thee.

Ÿ. Let Thy Priests be clothed with righteousness :

Rz. And Thy Saints sing with joyfulness.

Ÿ. LORD, cleanse Thou me from my secret faults :

Rz. Keep Thy servant also from presumptuous sins.

Ÿ. O LORD, hear my prayer :

Rz. And let my crying come unto Thee.

[PART

Ÿ. The LORD be with you :

Rz. And with thy spirit.

Let us pray.

COLLECTS.

**M**OST gracious God, incline Thy merciful Ears to my prayers, and enlighten my heart by the grace of Thy HOLY SPIRIT, that I may worthily approach Thy Holy Mysteries, and love Thee with an everlasting love. Amen.

**O** LORD, I beseech Thee, may the Comforter, Who proceedeth from Thee, illuminate my mind, and lead me, as Thy SON hath promised, into all truth. Amen.

**O** LORD, I beseech Thee, may the power of the HOLY GHOST be with me, and both mercifully cleanse and purge my heart, and defend me from all adversities. Amen.  
iv.]

**C**LEANSE my conscience, I beseech Thee, O LORD, by Thy visitation : that Thy SON our LORD JESUS CHRIST when He cometh may find in me a mansion prepared for Himself ; through the Same Thy SON JESUS CHRIST our LORD, Who liveth and reigneth with Thee, in the Unity of the Same SPIRIT, ever One GOD, world without end. Amen.

*Here may be said,*

THE VENI CREATOR.

PRAYER.

**O** COMPASSIONATE LORD JESUS CHRIST, I a sinner, nothing presuming on my own merits, but trusting in Thy Mercy and Goodness, draw near with awe and trembling to the Table of Thy sweetest Banquet. For my heart and my body are stained with many sins, my mind and my tongue have not been

kept with fitting diligence and care.

Wherefore, O Compassionate Godhead, O dread and awful Majesty, I, Thy wretched creature, who am fallen into a great strait, betake myself to Thee, the Fountain of Mercy ; to Thee I hasten that I may be healed ; beneath Thy protection I take refuge, I long to have Thee for my SAVIOUR, before Whom I can in no wise stand as my Judge. To Thee, O LORD, I now show my wounds ; before Thee I lay bare all this my shame. I know my sins, so many and so great, by reason of which I am afraid. I hope in Thy mercies, which are past numbering.

Look on me with the eyes of Thy mercy, O LORD JESUS CHRIST, O Everlasting King, God and Man, crucified for man. Graciously hear me who hope in Thee, have mercy on me who

am full of miseries and of sins, O Thou full and overflowing Fountain of pity and of mercy.

Hail, Thou saving Victim, offered for me and all mankind upon the tree of the Cross.

Hail, Thou noble and Precious Blood, which dost ever flow forth from the Wounds of my Crucified LORD JESUS CHRIST, and wash away the sins of the whole world.

Remember Thy creature, O LORD, Whom Thou hast redeemed with Thine own Blood. I grieve that I have sinned ; I do earnestly desire to amend what I have done amiss.

Wherefore, O most Merciful FATHER, take away from me all my iniquities and my sins, that being cleansed in soul and in body, I may worthily receive the Holy Food of the Holy, and grant that Thy Body and Blood, which I unworthy am about to

[PART



receive, may be to me the remission of my sins, the perfect expiation and cleansing of all my faults, the putting to flight of evil thoughts, the quickening and renewal of all good feelings, the healthful energy of all good works, the most assured protection of my body and soul from all the snares of my enemies. Amen.

PRAYER.

**O** ALMIGHTY, Everlasting GOD, behold, I draw near to the Sacrament of Thine Only-begotten SON our LORD JESUS CHRIST; I draw near, as one sick to the Physician of Life, as one defiled to the Fountain of Mercy, as one blind to the Light of the Eternal Spendour, as one poor and needy to the LORD of Heaven and earth.

Wherefore, I implore the fulness of Thine Infinite Bounty that Thou  
IV.]

wouldst vouchsafe to heal all my sickness, to wash away my defilement, to give light to my blindness, to enrich my poverty, and to clothe my nakedness, so that I may receive the Bread of Angels, the King of kings and LORD of lords, with contrition and devotion, with purity and faith, for the welfare and salvation of my soul.

Grant me, I beseech Thee, to receive not only the Sacrament of the Body and Blood of my LORD, but also the very Reality and Substance of the Sacrament. O Most Gracious GOD, grant me so to receive the Body of Thine Only-begotten SON our LORD JESUS CHRIST, that Very Body which He took of the Virgin Mary, that I may be truly incorporated into His mystical Body and so numbered amongst its members.

O most loving FATHER, grant me at last to behold with open face

and for evermore the Same Thy Beloved SON, Whom I purpose to receive now in my pilgrimage beneath the Veils of the Sacrament, Who liveth and reigneth, &c. Amen.

#### ASPIRATIONS.

**O** LORD, Who even now bearest my nature as a very part of Thyself, and wert tempted and desolate, and hast even now the remembrance of what Thou didst suffer in the day of Thy weakness, succour me, renew my strength, that I may not fall from the close bonds of love that are betwixt me and Thee, my LORD.

**O** DO Thou reveal Thyself to me, to satisfy my yearnings, for my soul within me longeth, and let all Thy goodness pass before me, while I lie before Thee in the abasement of contrition for all my sins.

**REVEAL** Thyself to me, unworthy, in this transcendent Mystery of mysteries, wherein Thou still sayest in Thy own words, "THIS IS MY BODY," "THIS IS MY BLOOD."

**REVEAL** Thyself to me unworthy, as Thou passest, Invisible, hidden, from within the Veil of the Sacrament into the inward recesses of my being, and I become Thy Shrine, and Thou becomest my Light, my Life, my Joy.

**REVEAL** Thyself to me, within me, O my Life, and let me perceive Thee, that I may follow Thy guiding; and do Thou constrain me in all the movements of my soul, all the beatings of my heart, in all I do, hour by hour, continually.

**REVEAL** Thyself to me, and raise me, through the Glorious Vi-

sion, beyond all worlds, all creatures in Thee,  
all creatures ; that I may and Thee in all crea-  
live even now in Heaven, tures.  
while on earth I serve

## PREPARATION FOR HOLY COMMUNION.

### No. II.

✠ **I**N the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

*Antiphon.* Ohow plentiful is Thy Goodness which Thou hast laid up for them that fear Thee.

Ps. cxxx. *De profundis.*

**O**UT of the deep have I called unto Thee, O LORD : LORD, hear my voice.

O let Thine ears consider well : the voice of my complaint.

If Thou, LORD, wilt be extreme to mark what is done amiss : O LORD, who may abide it ?

iv.]

For there is mercy with Thee : therefore shalt Thou be feared.

I look for the LORD ; my soul doth wait for Him : in His word is my trust.

My soul fleeth unto the LORD : before the morning watch, I say, before the morning watch.

O Israel, trust in the LORD, for with the LORD there is mercy : and with Him is plenteous redemption.

And He shall redeem Israel : from all his sins.

Glory be to the FATHER, &c.

Ps. xxvii. *Dominus illuminatio.*

**THE LORD** is my light, and my salvation; whom then shall I fear: the LORD is the strength of my life; of whom then shall I be afraid?

When the wicked, even mine enemies and my foes, came upon me to eat up my flesh: they stumbled and fell.

Though an host of men were laid against me, yet shall not my heart be afraid: and though there rose up war against me, yet will I put my trust in Him.

One thing have I desired of the LORD, which I will require: even that I may dwell in the house of the LORD all the days of my life, to behold the fair beauty of the LORD, and to visit His temple.

For in the time of trouble He shall hide me in His tabernacle: yea, in the secret place of His dwelling shall He hide me, and set

me up upon a rock of stone.

And now shall He lift up mine head: above mine enemies round about me.

Therefore will I offer in His dwelling an oblation with great gladness: I will sing, and speak praises unto the LORD.

Hearken unto my voice, O LORD, when I cry unto Thee: have mercy upon me, and hear me.

My heart hath talked of Thee, Seek ye My Face: Thy Face, LORD, will I seek.

O hide not Thou Thy face from me: nor cast Thy servant away in displeasure.

Thou hast been my succour: leave me not, neither forsake me, O God of my salvation.

When my father and my mother forsake me: the LORD taketh me up.

Teach me Thy way, O LORD: and lead me in the right way, because of mine enemies.

[PART

Deliver me not over into the will of mine adversaries : for there are false witnesses risen up against me, and such as speak wrong.

I should utterly have fainted : but that I believe verily to see the goodness of the LORD in the land of the living.

O tarry thou the LORD's leisure: be strong, and He shall comfort thine heart ; and put thou thy trust in the LORD.

Glory be to the FATHER, &c.

*Antiphon.* O how plentiful is Thy Goodness, which Thou hast laid up for them that fear Thee : and that Thou hast prepared for them that put their trust in Thee, even before the sons of men.

LORD, have mercy.

CHRIST, have mercy upon me.

LORD, have mercy upon me.

OUR FATHER.  
IV.]

# DIRECTION OF THE INTENTION.

O MOST High, most mighty LORD GOD, to the praise and glory of Thy Divine Majesty ; in remembrance of the Death and Passion of JESUS CHRIST my SAVIOUR, in thanksgiving for all Thy manifold gifts and blessings to me, Thy unworthy servant ; for the pardon of my numberless sins ; for the salvation of (— ; ) for the bliss of the Faithful Departed (— ; ) and especially for (*here mention the particular intention ;*) I, a sinner, now desire to receive the Mysteries of the most holy Body and Blood of the Same Thy SON JESUS CHRIST our LORD.

An offering of a free heart will I bring Thee, O God, and I will praise Thy Name for ever and ever ; for in Thee alone is all that can satisfy the desires of my heart. Thou Thyself art the

portion of my inheritance, and of my cup. Whom have I in heaven but Thee? and there is none on earth that I desire in comparison of Thee, my GOD, my LORD, my exceeding great Reward. Amen.

#### ACT OF CONTRITION.

**O** LORD my GOD, with the Sacrifice and Sacrament of the Body and Blood of Thy SON, my SAVIOUR, I desire also humbly to offer Thee the sacrifice of a troubled spirit, a broken and contrite heart. I grieve from my inmost heart that I have ever offended Thee, my GOD, Thee, Who art so gracious to me, ever pouring Thy benefits upon me, and so often feeding my poor soul with Thyself. I grieve especially for the sins of (—,) which Thou knowest, and which I, a miserable sinner, do with sorrow confess in the bitterness of my soul. O that I had never of-

fended Thee. But a broken and contrite heart, O GOD, Thou wilt not despise; Thou Who for love of us didst give Thy Only-Begotten SON to die, that washed in His most Precious Blood, we might be saved and blessed for ever. Amen.

#### ACT OF FAITH.

**O** CHRIST JESU, my LORD, I believe and confess that Thou Thyself Very GOD and Very Man, of one Substance, Majesty, and Power with the FATHER, art verily and indeed present in this Sacrament. For Thou the Truth Itself didst say, "THIS IS MY BODY," "THIS IS MY BLOOD." Thou didst come on earth to seek and to save that which was lost. Thou wert truly born of the Blessed Virgin Mary Thy Mother. Thou didst suffer, Thou wast crucified, and didst die for us; and in remembrance of all Thy Love and Sufferings

[PART

Thou didst leave us Thy Sacred Body and Blood to be in this Sacrament the food and sustenance of our souls. Amen.

ACT OF HOPE.

O CHRIST JESUS, Supreme Hope and only Salvation of my soul, whither shall I flee save unto Thee, my only Refuge, Who callest all who labour and are heavy laden, that they may come to Thee and in Thee find rest and refreshment.

How sweet are Thy words unto me, O LORD, yea, sweeter than honey unto my mouth, therefore I come to Thine Altar filled with hope, that in Thy Blessed Sacrament I may receive Thyself. For if I have Thee, what shall I not have? Thou hast all things, and canst do all things, and art good over all and to all.

Thou, O my LORD, art my Shepherd, therefore shall I lack nothing. IV.]

Thou wilt feed me in a green pasture, where Thou Thyself Who didst lay down Thy Life for Thy sheep, dost feed us with none other Food than with Thine own Body and Blood, and who wilt, with Thyself, freely give me all that I need for my salvation. Amen.

ACT OF LOVE.

O MOST Sweet SAVIOUR JESUS CHRIST, how great was Thy Love which drew Thee from the Bosom of the FATHER into this vale of tears, to take upon Thee our flesh and endure unnumbered miseries and wrongs, even the death of the Cross for us miserable sinners, and for our salvation. How great was Thy Love! Thou mightest have condemned us, and Thou didst will to save us. We were guilty, and Thou, the Sinless One, didst endure our punishment

to set us free. It was Love that brought Thee down to take upon Thyself our flesh, and when about to depart to the FATHER, it was love that caused Thee to institute this Sacrament, that in a new and wondrous manner Thou mightest abide with us for ever.

O LORD, how worthy art Thou of all love, Thou Who doest so much for love of us! Wherefore I will love Thee, O LORD my Strength, my Refuge, and my Deliverer. O God, Thou art very Love, and he that dwelleth in Thee dwelleth in Love. I desire most earnestly thus to love Thee, and for ever to cleave to Thee alone. O that receiving Thee in this Sacrament I may be most closely united to Thee in the bonds of Thy Love, that growing ever more and more into this mighty union of love, nothing may be able to separate me from Thee, LORD JE-

SUS, my GOD, my SAVIOUR. Amen.

#### ACT OF DESIRE.

O HOLY Bread, Bread Which strengtheneth man's heart, Which whosoever eateth shall live for ever, and without eating Which none hath life; how amiable are Thy Tabernacles, O LORD of Hosts: my soul hath a desire and longing to enter into Thy Courts, O LORD, where Thou dost dispense that Bread, which is Thyself, and givest Thyself for Food to them that fear Thee.

Bow down Thine Ear, O LORD, and hear me, for I am poor and in misery; come Thou to me and refresh my hungry soul, that in the strength of this Food I may walk through the wilderness of this world even unto the Mount of God, until with enlarged desires I shall feed on Thee in Thy Kingdom,

[PART



and be satisfied with the plenteousness of Thy House, even for ever and ever. Amen.

ACT OF HUMILITY.

**H**OW shall I venture to approach Thee, O LORD? Art not Thou my GOD, my Creator, my Redeemer, the King of heaven and earth? And what am I? A poor worm of earth, dust and ashes, and what is yet more unworthy, an ungrateful and disobedient sinner against Thee. LORD, truly I am not worthy that Thou shouldest come under my roof. Yet remember, O my GOD, that though Thou wast LORD of all, Thou didst take upon Thee the form of a servant, and coming to us, didst converse as a Friend with publicans and sinners, and at length didst humble Thyself unto Death, even the Death of the Cross. Blessed JESUS, I beseech Thee

iv.]

let this Thy humility move Thee not to despise me, vile and worthless as I am, but do Thou graciously come to me, and mercifully receive me, Thy poor servant, as I come to Thee. Amen.

PRAYER.

**O** GREAT High Priest, the true Priest, JESUS CHRIST, I pray Thee by the all-holy Mystery of Thy Body and Blood, whereby in Thy Church Thou feedest us and givest us to drink, Thou washest and sanctifiest us, and makest us partakers of the One Supreme Divine Nature: grant me to be filled with all Thy holy graces, that I may with a good conscience approach Thy Altar, so that these holy Mysteries may be made to me salvation and life.

O most Sweet Bread, heal the palate of my heart, that I may taste the sweetness of Thy Love. Heal it of all in-

firmities, that I may find sweetness in nothing out of Thee. O most pure Bread, Who hast in Thyself all delights, Who ever refreshest us, and never failest in Thyself, let my heart feed on Thee, and may my inmost soul be filled with Thy Sweetness. The Angels feed on Thee fully; let pilgrim man feed on Thee after his measure, that he may never fail in the way, being refreshed with such Food for the way.

Holy Bread, Living Bread, Pure Bread, Who camest down from Heaven, and givest life unto the world, come into my heart and cleanse me from all defilement of flesh and spirit. Enter into my soul, heal and cleanse me within and without. Be Thou the continual health of my soul and body. Drive far from me all the snares of the enemy, let them remove far away from Thy Presence, so that

fenced within and without by Thee, I may by a straight way arrive at Thy Kingdom, where, not as now in mysteries, but face to Face, I shall see Thee; when Thou shalt have delivered up the kingdom to GOD the FATHER, and GOD shall be All in all. For then wilt Thou satisfy me with Thyself by a marvellous fulness, so that I shall neither hunger nor thirst any more. To Thee, Blessed JESUS, with the FATHER and the HOLY SPIRIT, be all glory and honour for ever and ever. Amen.

#### PRAYER TO GOD THE HOLY GHOST.

COME, O HOLY SPIRIT, come, I beseech Thee, and prepare my soul to receive my Divine SAVIOUR. Most Holy Trinity, Thou didst send Thy SPIRIT to make ready the pure womb of Mary to receive JESUS in the mystery of

[PART

the Incarnation; send now, I pray Thee, that same SPIRIT to make my heart ready to receive that Same JESUS in the mystery of the Eucharist. Come, Thou GOD of fire, and purify me, consume all the stains of sin, all the imperfections that still remain in me, cleanse me, sanctify me perfectly, that I may become the dwelling-place of God. Amen.

ASPIRATIONS.

**H**OLIEST JESUS, dearest SAVIOUR, Thou wert stretched upon the Cross with Thine Arms spread out to receive us. Take me now into the Arms of Thy everlasting Love, and keep me safe there, lest I ever fall away from Thee. Amen.

**I** COME, LORD JESUS, I come, for Thou hast opened Thy Heart to me, as well as Thine Arms, and Thou hast prepared a lodging for my poor soul in that deep abyss of Thy Love. Amen.

**T**HOU hast called me, Blessed JESUS, and I come to Thee; may I never leave Thee. Enter into my heart, feed me with Thyself, sustain me by Thy SPIRIT, refresh me with Thy Comforts, and be Thou to me Wisdom, and Righteousness, and Sanctification, and Redemption. Amen.

2 Cor. xiii,

**T**HE Grace of our LORD JESUS CHRIST, &c.

## PREPARATION FOR HOLY COMMUNION.

## No. III.

*Antiphon.* Arise, O LORD, into Thy resting-place.

Ps. xliii. *Judica me, Deus.*

**G**IVE sentence with me, O GOD, and defend my cause against the ungodly people : O deliver me from the deceitful and wicked man.

For Thou art the GOD of my strength, why hast Thou put me from Thee : and why go I so heavily, while the enemy oppresseth me ?

O send out Thy light and Thy truth, that they may lead me : and bring me unto Thy holy hill, and to Thy dwelling.

And that I may go unto the altar of GOD, even unto the GOD of my joy and gladness : and upon the harp will

I give thanks unto Thee, O GOD, my GOD.

Why art thou so heavy, O my soul : and why art thou so disquieted within me ?

O put thy trust in GOD : for I will yet give Him thanks, which is the help of my countenance, and my GOD.

Glory be to the FATHER, &c.

*Antiphon.* Arise, O LORD, into Thy resting-place, Thou and the Ark of Thy strength.

## DIRECTION OF THE INTENTION.

**O** LORD JESUS CHRIST, in union with that Divine Intention with which Thou Thyself at the last Supper, and on the Altar of the Cross, didst offer

[PART

Thy Body and Blood to GOD the FATHER, I would now offer Thee, in this Same Sacrifice, and with Thee (*here mention the particular intention*). May it please Thee, LORD JESUS, and do Thou grant that in Thee, and through Thee, He may accept me now, and bring me at last to Eternal life. Amen.

ACT OF CONTRITION.

O LORD my GOD, be merciful to me a sinner. I repent, I mourn that I have sinned against Thee, I desire to amend what I have done. Take from me all my iniquities, that purified in soul and body, I may worthily approach Thee, the Holy of Holies. Amen.

ACT OF FAITH.

O LORD JESUS CHRIST, Everliving Priest, Thou didst say, "THIS IS MY BODY," "THIS IS MY BLOOD." IV.]

I believe that Thou, the CHRIST, the SON of the living GOD, Who camest into the world, and wast made Man in the Womb of Blessed Mary Thy Mother, art really and indeed present in the Blessed Sacrament of the Altar. Amen.

ACT OF HOPE.

IN Thee is all my Hope, LORD JESUS, because in this Sacrament Thou givest Thyself to me. Thou the Fountain of all good comest to be my Food and my Strength, my Refuge, and my Salvation. Have mercy upon me, and save me, O Thou Who never failest those who hope in Thee. Amen.

ACT OF LOVE.

HOW great was Thy Love, most Loving JESUS, when, about to leave this world, Thou preparedst a Table for us having all Delight and all Sweetness! For this

Thine Ineffable Loving-kindness, I love Thee, O my GOD, O that I may never cease to love Thee! O Thou, Who art Love, and the Food and nourishment of love, as Thou givest me Thyself, fill me more and more with Thine Own unfailing self-sacrificing Love. Amen.

#### ACT OF DESIRE.

**L**IKE as the hart desireth the water-brooks, so my soul longeth after Thee, my SAVIOUR. LORD JESUS, give Thyself to me and it sufficeth me: for Thou art the Chiefest among ten thousand and altogether lovely, the one only Joy of my heart, beside Thee there is none in Heaven or on earth that I could desire, and without Thee my soul is empty and desolate, and ready to die. Amen.

#### ACT OF HUMILITY.

**I**NFINITE, Almighty, Incomprehensible

LORD GOD, Who art Thou? and what am I? that Thou shouldest condescend to come to me, to sup with me, to commune with me, and to make Thine abode with me. LORD, I am not worthy to receive Thee under my roof, but since Thou wilt to come to me, O then do Thou speak the word only, and my soul shall be healed. Amen.

#### PRAYER.

**O** LORD JESUS CHRIST, Who dost again call me to approach Thy Holy Altar, what shall I render unto Thee for all Thy Love to me? I can only offer Thee myself, and all I have and am. Take me, O LORD, and do with me as Thou wilt, for I am Thine.

I confess that I am unfit to receive Thee, for I am a grievous sinner, an unprofitable servant, a poor, worthless creature, but Thou hast call-

[PART

ed me to Thyself, and I come.

Plead Thou my cause, LORD JESUS, offer Thyself for me before the Eternal FATHER, Thy Sacred Wounds, Thy most precious Blood, Thy Passion, Thy Death. Supply all that is wanting in me, especially in this my preparation for these Holy Mysteries. Prepare my heart, LORD, for Thyself, that Thou mayest find in it a place into which Thou canst enter, and abide, and take delight, and where Thou wilt plant those pleasant fruits of Thine own creating, which Thou wilt to

find there, to Thy Honour and Glory, Who livest and reignest in the Unity of the FATHER and the HOLY GHOST, GOD for ever and ever. Amen.

ASPIRATIONS.

O JESU, Bread of Life, lo, my soul waiteth for Thee; send me not away fasting, lest I faint by the way!

O JESU, Fountain of Life, my soul thirsteth after Thee; O let me draw water out of the wells of salvation. Amen.

ANIMA CHRISTI.  
OUR FATHER.

PREPARATION FOR HOLY COMMUNION.

No. IV.

*(In a time of great Spiritual Desolation.)*

[IN simple obedience to Thy Word, O my God, I come to Thy Holy Altar, but my soul is sore troubled, for Thy tender invitations seem  
IV.]

not now for me. I know that infirmity and misery need not keep me from Thee,—but dost not Thou require the Wedding Garment of holiness? And when I look into myself after having gazed upon Thee, the sight of my unholliness makes me fear and tremble exceedingly. O LORD my GOD, I am in a great strait, for if I fly from Thee, I fly from Life; and if I receive Thee unworthily, I only increase my condemnation.

But, LORD, Thou wouldest not that the Sacrament of Thy Love should become a torment and a snare; and Thy Merciful Wisdom has provided us with help. I believe Thy Word spoken to me by Thy Minister; it comforts me with Thy Forgiveness, it assures me of Thy Favour. I obey therefore, O my GOD,—and I come. Though the darkness of night is about

me,—I come. All my trust is in Thy Mercy, Thy Pity,—and I come.

Bread of Angels, Who comest down from heaven, how can I dare to receive Thee, knowing what I am? But how could I dare to refuse Thee, knowing Who Thou art? My LORD, my GOD, my SAVIOUR! Amen.

#### ACT OF FAITH.

**T**ROUBLED thoughts and dark imaginings cloud my soul, and hinder the blessed vision of Thy Countenance. But I believe in Thee, O my GOD! in all Thy Love, Thy Promises, in all Thy Holy Church teaches me, I believe in Thee!

Those bright gleams of faith with which Thy Grace has so often illuminated my soul, though now fading and faint, yet still sustain me; their precious memories are my comfort and my help in this time of temptation and trial. And I

[PART



believe in Thee, O my GOD, I believe in Thee! Amen.

ACT OF HOPE.

**V**AGUE fears and misgivings oppress my soul, O my LORD. I know Thou art the great and terrible GOD before Whom the Angels veil their faces; the just and holy GOD in Whose sight the very Heavens are not clean. How then dare I look up to Thee?

But LORD, as Thou liest here on Thine Altar, Thou art the Victim Whose Blood washes away the sins of the whole world, the Good Shepherd Who seeks the sheep that is lost, the Divine Mediator Who comes not to judge me, but to save me. I know this, O my GOD, and I hope in Thee, I hope in Thee, O my GOD. Amen.

ACT OF LOVE.

**D**EADNESS and coldness have frozen up my thoughts, my words. IV.]

My heart itself lies torpid before Thee, O my GOD. Yet I know that I love Thee, for I prefer Thy Service to all the pleasures of this life, Thy Favour to all the joys of this world. Thy Grace is the only good to which I aspire, and my sorrow is, that I cannot now feel the delight of loving Thee. But O my GOD, Thou knowest that I love Thee! Though I cannot feel Thy Dear Presence, though I do not taste Thy Blessedness, Thy Sweetness, yet I love Thee, O my GOD. Thou Who knowest all things, Thou knowest that I love Thee. Amen.

"IT IS I, BE NOT  
AFRAID."

VOICE OF JESUS.

**Y**ES, "*it is I, be not afraid.*" As thou passest over the waves of this world, thy frail bark would founder, were it not for Me. My child, My beloved one, dost

thou fear Me? I Who am thy Salvation? My Feet are bleeding, and weary, from following thee so long in vain,—My Hands are toil-worn from labouring for thy Salvation,—“*My Head is filled with dew, and My locks with the drops of the night,*”—My Heart is full of anguish, because Its burning Love meets with no requital.

#### ANSWER OF THE SOUL.

O LORD, I cannot come, I am afraid.

#### VOICE OF JESUS.

O My love, My chosen one, what more can I do for thee? Do not I offer thee My Own Body and Blood for thy Food? When, when wilt thou love Me? I am wearied with the world's sins; My heart is pierced by the ingratitude of man. I come to thee, child of My Love, laden with choicest blessings, behold, I stand knocking at the door of thy heart,

“*Open to Me, My Sister, My Love, My Dove, My Spouse, My Undeiled one!*”

#### ANSWER OF THE SOUL.

Ask me not, O LORD, for my heart is not prepared, I dare not receive Thee!

#### VOICE OF JESUS.

My child, open to Me, I know thy misery, thy weakness,—how thou wouldest love Me, and canst not,—how thou wouldest honour Me, and because of thy poverty hast nought to bring. Open to Me, for My Angels shall go before Me to prepare thy heart with Royal Gifts, and “*I will enter in, and dwell with thee.*” Come then to Me, poor weary soul, kneel at My Feet as Mary did, and listen like her to the words of My Eternal Mercy; rest thy head upon My Bosom, here in all thy sorrows thou wilt find a Refuge.

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**ANSWER OF THE SOUL.** thou shouldest know Me,  
and love Me.  
But, LORD, I am not  
worthy!

**VOICE OF JESUS.**

Not worthy! But are  
not all thy sins forgiven,  
because I have so loved  
thee? Have I not died  
for thee? In the night  
of My bitter Agony was  
not thy name upon My  
Lips? Did I not speak  
of thee while hanging  
on My Cross of suffer-  
ing? I have yearned  
for thy love through  
the long years that are  
past, when as yet thou  
wert not. In the years  
of thy childhood I fol-  
lowed thee, I watched  
over thee, waiting till

Come then to Me,  
child of My Heart, and  
love Me, for none else is  
worthy of thy love. I  
open to thee the Arms  
of My Everlasting Mer-  
cy, I the Virgin's SON,  
the Prince of Peace, the  
Man of Sorrows, the  
Homeless One on earth;  
I, Who have accepted  
thy poor weak love, and  
on Whose Bosom thou  
shalt repose through the  
Ages of Eternity! I  
come to thee, fear not  
Me! "*It is I, be not  
afraid.*"

**ANSWER OF THE SOUL.**

Even so, I come, LORD  
JESUS.

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## INTENTIONS FOR HOLY COMMUNION.

**B**EFORE each Com-  
munion, prepare  
yourself by striving for,  
aspiring to, and deeply  
longing for, one of the  
following Graces, as mak-  
ing you more meet for  
this holy Union with  
your LORD, and more  
lovely in His Eyes.  
iv.]

## I.

Recollectedness of the Presence of GOD.

## II.

Meekness, in submission to the Will of GOD.

## III.

Inward trust that GOD will order all things well.

## IV.

Sense of the All-sufficiency of the Love of GOD.

## V.

Obedience, ready and loving to the least indication of the Will of GOD.

## VI.

Endurance of trial in conformity with the Passion of JESUS.

## VII.

Gentleness in every act and word, as the Spouse of JESUS should be.

## VIII.

Willingness to wait GOD's time, and way, for every promise to be fulfilled.

## IX.

Increase of love to GOD, and undivided affection for Him.

## X.

Burning and quickened desire after nearer likeness to JESUS.

## XI.

Pliancy of will, and docility of mind, lest any part of the training of the HOLY SPIRIT should be lost.

## XII.

Entire absence of complaining, lest the Ear of GOD should be offended.

## XIII.

Self-sacrifice in the blessedness of bearing some "*marks of the Lord Jesus.*"

## XIV.

Spiritual joy, as becoming one united to Him, in love and confidence.

## XV.

Absence of distractions as unbecoming one to whom all is nothing, having the Love of JESUS, which to have is Life.

## XVI.

Purity of intention and heart, unstained by any thought of self.

[PART

FOR SPECIAL DAYS.

ADVENT SUNDAY.

**T**HANKFULNESS for the calls of GOD, and the revealings of Himself to my soul; and resolve to live only to prepare for His perfect manifestation in myself in this life, and yet greater revelation in the Life to Come.

Patient waiting, though He seem to tarry long, and delay my bliss, and put me to greater trial, or leave me even in darkness; feeling sure that behind the cloud the brightest Light is shining.

CHRISTMAS DAY.

**T**O die more entirely to self, that my LORD Who is now my only true Life, may find in me no hindrance to His being perfectly formed in me; and joy in the confidence that such a Divine Life may be mine. **IV.]**

To clothe myself in poverty of spirit, that born again in the perfect humility of JESUS, I may know no other life but His, no other honour but His secret praise, and His FATHER'S Love.

S. STEPHEN'S DAY.

**C**ONSUMING zeal for God, and fortitude tempered with tenderest love, to animate my life until death; gazing ever upwards at my LORD to sustain me.

Unquenched resolves to overcome oppositions, misunderstandings, contradictions, by patient suffering appeals of trust, and fervent desire for others' good.

S. JOHN THE EVANGELIST'S DAY.

**T**O live more entirely in contemplation, dwelling in the higher regions of faith, that I may be

drawn more and more deeply into a life hidden with CHRIST in GOD, and feed evermore on His Mysteries.

To chasten passions, impulses, longings, by constant looking upon the Face, into the Heart, of JESUS, resting on His Bosom.

#### THE HOLY INNOCENTS' DAY.

**C**HILDLIKE, playful simplicity, committing all to GOD, heedless of fear, or violence, nor shrinking from trial, only caring to be pure in heart, and one with JESUS.

To keep the true Martyr spirit, even in lowliest ways, by unwavering, gentle yieldings of soul and body to every trial that comes, however undeserved, however unexpected.

#### THE FEAST OF THE CIRCUMCISION.

**T**o live more constantly in adoration of the

Love, which even in infancy caused the shedding of the Precious Blood of JESUS; and deeper contrition for sins, which even from my earliest childhood have stained me, and caused It to flow.

Courage even in my weakness to bear mortification in the flesh, in my self-love, in my sensitiveness of reputation and ease, till perfectly offered in sacrifice to JESUS; till all nature in me is perfectly conformed to the Will of GOD.

#### THE EPIPHANY.

**T**o seek JESUS wherever He may be found, though it be in utmost abasement, in the face of enemies, in constant weariness, in long waiting, ever asking the way, ever eager to follow it.

To lay at the Feet of JESUS, all my possessions, as no longer my own for me to use after my own mind,—outward

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goods to be spent for Him, inward power to be exhausted for Him, inward affections, desires, plans, to be in subjection to His Desires.

SEPTUAGESIMA.

**T**HANKFULNESS for the callings of God, notwithstanding past disobedience; and resolve to devote the remainder of my life, with whatever burden or toil may come, to be found whenever JESUS calls me to Himself, fulfilling what He sent me forth to do.

Patience under lengthened trial, and deeper searching of the heart, to know what is yet wanting to the perfection to which I am called, lest I miss my predestined portion of Joy in CHRIST.

ASH-WEDNESDAY.

**T**O endeavour to see myself only in God, and know all my sin as it appears in His sight, IV.]

that I may prostrate myself in shame and abasement, my only true posture before Him.

Not to shrink from any humiliation, but to welcome all outward discipline, and love inward self-denials, that I may die wholly to myself, clothed in the nothingness which is my real portion.

PASSION SUNDAY.

**T**O endeavour to lead a life of self-oblation, offering my gifts, my powers, my affections, my will, evermore to God. To be willing to be led as a lamb to the Altar of Sacrifice, even as JESUS, if others are cruel, or hard, or exacting, or in any way trying to me.

To live in the spirit of the Victim-Heart of JESUS, as He did for me, without complaining, with sweetness and cheerfulness, and evenness of mind.

## PALM SUNDAY.

**T**O preserve humility in all joys and successes; and if the praise or love of others is around me, to abase myself the more, in the thought of the lowliness of my LORD, and my own unworthiness.

To remember always my last end, and overcome all self-justifying, all proud dwelling on self, in the certainty that after whatever triumph, death must come, and after death the Judgment.

## MAUNDY THURSDAY.

**L**OVE responsive to that Love of His Sacred Heart, which has lavished all on me, not only Heaven, but His own Life, and His very Flesh, and His very Blood.

Resolve to abase myself more entirely in love, to wash the feet of all, to minister as each one needs.

To live in the blessed consciousness that Eternal Love dwelleth in me, and I in Love, that He is one with me, and I one with Him.

## EASTER EVEN.

**T**O bury all the past, my cares, my fears, my repinings, my murmurings, even the memory of all that is not of God, in the sepulchre with JESUS, and lie there with Him that I may rise to newness of life.

To hide myself in my nothingness and die to myself, to all remains of pride, and self-love, and self-exaltation, to know the bliss of a perfected humility, of knowing myself to be nothing to myself, or to others.

## EASTER DAY.

**T**O go forth in the freedom of the Spirit, out of the Tomb in which self has died from love of JESUS, and follow  
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wherever He, my Risen Love, shall lead me.

To trust the power of Grace triumphing over nature, to bear me on in the Light of the Vision, to embrace which I gladly bear the loss of all things.

To turn away at once from doubts and despondencies, and complainings, that hang around the tomb of perished hopes; and to cling to what is Eternal, the perfect union with Divine Love.

EASTER MONDAY.

**T**O rejoice always, even in sadness and weariness, even in the death of all my hopes, through the faith which sees beyond the Cross, the joy set before me.

To believe without seeing, to feel without touching, to lay hold through the darkness, with the outstretched Arm of the Spirit, upon the Vision that calls me hence.

EASTER TUESDAY.

**F**AITH in the call that bids me give up the seen for the Unseen, the present joys for the future Bliss, the present ease for the Everlasting Rest.

IV.]

ROGATION SUNDAY.

**T**O give myself more fervently to prayer, leaning on the intercession of my LORD: to bring every difficulty, every need, every struggle before my GOD, and not to cease; that for my "*importunity*" I may be heard, yet to leave to Him the manner and the time in which His answer may come.

To consecrate all my acts by prayer, and thus make life one continued oblation, that all I do, and all I have to bear, may be united with the Incense of the many Prayers ever rising from the Angel's Hands.

## ASCENSION DAY.

**T**O seek the ascended Life, as already filled with the Light in which Saints and Angels move, doing the Will of GOD; making GOD my end, making the purpose of GOD for me, my rule, happy only in the thought that I have the praise of GOD.

To look upward always, knowing that my LORD is gone before, and bears me in His Heart before my FATHER and His FATHER, that I may in heart and desire ever be with Him, and never follow my own perverted will, never yield to my own earthly tendencies, my own selfish longings.

## SUNDAY AFTER ASCENSION DAY.

**T**O persevere in what my LORD has willed for me, ever in heart renouncing my errors, my aims, my finite hopes, and if my courage or my

desires fail, to wait for a renewed quickening of the Spirit, as on the Day of my Espousals.

To remove all hindrances to the HOLY SPIRIT'S perfect work, that no hardness, no want of generosity in my soul, may lessen His blessed influences within me.

## WHITSUN EVE.

**T**O wait though it may seem long, and my heart grow weary, till Power descend from on high, and overcome me with its sweetness, and raise me into a purer atmosphere of love, and self-sacrifice, and simplicity of heart, seeing my LORD in all things.

To preserve stillness, silence, reverence, communing more deeply with the inner world, pondering heavenly things in heart, that I may not lose any inspirations of the Spirit, any breathing of the Voice of GOD within my soul.

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WHITSUN DAY.

**T**O reverence the movements of the Holy Dove brooding over my soul, and penetrating it with secret raptures, devout longings, fervent purposes, ardour of love.

To turn quickly away from selfish dreams, conflicts, ungentle thoughts, untender feelings, lest the Holy Dove flee away and find rest in other hearts than mine.

WHITSUN MONDAY.

**T**O be ready to arise and do what the Spirit witnesses within me to be His guiding for me, the closer likeness to the mind of JESUS.

To labour after humility more perfectly, because the streams of grace flow more easily into the lowest valleys, and only therein rest.

WHITSUN TUESDAY.

**R**ENUNCIATION of all the sweetnesses  
IV.]

of the flesh, and of the world, that the higher, purer joys may increase where the spirit of mortification reigns.

To delight myself in GOD, Whose Life is endless, boundless Joy, luxuriating in the promises of love, which the Spirit seals in my heart.

TRINITY SUNDAY.

**T**O live more entirely to the Glory of GOD, resting in the assurance of His changeless, inexhaustible, all-embracing Love, penetrated more and more with the profound consciousness of His Presence around, within, in all, above all.

Never more to doubt His care in all that happens to me, His wisdom in all that tries me, His tenderness in dealing with me, His desires to gather to Himself even me, unworthy, because He is GOD, and my own GOD.

**FEAST OF CORPUS  
CHRISTI.**

**T**O love GOD with the deepest gratitude, because He has invented such a wonderful miraculous way of coming continually to me, and uniting me to Himself.

To live looking for His coming, blessing Him because He has come, wondering at the mystery of His profound ineffable concealment of His Majesty.

To live a more hidden life, under a very lowly exterior, doing as great acts of devotion, and love, and self-sacrifice, as I can, under the simplest forms, in most unobserved ways, and in greatest quietness.

**S. ANDREW'S DAY.**

**J**OY at having found JESUS, that I may never again leave Him; in fervent longings to bring, through my labours, and my prayers, and my love, other souls

to Him, that He may be glorified, and His kingdom hastened.

Love for others, deepening in the delight of the Love of JESUS alike to me, and them; and resolve to put away all hindrances to a true union of love, and mutual kindness.

**CONCEPTION OF S. MARY  
THE VIRGIN.**

**T**O seek a more inward purity in intention, and motive, and secret acts before GOD, striving to remove from my soul the faintest jarring against the All Holy Spirit Who abides in me, that my life may be more calm and even, more consistent and true; that I may have my portion among the Virgin Saints, who shall see the Face of GOD, and on whose foreheads the FATHER'S Name is written.

To study and imitate more perfectly the spirit of the life of the Ever-  
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Blessed Mother of God, that being made like her I may be more dear to my LORD, and that He may love to dwell with me, as of the same mind and spirit with Himself:

S. THOMAS THE APOSTLE.

**N**EVER to grieve my dearest LORD by desponding doubts or fears, and to rejoice in the faintest signs of His Presence even in darkness, and, though He shine not in me, to rejoice in the Grace and Light given to others.

To cherish trustful Faith till it becomes the one guiding, animating principle of my soul; and to continue my prayers, my studies, and my work with confidence, though I may not always taste the same sweetness.

CONVERSION OF S. PAUL.

**T**O trust more constantly in the power of Grace to turn the  
[IV.]

heart wholly to God, from the deepest perverseness in the will and the affections, and after the longest period of ignorance and resistance to His Love.

Resolution to follow the vision of Divine Love which has shone forth on me, the Light that has entranced my soul, with fervour and single-hearted devotion, in reparation for all past offences.

PURIFICATION OF S.  
MARY THE VIRGIN.

**T**HANKFUL self-oblation, that I may have a share in the pure Offering of JESUS in me, and myself in JESUS, in the Holiest Place, in response to the call of Divine Love, with the full intention of my whole future life being devoted to Him.

Purity in the offering of oneself, giving the best though little, keeping nothing back, renewing all past Vows,

especially offering Him a true Chastity, a cheerful Poverty, a generous Obedience.

#### S. MATTHIAS' DAY.

**T**HANKFUL joy in the continued line of Apostles, Martyrs and Virgin souls; and hope to have my place as a link in the wonderful chain of Saints, a witness to the truth and love of JESUS, and the power of His Spirit.

Humility in my use of the many gifts of God in me, lest they prove a snare to me; and watchfulness against the least unfaithfulness to grace, and the faintest yielding to worldly desires, or attachment of self-pleasing.

#### THE ANNUNCIATION OF THE BLESSED VIRGIN MARY.

**T**O live prepared for Heavenly Visitations, and movements of the Blessed Spirit within me,

that I may not miss any of the likeness to my LORD intended for me, and to be obedient to the Divine Call whatever it may cost me.

To reverence the Ever Blessed, Ever Virgin Mother of GOD, as truly my mother; as my great example of purity, of modesty, of sweetness, of devotion, of all supernatural graces, as an intercessor for me now above, before the Throne of GOD.

#### S. MARK'S DAY.

**N**OT to regard vain fears, nor yield to misgivings, but to keep before me the vision of my first Calling, and first love, and go onward in the faith of Him, Who first bid me trust my all to Him.

To trust still, even though I fail, though I fall back, though I am covered with shame, but to arise as He calls me again, and press onward

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with more than my early fervour.

S. PHILIP AND S. JAMES' DAY.

**T**O cultivate sympathy and loving-kindness to others, binding myself to my LORD in the hearts of others whom He loves, and for whom He cares as for me, and in whom He welcomes my acts of love as done to Himself.

To be steadfast to my resolutions, and to rise to a life of practical self-denial through constant prayer, and mortification of my senses, of my sensitiveness, of my self-indulgent habits, as the Spirit of JESUS bids me never to depart from the Way, the Truth, and the Life.

INVENTION OF THE CROSS.

**T**O treasure the precious Sign of the Love and Sufferings of my Blessed LORD, with increasing reverence, but more ear-  
IV.]

nestly still to stamp it on my heart, even Himself hanging upon it, that all within me may be nailed to His Cross, and all my passions, all my impulses, be silent and still in the Death-sleep in which He hung, a Victim for me.

S. BARNABAS THE APOSTLE.

**T**O make my sacrifice of myself more complete, laying all I am, and have, or can do, at the Feet of my LORD, with a more generous will, and larger heart, whatever it may cost me.

To be very sympathizing, feeling for all who suffer, cheering all who are sad, helping all who are cast down, doing all I can to promote peace and mutual kindness.

S. JOHN BAPTIST'S DAY.

**T**O be steadfast in my resolutions, and to bear most firmly what depresses and hinders

me, keeping before my eyes the vision of my LORD within my soul, and having no joy like the joy of being one with Him in spirit and in truth.

To live more for my LORD in humility, revealing Him in my words, my deeds, my sufferings, and yet all the while trying to be hidden in forgetfulness of self, seeking nothing for myself, nor being pained at being nothing to others.

#### S. PETER'S DAY.

**G**REATER watchfulness lest I lose any portion of the blessed Gift within me; lest by hasty word, or sudden surprise, or fear, or thought of myself, I betray the Mystery entrusted to me, the wonderful manifestation of my LORD, which I now see, and feel, and embrace with ravishment of delighted love.

To distrust myself more, and go down into a deeper valley of lowly thoughts, and to abide there as my only safety, my surest rest, in which state alone I can keep near my LORD, and be quite true to Him.

#### THE VISITATION OF THE BLESSED VIRGIN MARY.

**T**O love more dearly the love and fellowship of those who live the same life with me in JESUS; to sorrow in their sorrow, and rejoice in their joys, and bear their burdens, and help them in their labours; but in all quietness and sweetness, asking nothing in return, and not letting any selfish thought arise.

#### S. MARY MAGDALEN'S DAY.

**T**O endeavour more earnestly to repair the sins of the past, the wasted powers, the abused faculties, the evil thoughts

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allowed, by a deeper love, and a greater devotion.

To purify myself more perfectly in my secret thoughts, in will, in impulses, in every act, that at last embracing and embraced in the sweetest Kiss of Peace, my Beloved may be mine, and I His, for ever.

S. JAMES THE APOSTLE.

TO listen for the Callings of my LORD in deeper silence of a longing heart, and to be quicker, and more ready to follow when He calls me, leaving all at once that hinders me, however dear it may be to me.

To give myself more to prayer, continuing in prayer, to love prayer more, and feel it more to be my life and support, using it more constantly in what I am doing, till it becomes like the breathing of my lips.  
IV.]

THE TRANSFIGURATION.

TO cultivate the hidden life, gazing at the Glory which even in the days of His Humiliation abode in my LORD, in His Mind, in His Soul, even in His Flesh, and cherish Him thus hidden in myself.

To bear my Cross more brightly, more gladly, that I may make sure of the joy which is set before me, when I shall be clothed in the Glory of my LORD.

THE HOLY NAME OF JESUS.

TO dwell more habitually on the sweetness of that Name, which is to my soul the healing of all disease, deliverance from all fear, peace in all trouble, fulness of hope in God.

To cherish steadfast trust that as I dwell fondly on His Blessed Name, He may call me by my name, and own me by my name before

**HIS FATHER**; and that He may unite my name with His Own in the Book of Life.

**S. BARTHOLOMEW THE APOSTLE.**

**TO** be quite willing to be the least of all, the least noticed, least thought of, even by those I love, even by those I most serve and care for: to be quite unselfish and lowly in my love, and yet love as truly, love more in and for God.

To be always ministering to others in loving lowly acts, and unobserved duties, and unnoticed ways of doing good, and helping others, not looking for anything, making more sure that my treasure is in my LORD alone.

**THE BEHEADING OF S. JOHN BAPTIST.**

**FAITHFULNESS** unto death, even though all may be dark around me, and myself lowly in the midst of

desolation, and even my LORD hidden from me.

To cling still to JESUS in the clouds and darkness with steadfast love, unshaken by any trial my Beloved LORD may will me to bear, living by pure faith in His Truth.

**THE NATIVITY OF S. MARY THE VIRGIN.**

**TO** trust more to the power of Grace purifying me, and to correspond with it, with a more perfect will, that I may be adorned with higher virtues, and live more perfectly in the power of my Regeneration.

To long more ardently for the Birth to come, that in the last Regeneration when the Son of Man shall sit on the Throne of His Glory with His Blessed Mother, I may have my portion with Him.

**HOLY CROSS DAY.**

**TO** look at sufferings as a sure means of

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union with my LORD, and to bear them with greater courage in this blessed hope, especially all humiliations and contempts, all oppositions and misjudgings, and all trying accidents, resigning myself so entirely that I may be nailed with my LORD to the Cross He appoints for me, soul and body, heart and spirit, that I may be wholly mortified, and so having suffered with Him, I may also reign with Him.

S. MATTHEW THE APOSTLE.

TO watch still always for my LORD, even in the crowd, and as I move to and fro among others, to keep my treasure in my heart, pondering over it, making secret sacrifices, and waiting for fresh Calls, if only my LORD will speak to me, and tell me His Will.

To arise at once and do what my LORD wills, IV.]

and follow Him wherever He leads me, and do whatever He bids me do, without calculating, or planning, or fearing, simply trusting the Voice that calls me, and loving His Will above all things.

S. MICHAEL AND ALL ANGELS.

MORE perfectness in adoration, gathering up my thoughts in deeper silence, and more profound humility, fixing my heart more intently in all my prayers and Offices, on the Vision of Him Who sitteth on the Throne, before Whom the "*thousand times ten thousand*" cease not day and night, saying "*Holy, Holy, Holy, Lord God of Hosts.*"

To minister more readily, more gladly, more instantly, more zealously in all my work, in all acts of kindness, in gentle courtesies, in unnoted self-sacrifices.

### S. LUKE THE EVANGELIST.

**T**O study the Life of my LORD more perfectly, dwelling on all the smallest features, and pondering them as the Ever Blessed Virgin did, and keeping them in mind to imitate them, and grow in their spirit.

To endeavour more to feel tenderly for all, to heal sorrows and sorenesses, to keep a compassionate loving heart, actively embracing all, widely diffusing charities, yet true and steadfast in keeping a pure conscience, with simplicity, faithful to all alike.

### S. SIMON AND S. JUDE, APOSTLES.

**T**O preserve the blessed Vision of the vast glorious Communion of the Saints, and feel the share my LORD wishes for me in their fellowship; to be as though I were now in the midst of them, to pray with

them, suffer as they suffered, love as they loved, labour as they laboured, that I may shine as they shine now in the Light of my LORD.

To do all I can to cherish unity of the Spirit in the bond of peace, not to dwell on grievances, or others' faults, or past wrongs, but to make light of all that wounds me, and strive to smooth all difficulties in others, that there may be more love, more union among all.

### ALL SAINTS' DAY.

**T**O live more constantly in the thought of the power of Grace which those most Blessed Ones who are now with my LORD in Heaven, have known, and are tasting now in its fulness.

To reverence them more, and the work of my LORD in them, and so to think of them that I may never lose the benefit of their interces-

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sions, and the Grace of made strong, and are  
their examples. now enjoying the bless-

To cherish the Graces ed recompense of their  
of hope and trust more faith, and run my race  
deeply and constantly, with greater patience,  
remembering how many looking to my portion of  
have borne and suffered, the Reward.  
and out of weakness were

## HYMNS.

*The Real Presence.*

**I** KNOW that Thou art here, I know not how ;  
While others argue, I Thy Word adore ;  
Body and soul before Thee lowly bow ;  
Thy Word hath spoken it, I ask no more,—  
Who eateth Me, the same shall live by Me,—  
A soul-subduing Voice, a Mystery ;  
My whole heart thirsteth after Thee, LORD CHRIST,  
Therefore I live for Thy dread Eucharist.

*The Sacrifice of the Altar.*

**T**HAT Which He offered at the Paschal Feast,  
That Which He offered on the fruitful Tree,  
The once-slain Victim, Prophet, King, and Priest,  
FATHER, we offer here in Mystery ;  
Behold the merits which we could not win ;  
Behold His griefs Who bore the whole world's sin ;  
Behold, LORD GOD, the Face of Thine Own CHRIST,  
Shown forth to Thee in Thy dread Eucharist.  
IV.]

*The Communion of Saints.*

**Y**E Saints of GOD, sweet JESUS' Body glorious,  
 From Abel to the babe baptized but now,  
 Ye that in Paradise take rest victorious,  
 Ye that on earth beneath the Cross still bow,  
 Ye lightning-visaged Hosts Angelical ;  
 Here at His holy Feet I meet you all ;  
 Heaven and earth are one in Thee, LORD CHRIST,  
 Therefore I live for Thy dread Eucharist.

*Sacramental Likeness.*

**T**HEY grow alike who dwell in love together ;  
 And gentle holiness doth tame and fashion  
 Tenderly, as the influence of calm weather,  
 The vagrant heart which owns no law but  
 passion ;  
 And since for Thy dear Likeness, LORD, I yearn,  
 And wandering ever, once again return  
 To dwell in Thee and Thou in me, LORD CHRIST,  
 Therefore I live for Thy dread Eucharist.

*Penitence in Communion.*

**D**EEP penitence was hers, who bathed Thy Feet  
 In tears that welled from out a broken heart ;  
 High was her lot when Thou didst make her meet  
 In quiet love to choose the better part ;  
 More blest when she, unsparing and deep-loving,  
 Did what she could and heard Thy kind approv-  
 ing :  
 So let me gather grace on grace, LORD CHRIST,  
 Therefore I live for Thy dread Eucharist.

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*The Business of Life.*

**T**O tread the way Thy holy Feet have trod,  
 To keep that flinty path, and never stray,  
 To live the hidden Life with Thee, O GOD,  
 To bear the Cross with cheerful heart alway,  
 Learning to live that I may know to die,  
 And wait in hope Thy coming Majesty,  
 This, this is what Thou willest, O LORD CHRIST,  
 Therefore I live for Thy dread Eucharist.

*The Will of God.*

**T**HY Will be mine; for nothing will I long,  
 Thy perfect Will shall be my only care;  
 Give as Thou wilt, pain, sickness, grief or wrong,  
 Chill failure, or success more hard to bear:  
 But grant that saturate with Grace Divine  
 My heart may beat in harmony with Thine:  
 For Thou, O GOD, art Very Man, LORD CHRIST:  
 Therefore I live for Thy dread Eucharist.

*Supplication.*

**A**SK; and it shall be given unto you,  
 More than ye think, and better than ye ask:  
 Seek; ye shall find that I am Just and True;  
 My powerful Love ye cannot overtask:  
 Knock; and it shall be opened.—LORD, I knock,  
 I seek, I ask; do Thou Thy store unlock;  
 For here Thy store is richest, O LORD CHRIST,  
 Therefore I live for Thy dread Eucharist.

*Dryness.*

**A** WEARY body, and an o'erwrought brain,  
 No wish to long for Thee, no heart to love,  
 In hard dull apathy a painless pain,  
 Yet will I come and Thy deep Mercy prove;  
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For not in plastic feelings of the mind,  
 Celestial comfort must I seek and find,  
 But in true Presence Thou art here, LORD CHRIST—  
 Therefore I live for Thy dread Eucharist.

*Sorrowing yet rejoicing.*

SO many disappointments, woes and cares,  
 Fightings without, misgiving fears within,  
 Heart-desolating joys, bewildering snares,  
 So great a daily load of unknown sin!  
 So wearily goes the world, so heavily,  
 That it were better could I cease to be,  
 Yea, but for union unto Thee, LORD CHRIST,—  
 Therefore I live for Thy dread Eucharist.

*Communion.*

A RUSHING sound as of a mighty Wind  
 Came down from Heaven, and Cloven Tongues  
 of Flame  
 On every faithful brow their place did find :  
 Not so He cometh now ; yet aye the Same,  
 With soft low Breathings on the inmost heart  
 His unseen Fire of Love He doth impart,  
 But chiefly at Thine Altar, O LORD CHRIST  
 Therefore I live for Thy dread Eucharist.

*Awakening to Realities.*

I GAZED on phantom shows and called them  
 good,  
 Dulling mine eyes with empty weariness ;  
 I ate the husks of sin and thought it food,  
 Till my poor cheated soul sunk down in dreari-  
 ness ;  
 God's Grace awoke me ; and I cried aloud—  
 Ah, fill my hungry soul ; scatter this cloud ;

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There is no Light, nor Food but Thou, LORD  
 CHRIST,  
 Therefore I live for Thy dread Eucharist.

*Thirst for Christ.*

NOT through mere shrinking from the griefs of  
 hell,  
 The worm that dies not, and the quenchless fire,  
 Not through mere longing evermore to dwell  
 Among the radiant Hosts of Heaven's quire;  
 For Heaven were hell, if Thou Thy Face shouldst  
 hide,  
 And hell were Heaven, if Thou shouldst there abide.  
 Thyself, Thyself I long for, O LORD CHRIST,—  
 Therefore I come to Thy dread Eucharist.

*Union with Christ.*

THOU art ascended: we may touch Thee now;  
 By holy Faith which dwells in things above,  
 By holy Hope enduring things below,  
 By Love outstripping both, repentant Love;  
 Yea, and by this, combining all in one,  
 Faith, Hope and Love in vast communion,  
 This more than heavenly teaching, O LORD  
 CHRIST,—  
 This Gift of Gifts, Thy glorious Eucharist.

*“Come unto Me, all ye that labour and are  
 heavy laden, and I will give you rest.”*

LORD, at this moment Thou art surely here,  
 And I Thy Presence feel;  
 iv.]

I feel Thy pitying Eye bend o'er my head,  
I hear Thy gentle Footsteps near me tread,  
And at Thy Feet I kneel.

I kneel ; I tell Thee all my inmost woe,  
Tell of a load of sin,  
I ask Thy pity, pardon and relief ;  
I show Thee all my bitter, bitter grief,  
The deep distress within.

I count my years, to Thee, a wasted life,  
With so much left undone.  
It looks so sad, now Thou Thyself art near,  
Thy Human Life shines out so pure and clear,  
And mine in sin has run.

Now, while I see Thy Wounds—I feel it all  
Too much for me to bear.  
I need to draw new Life in every breath ;  
I need a rescue in the hour of death  
And One my griefs to share.

And while I lay this sadness at Thy Feet  
I feel Thee nearing me,  
Stretch forth Thine Hand—I know Thy healing  
Voice ;  
It makes this weary, mournful heart rejoice,  
And draws me nearer Thee ;

Nearer and nearer still ; gives me Thyself  
In wondrous Mystery ;  
Unites me with Thee, and Thyself with me  
In sorrow, joy, through life, through death, to be  
Thine in Eternity.

## DEVOTIONS AT COMMUNION.

THOUGHTS BEFORE  
COMMUNION.

**J**ESUS comes, hidden, lest His Glory, His Greatness, should terrify me; for but one faint ray of His Divinity, if it became visible, would overwhelm me utterly.

**J**ESUS comes, putting aside His Eternal Majesty, content to wear a guise so lowly that only faith can see, only love can apprehend.

**J**ESUS comes in all the perfectness of His Crucified Humanity, fragrant with the odours of Paradise, steeped to overflowing in the glories of the Godhead.

**J**ESUS comes, the God infinitely loving, to communicate to me a Divine Life, to impress upon me the seal of immortality, to breathe light, and joy, and grace, and beauty into my soul.

**J**ESUS comes from the Throne of His Glory, IV.]

from the adoration of Cherubim and Seraphim, from the worship of Saints and Angels, to lay Himself in my cold heart, that I too may worship and adore Him.

**J**ESUS comes to unite me to Himself, and with Him the FATHER comes to adopt me as His Child, and the HOLY GHOST comes to comfort and help me, and all the heavenly Host come to worship and adore my God who is about to abide in me.

## ACT OF DESIRE.

**L**ORD, lift Thou up the Light of Thy Countenance upon me.

**L**IKE as the hart desires the water brooks; so longeth my soul after Thee, O God.

**M**Y soul is athirst for God, yea, even for the living God: when

shall I come to appear before the Presence of God ?

**W**HOM have I in heaven but Thee: and there is none upon earth that I desire in comparison of Thee.

#### ACT OF CONFESSION.

**O** LORD my GOD, in whatever from infancy until this moment, knowingly, or ignorantly, inwardly or outwardly, sleeping or waking, by thoughts, words, or deeds, by the darts of fiery enemies, or by the desires of my own unclean heart, I have sinned against Thee, pity me and remit to me for the sake of JESUS CHRIST our LORD. Amen.

#### ACT OF FAITH.

**M**Y GOD, and my King, although I see Thee not, I know that Thou art here: and it is enough! I adore Thee, I glorify Thee, as if I did really see Thee. I

rejoice in Thy blessed Presence, and give Thee thanks that Thou deignest thus to descend upon our Altars, to come to us, and abide with us! Quicken my Faith, O LORD, ever more and more, and reveal Thyself now to my longing soul! Amen.

#### ACT OF HOPE.

**O** BREAD of Life, I come to receive Thee, with full Hope that Thou wilt quicken my spirit, comfort my heart, cheer my soul, strengthen my powers, purify my flesh, renew my life, and transform me wholly into Thyself. Increase my Hope, Blessed JESUS, that Thou being in me, and I in Thee, I may become all that Thou wilt me to be, and obtain all Thy gracious Promises for me. Amen.

#### ACT OF LOVE.

**O** MOST Sweet SAVI-  
OUR JESUS CHRIST,  
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wheresoever Thou art, Thou art altogether lovely. What return can we make Thee for the Gift of Thyself in the Holy Eucharist? O that I loved Thee with all my heart, with all my soul, with all my mind, with all my strength! Give me to love Thee for all Thy Goodness in this Sacrament, for the Love that herein Thou showest me, the benefits Thou bestowest on me, the evils from which Thou deliverest me, and above all, for Thy longing desire that I, unworthy, should love Thee! LORD JESUS, fulfil this Thy desire, grant me to love Thee as Thou wouldest beloved. Come to me now, give me Thyself Who art Love, unite me to Thyself in this union of perfect love, Which Thou dost deign to begin here, and wilt consummate in its perfection in the life that knows no ending. Amen.

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# PRAYER.

O JESUS most ardently desired and longed for, behold the moment draws near, the rapturous moment in which I shall receive Thee, my GOD, into my soul. Behold, O my JESUS, I come unto Thee, and run to meet Thee with the utmost devotion and reverence of which I am capable. Stretch forth, therefore, Thy most Sacred Hands to embrace my soul, those very pierced Hands of Thine which Thou didst stretch forth amidst the anguish of Thy Passion to embrace all sinners. O my crucified JESUS, I stretch forth not my hands only, but my heart and my soul, to embrace Thee and to lead Thee into the most inner and secret recesses of my heart. Would that I could receive Thee now with all that devotion, reverence, and love wherewith Thy

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most blessed Mother received Thee in Thine Incarnation, and in Thine adorable Sacrament!

O Sweetest JESUS, I offer Thee for my fitting preparation, Thine own transcendently Meritorious Heart, and all the Ineffable Virtues and Graces which the most Blessed TRINITY bestowed without measure upon It, that therewith all my vileness and all my unworthiness may be covered, and that a befitting and most peaceful abode may be prepared for Thee in my soul. Amen.

PRAYER TO GOD THE  
HOLY GHOST.

O HOLY GHOST, proceeding from the FATHER and the SON, Who comest forth unceasingly to perfect what Thou hast created, by an everlasting union with God in love, Thyself perfect God; Who didst wonderfully unite Thyself with the Blessed

Mary, Ever Virgin, to form the Body of JESUS, and now in answer to our prayers, comest in Mystical Glory to form each one of His Elect after the Same Image, by a wonderful Sacrament; Give me, I beseech Thee, even me, the least and most unworthy of Thine Elect, true preparation of heart for this Thy unspeakable Gift; for Thou alone canst fit the soul for the Grace which Thou givest.

Come, HOLY GHOST, Blessed Paraclete, and unfold within me the Vision of Glory hidden from the natural sight, but known of Thine by Thy revealing, and draw me on to perfect me in blissful union with my LORD, even as Thou wilt bind in Sacramental unity "the outward visible sign and the inward Spiritual Grace" of His Lifegiving Presence.

So shed Thyself forth in me, that undisturbed,

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absorbed in silent ecstasy of loving desire, I may keep myself hungering and thirsting till the perfect Righteousness enter in; the secret Fire of Love glowing till the Brightness of the Everlasting Light transform me into God.

O HOLY SPIRIT, cease not within me Thy creative Energy, till purified in every movement both of the flesh and spirit through the Body of CHRIST, and become bone of His Bone, and flesh of His Flesh, the very Heaven of Heavens may overshadow me, and I may walk with God, and be perfect.

Preserve in me what Thou comest to impart, that nothing of Thy Grace may perish in me; that as my LORD comes to me in the very substance of my flesh, glorified, so by Thy abiding Power working in me, I may glorify Him in the substance of a life formed in His Likeness. rv.]

Come, Blessed Comforter, and let the Voice of Thy Joy be heard in my soul, as Thou ministerest to my perfect union with my LORD, Who with Thyself, and the FATHER, reigneth, One GOD, for evermore. Amen.

#### INVITATION TO JESUS.

O JESUS, surpassingly sweet, Who hast said with Thine own Gracious Lips, that Thy Delights are to be with the children of men, my soul longeth for Thee, my heart yearneth now towards Thee.

Come, then, O most Beloved Spouse of my soul; come, O most beloved and only Love of my soul; come and turn aside awhile into the poor and wretched hovel of my heart.

Come, Thou Heavenly Physician, come and heal my stricken soul.

Come, O Friend, a thousand-fold above all

others beloved, come and enrich my utter poverty.

Come, Thou Bright and Genial Sun, and scatter the thick darkness which hangs upon my soul.

Come, Thou sweetest Manna, and satisfy my exceeding hunger.

Come, O JESUS, incomparable in Thy Loveliness.

Come, Thou Beloved, come and sup with me in the vile chamber of my heart. And although I have made ready nothing which may be seem Thy dazzling Magnificence, yet wilt Thou find there a will which would tend to Thee alone, and affections which would be wholly Thine.

O Thou, my only Love, I long for Thy coming with most eager desire; I await Thy coming with yearning love. O Thou Fairest of the sons of men, O Spring of inexhaustible sweetness, O Thou sweeter than all sweetest delights, come,

oh, come unto me, and disdain not Thy poor and needy servant. Amen.

#### LONGING DESIRES FOR JESUS.

WITH desire Thou didst desire to eat the Passover with Thy Disciples, before Thy Passion. With such desire I would long for Thee, now Beloved LORD of my heart! with such desire I would receive Thee in this the Sacrament of Thy Love! As the hart desireth the waterbrooks so longeth my soul for Thee, the Living GOD! The delights of heaven will replenish me when Thou enterest under my roof, and fillest my soul with Thy Adorable Presence, and dost satiate me with Thy Love!

O Thou, the Spring of Living Water, flow into my heart, and satisfy my longings to receive Thee.

O Thou, the Bread of

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Life, fill my whole being,  
and let my soul find its  
rest in Thee.

Come, Thou Joy of  
Angels, Desire of Patri-  
archs and Prophets,  
Crown of Saints, true  
Paschal Lamb, Bride-  
groom of Virgin souls,  
the One Treasure of the  
Faithful, come to me  
Thy most unworthy  
child. I cry to Thee,  
*"Blessed is he that com-  
eth in the Name of the  
Lord,"* and I hear Thee  
answering me: *"Be-  
hold I come quickly!"*  
*"Blessed are those that  
are called to the Mar-  
riage Supper of the  
Lamb!" Amen.*

#### BEFORE COMMUNION.

O MOST loving JE-  
sus, I would em-  
brace Thee with the  
profoundest love of my  
heart, and in union with  
all the love breathing  
in the prayers which  
ever flowed forth from  
Thy Lips. I beseech  
Thee that Thou wouldst  
deign to turn aside into  
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my mean and wretched  
heart. Amen.

O LORD, I am not  
worthy that the earth  
should bear me; but for  
Thine own Sake pardon  
me all my sins.

O LORD, I am not  
worthy to be called Thy  
creature; but by the bit-  
terness of Thy Passion  
forgive me all my debts.

O LORD, I am not  
worthy to utter Thy  
Holy Name; but by the  
virtue of this Holy Sa-  
crifice bestow on me Thy  
grace. Amen.

*Or this.*

LORD JESU, true God  
and true Man, I  
adore Thee with the An-  
gels at Thy Nativity,  
with the Wise men from  
the East in Thine Epi-  
phany, with the Apos-  
tles and Saints, and the  
whole Catholic Church.  
Prostrate before Thee,  
in deepest humility, con-  
fessing my unworthi-  
ness, I come to Thee.

LORD, I am not wor-

thy that Thou shouldest enter under my roof, but speak the word only, and my soul shall be healed. Amen.

*As you draw near to the Holy Table repeat these words :*

**B**EHOLD, O LORD, I a vile sinner, poor and guilty and unworthy, come unto Thee, the overflowing Abyss of

Compassion, that I may be washed from every stain, and filled with every Grace. Amen.

*As you kneel to receive Communion :*

**C**OME, Good JESUS, come, Thou Spouse of my soul, come into my heart with that love with which Thou didst enter into the Virgin's Womb. Amen.

## AFTER COMMUNION.

**J**ESUS has now come to me! He has descended into my heart. The Holy of Holies has tabernacled Himself within me.

Bow down before JESUS in lowliest adoration, O my soul, unite your homage with the Cherubim and Seraphim and all the Host of Heaven, and entreat them to adore Him for you, and with you.

Keep the eye of your body closed to all outward things, and the

eye of your soul open to all the Love of JESUS that embraces and fills you.

Dwell on the thought, God is Love. GOD in the Sacred Humanity of JESUS, hidden under the Sacramental Veils, has come to transform you into love.

When you have paid JESUS this homage, then turn to yourself, to your own wounds, your misery, your nothingness, and intreat Him to fill you more and more with His Love, to manifest

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His Love to you, to still you in His Love.

Then ask Him for His Gifts, great Gifts of His own manifestation of Himself to you, and in you. And not less for little Gifts for your daily life, the meekness, the sweetness, the tenderness, the gentle patience, the silent quiet love, that best welcomes the King of kings, and unites you most closely to His Sacred Humanity.

#### ACT OF PRAISE.

**PRAISE** the LORD, all ye that live in Heaven and in earth, praise Him and magnify Him for me, for ever!

Praise and bless the LORD with me, all ye Angels and Archangels, ye Cherubim and Seraphim!

O let my soul praise the LORD, for He is Mighty, and hath done to me great things, and holy is His Name from henceforth and for ever. Amen.

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#### ACT OF HUMILITY.

**AND** whence is this to me, that my LORD and my GOD, my SAVIOUR, and my Redeemer, should come to me? Whence is it, but that Thou, LORD JESUS, so lovest us, that Thou wilt not only to visit us, but to make of us Thy Dwelling Place, that Thou mayest abide in us always! Thou art in me now, Blessed JESUS: abide Thou ever in me, I pray Thee! Amen.

#### ACT OF JOY.

**GLORY** be to Thee, O LORD, for Thou art mine, and I am Thine! I possess Thee, my SAVIOUR, for Whom I have so longed!

I possess Thee, the Author and Finisher of our Faith, the LORD of Glory, the Mirror of Perfection, the express Image of the FATHER, the Crown of all the Blessed!

I possess Thee, the

in that hour when  
soul must part from  
body, and go forth  
to meet my God. Amen.

URING THE COMMU-  
NION.

JESU, forsaken of  
God in Thy most  
Agony! I put  
my whole trust in Thy  
Passion. Thy Cross is  
my refuge, my life, my  
salvation. The multi-  
tude of my sins appals  
me not when I think of  
Thy three hours' Agony  
on the Cross. For, O  
loving JESU, Thou  
didst hang on that Cross,  
Thou didst suffer all this  
Agony, Thou didst  
die that most shameful  
death, that I may not die  
in my sins, that I may not  
be lost for ever. JESU,  
my God, Thy Cross, Thy  
Passion, Thy Wounds,  
Thy Blood, are freely  
given for me in this holy  
sacrifice. I offer Thy-  
self with all Thy Merits,  
therefore I cannot doubt,  
I cannot despair. Thy  
Name will shield me from

Giver of all Grace, the God of Mercy, the Faithful High Priest Who ever liveth to make intercession for us.

I possess Thee, the Good Shepherd, the Comfort of the sorrowful, and with Thee I possess all things! Heaven has come down into my soul, and I am filled with Joy and perfect peace. Praise and glory be to Thee, LORD JESUS, for ever and ever. Amen.

#### ANOTHER.

O JESU, Bread of Heaven, Thou hast come to me, to draw me into Thee! Whom have I in heaven or on earth but Thee? Whom could I desire but Thee? My soul does love Thee as her true and only Treasure; O that I could wholly realize what bliss it is to be thus united with Thee!

Increase in me, I beseech Thee, the desire after those things

which are above, quicken in me the hunger and thirst after Righteousness and Heavenly-mindedness. Be Thou my Strength, and the Daily Manna by which my soul is fed. O that I might always rejoice in the consciousness of Thy Presence, and sing to Him Who hath dealt so lovingly with me: O that I may live, and work for Thee alone, and at last attain to live with Thee in that Blessed Home, where Thou art the Eternal Joy, and the Glory, and the Rest of Thine Elect! Amen.

#### ACT OF OBLATION.

JESU, my LORD, my God, Thou didst offer Thyself to GOD the FATHER, a Sacrifice and Atonement for my sins. I adore Thee for this Thy unspeakable Goodness. And now I would offer Thee myself, my soul, my body, all my powers, all I have, all I

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am. My longing desire is to live for Thee alone.

Thou, O LORD, canst cleanse away all my stains, and heal all my wounds. I yield myself to Thy Mercy, Heavenly Physician of my soul, work in me Thy work of Omnipotence and Grace,—make me clean, make me whole, fill me with ardent love, that my whole being may be consecrated to Thee, and I may perfectly love Thee and obey Thee, Thou GOD of my heart!

I will love Thee, I will cling to Thee, I would ever walk in recollection of Thy Presence, striving daily to become more like Thee, following Thee ever more and more closely. O my GOD, may I at last see light in Thy Light, the Light of Thy Countenance, — behold Thee the King in Thy Beauty, in the Land that is very far off, even the Land of Thine Eternal Glory. Amen.

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ANOTHER.

O GOOD JESUS, O Sweet JESUS, O JESUS Most Lovely, O JESUS my only Salvation and my Consolation; and whence is this to me that Thou shouldst come unto me, and not abhor to enter into my most polluted heart, defiled as it is with such exceeding stains and sins? Blessed be Thy coming unto me, and blessed the Sweetness of the Love which hath constrained Thee to visit me, Thy poor and worthless creature.

I cast myself now in the very dust before Thy Face, and I kiss Thy most Sacred Feet, and adore Thee; and I most humbly beseech Thee that Thou wouldst forgive me for having received Thee, my LORD, with so great negligence, distraction, and lack of devotion.

Pardon me, O most tender JESUS, and

through Thy Life-giving Death blot out my great iniquity, and vouchsafe Thyself to supply all my defects, and satisfy for all my negligences. Wherefore, I beseech Thee, deign to receive this my Communion into Thy Sacred Heart, and offer it to GOD the FATHER with all the love with which Thou didst offer Thyself upon the Cross.

And now, O Good JESUS, I offer and make over to Thee my most unworthy heart, beseeching Thee that Thou wouldst wash it in that most Precious Water which Thy Divine Love caused to gush forth from Thy Sweetest Heart, fairer and more fragrant than the rose, glowing as a furnace with the ardour of Thy Love; and that Thou wouldst sprinkle and revive it with the sweetest Wine of Thy most Sacred Blood, pressed from Thy Divine Heart, as from a

cluster of ripe grapes in the winepress of Thy Cross. Amen.

#### PIOUS ASPIRATIONS TO JESUS.

I HAVE found Him whom my soul loveth; I hold Him, and will not let Him go. I embrace Thee, O my JESUS, and may I receive the full joy of Thy Love. I possess Thee, Thou treasure of my heart, in whom I possess all things.

I implore Thee let my soul feel the power of Thy Presence; let it taste how sweet Thou art, O my LORD, that, led captive by Thy Love, it may seek none else besides Thee, nor love any else, but for Thy Sake.

Thou art my King; forget not my tribulation and my need.

Thou art my Judge; spare me, and be merciful to my sins.

Thou art my Physician; heal all my infirmities.

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Thou art the Spouse of my soul; betroth me to Thyself for evermore.

Thou art my Leader and my Defender; place me by Thy Side, and then I care not who lifteth his hand against me.

Thou hast offered Thyself a Victim for me, and I will sacrifice to Thee a Sacrifice of Praise.

Thou art my Redeemer; redeem my soul from the power of hell, and preserve me.

Thou art my GOD and my All; for what have I in Heaven but Thee, and besides Thee what do I desire upon earth? Thou, O my GOD, art the GOD of my heart, and my Portion for ever. Amen.

#### FOR THE SAME.

**H**OW fair art Thou, my Beloved One, dearly beloved and longed for, my SAVIOUR JESUS CHRIST! How fair art Thou, how good and amiable! My only De-

light, my Life, my Joy, my chiefest Pleasure, my GOD, my All! For Thee I sigh, for Thee I call, for Thee I pant.

I embrace and love Thee with the whole inmost affection of my heart; for Thou art GOD, and the very Goodness Itself, everlasting Love, and Wisdom inexhaustible, infinite Power, and absolute Perfection.

Thou art my SAVIOUR and my Redeemer, finish Thy work in me, and let not Thy labour be of none effect.

Thou art the Portion of mine inheritance, my Portion in the Land of the living, O restore Thou my heritage unto me.

Thou art my Glory, my Crown, and my exceeding great Reward; admit Thou me to those good things which Thou hast prepared for them that love Thee.

O JESU, O most merciful JESU, O JESU, gracious Son of Mary, pour



Thou into me grace, to serve Thee, to enjoy  
 wisdom, love, purity, Thee, and to glory in  
 and humility, that I may Thee now and for ever-  
 be able perfectly to love more. Amen.  
 Thee, to praise Thee,

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### PRAYERS AFTER COMMUNION.

**O** LORD JESUS, sweet-  
 est Guest, mayest  
 Thou have come happily  
 to me Thy poor servant.  
 Mayest Thou have en-  
 tered blessedly under  
 my mean and lowly roof.  
 Blessed art Thou, O  
 LORD, for that Thou hast  
 come to me, Thou Day-  
 spring from on high.

O King of Peace,  
 drive away from me all  
 vain and idle thoughts,  
 that my soul may dwell  
 on Thee, and love Thee  
 only, the Author of  
 Peace. For what be-  
 side Thee, O Thou  
 Peace and calm Sweet-  
 ness of my heart, can I  
 ask for or desire?

O Fount of undying  
 love, Who hast vouch-

safed to give Thyself to  
 me, Thou hast showed  
 mercy upon Thy servant  
 beyond all my hope, and  
 grace and kindness be-  
 yond all my desert.  
 What shall I render to  
 Thee for this Thy Good-  
 ness?

Would that I could  
 serve Thee perfectly,  
 would that but for a  
 single day I could show  
 Thee worthy service!  
 For Thou art worthy of  
 all devotion, and honour,  
 and unceasing praise.  
 Thou art my LORD,  
 and I Thy servant who  
 am bound with all my  
 strength to serve Thee,  
 and never to weary of  
 Thy Praises. This is my  
 wish and my desire;

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whatsoever is wanting down, and take my rest. to me, O do Thou vouch- Amen.  
safe to supply.

Grant me Thy Grace, most merciful JESUS, to be in me, and with me in all my work for Thee even to the end. Grant me ever to will and desire what pleases Thee. Let Thy Will ever be mine, and my will follow Thine in perfect conformity with it, so that I may never choose or reject, but what Thou choosest and rejectest.

Grant me to die wholly to myself, and to the world, and for love of Thee to be content to be despised and unknown. Grant me above all objects of desire, to rest in Thee, and to still my heart to perfect peace in Thee. For Thou art the true Peace of the heart, Thou art its only Rest, and out of Thee all is restless and unquiet. In this Peace, that is, in Thyself alone, my Chiefest, my Eternal Good, may I lay me  
iv.]

ANOTHER.

BEHOLD, LORD, I now have Thee, Who hast all things, I possess Thee, Who possessest all things, and canst do all things. Therefore, O my GOD, and my All, do Thou wean my heart from all things beside Thee, for in them there is nothing but vanity and vexation of spirit. May my heart be fixed on Thee alone, may my rest be in Thee alone, for in Thee is all my Treasure, in Thee is Sovereign Truth, true happiness and everlasting Life.

O LORD, let my soul feel the sweetness of Thy dear Presence, that allured by love of Thee, it may seek for nothing wherein to rejoice out of Thee, for Thou art the Joy of my heart, the Strength of my life, and my Portion for ever.

Thou art the Physi-

cian of my soul, Who with Thine own stripes dost heal my sickness. I am that sick soul, whom Thou camest from Heaven to heal; heal my soul therefore, for I have sinned against Thee.

Thou art the Good Shepherd, Who hast laid down Thy Life for Thy sheep. Behold I am that sheep that was lost, and yet Thou deignest to feed me with Thine own Body and Blood. Lay me now upon Thy Shoulder, gather me in Thine Arm, and carry me in Thy Bosom. What wilt Thou deny me, Who hast given Thyself to me? O be Thou my Shepherd, and I shall lack nothing in the green pastures wherein Thou feedest me, until Thou bring me unto the pastures of Eternal Life.

O Thou True Light, Which enlightenest every man that cometh into the world, lighten mine eyes, that I sleep not in death.

O Fire continually burning and never failing, behold how lukewarm and cold I am; O do Thou inflame my heart, that it may ever be warmed with the love of Thee.

O King of Heaven and earth, great in power and rich in pity, behold I am poor and needy, Thou knowest what I most require, Thou alone art able to enrich and help me. Help me, O God, and out of the treasures of Thy Goodness succour Thou my needy soul.

O my LORD and my GOD, behold I am Thy child; O give me understanding, and kindle my affections by the grace of Thy HOLY SPIRIT, Who is Comfort, Life, and Fire of Love, that I may know and do all Thy Will.

Thou art the Lamb of GOD, the Lamb without spot, that takest away the sins of the world, take from me whatever

[PART

displeaseth Thee, and give me what is pleasing to Thee, and good for my soul. Thou art my Love, and all my Joy. Thou art my GOD and my All. Thou art the Portion of mine inheritance and of my cup. Thou maintainest my lot.

O JESU, my SAVIOUR, my GOD, and my All, may the sweet and burning power of Thy Love, I beseech Thee, absorb my soul, that I may die unto the world for love of Thee, Who for love of me didst vouchsafe to die upon the Cross. Amen.

#### ANOTHER.

O JESU, dearest LORD, my GOD, only Source of my true life—Fulness of my truest joy, draw me that I may run after Thee, draw me that I may follow Thee whithersoever Thou goest.

Thou, O LORD, lovest to hide Thyself, coming to me in most secret Mysteries, entering into iv.]

me, yet unperceived, unfelt, unheard, as in Thy life on earth, so now in Thy Presence in these Mysteries—so now in Thy wondrous union in my soul and body. Form me after the same Image, that in the world I may be hidden from the world. Give me, LORD, the same mind, the same desires, the same manner of life and conversation with Thyself; humbleness of mind to think lowly thoughts with Thee; obedience to serve like Thee; meekness to rejoice in reproach with Thee; patience to bear each cross with Thee; love to burn with Thy flames; unweariedness to toil like Thee; self-mortification to subdue the flesh in Thee; calmness to lie still in Thee; charity to feel for all like Thee; saintly devotion that I may be one with GOD as Thou art, and the Crown of Glory hereafter, when by Thy Grace

I have overcome, and am on the Throne where Thou art, at the Right Hand of the FATHER.

LORD, so form me that Thou looking on me mayest see me pleasing to Thee, reflecting Thy Likeness; that all that is myself may die in me, and all that is of Thee may live in me, that perseverance may uphold me, and I fail not, entering into Thy Joy more and more in a perfect union of heart and will, of soul and body. Through Thy Merits, Blessed LORD. Amen.

ANOTHER.

MY GOD, my dearest LORD, infuse Thy Image into my soul, impress on me the very Form and Features of Thy Life, the beauty of Thy Mind, the thoughts, the tone, the love, the mould of Thy Sacred Being, that I may take the very express shape of Thy Sanctity, of all virtues as they exist in Thee, that I may appear to Thee ever in Thy Likeness, O my LORD. Amen.

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### EJACULATIONS.

THOU hast entered within me, gracious LORD, and I embrace Thee; my spirit embraces Thy impalpable, incomprehensible Presence. O fill me with holy joy.

LORD, Thou hast made me a Shrine for Thy Holy Light, fill me with Its Radiance, that I may rejoice evermore.

I AM Thine, only Thine, for Thou hast  
[PART

possessed me, O my GOD, and my weakness rejoices, though with trembling; move Thou within me, and ever guide me as Thou wilt.

**THOU** hast been within me, O my LORD, and I knew Thee not! I cannot see Thee, I cannot feel Thee! Stir Thou in the hidden depths of my being, and be Thou Life within my life, that I may be as Thou wouldest have me to be, and do as Thou wouldest have me do.

**PUT** forth, O LORD, Thy Strength, and quicken me with holy fervour in devotion, in ministering services of love, and in all true faithfulness.

**ABIDE** Thou, O my GOD, on Thy Throne of Glory within my spirit; clothe me, holiest LORD, with a glorious

robe of spotless sanctity, and fill me with raptures of purest joy.

**SPEAK** to me, LORD, speak within the silence of my spirit, and reveal all Thy Will, that I may be conformed to all its holy teaching, and be one with Thee in all things.

**JESUS**, lowliest JESUS, draw me to Thy Heart, to share Thy sweet humility.

**JESUS**, meekest JESUS, hush all pride within me, as my heart melts into Thy Heart.

**JESUS**, dearest JESUS, set me on fire with love, lighting up the flame, and feeding it with Thy own Love.

**JESUS**, most faithful JESUS, never forsaking me, let no thought, no sense of mine ever go away from Thee.

# THANKSGIVING AFTER HOLY COMMUNION.

## No. I.

*Ant.* Let us sing the Song of the Three Children, which they sang as they blessed the LORD in the furnace of fire.

### CANTICLE.

#### *Benedicite.*

**O** ALL ye works of the LORD, bless ye the LORD : praise Him, and magnify Him for ever.

O ye Angels of the LORD, bless ye the LORD : praise Him, and magnify Him for ever.

O ye children of men, bless ye the LORD : praise Him, and magnify Him for ever.

O let Israel bless the LORD : praise Him, and magnify Him for ever.

O ye Priests of the LORD, bless ye the LORD : praise Him, and magnify Him for ever.

O ye servants of the LORD, bless ye the LORD : praise Him, and magnify Him for ever.

O ye Spirits and Souls of the Righteous, bless ye the LORD : praise Him, and magnify Him for ever.

O ye holy and humble men of heart, bless ye the LORD : praise Him, and magnify Him for ever.

O Ananias, Azarias, and Misael, bless ye the LORD : praise Him and magnify Him for ever.

Glory be to the FATHER, &c.

### PSALM CL. *Laudate Dominum.*

**O** PRAISE God in His holiness : praise Him in the firmament of His power.

Praise Him in His  
[PART

noble acts : praise Him according to His excellent greatness.

Praise Him in the sound of the trumpet : praise Him upon the lute and harp.

Praise Him in the cymbals and dances : praise Him upon the strings and pipe.

Praise Him upon the well-tuned cymbals : praise Him upon the loud cymbals.

Let every thing that hath breath : praise the LORD.

Glory be to the FATHER, &c.

*Nunc Dimittis.* S. Luke  
ii. 29.

**L**ORD, now lettest Thou Thy servant depart in peace : according to Thy word.

For mine eyes have seen : Thy salvation.

Which Thou hast prepared : before the face of all people ;

To be a light to lighten the Gentiles, and to  
[IV.]

be the glory of Thy people Israel.

Glory be to the FATHER, &c.

*Ant.* Let us sing the song of the Three Children, which they sang as they blessed the LORD in the Furnace of fire.

LORD, have mercy.

CHRIST, have mercy.

LORD, have mercy.

OUR FATHER.

Ÿ. All Thy works praise Thee, O LORD.

Rz. And Thy Saints give thanks unto Thee.

Ÿ. Let the Saints be joyful in glory ;

Rz. Let them rejoice in their beds.

Ÿ. Not unto us, O LORD, not unto us ;

Rz. But unto Thy Name give the Praise.

Ÿ. Hear my prayer, O LORD ;

Rz. And let my crying come unto Thee.

COLLECT.

**O** GOD, Who didst to the Three Children soothe the flames



of fire, mercifully grant, that the flames of sin may not kindle upon us Thy servants. Amen.

ANOTHER.

**P**REVENT us, O LORD, in all our doings with Thy most gracious favour, and further us with Thy continual help; that in all our works, begun, continued, and ended in Thee, we may glorify Thy Holy Name, and finally, by Thy Mercy, obtain everlasting Life; through JESUS CHRIST our LORD. Amen.

PRAYER.

**I** RENDER Thee thanks, O LORD, Holy FATHER, Almighty, Everlasting God, Who hast vouchsafed, not for any desert of mine, but only out of the condescension of Thy Mercy, to feed me, a sinner, Thy unworthy servant, with the Precious Body and Blood of Thy SON, our LORD JESUS CHRIST.

I pray Thee, that this Holy Communion may not bring guilt upon me to condemnation, but may intercede for me to my pardon and salvation; let It be to me an Armour of faith, and a Shield of good purpose; a Riddance of all vices; an Extermination of evil desires and longings; an Increase of love and patience, of humility and obedience, and of all virtues; a firm Defence against the wiles of my enemies visible and invisible, a perfect quieting of all my impulses, fleshly and spiritual; a firm Adherence to Thee the One True GOD; and a blessed Consummation of my end.

And I pray Thee, that Thou wouldest vouchsafe to bring me, a sinner, to that ineffable Feast, where Thou, with Thy SON, and the HOLY SPIRIT, art, to Thy holy ones, true Light, full Satiety, everlasting Joy, Pleasure consummated,

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and perfect Happiness ;  
through the same JE-  
SUS CHRIST our LORD.  
Amen.

ANOTHER.

**O** MOST Sweet LORD  
JESU CHRIST, trans-  
fix the affections of my  
inmost soul with that  
most joyous and health-  
ful Wound of Thy Love,  
with true, serene, most  
holy, Apostolic Charity ;  
that my soul may ever  
languish and melt with  
entire love and longing  
for Thee. Let it desire  
Thee, and faint for Thy  
Courts : long to be dis-  
solved and to be with  
Thee. Grant that my  
soul may hunger after  
Thee, the Bread of An-  
gels, the Refreshment of  
Holy Souls, our daily  
super-substantial Bread,  
Who hast all sweetness,  
and every pleasurable  
delight. Thee Whom  
the Angels desire to look  
into, may my heart ever  
hunger after and feed  
upon, and may my soul  
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be filled with Thy sweet-  
ness.

May it ever thirst for  
Thee, the Fountain of  
Life, the Fountain of  
Wisdom and Know-  
ledge, the Fountain of  
Eternal Light, the Tor-  
rent of pleasure, the  
Richness of the House  
of GOD. Let it ever  
compass Thee, seek Thee,  
find Thee, stretch to-  
wards Thee, arrive at  
Thee, meditate upon  
Thee, speak of Thee, and  
do all things to the  
praise and glory of Thy  
Holy Name ; with hu-  
mility and discretion,  
with love and delight,  
with readiness and af-  
fection, with persever-  
ance to the end.

And be Thou ever my  
Hope and my whole  
Confidence ; my Riches,  
my Delight, my Plea-  
sure and my Joy ; my  
Rest and Tranquillity ;  
my Peace ; my Sweet-  
ness ; my Food and Re-  
freshment ; my Refuge  
and Help ; my Wisdom,  
my Portion, my Posses-

sion and my Treasure ;  
in Whom my mind and  
my heart may ever re-  
main fixed, and firm,  
and rooted immovably.  
Amen.

*Here say the*  
ANIMA CHRISTI.

PRAYER.

I BESEECH Thee, O  
most sweet LORD  
JESUS CHRIST, that Thy  
Passion may be unto me

Virtue, whereby I may  
be fenced, protected,  
and defended. Let Thy  
Wounds be to me meat  
and drink, whereby I  
may be fed, inebriated  
and delighted. Let the  
Sprinkling of Thy Blood  
be to me the washing  
away of all my sins. Let  
Thy Death be to me  
Everlasting Glory, both  
now and ever. Amen.

THE Grace of our  
LORD, &c.

## THANKSGIVING AFTER HOLY COMMUNION.

### No. II.

*Antiphon.* LORD, Thou  
hast said, "*To him that  
overcometh will I give  
to eat of the Hidden  
Manna,*" which is Thy-  
self.

PSALM CXXXVIII.

*Confitebor tibi.*

I WILL give thanks  
unto Thee, O LORD,

with my whole heart :  
even before the gods will  
I sing praise unto Thee.

I will worship toward  
Thy holy temple, and  
praise Thy Name, be-  
cause of Thy loving-  
kindness and truth : for  
Thou hast magnified Thy  
Name, and Thy Word,  
above all things.

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When I called upon Thee, Thou heardest me : and enduedst my soul with much strength.

All the kings of the earth shall praise Thee, O LORD : for they have heard the words of Thy mouth.

Yea, they shall sing in the ways of the LORD : that great is the glory of the LORD.

For though the LORD be high, yet hath He respect unto the lowly : as for the proud, He be- holdeth them afar off.

Though I walk in the midst of trouble, yet shalt Thou refresh me : Thou shalt stretch forth Thy hand upon the furiousness of mine ene- mies, and Thy right hand shall save me.

The LORD shall make good His loving-kind- ness toward me : yea, Thy mercy, O LORD, en- dureth for ever ; despise not then the works of Thine own hands.

Glory be to the FA-  
THER, &c.  
iv.]

PSALM CXLV. *Exaltabo te, Deus.*

I WILL magnify Thee, O God, my King : and I will praise Thy Name for ever and ever.

Every day will I give thanks unto Thee : and praise Thy Name for ever and ever.

Great is the LORD, and marvellous, worthy to be praised : there is no end of His greatness.

One generation shall praise Thy works unto another : and declare Thy power.

As for me, I will be talking of Thy worship : Thy glory, Thy praise, and wondrous works ;

So that men shall speak of the might of Thy marvellous acts : and I will also tell of Thy greatness.

The memorial of Thine abundant kindness shall be showed : and men shall sing of Thy righte- ousness.

The LORD is gracious, and merciful : long-suf-

fering, and of great goodness.

The LORD is loving unto every man : and His mercy is over all His works.

All Thy works praise Thee, O LORD : and Thy Saints give thanks unto Thee.

They show the glory of Thy kingdom : and talk of Thy power ;

That Thy power, Thy glory, and mightiness of Thy kingdom : might be known unto men.

Thy kingdom is an everlasting kingdom : and Thy dominion endureth throughout all ages.

The LORD upholdeth all such as fall : and lifteth up all those that are down.

The eyes of all wait upon Thee, O LORD : and Thou givest them their meat in due season.

Thou openest Thine hand : and fillest all things living with plentifulness.

The LORD is righteous in all His ways : and holy in all His works.

The LORD is nigh unto all them that call upon Him : yea, all such as call upon Him faithfully.

He will fulfil the desire of them that fear Him : He also will hear their cry, and will help them.

The LORD preserveth all them that love Him : but scattereth abroad all the ungodly.

My mouth shall speak the praise of the LORD : and let all flesh give thanks unto His holy Name for ever and ever.

Glory be to the FATHER, &c.

PSALM CXLVI. *Lauda, anima mea.*

PRAISE the LORD, O my soul ; while I live will I praise the LORD : yea, as long as I have any being, I will sing praises unto my God.

O put not your trust  
[PART

in princes, nor in any child of man : for there is no help in them.

For when the breath of man goeth forth he shall turn again to his earth : and then all his thoughts perish.

Blessed is he that hath the GOD of Jacob for his help : and whose hope is in the LORD his GOD ;

Who made heaven and earth, the sea, and all that therein is : who keepeth His promise for ever ;

Who helpeth them to right that suffer wrong : who feedeth the hungry.

The LORD looseth men out of prison : the LORD giveth sight to the blind.

The LORD helpeth them that are fallen : the LORD careth for the righteous.

The LORD careth for the strangers ; He defendeth the fatherless and widow : as for the way of the ungodly, He turneth it upside down.

The LORD thy GOD, O Sion, shall be King for  
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evermore : and throughout all generations.

Glory be to the FATHER, &c.

*Antiphon.* LORD, Thou hast said, "*To him that overcometh will I give to eat of the Hidden Manna,*" which is Thyself. LORD, evermore give us this Bread, and grace to overcome, that we may sit with Thee on Thy Throne, even as Thou also overcamest, and art set down with Thy FATHER on His Throne.

LORD, have mercy.

CHRIST, have mercy.

LORD, have mercy.

OUR FATHER, &c.

Ÿ. Let us bless GOD, the FATHER, the SON, and the HOLY GHOST.

Rz. Yea, let us praise Him, and magnify Him for ever.

Ÿ. Blessed art Thou, O LORD, in the Highest.

Rz. Glorious, and ever worthy to be praised.

Ÿ. The Holy Trinity  
bless and keep us.

Rz. Amen.

Ÿ. Enter not into  
judgment with Thy ser-  
vant, O LORD.

Rz. For in Thy sight  
shall no man living be  
justified.

Ÿ. Turn us again,  
Thou LORD GOD of  
Hosts.

Rz. Show the Light  
of Thy Countenance,  
and we shall be whole.

Ÿ. LORD, hear my  
prayer.

Rz. And let my cry  
come unto Thee.

Ÿ. The LORD be with  
you.

Rz. And with thy  
spirit.

#### PRAYER.

O JESUS, full of love,  
Thou Sweetest Guest  
of my soul, may Thine  
exquisite and ravishing  
union with me, be to me  
to-day, the remission of  
all my sins, the satisfac-  
tion for all my negli-  
gences, and my return  
to the life I had lost.

May It be my Ever-  
lasting Salvation, the  
healing of my soul and  
body, the enlargement  
of my love, my renewal  
in virtue, and the esta-  
blishment of my life in  
Thee for evermore.

May this Thy Coming  
to me, work in me a  
perfect liberty of spi-  
rit, the cleansing of my  
whole life, and a noble  
generosity in all good  
works.

May It be to me the  
Shield of my patience,  
the Triumph of humi-  
lity, the Stay of confi-  
dence, my Consolation  
in sadness, and an effec-  
tual aid towards final  
perseverance.

May It be to me the  
Armour of Faith, the  
Firmness of Hope, the  
Perfection of Charity, the  
Accomplishment of Thy  
commandments, the Re-  
newal of my mind, my  
entire sanctification in  
Thy Truth, and the  
Crown and Consumma-  
tion of my life in a per-  
fect dedication to Thee.

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May It be within me the Source of all virtues, the End of all sin, the Increase of all good, and the Everlasting Covenant of Thy Love; so that my body alone may linger in this place of exile, and the whole energy of my soul be there where Thou art, Who art my Heritage beyond all price.

May It make me strong in Faith, joyful in Hope, patient in my tribulations, glad in praising Thee, fervent in spirit, faithful and devout in serving Thee, my LORD, my GOD, and my true King.

May I abide with Thee, and watch with Thee to the latest moment of my life.

Then may mine eyes behold the very reality of the things I now believe and hope for. Then may I see Thee as Thou art Face to face. Then wilt Thou make me like unto Thee, O my JESUS, that I may gaze on the  
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beauty of Thy Countenance as my Everlasting Joy, and my untroubled unending rest! Amen.

ANOTHER.

O DEAREST LORD JESUS, let Thy Soul bless me this day.

May Thy Sovereign Godhead bless me.

May Thine all-perfect Manhood bless me.

May Thy Kingly Munificence leave on me such tokens of Thy Blessing, that I may be all transformed, and perfected by Thy Love, and may ever hereafter cleave inseparably to Thee.

Make me well pleasing in Thy Sight, in Humility, in Loving-kindness, in Simplicity, in Modesty, in Watchfulness, in Obedience, in Purity of heart, in sweet unwearied Patience, in observance of my Spiritual Rule, in Holiness of life, in Poverty, in Meekness, in prudent Recollectedness in all



my actions, in perfect Truth, in an upright Conscience, in holy Perseverance, in Joy of heart, in constancy of Faith, in firmness of Hope, in fulness of Charity, in that blessed crown of graces which Thy Love would work in me.

Change my heart into a Paradise of Virtues, a Garden filled with all perfections, a Field which the LORD hath blessed, fruitful of Peace, of Purity, and of Holiness.

O dearest LORD JESUS, abide with me always, so that my heart may ever dwell with Thee, and ever rest in Thee; and may the blessed tie of Thy Love remain unbroken and unweakened in me evermore. And oh, vouchsafe to bless me, in the moment when I shall go hence, that my soul may flee away, and be at rest with Thee for ever. Amen.

ANOTHER.

**I** HUMBLY implore Thine ineffable mercy, O my LORD JESUS CHRIST, that this Sacrament of Thy Body and Blood, which I, unworthy, have received, may be to me the Cleansing of all my sins, the Strengthening of what is weak within me, and my sure Defence against all the perils of the world.

May It bestow on me Thy Forgiveness, and establish me in Grace; may It be to me the Medicine of life, the abiding Memory of Thy Passion, my Stay in weakness, the Guide and sure Supply of all my pilgrimage.

May It lead me as I go, bring me back when I wander, receive me when I return, uphold me when I stumble, raise me when I fall, strengthen me to persevere even unto the end, and bring me to Thy Glory.

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O most High God, may the Blissful Presence of Thy Body and Blood so change the taste of my heart, that it may find no sweetness more in aught besides Thee alone, may love no other Beauty, seek no earthly Love, desire no Consolation, admit no other Delight, care for no honour but Thine, stand in fear of no enemy or suffering for Thy sake. Who livest and reignest. Amen.

*Here say the*  
ANIMA CHRISTI.

THE Grace of our  
LORD, &c.

## THANKSGIVING AFTER HOLY COMMUNION.

### No. III.

*Antiphon.* He gave them Food from Heaven. ousness, for His Name's sake.

PSALM XXIII. *Dominus regit me.*

THE Lord is my shepherd : therefore can I lack nothing.

He shall feed me in a green pasture : and lead me forth beside the waters of comfort.

He shall convert my soul : and bring me forth in the paths of righteousness.]

Yea, though I walk through the valley of the shadow of death, I will fear no evil : for Thou art with me ; Thy rod and Thy staff comfort me.

Thou shalt prepare a table before me against them that trouble me : Thou hast anointed my head with oil, and my cup shall be full.

But Thy loving-kindness and mercys shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Glory be to the FATHER, &c.

*Antiphon.* He gave them Food from Heaven. So man did eat Angels' Food, for He sent them meat enough.

LORD, have mercy upon me.

CHRIST, have mercy upon me.

LORD, have mercy upon me.

OUR FATHER.

ACT OF THANKSGIVING.

"*LORD, what is man that Thou art mindful of him, or the son of man that Thou visitest him?*" "*Thou madest him a little lower than the angels,*" clothing him with flesh, and yet Thou Thyself comest to dwell within him! "*O Lord, how excellent is Thy Name in all the world!*"

for Thou hast made it Thine Abode, as well as the Heaven of Heavens!

O ye Angels, Archangels, and Principalities, ye Powers, Virtues, and Dominations, ye Thrones, Cherubim and Seraphim! Ye Blessed Ones that stand before the Throne of the Lamb, and see Him in His unveiled Glory, bless ye the LORD for me, praise Him and magnify Him for ever!

"*Praise the Lord, O my soul, and all that is within me praise His Holy Name!*" Mine eyes bless Thee, O LORD, for they have seen Thee; and my hands, for they have touched Thee; and my mouth, for it has tasted Thee; and my breast, for it is now Thy Habitation! "*Lord, who is like unto Thee?*" O that my memory may ever praise Thee, and my understanding magnify Thee, and my will love Thee, and my affections desire Thee, and

[PART

all the powers of my being yield themselves to Thee, and ever remain entranced by the Glory of Thy Presence. Amen.

PRAYER.

O LORD, my soul is sick, the remains of many evil tendencies still oppress and grieve me. But Thou, the Omnipotent Physician, hast come to me; "*Lord, if Thou wilt, Thou canst make me whole;*" "*speak the word only and my soul shall be healed.*" Say to my soul as Thou didst when entering the house of Zaccheus, "*This day is salvation come to this house.*" Forgive my errors, pity my ignorances, illuminate my darkness, guide me in all my ways, for Thou, my Master, my Teacher, my Light, and my Guide, my GOD and my LORD, art come to me; and I am Thine, and Thou art mine! Amen.

IV.]

ANOTHER.

O THOU Blessed LORD JESUS, Who hast this day vouchsafed to come to me, I most humbly beseech Thee, leave me not, but abide with me for ever. Precious above the price of the whole world is every moment in which Thou speakest to my soul. Oh, increase those moments of Joy, until no other voice is heard by me but Thine.

Abide with me, LORD, for without Thee all is cold and comfortless to my soul. With Thee Who art Light and Love, all is Light and Joy. Abide with me, LORD, in all I say, do, think, fear, hope, and enjoy.

I fear my own unstedfastness; abide with me, LORD, and rivet me to Thyself.

The foe is strong, and I, through my sins, am weak; abide with me, LORD, and be Thou my Strength.

I am ever subject to weariness and change; abide with me, LORD, with Whom is no change.

The love of creatures would lead me from Thee, abide with me, LORD, and be Thou my only Love.

Temptations and trials would shake my endurance, abide with me, LORD, and bear them in me, as Thou didst bear them for me.

I am often distracted by labour and toil, abide with me, LORD, for I commit my work to Thee.

I often despond, and fear I shall fall: abide with me, LORD, and make me to feel Thy nearness.

Be Thou my Refreshment in weariness, my Comfort in trouble, my Refuge in temptation, in death my Life, in

Judgment my Redeemer. Abide with me always, that I may abide in Thee, O Good JESUS, Thou God of my Salvation. Amen.

#### ASPIRATIONS.

O JESU, my Glory, my Crown, my exceeding great Reward, admit me to those good things which Thou hast prepared, LORD, for them that love Thee!

O JESU, our Life, our Health, our Resurrection, I desire to be dissolved and be with Thee. May nothing ever part me from Thee. For what have I in Heaven but Thee! and there is none other upon earth that I desire in comparison of Thee. Amen.

ANIMA CHRISTI.

OUR FATHER.

# PARAPHRASE OF THE ANIMA CHRISTI.

**S**OUL of CHRIST, sanctify me.

Body of CHRIST, save me.

Blood of CHRIST, inebriate me.

Water from the side of CHRIST, wash me.

Passion of CHRIST, strengthen me.

O Good JESU, hear me ;

Within Thy Wounds hide me ;

Suffer me not to be separated from Thee ;

From the malignant enemy, defend me ;

In the hour of my death call me ;

And bid me come to Thee.

That with Thy Angels and Thy Saints,

I may bless Thee, praise Thee, and adore Thee,

Through the ages of eternity. Amen.

**S**OUL of CHRIST, *sanctify me* with pious  
adorned with all the thoughts and affections.  
greatest graces and gifts Be Thou the soul and  
of the HOLY GHOST, the life of my soul ; for  
*sanctify me* by a lively without Thee all our life  
Faith, a steadfast Hope, is but death.  
a perfect Charity, which

neither tribulations nor  
anguish, nor even death  
itself can shake or weak-  
en. O Soul, which art  
the Soul of CHRIST by  
natural indwelling in  
His Sacred Body, be  
Thou likewise mine by  
Thy gracious aid and  
working within me, and

**B**ODY of CHRIST,  
given for us not only  
to most bitter death, but  
for the Life-giving Food  
of our soul, and of our  
body, and the Remedy  
of Immortality, and an  
Ever-abiding Sacrifice,  
*save me*. O Divine Head,  
wherein are all the trea-

sures of the Wisdom  
 and Knowledge of God,  
 rule and direct me. O  
 most Mild and Benig-  
 nant Eyes, so often  
 dimmed with tears for  
 me, look down upon me.  
 O Tongue of my SA-  
 VIOUR, which hast the  
 words of Everlasting  
 life, teach me. O most  
 mighty Hands, at Whose  
 touch diseases fled, and  
 the blind saw, and the  
 dead were raised, take  
 away all languors, and  
 the diseases of my soul  
 and my body, scatter  
 my darkness, and restore  
 to me the life of Grace.  
 O Feet of JESUS, so beau-  
 tiful, bringing Salva-  
 tion to the whole world,  
 would that with Mag-  
 dalene I might embrace  
 Them and kiss Them, and  
 find pardon of all my  
 sins! O Breast most  
 lovely, Shrine of the  
 Godhead, Altar of Love,  
 unite my heart in Thine.  
 and enkindle it with  
 Thy Love. So to me  
 to live will be CHRIST,  
 and to die will be gain.

**B**LOOD of CHRIST,  
 poured out for love  
 of me, transport me so  
 that I may strive to give  
 Thee back love for Love,  
 to suffer death for Death,  
 and ever to resist all sin  
 steadfastly and gener-  
 ously even unto blood.

**W**ATER out of the  
 Side of CHRIST,  
 flowing from His Riven  
 Heart, *wash me*. More  
 and yet more wash me,  
 and cleanse me from my  
 sin, that through that  
 Pierced Side I may be  
 admitted to embrace His  
 Sacred Heart.

**P**ASSION of CHRIST,  
 strong and mighty  
 Passion, which bore the  
 whole burden of our sins,  
*strengthen me*; fortify  
 me against all adver-  
 sities; impart to me  
 courage to endure with  
 strong and glad heart  
 all suffering for the  
 sake of my LORD JESUS  
 CHRIST.

**O** GOOD JESUS, Foun-  
 tain and Spring of  
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all goodness, *hear me*, exceeding sinner though I be; for Thy Tenderness and Thy Mercy heareth even sinners. Open wide the bowels of Thy Loving Mercy, and *hide me within Thy Wounds*, which Thou hast appointed to be the Refuge and Shelter of the wretched; let me not become a prey to my enemies, nor fall into the Hands of my justly offended God. Here will I dwell securely hidden; and here, O good JESUS, will I sing of Thy Loving-kindnesses for ever.

**SUFFER** me not, in anger at the multitude and the heinousness of my sins, *to be separated from Thee*. This I implore of Thee by Thy Most Sacred Wounds, by Thy Most Precious Blood, by Thy Most Bitter Passion and Death. For were I separated from Thee mine enemies would say: **IV.]**

GOD hath forsaken him, follow after and take him, for there is none to deliver. Wherefore again and again I cry to Thee, O my JESUS; suffer me not to be separated from Thee for ever.

**DEFEND** and protect me from the malignant enemy, who ever goeth about as a roaring lion, seeking whom he may devour; lest my enemy say: I have prevailed against him.

**I**N the hour of my death, when I am forsaken by all creatures, when I must go forth trembling from this changing world into my Eternal Home and dwelling-place, *call me* Thy lost and strayed Sheep, who have so often refused to hear Thy Voice. *Call me*, though unworthy to be called a Sheep of Thy Fold, for all Thy Sheep know and hear Thy Voice. Yet *call me* still,



not for my merits, but  
in Thine Own Tender  
Mercy ; for what profit  
is there in my blood if  
I go down into destruc-  
tion !

AND bid me come to  
Thee, my Supreme  
and Only Good, to enjoy  
Whom I was created,  
bid me come to Thee ;  
who callest all to Thee,  
and Who Alone dost  
suffice unto me. For  
what have I in heaven  
but Thee, and besides  
Thee what do I desire

upon earth, since Thou,  
O my God, art the God  
of my heart, and my  
Portion for ever ?

THAT with Thy Saints  
all unworthy though  
I be, to be received into  
their fellowship, yet ad-  
mitted therein of Thy  
Boundless Goodness, I  
*may praise Thee*, my  
GOD and my SAVIOUR,  
*for all Eternity. Amen.*  
Oh, when, my JESUS,  
shall I come and appear  
before Thy Face ?

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## HYMNS.

JESUS, Gentlest SAVIOUR,  
God of Might and Power,  
Thou Thyself art dwelling  
In me at this hour.

Nature cannot hold Thee,  
Heaven is all too strait  
For Thine endless Glory,  
And Thy Royal State.

Out beyond the shining  
Of the farthest star

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Thou art ever stretching  
Infinitely far.

Yet the hearts of children  
Hold what worlds can not,  
And the GOD of Wonders  
Loves the lowly spot.

As men to their gardens  
Go to seek sweet flowers,  
In our hearts dear JESUS  
Seeks them at all hours.

JESUS, Gentlest SAVIOUR,  
Thou art in me now ;  
Fill me full of goodness,  
Till my heart o'erflow.

Pray the prayer within me  
That to Heaven shall rise ;  
Sing the song that Angels  
Sing above the skies.

Multiply our Graces,  
Chiefly Love and Fear,  
And, dear LORD ! the chiefest—  
Grace to persevere.

Oh, how can I thank Thee  
For a gift like this,  
Gift that truly maketh  
Heaven's eternal bliss ?

Oh, when wilt Thou alway  
Make my heart Thy home ?  
I must wait for Heaven,  
Then the day will come.

Now at least I'll keep Thee  
All the time I may ;  
But Thy Grace and Blessing  
I will keep always.

*" My Beloved is mine, and I am His."*

NOW take my heart and all that is in me,  
My LORD beloved, take it from me to Thee :  
I would have Thine.  
This soul and flesh of mine ;  
Would order thought and word and deed  
As Thy most holy Will shall lead.

Thou feedest me with heavenly Bread and Wine,  
Thou pourest through me streams of Life Divine ;  
Oh noble Face  
So sweet, so full of grace,  
I ponder as Thy Cross I see  
How best to give myself to Thee.

Behold, through all the eternal ages, still  
My heart shall choose and love Thy holy Will ;  
Would'st Thou my death ?  
I die to Thee in faith ;  
Would'st Thou that I should longer live ?  
To Thee the choice I wholly give.

But Thou must also deign to be my own,  
To dwell in me, and make my heart Thy Throne ;  
My GOD indeed,  
My help in time of need,  
My Head from whom no power can sever,  
The Bridegroom of my soul for ever !

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*"He giveth His beloved sleep."*

ONE holds me fast : kept in His pure embrace  
I rest in peace :  
Flows on my weary heart His softening grace,  
And troubles cease.

Though cold the storm, and fierce the blasting wind  
I do not fear,  
For in His Breast a covert safe I find  
No storm comes there.

He shields me tenderly—my Spouse, my Love—  
He guides me on  
To mansions fair, prepared for me above,  
Where He has gone.

He feeds me, lest I faint, or fall, or die,  
With Food from Heaven :  
He, His own Self, in wondrous Mystery  
To me has given.

He draws me to Himself. I needs must go ;  
I cannot stay :  
No earthly tie must bind me here below :  
But far away,

Where 'mid the countless throngs of Angels bright,  
And Spirits blest  
He reigns—my GOD and King—my sole Delight,  
I long to rest.

## THREE DAYS OF HOLY COMMUNION.

## FIRST DAY.

## PREPARATION.

*WHO is He that comes?*

JESUS CHRIST, the Fountain of living Water "*springing up into eternal life*," Who desires to spring up continually in my heart. JESUS CHRIST, the Life-giving Sap, Who would diffuse Himself through all the powers of my being, into my memory, my understanding, my will, to sanctify my thoughts, my actions, my affections. JESUS CHRIST, the Sun of Righteousness, Who would enlighten my soul, and enkindle in me the fire of His Love.

*To whom does He come?* To my soul that by its frequent unfaithfulness dries up this Spring of living Water, interrupts the flow of

this Life-giving Sap, so often screens itself from the burning rays of this Divine Sun, and is content with its own darkness and coldness.

*Why does He come?* To pour into my soul the spirit of entire self-renunciation, that becoming at last wholly His, I should desire nothing, long for nothing, but the sweetness of His Presence. To help me to overcome all that my own baseness has raised between GOD and my soul, every obstacle which hinders this Fount of living Water from springing up in my heart, this Life-giving Sap from flowing through my life, this Sun of Righteousness from enlightening and kindling my soul.

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## EJACULATION.

**L**ORD JESUS, Who abidest in the unseen depths of my being, teach me to live in the continual consciousness of this Thy blessed Presence, that I may never displease Thee, never separate myself from Thee. Amen.

## PRACTICAL RESOLUTION.

**T**O put away every recollection, every affection, which by drawing me to the creature, might disturb the union of my soul with JESUS, Who gave up Heaven itself for love of me.

## AT COMMUNION.

**O** THOU Blessed Prisoner of Love! what bid Thee hide Thyself under these Sacramental Veils; these creatures of Bread and Wine? What wrought this wonder? I hear Thee answer in the words of S. Bernard: "It is love; that love which forgets  
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itself, which is rich in mercy, all-powerful in its workings, persuasive in its teachings." O love! what is stronger than thou, since thou overcomest even God, and dost hold Him a prisoner for my sake?

Prostrate I adore Thee, LORD JESUS, in these sacred Elements in which Thou art enclosed, but as Thou hast thus hidden Thyself only that Thou mightest come into my soul, I would daily strive to make myself ready for Thy Coming. Come, LORD JESUS, to me, and overcome in me all the risings of the old nature, and empty me wholly of myself, as Thou didst overcome and empty Thyself of all Thy Greatness and Glory that Thou mightest reach down to such as I am. Amen.

## THANKSGIVING.

"*WHERE I am, there shall also My servant be.*"

O my soul, where is JESUS now? He has entered into thee under the Veils of this Sacrament. He is in thy heart. His delight is to dwell there. He will be the companion of thy life, and will never leave thee, unless thou drive Him from thee. Abide with Him therefore, and do not leave Him alone in the living tabernacle. He has so wondrously chosen for His own abode, but worship Him, love Him, gaze on Him, speak to Him, listen to Him, and "*whatsoever He saith unto you, do it.*"

He is in the Cross which He gives thee daily to bear as the token of His love. Receive it therefore reverently from His Hand, embrace it willingly, and carry it joyfully in thy heart for love of Him.

He is in thy Sisters, —minister to them in their labours, their suf-

ferings, excuse their weaknesses, forgive their faults, bear with their infirmities, love them as the loved ones, the Spouses of JESUS, thine own Spouse, in whom He dwells as well as in thyself.

He is in Heaven, there, where the GOD of Gods is seen in Zion, there where thou shalt one day see Him, there where thou wilt be satisfied, delighted with heavenly pleasures, the fullness of joy for evermore.

*"There thou shalt see, and flow together, and thine heart shall fear, and be enlarged."*

#### EJACULATION.

**A**BIDE Thou alone, LORD JESUS, in this heart, which Thou hast made for Thyself alone.

#### PRACTICAL RESOLUTION.

**R**EMEMBER in all work, in all trial, in all sorrow, Who it is  
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that has come to dwell in thy heart, and ask Him to work for thee, to speak by thee, to comfort thee, and to help thee all the day long.

PRAYER.

*"PRAISE the Lord,  
O my soul, and all  
that is within me praise  
His holy Name."*

Praise the LORD! praise Him to-day, praise Him every day, and forget not all His Benefits, all His Love, which brought Him down to thee to dwell in thy heart!

O GOD of all goodness, hidden beneath the Sacred Elements, what shall I render to Thee for all the benefits that I have received from Thee! Thou hast forgotten all my sins and iniquities, all my ingratitude; Thou hast made a bath of Thy precious

Blood wherein to wash and cleanse away the stains of my soul. Thou art my Deliverer from death, my Redeemer from everlasting punishment.

Thy gentle and pitying Hand soothes my sufferings, and heals my wounds. Thou lovest my wretched soul, whose defects others find so difficult to bear with, my soul which is so often a burden even to itself. Thou dost not despise it, nor forget it. Thou hast deigned to make it Thine abode, Thy dwelling-place. Thou wilt to be Thyself its life, its nourishment.

Only Thou, O LORD my GOD, couldst have invented such a depth of abasement, such an abyss of love. Praise the LORD then, O my soul, and forget not all His benefits. Alleluia, Alleluia.



## SECOND DAY.

## PREPARATION.

*WHO is He that comes?*

JESUS CHRIST, the GOD of the humble ones, Who, being GOD "*humbled Himself*" to become man, Who humbles Himself still more inconceivably in this Sacrament, hiding His Sacred Humanity together with His Divinity beneath the forms of Bread and Wine; and beyond this concealing Himself through these outward Symbols within my heart. JESUS CHRIST, Who thus abases Himself below all we could imagine and shows forth His Love for me, not disdaining to be given into my hands, to enter into my flesh, to allow His Blood to flow in my veins, above all to lie in my heart, the abode of so much sin, so much evil, so much that must be hateful to Him the All-Holy God.

*To whom does He come?* To my soul that so often seeks its own exaltation, and the praise and good opinion of others, and who loves to be seen and noticed. To one who though she has devoted herself to this hidden life, yet has not apprehended the depths of lowliness to which her GOD has descended in His Love for her, and has not yet learnt of Him to be meek and lowly of heart, even as He was.

*Why does He come?* To teach me to despise all human praise and vain notice and glory, to seek only His Favour and Love, and the Joy of the consciousness of His Presence,—to make me feel in my inmost heart that He is pleased to condescend to the lowly and will dwell with the contrite and humble spirit. And that He never

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communicates Himself so intimately and so lovingly to a soul, as when it abases itself before Him, and in tender contrition owns itself unworthy of every favour.

#### EJACULATION.

**O** LORD, "*righteousness belongeth unto Thee, but unto us confusion of faces.*"

#### PRACTICAL RESOLUTION.

**L**OVE to be unknown, and thought nothing of, desire, or at least bear with patience, to be forgotten and despised, as JESUS was, repulsed, slighted, and forsaken, as He so often is even now in the Blessed Sacrament of the Altar.

#### AT COMMUNION.

"**L**ORD, *I am not worthy that Thou shouldest come under my roof.*"

LORD JESUS, I believe Thou art here, in this  
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Blessed Sacrament for my sake, hidden beneath the forms of these Thy creatures of Bread and Wine. LORD, I am not worthy to appear before Thee! not worthy that Thou shouldest come to me! Be merciful to me a sinner! I dare not ask Thee yet to look upon me, with that love and pleasure with which Thou canst look upon Thy Saints, but I pray Thee to comfort my soul, with one look of Thy tender pity and love!

I dare not ask Thee yet to receive me into Thy Arms, but I pray Thee, let me lie at Thy Feet, those Feet pierced for my sake. I dare not ask Thee yet, to let me lean on Thine Arm, as Thy Beloved, but I pray Thee to stretch out Thine Hand, to touch and heal my sinful soul. I dare not ask Thee yet to hear those words of High Espousal, which ravish the ears of Thy faithful ones, but I pray

Thee, let the words of Thy pardoning Love fall from Thy Lips, and set me free. I dare not ask Thee yet to let me enter into Thy secrets, but I pray Thee, teach me how to know Thee, and how to know myself. *"The dogs eat of the crumbs which fall from their master's table"*—I do not deserve better treatment, but Thou hast called me to Thee, Thou wilt that I should come to Thee, let me then lie here at Thy Feet. Unworthy though I am, cast me not away from Thee, go not Thou far from me, O LORD, Thou GOD of my Salvation. Amen.

#### THANKSGIVING.

*"MY Beloved is mine, and I am His."*

LORD JESUS, what wonderful words! It is well that Thou didst speak them first by Thy HOLY SPIRIT, or I should not dare to repeat them.

How small are the outward distinctions between men, yet how seldom they love those who are beneath them! But Thou, O King of Heaven, O Sovereign LORD GOD! Thou dost condescend to call me, a worm of earth, Thy Beloved! And it is no empty name—Thou lovest me with an unquenchable love—Thou visitest me—Thou dwellest with me, yea within me.—Yes! Thou art wholly mine, O Treasure beyond all price, O favour incomprehensible! Away, creatures of earth, I care no more for your notice, your good opinion, your love. My Beloved, the Beloved of the Eternal FATHER is mine! And I am His! Alas! LORD JESUS, can I say it? Thou art indeed mine, but am I Thine? The bitter waters of my sins have not extinguished Thy Love—yet the lightest trial disquiets me. Thou hast

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loved me with an unchanging Love, but what variableness has there not been in *my* love, in *my* service! My will has not been conformed to Thine, nor my time devoted to Thee, nor myself given up to Thee, as Thou hast just now given Thyself to me in this Holy Communion. And yet, LORD, Thou art mine! What an honour for me! And I am Thine! I, who am only dust and ashes, I am Thine! What glory can the possession of such as I am bring to Thee. And Thou carest that I should be Thine! Take me then, and keep me as Thine own, now and for Eternity. Amen.

#### EXACULATION.

**G**OD is in me, and I am in GOD! GOD is mine, and I am GOD's.

#### PRACTICAL RESOLUTION.

**T**HINK, and speak, and act, as possessing in the depths of iv.]

your being as in a Shrine, the GOD, Whom you have received at the Altar!

#### PRAYER.

*"FOR this God is our God for ever and ever: He will be our guide, even unto death."*

What can I feel, O my LORD, at the recollection of my unfaithfulness and want of correspondence with Thy Grace! What can I feel but sadness and dejection! But Thou Thyself hast come to me in this Blessed Sacrament of Thy Body and Blood, and therefore I hope! I will hope then, O GOD, because Thou hast come to me! Yea! I will hope, even against hope. I know that Thy mercies are infinite, that one drop of Thy Precious Blood could redeem a thousand worlds, and that the merits of Thy Life and of Thy Death are all mine. I believe that Thou art the Source

of the inexhaustible treasures of Heaven, and I know that Thou lovest to dwell in the humble and contrite heart.

LORD, I hope in Thee, I trust in Thee, for Thou hast taught me to distrust myself. Thou canst change my weakness into strength, my impetuosity into calmness, my wilfulness into obedience, my wanderings of imagination into

fixed attention, my sinful nature into Thy Likeness. LORD JESUS, I feel all my misery, but I know Thou hast all power to enrich and help me. I know that the less I depend upon myself the more I shall receive from Thee, and therefore I hope in Thee. "*In Thee, O Lord, have I trusted, let me never be confounded.*"

### THIRD DAY.

#### PREPARATION.

*WHO is He that comes?*

JESUS CHRIST, Who wills me to be perfect even as He Himself was perfect, Who expects me to aim at this life of perfection, as a proof of my love for Him; JESUS CHRIST, Who would examine how I fulfil my Vows, how I observe my Rules, how I perform each Work He has given me to do.

*To whom does He*

*come?* To my soul that has not yet generously yielded itself wholly and unreservedly to Him in its Vocation, as a whole burnt-offering, giving up all created Joys that it may be filled with those that are Eternal, but that seeking rest and satisfaction at times in one, and then in the other, finds no peace or delight in either.

*Why does He come?*

To rouse my soul from

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its state of torpor, to teach me the misery of those who perform their works without seeking to follow His perfect Life, and who observe their Rules without love and fervour. To show me that He will grant His favours, and the sweetness of His Love only to those who are wholly His, and by constantly responding to His Grace are faithful in that even which is least.

## EJACULATION.

**E**NTER not into judgment with Thy servant, O LORD, but of Thy great goodness have mercy upon me.

## PRACTICAL RESOLUTION.

**T**O meditate on the folly of seeking satisfaction in anything but the Love of JESUS, the Will of JESUS,—He has chosen *me*, and cannot *I* choose Him?  
IV.]

## AT COMMUNION.

**E**TERNAL LORD GOD, how miserable I am, and yet I do not feel my own misery. How blind I am, for I do not see what is wrong in me, what is good for me! How can I then pray as I ought, since I know not even my own wants, or how to pray about them? But in these Holy Mysteries Thy Only-begotten SON our LORD JESUS CHRIST has come to me; His Eye sees and knows all my misery, all my need. His Heart feels for my wretchedness, His Voice asks for my deliverance. In His dying hour He did not forget me, He will not forget me now, for He has come now Himself to me in this His Sacrament. He has spoken for me already, He has wept for me already, He ever lives to make intercession for me. Here on His Altar, where He is now present, He

shows forth before Thee  
His Merits, His Sufferings,  
His Wounds, His Precious Blood,  
pleads before Thee for ever.

By all His Love, O Almighty FATHER, forgive me, I pray Thee, all the sins that I have committed against Thee; remember not my present infirmities, my weaknesses, my ignorances, all my many remaining defects and corruption. Subdue all that still would rise up to displease Thee, and enable me to conform my will, my desires, my whole being in all things to Thy most Holy Will. By Thy Grace which can work all good in me, make me perfect, as Thou wouldest have me perfect, that I may become such as Thou canst look upon, and love and accept, as one who may live ever before Thee in Thy Kingdom of Glory, in the Heavens. Amen.

#### THANKSGIVING.

*"HE that eateth Me,  
even he shall live  
by Me."*

Examine yourself by this rule. Since you have received your LORD, are you living for Him? Is He your life, the object of your thoughts, your desires, your All in all in this world?

You may know that you are living by the life of JESUS CHRIST, if you imitate His Life, if you are growing according to His Mind, if you are being transformed into His Likeness, if you have put on the LORD JESUS CHRIST. Do you keep your tongue which has been reddened with His Blood, so that your words are holy, loving, useful? Are the thoughts of your Heart, which He has made His temple, such as befit His Presence? Are you ruling your actions after His Example, often asking

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yourself, "How would my LORD have acted, or thought, or spoken, had He been in my place? Do you love solitude and prayer, and feel GOD to be more to you than the company of creatures, however holy they may be? Do you lay upon yourself any burden, any privation, that you may be in union with the Sorrows and Sufferings of your LORD? Has your self-love given place to the love of JESUS, and are the powers of your being, your intellect, your will, your affections, and the life of your body, yielded wholly up to Him?

If so you are living for Him, you are living by His Life in you.

#### ECJACULATION.

O YE Blessed ones of GOD, ever hungering, ever thirsting, yet ever satisfied with the possession of our GOD, I long for your thirst, iv.]

I long for your satisfaction!

#### PRACTICAL RESOLUTION.

"*IF ye love Me, keep My commandments,*" said our Divine Master—the second commandment is like unto the first—keep it faithfully if you would prove the sincerity of your love to GOD—never allow a word or thought which would in the least degree wound charity.

#### PRAYER.

"*FOXES have holes, and the birds of the air have nests, but the Son of Man hath not where to lay His Head.*"

Thou art poor in Thy Sacrament, Blessed JESUS, and Thou dost submit to all the consequences of poverty, slights, insults, neglect, ingratitude. Thou possessest nothing, and Thou dost not choose even to belong to Thyself. Thou hast given Thyself to us, and Thou



willest to be given as a thing of small value to whosoever asks for Thee. But this even is not enough. Thou willest to receive from Thy creatures, as though Thou hadst need of them. In Thy Sacrament Thou dost accept shelter, care, homage, as in Thine Infancy Thou didst receive food, clothing and protection from Thy Blessed Virgin Mother.

O Thou Pearl of great price, hidden in the field of the world, in this the Sacrament of Thy Love! I would lose all, I would despise all, that I might win Thee. O JESUS, so

poor, that Thou hadst not where to lay Thy Head, come to me from Thine Altar, and lay Thy Head once crowned with thorns for my sake for one moment in my poor heart. Alas, I know there is much yet in me that will open Thy Wounds afresh; my restlessness, my distractions, my troubled thoughts will disturb Thy repose. But Thou didst rebuke the winds and the waves, and they obeyed Thy Voice, and were still; speak within me now, I pray Thee, and there will be a great calm in my soul. Amen.

## FOR SPECIAL DAYS OF HOLY COMMUNION.

### FOR THE DAY OF ADMISSION AS A SISTER PROBATIONER.

#### PREPARATION.

*WHO is He that comes?*  
JESUS CHRIST,

Who loves me with a predestinating Love: because He sees in my

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soul that desire for Perfection with which He has Himself inspired me. *"Jesus beholding him loved him."*

*To whom does He come? To my soul that having striven to keep His Precepts, longs to offer Him a more devoted service, and says to Him, "Good Master, what good thing shall I do, that I may have Eternal Life?"*

*Why does He come? To say to my soul, "If thou wilt be perfect, go and sell that thou hast, and give to the poor, and thou shalt have treasure in Heaven; and come and follow Me."*

#### EJACULATION.

**THE** LORD has set His Seal upon my heart, that none other but Himself may enter in there.

#### THANKSGIVING.

**SEE** by faith JESUS CHRIST in your  
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heart, saying to you, *"Every one that hath forsaken houses, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for My Name's sake, shall receive an hundred-fold, and shall inherit Everlasting Life."*

And as you lie prostrate at His Feet, say to Him, LORD JESUS, draw to Thyself the love that I have so wasted on created objects, and I shall have already received the "hundred-fold" more, that Thou dost promise me hereafter.

2. Look upon yourself from this day forth as bound to the service of JESUS CHRIST, and pray that you may ever remain faithful to Him.

3. Pray again that you may advance each day in the Way of Perfection, and that nothing may hinder you in your onward course.

## EJACULATION.

**F**ORGETTING those things which are behind, and reaching forth unto those things that are before, I press toward the mark for the prize of the high calling of God in CHRIST JESUS.

## PRAYER.

**O** LORD JESUS, I am poor and miserable, I desire to give Thee something, and I have nothing. All which I call mine are Thy Gifts, which I can only restore to Thee. Take then all Thou hast given me, my possessions, my heart, my will, my liberty, I bring all, to be Thine alone for ever.

O Eternal FATHER, in itself my offering is nothing, but in union with the Oblation of Thy Beloved SON it becomes infinite. Remember that to glorify Thee and to save us, He gave up all the Joys of Heaven and became Man; remember that He made Himself of no reputation, and for our sakes became poor; remember that He was obedient unto death, even the death of the Cross. O, by the Poverty of JESUS, by the Obedience of JESUS, by the Infinite Love of JESUS, accept my worthless offering, and give to it the Merits that He has obtained for it. Amen.

### FOR THE DAY OF CONSECRATION AS A CONFIRMED SISTER.

## PREPARATION.

*WHO is He that comes?*  
JESUS CHRIST the  
Glorious Bridegroom,

Who hides the matchless treasures with which He enriches His Brides, under the veils of poverty, subjection, and

self-denial; and Who has so often said to my heart, Leave all and thou shalt find All; leave the world, and thou shalt find Heaven; leave the creature, and thou shalt find the Creator.

*To whom does He come?* To an unworthy Bride, whose first thoughts and affections have been given to the world, and who for so long resisted the attractions of His Love, and shrank from following the Grace of her Vocation.

*Why does He come?* To say to my soul, You have not chosen Me, but I have chosen you, I, your GOD, your Creator, I have taken you out of the world in preference to thousands of others, and called you to a State of Life, whose glory reaches as far as Eternity.

#### EJACULATION.

**T**HE Kingdom of this world and all the  
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goodliness of this life, have I set at nought, for the love of my LORD JESUS CHRIST; Whom I have seen and love, in Whom I have believed, and Whom I seek.

#### THANKSGIVING.

**S**EE by faith JESUS CHRIST in your heart saying to you, At length I have conquered and thou art Mine! I have put thee into the Garden of the Religious Life to dress it, and to keep it. I ask not of thee great austerities, nor heroic sacrifices, but only to "*abide in Me.*" I abide in thee by My Grace, thou must abide in Me by love; thy life must be hidden in Me and then wilt thou bear much fruit.

And as you lie prostrate at His Feet, say to Him, Receive me, O my LORD, into union with Thyself, that I may ever abide in Thy Love, and may live that hidden

life in Thee, which the world calls death, that in the Last Day when Thou wilt appear, I may appear with Thee in Glory, as Thy Spouse. *"Ye are dead, and your life is hid with Christ in God. When Christ Who is our life shall appear, then shall ye also appear with Him in Glory."* Col. iii. 3, 4.

2. Strive to realize the great honour to which JESUS CHRIST has called you, in choosing you for His Spouse. How can so Glorious a King become the Bridegroom, and such a little creature be His Bride?

3. Remember that *"to whom much is given, of him will much be required;"* and grow in faithfulness and humility. All you can do or suffer will seem as nothing, when you hear those sweet words, *"Come, ye Blessed of My Father, enter thou into the joy of thy Lord."*

#### EJACULATION.

I HAD rather be a door-keeper in the House of my GOD, than to dwell in the tents of ungodliness.

#### PRAYER.

MY LORD, my GOD, Spouse of my soul, I am lost in wonder at the thought of this mystery of Thy abasement, and of my glory! THOU hast come to *me*, Thou art mine, and I am Thine! O let me at Thy Feet forget this world, and give Thee the undivided love of my heart. From henceforth I would love Thee and serve Thee perfectly. To-day my life has been enclosed in Thine, I begin a life of self-abnegation, a life of sacrifice, a life of death, a life hidden in Thee. LORD JESUS, hide me with Thyself in GOD, hide me in Thy Manger, in Thy Wounds, in Thy Tomb, in Thy Bosom in Hea-

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ven where Thou dwellest now, at the Right Hand of the FATHER. Keep me unseen, unknown, unheard of, till that Day when Thou, Who art my Life, shalt appear, and then may I of Thy Mercy appear with Thee in Glory. Amen.

## FOR THE DAY OF RENEWAL OF VOWS.

## PREPARATION.

*WHO is He that comes?*

JESUS CHRIST, the GOD Who drew me to His heart with such wonderful sweetness, Who separated me from the world, and bound me to Himself with the cords of His love, the three-fold Vows of my holy Profession.

*To whom does He come?* To my soul who has transgressed against her LORD, who is unworthy of the predestination of her GOD; who has been tempted, not to break her bonds, but to loosen them, who has shrunk from pressing forwards as far as her GOD would call her.

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*Why does He come?*  
To say to my soul, "*Return unto Me, and I will not cause Mine anger to fall upon thee, for I am merciful.*" "*Only acknowledge thine iniquity that thou hast transgressed against Me,*" "*and hast not obeyed My voice.*" Turn unto Me, "*for I am married unto you.*" "*Wilt thou not from this time cry unto Me*" with even greater confidence, "*My Father, Thou art the guide of my youth.*"

## EJACULATION.

**E**NTER not into judgment with Thy servant, O LORD!

## THANKSGIVING.

**S**EE by faith **JESUS CHRIST** in your heart, Himself receiving the Vows that you renew, and restoring the grace that first enabled you to give yourself to Him: **JESUS CHRIST** revealing to you the great love with which He has loved, and still loves you, and attracting you afresh to solitude and silence.

And as you lie at His Feet, say to Him, **LORD JESUS**, what love, what generosity Thou showest me! and shall I forget Thee again? shall I offend Thee again? O **LORD**, Thou seest my anguish, my misery, hear Thou my prayer, give me so to love Thee that I may never again displease Thee.

2. The Vows are the contract between **JESUS CHRIST** and His Spouse: but union with Him is only consummated when the Spouse has kept faithfully the promises

she has made to Him. Then the soul lives no longer in herself, but **JESUS CHRIST** lives in her.

3. Mourn over the little progress you have made after so many years of Profession, and at the Feet of your **LORD**, think over, in bitterness of spirit, all the faults you have committed against your Vows, and your Rules.

4. Ask your **LORD** to nail you Himself once more to the Cross of your Profession, which you took up so joyously at first, and pray that you may be crucified on it with Him, and dying to yourself, live only to Him.

## EJACULATION.

**I WILL** pay my Vows unto the **LORD**, in the sight of all His people: in the courts of the **LORD**'s House, even in the midst of thee, O Jerusalem.

PRAYER.

**J**ESUS CHRIST died for me on the Cross! I believe this, I repeat it daily in the Creed. O if only a creature had died for love of me what should I do? The recollection of such a sacrifice would never leave me. I should hide myself away in solitude, my tears would be my meat day and night, the joys of earth would be insufferable, and every trial would seem as nothing to me.

O my GOD, my JESUS, is not this what I should do in remembrance of Thy Love, Thy Passion, Thy Death? is it not

what I intended on the day of my Profession? I am wholly dedicated to Thy Service, Thou Who hast received my troth, and pledged Thine to me. How is it that I am so often wearied and cold? How is it that I care for things Thou carest not for?

LORD JESUS, Thou Who didst bear the weight of my sins, O my Divine Spouse, Whose Sacred Heart did break for love of me; make me ever to seek only Thee, to care only for Thee, to have no thought but only in Thee, and for Thee, and Thee Crucified. Amen.

FOR THE ANNIVERSARY OF CONSECRATION AS  
A CONFIRMED SISTER.

PREPARATION.

*WHO is He that comes?*

JESUS CHRIST the faithful and jealous Bridegroom, Who shows me all the stains that  
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have soiled my soul since my Profession, saying to me, Know now if this be the spotless robe with which I arrayed thee in the day of thy Espousals, and the day



of the gladness of My heart?

To whom does He come? To a foolish Virgin who tarnishes the beauty of her soul and grieves her Spouse each time that she turns her eyes from Him, and seeks satisfaction from creatures: Yes, my LORD, alas! this is the precious robe with which Thou didst adorn my soul; I have soiled it by my unfaithfulness; LORD, be merciful to me, deign to restore to me Thy Love, and the grace of my first resolutions.

*Why does He come? To comfort my soul with these sweet words: "Awake, awake; put on thy strength, O Zion, put on thy beautiful garments, O Jerusalem; for henceforth there shall no more come into thee the uncircumcised and the unclean. Shake thyself from the dust; arise and sit down, O Jerusalem; loose thyself from the bonds of thy neck, O cap-*

*tive daughter of Zion."*  
*"For thy Maker is thine Husband; the Lord of Hosts is His Name; and thy Redeemer the Holy One of Israel."*

#### EJACULATION.

O MY LORD, Husband of my soul, righteousness belongeth unto Thee, but to me confusion of face.

#### THANKSGIVING.

SEE by faith JESUS CHRIST in your heart saying to you,—*"I remember thee, the kindness of thy youth, the love of thine Espousals,"* when despising the pleasures of this world, and longing after perfection, *"thou wentest after Me in the wilderness,"* *"in a land that"* seemed to thee *"not sown."*

And as you lie at His Feet, say to Him, O JESUS, how good Thou art, for Thine *"incorruptible Spirit is in all things, therefore chastenest Thou*

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*them by little and little that offend, and warnest them by putting them in remembrance,"* that they may return unto Thee, and Thou mayest heal them.

2. Thank your LORD for stirring your inmost heart by His secret inspirations, and again seeking you, notwithstanding your unfaithfulness, and many negligences, you who had for so long felt and known His Love.

3. Resolve now generously to put away all evil tendencies, and unsimple motives, and self-gratifications, and slight indulgences, that hide the Vision of JESUS, and oblige Him to withdraw Himself from you. And in humble trust throw yourself into the loving Arms of your Spouse, asking Him "*to heal all your backslidings, and to love you freely.*" And He "*will renew your strength,*" that you shall "*mount iv.]*"

*up with wings as eagles;" "and run and not be weary, and walk and not faint."*

#### EJACULATION.

I LAID me down and slept, but I have risen up again; for my LORD sustained me, and has had mercy upon me!

#### PRAYER.

O MOST Merciful God, I beseech Thee, vouchsafe to accomplish in my soul all Thy purposes of love for me, which I have so hindered by my unfaithfulness. Fountain of Living Water flowing unceasingly on my barren soul, fertilise it, make it bring forth leaves, and flowers, and fruits of works well pleasing to Thee. Fire of Love, so long smouldering in my cold heart, burst out into an undying flame of charity.

O my GOD, the FATHER, the SON, and the HOLY GHOST, re-create

me, enlighten me, en-  
kindle me. Hidden  
Treasure, enrich me, Di-  
vine Seed of Life, grow  
up in me ; Holy Light,  
shine out upon the dark-  
ness of my spirit, and  
let the Eternal Day  
break in, and the sha-  
dows for ever flee away.  
Amen.

## DEVOTIONS FOR HOLY COMMUNION.

*(From the Canticles.)*

### SUNDAY.

**J**ESUS, Spouse most  
faithful, King most  
glorious and beautiful,  
Thou hast brought me to  
Thy Banqueting House,  
and Thy Banner over  
me is love.

Stay me with Thy  
Love, dear LORD, and  
comfort me with the  
gifts of Thy Divine  
Grace, that here under  
Thy shadow I may have  
great delight, and that  
this Fruit, Which is Thy  
Self, may be most sweet  
to my taste.

THE VOICE OF JESUS.  
Open to Me, My sister,

My love, My dove, My  
undefiled.

*The voice of the soul.*  
O JESU most sweet, I  
adore Thee, I love Thee.

### MONDAY.

**J**ESU, Tree of Life,  
Spouse most loving,  
Thou hast brought me  
here to the garden of  
spices, where Thy Name  
is as ointment poured  
forth, and Thy Love is  
better than wine.

O my Beloved, come  
into Thy garden, and  
eat of Thy pleasant  
fruits ; come down to  
this garden, to these  
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beds of spices, that Thou mayest feed in Thy garden and gather lilies. O Thou Who dwellest in the gardens, the blessed Saints who are Thy companions hear Thy Voice: cause even me to hear it.

THE VOICE OF JESUS. I am come into My garden, My sister, My spouse.

*The voice of the soul.* O JESU most holy, I adore Thee, I love Thee.

#### TUESDAY.

JESU, King of Glory, and Son of Saint Mary, Thou art here in the wilderness, like pillars of smoke, perfumed with myrrh and frankincense.

O JESU my Beloved, let me lean on Thee, that I may be led up from this wilderness, and be brought into the Home of Thy Love, where Thou dwellest in Thy Beauty. Thou hast called me, LORD, to come  
IV.]

away from creatures to Thee, help me, or I cannot come: Thou hast said that no one can come unto the FATHER but by Thee, that no one can come unto Thee except the FATHER draw him; draw me then ever more and more to Thy Self, dear LORD, and so will I run after Thee.

THE VOICE OF JESUS. Arise, My love, My fair one, and come away.

*The voice of the soul.* O JESU, most compassionate, I adore Thee, I love Thee.

#### WEDNESDAY.

JESU, Thou true Vine, Which flourishest, Thou givest us here new Wine, causing the lips even of those that are asleep to speak.

O LORD, make my heart to wake, while I sleep, that my lips may always speak of Thee. and pray for Thine Appearing with all Thy Blessed Saints. JESU,

let me eat and drink with Thee at Thy Table in Thy Kingdom, where the Fruit of the Vine is always new, and Thou Thyself art All in all.

**THE VOICE OF JESUS.** Eat, O Friends, drink, yea drink abundantly, O Beloved.

*The voice of the disciple.* O JESU, most bountiful, I adore Thee, I love Thee.

#### THURSDAY.

**JESU**, true Light, Son of the Ever-Virgin, it is here that Thou dwellest among the Lilies : here that I can say truly because of Thy Love, "My Beloved is mine, and I am His."

O LORD, most dazzling in Thy Purity, Thou art He Whom the Virgins love ; O let Thy Left Hand once pierced for me, be under my head, and let Thy Right Hand embrace me. Set me, O LORD, as a seal upon Thine Arm, as a seal upon Thy Heart, in the

depths of Thy Divine Love.

**THE VOICE OF JESUS.** I am the Rose of Sharon, and the Lily of the Valley.

*The voice of the disciple.* O JESU, most immaculate, I adore Thee, I love Thee.

#### FRIDAY.

**JESU**, Refuge of sinners, pierced with five most glorious Wounds, Thou art here with Divine Gifts in the clefts of the Rock, and in Thy Sacred Humanity, most pure and lifegiving.

O JESU, dear LORD, let me now see Thy Countenance, and let me hear Thy Voice, for Thy Voice is most sweet, and Thy Countenance most beautiful. I cannot live, dear LORD, without seeing Thee, and without hearing Thy loving Voice.

**THE VOICE OF JESUS.** How fair, and how pleasant art thou, O Love for delights.

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*The voice of the disciple.* O JESU, most merciful, I adore Thee, I love Thee.

## PRAYERS.

## SATURDAY.

**J**ESU, Good Shepherd, Divine Spouse of my soul, it is here that Thou feedest: here indeed, that Thou, most Loving, makest Thy flock to rest at noon.

O JESU, dear LORD, Who didst die for me, let me be always Thy beloved, and let Thy Desire be towards me. Kiss me, dear LORD, with the Kisses of Thy mouth; for Thy Mouth is most sweet, yea Thou art altogether lovely.

**THE VOICE OF JESUS.** Thou hast ravished My Heart, My Sister, My Spouse, how fair is thy love, My Sister, My Spouse: a garden enclosed is My Sister, My Spouse: a Spring shut up: a Fountain sealed.

*The voice of the disciple.* O JESU, most lov-  
IV.]

**O** LORD JESUS CHRIST, Who hast been here offered on the Altar, a Sacrifice for the living and the faithful departed: fill my heart with Thy Love, that Thou mayest be always my Sacrifice, and my Life. Amen.

**O** GOD, Who art Love, pour into my heart such love of Thee, that I may always love Thee above all things, through JESUS CHRIST our LORD. Amen.

**M**AKING mention of the all-holy, undefiled, and more than blessed Mary, Mother of God, and Ever-Virgin, with all the Saints, I commend myself, and all those I love, and these my prayers to CHRIST my GOD. Amen.

## PASSAGES OF HOLY SCRIPTURE.

*(Which may be used for Meditation as preparation, or thanksgiving for Holy Communion.)*

## BEFORE COMMUNION.

## FAITH.

**V**ERILY Thou art a God that hidest Thyself, O GOD of Israel, the SAVIOUR! Isa. xlv. 15.

My LORD and my GOD! S. John xx. 28.

We believe and are sure that Thou art the CHRIST, the SON of the Living GOD. S. John vi. 69.

## HUMILITY.

**L**ORD, what is man, that Thou art mindful of him; and the son of man, that Thou visitest him? Ps. viii. 4.

I have heard of Thee by the hearing of the ear: but now mine eye seeth Thee, wherefore I abhor myself, and re-

pent in dust and ashes. Job xlii. 5, 6.

LORD, I am not worthy that Thou shouldest come under my roof. S. Matth. viii. 8.

## CONTRITION.

**O** MY GOD, I am ashamed and blush to lift up my face to Thee, my GOD: for my iniquities are increased on my head, and my trespass is grown up into the Heavens. Ezra ix. 6.

I will confess my wickedness, and be sorry for my sin. Psalm xxxviii. 18.

A broken, and contrite heart, O GOD, shalt Thou not despise. Ps. li. 17.

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## HOLY FEAR.

**A**ND Moses hid his face, for he was afraid to look upon GOD. Exodus iii. 6.

Woe is me ! for I am undone ; because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips : for mine eyes have seen the King, the LORD of Hosts. Isaiah vi. 5.

Depart from me ; for I am a sinful man, O LORD. S. Luke v. 8.

## HOPE.

**O**LORD GOD of Hosts, hear my prayer : hearken, O GOD of Jacob, behold, O GOD our Defender : and look upon the Face of Thine Anointed. Ps. lxxxiv. 8, 9.

The LORD hath been mindful of us, and He shall bless us. Ps. cxv. 12.

Behold GOD is my Salvation : I will trust, and not be afraid. Isa. xii. 2.

## DESIRE.

**I** BESEECH Thee, show me Thy Glory. Exodus xxxiii. 18.

Like as the Hart desireth the water-brooks : so longeth my soul after Thee, O GOD. My soul is athirst for GOD, yea, even for the Living GOD. Psalm xlii. 1, 2.

Whom have I in Heaven but Thee, and there is none upon earth that I desire in comparison of Thee. Psalm lxxiii. 24.

## AFTER COMMUNION.

## ADORATION.

**B**E still then, and know that I am GOD. Psalm xlvi. 10. iv.]

O come, let us worship and fall down, and kneel before the LORD our Maker. Ps. xcv. 6.



Thou art my GOD, and I will thank Thee: Thou art my GOD, and I will praise Thee. Ps. cxviii. 28.

My soul doth magnify the LORD. S. Luke i. 46.

#### CONFIDENCE.

**L**O, this is our GOD ; we have waited for Him, and He will save us : this is the LORD ; we have waited for Him, we will be glad and rejoice in His Salvation. Isaiah xxv. 9.

I will love Thee, O LORD my strength ; the LORD is my stony Rock, and my Defence : my SAVIOUR, my GOD, and my Might, in Whom I will trust, my Buckler, the horn also of my Salvation, and my Refuge. Psalm xviii. 1.

O taste and see how gracious the LORD is : blessed is the man that trusteth in Him. Ps. xxxiv. 8.

O come hither, and

hearken, all ye that fear GOD : and I will tell you what He hath done for my soul. Ps. lxi. 14.

#### LOVE.

**L**ET Him kiss me with the Kisses of His Mouth : for Thy Love is better than wine. Because of the savour of Thy good ointments Thy Name is as ointment poured forth, therefore do the Virgins love Thee. Cant. i. 2, 3.

Tell me, O Thou, Whom my soul loveth, where Thou feedest, where Thou makest Thy Flock to rest at noon. Cant. i. 7.

My Beloved is mine, and I am His. Cant. ii. 16.

His Mouth is most sweet : yea, He is altogether lovely. This is my Beloved, and this is my Friend. Cant. v. 16.

LORD, Thou knowest all things, Thou knowest that I love Thee. S. John xxi. 17.

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## GRATITUDE.

**I** WILL sing of the LORD, because He hath dealt so lovingly with me: yea, I will praise the Name of the LORD Most Highest. Psalm xiii. 6.

What reward shall I give unto the LORD: for all the benefits that He hath done unto me? I will receive the Cup of Salvation and call upon the Name of the LORD. I will pay my Vows now in the presence of all His people. Psalm cxvi. 11—13.

O LORD, Thou art my God; I will exalt Thee, I will praise Thy Name; for Thou hast done wonderful things. Isaiah xxv. 1.

## PETITION.

**I** WILL not let Thee go, except Thou bless me. Gen. xxxii. 26.

Hitherto have ye asked nothing in My Name; ask and ye shall receive, iv.]

that your joy may be full. S. John xvi. 24.

Abide with us, for it is toward evening and the day is far spent. S. Luke xxiv. 29.

## SELF-DEDICATION.

**G**IVE the LORD the honour due unto His Name, worship the LORD with holy worship. The LORD shall give strength unto His people, the LORD shall give His people the blessing of peace. Psalm xxix. 2, 10.

Draw me, we will run after Thee. Cant. i. 4.

I am crucified with CHRIST: nevertheless I live; yet not I, but CHRIST liveth in me: and the life which I now live in the flesh, I live by the faith of the SON of GOD, Who loved me, and gave Himself for me. Gal. ii. 20.

## RESOLUTION.

**I** WILL offer to Thee the sacrifice of

thanksgiving, and will call upon the Name of the LORD. Ps. cxvi. 15.

I have sworn and am steadfastly purposed to keep Thy righteous Judgments. Ps. cxix. 106.

I will dwell in Thy

Tabernacle for ever: and my trust shall be under the covering of Thy Wings. For Thou, O LORD, hast heard my desires: and hast given an heritage unto those that fear Thy Name.

Psalm lxi. 4, 5.

## DEVOTIONS IN COMMEMORATION OF THE BLESSED SACRAMENT.

### PRAYER.

**O** DIVINE Redeemer of our souls, Who of Thy great goodness hast been pleased to leave us Thy Precious Body and Blood in the Blessed Sacrament of the Altar, I adore Thee with the most profound reverence.

I humbly thank Thee for all the favours Thou hast bestowed upon us, especially for the institution of this most Holy Sacrament. And as Thou art the Source of all

Grace, I entreat Thee to pour down Thy Blessing upon me, and upon all those for whom I would offer up my prayers. And that nothing may interrupt the course of Thy Grace, I beseech Thee to banish from my heart all that displeases Thee; pardon me my sins, O my GOD, since I sincerely detest them for love of Thee; purify my heart, sanctify my soul, bestow on me a Blessing like that which Thou didst grant to Thy disciples at Thy Ascension

into Heaven; grant me that which may change, consecrate, and unite me perfectly to Thee, and may fill me with Thy SPIRIT, and be to me in this life a foretaste of those Blessings which Thou reservest for Thy Elect in Heaven. All this I beg in the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

ANOTHER.

BEHOLD, O most loving JESUS, to what an excess Thy love has gone! Of Thy own Flesh and most Precious Blood Thou hast prepared for me a Divine Banquet, in which Thou givest me Thy whole self. What could have moved Thee to this Love? Nothing else surely than Thy most loving Heart. O adorable Heart of my JESUS, Furnace of Divine Love, receive my poor soul into Thy Sacred Wounds, IV.]

that in their deep abyss of unutterable love, I may learn to love by Thy self-sacrificing Love, O my GOD, Who hast given such wonderful proofs of Thy Love for me, so wholly unworthy. Amen.

ACTS OF ADORATION.

HAIL Salvation of the world, Word of the FATHER, Sacred Victim, True Life, Living Flesh, Perfect GOD, True Man, Body of our LORD JESUS CHRIST; Thou Who didst form me from the dust of the earth, have mercy upon me a sinner. Amen.

HAIL most merciful JESUS, SON of GOD, Child of Mary, Who didst so love me as to die for me, and Who givest Thyself to me as my Food. I grieve for all my sins because they have displeased Thee. Supply for all my imperfections with Thine

own most Sacred Merits. O Lamb of God, Who takest away the sins of the world, have mercy upon me and give me peace; and so refresh my soul continually with this Spiritual Food, that I may never in life or death be separated from Thee. Amen.

O INFINITE Wisdom, Which cannot be deceived; O Infinite Goodness, Which cannot deceive; Great and Eternal Truth, my LORD and my GOD, I believe in Thee, and I believe Thee in all Thou hast revealed in Thy Holy Word, and teachest by Thy Holy Church. Amen.

O ETERNAL Beatitude, I hope in Thee, and through Thy infinite mercy and most precious Merits I trust that Thou wilt grant me the Pardon, the Grace, and the Glory which Thou hast promised, with

all the necessary means for attaining them. I depend wholly upon Thee, I can do nothing without Thee, but through Thee, and with Thee, I can do all things. Amen.

O INFINITE Fountain of all Good, I love Thee, and I will love Thee, and all that Thou lovest; because Thou art all good in Thyself and infinitely to be loved. I rejoice in Thy Infinite Perfection, Beatitude, and Loveliness; and in all the homage, praise, honour, and glory, which has been, is, or can be rendered to Thee by Thy Elect, and by all Thy creatures.

O Supreme Truth, I believe in Thee.

O Eternal Felicity, I hope in Thee.

O Incomprehensible Goodness, I love Thee.

O Infinite Mystery, I revere Thee.

O Tremendous Power, I adore Thee.

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O most Liberal Benignity, I bless Thee.

O most Sacred God-head, I glorify Thee.

I grieve from my inmost heart that I have ever offended Thee, and I desire now to love and serve Thee for ever. Mercifully grant that I may not be separated from Thy Grace and Love here, or fail to attain Thy happy Vision hereafter. Amen.

FOUR ASPIRATIONS OF  
LOVE TO JESUS TO  
OBTAIN AN ARDENT  
LOVE OF GOD.

I.

O JESUS, most sweet, most hidden, and most intimate Spouse of holy souls, inflame, I beseech Thee, my heart with the Love of Thee, that I may delight in Thee from my inmost soul. Visit me in Thy Mercy, and fill my heart with Thy Grace, for the very depths of my being  
IV.]

long for Thee, the Fountain of Sweetness.

O my LORD JESUS, O fire that burnest sweetly, and shinest secretly, and consumest gently, take full possession of my whole heart. O King of kings, King of Eternal Glory, grant that I may hunger and thirst for Thee alone, sigh after Thee, and ardently desire to behold Thy countenance.

O loving JESUS, pierce my heart with the sweetest dart of love; penetrate my soul with burning charity, that it may melt altogether with desire and love of Thee. Let it be wholly dissolved in love, wholly absorbed in Thee.

O LORD, disengage my soul from all things here below, that it may freely tend to Thee alone, and Thou alone mayest inhabit it, its Owner and Possessor. Let Thy Love descend upon me; let Thy Divine Charity come to me, to excite in me

incessantly all pure desires.

Grant, O my LORD, that, wholly filled with the sweetness of Thy Love, and wholly set on fire with the flame of heavenly charity, I may delight in Thee with my whole heart.

May I love Thee, O sweet JESU, may I love Thee, O only Salvation of my soul; may I love Thee, for Thou hast first loved me!

O Spouse most Lovely, most Beloved, grant that I may love Thee more and more.

Let the strong force of Thy Love utterly dislodge from my heart the weight of all earthly desires, and make me run without ceasing in the odour of Thy ointments.

O my own most Compassionate LORD, write on the tablet of my heart the sweet memory of Thee, which no forgetfulness may ever erase, that I may ever burn with the desire of

Thee, that I may be wholly set on fire with the flame of Thy Love, and drowned in the deluge of Thy Charity.

## II.

O MY GOD, Ocean of holy love and sweetness, come and give Thyself unto my soul. Grant that with a perfect heart, full desire, and burning affection, I may unceasingly aspire after Thee, and lovingly respire in Thee. May I prefer Thee to every creature, for Thee renounce every transitory delight, O my true, my highest joy!

Feed me, LORD, Thy poor, famished beggar, with continual draughts of Thy Divinity; refresh me with the wished for presence of Thy Grace. This I seek, this I long for, that a vehement love may penetrate me through and through, and fill me, and transform me into itself.

Grant, O Most Lov-

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ing Redeemer, that I may be wholly inflamed with the love of Thee, that I may wholly renounce myself, and delight only in Thee, know only Thee, feel only Thee. Overflowing Abyss of Divinity, draw me to Thee, and immerse me in Thyself; so seize and so take to Thyself all the affection of my heart, that it may be wholly dead to all beside.

O God of all Sweetness, I call Thee into my soul; I cry to Thee, I long for Thee with a large affection, O surpassing delight of the most intimate union!

Come, my Beloved, come, a thousand thousand times desired, that I may inwardly possess Thee, and clasp Thee in the chaste embraces of my soul!

O Light that ever shinest, and never fadest, enlighten me! O Fire that ever burnest and never failest, enkindle me! O Love that ever

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glowest, and never faintest, absorb, transform me into Thee!

O dear Light of mine eyes, JESUS, chase away all darkness from my heart, and illuminate me throughout with the splendour of Thy Grace! Enter into my soul, O perfect Sweetness, that it may savour of sweet things, and find its joy and rest in Thee.

O my Beloved, sole Object of my Vows, grant that I may find Thee, and finding, may retain Thee, and hold Thee fast bound in the arms of my soul. I long for Thee, I pant after Thee, O Bliss Eternal! Oh that Thou wouldest give Thyself to me, unite me intimately to Thee, and satisfy me wholly with the wine of Heavenly Charity.

### III.

WOUND, O LORD,  
the secret recesses  
of my inmost being with



the arrow of Thy Love, and send the saving flame deep into my cold and torpid heart; that, all on fire with the inextinguishable flame of Charity, and penetrated with the unspeakable sweetness of Thy SPIRIT, I may be wholly transferred from myself to Thee.

Receive me, O beautiful Spouse, JESUS, into the closest embraces of Thy Love, that, folded therein, my dull cold heart may glow all through with warmth. Open, LORD, open when I knock, and admit my desolate soul into the chamber of Thy Love, and in Thy mercy espouse it to Thyself.

May I draw from Thee the Living Water, O Fount of honied sweetness, that by the very taste thereof, I may never thirst again for anything but Thee. Let the heavenly dew of Thy Sweet-dropping Charity, come down upon me,

that, inwardly imbued therewith, I may be preserved pure from earthly desires and unchaste affections.

O Dearest of all that is dear to me, grant that I may be wholly Thine, and Thou mayest continue mine for ever. So join, so fasten me to Thyself, that I can never be separated from Thee; so yield, so impart Thyself to me, that filled with the sweetness of Thy Peace, I may find my delight for evermore in Thee.

O Light serene and peaceful, O my GOD, irradiate my soul with Thy bright beams! Draw me closer to Thee, O Thou glowing Sun, that at Thy powerful heat, the soil of my heart may bring forth the flowers and fruits of holy love!

O my Glory, O my Joy, O my unmixed Delight, JESUS, kindle, I pray Thee, such a flame of love in my inmost heart, that henceforth I

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may choose nothing, desire nothing, in the world, but Thee!

O my LORD, let Heaven and Earth, and all things contained therein, without Thee, be to me like a cold wintry waste. Do Thou alone affect me, do Thou alone delight me; may the love of Thee alone live, and burn within me, and continue ever living and ever burning.

IV.

**S**HINE down upon me, O Most Bright and Genial Light, that the thick shades of my blindness may be changed into the clearest noon-day splendour. O good JESUS, adorn my soul with that grace of charity which Thou lovest; anoint it with that richness of love which Thou delightest in. Take from it whatever is less pleasing to Thine eyes, and render it in everything acceptable to Thee.  
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O sweetest Love of JESUS, devour and happily consume me! Transform me into Thyself, that, joined to Thee by the indissoluble tie of love, I may live of Thee, and flourish before Thee, as a Lily.

O fairest, O most blooming flower, JESUS! O Life that never fadest! O Life by which I live, without which I die! O Life by which I rejoice, without which I mourn! O Life most sweet and loving, grant that I may be joined to Thee, and soothed to sleep in Thy Love, may find my rest in Thee, Who art our Perfect Peace.

Grant, O my LORD, that, filled with burning love, and melted with the sweetness of a penetrating charity, my soul may be dissolved in Thee. Possess it, O Sovereign, O priceless Good, possess it, that it may possess Thee, and find its blessedness in Thee.

O my Beloved, pierce,

transfix my heart with Thy Love, that my soul may be refreshed in longing for Thee. Let all transitory things grow worthless in my eyes; do Thou only please me, do Thou only make me glad with Thy Incomparable Beauty.

Break down, O sweet JESUS, the hateful wall of my tepidity, and grant that, with a free and ready heart, I may follow Thee with inextinguishable fervour. Let blow the south wind of ardent love, which may so impel me to Thee, that apart from Thee, there may be no breath in me.

O JESUS, only Com-

forter of my heart, let fall unceasingly upon me, I beseech Thee, the sweet dew of Thy Grace. Draw me to Thee by the all-powerful virtue of Thy Love, and imprint upon me the kiss of Thy Forgiveness, that, sealed therewith, I may henceforth love nothing beside Thee; for Thou art my whole possession, and the whole Blessedness of my soul.

O SACRED Banquet, in which CHRIST is received; the memory of His Passion is renewed; the mind is filled with Grace; and a Pledge of future Glory is given to us. Alleluia.

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## LOVING ASPIRATIONS TO JESUS IN THE ADORABLE SACRAMENT OF THE ALTAR.

### I.

*"Go forth, O ye daughters of Sion, and behold*

*King Solomon with the Crown wherewith His mother crowned Him in*

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*the day of His Espousals, and in the day of the gladness of His Heart."* (Cant. iii. 11.)

**O** DAUGHTERS of the Grace of God, souls that love Him, come forth from the darkness of the world, and behold JESUS your King crowned with thorns, with the Diadem of insult and suffering with which His mother, the impious Synagogue, crowned Him on the day of His Espousals, the Day of His Death, by which He, on the Cross, espoused our souls to Himself. Come forth again and behold Him, full of mercy and love, coming to unite Himself to you in this Sacrament of His Love.

JESUS, Beloved Spouse of my soul, has it then cost Thee so much to unite Thyself to our souls in Thy Most Sweet Sacrament? and we unworthy are so ungrate-  
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ful, and long for Him so little! Come to me, LORD, I pray Thee, come, LORD JESUS, for my soul yearns for Thee. It was once Thine enemy by sin, but Thou hast made it Thy Spouse by Thy Grace, and from henceforth I desire only Thee, I will seek only to please Thee, I will love only Thee for ever!

## II.

*"A Bundle of Myrrh is my Well-Beloved to me; He shall lie all night betwixt my breasts."* (Cant. i. 13.)

**T**HE Myrrh plant, when it is bruised, sends forth tears and waters of health. JESUS willed to shed the last drop of His Precious Blood through His Sacred Wounds, for our cleansing, for our sanctification.

Come then to me, Beloved "*Bundle of Myrrh*;" I see Thee in Thy Sacrifice wounded and bleeding on the

Cross for me, but in the Sacrament of Thy Love Thou art "*sweeter than honey and the honey-comb.*" What can equal the Joys and Delights which Thou bringest to me, my SAVIOUR? "*He shall lie all night betwixt my breasts.*" LORD JESUS, abide with me ever, and never leave me for one moment. I long to love Thee perfectly, to be united to Thee in the closest bonds of Thy Love. I will always belong to JESUS, and JESUS shall be always mine.

### III.

"*While the King sitteth at His Table, my Spikenard sendeth forth the smell thereof.*" (Cant. i. 12.)

WHEN JESUS comes to dwell in the soul by Holy Communion, the Light which He brings, reveals to her all her sin and misery, causing her to confess before Him, that she is

the basest of all His creatures: as the Spikenard, though one of the lowest of the plants, yet emits a most sweet odour, so this acknowledgment of the humbled soul is as a perfume well-pleasing to her Beloved King Who has come to her, and has taken up His abode with her.

My soul, if thou desirest that JESUS should dwell within thee; humble thyself, cast out from thee all pride and self-esteem, all self-love and self-complacency, which entering in, causes JESUS to depart from thee, and hinders Him from finding rest in thee.

LORD JESUS, I pray Thee, let Thy Divine Light shine out in me, and show me all my vileness, my misery, my nothingness; that I may become lowly of heart, that so Thou mayest rest with delight in my soul, and never more be separated from me.

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## IV.

*"Open to Me, My sister, My love, My dove, My undefiled: for My Head is filled with dew, and My Locks with the drops of the night."*  
(Cant. v. 2.)

**B**EHOLD the Voice of JESUS in the Blessed Sacrament, to those that love Him, and long for Him. *"Open to Me,"* He says, O Christian soul, I will enter thy heart and dwell there with thee. Thou shalt become *"My sister,"* by likeness to Me; *"My love,"* by the communication of My graces; *"My dove,"* by the gift of simplicity; *"My undefiled,"* by the gift of purity which I shall bestow upon thee. And the Spouse adds, *"For My Head is full of dew, and My Locks with the drops of the night."* Consider, O My beloved, I have waited for thee through all the night of thy sin, and darkness, my heart, which was

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which thou didst spend away from Me. Behold instead of coming to chastise thee with scourges, I come with the dew of celestial grace to extinguish in thee all sinful affections, and to kindle within thee the fire of Divine Love.

Come then to me, LORD JESUS, Beloved Spouse of my soul, and work within me all that Thou desirest to find in me. I renounce all else, that I may be wholly Thine, and that I may be entirely and altogether conformed to Thy most Holy Will.

## V.

*"Let my Beloved come into His Garden, and eat His pleasant fruits."*  
(Cant. iv. 16.)

**T**HIS is the invitation of a devout soul to JESUS in the Blessed Sacrament. Come, she says, O my Beloved, into my heart, which was

once unhappily not Thine, but has now, by Thy Grace returned to Thee. "*Come and eat Thy pleasant fruits.*" Come Thou and make my soul Thy garden, and taste in me the Virtues which Thou Thyself dost bring with Thee. • Forgive in me all that offends Thee; for the honour of Thy Majesty purify my soul, adorn it, inflame it with Thy Love, make it beautiful in Thine Eyes, that so it may become a fit abode for Thyself.

## VI.

"*The Kindness and Love of God our Saviour towards men appeared.*" (Titus iii. 4.)

**G**OD in taking on Him our nature, showed forth His Kindness to all mankind; but in the most Holy Sacrament of the Altar He displays His Love for our souls. S. Augustine says, "Does

it not seem folly to say, Eat My Flesh, and drink My Blood? as JESUS said on the night of His Passion. I show you My great Love for you by desiring you to eat My Very Flesh." Who but JESUS would have thought of instituting a way of giving His Body to be the Food of our souls! Some of His Disciples when they heard this, exclaimed, "*This is an hard saying, who can hear it?*" They refused to believe the words of JESUS CHRIST, and "*walked no more with Him.*" And in return for all He has done for us, all He asks of us, is, that we should love Him!

O Most Loving JESUS, what dost Thou not promise, what dost Thou not give, to them that love Thee? Thou dost promise them Thy Love, "*I love them that love Me.*" Thou dost promise to receive them, though they have wan-

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dered from Thee: "*Turn ye unto Me, saith the Lord of Hosts, and I will turn to you.*" Thou dost promise to dwell for ever in their souls, and to bring with Thee the FATHER and the HOLY SPIRIT: "*If a man love Me he will keep My words, and My Father will love him, and We will come unto him, and make Our abode with him.*" What more couldst Thou promise us, to induce us to love Thee? Most loving LORD, I understand Thee now, Thou wilt be loved even by me! I do love Thee with my whole heart; and if I do not love Thee as I ought, teach me how to love Thee. Make me to love Thee, and to love Thee perfectly.

## VII.

"*He is altogether Lovely.*" (Cant. v. 16.)

TO the souls who love  
JESUS as their Spouse,  
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"*He is altogether Lovely,*" whether He chastens or caresses them, whether He reveals Himself to them, or hides Himself from them; because they know and believe that all He does is because He loves them, and desires that they should love Him.

Deal with me then, O my JESUS, as Thou wilt; I will love Thee whether Thou sendest me joys or sorrows, consolations or afflictions, for I know that all comes to me from Thy most loving Heart, and that all shall be for my greater good. "*My heart is ready, O God, my heart is ready.*" My will is prepared joyfully to accept all the arrangements of Thy Providence. "*I will always give thanks unto the Lord.*" Always, whether in prosperity or adversity, whether afar off or near, O my GOD and my LORD, Thou art "*altogether lovely!*"



## VIII.

*"I found Him Whom my soul loveth: I held Him, and would not let Him go."* (Cant. iii. 4.)

SUCH should be the language of the Spouse of JESUS, as He gives Himself to her in the Most Holy Sacrament. Depart from me all ye creatures in whom I once took such delight: I loved you because I was blind; but I love you no longer, nor can I ever love you as I once did, for I have found One Who is above all others, *"the Chiefest among ten thousand!"* I have now within me JESUS; He is mine and I am His, *"He has ravished my soul."* To Him my Beloved One, my LORD and my GOD, I have given my whole being. He in His wondrous condescension has accepted me as His Own, and therefore I am no longer my own. I belong to JESUS, and shall

for ever belong to JESUS, *"I held Him, and would not let Him go."* My spirit embraces His most blessed Presence, and in His Strength, and with His Grace, I will never let Him leave me.

## IX.

*"Behold I have graven thee upon the Palms of My hands; thy walls are continually before Me."* (Isa. xlix. 16.)

HOW sweet and loving is the care of God for the souls whom He loves! That He may not forget them, He carries them graven in His very Hands. He declares that a mother will sooner forget her child than He will forget one of His Elect. *"Can a woman forget her sucking child? . . . Yea, they may forget, yet will I not forget thee."* *"Thy walls are continually before Me."* His Eyes are ever watching over the

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that love Him, to defend them against all the assaults of the enemy. "*With Thy favourable kindness wilt Thou defend him as with a shield.*" Above and beyond all, He so loved us, as to give His Only Begotten SON to suffer and die for us, and in His Most Blessed Sacrament to abide with us for ever! "*Who satisfieth thy mouth with good things,*" even the very Body and Blood of JESUS our LORD!

O my GOD, O infinite Goodness! Who hast so loved me, I give up myself entirely to Thee, ready and resolved to do only Thy Will; only what will please Thee. Help me, O my GOD, I pray Thee; teach me not only to know, but to do all Thy Will. Grant, O Eternal FATHER, that I may be able ever to say, in union with JESUS my LORD, "*I do always those things that please Him.*"

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X.

"*Set Me as a Seal upon thy heart.*" (Cant. viii. 6.)

YES, LORD JESUS, I am Thine, consecrated to be Thine for ever! and what else can I do but to place Thee as a Seal of Love upon my heart, to close it against all other love, and to show to all that I am Thine, Thine only. But O my GOD, what canst Thou expect from me without the help of Thy Grace? I can but give Thee my poor heart to be disposed of as Thou pleasest. Behold, LORD, it is Thine unreservedly; I consecrate and devote it wholly to Thy Love. But leave it not any longer in my care, or I shall, I fear, rob Thee of it again. Most Loving GOD, Infinite Love, make me love Thee perfectly, I pray Thee, that I may please Thee perfectly. O Thou Who dost work so many wonders that

Thou mayest come to me in Thy Divine Sacrament, perform one more miracle, and make me all Thou wouldest have me to be, that I may be really Thine, and Thou mine, so that I may say in Life, in Death, and in Eternity, that "*Thou art the God of my heart, and my Portion for ever.*"

# XI.

*"In that day there shall be a Fountain opened to the house of David and to the inhabitants of Jerusalem for sin and for uncleanness."* (Zech. xiii. 1.)

THE Precious Blood of JESUS CHRIST shed in the piercing of His Sacred Side, is the Fountain opened for sin and for uncleanness, foretold by the Prophet. This Fountain, opened on Mount Calvary, flows on unceasingly in the Sacrifice of the Holy Eucharist. On every Altar

in the Catholic Church lies the Sacred Victim, and from His Wounds wells out the Life-giving Stream, in which each penitent soul may find its perfect cleansing.

LORD JESUS, may I who live in Thy Courts and feed at Thine Altar, receive from this Fountain ever renewed cleansing and Grace, that I may be made fit for Thy Love. O my GOD and my LORD, Thou didst institute this Sacrament that Thou mightest be loved by me. Why then is my love so cold? Thy Love for me is infinite: Thou deservest an infinite love. Thou offerest Thyself daily in Sacrifice for me: I ought to sacrifice myself wholly for Thee. LORD, I long to love Thee as I ought, with all my heart, and mind, and strength. Help me, O my JESUS, so to love Thee, above and beyond all things. Cleanse my love in this precious Fountain, from

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the dross of earthly love, and make it worthy Thine acceptance, Who didst die for love of me, and didst shed all Thy Blood to save me! Amen.

XII.

*"Whilst we are at home in the body, we are absent from the Lord."*  
(2 Cor. v. 6.)

**S**OULS who in this life love only GOD, are like Pilgrims, destined to become the Brides of the King of Heaven. While they live without seeing Him they long to depart to the Blessed Country where their Spouse awaits them. They know, indeed, that their Beloved is ever present in the Blessed Sacrament of the Altar, but He is, as it were, hidden by a Veil, and does not show Himself. Or rather, He is like the Sun behind clouds, sending forth from time to time, some ray of  
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His splendour, but yet not displaying Himself openly. Still these souls live contented, uniting themselves to the Will of their LORD, Who keeps them in exile and away from Himself; but at the same time they cannot but sigh to see Him Face to face without a Veil between.

When some ray of Divine Goodness, or some glimpse of the Love of GOD, shines out on these souls, they long to be dissolved, they pine away for Him. What then will be their joy when the clouds shall disperse, and the Gates shall open, and the covering shall be taken from their eyes, and the Countenance of their Beloved shall appear without a Veil, so that in the clear Light of the Eternal Day they shall look upon His Beauty, His Goodness, His Greatness, and know all His Love for them.

O Blessed Country, when will the Day come

when I shall enter Thy Eternal Tabernacles? O Beloved of my soul, my JESUS, my Treasure, my Love, my GOD, my All, when will come that happy moment, when leaving this earth, I shall be all united to Thee! I know that I do not deserve such happiness; but I believe in Thy Love, and Thy Infinite Goodness, and therefore I hope that Thou wilt one day bring me to join those happy souls, who, being wholly absorbed in Thee love Thee, and will love Thee with a perfect love through all Eternity.

## FINAL PRAYER.

**V**OUCHSAFE, O LORD JESUS CHRIST, with the FATHER and the HOLY GHOST, to pour down upon Me Thy most Holy Blessing, that I may be enabled always to love Thee, and ever to accomplish Thy Divine Will in all things. And grant, O Bread of Angels, that I may receive Thee during my life, be comforted by Thee in death, and enjoy Thee Eternally in Thy Heavenly Kingdom. Amen.

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## EUCCHARISTIC MEDITATIONS.

*(For Perpetual Adoration.)*

## I.

THE LOVE OF THE HOLY  
TRINITY.

**T**HE Three Glorious  
Persons of the Eter-

nal Godhead are communing together—"Let Us make man in Our Image, after Our Likeness." The Everlasting Sacrifice involved in the con-

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descension is accepted—the most wonderful Incarnation is designed—the communication of the Divine Nature Itself to the creature, about to be called into being, is decreed—the actual union of the Incarnate GOD, veiled under mysterious outward Forms, in which GOD and the creature can meet and live as one, is all planned.

Behold! the preparation for the accomplishment of their design of Love—The Priesthood is consecrated—the Altar is raised—the outward forms of the creatures are prepared—the Angel Hosts are around, waiting to adore the ineffable Mystery of Divine Love.

The HOLY SPIRIT is stirred—for the invocation has been heard—the way has been prepared for the Incarnate GOD, “*God manifest in the Flesh*”—and He is come—He is veiled under the outward Forms  
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—He is on the Altar—Throne of Love ineffable, incomprehensible!

Within a profounder depth of the Glory unseen by mortal eyes, by any creature,—the Everlasting FATHER, the Source, the Fount of Life, of all existence, is also present—the Eternal predestination of Divine Love, waiting only one further stage of mystery—one act of profounder condescension.

I am about to approach the Altar, where this mysterious Presence of the Ever-Blessed Adorable Trinity is before me. I kneel, I wait, my soul is hushed—the Glory approaches me—behind the Veil that moves towards me, the everlasting Godhead comes to me—the Voice speaks from out the Shrine—*“If any man love Me, he will keep My Words, and My Father will love him, and WE will come unto him, and make OUR*

*abode with him.*"—The Glory overshadows me—enters into me—possesses me—The mystery of the Divine predestination is accomplished—God and myself are one—" *He dwelleth in me, and I in Him.*"

## II.

## THE LOVE OF THE INCARNATION.

**B**EHOLD, God in Himself perfect, needing nothing—the Fulness of joy, and rest, and power, and wisdom. But GOD is Love, perfect Love—and Love longs to bless, and to be blessed in blessing—Love forms the Creation that He may live in blessing the creatures. The most perfect blessing is union—to unite Himself with the creature He would bless is the most perfect blessing—Eternal Love wills this union to complete its work of blessing. His "*delight is to be with the sons of men*"—and to

*"dwell in the habitable parts of the earth."*

Behold the inner chamber where Mary kneels in fervent adoring love—her sanctity the work of Divine Love within her—her body's Virgin purity—the perfectness of the indwelling of the HOLY GHOST—where Love has made a Shrine for the New Creation, which shall be the completeness of the union between GOD and Man. The overshadowing of the Power of the Highest—the mysterious Conception—the springing up of the unborn Life forming of the pure consecrated flesh and blood by the secret Hand of GOD—the Sacred Soul uniting Itself to the Holy Body—the Perfect Hypostatic Union. Righteousness and Peace have kissed each other—Heaven and Earth have met—the Life of the Incarnate has begun in the completed union of a new

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developement of Divine Love.

Behold the Altars of the Catholic Church—the multitudes around them, adoring, drawn together by the one desire, the one yearning cry for union with GOD—the Sacred Elements, the intervening medium—they lie on the Altar—Heaven is watching over them—the Creative Words are spoken—He is here—the Same that in Mary's womb knit the Manhood to Himself—He is come to extend this mysterious Union—the Same Life—the Same Love. He seeks me—He seeks all as one—and with the Same Flesh and the Same Blood, He unites me to Himself—“*I live, yet not I, but Christ liveth in me: and the life which I now live in the flesh, I live by the faith of the Son of God, Who loved me, and gave Himself for me.*”

### III.

THE TREE OF LIFE IN THE GARDEN OF EDEN.

“*THE Lord God planted a Garden eastward in Eden*”—the earthly Paradise—the abode of unfallen man—“*And there He put the man whom He had formed*”—formed in His own Image—perfect in beauty of mind and body—endued with the Gift of immortality—and a Divine Life preventing Death. “*And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food*”—all that was needful to nourish the natural life of man—all that was beautiful to please his senses in their innocence.

“*The Tree of Life also in the midst of the Garden*”—a true Tree—giving Life—sacramentally imparting and sustaining the Life of Immortality in man—lengthening—strengthening—bright-

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ening life—warding off decay, old age and death—developing Grace into Glory, as the bud develops into the blossom.

Man sinned—fell from God—lost Grace, and Immortality, and the hope of Glory—became unfit to eat of the Tree of Life and live for ever—God closed the way of the Tree of Life against man, He “*placed at the East of the Garden of Eden, Cherubims, and a flaming sword, which turned every way to keep the way of the Tree of Life.*”

#### IV.

#### THE TREE OF LIFE IN THE CHURCH.

“*THE Tree of Life in the midst of the Garden*”—JESUS CHRIST “*in the midst of the Seven Candlesticks*” the Life Itself—the Source of Life—Who “*giveth Life unto the world*”—the “*True Vine*” Whose “*leaves are for the heal-*

*ing of the nations*”—“*Thou hast the Words of Eternal Life*”—fruits of Grace, rich and manifold, eaten with delight—Whose “*Flesh is meat indeed*”—Whose “*Blood is drink indeed.*”

“*The Tree of Life*”—the Cross in the midst of Mount Calvary—JESUS “*bare our sins in His own Body on the Tree*”—“*I will go up to the Palm Tree, I will lay hold of the boughs thereof*” by the nails that pierced the Sacred Hands and Feet.

“*The Tree of Life*”—the Holy Eucharist, the Centre of the Worship of the Church—JESUS CHRIST Himself veiled in mystery—imparting Supernatural life to the soul—Eternal Life to the body—sustaining the same life—“*He that eateth Me, even he shall live by Me*”—making life long—“*even for ever and ever*”—vigorous—“*they will go from strength to strength*”—

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healthful—"young and lusty as an Eagle"—bright and joyous—"Corn shall make the young men cheerful, and New Wine the maids."

V.

THE TREE OF LIFE IN  
THE HOLY CITY.

"[*I*N the midst of the street of it, and on either side of the River, was there the Tree of Life"—one City—one River—and "on either side of it"—"the Tree of Life"—JESUS on this side in the Blessed Sacrament,—JESUS on that side in His Glory.

On this side JESUS, "the Tree of Life," the Heavenly Food of man on earth—"The way of the Tree of Life," once guarded by the flaming sword of the Cherubim, now open to all—Angels rejoicing as weary multitudes approach it—"The Gates shall be open continually, they shall not be shut day nor night"—  
IV.]

"The Spirit and the Bride say, Come"—and JESUS Himself is calling—"Come unto Me, all ye that labour and are heavy laden, and I will refresh you."

On that side, JESUS "the Tree of Life"—the Beatific Vision—"the Lamb in the midst of the Throne," the Centre of the Heavenly Worship—the longed for Unveiling at the end of life—the Reward of victory over sin and temptation, "to him that overcometh will I give to eat of the Tree of Life"—the "Tree of Life" a memorial of Eden and of the Sacramental feeding of the Church on earth—"to eat of the Tree of Life," the consummation of the mystic union of the soul with GOD—life from Life, the complete and ever-fresh satisfaction of the whole being—ceaseless inflowings from GOD—the Fulness of Joy—the possession of GOD—feed-

ing on His Beauty, His Love, His Wisdom;—on Himself.

## VI.

## THE SACRIFICE OF ISAAC.

**M**OUNT Moriah—the place of Vision and Adoration—where GOD made Himself known through visible forms—the site of the Temple—the scene of the mysteries of Calvary—Behold Abraham and Isaac approaching the summit of the hill, “*they went both of them together,*”—the Love of the FATHER, “*He spared not His own Son, but delivered Him up for us all,*” the perfect submission of the SON—“*Lo, I come to do Thy Will, O God*”—“*He became obedient unto death.*”

The Sacrifice of Isaac, a type of Eucharistic Worship—“*I and the lad will go yonder and worship*”—the image of the offering of the Sacred Humanity of JESUS

—the actual form of the Inward Part of the Holy Eucharist—the Victim wearing our nature—Bone of our bone—Flesh of our flesh—*a Body hast Thou prepared Me*—the Human Soul of JESUS,—the Heart of JESUS, the Body of JESUS, the Blood of JESUS “*laid on the Altar*”—offered “*upon the Wood*”—the perfect oblation of Human Nature itself united to the Word—the Victim promised by GOD—the Child wondrously given, to be given back—I see Thee, the Promised One, with the eye of faith, beneath the Sacramental Veils—the outline of Thy Human Form—offering Thyself to the FATHER.

The Sacrifice of Isaac foreshadowing the Eucharistic Oblation, a Living Sacrifice. The Priest draws near—the Altar is prepared—the Oblation laid upon it—“*he took the fire in his hand, and a knife*”—the Priest in-

vokes the Fire which JESUS came to send upon the earth, the HOLY SPIRIT—the HOLY SPIRIT descending, sanctifies the Elements—he takes the knife—the Word of GOD—the Sacred Words of Institution—“THIS IS MY BODY”—“THIS IS MY BLOOD.”—There is no dying—JESUS lives in the Eucharistic Offering—“*Christ being raised from the dead, dieth no more*”—it is the Offering of the Living CHRIST, the Risen CHRIST, the Glorified CHRIST.

The Sacrifice of Isaac representing the Eucharistic Immolation, a Living Sacrifice, but a Mystic Death. Isaac was in a figure received from the dead—the Holy Eucharist is a Mystic Death—Behold the showing of the Death of CHRIST—the Bread broken, the Wine poured out—the *separation* of the Body and the Blood—Calvary represented—the solemn stillness—the

IV.]

Priest bending over the Altar—he stretches forth his hand—all but the Death—the Death shown, its Merits applied, its circumstances recalled—the Same Will by which the Winepress was trodden alone, is put forth “*by the Which Will we are sanctified through the Offering of the Body of Jesus Christ once for all.*”

The Sacrifice of Isaac prefiguring the all-prevailing nature of the Bloodless Offering—the Act of calling down Blessings from above—“*in blessing I will bless thee*”—Heavenly Graces, plenteousness of temporal benefits—the Offering of Life, the pleading of Death in One Mystery.—May I ever plead this Living Sacrifice, and show this Mystic Death before the Throne of Mercy, so as to receive new Blessings—May I be planted together with Thee, O JESUS, in the Likeness of Thy Death

and know the Power of  
Thy Resurrection !

# VII.

## THE BURNING BUSH.

**M**OSES, a simple shepherd—in the heart of the desert—leading his flock into the high ground—girt about with mountains.—Pharaoh's Court, its luxuries, its pleasures, its promises, all renounced—as, faithful to the drawings of God, "*seeing Him Who is invisible,*" he has esteemed "*the reproach of Christ greater riches than the treasures of Egypt.*"

The Vision of the Invisible One at the commencement of his Mission—to be to Moses an enduring Manifestation—"behold the Bush burned with fire, and the Bush was not consumed"—"*and Moses said, I will turn aside to see this great sight*"—he approaches, his eye beholds the Fire,—his as-

tonished ear hears the Voice of God "*out of the midst of the Bush*"—a Miracle and a Mystery!—God is present, and he must come near with awe, "*put off thy shoes from off thy feet, for the place whereon thou standest is holy ground.*"

The Vision, a type of the Divine Presence in the Holy Eucharist—God present in the Blessed Sacrament—JESUS in His Personal Presence, comes down to deliver His people from their affliction—JESUS present as the Word made Flesh, inseparably united with the FATHER and the HOLY SPIRIT—"I am the God of Abraham, the God of Isaac, and the God of Jacob"—the Threefold Name of the Triune God,—through CHRIST "*in the midst*" of the Sacrament, there is an accompanying Presence of the Other Divine Persons—"We will come unto him, and

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*make OUR abode with him.*"—"The Bush burnt with fire, and the Bush was not consumed"—The Presence of Godhead under created forms—the union of the Fire with the unburnt Bush—their conjunction without the destruction of the leaves and branches—the Bush remaining though each leaf and spray was clothed with living Fire.—The Mystery—GOD revealing Himself through a material object—the least worthy of His Presence—least capable of enduring It—the Bush burnt but not consumed—The image of the Eucharistic Presence—the outward forms remaining yet GOD "*a consuming Fire*" has taken up His abode "*in the midst,*"—commonest substances become the vehicles of the Presence of the Very Godhead.

The conditions for seeing "*this Great Sight:*"—"I will now turn a-  
IV.]

*side*"—abstraction from outward things—absorbed contemplation of Heavenly Mysteries.—"*Put off thy shoes*"—reverence, awe, subjection—putting away stains of evil, of earthliness.—"*And Moses hid his face*"—no scrutiny of the mode of the Mystery—no presumptuous gazing into things hidden—but a fearing "*to look upon God.*"

"*The place whereon thou standest is holy ground*"—the Holy Eucharist a Source of sacredness even to places—the Church's care, guarding, and restricting the Celebration of the Mysteries—"let us have Grace whereby we may serve God acceptably with reverence and godly fear; for, our God is a consuming Fire."

#### VIII.

#### THE PASCHAL LAMB.

A SOLEMN national Sacrifice—directly

commanded by GOD—  
**A Sacrifice of praise**, the chosen lamb was roasted in the fire—**A Sacrifice of propitiation**, the blood of the victim was shed—**A Sacrifice of the Covenant of peace**, the flesh was eaten—**A Sacrifice and Feast**,—offered for all, offered by all—through its significance of wondrous efficacy delivering from death.—The land of Egypt ringing with a bitter cry—the Angel of death relentlessly doing his work, from house to house—yet turning away from the threshold which has the blood upon the lintel.

JESUS the True Paschal Lamb, giving value to the Type—now really offered in the Holy Eucharist—offered for all,—not only slain but our Advocate with the FATHER.—At every Altar the Blood of Sprinkling pleads—the Blood upon the lintel and the doorposts, the Blood of the Cross, crying for deli-

verance. JESUS in the Holy Eucharist, the Substitute for those preserved alive; showing His Death as a Vicarious Sacrifice—Each house preserving as a sacred seal, the crimson stain upon its portal,—the representation of the ceaseless pleading of the Precious Blood in the Mystery of the Altar—the Bread broken, the Blood poured out, the destroying Angels shrinking back from the Blood of the Atonement.

The first Passover, the night before the deliverance was completed—the First Eucharist offered the night before the Passion, before the actual Redemption was finished.—The Passover, the annual memorial of the deliverance from Egypt—the Holy Eucharist a perpetual Memorial of the Redemption of the world—“*Do this in remembrance of Me.*”—A Memorial before the Eyes of the FA-

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**THER**—before the Angels gazing on, and desiring to look into the Mystery—before us, before whose eyes **JESUS CHRIST** is thus set forth again evidently crucified amongst us.

Thus within the Home of the Church I plead anew the Mystery of the Cross and Passion—the Blood of **JESUS**, the Death of **JESUS**, as my one shelter from Divine Wrath—I plead anew the Death of **JESUS** with all the gladness of a Eucharist for my Redemption.

O Lamb of God, spotless, meek, patient, my Advocate with the **FATHER**, apply again and again to me in Eucharistic Mystery the Merits of Thy Blood-shedding—through the night of this world protect me by Thy Precious Blood—in the hour of my death may it be freshly sprinkled on my soul, that strengthened by the Grace of Thy Sacra-

ments, the Destroying Angel may pass over me and smite me not!

## IX.

### THE PASCHAL FEAST.

**T**HE preparations for eating the Paschal Lamb—its blood first sprinkled on the lintel of the door—the soul cleansed through the Precious Blood of **JESUS**, before Communion, each house had the same mark—each soul separately cleansed—the Blood of the Lamb marked upon each.—“*Ye shall eat it with your loins girded*”—in a state of purity and innocence and readiness for service—“*bringing into captivity every thought to the obedience of Christ.*” “*Your shoes on your feet*”—as pilgrims—“*having a desire to depart and be with Christ*”—ready through the strength of the Sacrament, to tread upon the Lion and the Adder—to meet temptation or



trial—as having yet a thorny path to travel.—*“Your staff in your hand,”* taking up our Cross daily in perfect conformity to the Will of God, loving holy discipline and faithful in our special charge. *“Ye shall eat it in haste,”* with eagerness for spiritual advancement, as with an onward movement, going *“from strength to strength,”* towards the Heavenly Country.—*“With bitter herbs,”* with fasting and mortification — *“With unleavened bread”* *“of sincerity and truth.”*

Eating the Paschal Lamb, feasting upon a sacrifice — eating the Blessed Sacrament, a means of sharing in the Merits of the Sacrifice of the Cross—a means of perfect union with JESUS—of gaining His Innocence, Meekness, Patience, Love, feeding on Him Who knew no sin, Who was led as a Lamb to the slaughter.

Eating the Paschal Lamb, a bond of union among the Israelites—the Blessed Sacrament a principle of union amongst Christians — *“We being many are one Bread, and one Body, for we are all partakers of that One Bread”* — union with JESUS, union with one another,—sealing to us, all the blessings of the Covenant of Grace.

Eating the Paschal Lamb, a necessity for life amongst the Israelites—the Blessed Sacrament necessary for salvation, necessary for us as an act of obedience to the dying command of JESUS, as a means of life and grace, sustaining us on our way—*“Let nothing remain until the morning”* lest it should be profaned by the Egyptians — carefulness and reverence in consuming the Sacrament of the Spotless Lamb, lest It be profaned.

The Holy Eucharist,  
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the Mystery seen through a glass darkly—"in the morning"—the Vision!—the Morning of the Resurrection—of the deliverance from death—"then face to Face"—Sacramental feeding now—then the Veil removed, when the journey is ended, the night past, and "*the Day breaketh.*"

## X.

## THE HEAVENLY MANNA.

**P**REPARATION for receiving the Heavenly Manna—leaving Egypt, forsaking sin—going forth from their tents, putting aside cares or distractions—all earthly food left in dependance upon God alone—day by day going forth. "*In the morning*" before "*the sun waxed hot*"—the soul calm, undisturbed, fresh—no heat or passion robbing it of peace and trust.—"*And in the morning the dew lay round about the* iv.]

*host,*" the dew of Grace—the descent of the Spirit fitting the soul for the Divine Gift—The dew as a shining linen covering receiving the Manna, protecting it from the stains of the earth—the soul with holy dispositions of Grace, becoming a fit receptacle for the Bread of Life.

"*It is Manna!*" the wonder, as the soul gazes upon the mystery—the felt inability fully to grasp the Eucharistic Mystery—the consciousness of depths upon depths within It beyond our powers of thought—"the unsearchable riches of Christ."

"*Then ye shall see the Glory of God*"—the Holy Eucharist a mirror of the Divine Perfections—the Power, Wisdom, Love of God—*The Sacrament like Manna*, with hidden sweetness—sent from Heaven, "*I am the Living Bread which came down from Heaven*"—"This is My

*Body*" — "*this is My Blood*" — investing the creatures of bread and wine with new properties of Life and Grace, making them to become Angels' Food through the descent of the Hidden Life of Godhead. — *The Sacrament like Manna*, suiting each taste and spiritual need. — *The Sacrament like Manna*, Fountain of health and strength, "*not one feeble person among their tribes*," — test of sincerity, guarded and hedged round by laws — Companion of life — daily repeated Mystery — daily Bread — not measured by place or quantity, but each fragment communicating the Living CHRIST.

*The Sacrament like Manna*, the secret of perseverance and courage against the foes of the Wilderness — received through life — received in death — within the sound of the swelling of Jordan, was the last feed-

ing on the hidden Mystery.

The Manna ceasing — the feeding on "*the old corn of the land*" — Angels' Food from the first — eating of the Fruit of the Land — the Type and Mystery withdrawn in the Heavenly Canaan, and the soul satisfied by the "*old Corn of the Land*" — the Vision of God — the Fruition and Possession of God Himself.

## XI.

### THE REFRESHMENT OF ELIJAH.

"*HE* arose and went *for his life*" into the wilderness — the soul flying from temptation — seeking safety in seclusion — he "*sat down under a juniper tree*" — cast himself down — beneath the Tree — the Cross — "*I sat down under His Shadow*" — shunning one death, he sought another — the soul desiring to be "*planted*"

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*together in the likeness of His Death."*

Elijah "*lay and slept*"—nature unequal to the task, unable to rise—"An Angel touched him . . . and behold there was a cake baken on the coals, and a cruse of water at his head, and he did eat and drink"—"*I sat down under His Shadow . . . and His Fruit was sweet to my taste*"—"this shall be my rest for ever"—the Blessed Eucharist the Sacrament of Perseverance, meeting the needs of the soul, renewing its inner life—staying its variableness—dispelling its desolations—repairing decays—strengthening weaknesses—giving powers of endurance—pacifying fears—The Blessed Sacrament united with the Vision of the Cross—ever perpetuating the remembrance of the Passion.

The Blessed Sacrament the Food of the last Journey, the Journey.]

ney of Death—Elijah "*did eat and drink and laid him down again*"—an Angel touched him again and bade him "*Arise and eat, because the journey is too great for thee*"—Angels on both sides of the grave—the Blessed Sacrament the secret stay of Life Eternal—"I laid me down and slept, and rose up again, for the Lord sustained me"—the second title to the Resurrection—"Whoso eateth My Flesh, and drinketh My Blood, hath Eternal Life, and I will raise him up at the Last Day."

The Blessed Sacrament in its enduring effects—"thy dead shall live, together with My Dead Body shall they arise"—the Angel's touch—"and he awoke and arose"—the Angel's voice—"arise and eat"—"and he went in the strength of that meat to Horeb the Mount of God"—from the strength

of Sacraments to the strength of the Unveiled Vision of GOD—to be sustained by that Meat for ever and ever —  
*"They shall hunger no more, neither thirst any more . . . for the Lamb Which is in the midst of the Throne shall feed them, and lead them unto Living Fountains of Waters."*

## XII.

## THE LIVE COAL.

THE Glory of GOD—  
*"the Lord sitting upon a Throne, high and lifted up"*—yet *"His Train filled the Temple,"* on earth—the ministering Seraphim—the cry of praise ever going on—*"Holy, Holy, Holy"*—the shaking of things on earth, because of the exceeding Glory—the fear at the sight—at the sound—*"Woe is me"*—the felt distance of GOD—one's unworthiness to join in that high Worship—*"Woe is me, for*

*I am silent"* (orig.) unworthy for such a Presence—the lips through which It should pass not diligently kept—the nature not thoroughly purged—yet the Vision of faith sustaining the soul.

The *"Live Coal,"*—the Sacramental Presence on the Altars of the Church—the earthly substance penetrated with the Presence of GOD—each particle kindled with lambent Flame—the kindled Coal as a Luminous Gem, *"the White Stone"* *"taken with the tongs from off the Altar"*—the Seraph, the Priest—*"the tongs,"* faith and charity—The soul waiting in humility, self-abasement, longing desire.—The Divine Gift received—JESUS entering into the soul—He cleanses it, inflames it with His own Love—*"Lo this hath touched thy lips"*—a sense of love and union—*"thy iniquity is taken away"*—the conscience is puri-

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fied—"thy sin purged"—lesser sins forgiven through the freshened energy of contrition—ignorances and imperfections blotted out.—Fire destroys—warms—illuminates,—the Eucharistic Presence destroys the old nature—banishes sadness and desolation—illuminates the mind.

The Voice of GOD manifesting His Will is heard in the soul He calls to His Service—"Whom shall I send?"—the Touch of the Live Coal gives the power to respond—the will strengthened rises up promptly, unshrinkingly to follow all Calls, all Missions—"then said I, Here am I, send me."

## XIII.

## THE GOING FORTH OF LOVE.

THE first state of the creatures as GOD pronounced them very good—Behold them in their pure goodness, hap-  
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pineness, blessedness, and peace—GOD is dwelling in the midst of them—they dwell in His Light.—Then behold their fall—GOD mourns as He now looks on them; His Heart yearns, longs for their restoration—but He looks in vain; there is no man, none to help—the creature itself cannot raise itself.

The Love of the SON of GOD,—His secret purpose to devote Himself—He resolves to enter into the very being of the creature—to take it into Himself—Himself to take the very fallen nature as His own, to suffer the everlasting curse which weighed the creature down, and by suffering take it away—and then to raise all who share that Nature, even such as I am, as part of Himself—O the unutterable love herein manifested!

Behold the SON of GOD entering into our human nature, as a soul

enters the body,—in the Womb of the Virgin Mother—He receives of her Flesh and Blood and Bones—He receives a human Soul—all things appertaining to man's nature are His.—He is born, He grows, He becomes perfected in the form and stature of men—His Godhead breathes, operates throughout His Human Form, as my soul breathes and acts in my body.

My GOD, my LORD, all this has been for my sake—Thou art ever living thus—ever going forth thus—Thou art thus ever coming to me! LORD, I believe, I believe!

## XIV.

## THE END OF LOVE.

**B**EHOLD, the SON of GOD at the Right Hand of the FATHER,—He bears my nature still, even now, in Glory in Heaven—He is there in the same Flesh as on

earth—He possesses a Soul and Body even as I do—I cannot imagine how beautiful, how glorious, how spiritual He is—but Faith sees, embraces His Form, His Stature, His Countenance—He is there in this the very substance of my nature for me,—and for all this sinful race of mine.

Behold! JESUS my LORD has appointed a means, by which He can, without leaving His FATHER'S Side, come down and be close to me,—before my eyes—There where the consecrated Forms of the Sacrament are,—there He is—He is come there, that He may come nearer to me—still He desires to come into my heart, into the temple of my body—He would unite Himself with my soul, with my flesh, He would dwell in me!

I kneel, I adore, I stretch forth my hands to Thee—I would kiss

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Thy Feet, Thy Hands.  
 —Nay, LORD, but I am  
 unholy, I cannot touch  
 Thee as I am—But be-  
 hold the Spirit of Holi-  
 ness, He has prepared  
 the creatures of Bread  
 and Wine—and they  
 are sanctified—the Same  
 Spirit is in me, He over-  
 shadows me, the Power  
 of the Highest is come  
 upon me—Behold not  
 myself, LORD, not my-  
 self—but through the  
 cleansing Spirit I come  
 to Thee, and receive  
 Thee! — through the  
 Same Spirit Thou comest  
 to me—in the power of  
 that Spirit we are one—  
 Thou in me, and I in  
 Thee—May the Spirit  
 seal me to this hidden  
 life of perfect union with  
 Thee!

## XV.

THE CEASELESS OFFER-  
ING OF LOVE.

BEHOLD, the Eternal  
 Throne of GOD—  
 and He Who sitteth  
 thereon—Angels, Arch-  
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angels are around—The  
 Lamb of GOD is there as  
 One slain—the One per-  
 fect Sacrifice is offering  
 Itself up—the incense of  
 prayer is arising—The  
 Sacred Wounds are there  
 —What unutterable love  
 —What ever-abounding  
 joy among the Blessed  
 —It is He, my LORD  
 and my GOD still offer-  
 ing Himself—still for  
 me, as for those who  
 have gone before me—  
 still for me now, as at  
 the first—for my last sin,  
 for all, for each one, for  
 my sinful soul and body  
 —This, O LORD, even  
 this is my only hope, my  
 life—if Thou wert to  
 cease to offer up Thyself  
 for me, I perish.

The effects of the Sa-  
 crifice—the FATHER'S  
 Heart is stirred—the  
 displeasure has passed  
 away—all is Mercy—the  
 Spirit's ministrations of  
 Power, of Love, of Heal-  
 ing, of infinite Sanctity  
 are awakened—The An-  
 gels' wings are spread—  
 they are speeding on their



way of love everywhere  
—all Heaven is opened  
—the way into the Ho-  
liest is laid open—the  
Heavens ring with Joy.

O LORD, may Thy Sa-  
crifice never cease, may  
Thy Intercession never  
fail for me—Bear me  
ever in Thy Heart—  
Write my name in the  
Palms of Thy Hands—  
Speak of me before Thy  
FATHER—and my offer-  
ings shall not cease if  
Thou wilt give me the  
Grace to persevere, for  
I would ever offer myself  
in Thee, Thyself in me  
for ever.

#### XVI.

#### THE LOVE OF THE LAST SUPPER.

S. JOHN "*was lean-  
ing on Jesus' Bos-  
som*"—how must he have  
felt the Sacred Heart  
beat more quickly, as he  
lay—and almost have  
heard the inward yearn-  
ing which was expressed  
in the words, "*With de-  
sire have I desired to*

*eat this Passover with  
you before I suffer.*"

The Supernatural con-  
sciousness our LORD had,  
as He instituted the  
Blessed Eucharist in the  
Upper Chamber, of the  
Sufferings that awaited  
Him—as He brake the  
Bread, "*His Body brok-  
en,*" and poured out the  
Wine, "*His Blood shed,*"  
what must His feelings  
have been!—expressly  
fitting the Actions to re-  
present to the eyes of  
others His own convulsed  
Frame, and streaming  
Wounds!

The knowledge our  
LORD had of the sins  
and failings which the  
Apostles yet possessed,  
—as for the first time  
He came so very close  
to them, and gave to  
them His Sacred Flesh  
to eat, and His Precious  
Blood to drink—how  
must His ineffable Pu-  
rity have shrunk from  
the contact!—and yet  
He gave Himself to  
them—What Love thus  
to overlook all hind-

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rances to His desire of perfect union with them! Heaven, and penetrated the FATHER'S Heart!

JESUS had just knelt to wash their feet—the towel was yet moist with which He had wiped them—the Apostles were aghast with wonder and awe—What must have been the intensity of their whole look, and the feelings of their souls, as they saw Him, wonder upon wonder, stretch out His Hand with the Sacred Bread and say, “THIS IS MY BODY”—and then the Chalice and say, “THIS IS MY BLOOD.”

How must GOD the FATHER and the whole Company of Heaven have watched as the Incarnate SON instituted this Communion between GOD and the creature—the first contact of the Divinely possessed Flesh, with the sinful and fallen flesh—the first flowing of the Precious Blood through those whom He would cleanse—How the Actions thrilled through  
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## XVII.

## THE SACRIFICE.

THE Holy Altar, Mount Calvary—the Priest going up—the Ascent of JESUS—the time, the Dread Oblation—“*Sacrifice and offering Thou wouldst not, but a Body hast Thou prepared Me.*”

The SON offering Himself anew to the FATHER—GOD to GOD—the greatness of the Act—the True Melchisedec bringing forth Bread and Wine—the earthly mode of the Eternal Priesthood—the words “THIS IS MY BODY”—“THIS IS MY BLOOD”—the Passion renewed not by sin or suffering, but by a solemn Sacramental Representation before the Eyes of the FATHER.

“*Do this*” “*in remembrance of Me*”—the mystery of reminding GOD—opening the chan-

nels of His Love in some way of His appointment —“*the Bow shall be in the cloud, and I will look upon it, that I may remember the Everlasting Covenant.*” — Heavenly FATHER, look upon the Face of Thine Anointed, and let Thine Anger cease from us! — The BODY in the Paten, the BLOOD in the Chalice, separated — the Mystic Death — the Lamb as it had been slain, yet a living Sacrifice.

The Vision of Calvary blends with the Vision in the Heavenly Courts — JESUS is the Victim, the infinite Offering of praise and adoration, — the infinite Tribute of thanksgiving and joy, — the infinite Treasure of Grace and blessing, — the infinite Source of pardon and propitiation. — O Heavenly FATHER, I can now approach Thee “*through a new and Living Way*” — I can “*enter into the Holiest by the Blood of Jesus*” — by

Him I have “*access by One Spirit*” unto Thee. — In union with Thee, O Blessed JESUS, I can draw near to the Inner Godhead, the FATHER’S Throne.

Beneath the Sacramental Veils, JESUS is pleading for me — hidden Springs of Grace out of the infinite Ocean of Merit from the Finished Sacrifice are opened upon the Church, upon the living and the dead — upon myself — my intentions — upon all. — FATHER, “*look upon the Face of Thine Anointed*” — This is Thy “*Son in Whom Thou art well pleased*” — “*the Blood of Sprinkling that speaketh better things than that of Abel*” — the Body which once hung upon the Tree — Gethsemane — Calvary — the Five Wounds — the All-availing Death — all I bring before Thee.

In spirit with the Magdalen, S. John, and Blessed Mary — with penitence, love and purity,

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I would ever assist in offering this Oblation—Bestow on me some fruits from this showing forth of my LORD'S Death—deeper love for Him—closer union with Him—and in Him the entire offering of myself to Thee, O my FATHER, to Thy Honour and Glory!

## XVIII.

## THE FRAGRANCE OF THE SACRIFICE.

*"THE Sacrifice of Sweet Savour"*—the especial delight of GOD—upon which He gazed with satisfaction—more acceptable than others—distant from the thought of sin or the needs of the creature—no return sought—ending in GOD—together for the Glory of GOD—an expression of joyous homage to the Fount of Life.

The bitterness of death past—Divine Love shining.

ing out anew upon the redeemed creation—The Flood past away—the earth cleansed—the Ark resting—the smoke of the Sacrifice ascending, "*God smelled a sweet savour*"—The Egypt of sin left—the Baptismal waters crossed—the Covenant established—the Sacrifice of Sweet Savour, the offering of a ransomed people rises up before the FATHER'S Face—is inhaled as a sweet fragrance, a gratifying Oblation before the Throne of Heaven.—GOD and the creature resting—a mutual rest—a holy fellowship—the joy of accepting, and of being accepted.

JESUS the only Sacrifice of Sweet Savour really rejoicing the Heart of GOD—"*Christ also hath loved us, and hath given Himself for us, an Offering and a Sacrifice to God for a Sweet Smelling Savour*"—JESUS the Offerer as well as the Offering, in the

Eucharistic Sacrifice—the Daily Oblation—*“then shall the Offering . . . be pleasant unto the Lord”*—*“and in every place Incense shall be offered unto My Name and a Pure Offering.”*

The Holy Eucharist, the Sacrifice of Sweet Savour in the New Covenant—the pleading of the Cross without its shame and suffering—the Object of unmixed delight to the FATHER—*“This is My Beloved Son”*—not now Wounded and Bleeding, but in His Mediatorial Glory—*“We give Thee thanks for Thy Great Glory,”*—*“we praise Thee, we bless Thee, we glorify Thee”*—Thus alone can we worthily worship Thee—the Eucharistic Offering, the highest Act of Adoration—fulfilling highest ends of Sacrifice—beyond all prayer or propitiation: We rejoice in the thought of Thy Joy, simply longing to please Thee.

The FATHER gazes on the Perfect Oblation of His Only-begotten SON—the Spotless One—*“the Lord smelled a Sweet Savour”*—and extends His Look of Love to all united with JESUS in this Sacrifice of praise—*“He hath made us accepted in the Beloved”*—having *“put on the New Man”* we draw near for the FATHER’S Blessing—vested with CHRIST, partaking of that Nature *“the goodly raiment.”*

O Heavenly FATHER, accept me with Him, clothed with His Merits—*“See, the smell of My Son is as the smell of a field which the Lord hath blessed”*—accept my renewed dedication of myself, in union with the Presentation of the SON of Thy Love, that in Him passing up, and borne aloft into Thy Inner Presence all that we present may become an offering of a *“sweet smelling savour”*—*“a*

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*sacrifice acceptable, and well-pleasing*" unto Thee.

### XIX.

#### THE WORSHIP OF LOVE.

**W**E are around Thine Altar—we kneel, we wait—Thou art above in Heaven—but Thou knowest no limit, no bound—Thou art not as we are—Thou art *in* our nature, but Thou art above all nature—Thou hast a Presence Supernatural—Thou canst be where Thou wilt;—when Thou wilt—and Thou willest to be with Thine own on earth.—And Thou hast ordained the means—it is Thy Voice, yea, they are Thy own Words—"THIS IS MY BODY"—"THIS IS MY BLOOD."

LORD,—It is Thyself!—Thou hast made Thyself present!—How Thou movest, LORD, how Thou camest—how Thou art laid here on the Altar, I know not—LORD, I believe!—A Faith Di-

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vine Thou dost give—for Thy Spirit by Which Thou art present, gives the Faith by which Thou art seen—Before Thee I bow all my faculties, and thoughts, and movements of my soul and body—all within me worship Thee, my LORD, and my GOD!

Behold heaven and earth are one—GOD and the creatures are reconciled — Righteousness and unrighteousness have kissed each other—I in Thee and Thou in me art one—the great Act of Thy Love unites with the love Thou hast kindled in me—

The true spirit of the worship of Love descends from above—the worship of GOD descends from GOD—JESUS stands before the FATHER, adoring Him—the Eternal SON in His Divine Humanity worshipping—His Hands are uplifted—His Face bent upwards,—His Soul intently rapt in adoration.

The Angels in their nine Orders, each surpassing the other in Brightness, in Intelligence, in Beauty of exceeding Holiness—each perfect in their separate Gifts—with wings of “*face and with twain*” they “*covered*” their Light — “*with twain*” they “*covered*” their “*feet*”—motionless, intently fixed with rapture — silent, fervent they bow prostrate before the Incomprehensible, Whom none can approach unto.

The Blessed Saints of all ages are around the Throne—entranced in adoration as the Holy Sacrifice is being offered—At their feet I would lie and with them adore—And when I leave the Altar I would still be in union with those “*who rest not day and night, saying Holy, Holy, Holy, Lord God Almighty, Which was, and is, and is to come.*”

## XX.

## THE REPOSE OF LOVE.

ALL is stillness around —the stillness of the Presence of GOD—Be still my soul—my heart be hushed, for the LORD hath entered into me—He is within my secret being—The LORD of Heaven and earth is lying in my heart—I am His Shrine—He has come with all His Graces, and Virtues, and Power, and Love—In reverence let every thought of mine, every faculty adore Him —LORD, I cannot see Thee, I cannot feel Thee —but I know that Thou art mine—I cannot love Thee as I would love Thee, yet abide with me, LORD!—for the shadows of the evening of my days hasten on—I go forth full of blessing—it is not myself, but Thou that goest forth in me—I have all—I taste that Thou art gracious —All praise to Thee! O my God!

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The Love of the Eternal FATHER has here found its repose—He sent His Only-begotten SON forth to become Man, to toil, to suffer, to die—He drew to Him all who would be saved—He gave them to Him to bless at the cost of His life—A faithful few seek Him—they find Him here on His Altar, at the Feast of Love—they become One with Him for ever—and the FATHER's Heart rejoices in bringing back His banished ones—and finds rest.

The Love of the Eternal Spirit has here found its repose—He came forth to perfect creation—He found none in whom the fulness of His Creative Energy could work—He rested on Mary, and in her found a Shrine where He could accomplish His desire—He rested on the Holy Child and rejoiced in His Birth—He yearns to pour forth His gifts—  
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the Grace of the New Creation on those whom the FATHER calls back to Himself—Here, in the Presence of JESUS on His Altar Throne—in the Communion of His Life to His Elect, is His purpose fulfilled—He sees the growing work in me,—in all—as each comes and feeds, and lives a new life—CHRIST in each—the Very Life of GOD, the perfect Creation multiplies—and in the vast Communion of the Saints He Whose delight is to be with the sons of men, finds rest.

The Love of the Eternal SON has here found its repose—He gave Himself, to suffer, only that His own might receive Him—might rejoice in His great Salvation—Here His Sacrifice of Himself finds its purpose accomplished—as the objects of His Love and Care respond, His Heart is satisfied—His yearning Soul finds rest.



O JESU, I would indeed be Thine—I am only Thine—For Thee Alone would I live—As Thou hast given Thyself, Spirit, Soul, and Body, for me, so would I give myself, my spirit, my soul, and my body to Thee—where Thou goest I would go—where Thou abidest I would abide—Rest Thou in my Bosom—and I would rest in Thee for ever!

## XXI.

THE LOVE OF THE  
INNER LIFE.

THE Presence of JESUS is in the depths of my soul—Where art Thou, LORD?—Let me feel Thee, let me be sensible of Thy Presence—of Thy movements—of Thy work of Love within me—O do Thou reveal Thyself to me—impress on my senses, my impulses, my imagination Thy awful sanctity—

Make me to live in fear and love, and wonder, and ecstasy at the thought of Thy having come to me, Thy Handmaiden—so sinful, but yet still Thine—All the good in me is Thine—all the evil in me is pardoned by Thee—Let me walk ever in awe, in a blessed stillness of recollection, in a sweet consciousness of a blissful union with Thee, holy and undefiled—

O God, my GOD! when Thou comest to be seen of me, what wilt Thou then be? how lovely!—how mysterious the feeling that Thou wilt then be seen, and known, and felt within me—that I shall then see Thee, before Whom I now lie prostrate with my whole being—O CHRIST, LORD, keep me from any thought of evil, or doubt, or fear—for I am Thine, sealed up, "*A garden enclosed is My Sister, My Spouse!*"

There is no fear in love—sin has been cleansed

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away—mercy has rejoiced against judgment—GOD sees in me only His Beloved SON—all my care is cast on Him—The FATHER drew me and gave me to His SON—the SON has received me and bound me to Himself—His Spirit sent forth for me has come to inspire this life in me—Can there be cause for fear?

“*He that dwelleth in Love dwelleth in God, and God in him*”—Other Graces tend to perfect me—Purity makes me like to GOD—Patience conforms me to the Will of GOD—Meekness is the following of CHRIST—Self-denial is the life of the Cross—Humility is the sure preparation for the perfect life of Grace—But Love preserves unbroken the union with GOD—Love is the keeping of all the Commandments—Love is the assurance of Love—I love Him, because He first loved me—“*He brought*  
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*me to the banqueting House, and His Banner over me was Love.”*

## XXII.

## THE LOVE OF THE HEAVENLY HOSTS.

BEHOLD the Angel Hosts descending with their King—encamping round the Altar where He lies—rapt in wondering adoration—gazing on Him, their GOD, the Source of Life and Grace infusing His own Nature into our fallen nature—Behold deputies, as it were, from the Nine Celestial Choirs adoring my LORD with me—

Angels and Archangels contemplating the fathomless Abyss of the Judgments of GOD in this strange excess of His Love,—thrilling with delight as they look upon their GOD, self-annihilated under such mean Elements—

Principalities delighting that the poor are lifted up to a Royal dignity by participating in the Supper of the Lamb.

Virtues admiring the wonders of Divine Grace flowing from this Fount of healing—

Powers rejoicing in the Almightyness of God, seen in the wonders worked by such secret remedies—

Dominions ravished at the tenderness of JESUS drawing souls to Himself by this attractive force of Love—

Thrones watching with intense interest His Infinite Majesty, communicating Himself to finite intelligences in His profound condescension—

Cherubim in ecstatic joy at the Fire of Love issuing from the Sacred Heart of JESUS, and kindling the souls of His chosen ones—

Seraphim lost in the Flames of this intense ardour of devoted Love,

in Which they long to be consumed—

LORD, I hear these praises of Thy Glorious Train filling our Temple as Thou visitest it—O let me unite my feeble voice to theirs— My LORD, my GOD, may I one day join in the "*Holy, Holy, Holy, Lord God of Hosts,*" there where it resounds everlastingly through Thy Courts above!

### XXIII.

#### THE VIATICUM.

**T**HE Mystery of death—the closing of all relations with the present world—the opening of new relations with things new, unseen, and inconceivable;—the cessation of all earthly trial, occupation, duty, pleasure, pain,—the commencement of a visible intercourse with Angels, with departed Spirits, with Almighty God, with the secrets of Eternity

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—This awful moment is at hand—dear friends watch beside me as I lie, expecting any hour may be my last—

The Angels gather round me, about my bed—they hover over me,—kneel beside me—watch the approaches of my last resting place—They are warding off the Enemy, striving with him, as he strives to make the last assault.—They are preparing to bear my soul away—The Incense is rising up—the prayers of many Saints are in the Censer in the Angel's hand—being offered for me—The Heart of GOD is moved towards me—the power of the Priesthood of the Eternal Melchisedek is above pleading for me—His representative on earth is by my side—his offering, his prayers unite with my LORD's in the Sanctuary above—the holy Altar is set in front of me—the Eternal Victim, the Man crucified for  
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me, is being offered—my name is on His Lips—in His Heart—in His Wounds—He pleads for me—

See! He comes, He comes—His path is radiant with the Light of Heaven—The Priest bears Him in his hands—but He is not hidden now—the Glory of His Form, of His Face, shines forth within me—it is my LORD! The King has come in His Beauty—the Veil is taken away before the time—I see Him now, He, JESUS, is mine—He has entered into me—He is resting within me, the LORD Who conquered Hell and Death!

Behold, LORD, I am ready! "*Yea, though I walk through the Valley of the Shadow of Death, I will fear no evil, for Thou art with me, Thy rod, and Thy staff they comfort me, Thou preparest a Table before me in the presence of mine enemies.*"

## XXIV.

## THE BEATIFIC VISION.

**C**LOUDS are round about the Everlasting Throne,—He Who there abides, enshrined in unapproachable Light, is hidden from me—the veil of the flesh is around me—created things encompass me about, I am as in a Prison House—But I feel the Glorious Light which is beyond—my hands, my heart stretch forth through the darkness—feeling after Him if haply I may find Him.

There has come a change—I have passed the Gates of Death—an indescribable awe is on my soul—a power irresistible bears me on, on, I know not whither, for all is mystery—Forms dim but most beautiful, most glorious grow upon my sight—and my sight is not as it was before, for I can see into secret inner principles of beau-

ty,—into the Sources of Light, of Love, of Joy—All is profoundly still, depths beyond depths are opened everywhere, around, beneath, above—

Within me there is a change—powers of intelligence are developing in my being strangely deep and quick,—embracing all I see with a grasp, an insight unknown till now—A ravishing sense of sweetness is upon me, I taste an unutterable fulness of silent ecstasy—Oh my GOD! is it Thou at length revealed? or is it only an approach to the infinite Blessedness in which Thou art enshrined—

A light breaks in upon my soul—it is not GOD—I am communing in the Spirit with only outward visible forms—my soul compasses them, and it cannot compass GOD—But what will it be to see GOD, if these wondrous Glories, these ecstasies of unimagined

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Beauty are but the Sacraments of a Glory still unveiled?

Changes indescribable are passing within me—piercing, penetrating to the very quick, as a fire searching to consume, to purge all my dross away,—faintings of unutterable desire, fears of what yet may be, or not be:—the very depths of my being untouched before, are laid bare, to the dividing asunder of soul and spirit, of the thoughts and intents of the heart.—Oh my GOD!—how

long?—and wilt Thou indeed at length reveal Thyself? that my purged cleansed eyes may steadfastly gaze on Thee? on Thy Face of Glory?

The outward Forms are passing away—the Veil is thinner and thinner—it has vanished—O! my GOD, it is Thou! I see Thee as Thou art! and my being is passing into Thine—is made like unto Thee—face to Face, I am beholding GOD, as a man looketh upon his Friend! and this shall be for ever and ever!

## EUCCHARISTIC LITANY.

**L**ORD, have mercy.  
*Christ, have mercy.*

**L**ORD, have mercy.

**O**UR FATHER.

**O** GOD the FATHER, of Heaven, Who so lovedst the world as to give Thine Only-Begotten SON to take upon Him our flesh, and to suffer death upon the Cross, Have mercy upon me,

*That I may receive Him in the Sacrament of His*  
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*Love, with entire affection and adoring love; and may give up my whole self to Thee, and live not to myself, but only to Thee.*

O ETERNAL FATHER, Who out of love to us didst not spare Thine Own SON, but gavest Him up for us all, Have mercy upon me,

*That I may with a grateful heart, meditate on this Work of Thy exceeding Love, and commemorate it in this Sacred Mystery.*

O FATHER, of infinite Wisdom, Who hast willed that Thy SON, Whom from all Eternity Thou hast begotten, Equal with Thyself, should, in time be born of a Virgin, and should be present with us in this Sacrament, in a new and wonderful manner, even to the end of the world, Have mercy upon me,

*That I may never be ungrateful or unmindful for the blessings of this Thy unspeakable Grace and Love.*

O FATHER, supremely Excellent, with Whom we have an Advocate, JESUS CHRIST, Who is the Propitiation for our sins, Have mercy upon me,

*That through Him I may obtain from Thee, pardon and forgiveness of all my sins; for, Behold, He is the Lamb of God, that taketh away the sins of the world.*

O FATHER, most mighty, Who with a loud Voice didst bear witness that JESUS is Thy Beloved SON, in Whom Thou art well pleased, Have mercy upon me,

*And because of myself I am not able to please Thee, look upon the Face of Thy Christ, that through Him I may find Grace in Thy sight.*

O FATHER, most bountiful, Who according to the promise of Thy most Well-Beloved SON, wilt

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give unto us whatsoever we ask in His Name,  
Have mercy upon me,

*That I may obtain this for which I earnestly pray; that I may never receive the Mysteries of the Body and Blood of Thy Son unworthily, nor to my condemnation.*

O FATHER of Mercies, on Whom the eyes of all do wait, and Thou givest them meat in due season, Have mercy upon me,

*And give me my Daily Bread, even the Living Bread Which came down from Heaven; that It may strengthen and nourish my soul unto Life Eternal.*

O GOD the SON, Redeemer of the world, Who of Thine Infinite Love, for our sakes and for our Salvation didst take flesh in the most chaste Womb of Mary, and wast made in the likeness of men, Have mercy upon me,

*That I may ever cherish the memory of this Thy boundless Love in Thy most Holy Incarnation, when by means of this Sacrament, Thou art born as it were in my soul.*

JESU, most sweet SAVIOUR, Who hast prepared a Table before us against all them that trouble us, Have mercy upon me,

*That I may fear no evil, because Thou art with me, and in this Sacrament most inwardly present in me.*

JESU, most worthy of all love, Who hast said, Come unto Me, all ye that labour and are heavy laden, and I will refresh you, Have mercy upon me,

*That I may be delivered from all my sins, which are a sore burden too heavy for me to bear, and that with this Heavenly Food, my fainting spirit may be strengthened and refreshed.*

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**JESU**, most Pitiful, Who hadst compassion upon the multitude when they had nothing to eat, and didst by a wonderful exercise of Thy Power, feed them all to the full, Have mercy upon me,

*That I may never faint by the way, from being deprived of this Heavenly nourishment.*

**JESU**, most Benign, Who exhortest us to receive Thee, saying, "*My Flesh is meat indeed, and My Blood is drink indeed,*" Have mercy upon me,

*That I may so worthily eat this Bread, and drink this Cup, that I shall hunger no more, nor die eternally.*

**JESU**, most Sweet, Whom Zaccheus with joy received into his house; and Whom the Centurion out of reverence, did not dare to invite under his roof, Have mercy upon me,

*That I may ever combine the feelings of them both, love and fear, whensoever I receive Thee into my soul.*

**JESU** most Lowly, Who didst vouchsafe to eat with publicans and sinners, Have mercy upon me,

*And vouchsafe to be the Guest of me also, a sinner, and heal my soul, which is sick even unto death.*

**JESU**, most Loving, Who before Thy Passion desiredst with desire to eat this Passover with Thy Disciples, Have mercy upon me,

*That as the hart panteth after the water-brooks, so my soul may pant after Thee, the Living God, present in this Sacrament.*

**JESU**, most Pure, Who when Thou wast about to institute this Sacrament, didst first wash the feet of Thy Disciples, in token of the purity, which Thou requirest of us, when coming to these Holy Mysteries, Have mercy upon me,

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*And wash me thoroughly from my wickedness, and cleanse me from my sin, that my affections and intentions may be pure, whensoever I desire to partake of Thy Sacred Banquet.*

JESU most Gracious, Who hast planted this Tree of Life in the midst of the Garden of Thy Church, as a remedy for all diseases of the soul, Have mercy upon me,

*That I may gather of the Fruit of Life and immortality, and that by it my youth may be renewed as the Eagle's.*

JESU, most Bountiful, Who hast given Thyself to us, to be one of us, dying for us, to be our Ransom, living with us, to be our Food, and Who in Thy Kingdom wilt be our Everlasting Reward, Have mercy upon me,

*That for these so great benefits, my soul may praise Thee, at all times; and that all that is within me, may ever bless Thy Holy Name.*

JESU, most Tender, Who as Thou wert departing out of this world unto the FATHER, didst leave us a lasting pledge of Thy Love; instituting this Sacrament as a Memorial of Thy Death and Passion, Have mercy upon me,

*That I may be always mindful of Thee, and adoring Thine ineffable Power, Wisdom, and Goodness, may never forget all Thy Benefits to me.*

JESU, most meek, Who at Thy Last Supper, wouldest not shut out Judas from the company of the Disciples, nor even from Thy Table, Have mercy upon me,

*That I who am Thy most unworthy servant, may never like Judas be guilty of Thy Body and Blood.*

JESU, Priest for ever, Who didst offer Thyself  
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a Victim upon the Altar of the Cross; Good Shepherd, Who didst lay down Thy Life for Thy sheep, and dost feed them with Thy Very Body and Blood, Have mercy upon me,

*And though I have gone astray as a sheep that was lost, seek out Thy servant, and bear me on Thy Shoulders, and feed me in the green pasture wherein Thou hast placed me.*

JESU, most Compassionate, Who under the form of a stranger, didst join Thyself to the Disciples going to Emmaus, and madest Thyself known to them in the breaking of Bread, Have mercy upon me,

*That as I believe Thee to be truly present under these Sacramental Veils, although I see Thee not, so may I at length behold Thee with unveiled face, and may my heart while here, ever burn within me with love and longing for Thee.*

O GOD the HOLY GHOST, Who by Thy Divine Power, didst effect the Mystery of the Incarnation in the Womb of the Virgin, making her in an ineffable manner fruitful, and sanctifying her, that she might be a fit receptacle for the SON of GOD, Have mercy upon us,

*That I may in this Sacrament, receive the Same my Lord and my God, with pure affections and a clean heart; and may by works of holiness manifest Him openly.*

Holy Trinity, One GOD, Who openest Thy Hand and fillest all things with plenteousness, Have mercy upon me,

*That the Bread Which strengtheneth man's heart may be given to me to eat, and that in the strength of that Food I may walk through this wilderness, even to Thy Holy Mount.*

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Holy Trinity, One God, Who didst command the children of Israel, in memory of their deliverance from the bondage of Egypt to eat the Paschal Lamb, the type of our SAVIOUR, Have mercy upon me,

*That as often as I partake of these Mysteries, I may with deepest gratitude think upon the work of our Redemption.*

Holy Trinity, One God, Who in the Wilderness didst feed the children of Israel with Manna from Heaven, even with Angels' Food, Have mercy upon me,

*That with cleansed heart, I may be fed with the True Manna, and taste and see how gracious the Lord is.*

O LAMB of GOD, That takest away the sins of the world ;

*Grant us Thy Peace.*

O Lamb of GOD, That takest away the sins of the world ;

*Have mercy upon us.*

O CHRIST, hear us.

*O Christ, graciously hear us.*

LORD, have mercy upon us.

*Christ, have mercy upon us.*

LORD, have mercy upon us.

OUR FATHER.

O LORD, hear our prayer ;

*And let our cry come unto Thee.*

The LORD be with you ;

*And with thy spirit.*

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Let us pray.

**O** GOD, Who in this wonderful Sacrament hast left us a perpetual Memorial of Thy Passion: Grant, we beseech Thee, that we may so devoutly receive the Sacred Mysteries of Thy Body and Blood, that we may ever feel within ourselves the fruit of Thy Redemption. Who livest and reignest with the FATHER, in the unity of the HOLY GHOST, ever One GOD, world without end. Amen.

### ANOTHER LITANY.

**L**ORD, have mercy,  
*Christ, have mercy.*

**LORD**, have mercy.

**CHRIST**, hear us.

*Christ, graciously hear us.*

GOD the FATHER, of Heaven,  
GOD the SON, Redeemer of the world,  
GOD the HOLY GHOST,  
Holy Trinity, One GOD,  
Living Bread, come down from Heaven,  
Hidden GOD and SAVIOUR,  
Corn of the Elect,  
Wine, Whose fruit are Virgins,  
Bread of Fatness,  
Royal Dainties,  
Perpetual Sacrifice,  
Pure Oblation,  
Lamb without spot,  
Most pure Feast,  
Food of Angels,  
Hidden Manna,

*Have mercy upon us.*

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Memorial of our Redemption,  
 Word made Flesh, dwelling in us,  
 Sacred Victim,  
 Chalice of Benediction,  
 Most adorable Sacrament,  
 Most holy Sacrifice,  
 True Propitiation for the living and the dead,  
 Heavenly Antidote against the poison of sin,  
 Most wonderful of all Miracles,  
 Most holy commemoration of the Passion,  
 Gift of transcending fulness,  
 Special memorial of Divine Love,  
 Richness of Divine Bounty,  
 Most August and Holy Mystery,  
 Medicine of Immortality,  
 Awful and Life-giving Sacrament,  
 Bread made Flesh by the Word of God,  
 Unbloody Sacrifice,  
 Our Feast and our Fellow-Guest,  
 Sweetest Banquet at which Angels minister,  
 Sacrament of Piety,  
 Bond of Charity,  
 Priest and Victim,  
 Spiritual Sweetness,  
 Refreshment of holy souls,  
 Nourishment of those who die in the LORD,  
 Pledge of future Glory,

*Have mercy upon us.*

**BE** merciful,  
*Spare us, O Lord.*

Be merciful,  
*Graciously hear us, O Lord.*

From an unworthy reception of Thy Body and  
 Blood,

*Good Lord, deliver us.*

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From the lust of the flesh, from the lust of the  
eyes, and the pride of life,

*Good Lord, deliver us.*

Through the Five Wounds of this Thy most Holy  
Body,

*Good Lord, deliver us.*

Through the shedding of Thy most precious Blood,

*Good Lord, deliver us.*

**WE** sinners beseech Thee to hear us,

That Thou wouldest preserve and in-  
crease in us, faith, reverence, and devotion  
for this Adorable Mystery,

That Thou wouldest bring us through a true  
Confession of our sins to a frequent reception  
of this Holy Sacrament,

That Thou wouldest deliver us from heresy,  
perversity, and blindness of heart,

That Thou wouldest impart to us all the pre-  
cious Fruits of this Holy Sacrament,

That Thou wouldest strengthen and defend  
us in the hour of death by this Heavenly  
Food,

*We beseech Thee to hear us.*

**L**AMB of GOD, That takest away the sins of the  
world,

*Spare us, good Lord.*

Lamb of GOD, That takest away the sins of the  
world,

*Graciously hear us, O Lord.*

Lamb of GOD, That takest away the sins of the  
world,

*Have mercy upon us.*

**O CHRIST, hear us.**

*O Christ, graciously hear us. -*

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**V.** Thou didst give them Bread from Heaven :  
Alleluia.

**Rz.** Containing in itself all sweetness : Alleluia.

Let us pray.

**O** GOD, Who in this wonderful Sacrament hast  
left unto us a memorial of Thy Passion;  
grant us so to venerate the Sacred Mysteries of  
Thy Body and Blood, that we may ever feel  
within ourselves the fruit of Thy Redemption,  
Who livest and reignest in the Unity of the FA-  
THER and the HOLY SPIRIT, GOD for ever and  
ever. Amen.

## HYMNS.

**O** SAVIOUR Victim, Thine the power  
To ope the portals of the sky :  
When foes press on, and perils lower,  
Thine aid confer, Thy strength supply.

Triunal LORD, before Thy Throne,  
Thy children ceaselessly adore  
The love which for their souls hath won  
An endless rest on Heaven's bright shore.

*" The Tree of Life also in the midst of the Garden,  
and the tree of knowledge of good and evil."  
(Gen. ii. 9.)*

**F**IRST in Eden's happy Garden,  
Grew the golden Tree of Life,  
None who ate it pined or perish'd,  
Knew of sin, or care, or strife :

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For the Word of God had made it,  
 To the pure Eternal Food.  
 Daily Bread for Life's renewal,  
 To the faithful and the good.

Hard by grew the tree of knowledge,  
 Duty's test man's trust to try,  
 And give zest to mere enjoyment  
 By some proof of fealty :  
 Life to Life—of one the savour,  
 Death to Death—the other's bane,  
 Faith's obedience—with its pleasure,  
 Disobedience with its pain.

Eating of the tree of knowledge,  
 Death on Life insidious stole,  
 Through the body the infection  
 Pass'd like poison to the soul :  
 Yet 'twas not the fruit's corruption  
 Stay'd life's pulse or stopt its breath,  
 'Twas the soul's dark disobedience  
 Made that Sacrament of Death.

Eating of Life's Tree Eternal,  
 Makes the dying sinner whole,  
 Through the body Life's renewal,  
 Comes with healing to the soul :  
 Yet the body's mere fruition  
 Stays not death, nor stops its strife,  
 'Tis the soul's devout obedience  
 Takes the Sacrament of Life.

*"Open to Me, My Sister, My Love, My Dove,  
 My Undeiled." (Cant. v. 2.)*

I RISE from dreams of time,  
 And an Angel guides my feet,

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To the sacred Altar Throne,  
Where JESUS' Heart doth beat.

The lone Lamp softly burns,  
And a wondrous silence reigns,  
Only, with a low still Voice,  
The Holy One complains.

"Long, long I've waited here,  
And though thou heedst not Me,  
The Heart of GOD's own SON  
Beats ever on for thee."

In the womb of Mary meek,  
In the cradle, on the Tree ;  
Heart of pure, undying love,  
It lived, loved, bled for me.

Ever pleading, day and night,  
Thou canst not from us part,  
O veiled and wondrous SON !  
O Love of the Sacred Heart !

*"Christ, our Life."* (Col. iii. 4.)

**L**ABOURING and heavy-laden  
Wanting help in time of need,  
Fainting by the way from hunger,  
"BREAD OF LIFE!" on Thee we Feed.

Thirsting for the Springs of waters  
That, by Love's eternal law,  
From the stricken Rock are flowing,  
"WELL OF LIFE!" from Thee we draw.

Driven out from happy Eden,  
Far from home and shelter strayed,

IV.]

Toss'd with tempest, faint from sunshine,  
"TREE OF LIFE!" we seek Thy shade.

In the land of cloud and shadow,  
Where no human eye can see,  
Light to those who sit in darkness,  
"LIGHT OF LIFE!" we walk in Thee.

Strangers upon earth, and pilgrims,  
Wearied with the world, and weak,  
By life's many ways bewilder'd,  
"PATH OF LIFE!" for Thee we seek.

Vexed with passion's hateful bondage,  
Longing, struggling to be free,  
Where Thy loving Banner leads us,  
"PRINCE OF LIFE!" we follow Thee.

Sick of sense's vain deceivings;  
Crumbling round us into dust,  
Strong alone in faith's believings,  
"WORD OF LIFE!" in Thee we trust.

Thou the "*Grace of Life*" supplying,  
Thou the "*Crown of Life*" wilt give,  
Dead to sin, and daily dying,  
"LIFE OF LIFE!" in Thee we live.

"O taste and see how gracious the Lord is."  
(Ps. xxxiv. 8.)

I SOUGHT Thee when my heart was low,  
I found Thee and my hopes revived,  
And all the world from me shall know  
What comfort I from Thee derived;

[PART

All that I needed, all and more,  
Thy Presence did to me restore.

I laid my burden at Thy Feet,  
My head upon Thy tender Breast,  
Thy Name of Love I did repeat,  
And Thou didst understand the rest ;  
All that I needed, all and more,  
Thy Presence did to me restore.

I wept the sorrow of my heart,  
And Thou mine eyes didst gently dry,  
I sigh'd through fear that we must part,  
But Thou didst whisper " Ever nigh :"  
It was enough, I ask'd no more,  
Thy Voice did all my life restore.

And now that life to Thee I'll give  
With calmer trust and brighter joy,  
In Thee, and for Thee I will live,  
To do Thy Will my sole employ ;  
Thus most secure to part no more  
With that sweet joy Thou dost restore.

*" I am the Light of the world."* (S. John ix. 5.)

" **L**IGHT of the world !" we hail Thee  
Flushing the Eastern skies,  
Never shall darkness veil Thee  
Again from human eyes ;  
Too long alas ! withholden,  
Now spread from shore to shore,  
Thy Light so glad, so golden,  
Shall set on earth no more.

"Light of the world!" Thy Beauty  
Steals into every heart,  
And glorifies with duty  
Life's poorest, humblest part ;  
Thou robest in Thy splendour  
The simple ways of men,  
And helpst them to render  
Light back to Thee again.

"Light of the world!" before Thee  
Our spirits prostrate fall,  
We worship, we adore Thee,  
Thou Light, the Life of all ;  
With Thee is no forgetting  
Of all Thine Hand hath made,  
Thy rising hath no setting,  
'Thy sunshine hath no shade.

"Light of the world!" illumine  
This darken'd land of Thine,  
Till everything that's human  
Be filled with what's Divine ;  
Till every tongue and nation  
From sin's dominion free,  
Rise in the new creation  
Which springs from Love and Thee.









